

JULY 2025

**2785 Leisure Way
Melbourne, FL 32935
(321) 255-4494**

Monday-Friday: 8:30 am–4:30 pm
Saturday: 9:30 am–12:30 pm
Sunday: CLOSED
www.bcwpssc.org



Friendship Flyer

President's Message

Happy 4th of July. It looks like the heat has finally arrived, so why not make plans to enjoy the air conditioning at the Center and try out one or two new programs that you've been thinking about. Some of the upcoming "beat the heat" programs you might want to consider:



Diane Weinzierl

Feeling creative or interested in learning some new skills?

- **Chefs for Seniors** will be held on **Thursday, July 10** from 11:00 am to 12:30 pm with a focus on "Summer Treats". This is fun event where you get to not only learn new healthy cooking techniques, but you also get to sample the food. A sign-up sheet is at the front desk and details can be found on page 7.
- A **Fusion Glass Workshop** will be held on **Saturday, July 12** from 12:00 to 3:00 pm. You will need to sign-up at least a week in advance (sign-up sheet at the front desk), but you can now pay when you attend. See details on page 8.
- Our **Beginner Colored Pencil Art Class** is held every **Wednesday morning** from 9:30 to 11:30 am. More details can be found on page 7.
- The **Senior Stitchers** group teaches knitting and crocheting on **Thursday mornings** from 10:00 am to Noon. Even if you already know how to knit or crochet, bring you current project and work on it while enjoying a morning of friendship and conversation, and maybe learn some new skills or stitches. See page 11 for details.
- **Oil Painting Classes** are held on the **3rd & 4th Thursday afternoons** each month from 1:00 to 5:00 pm. Classes are limited to 6 attendees, so be sure to sign-up in advance at the front desk. Additional details and the current project can be found on page 6.

(Continued on page 2)

Officers

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Vice President: Janice Oppelt
Secretary: Lori Ebbensgard
Treasurer: Colleen Barneman

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Karen Bostwick Janet Smith
Beverly Morgan Sharon Sneary
Pam Page Rosann Testa

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Sunshine: JoAnn Efird
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IT Admin: itadmin@bcwpssc.org

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MISSION STATEMENT

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"



IMPORTANT NEWS

PRESIDENT'S MESSAGE

(Continued from page 1)

Looking for some friendly competition in the evening or weekend hours?

- Our Cornhole Tournaments held on the 2nd & 4th Sunday afternoons (July 13 & 27) – **inside the building**. More details can be found on page 8.
- Our **Euchre** Tournament is held every Wednesday evening from 6:00 to 9:00 pm.
- **Shuffleboard** meets Monday mornings, Thursday evenings, and Saturday mornings. See page 10 for more details.

Lastly, how about a place just to hang out and enjoy the air conditioning? Consider a visit to our **WPSC Library** which is always open from 8:30 am to 4:30 pm, Monday through Friday. The library features a good selection of books and puzzles that you can enjoy in-house or take out – all free of charge.

I hope everyone enjoys a fun and SAFE 4th of July.

The Center will be closed on Friday and Saturday, July 4-5 to allow our volunteers to enjoy the holiday with their families.



MONTHLY BOARD MEETING

The WPSC Board of Directors meetings are held on the 2nd Monday of each month at 9:30 am. The next meeting will be **July 14 at 9:30 am in Room 117**. All WPSC members are welcome to attend.

BREVARD COUNTY SHERIFF'S OFFICE SHRED EVENT

The Sheriff's Office offers a free shredding service where you can safely shred your personal documents. The documents you choose to bring for shredding are either shredded on location, or they are collected and transported to the shredding company's facility for shredding. This service helps in the fight against identity theft while providing our community members a safe and convenient process in the disposing of sensitive documents. The next event will be on:

August 28, 2025

Melbourne Square Mall

1700 W. New Haven Ave., Melbourne

9:00–10:30 AM

- Limit of TWO boxes of personal shredding.
- Dates, times and locations are subject to change. Please check BrevardSheriff.com for details in the weeks prior to each shredding event.

