

MAY 2025

**2785 Leisure Way
Melbourne, FL 32935
(321) 255-4494**

Monday-Friday: 8:30 am–4:30 pm

Saturday: 9:30 am–12:30 pm

Sunday: CLOSED

www.bcwpssc.org



Friendship Flyer

President's Message

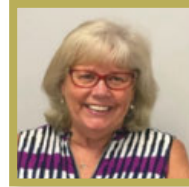
Wow – it's hard to believe that we're into May already this year. I see a full list of new members in our newsletter every month and I'm excited to see them show up at our activities. Please remember to introduce yourself to someone new when you see them – you never know when you'll be meeting a new best friend.

We're looking forward to this year's Kentucky Derby Dinner/Dance on Friday, May 2. We will have a band for dancing and 2 horse races to bet on. We'll post photos and the results next month. As of this writing, there are still a few tickets available – so if you want to attend, check with the Front Desk to buy your tickets. I also want to thank our sponsor, Travel Expressions, for providing us with prizes for our event.

Last month was officially Volunteer Month and I am convinced we have the best volunteers helping out at the Center. Currently we have 63 volunteers helping support the Center. In case you wondered where they all work and what they do: 22 volunteers work at the Front Desk, 19 support our Bingo program, 6 provide lunches from our Kitchen during Bingo, 6 support Travel, 3 work in IT keeping our computer systems up and running, and 7 support other areas including the website, the library, the newsletter and keeping our vending machine filled. Without their hard work and dedication, we wouldn't even be able to open our doors – so please remember to thank them and treat them with respect.

As we move into the summer months, you'll notice that we're also working to spruce things up around the center. I've had lots of good feedback on the new foam soap dispensers in the restrooms and next we're planning to update our system in the kitchen. We also put together a list of items for the County to help us with and they have been very responsive. Some of the projects they are working on include painting the wall in the large auditorium where they took down the screen, and installing a new screen which will be mounted to the ceiling and extend down when needed, trimming the live oak trees around the shuffleboard courts and replacing the damaged signage at the Wickham Road entrance to remind people the Senior Center is here.

We will be closed on Monday, May 26th for the Memorial Day Holiday. We hope you have a safe and fun holiday.



Diane Weinzierl

Officers

President: Diane Weinzierl
Vice President: Janice Oppelt
Secretary: Lori Ebbensgard
Treasurer: Colleen Barneman

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Celeste Garcia: Ginny Parker
Karen Bostwick: Janet Smith
Beverly Morgan: Sharon Sneary
Pam Page: Rosann Testa

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IT Systems Admin: John Efird
Webmaster: Maureen Reeder
Sunshine: JoAnn Efird
Newsletter: Nilda Rosario

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IT Admin: itadmin@bcwpssc.org

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MISSION STATEMENT

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"



IMPORTANT NEWS

MONTHLY BOARD MEETING

The WPSC Board of Directors meetings are held on the 2nd Monday of each month at 9:30 am. The next meeting will be **May 12 at 9:30 am in Room 117**. All WPSC members are welcome to attend.

LOOKING FOR A WORTHY CHARITABLE DONATION ORGANIZATION

Wickham Park Senior Center (WPSC) is a 501(c)3 charitable organization and as such is eligible to receive charitable donations. We would like to thank the following people for their generous donations to WPSC in FY2025:

- Sharon Adams
- Janet & Vaughn Eastman
- Maria Luhn
- Carol Patton
- Gayle Schanck
- In Memory of Tim Olsen from Friends & Family
- Travel Expressions



If you find you have extra funds in your charitable donations bucket anytime during the year, please consider donating to WPSC.

BREVARD COUNTY SHERIFF'S OFFICE SHRED EVENT

The Sheriff's Office offers a free shredding service where you can safely shred your personal documents. The documents you choose to bring for shredding are either shredded on location, or they are collected and transported to the shredding company's facility for shredding. This service helps in the fight against identity theft while providing our community members a safe and convenient process in the disposing of sensitive documents. The next event will be on:

May 28, 2025

Palm Shores Town Office

5030 Paul Hurr Lane, Melbourne, FL 32940

9:00-10:30 AM

- Limit of TWO boxes of personal shredding.
- Dates, times and locations are subject to change. Please check BrevardSheriff.com for details in the weeks prior to each shredding event.

