

# Friendship Flyer

2785 Leisure Way Melbourne, FL 32935 (321) 255-4494

Monday-Friday: 8:30 am—4:30 pm

Saturday: 9:00 am—Noon

Sunday: CLOSED www.bcwpsc.org



FEBRUARY 2025

### **President's Message**



**Diane Weinzierl** 

Happy February. I hope everyone is enjoying the cooler weather. On January 13th, your new Board met to elect your Executive Board. I'm sorry to say that they convinced me to stay on another year as your President. Thanks to everyone for your vote of confidence. Here's the composition of your new 2025 Board of Directors:

- President Diane Weinzierl
- Vice President Janice Oppelt
- Secretary Lori Ebbensgard
- Treasurer Colleen Barneman
- Directors Celeste Garcia, Gary McGuire, Beverly Morgan, Pam Page, Ginny Parker, Janet Smith, Sharon Sneary, Rosann Testa

We've also made a few committee assignment changes on the Board this year. I will be taking over working with the Program Managers and Activity Scheduling. Gary McGuire and Beverly Morgan will be concentrating on growing and improving our Sponsorship Program. Ginny Parker will continue as our Front Desk Coordinator and Janice Oppelt will continue to oversee our Travel Department, as well as chairing our Special Events committee. Please feel free to contact me or any board member if you have any suggestions or issues you'd like to discuss.

Since it's a new year, I wanted to point out some of the non-weekly and special events coming up that you might want to take note of:

- February 6 & 20/March 6 & 20 (1st & 3rd Thursday of each month) Bunco
- February 9 & 23/March 16 & 30 (Sunday) Corn Hole Tournament play inside
- February 13 (Thursday) Chefs for Seniors Topic: Soups
- February 15 (Saturday) Arts, Crafts & Rummage Sale at WPSC
- February 20 & 27/March 20 & 27 (3rd & 4th Thursday of each month) Oil Painting Class
- February 21 & March 21 (3rd Friday of each month) Tech Class for Seniors Learn more about using your iPhone, iPad & Computer
- February 28 & March 28 (4th Friday of each month) Senior Law Seminar
- March 2 (Sunday) GFWC Melbourne Women's Club Bunco Fundraiser
- March 8 (Saturday) Fused Glass Workshop Learn to make 2 sets of pendants/earrings
- March 3-5 Shuffleboard State Tournament Doubles M/L
- March 19-21 Shuffleboard District Masters Tournament By Invitation Only
- April 6 (Sunday) Bunco Fundraiser for Breast Cancer

You can find specific details and contact information about each of these events inside the newsletter.

Happy Valentine's Day!

#### **Mission Statement**

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"

### **IMPORTANT NEWS**

#### **Monthly Board Meeting**

The WPSC Board of Directors meetings are held on the 2nd Monday of each month at 9:30 am. The next meeting will be **February 10 at 9:30 am in Room 117**. All WPSC members are welcome to attend. The new Board of Directors have been sworn in during the January 13 Board Meeting. A complete list of the 2025 Board can be found on page 15 of the newsletter.

## **Looking for a Worthy Charitable Donation Organization?**

Wickham Park Senior Center is a 501(c)3 charitable organization and as such is eligible to receive charitable donations. We would like to thank the following people for their generous donations to WPCS in FY2025.

- Sharon Adams
- Janet & Vaughn Eastman
- In Memory of Tim Olsen from Friends & Family
- Travel Expressions



If you find you have extra funds in your charitable donations bucket anytime during the year, please consider donating to WPSC.



#### Need to Schedule an Appointment with SHINE?

The WPSC SHINE Group is available Tuesdays from 9:00

am to 12:00 Noon in Room 104. Anyone interested can call 407-514-1800 to schedule an appointment. No fee required!



### GFWC Melbourne Woman's Club 21st Annual Bunco Party



**MARCH 2, 2025** 

1:00 pm — 4:00 pm

#### WICKHAM PARK SENIOR CENTER

2785 Leisure Way, Melbourne

\$25 Includes a Light Lunch

For tickets or more information, please contact:

- Alice Roper @ 321-298-7591
- Brenda Hoffman @ 321-431-9119

### **IMPORTANT NEWS**

#### **AARP Free Tax Service Available**

AARP volunteers working in Brevard County will prepare and file your federal taxes at no charge from February 1 through April 15. There are no age or income limitations, and <u>you do not have to be an AARP</u> member. All counselors are IRS certified. All returns are verified for accuracy by a second certified Counselor.