LOOKING FOR A WORTHY CHARITABLE DONATION ORGANIZATION

Wickham Park Senior Center (WPSC) is a 501(c)3 charitable organization and as such is eligible to receive charitable donations. We

would like to thank the following people for their generous donations to WPSC in FY2025:

- Sharon Adams
- Janet & Vaughn Eastman
- Maria Luhn
- Carol Patton
- Gayle Schanck
- GFWC-Melbourne Woman's Club
- In Memory of Tim Olsen from Friends & Family
- Travel Expressions

If you find you have extra funds in your charitable donations bucket anytime during the year, please consider donating to WPSC.



NEED TO SCHEDULE AN APPOINTMENT WITH SHINE?

The WPSC SHINE Group is available Tuesdays from 9:00 am to 12:00 Noon in Room 104. Anyone interested can call 407-514-1800 to schedule an appointment. No fee required!

IMPORTANT NEWS



FREE COLORECTAL CANCER SCREENING

DATE: JULY 22 & AUGUST 8

TIME: 9:00 AM – 12:00 NOON

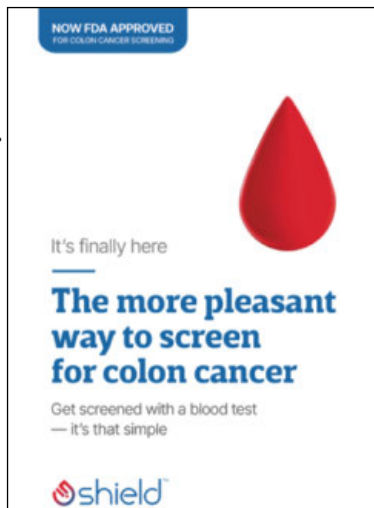
PLACE: WICKHAM PARK SENIOR CENTER

It's finally here- the more PLEASANT WAY to screen for colon cancer. Our Shield™ blood test offers individuals a more pleasant and convenient screening option that helps overcome barriers associated with available methods, including colonoscopy and stool-based testing, which can be unpleasant, time-consuming and difficult to complete. Shield™ is FDA-approved and covered by Medicare for patients 65-85 years of age.

Intended Use / Indications for Use

The Shield™ test is a qualitative, in vitro diagnostic test intended to detect colorectal cancer derived alterations in cell-free DNA from blood collected in the Guardant Shield™ Blood Collection Kit. Shield™ is indicated for colorectal cancer screening in individuals at average risk for the disease, age 45 years or older. Patients with a positive result should be followed by colonoscopy. Shield™ is not a replacement for diagnostic colonoscopy or for surveillance colonoscopy in high-risk individuals.

There are two opportunities for screening right here at Wickham Park Senior Center on **July 22 & August 8** from **9:00a-12:00p**. Sign up sheets will be posted in the front reception area of the center. See you then!



COMPUTER SUPPORT TECHNICIAN

The IT staff at the Senior Center is in need of volunteers to assist with Windows computers and associated equipment.

Required Skills:

- **Experience with Windows Server 2019 software and hardware**
- Experience with **Windows 11** Operating Systems
- Experience with Windows Office Pro 2019 (or later) software.

Bonus Skills:

- IT Team management
- Experience with networks and network equipment
- Experience with internal computer hardware
- Experience with audio/visual equipment
- Experience with networked office printers
- Experience with printer hardware.

If you have experience with the above, and can volunteer 4 to 6 hours a week, contact **John Efird** at 321-704-0520 or itadmin@bcwpsc.org.

MAUREEN REEDER & ROMEO CELEBRATE A MILESTONE!

WPSC volunteer Maureen Reeder and her well-loved Therapy Dog, Romeo, are proud to share that Romeo has just graduated from Intermediate Obedience class at PetSmart! Many of you already know Romeo from his weekly visits to the Senior Center — and in a couple of weeks, he'll be starting his Advanced Obedience.

Way to go, Romeo!