ADULT BEGINNING TAP CLASS FOR BOTH MEN AND WOMEN

Have you ever wanted to learn tap or maybe took tap as a child and would love to brush up on your skills?

Have you ever wanted to learn tap or maybe took tap as a child and would love to brush up on your skills? Local Melbourne resident and senior, Suzanne Childers, who after a long professional dance career turned her sights toward teaching, has been instructing Brevard's adult dancers in ballet, tap, and jazz for the past 7 years. She has taught for the Melbourne Rec center, Dance Arts Centre, Classical Movement Collective and Viera Dance Conservatory after moving her from the West Coast where she had her own successful dance studio, the Foster City Dance Theatre. Suzanne has trained many professional dancers over the course of her teaching career and today, just enjoys staying fit herself by passing on her vast knowledge of dance to others her age who want to have fun while staying fit.

Her adult dancers have performed throughout Brevard county, including the Surfside Playhouse in Cocoa Beach, as well as various Veteran's events, assisted living facilities, and annual school recitals. As a show producer, she created the first aquatic dive spectacular for Royal Caribbean Cruise's "Oasis of the Seas", as well as the classical music program for Silversea Cruises, "The Artists of Silversea". She has produced concerts at the Sydney Opera House and the Palace of Versailles for private clients, and prior to settling down here in Melbourne, traveled the world with her own company, "Choozi Entertainment".

Suzanne is hoping to start a beginning tap class here at Wickham Park's Senior Center. The class would include an easy warmup, with tap basics taught first sitting as well as holding on to a chair. Fun and easy choreography will be taught to music from the baby boomer generation ... Boogie Woogie Bugle Boy, American Patrol, Putting on the Ritz, Anything Goes, just to name a few.

Interested seniors can email Ms. Childers at suzanne@choozientertainment.com. A minimum of 6 dancers is needed to start the class. For more information on Ms. Childers, you can visit her website www.choozientertainment.com



NEED TO SCHEDULE AN APPOINTMENT WITH SHINE?

The WPSC SHINE Group is available Tuesdays from 9:00 am to 12:00 Noon in Room 104. Anyone interested can call 407-514-1800 to schedule an appointment. No fee required!

IMPORTANT NEWS



WICKHAM PARK SENIOR CENTER
invites you to the



FRIDAY
MAY 2
4:30–7:30 PM

DINNER/DANCE

\$20 PP
100 PERSON
LIMIT

Activities:

- **Derby Bonnet Contest**—Prize for Best Ladies Derby Hat
- **Run for the Roses Horse Race**—Be Sure to Bring Your Dollar Bills to Bet
- **50/50 Raffle**

Dinner Menu:

Hot Brown Derby Party Roll Sandwiches
Potato Salad
Cucumber/Tomato/Onion Salad
Burgoo Stew
Bourbon Balls
Fruit & Cheese
Dessert
Iced Tea & Coffee

Music & Entertainment provided by
Rick & Frank



Tickets on Sale Starting April 1

CALENDAR OF EVENTS

MAY 2025

ACTIVITIES	MON	TUES	WED	THURS	FRI	SAT	SUN
Bingo (Doors Open at 10:00a)		11:15–2:00p			11:15–2:00p		
Bob Ross Style Beginners Oil Painting with Hobo Bob (CRI) (3rd & 4th Thursdays)				5/15 & 5/22 1:00–5:00p			
Bones & Balance (Register at 9:45a)	10:00–11:00a						
Bridge: Beginner Class	For Virtual Classes please see our website at www.bcwpssc.org and click "Bridge" icon						
Chat (Virtual)					9:30–11:00a		
Duplicate On-Site	Noon–3:30p		Noon–3:30p			Noon–3:30p	
Duplicate Class			10:15–Noon				
Duplicate Virtual Class / BBO Platform				12:15p			
Party Bridge			12:30–4:00p				
Rogue		12:15–4:00p					
Rubber				1:00–4:00p		12:30–3:30p	
Bunco (1st & 3rd Thursdays)				5/1 & 5/15 1:00–4:00p			
Chair Yoga		3:00–4:00p					
Chefs for Seniors Topic: Summer Treats (Sign-up at Front Desk)				7/10 11:00–12:30p			
Color Pencil Portrait for Beginners			9:30–11:00a				
Cornhole Tournaments (2nd & 4th Sundays) (12:30p Set-up & Practice)							5/11 & 5/25 1:30p
Euchre			6:00–9:00p				
Fusion Glass Workshop with Lauren						5/17 Noon–2:00p	
Hand & Foot	8:45–Noon				8:45–Noon		
Jazzercise Lo	8:30–9:30a		8:30–9:30a		8:30–9:15a		
Line Dancing		4:15–5:30p					
Mahjong: American	Noon–3:30p			9:00–Noon			
Chinese			1:00–4:00p				
Pinochle	12:30–4:30p				12:30–4:30p		
Poker: Dealer's Choice		11:30–4:00p			11:30–4:00p		
Friendly	1:00–4:00p						