#### **LOCATIONS**

Cocoa Beach Library (550 N. Brevard Avenue):
Returns will be prepared Tuesdays, Wednesdays and Thursdays from 9:30 AM to 1:00 PM beginning February 4. In-person appointments can be scheduled at the library on January 14 and January 22 from 9:30 to 12:30. There will be a link to the AARP website to schedule, cancel, or change appointments available January 15: <a href="https://taxappointment.aarp.org/s/registration?">https://taxappointment.aarp.org/s/registration?</a> locationId=a1ro0000000D38Y

## <u>Central Brevard Library (308 Forrest Avenue, Cocoa):</u>

Returns will be prepared on **Tuesdays**, **Thursdays**, **Fridays and Saturdays from 9:00 AM to 1:00 PM** starting 1 Feb. Appointments can be made in person on Tuesday, Thursday and Saturday from 9:00 AM to 1:00 PM starting on January 21st and throughout the season.

## <u>St Lukes's Presbyterian Church (1255 Knox McRae Drive, Titusville):</u>

Returns will be prepared on **Mondays and Saturdays from 9:30 AM to 3:00 PM** beginning
February 3. Call 321.355.2390 for appointments.
Appointments can also be made in person after
February 1 from 9:00 AM to 1:00 PM on the same days.

There will be a link to the AARP website available January 15 to schedule, cancel, or change appointments: <a href="https://taxappointment.aarp.org/s/registration?locationId=a1r3l00000b6cxM">https://taxappointment.aarp.org/s/registration?locationId=a1r3l00000b6cxM</a>

## <u>Ascension Lutheran Church (1053 Pinetree Drive, Indian Harbour Beach):</u>

Returns will be prepared on **Mondays and Tuesdays** from 9:00 AM to 12:00 PM beginning February 3. Appointments will be made in-person Jan 20, 21, 27, and 28 from 9:00 AM to 12:00 PM.

## <u>Greater Palm Bay Senior Center (1275 Culver Drive NE, Palm Bay):</u>

Returns will be prepared on Mondays, Wednesdays and Saturdays beginning February 3 from 9:00 AM to 3:00 PM. Appointments can be made in person

from 9:00 AM to 1:00 PM Mondays and Wednesdays starting January 6th.

## One Senior Place Viera (8085 Spyglass Road, Viera):

Returns will be prepared on **Wednesdays and Fridays beginning February 5 from 9:00 AM to 1:00 PM**. Appointments can be made in person from 9:00 to 1:00 on Wed Jan 22 and 29 and then during the season.

#### <u>Veterans Memorial Complex at Bryant/Adams</u> <u>Park (2285 Minton Rd, West Melbourne)</u>

Returns will be prepared on **Thursday and Fridays beginning February 6 from 9:00 AM to 1:00 PM**. Appointments can be made at the Palm Bay Senior Center and at the site during the season.

### 2025 Cornhole Tournament Schedule at Wickham Park Senior Center (as of 1/16/2025)



Cornhole Tournaments are scheduled the 2nd & 4th Sunday's at Wickham Park Senior. These dates may vary from month to month. Below are the scheduled Cornhole dates for 2025. The dates that are changing because they are outside the normal 2nd & 4th Sunday are noted in red.

January 12, 2025	January 26, 2025				
February 9, 2025	February 23, 2025				
March 16, 2025	March 30, 2025				
April 13, 2025	April 27, 2025				
May 11, 2025	May 25, 2025				
June 8, 2025	June 15, 2025				
July 20, 2025	July 27, 2025				
August 10, 2025	August 31, 2025				
September 14, 2025	<b>September 28, 2025</b>				
October 12, 2025	October 26, 2025				
November 9, 2025	November 30, 2025				
<b>December 7, 2025</b>	<b>December 21, 2025</b>				