CALENDAR OF EVENTS

JULY 2025

ACTIVITIES	MON	TUES	WED	THURS	FRI	SAT	SUN
Bingo (Doors Open at 10:00a)		11:15–2:00p			11:15–2:00p		
Bob Ross Style Beginners Oil Painting with Hobo Bob (CRI) (3rd & 4th Thursdays)				7/17 & 7/24 1:00–5:00p			
Bones & Balance (Register at 9:45a)	10:00–11:00a						
Bridge: Beginner Class	For Virtual Classes please see our website at www.bcwpssc.org and click "Bridge" icon						
Chat (Virtual)					9:30–11:00a		
Duplicate On-Site	Noon–3:30p		Noon–3:30p			Noon–3:30p	
Duplicate Class			10:15–Noon				
Duplicate Virtual Class / BBO Platform				12:15p			
Party Bridge			12:30–4:00p				
Rogue		12:15–4:00p					
Rubber				1:00–4:00p		12:30–3:30p	
Bunco (1st & 3rd Thursdays)				7/3 & 7/17 1:00–4:00p			
Chair Yoga		3:00–4:00p					
Chefs for Seniors Topic: Summer Treats (Sign-up at Front Desk)				7/10 11:00–12:30p			
Color Pencil Portrait for Beginners			9:30–11:00a				
Cornhole Tournaments (2nd & 4th Sundays) (12:30p Set-up & Practice)							7/13 & 7/27 1:30p
Euchre			6:00–9:00p				
Fusion Glass Workshop with Lauren						7/12 Noon–2:00p	
Hand & Foot	8:45–Noon				8:45–Noon		
Jazzercise Lo	8:30–9:30a		8:30–9:30a		8:30–9:15a		
Line Dancing		4:15–5:30p					
Mahjong: American	Noon–3:30p			9:00–Noon			
Chinese			1:00–4:00p				
Pinochle	12:30–4:30p				12:30–4:30p		
Poker: Dealer's Choice		11:30–4:00p			11:30–4:00p		
Friendly	1:00–4:00p						

CALENDAR OF EVENTS

JULY 2025

ACTIVITIES	MON	TUES	WED	THURS	FRI	SAT	SUN
Pool (Billiards) (Tournament: 2nd Wednesday of the Month)	8:30–4:30p	8:30–4:30p	8:30–4:30p	8:30–4:30p	8:30–4:30p	9:30–12:30p	
QiGong-TaiChi	8:30–9:30a		8:30–9:30a		8:30–9:30a		
Rummikub			1:00–4:00p				
Senior Law (4th Friday of the Month) (Sign-up at Front Desk)					9/26 2:00–4:00p		
Senior Stitchers				10:00–Noon			
SHINE (Call for appt. first)		9:00–Noon					
Strength / Flexibility				9:30–10:30a			
Shuffleboard	9:00–11:00a			6:00–8:30P		9:00–Noon	
Technical Training & Education Class w/ Alison (3rd Friday of the Month)					8/15 2:30–4:30p		
SHIELD™ Colorectal Cancer Screening		7/22 9:00–Noon			8/8 9:00–Noon		

Say Yes to New Adventures

CMS Rating
★★★★★

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ACTIVITIES & GAMES



TUESDAY & FRIDAY—Open to the Public!

Doors Open @ 10:00 am

Cards Sold @ 10:30 am–11:15 am

Early Bird Starts @ 11:15 am



Effective January 2025, we will no longer accept anything larger than \$20 bills.

Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more information, contact Brenda Clarson at 321-258-8837.

Bones & Balance

Mondays @ 10:00–11:00 am

Cost: \$5.00 Members / \$7.00 Non-Members



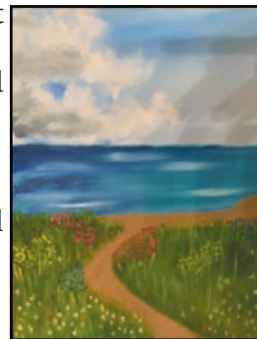
Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.

Bob Ross Style Beginners Oil Painting with Hobo Bob (CRI)

3rd & 4th Thursdays: July 17 & 24 @ 1:00–5:00 pm
Cost: \$50.00 PP (Includes All Supplies & WPSC Costs)
Sign-Up Sheet at Front Desk—Limit 6 People per Class

Come join us for a lot of fun!! Paint a beautiful landscape painting with us. Classes will be held on the third Thursday of each month; an overflow class will be held on the fourth Thursday of the month if there is enough interest. Please call the Center 321-425-5533 or come into the front desk and sign up.

For July we'll be painting the Path to the Sea. This painting is good for beginners, and you should be quite pleased with your finished painting. This painting will bring out the inner artist you may not even know you have.



All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, with just six participants, so Hobo Bob (CRI) has plenty of time to work with you as you paint your masterpiece.