CALENDAR OF EVENTS

MAY 2025

ACTIVITIES	MON	TUES	WED	THURS	FRI	SAT	SUN
Pool (Billiards) (Tournament: 2nd Wednesday of the Month)	8:30–4:30p	8:30–4:30p	8:30–4:30p	8:30–4:30p	8:30–4:30p		
QiGong-TaiChi	8:30–9:30a		8:30–9:30a		8:30–9:30a		
Rummikub			1:00–4:00p				
Senior Law (4th Friday of the Month) (Sign-up at Front Desk)					5/23 2:00–4:00p		
Senior Stitchers				10:00–Noon			
SHINE (Call for appt. first)		9:00–Noon					
Strength / Flexibility				9:30–10:30a			
Shuffleboard: Open Play				6:00–8:30p		9:00–Noon	
Tango Dance Class					2:30–4:30p		
Technical Training & Education Class w/ Alison (3rd Friday of the Month)					5/16 2:30–4:30p		

Say Yes to New Adventures

CMS Rating
★★★★★

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ACTIVITIES & GAMES



TUESDAY & FRIDAY—Open to the Public!
Doors Open @ 10:00 am
Cards Sold @ 10:30 am–11:15 am
Early Bird Starts @ 11:15 am



Effective January 2025, we will no longer accept anything larger than \$20 bills.

Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more information, contact Brenda Clarson at 321-258-8837.

Bones & Balance

Mondays @ 10:00–11:00 am
Cost: \$5.00 Members / \$7.00 Non-Members



Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.

Bob Ross Style Beginners Oil Painting with Hobo Bob (CRI)

3rd & 4th Thursdays: May 15 & 22 @ 1:00–5:00 pm
Cost: As of April 1, 2025, the Cost will be \$50.00 PP

(Includes All Supplies & WPSC Costs)

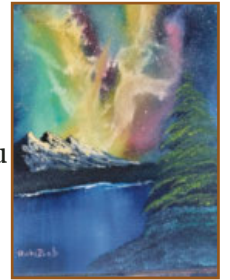
Sign-Up Sheet at Front Desk—Limit 6 People per Class



Come join us for a lot of fun!! Paint a beautiful landscape painting with us. Classes will be held on the third Thursday of each month; an overflow class will be held on the fourth Thursday of the month if

there is enough interest. Please call the Center 321-425-5533 or come into the front desk and sign up.

For May, we'll be repeating April's Space Galaxy painting because we had several people who want to paint in but could not attend in April. This painting is good for beginners, and you should be quite pleased with your finished painting. This painting will bring out the inner artist you may not even know you have.



All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, with just six participants, so Hobo Bob (CRI) has plenty of time to work with you as you paint your masterpiece.

Duplicate Bridge

On-site Games: Mon., Wed. & Sat. @ 12:00–3:30P

Cost: \$7.00 Members / \$9.00 Non-Members

CLASSES: On-site Class: Wednesdays @ 10:15A–Noon.
Free to those playing Bridge—\$5.00 if not playing.

Online Virtual Classes: Thursdays @ 12:15P on the BBO platform / Online classes \$5.00

On-site Duplicate bridge games are on Mondays, Wednesdays and Saturdays. Virtual online classes are also available. For the online schedule, please check out the latest on the website under the Bridge tab. Contact **Pam Page** at 321-537-0907 or pam.page@bellsouth.net for bridge-related questions.



ACTIVITIES & GAMES

Online Bridge Class Popular Conventions

When: Tuesdays 10am - Noon beginning May 20 for 7 weeks. Classes will be held online using Zoom.