## CALENDAR OF EVENTS

## FEBRUARY 2025

ACTIVITIES	MON	TUES	WED	THURS	FRI	SAT	SUN
Bingo (Doors Open at 10:00)		11:15-2:00p			11:15-2:00p		
Bob Ross Style Beginners Oil Painting with Hobo Bob (CRI) (3rd & 4th Thursdays)				<b>2/20 &amp; 2/27</b> 1:00-5:00p			
Bones & Balance (Register at 9:45a)	10:00-11:00a						
Bridge: Beginner Class		Fo	r Virtual Classe www.bcwpsc.c				
Chat (Virtual)					9:30-11:00a		
Duplicate On-Site	Noon-3:30p		Noon-3:30p			Noon-3:30p	
Duplicate Class			11:00-12:00p				
Duplicate Virtual Class on the BBO Platform				12:15p			
Party Bridge			12:30-4:00p				
Rogue		12:15-4:00p					
Rubber				1:00-4:00p		12:30-3:30p	
Bunco (1st & 3rd Thursdays)				<b>2/6 &amp; 2/20</b> 1:00-4:00p			
Chair Yoga		3:00-4:00p					
Chefs for Seniors Topic: Soups (Sign-up at Front Desk)				<b>2/13</b> 11:00-12:30p			
Color Pencil Portrait for Beginners			9:30-11:00a				
Cornhole Tournaments (2nd & 4th Sundays) 12:30p Set-up & Practice	NOTE: 1	he 2025 Corr	nhole Tournam	nent Schedule	is posted on	page 3.	<b>2/9 &amp; 2/23</b> 1:30p
Euchre			6:00-9:00p				
Fusion Glass Work- shop with Lauren (Must Pay in Advance)						March 8 Noon-2:00p	
Hand & Foot	8:45-Noon				8:45-Noon		
Jazzercise Lo	8:30-9:30a		8:30-9:30a		8:30-9:15a		
Line Dancing		4:15-5:30p					
Mahjong: American	Noon-3:30p			9:00-Noon			
Chinese			1:00-4:00p				
Pinochle	12:30-4:30p				12:30-4:30p		
Poker: Dealer's Choice		11:30-4:00p			11:30-4:00p		
Friendly	1:00-4:00p						

## **CALENDAR OF EVENTS**

#### FEBRUARY 2025

ACTIVITIES	MON	TUES	WED	THURS	FRI	SAT	SUN
Pool (Billiards)	8:30-4:30p	8:30-4:30p	8:30-4:30p	8:30-4:30p	8:30-4:30p		
QiGong-TaiChi	8:30-9:30a		8:30-9:30a		8:30-9:30a		
Rummikub			1:00-4:00p				
Senior Law (4th Friday of the Month) (Sign-up at Front Desk)					<b>2/28</b> 2:00-4:00p		
Senior Stitchers (Meets in Room 117)				10:00-Noon			
SHINE		9:00-Noon					
Strength / Flexibility				9:30-10:30a			
Shuffleboard: Open Play				6:00-8:30p		9:00-Noon	
Tango Dance Class					2:30-4:30p		
Technical Training & Education Class w/Alison (3rd Friday of the Month)					<b>2/21</b> 2:30-4:30p		
Arts, Crafts & Rummage Sale						<b>2/15</b> 8:00-1:00p	



#### The Auto Club Group

4100 North Wickham Rd., Ste 101 Melbourne, FL 32935 321-775-4705 Office 321-427-0438 Mobile Insurance ksorrell@acg.aaa.com

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TUESDAY & FRIDAY—Open to the Public! Doors Open @ 10:00 am Cards Sold @ 10:30 am – 11:15 am Early Bird Starts @ 11:15 am



Effective January 2025, we will no longer accept anything larger than \$20 bills.

Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more information, contact **Brenda Clarson** at 321-258-8837.

#### **Bones & Balance**

Mondays @ 10:00—11:00 am

Cost: \$5.00 Members / \$7.00 Non-Members



Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.

## **Bob Ross Style Beginners Oil Painting with Hobo Bob (CRI)**

3rd & 4th Thursdays: Feb. 20 & 27 @ 1:00—5:00 pm Cost: \$40.00 PP (Inc. All Supplies & WPSC Costs) Sign-Up Sheet at Front Desk—Limit 6 People per Class

Come join us for a lot of fun!! Paint a beautiful landscape painting with us. Classes will be held on the third Thursday of each month; an overflow class will be held on the fourth Thursday of the month if there is enough interest. Please call the Center at

321-425-5533 or come into the front desk and sign up.

For February, we'll be going is a slightly different direction. We'll be painting a beautiful landscape scene of Misty Mountains. This painting is good



for beginners, and you should be quite pleased with your finished painting. This painting will bring out the inner artist you may not even know you have. All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, just six participants, so Hobo Bob (CRI) has plenty of time to work with you as you paint your masterpiece.

