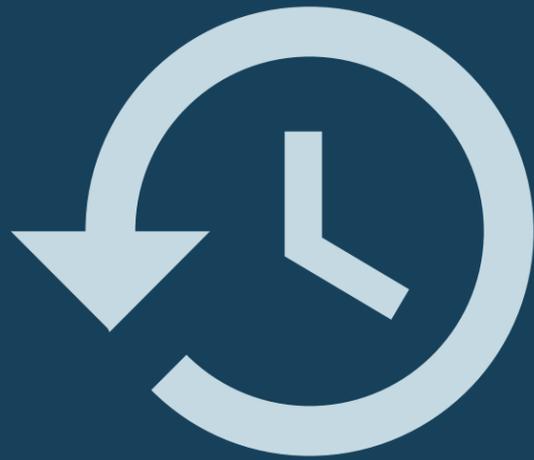




Guardrails

Teach the Tool *before* Using the Tool to Teach.



- **First, teach the routine.** Then use it to teach content.
- **Make the first reps easy wins** (low-cog prompts, short timing).
- **Add content demand later**, once students know how it goes.

Rule of Three



- **Try it three times** before you judge it.
- **Reps build fluency**—for teachers and students.
- **Make tiny tweaks between reps** (timing, stems, grouping).

Start small; Start now.



- **Find the zero-entry version** (one prompt, one stem, one minute).
- **Shrink the move, not the expectation.**
- If it feels overwhelming, **the start is still too big**—trim again.