Book: Bridge Basics 3: Popular Conventions by Audrey Grant; Available on Amazon.com

Cost: \$35 check written to Harold Phillips, 839 Barbados Ave., Melbourne, FL 32901
Note on check: For Popular Conventions Bridge Class

The Wickham Park Duplicate Bridge Club is providing a seven-week online bridge course on popular conventions. Students will learn how to use the following popular bridge conventions:

- Stayman
- Jacoby Transfers
- Opening Strong Two Club
- Slam Bidding

All funds go to support Wickham Park Senior Center. To enroll contact Harold Phillips at 321-956-9208 or email hlphill@earthlink.net. Please provide the following: Your Name (First, Last), Email@, and Phone Number.

Party Bridge

Wednesdays @ 12:30–4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Please contact Tom Sanders at 321-960-1894 prior to coming to this bridge for the first time.

Rogue Bridge

Tuesdays @ 12:15–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact Patricia Rosenthal at 321-626-5419.

Rubber Bridge

Thursdays @ 1:00–4:00 pm & Saturdays @ 12:30–3:30 pm

Cost: \$2.00 Members / \$4.00 Non-Members



Come on out for an afternoon of enjoyment at the bridge table. The Thursday point of contact is **Janet Walker** at 321-242-3173 and the Saturday point of contact is **Gayle Schanck** at 541-821-7070.

Bunco

1st & 3rd Thursday, May 1 & 15 @ 1:00–4:00 pm

Cost: \$6.00 Members / \$8.00 Non-Members



Please join us every 1st and 3rd Thursday of the month for Bunco and arrive by 12:45 pm. Don't forget to bring your current membership card. Bunco ends about 3-3:30 pm. Please contact **Lisa Hofmann** at 760-717-6049 for more details and reservations (for set-up purposes). See you

there for this fun activity. All you have to know is how to throw three dice.

Chair Yoga

Tuesdays @ 3:00–4:00 pm/Sign-in @ 2:45 pm

Cost: \$1.00 Members / \$3.00 Non-Members

This class is designed to help with overall wellbeing for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321626-1969.



Chef for Seniors

Classes @ 11:00 am–12:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

- July 10: **Summer Treats**
- September 11: **Topic TBA**
- November 13: **Topic TBA**

Join **Chef Jillian** for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting. Please sign up at front desk to reserve your spot. **All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.**

Sponsored



ACTIVITIES & GAMES

Cornhole Tournaments

Sunday, May 11 & 25 @ 1:30 pm

Setup & Practice Starting @ 12:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

(Annual Membership for 50+ is \$20)

Cornhole is welcome to all ages! Tournaments will be held indoors at the WPSC every 2nd and 4th Sundays (excl. conflict with holidays). Don't forget to scan your membership card at the front desk. Big welcome to newcomers Joe, Anne and Daniel.

March 16 Winners

(21 Players)

March 16 Tournament:

It was great to see some familiar faces back as well. We played an 11 team double elimination bracket, which yielded 3 top places for pay out.



1st Place:
Johnna & Amy



2nd Place:
Judy & Joe N.

March 30 Tournament:

We played an 8 team double elimination bracket, which yielded 1st and 2nd place for pay out. We ended up with a husband/wife going against each other for the championship. Daryl and Danny ended up taking the title after coming back strong in the Loser's bracket!

March 30 Winners

(15 Players)



1st Place:
Daryl & Danny



2nd Place:
James J & Mona

Rules for Senior Center:

- Age 50 to 69: 27-ft. front edge to front edge; (Dist. of Boards)
- Age 70 to 79: 25-ft. front edge to front edge
- Age 80 to 90: 23-ft. front edge to front edge
- Age 90 Plus/Non-Ambulatory: 21-ft. front edge to front edge

For any questions, please contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com) or **Amy Longtin** at 321-205-5161 (ajglrt@yahoo.com).

Color Pencil Portrait Class for Beginners

Wednesdays @ 9:30–11:00 am

Cost: \$3.00 Members / \$5.00 Non-Members

Learn how to create a beautiful drawing from your favorite photograph! Bring your own portrait photograph to copy—Size: 5x8 (or other appropriate copy size). Supplies you will need to bring: Prismacolor Color Pencils, Watercolor Paper, Eraser, Pencil Sharpener (optional). For more information contact **Ann Armerding** at 321-541-7027.



Euchre

Wednesdays @ 6:00–9:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Members must scan their card when entering and non-members must sign in.