#### **Duplicate Bridge**

On-site Games: Mon., Wed. & Sat. @ 12:00—3:30P Cost: \$7.00 Members / \$9.00 Non-Members

#### **CLASSES:**

On-site Class: Wed. @ 11:00A—Noon. Free to those playing Bridge after class—\$5.00 if not playing.
Online Virtual Classes: Thursdays @ 12:15P on the BBO platform / Online classes \$5.00

Duplicate bridge classes have resumed on-site Monday, Wednesday and Saturday. Virtual online classes are also available. For the online schedule, please check out the latest on the website under the Bridge tab. Contact **Pam Page** at 321-537-0907 or <a href="mailto:pam.page@bellsouth.net">pam.page@bellsouth.net</a> for bridge-related questions.

#### **Party Bridge**

Wednesdays @ 12:30—4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Please contact **Tom Sanders** at 321-960-1894 prior to coming to this bridge for the first time.

#### **Rogue Bridge**

Tuesdays @ 12:15—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members Contact Patricia Rosenthal at 321-626-5419.

#### **Rubber Bridge**

Thurs. @ 1:00—4:00 pm & Sat. @ 12:30—3:30 pm Cost: \$2.00 Members / \$4.00 Non-Members

Come on out for an afternoon of enjoyment at the bridge table. The Thursday point of contact is Janet Walker at 321-242-3173 and the Saturday point of contact is Gayle Schanck at 541-821-7070.

#### Bunco

1st & 3rd Thursday, February 6 & 20 @ 1:00—4:00 pm Cost: \$6.00 Members / \$8.00 Non-Members

Please join us every 1st and 3rd Thursday of the month for Bunco and arrive by 12:45 pm. Don't forget to bring your current membership card. Bunco ends about 3-3:30 pm. Please contact **Linda** at 321-549-9893 for more details and reservations (for set-up purposes). See you there for this fun activity. All you have to know is how to throw three dice.

#### **Chair Yoga**

Tuesdays @ 3:00—4:00 pm/Sign-in @ 2:45 pm Cost: \$1.00 Members / \$3.00 Non-Members

This class is designed to help with overall wellbeing for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.

#### **Chef for Seniors**

Classes @ 11:00 am—12:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

February 13: SoupsApril 10: SaladsJuly 10: Topic TBA

September 11: Topic TBANovember 13: Topic TBA

Join Chef Jillian for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting. Please sign up at front desk to reserve your spot. All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.

Sponsored by:



#### **Cornhole Tournaments**

Sunday, February 9 & 23 @ 1:30 pm Setup & Practice Starting @ 12:30 pm Cost: \$6.00 Members / \$8.00 Non-Members (Annual Membership for 50+ is \$20)

Cornhole is welcome to all ages! Cornhole
Tournaments will be held indoors at the Wickham
Park Senior Center every 2nd and 4th Sundays
(excluding conflict with holidays). Don't forget to scan
your membership card at the front desk. We are
happy to welcome Ann Sepulveda to our Cornhole
family. Ann played very well and scored 2nd place on
her first tournament!

I hope everyone has had a good week! It is good to be back playing after our "Winter Break".

We had 18 players come out to play. This tournament we placed 1st, 2nd, and 3rd. (This could change, depending on total amount of teams playing).

Here are your winners!







2ND PLACE Johnna & Mason



3RD PLACE Jeff & Mona

#### **Cornhole Rules for Senior Center:**

- Age 50 to 69: 27-ft. front edge to front edge; (Distance of Boards)
- Age 70 to 79: 25-ft. front edge to front edge
- Age 80 Plus/Non-Ambulatory: 23-ft. front edge to front edge
- Age 90 Plus: 21-ft. front edge to front edge

For any questions, please contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com) or **Amy Longtin** at 321-205-5161 (ajgclrt@yahoo.com).

See the 2025 Cornhole Tournament Schedule on page 3 of this newsletter.

## Color Pencil Portrait Class for Beginners

Wednesdays @ 9:30—11:00 am Cost: \$3.00 Members / \$5.00 Non-Members



Learn how to create a beautiful drawing from your favorite photograph! Bring your own portrait photograph to copy—Size: 5x8 (or other appropriate copy size). Supplies you will need to bring: Prismacolor Color Pencils, Watercolor

Paper, Eraser, Pencil Sharpener (optional). For more information contact **Ann Armerding** @ 321-541-7027.

#### **Euchre**

Wednesdays @ 6:00—9:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members Members must scan their card when entering and non-members must sign in.

