

TRAUMA-INFORMED CARE ALL DAY LIVE SEMINAR



Presented by Kathy Yosten, LICSW, PIP

Sign up today at kathy-yosten.com

**Click on Upcoming Events;
scroll down to Registration Page
Email if you have any questions!**

KATHY YOSTEN, LICSW, PIP

KathyYosten.com

kathy.yosten@gmail.com

334-703-1533

**Approved for 6 CEU's for
social workers, nurses, and
nursing home administrators**

Cost - \$129

Morning: Trauma-Informed Care: Is Your Facility In Compliance?

Topics to be addressed:

- CMS requirements for Culturally-Competent Trauma-Informed Care
- Common mistakes in assessing, documenting, and care planning for trauma
- How to appropriately assess for trauma
- Developing a person-centered care plan for a residents with past trauma
- Educating staff and proving competency

Afternoon: Supporting Residents and Staff who are Trauma Survivors

Topics to be addressed:

- Trauma, causes, and how it affects residents and staff
- Recognize trauma manifestations in residents and staff
- The principles of trauma-informed care (the "4 R's")
- Triggers common in long-term care settings
- Applying trauma-sensitive communication and care techniques
- Appropriate treatments for PTSD and other past trauma
- Strategies to support residents and staff experiencing trauma
- Coping tools for staff experiencing vicarious trauma and/or re-traumatization
- Developing an action plan to strengthen trauma-informed practices

**Thursday, January 15, 2026
8:30-4:15 (lunch on your own
11:45-1:00)**

Turenne PharMedCo

355 Industrial Park Blvd
Montgomery, AL 36117