

Monroe Dance Academy January Newsletter

January 31, 2021

Kicking off 2021!

Welcome back! Classes resumed on January 4th, 2021. Many exciting things happened in January at Monroe Dance Academy. Here are a few!



MONROE DANCE ACADEMY

Bring-A-Friend Week



We loved meeting your friends at our **BEACH DANCE PARTY** themed Bring-A-Friend Week! Both in-person and over Zoom, dancers showed off their favorite beach and summer wear, with their FRIENDS!



Monroe Dance Company

DanceFest

Every year, dancers participate in *DanceFest* in Stamford, CT at the Palace Theater. Due to the pandemic, this year looked a bit different! Dancers had the great opportunity to take a magnitude of master classes. The entire weekend consisted of fantastic master classes in six different dance genres. These classes were taught by some of the world's finest international teachers via zoom! We look forward to 2022 when we can dance and perform in person again!

What is DanceFest? Learn more about this once-a-year festival by clicking [here](#).



Competitions

Dancers are gearing up for their first competition in February! Join us on Zoom for our **Winter Showcase** where dancers will perform all of their competition dances in full costume!

Interested in joining MDC next year?

What is Monroe Dance Company?

Monroe Dance Company is an advanced, competitive performance company consisting of talented, well-rounded dancers. Dancers participate in dance competitions, conventions, professional master classes, perform in local events, and experience live dance performances to enhance and deepen their understanding of the art form.

Who can join?

Anyone! Every dancer - any age and technical level - is welcome! We have multiple companies that are specific to age and offer both recreational and competitive commitment levels.

How do I join?

Auditions are Saturday, May 8th, 2021; chosen students are issued a formal invitation within a few days of the actual audition. More details coming soon!

Why should I join?

Participation in MDC provides a fun and exciting opportunity for dancers to work towards a common goal and to gain a sense of pride in their artistry. It fosters teamwork, responsibility, community, and a higher level of performance skills.

[Click here](#) for more details about MDC!

[MDA's COVID-19 Update](#) · [MDA's Website](#)

Theater Connection



Spring Show Announcement COMING IN FEBRUARY



January Activity

Earlier this month, MDA's Wingman Youth Leaders pushed into each dance class to talk about inclusion and self love.

The Youth Leaders asked questions like, "What are our strengths? What are our weaknesses? How can we celebrate what we are good at and understand what we need to work on?" This led the dancers to discuss self love, and how important it is to love the uniqueness of ourselves.

Each dancer received a compliment card where dancers took turns writing down a compliment on each card. Once all the cards were filled up, dancers shared what compliments they received and how it made them feel. Dancers were amazed to see how other dancers viewed them. It is an important lesson for us all!



COVID-19 Update

- Staff and Dancers will continue to:
 - Take temperatures upon arrival
 - Wear masks
 - Social distance at all times
- NEW - Upgraded HVAC system including an Air Scrubber Plus®
 - Our upgraded HVAC system includes an Air Scrubber Plus®, a quality indoor air purifier directly attached to our HVAC system.
 - The Air Scrubber Plus® destroys up to 99% of all surface and airborne contaminants, including bacteria and viruses.
 - The result is a purified, clean and healthy indoor environment!

**We kindly ask all dancers and families to quarantine if traveling to any states in the red zone.
Dancers can join us via Zoom from home as part of our new Hybrid Class Experience!**

[MDA's COVID-19 Update](#) · [MDA's Website](#)

COMING IN FEBRUARY...

Love to Dance Bingo

February 1st - 11th

Inspired by Valentine's Day? We are too!
Join in MDA's bingo challenge to help spread the love this year!

The rules are simple:

- **Complete every square on the Bingo board by February 11th.**
- Bingo boards are available in the office starting February 1st.
- Ask a staff member to pick up a bingo board for you if you wish to participate!



Every student that completes their board will receive a small prize.

The first student to complete their board wins a large prize!



3rd Annual Winter Showcase February 6th at 3:00pm

Support **Monroe Dance Company** by joining us on Zoom to watch their competition dances: large groups, small groups, solos, duets, trios, and more! All dances will be performed in full costume, hair, and makeup!

Come watch everything our company has learned in just SIX MONTHS. ❤️
This year's showcase will be held **Saturday, February 6th via ZOOM!**

Questions? Call (203)268-1200

Red, White, and Pink Apparel Week

February 6th - 11th

Dancers are encouraged to wear their favorite red, white, and pink outfits the week before Valentine's Day! Spread the love early this year. ♥



Free Trial Class

Interested in trying a **NEW** class? Monroe Dance Academy offers a free trial program where dancers can try as many free classes as they want for one week! We encourage dancers to try new styles and teachers. Your new favorite class might be just around the corner! 😊

Studio Closings

Mid-Winter Break: February 12th - 15th

Monroe Dance Academy
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(203) 268-1200 ~ www.monroedance.com

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