Euchre has been a great success and as our Euchre family continues to grow, it is now common to have 5-6 tables in action. We try to promptly start by 6:00 pm which means we should be signed in no later than 5:50 pm to allow time to set up the correct 3/4 player table configuration and draw for your seats. The payout structure has been altered so more people are sharing the prize pool. That means if there are up to 30 players even eighth place takes home a piece of the purse. For more information, contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com).

#### **Hand & Foot Card Game**

Mondays & Fridays 8:45 am—Noon / Setup @ 8:30 am Cost: \$1.00 Members / \$3.00 Non-Members

Join this group of friendly and competitive players for a time well spent. Please contact **Beverly Morgan** at 303-458-8273 for more information.

#### **Jazzercise Lo**

Mon. & Wed. @ 8:30-9:30 am and Fri. @ 8:30-9:15 am Members: \$50.00/Month & Walk-ins \$10.00 Non-Members: \$79.00/Month & Walk-ins \$12.50

Join us for a fun and energized Jazzercise Lo class. Dance away those extra calories using <u>Low Impact</u> moves that yield MAXIMUM results! We use muscles, not momentum, to get a total body workout without the impact on your joints. For more information, contact **Ginny Parker** at 321-698-0445.

#### Fusion Glass Workshop w/Lauren

Saturday, March 8, 2025 @ Noon-2:00P

**Project: Dichroic Fused Glass Pendant & Earring Set** 

(2 Sets)

Cost: \$60 PP (Includes All Supplies & Kiln-Firing of Project & WPSC Costs)

Join us to explore an unique art medium that you might just get addicted to. No "artistic/creative" skills are required to make these projects out of fusible glass. Have no idea what "fusible glass" is? Don't worry, I will explain. Each class is designed to be fun and no stress.

Classes must be reserved/paid for in advance via the website:

https://www.glassbylauren.com/wpsc-workshopsign-ups

#### Call/text 310-483-3229 with questions.

Each workshop has a 4 person minimum and 16 person maximum, so grab your seats early and invite your friends to sign up too. For safety reasons, closed-toe shoes required. You start with a general introduction into the process of "kiln-firing" glass. We will learn how to cut basic shapes of glass. You then design and assemble a project of your own choosing -your imagination is the limit! There is a large palette of colors and types of glass to use. Your art is finished off-site. WPSC members can pick up from WPSC, all others can pick up from Lauren's Merritt Island workshop, or have it shipped for an additional fee.

For Mar 8th, we'll be creating TWO Jewelry Sets (each set includes 1 Pendant and 2 earrings). We will be using dichroic glass to



create square, rectangular, circular pendants AND either post earrings or French hook earrings. All basic supplies are included.



#### **Line Dancing**

Tuesdays @ 4:15—5:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members



Line Dancing for Fun and Exercise. If you haven't stopped by and tried this fun activity, you are missing out! Shake off the cold weather and warm up quickly while make new friends and improving your balance. Come and build your self esteem with the rest of us while improving our cardiovascular health and reducing stress. Come in and see what we are talking about! For more information call Sue at (321) 505-0846.

### **Mahjong**

American: Mondays @ Noon—3:00 pm &

Thursdays @ 9:00 am—Noon

Cost: \$1.00 Members / \$3.00 Non-Members

Chinese: Wednesdays @ 1:00—4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! Contact Patricia Rosenthal at

321-626-541 (American) or **Linda Milo** at 321-506-2672 (Chinese).



#### **Pinochle**

Mondays & Fridays @ 12:30—4:30 pm Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Bill Mueller** at 321-242-4999 (Mondays) or **Cathy Decker** at 321-432-7813 (Fridays).

#### **Poker (Dealers Choice)**

Tuesdays & Fridays @ 11:30 am—4:00 pm
Cost: \$1.00 Members / \$3.00 Non-Members
Contact Bill Seigel at 813-416-0428.

#### Poker (Friendly)

Mondays @ 1:00-4:00 pm

Cost: \$1.00 Members /\$3.00 Non-Members

Attention: Players Needed! Pennies Only. Call ahead to attend. Contact **Vinnie Germann** at 321-253-6155.

