

Facials

Microdermabrasion: What is it?

Microdermabrasion is a mechanical exfoliation treatment designed to gently remove dead surface skin cells, resulting in a smoother and softer skin appearance. This procedure promotes the thickening of collagen, a vital protein abundant in youthful skin, enhancing complexion and tightening texture.



What is a Peel?

Peels from ASAP are non-invasive treatments that can significantly improve various skin imperfections, including fine lines, wrinkles, irregular texture, dullness, sallowness, acne, and pigmentation. Regular exfoliation is crucial for maintaining healthy and well-functioning skin.

Types of Peels:

- Lactic Peel:
 - Recommended for: Dry, mature, and sensitive skin types in need of hydration.
- Glycolic Peel:
 - Benefits: Softens lines and wrinkles, hydrates the skin, and stimulates the formation of collagen and elastin.
- Reveal Peel:
 - Features: AHA/BHA formulation that improves skin texture, restoring a fresh, smooth, and youthful appearance.



What is a Rejuvenation HydraFacial

The Rejuvenation HydraFacial stands as one of the most potent non-invasive skin resurfacing treatments in contemporary skincare. This innovative procedure integrates a comprehensive approach, encompassing cleansing, exfoliation, extraction, hydration, and antioxidant protection. The result is a meticulous removal of dead skin cells and impurities, coupled with the infusion of nourishing serums to enhance skin health.

Benefits:

- **Removal of Impurities:** The HydraFacial effectively eliminates dead skin cells and impurities, promoting a clear and revitalized skin surface.
- **Moisturization:** The procedure introduces moisturizing serums into the skin, ensuring optimal hydration for a supple and radiant complexion.
- **Electron-Assisted Tightening:** Experience the unique benefits of electron-assisted skin tightening, leaving your skin feeling firm and rejuvenated.

The Rejuvenation HydraFacial is designed to deliver a beautiful, refreshed feeling, combining the power of technology with relaxation for unparalleled results. Elevate your skincare routine with this transformative treatment, providing a holistic approach to skin resurfacing and rejuvenation.



Our goal is to provide personalized treatments that cater to the unique needs of your skin, ensuring optimal results and a rejuvenated complexion. Experience the benefits of microdermabrasion and peels for a healthier and more vibrant skin appearance.

Body Treatments

Therapeutic Head Spa Packages (Japanese Head Spa)

package 1:

Refresh, Revive, and Enjoy

Indulge in just over an hour of pure relaxation with our signature Ultimate Hair Wash Experience. We start with a detoxifying shampoo to cleanse and refresh your scalp, followed by a rejuvenating shampoo to nourish and restore your hair's natural shine. While your hair soaks in the goodness, enjoy a mini facial complete with a soothing steam, neck, and head massage. We finish with premium leave-in treatments to lock in hydration and health. All products used are high-quality, Australian-made, and carefully chosen to enhance the health of your hair and skin—leaving you feeling amazing.

Price: \$120



Package 2

Pamper Yourself

Take relaxation to the next level with our pamper yourself package. Enjoy everything from our Ultimate Hair Wash Experience—starting with a detox and rejuvenating shampoo, a mini facial, steam, and a calming neck and head massage, all using top-quality Australian-made products.

Then, sink into serenity with a warm reflexology foot soak bath. Designed to soothe tired feet and restore balance through gentle pressure point stimulation, this luxurious soak will leave you floating on air.

Perfect for when you need to recharge your mind, body, and soul.

Price: \$170



Package 3: The Ultimate Indulgence

Treat yourself to the full body experience you truly deserve with our Ultimate Indulgence package. This all-inclusive pamper session begins with our Head-to-Toe Bliss experience—featuring a detox and rejuvenating shampoo, a nourishing mini facial with steam, and a neck and head massage using premium Australian-made products.

You'll also enjoy a soothing reflexology foot soak bath to relax and revitalise your lower body.

To complete your journey of total relaxation, we finish with a 30-minute full-body massage designed to release tension, improve circulation, and leave you feeling completely renewed.

This is self-care on a whole new level.

Price \$220



Body massage

Our massage therapy services are designed to effectively reduce stress, alleviate pain and muscle tightness, enhance relaxation, and bolster the immune system. By tailoring our techniques to meet individual needs, we provide clients with a rejuvenating experience that promotes overall well-being and vitality.

Manicure and Pedicure Paraffin Treatment

Paraffin Wax Treatment

Indulge in the deeply hydrating benefits of our paraffin wax treatment, perfect for hands and feet. This luxurious treatment is renowned for its emollient properties, working like a powerful moisturizer to soften, smooth, and nourish the skin.

The warmth of the wax opens pores and gently exfoliates, helping to remove dead skin cells and leave your skin feeling refreshed and renewed. It's especially effective for repairing cracked heels, dry hands, and rough skin—making it an ideal option for both men and women looking to restore softness and comfort.

Enjoy lasting hydration and a revitalised complexion long after your session ends.



Spray Tan

Solaire Spray Tanning offers a unique tanning solution that is tailored to match your skin's natural undertones for a remarkably natural-looking tan. By selecting from either a purple or green base, the Solaire formula ensures an even, realistic colour that complements your natural complexion.

What to Expect During Your Spray Tan Session:

Upon application, the initial colour of the spray tan may appear significantly darker than expected. This is a normal part of the tanning process, as the colour you see initially is just the bronzing guide. The true tan develops underneath. The development time varies depending on the desired intensity of your tan but typically ranges from a few hours to overnight.

After the development period, you will be instructed to wash off the bronzing guide. It may seem like the tan washes away completely, but don't worry—this is just the initial guide colour. Your actual tan will continue to develop and darken subtly over the next 48 hours.

Preparation for Your Tanning Session:

Clothing: Wear loose, comfortable clothing to your appointment; pyjamas are perfectly acceptable.

Showering: Shower before your appointment, ensuring your skin is clean. Feel free to wash your hair prior to the session.

Skin Care Products: Avoid applying moisturizers, deodorants, or makeup before your session. These products can create barriers that affect tan development.

Jewellery: Remove all jewellery to ensure an even application of the tan.

Post-Tanning Care:

Waiting Period: Wait for your tan to develop for the predetermined time before washing. This time frame will be advised by your tanning technician based on the desired final colour.

Washing Off: When it's time to wash off the bronzing guide, use lukewarm water and gently pat your skin dry without rubbing.

Aftercare: Allow the tan to continue developing. Avoid using moisturizers or products that might interfere with the tan's development for at least 48 hours.

Results:

After the full development period, you should notice a beautiful, even tan that enhances your natural skin tone. For prolonged tan life and quality, hydrate your skin regularly and avoid exfoliating immediately after your tanning session.

Waxing

No matter your gender, you're welcome here. We offer professional waxing services from brows to toes—and everywhere in between. Whether you're after a quick tidy-up or a full body wax, we've got you covered.

Interested in a full body wax? We're happy to customise the experience to suit your needs and offer discounted pricing to keep it affordable—because we know self-care can add up.

Send us a message and let's chat about creating a waxing package just for you.