Euchre has been a great success and as our Euchre continues to grow, it is now common to have 5-6 tables in action. We try to promptly start by 6:00 pm which means we should be signed in no later than 5:50 pm to allow time to set up the correct 3/4 player table configuration and draw for your seats. The payout structure has been altered so more people are sharing the prize pool. That means if there are up to 30 players even eighthtakes home a piece of the purse. more information, contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com).

Hand & Foot Card Game

Mondays & Fridays 8:45 am–Noon / Setup @ 8:30 am

Cost: \$1.00 Members / \$3.00 Non-Members

Join this group of friendly and competitive players for a time well spent. Contact **Beverly Morgan** at 303-458-8273 for more information.



ACTIVITIES & GAMES

Fusion Glass Workshop w/Lauren

Cost: \$70 PP (Includes All Supplies & Kiln-Firing of Project & WPSC Costs)

Join us for a hands-on workshop where you'll explore the unique and captivating art of fused glass. No prior artistic or creative skills are required—just a willingness to experiment and have fun! If you're unfamiliar with "fusible glass," don't worry—I'll guide you through the entire process. Each workshop is designed to be engaging, stress-free, and beginner-friendly. Classes are limited to **16 participants**, with a **minimum of 4 required** to run. **Registration closes one week before the workshop date**, so be sure to reserve your seat early and invite your friends to join. *Sign up sheet is in the lobby of WPSC. For more logistic details visit: <https://www.glassbylauren.com/wpwc-workshop-sign-ups>. **Closed-toe shoes required for safety.** For questions, call or text 310-483-3229. Secure your spot today and experience the magic of fused glass! **All basic supplies are included.**

Upcoming Fusion Glass Workshops:

Saturday, May 17, 2025 @ Noon–3:00P

Project: Fused Glass Plant Stakes (Set of FIVE)

For this session, we'll be creating a **set of five 7.5-inch triangular plant stakes**—a perfect way to add a creative touch to your garden. If you'd like to make additional stakes, you'll have the option to do so for an extra fee.

Saturday, July 12, 2025 @ Noon–3:00P

Project: Fused Glass Wave Plaque or Table Decor

In this session, you'll create a 10"x 6" fused glass wave plaque, designed entirely by you. Whether you prefer bold, vibrant colors or a more serene, ocean-inspired look, the choice is yours. Once completed, you can hang your piece as a wall plaque or opt to purchase a driftwood stand for display.

Jazzercise Lo

Mon. & Wed. @ 8:30–9:30 am and Fri. @ 8:30–9:15 am

Members: \$50.00/Month & Walk-ins \$10.00

Non-Members: \$79.00/Month & Walk-ins \$12.50

Join us for a fun and energized Jazzercise Lo class. Dance away those extra calories using Low Impact moves that yield MAXIMUM results! We use muscles, not momentum, to get a total body workout without the impact on your joints. For more information, contact **Ginny Parker** at 321-698-0445.

Line Dancing

Tuesdays @ 4:15–5:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

Stop by and make some new friends while enjoying the music we are learning some fun dances to. Expand your brain gym and improve your balance while putting basic steps together to make fun choreography. Stop by and check us out! For more information call Sue at 321-505-0846.



Mahjong

American: Mondays @ Noon–3:00 pm &

Thursdays @ 9:00 am–Noon

Cost: \$1.00 Members / \$3.00 Non-Members

Chinese: Wednesdays @ 1:00–4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! Contact **Patricia**

Rosenthal at 321-626-5419

(American) or **Linda Milo** at

321-506-2672 (Chinese).



Pinochle

Mondays & Fridays @ 12:30–4:30 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Bill Mueller** at 321-242-4999 (Mondays) or

Cathy Decker at 321-432-7813 (Fridays).

Poker (Dealers Choice)

Tuesdays & Fridays @ 11:30 am–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Bill Seigel** at 813-416-0428.

ACTIVITIES & GAMES

Poker (Friendly)

Mondays @ 1:00–4:00 pm

Cost: \$1.00 Members /\$3.00 Non-Members

Attention: Players Needed! Pennies Only. Call ahead to attend. Contact **Beverly Morgan** at 303-458-8273.