#### **Pool (Billiards)**

Monday thru Friday @ 8:30 am—4:30 pm Tournaments: 2nd Wednesday of Every Month Cost: \$1.00 Members / \$3.00 Non-Members Plus \$ .50 per Day or \$2.00 per Week

YE OL Pool Room 8-Ball Tournament 1/8/25 Results:

1st: Paul Monti 2nd: Sam Campese

3rd: Joe Franco

Next tournament is Feb. 12. Questions? Contact **Wally** 

4th: Jorge Fernandez

**Topinko** at 321-622-4977.



#### QiGong-TaiChi

Mon., Wed., & Fridays @ 8:30—9:30 am Cost: \$5.00 Members / \$7.00 Non-Members



For over 50
years, scientists
at the Institute
for Aging
Research, an
affiliate of
Harvard
Medical School,
have been
studying what
causes falls
among the
elderly, and
how to prevent

them. One of the most promising interventions is TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. **Laura Parsons**, Certified Instructor at 321-474-5374.

#### Rummikub

Wednesdays @ 1:00-4:00 pm Cost: \$1.00 Members / \$3.00 Non-Members

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Contact Peggy Miles at 732-688-6268.

#### Shuffleboard

Open Play: Sat. @ 9:00 am & Thurs. @ 6:00 pm Cost: \$1.00 Members / \$3.00 Non-Members



For more information on learning how to play or participating in tournaments, call Tom Winkelspecht at 321-446-3283 or email: tawinkii@me.com

#### **Senior Law**

4th Friday of the Month (Feb. 28) @ 2:00-4:00P Cost: Free to All WPSC Members

The Slonim Law Firm invites you to attend a FREE seminar and question/answer session on the 4th Friday of each month at WPSC Room 117.

#### Topics:

- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- **Digital Assets**
- Medicaid and Asset Protection Options
- General Dementia Issues
- Guardianships
- Probate Matters
- Living Wills

Seating is limited. Please sign up at the front desk. Any questions, call the Law office at 321-757-5701.



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#### **Senior Stitchers**

Thursdays @ 10:00 am—Noon in Room 114 Cost: \$1.00 Members / \$3.00 Non-Members



Would you like to learn to Knit or Crochet or do you already know how to Knit or Crochet? If so, please join us for a morning of friendship and pleasant conversation while learning new skills and stiches while helping each other to share and improve our skills. What to Bring:

- If you are already experienced, please bring a WORK IN PROGRESS that you'd like to work on.
- If you're a beginner, please bring some worsted yarn and some Size 8 knitting needles or a Size G crochet hook.

For more information contact **Laurie Liguori** at 917-882-9898.

## Social Tango, Introduction to Argentine Tango

Fridays @ 2:30—4:30 pm

Monthly Cost: \$45 Members / \$48.00 Non-Members



Come out and enjoy the art of Argentine Tango, where students will learn to dance tango step-by-step. No partner is necessary as the basic techniques can be applied for the follower or the

leader. Students will experience in-part the health benefits of Argentine tango including overall improved well-being, walking, posture and coordination. At only \$45.00 for four weeks of Tango, (you decide which four weeks will work for you and we can accommodate flexible travel plans of students as well). Any questions, contact **Delores or Walt** at 850-212-7963.

#### Strength/Flexibility

Thursdays @ 9:30—10:30 am

Cost: \$4.00 Members / \$6.00 Non-Members

Fitness Unlimited by Design presents a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps with posture and alignment of the spine, helps us



stay limber, agile, strong and keeps our balance in check. We work on core, arm and leg strength. Contact **Susie Salvetti** at 321-626-0282 to see if this class is the right fit for you.

# Technical Training & Education on Computer & Cell Phone

3rd Friday of the Month (Feb. 21) @ 2:30—4:30 pm

Cost: \$0 Members / \$3.00 Non-Members Phone/Tablet Beginner: 2:30—3:15 pm

Phone/Tablet Interim/Advanced: 3:15—4:00 pm

Laptop computer: 4:00—4:30 pm

(iPad/ tablet questions taken during any class)



Try one or stay for all 3! Room 117 end of the hall, 18-person limit. Use the sign-up sheet on the front table or text /call Alison at

954-376-2444 to confirm. Exercise your brain in a fun, interactive hour with a relevant and patient approach. For more personalized assistance, unsure of your level, or for desktop computers, don't hesitate to contact Alison.

### TRAVEL NEWS

The WPSC Travel Office is OPEN Monday—Friday, 9:00 am—1:00 pm For more information and reservations, please call Wickham Park Travel at 321-425-5530.

#### **LIPS**

12

Date: February 9, 2025

Cost: \$145 PP

Time: Leaves WPSC at 11:00 am / Returns at 6:30 pm

Outrageous fun every Sunday afternoon. Join the ladies of Lips for the Ultimate Drag Brunch and a spectacular show. Includes unlimited Mimosas.

