

Humboldt County Kindergarten-8th Grade 2025 Cross Country Schedule



<u>Dates</u>	<u>School/Coach</u> <u>Distances</u>	<u>Location</u>	<u>Starting</u> <u>Time</u>	<u>Website</u> <u>Email/Phone</u>
Sun., Sept. 7	CC Coaching Clinic Information on coaching youth cross country	Arcata Community Center	11:00 AM	Track/CC Clinic hrray707@gmail.com
Tues., Sept. 23	Jacoby Cr./Davita McGoldrick K-2 nd runs 1 mile, 3 rd -5 th runs 1.5 miles, 6 th -8 th runs 2 miles	Arcata Marsh	4:00 PM	Cross Country Info Arcata Marsh Registration
Thurs., Sept. 25	Blue Lake/Bonnie Hunsinger K-2 nd runs .8 mile, 3 rd -5 th runs 1.5 miles, 6 th -8 th runs 1.8 miles	Perigot Park	4:00 PM	Cross Country Info Blue Lake Results
*Sat, Sept. 27 Arrive Early!	Mack High Clam Beach Invite All runners will run one mile \$5.00 per runner, top 10 each gender/division receive medals, ribbons for all. Meet Info: https://hrray.org/cross-country	Clam Beach South Entrance		K-5 Race-? AM 6-8 Race-? AM
Tues., Sept.30	Winship/Andrew Dawid K-2 nd runs .7 mile, 3 rd -5 th runs 1.25 miles, 6 th -8 th runs 1.6 miles	Winship Middle School	4:30 PM	Cross Country Info Winship Results
Thurs., Oct. 2	HRRAY/Alysia Davidson K-2 nd runs .8 mile, 3 rd -5 th runs 1.5 miles, 6 th -8 th runs 1.8 miles	Hiller Park, McKinleyville	4:00 PM	Cross Country Info Hiller Park Results
Tues., Oct. 7	Willow Creek/Shari Hostler K-2 nd runs .75 mile, 3 rd -5 th runs 1.3 miles, 6 th -8 th runs 1.75 mile	Willow Creek Golf Course	4:00 PM	Cross Country Info Willow Creek Results
Thurs., Oct. 9	Fortuna/Breanna Cahoon K-2 nd runs .75, 3 rd -5 th runs 1.6 miles, 6 th -8 th runs 1.8 miles	Rohner Park	4:00 PM	Cross Country Info Rohner Park Results
Thurs., Oct 16	Championships K-2 nd runs 1 mile, 3 rd -5 th runs 2 miles, 6 th -8 th runs 2 miles	Arcata Community Center	4:00 PM	Cross Country Info hrray707@gmail.com

*This race is not an official HRRAY race. It will not be included in the HRRAY awards.

We are glad to offer you and your families an opportunity to enjoy running in Humboldt County this year. Distances may vary. The above distances are guidelines. The run in yellow is not part of the HRRAY program, so doesn't count toward HRRAY awards. In order to participate in the League Championships, you must finish at least TWO League meets. If your school offers a cross country program, you MUST compete with your school team. All other athletes may participate as unattached athletes. Contact Jack for registration details.

For any questions, email HRRAY at hrray707@gmail.com.

Website: www.hrray.org

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