Pool (Billiards)

Monday thru Friday @ 8:30 am–4:30 pm

Tournaments: 2nd Wednesday of Every Month

Cost: \$1.00 Members / \$3.00 Non-Members

Plus \$.50 per Day or \$2.00 per Week

YE OL Pool Room 8-Ball

Tournament April 9 Results:

1st: Jerry Bertekap

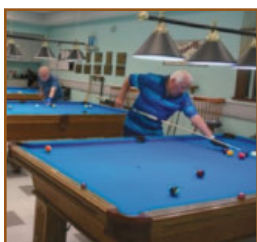
2nd: Dave Reeve

3rd: Dale Foster

4th: Wally Topinko

Next tournament is May 14.

Questions? Contact **Wally Topinko** at 321-622-4977.



QiGong-TaiChi

Mon., Wed., & Fridays @ 8:30–9:30 am

Cost: \$5.00 Members / \$7.00 Non-Members

For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them. One of the most promising interventions is TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. **Laura Parsons**, Certified Instructor at 321-474-5374.



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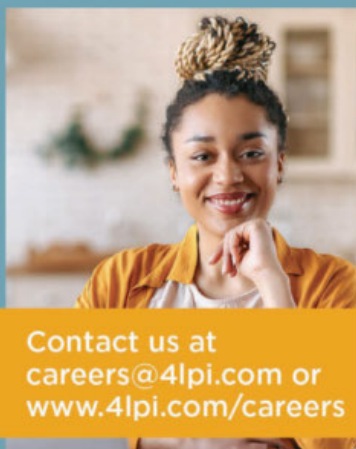
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ACTIVITIES & GAMES

Rummikub

Wednesdays @ 1:00–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Contact **Peggy Miles** at 732-688-6268.

Senior Law

4th Friday of the Month (May 23) @ 2:00–4:00P

Cost: Free to All WPSC Members

The Slonim Law Firm invites you to attend a FREE seminar and question/answer session on the 4th Friday of each month at WPSC Room 117.

Topics:

- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Digital Assets
- Medicaid and Asset Protection Options
- General Dementia Issues
- Guardianships
- Probate Matters
- Living Wills

Seating is limited. Please sign up at the front desk. Any questions, call the Law office at 321-757-5701.

Shuffleboard

**Open Play: Sat. @ 9:00 am &
Thurs. @ 6:00 pm**

**Cost: \$1.00 Members /
\$3.00 Non-Members**

Congratulations to Tom! For more information on learning how to play or participating in tournaments, call Tom Winkelspecht at 321-446-3283 or email: tawinkii@me.com

Florida Shuffleboard Association
Tournaments of Champions
2025 Men's Division Winner
Tom Winkelspecht



Senior Stitchers

Thursdays @ 10:00 am–Noon in Room 114

Cost: \$1.00 Members / \$3.00 Non-Members

Would you like to learn to Knit or Crochet or do you already know how to Knit or Crochet? If so, please join us for a morning of friendship and pleasant conversation while learning new skills and stitches

while helping each other to share and improve our skills. What to Bring: If you are already experienced, please bring a WORK IN PROGRESS that you'd like to work on. If you're a beginner, please bring some worsted yarn and some Size 8 knitting needles or a Size G crochet hook. For more information contact **Laurie Liguori** at 917-882-9898.

Social Tango, Introduction to Argentine Tango

Fridays @ 2:30–4:30 pm

Monthly Cost: \$45 Members / \$48.00 Non-Members

Enjoy the art of Argentine Tango, with step-by-step instructions. No partner is necessary as the basic techniques can be applied for the follower or the leader. Students will experience in-part the health benefits of Argentine tango including overall improved well-being, walking, posture and coordination. At only \$45.00 for 4 weeks of Tango, (you decide which 4 weeks will work for you and we can accommodate flexible travel plans of students as well). Contact **Delores or Walt** at 850-212-7963 for more info.

Strength/Flexibility

Thursdays @ 9:30–10:30 am

Cost: \$4.00 Members / \$6.00 Non-Members

Fitness Unlimited by Design presents a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We workcore, arm and leg strength. Questions? Please contact **Susie Salvetti** at 321-626-0282.

Technical Training & Education on Computer & Cell Phone

3rd Friday of the Month (May 16) @ 2:30–4:30 pm

Cost: \$1 Members / \$3.00 Non-Members

Phone/Tablet Beginner: 2:30–3:15 pm

Phone/Tablet Interim/Advanced: 3:15–4:00 pm

Laptop computer: 4:00–4:30 pm

(iPad/ tablet questions taken during any class)

Try one or stay for all 3! Room 117, 18-person limit.