#### Harrah's Pompano Beach Casino

Date: February 26, 2025

Cost: \$55 PP (Includes \$15 FREE PLAY IN copy of

DL, Transportation & Drive Cuttury

Time: Leaves WPSC at 6:30 pm / Returns at 5:30 pm Looking to live it up in So with Flo ide? Harrah's Pompano Beach is calling you in the hard is home to over 1,200 slot machines and electricitable games, plus 40+ live action poker tables.

#### Florida Strawberry Festival

Date: March 3, 2025

Cost: \$145 PP / Includes Tickets to the 3:30p Concert

to see The Drifters, The Platters & The Coasters

Time: 9:30 am-7:00 pm

The Florida Strawberry Festival represents a piece of Americana, a time in American history when fairs and festivals brought communities together through celebrations of their harvests. It has continued to grow in popularity year after year through the preservation of this heritage. Central to its focus, the Festival continues to preserve and enhance the agricultural and historical legacy of the Florida strawberry. The Florida Strawberry Festival is a great time to discover the charm and allure of Plant City, and it's the perfect time to enjoy eating ripe, luscious strawberries alongside the local berry farmers that have worked hard to bring them to market.

#### **Sleuths Mystery Dinner Show**

Date: March 16, 2025

Cost: \$169 PP

Time: Leaves WPSC at 3:30 pm / Returns at 9:30 pm

Join us for a comedy mystery show where you become the detective and solve the crime! You'll be treated to a hilarious 45-minute comedy mystery where all the clues are presented and you help solve the crime. Enjoy a delicious dinner as you formulate insightful (and not so insightful) questions for the live interrogation. It's improvisational comedy that will have you in side-splitting laughter! Fun prizes will be awarded to the successful Sleuths!

#### **Titanic Tour & Dinner Gala**

Date: March 22, 2025

Cost: \$169 PP (No Refunds)

Time: Leaves WPSC at 3:00 pm / Returns at 10:30 pm

The Titanic First Class Dinner Gala includes a Captain's cocktail party, a tour of the amazing Titanic: The Artifact Exhibition, a first-class dinner, and reenactments of the night of April 14, 1912. When you visit the Exhibition, you embark on a journey back in time to April 1912, when the ship embarked on its maiden voyage! You receive a replica boarding pass, assume the role of a passenger, and follow a chronological journey through life on the Titanic. The Exhibition features more than 300 artifacts and historical items as well as full-scale room recreation.

#### **New Orleans**

Date: March 31—April 5, 2025 (6 Days / 5 Nights)
Cost: \$778 Double / \$1,008 Single Occup (Limit 5)

\$72 PP Insurance (Optional)

\$75 Due Upon Signing

Final Payment Duc 1 23/2025

Time: Leaves WRSC at 3 am then Buc-ee's at

200 World Commerce Parkway

Saint Augustine, FL

## Flagler Museum & Lunch at the Cheesecake Factory

Date: April 17, 2025

Cost: \$189 PP

Time: TBD

When it was completed in 1902, the New York Herald proclaimed that Whitehall, Henry Flagler's Gilded Age estate in Palm Beach, was "more wonderful than any palace in Europe, grander and more magnificent than any other private dwelling in the world." Contact the WPSC Travel Office for more information.

#### Mission Inn, Yalaha Bakery & Lakeridge Winery

Date: May 18, 2025

Cost: \$169 PP

Time: TBD

Yalaha Bakery is a lovely gem of a German Bakery famous for its yummy, unique baked goods, delicious breads, and cute location. Contact the WPSC Travel Office for more information. After our Champagne Brunch at The Hacienda Restaurant, we travel to the Lakeridge Winery for a tour and tasting of Florida wines.

### TRAVEL NEWS

#### **Pirates Dinner Adventure**

Date: June 22, 2025 Cost: \$189 PP

Time: Leaves WPSC at 4:00 pm / Returns at 10:00 pm

When you set sail with the crew at Pirates Dinner Adventure, you have front-row seats to an epic, swash-buckling adventure that unfolds before your very eyes! Everyone is invited to cheer and sing along as our pirates fight and swoop through the air; accompanied by cannon blasts, pyrotechnics, and plenty of laughs. It's the world's largest interactive dinner show!

## Winter Park Museum, Boat Ride & Lunch at the Cheesecake Factory

Date: September 11, 2025

Cost: \$189 PP Time: TBD

The Morse Museum houses the world's most comprehensive collection of works by Louis Comfort Tiffany (1848-1933). Winter Park's Scenic Boat Tour is a natural attraction with hour-long, guided cruises through three of the seven lakes and two, narrow manmade canals on the tranquil Winter Park Chain. Contact the WPSC Travel Office for more info.

