# TRAUMA-INFORMED CARE ALL DAY LIVE SEMINAR



Presented by Kathy Yosten, LICSW, PIP

## Sign up today at kathyyosten.com

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### KATHY YOSTEN, LICSW, PIP

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Approved for 6 CEU's for social workers, nurses, and nursing home administrators

Cost - \$129

# Morning: Trauma-Informed Care: Is Your Facility In Compliance?

#### Topics to be addressed:

- CMS requirements for Culturally-Competent Trauma-Informed Care
- Common mistakes in assessing, documenting, and care planning for trauma
- How to appropriately assess for trauma
- Developing a person-centered care plan for a residents with past trauma
- Educating staff and proving competency

# Afternoon: Supporting Residents and Staff who are Trauma Survivors

#### Topics to be addressed:

- Trauma, causes, and how it affects residents and staff
- Recognize trauma manifestations in residents and staff
- The principles of trauma-informed care (the "4 R's")
- Triggers common in long-term care settings
- Applying trauma-sensitive communication and care techniques
- Appropriate treatments for PTSD and other past trauma
- Strategies to support residents and staff experiencing trauma
- Coping tools for staff experiencing vicarious trauma and/or re-traumatization
- Developing an action plan to strengthen traumainformed practices

Thursday, January 15, 2026 8:30-4:15 (lunch on your own 11:45-1:00)

### Turenne PharMedCo

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