

# MDA Dress Code

2025-2026

Elementary & Teen Classes			
Class	Attire	Shoes*	Hair
<b>ACRO<sup>^</sup></b>	Form fitting clothing (bikers, leotards, leggings)	Bare feet	Secured out of face
<b>BALLET</b>	<u>Girls</u> : Leotard† & pink tights <u>Boys</u> : White ballet shirt & black ballet tights †MDC: black leotard	<u>Girls</u> : Pink leather or canvas ballet shoes (split sole) <u>Boys</u> : Black ballet shoes (split sole)	Secured in bun
<b>HIP HOP</b>	Comfortable athletic clothing	<u>Girls</u> : Sparkle Pop Sneakers <u>Boys</u> : Black Canvas Low Top <u>Adv HH</u> : All White Sneakers	Secured out of face
<b>JAZZ</b>	<u>Girls</u> : leotards or form fitting tops, tights or leggings <u>Boys</u> : comfortable, form-fitting athletic clothing	Tan jazz shoes	Secured in ponytail or bun
<b>LYRICAL/ CONTEMPORARY</b>	<u>Girls</u> : leotards or form fitting tops, shorts, tights, or leggings <u>Boys</u> : comfortable, form-fitting athletic clothing	Bare feet	Secured in ponytail or bun
<b>MUSICAL THEATER</b>	<u>Girls</u> : leotards or form fitting tops, tights or leggings <u>Boys</u> : comfortable, form-fitting athletic clothing	Tan jazz shoes	Secured in ponytail or bun
<b>POINTE</b>	<u>Girls</u> : Leotard & pink tights <u>Boys</u> : White ballet shirt & black ballet tights	<u>Pre-Pointe</u> : Pink leather or canvas ballet shoes (split sole) <u>Pointe</u> : Pointe shoes (pre-approved by teacher)	Secured in bun
<b>TAP</b>	Comfortable athletic clothing	Black tap shoes (lace up)	Secured out of face

\*Dance shoes can be ordered through the studio. An MDA Staff Member is available to size your child at our Open House or on your dancer's first day of dance. Payment will be drafted through the ePayment on file in your [Parent Portal](#).

<sup>^</sup>Due to the nature of skills involved in **ACRO** (forward rolls, handstands, etc.), please NO hair accessories or loosely fit clothing.

MdaMinis			
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<b>FLIP HOP</b> <i>(Acro<sup>^</sup>/Hip Hop)</i>	Comfortable, form-fitting athletic clothing	<u>Girls</u> : Sparkle Pop Sneakers <u>Boys</u> : Canvas Low Top	Secured out of face in ponytail or bun
<b>TUTU CUTE</b> <i>(Creative Movement)</i>	Comfortable, form-fitting athletic clothing	Bare feet	Secured out of face in ponytail or bun
<b>TINY TUMBLERS</b> <i>(Acro<sup>^</sup>)</i>	Comfortable, form-fitting athletic clothing	Bare feet	Secured out of face in ponytail or bun
<b>TUTUS &amp; TAPPERS</b> <i>(Ballet/Tap)</i>	<u>Girls</u> : leotard or dance dress (leotard + attached skirt) and pink tights <u>Boys</u> : white top & black shorts	<u>Girls</u> : pink ballet shoes and black tap shoes <u>Boys</u> : black ballet shoes and black tap shoes	Secured out of face in ponytail or bun

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### Why a dress code?

- Allows teachers and dancers to see proper alignment of shoulders, center, back, hips, knees, and ankles resulting in proper teaching and execution of technique.
- Allows for free range of movement and maximum flexibility.
- Keeps dancers safe in the studio and helps prevent injuries.
- Creates uniformity in class and is part of the discipline of dance.
- Creates a class free of distractions.

### General Tips/Reminders:

- Shoes: Please **do not** wear dance shoes outside the studio. This can damage the studio floor, shoes, and cause a shorter shoe-life.
- Jewelry: Jewelry of any kind is not allowed, with the exception of small post earrings.
- Hair: For safety, all dancers should have their hair pulled away from their face. If a dancer has to stop and fix their hair, or a teacher has to stop class to fix hair that has fallen down, it takes precious time out of class. Please be respectful to the teacher and fellow classmates by having hair secured.
- Labeling: Please label your students dancewear and shoes. This will help if lost or misplaced.
- Undergarments: Are not to be visible.



## Class Etiquette

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### Class Etiquette:

- Please arrive on time to class.
- Please inform MDA by “submitting an absence” in your [Parent Portal](#) if your child will be absent.
- Gum chewing and food are not allowed in the dance studio.
- Please advise your teachers of any health concerns.
- Use the bathroom before entering the dance studio for classes.
- Please have your child bring a water bottle to class.
- It is fun to watch your child’s progress but can be very distracting, so we ask that parents remain outside the dance studio when class is in progress. Parent observation weeks will be provided.
- Completely silence and stow away your cell phone. Even vibration is often audible.
- Respect the personal space of others.
- Respect the dance space. Pick up trash, your clothes, and refrain from turning things on, off, up, or down in the space without permission.
- Ask your instructor permission before recording or taking photographs.
- Please refrain from “hanging” or slouching on the barre.
- Unless your opinions have been requested, please keep your opinion on choreography to yourself.
- Please refrain from correcting your fellow classmates (remember, that’s the teacher’s responsibility).
- At the end of class, it’s courteous to thank your instructor.

Thank you for helping us create a professional learning environment that is safe and free from distractions.