#### **Mount Dora Craft Fair**

**Date:** October 25, 2025

Cost: \$69 PP Time: TBD

This is one of Central Florida's favorite festivals and what a perfect time of the year to host a craft fair with the cooler weather and the holidays just around the corner. Contact the WPSC Travel Office for more information.

#### **Murder Mystery Dinner Train**

**Date:** November 2-3, 2025

Cost: \$629 PP Double / \$779 Single Occupancy

Time: TBD

The Murder Mystery Dinner Train is a evening of fun, food, and murder! You'll love this 3-1/2 hour train ride aboard the Seminole Gulf Railway. Contact the WPSC Travel Office for more information.

#### **Mount Dora Christmas**

Date: December 5, 2025

Cost: \$69 PP Time: TBD

Celebrate the 2025 holidays against a backdrop of over 2 million sparkling lights in beautiful downtown Mount Dora. Contact the WPSC Travel Office for more information.





### **OUR SPONSORS**

The Officers and Membership of Wickham Park Senior Center appreciate the continued support of our many Sponsors. As an all volunteer run organization, their continued financial support allows us to offer Activities and Social events for our members.

## Diamond Level Sponsors



















## Gold Level Sponsors







### WPSC Offers Free Lifetime Membership to Anyone Age 95 & Above



If you are age 95 or older, you are now entitled to **FREE Lifetime Membership** to Wickham Park Senior Center. Just stop by the Front Reception Desk, show them your ID and they will get your membership updated.

Also, if you're age 95 or older, you can receive a FREE bingo package to play bingo at WPSC. Show them your lifetime membership card and join us to play Bingo.

### IN EVERY ISSUE



#### **New Members in December**

Andres, Linda Neuhauser, Walter

Barrett, David Pezzullo, Mary Ann

Boyd, Christal Roberts, Christine

Busker, Tim Schultz, Margie

Cahill, Lea Shah, Prema

Foust, Marie Timms, Bill

Gay, Mary Anne Timms, Margaret

Gerner, James Van Bever, Margy

Kasten, Barbara Vetter, Kerin

Kasten, Richard Weaver, Irene

Knight, Carmelita Wilson, Daniel

Lydtin, Arleen Wilson, Robin

Melton, Monica Yohn, Jay

Moresea, Linda Yohn, Kathy

Nelms, Gerald

Wickham Park Senior Center is not equipped, nor intended to be a senior care facility. WPSC activities are geared toward independent adults who are able to manage their own care, decisioning making and safety. WPSC's insurance prohibits, and WPSC cannot be responsible for, the provision of physical assistance to individuals on the premises. If an adult companion is needed, the companion may participate in the activity if they desire, regardless of age, and must pay all fees associated with the activity. WPSC reserves the right to prevent persons from being on premises if the WPSC leadership believes that person would cause harm to themselves or others.

#### **Meet Our Staff**

Officers

President: Diane Weinzierl
Vice President: Janice Oppelt
Secretary: Lori Ebbensgard
Treasurer: Colleen Barneman

**Directors** 

Celeste Garcia Ginny Parker
Gary McGuire Janet Smith
Beverly Morgan Sharon Sneary
Pam Page Rosann Testa

Staff

IT Systems Admin: John Efird

Webmaster: Maureen Reeder

Sunshine: JoAnn Efird Newsletter: Nilda Rosario

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to:

news@bcwpsc.org

#### **WPSC Email Addresses**

DIRECTORY	EMAIL
WPSC President	president@bcwpsc.org
WPSC Secretary	secretary@bcwpsc.org
WPSC Treasurer	treasurer@bcwpsc.org
WPSC Scheduling	scheduling@bcwpsc.org
WPSC Information	info@bcwpsc.org
WPSC Webmaster	webmaster@bcwpsc.org
Travel Office	travel@bcwpsc.org
Front Desk Reception	reception@bcwpsc.org
Bridge Club	bridge@bcwpsc.org
Newsletter Editor	news@bcwpsc.org
Systems Administrator	itadmin@bcwpsc.org

#### **COMMENTS?**

#### We value your opinion!

There's a SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPSC!









(321) 723-2345 www.brownliemaxwell.com 1010 Palmetto Ave. Melbourne, FL 32901











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