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## AFTERCARE INSTRUCTIONS TATTOOS

## AFTERCARE PROCEDURE

- Derm-shield bandage is applied to every tattoo. Due to my knowledge of the skin wound healing stages, I
  believe this is the best aftercare method. Derm-shield prevents animal hair, friction, dust, dirt, fuzz etc from
  getting on your tattoo, which can result in infection. Derm-shield is comparable to a bandaid used when you
  get a cut or burn. It is breathable and does not suffocate the skin. It is also a waterproof bandage so you do
  not need to avoid getting it wet in the shower.
- Derm-shield works by trapping your bodies natural healing fluids used to heal your tattoo. Most of the time it will skip the scabbing stage of the healing process and reduce scarring.
- I recommend leaving the bandage on for at least 3-4 days with the longest time being 7 days.
- To remove the bandage: Take off under warm water, stretching each side of the bandage so the adhesive will release without disrupting the tattoo and taking any ink pigment with it. The bandage will not pull ink out of the tattoo, the adhesive will only be attached to surrounding healed skin and not the wounded area.

When you remove your bandage, clean your tattoo with unscented antibacterial soap 3 times daily with a gauze pad or any disposable sterile item that is a one time use only. Do not use body cloths to clean your tattoo.

Note: Keep in mind that a tattoo is essentially an open wound and needs to be treated as such.

• The bandage may seep blood with the ink as well, which will result in the bandage looking messy or nasty, this is normal and as long as it is not leaking out the bandage, there is no cause of concern.

## What to Avoid during the 3-4 week healing process?

- Itching & picking your tattoo. This will pull pigment out of your skin and cause it to heal patchy.
- Avoid excess sweating.
- Rubbing and friction .
- Soaking in pools, saunas & hot tubs.
- Sun exposure, tanning beds, any sorts of Uv rays should be avoided for the duration of the healing process.
- Dry tattoos. Apply thin layer of ointment as needed,
- Avoid over applying ointment, tattoo just needs to be hydrated enough to not dry out.

If you have any questions or concerns after please reach out to me! If you believe you are having a bad reaction to ink or your tattoo is becoming infected. I recommend you go to the nearest clinic to get it clinically diagnosed to receive the appropriate antibiotic.