CAMOLOGY

The Message WithinThe Music



"Seeking K i I i m a n j a r o: The Conclusion"

In the May issue of Camology, I interviewed Snellville Systems Administrator/Adventurer Katrina Davison as she prepared to journey to Africa to attempt to climb Mount Kilimanjaro. The following questions are centered around her quest and her eventual success or failure...

Question 1: At what point did you feel that you might reach your goal?

We started our trek around 12AM. The mountain was steep and the terrain was primarily loose dirt and gravel. It was difficult to gain ground. My first goal was to make it to the ridge to watch the sunrise. It took around 6.5 hours to arrive at the ridge and see the sunrise. I lost track of time, but it seemed to take forever for me to get to the other side of the ridge and hopefully experience some less challenging terrain. I was excited to finally

October 9th Show Marks Return of 'Wade & Hodge' Live

When I released the album, "Freedom Of Expression" in April of 2020, my co-writer and producer, Rick Hodge, and I had no idea that the worldwide Covid-19 pandemic was about to explode. While Hodge continued to play corporate gigs, my YouTube show, "Cameron Wade's Lemonade" and this newsletter were my only outlets for expression during the next year and a half.

I'm excited to announce that Rick and I will be returning to the stage on October 9th with a two-hour live show, including musicians and singers. Following some jazz and popular tunes by the band and opening act Kam Showers, I'll be perfoming songs from "Freedom Of Expression," as well as our first album, "One Human Race." Vista Vibes in Tucker, Georgia, a venue known for it's delicious food, great drinks and social distancing will be the event site.

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Whether the Pandemic is over or not — Keep Forging Ahead!

We've all seen the "celebrations" for our supposed "return to normalcy" following the pandemic. The problem is: this invisible virus was not consulted on when it was supposed to be leaving. Unfortunately, the steps we've taken to acknowledge the end of the virus are slowly starting to roll back.

So what do we do? Pretend that the infection numbers are not going up again? Shut down like we did 18 months ago? I think we should continue to live "cautiously" until the virus has been eradicated. Some people don't beleive in the vaccines but what is the alternative? I think the undecided should do their research. Vaccines, social distancing and masks will bring the numbers down. This is a war-- and during every war there are sacrifices that should be made. And as we sacrifice, let's forge ahead cautiously for the sake of our precious lives!

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CAMOLOGY: from cameronwade.com "Seeking Kilimanjaro"

make it over the ridge, but was feeling a bit frustrated and discouraged about my chances of summiting. Because getting over the ridge was far more challenging than expected. I wanted to set smaller goals to help me stay encouraged, but I had no idea what to use as a milestone. Finally, my mountain guides pointed to a sign that was far in the distance. It was the sign for Gilman's point, which is at an altitude of 18,885ft and is the first of 3 summits on Mt. Kilimanjaro. It took a while, but I finally arrived at that sign that was once far in the distance. That's when I shifted my thinking and focused on making it to the top, one sign at a time. When I almost reached Uhuru peak, which is the final summit, I ran into the crew I started out with. We stopped and chatted for a minute, then I continued on as they headed down. Seeing the excitement on their faces and knowing I was almost at the top, was the boost of energy I needed to keep putting one foot in front of the other until I reached the "Roof of Africa!"



Finally -- Katrina reaches the "Roof of Africa!"

Question 2: What was your most doubtful moment?

I started out with a subset of the group who wanted to make it to the ridge to see the sunrise. We started out at a strong "Pole Pole" (Swahili for "slowly slowly") pace. My water froze pretty early on into the hike and a slight panic started to set in. I feared dehydration, cramping and the unknown about how my body would react to not drinking water for the next few hours. I had no choice, but to keep going and know I would not have water until the sun came up and melted the ice in my water blatter. Sunrise was atleast 4 hours away. I had a Nalgene bottle filled with an electrolyte drink that did not freeze. I sipped on that, but my body still craved plain water. After about



Katrina's Crew

6.5 hours of hiking, we finally reached the ridge and saw the breathtaking sunrise. It was then that I noticed my heart rate increased significantly and my breathing was much more rapid than before. I slowed my pace and started separating from my group. I continued on and took frequent breaks along the way. Although I had reached the ridge I still had a ways to go before I could get to the top of it and see what was on the other side. My confidence wavered, but I was determined to make it to the summit.





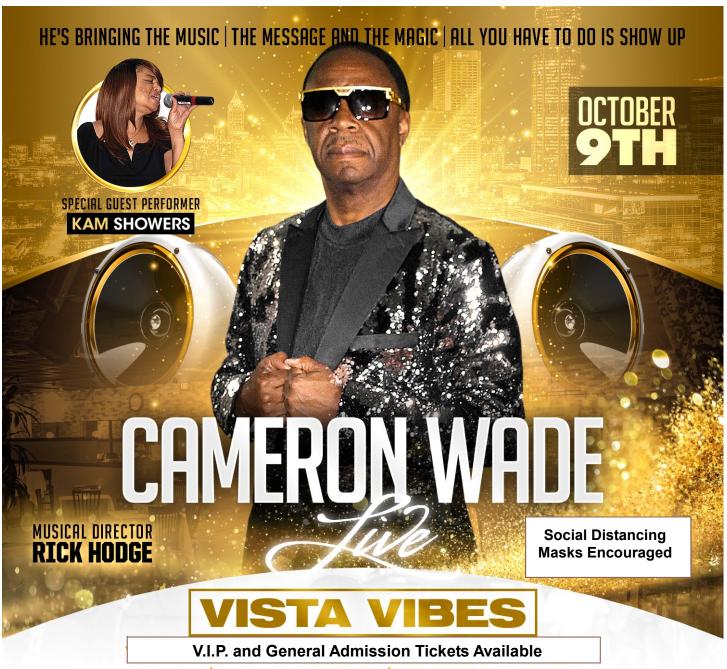






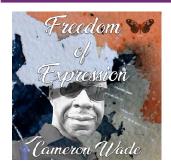
Pictured from left are: Cameron Wade, Kam Showers, Rick Hodge, Donna McGhee and Marvin Walker.

Tickets can be purchased through Eventbrite (see the link on page three.) Musical director Hodge will conduct a troupe of fantastic musicians and singers, including Kam Showers, legendary performer Donna McGhee and Marvin Walker, who will be working with us for the first time. When these dynamic ingredients are all mixed together, it will definitely be a very exciting evening -- so please come out and join us!

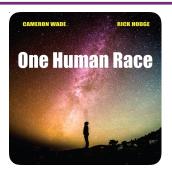


DOORS OPEN AT 6:30 | MORE INFO 678-428-5159 | FULL MENU & BOTTLE SERVICE AVAILABLE 4073 LAVISTA ROAD, SUITE 323, TUCKER, GA 30084

ticket link: https://www.eventbrite.com/e/cameron-wade-live-tickets-168865706875?ref=eios









Prior to the concert, you can find the latest albums and singles from Cameron Wade and Rick Hodge on ITunes, Apple Music, Amazon, Tidal, YouTube and most online music outlets.