Use the sign-up sheet on the front table or text or call

Alison at 954-376-2444 to confirm. Exercise your

brain in a fun, interactive hour with a relevant and

patient approach. For more personalized assistance,

unsure of your level, or for desktop computers, don't

hesitate to contact Alison.

TRAVEL NEWS

St. John's River Cruise & Music Bingo

Date: May 1, 2025

Cost: \$179 PP

Time: Leaves WPSC at 8:30 am / Returns at 5:00 pm

From its home port on Lake Monroe in charming downtown Sanford, the Barbara Lee cruises the St. John's River, serving up superior food, live music, and dancing. In-between the wonderful array of food, sit inside and enjoy the entertainment or relax on deck for a delightful, narrated 3-hour cruise along the St. John's River.

Mission Inn, Yalaha Bakery & Lakeridge Winery

Date: May 18, 2025

Cost: \$169 PP

Time: Leaves WPSC at 9:00 am / Returns at 5:00 pm

Yalaha Bakery is a lovely gem of a German Bakery famous for its yummy, unique baked goods, delicious breads, and cute location. Contact the WPSC Travel Office for more information. After our Champagne Brunch at The Hacienda Restaurant, we travel to the Lakeridge Winery for a tour and tasting of Florida wines.

Pirates Dinner Adventure

Date: June 22, 2025

Cost: \$189 PP

Time: Leaves WPSC at 4:00 pm / Returns at 10:00 pm

When you set sail with the crew at Pirates Dinner Adventure, you have front-row seats to an epic, swashbuckling adventure that unfolds before your very eyes! Everyone is invited to cheer and sing along as our pirates fight and swoop through the air; accompanied by cannon blasts, pyrotechnics, and plenty of laughs. It's the world's largest interactive dinner show!

Winter Park Museum, Boat Ride & Lunch at the Cheesecake Factory

Date: September 11, 2025

Cost: \$189 PP

Time: Leaves WPSC at 8:00 am / Returns at 6:00 pm

The Morse Museum houses the world's most comprehensive collection of works by Louis Comfort Tiffany (1848-1933). Winter Park's Scenic Boat Tour is a natural attraction with hour-long, guided cruises through three of the seven lakes and two, narrow manmade canals on the tranquil Winter Park Chain.

Mount Dora Craft Fair

Date: October 25, 2025

Cost: \$69 PP

Time: Leaves WPSC at 7:45 am / Returns at 5:30 pm

This is one of Central Florida's favorite festivals and what a perfect time of the year to host a craft fair with the cooler weather and the holidays just around the corner. Contact the WPSC Travel Office for more information.

Murder Mystery Dinner Train

Date: November 2-3, 2025

Cost: \$629 PP Double / \$779 Single Occupancy

Time: Leaves WPSC at 11:00 am /Returns Next Day at 6:30 pm

The Murder Mystery Dinner Train is a evening of fun, food, and murder! You'll love this 3-1/2 hour train ride aboard the Seminole Gulf Railway. Contact the WPSC Travel Office for more information.

Mount Dora Christmas

Date: December 5, 2025

Cost: \$69 PP

Time: Leaves WPSC at 3:00 pm / Returns at 10:00 pm

Celebrate the 2025 holidays against a backdrop of over 2 million sparkling lights in beautiful downtown Mount Dora. Contact the WPSC Travel Office for more information.

First Annual Senior Center Fundraiser Cruise* Aboard the New MSC World America

Date: December 5, 2025

	Double Occ.	Ins.	Single Occ.	Ins.
Interior	\$1,249	\$139	\$1,942	\$169
Oceanview	\$1,449	\$169	\$2,382	\$199
Balcony	\$1,699	\$199	\$2,802	\$229

Deposit of \$400pp must be paid at time of reservation. Final payment & insurance is due by August 1, 2025. Insurance is non-refundable.

Enjoy an 8-day cruise from Miami to the beautiful destinations of Isla De Roatan, Honduras, Costa Maya and Cozumel, Mexico and Ocean Cay MSC Marine Reserve in the Bahamas. Contact the WPSC Travel Office for more information. Contact the WPSC Travel Office for more information.

