



# *Healing Tiptoes*

*By Ayumi & Randall*

Healing Tiptoes is a small business that consist of 2 components:  
*Ayumi's Oasis Self Defense & Mixed Martial Arts and Ishita Healing Yoga.*  
We deliver mobile health wellness, on-line training, and on-site private sessions.

*Yoga & Meditation, Martial Arts& Self Defense services*

- *Self Defense for Woman/Children or Senior Citizens*
- *Corporate Yoga & Self Defense*
- *Event hosting (Yoga, Self Defense or MMA)*
- *Online training for single client(s) and/or Company/Organizations*

## **Contract**

### **Terms:**

- **Certification/Insurance:** *Healing Tiptoes* ensures that all instructor(s)/teacher(s) are certified and possess proof of valid certification/insurance at time of service on file at Healing Tiptoes.
- **Working Space:** The client shall provide a quiet space with the capacity for the requested number of yoga/meditation/self-defense participants. Working electrical outlets and lights are required within the designated area. We will provide the essential equipment for all participants.

- **Session Duration:** Yoga sessions will last 30 to 45 minutes, and the Self Defense training sessions will last 60 to 120 minutes. The client can choose the option that best accommodates their schedule.
- **Setup & Cleanup:** Healing Tiptoes is responsible for the setup/cleanup for each session. The client will provide Healing Tiptoes access to the designated area(s) at least 45 minutes before the contracted time for setup. Healing Tiptoes request the same allotment of time after the contracted session for cleanup.
- **Breaks:** The instructor(s)/teacher(s) may take an unpaid 30-minute break depending on the duration of the contracted session(s).
- **Payment:** The instructor(s)/teacher(s) will be paid for the hours contracted regardless of the number of client participants.
- **Rate:** The yoga sessions last approximately 45 minutes, and Self-Defense Training will last for a maximum of 2 hours. There are multiple pricing options available.
- **Employer -Funded:** Yoga session fees are \$125 with a maximum of 45 minutes/session, in addition to the *Setup & Cleanup* time. The session fees are billed to the client on a monthly basis. The self-defense training fee is \$200/session. The session duration is a maximum of 2 hours.
- **Client Payment Options:** *Healing Tiptoes* accepts Visa, MC, American Express, and Discover. *Healing Tiptoes* must have a valid credit card on file to confirm your event. The credit card will be charged on the last weekday of the calendar month.
- **Gratitude:** *Healing Tiptoes* employees will be permitted to receive tips from employees for services provided.
- **Cancellation:** Cancellation of this contract is available to either party by notifying the other party by written notice no later than 30 days prior to cancellation of the contract. Either party may immediately terminate the agreement, given reasonable cause.

**Billing Information**

**Billing Options:**

**Name on Card:** \_\_\_\_\_

**Card Number:** \_\_\_\_\_

**Expiration Date:** \_\_\_\_\_ **CV2/CVV2:** \_\_\_\_\_

**Billing Address:** \_\_\_\_\_

**Employer -Funded** \_\_\_\_\_

**Billing City:** \_\_\_\_\_

**Shared Cost** \_\_\_\_\_

**State:** \_\_\_\_\_ **Zip code:** \_\_\_\_\_

**Scheduling**

**Online Scheduling** \_\_\_\_\_ (**\$10/month**) **Manual Scheduling** \_\_\_\_\_

**Company Name** \_\_\_\_\_

**Company Address** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Date & Hours of Service**

**Date** \_\_\_\_\_ **Hours of Service** \_\_\_\_\_

**Monthly** \_\_\_\_\_ **Weekly** \_\_\_\_\_ **Bi-monthly** \_\_\_\_\_

**6 mos.** \_\_\_\_\_

**12 mos.** \_\_\_\_\_

**Date of service starts** \_\_\_\_\_

**36 mos.** \_\_\_\_\_

**Date of service ends** \_\_\_\_\_

**Point of Contact (Please Print):** \_\_\_\_\_

**Date** \_\_\_\_\_

**Point of Contact (Please Sign):** \_\_\_\_\_

**Date** \_\_\_\_\_

**Total Payment Due:** \_\_\_\_\_

**Healing Tiptoes** \_\_\_\_\_

This an agreement between Healing Tiptoes and the “Company/Client” stated above (herein referred to as “The Client”) for Mobile Health Wellness Service& Corporate Yoga and Meditation, Self Defense and Mixed Martial Arts Training services to take place at the address listed above.

*Healing Tiptoes*

*Pflugerville, TX*

*737-271-8986*

[www.healingtiptoes.com](http://www.healingtiptoes.com) , [Ayumi@HealingTiptoes.com](mailto:Ayumi@HealingTiptoes.com)