



## AFTERCARE LIP BLUSH

### DAY 1

- Immediately after the procedure is done, lips will be swollen, feel dry, chapped, tight, you may also feel a burning/tingling sensation in the area. These are all normal and common. You can use an ice pack to reduce swelling. It is important to remove lymph fluid (Clear fluid) off of the area frequently. Use unscented antibacterial soap, a cotton round and pat your lips to clean. Use given ointment (After inked) to keep your lips moisturized throughout the day. Apply ointment with single use Q-tip and dispose of them, never reuse them multiple times. Remember that the lips should not be over hydrated you just need a pea sized amount to keep them hydrated to prevent lips from drying out.

### DAY 2-3

#### *What to Avoid?*

- Kissing and sexual contact should be avoided as the bacteria may cause infection
- Licking your lips
- Smoking and drinking alcohol
- Rubbing and friction
- Makeup should not be applied to the healing area
- Pools and saunas
- Sun exposure, tanning beds, any sorts of Uv rays should be avoided for the duration of the healing process.
- Apply ointment as needed, anytime your lips become dry.
- Avoid oily, spicy & salty foods. Drink from a straw for the duration of the healing process. After eating clean lips with warm water. Use unscented antibacterial soap and pat dry. Never rub when cleaning lips.

### DAY 3-7

- The lips may begin to peel around day 3-5 or after. They should flake off lightly, they should not be a hard scab. Color may appear uneven, dark, discolored, this is normal until the flaking process is complete. After flaking occurs color will begin to lighten, lighter than initial session. Do not pick or help your lips flake off, let it happen naturally and continue keeping your lips lightly moisturized.

### WEEK 2

- Lips are light, you will begin to see pigment "Reappearing" this occurs because the skin is resurfacing and new layers are being created during the healing of the skin. Proceed by keeping them moisturized.

### WEEK 6-8

- Your Lips are healed and you are now able to book your touchup during this time. Depending on the look you are going for, you may not even need a touchup but most times it is required.