**For every person booked Travel Expressions, Inc. will make a \$25 donation to the Senior Center. (If there's a cancellation, money must be refunded to Travel Expressions, Inc.)*

TRAVEL NEWS

New Orleans (March 31–April 5, 2025)



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OUR SPONSORS

The Officers and Membership of Wickham Park Senior Center appreciates the continued support of our many Sponsors. As an all volunteer-run organization, their continued financial support allows us to offer Activities and Social events for our members.

Diamond Level Sponsors



Gold Level Sponsors



Meet & Greet Schedule

Our monthly Meet & Greets with our sponsors have started back up on Tuesday and Friday mornings from 9–11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them:

- Friday, May 16 @ 9:00-11:00 am: United Healthcare
- Friday, May 23 @ 9:00-11:00 am: Better Health Group (BHG)

BECOME A SPONSOR!

PROMOTE YOUR BUSINESS TO OUR INCREASING MEMBERSHIP

Find our [Sponsorship Agreement](http://www.bcwpssc.org/SponsorshipAgreement) on www.bcwpssc.org

IN EVERY ISSUE



New Members in March

Abamonte, Patricia	Holder, Patricia
Aguiar, Silvina	Kabbord, Pam
Alaia, Emma	Klingenberg, Dana
Armoogam, Maureen	Krubel, Richard
Armoogam, Ronald	Krubel, Sharon
Baldaia, Arlene	Maynard, Diane
Baldaia, David	McCartney, Suzanne
Beausejour, Carmen E	McCarty, Rosalind
Buehler, Doug	Miller, Rich
Buehler, Rhonda	Moye, Mary
Carlson, Suki	Nugiel, Martin
Carter, Frank	Passarella, Rich
Conway, Cindy	Petraneck, Margo
Davis, Shirley	Rice, Carolyn
Dobbs, Bernita	Satek, Larry
Dobbs, Ken	Satek, Pamela
Dowd, Sharon	Schilinski, Mark
Duran, Ellen	Scott, Joan
Erlante, Robert	Smith, Mary Jane
Estwick, Sonja	Solomon, Debbie
Failla, Barbara	Somers, Pamela Jo
Finn, Ginny (Virginia)	Soricelli, Jerry
Finn, Michael	Springer, Sherry
Fisher, Lisa	Strobel, Grace
Flaherty, Natalia	Strobel, James
Flansburg, Mary	Tremer, Diane
Guare, Brenda	Waters, Dottie
Hernandez, Celia	Zavaleta, Isidro
Hernandez, George	

Wickham Park Senior Center Holiday Closures for 2025

To enable our volunteers to spend more time with their families during the upcoming holiday season, Wickham Park Senior Center will be closed on the following dates:

- **Memorial Day Holiday:**
 - Monday, May 26, 2025
- **4th of July Holiday:**
 - Friday, July 4, 2025
 - Saturday, July 5, 2025
- **Labor Day Holiday:**
 - Monday, September 1, 2025
- **Thanksgiving Holiday:**
 - Wednesday, November 26, 2025
(Day before Thanksgiving)
 - Thursday, November 27, 2025
(Thanksgiving Day)
 - Friday, November 28, 2025
(Friday after Thanksgiving)
 - Saturday, November 29, 2025
- **Christmas Holiday:**
 - WPSC will be closed the entire week of Christmas – Monday, December 22 through Sunday, December 28.
We will re-open Monday, December 29
- **New Year's Holiday:**
 - Wednesday, December 31 - Closing at 12:30 pm
 - Thursday, January 1, 2026 (New Year's Day)
We will re-open Friday, January 2, 2026.



COMMENTS?

We Value Your Opinion!

There's a SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPSC!

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to:
news@bcwpsc.org

Wickham Park Senior Center is not equipped, nor intended to be a senior care facility. WPSC activities are geared toward independent adults who are able to manage their own care, decisioning making and safety. WPSC's insurance prohibits, and WPSC cannot be responsible for, the provision of physical assistance to individuals on the premises. If an adult companion is needed, the companion may participate in the activity if they desire, regardless of age, and must pay all fees associated with the activity. WPSC reserves the right to prevent persons from being on premises if the WPSC leadership believes that person would cause harm to themselves or others.

When You Have A Plan
You Can Afford to Relax
Helping Families With

Estate/Life Planning
Guardianship & Probate
Medicaid Asset Preservation



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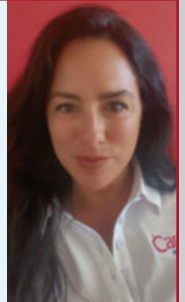
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