Duplicate Bridge

On-site Games: Mon., Wed. & Sat. @ 12:00–3:30P

Cost: \$7.00 Members / \$9.00 Non-Members

CLASSES:

On-site Wednesday Classes Cancelled until October 1.

Free to those playing Bridge—\$5.00 if not playing.

Online Virtual Classes: Thursdays @ 12:15P on the BBO platform / Online classes \$5.00

On-site Duplicate bridge games are on Mondays, Wednesdays and Saturdays. Virtual online classes are also available. For the online schedule, please check out the latest on the website under the Bridge tab. Contact **Pam Page** at 321-537-0907 or pam.page@bellsouth.net for bridge-related questions.

Party Bridge

Wednesdays @ 12:30–4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Please contact **Tom Sanders** at 321-960-1894 prior to coming to this bridge for the first time.

ACTIVITIES & GAMES

Rogue Bridge

Tuesdays @ 12:15–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact Patricia Rosenthal at 321-626-5419.

Rubber Bridge

Thursdays @ 1:00–4:00 pm & Saturdays @ 12:30–3:30 pm

Cost: \$2.00 Members / \$4.00 Non-Members

Come on out for an afternoon of enjoyment at the bridge table. The Thursday point of contact is **Janet Walker** at 321-242-3173 and the Saturday point of contact is **Gayle Schanck** at 541-821-7070.



Bunco

1st & 3rd Thursday, **July 3 & 17** @ 1:00–4:00 pm

Cost: \$6.00 Members / \$8.00 Non-Members



Please join us every 1st and 3rd Thursday of the month for Bunco and arrive by 12:45 pm. Don't forget to bring your current membership card. Bunco ends about 3-3:30 pm. Please contact **Lisa Hofmann** at 760-717-6049 for more details and reservations (for set-up purposes). See you there for this fun activity. All you have to know is how to throw three dice.

Chair Yoga

Tuesdays @ 3:00–4:00 pm/Sign-in @ 2:45 pm

Cost: \$1.00 Members / \$3.00 Non-Members

This class is designed to help with overall wellbeing for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321626-1969.



Chef for Seniors

Classes @ 11:00 am–12:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members



- **July 10:** Summer Treats
- **September 11:** Topic TBA
- **November 13:** Topic TBA

Join **Chef Jillian** for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting. Please sign up at front desk to reserve your spot. **All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.**

Sponsored



Color Pencil Portrait Class for Beginners

Wednesdays @ 9:30–11:00 am

Cost: \$3.00 Members / \$5.00 Non-Members



Learn how to create a beautiful drawing from your favorite photograph! Bring your own portrait photograph to copy—Size: 5x8 (or other appropriate copy size). Supplies you will need to bring: Prismacolor Color Pencils, Watercolor Paper, Eraser, Pencil Sharpener (optional).

For more information contact **Ann Armerding** at 321-541-7027.

Euchre

Wednesdays @ 6:00–9:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Members must scan their card when entering and non-members must sign in.

Euchre has been a great success and as our Euchre continues to grow, it is now common to have 5-6 tables in action. We try to promptly start by 6:00 pm which means we should be signed in no later than 5:50 pm to allow time to set up the correct 3/4 player table configuration and draw for your seats. The payout structure has been altered so more people are sharing the prize pool. That means if there are up to 30 players even eighthtakes home a piece of the purse. more information, contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com).

ACTIVITIES & GAMES

Cornhole Tournaments

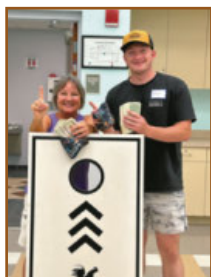
Sunday, **July 13 & 27** @ 1:30 pm

Setup & Practice Starting @ 12:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

(Annual Membership for 50+ is \$20)

Cornhole is welcome to all ages! The May 25 tournament had 17 players (9-Team Double elimination bracket) and paid out for 1st and 2nd place. We would like to welcome new players Scott Vanaman, and his son Eric, to our family.

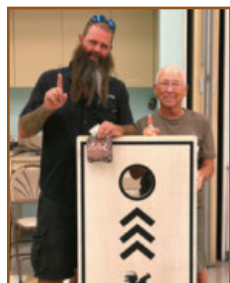


1st Place: Kathy & Eric V

May 25
Winners



2nd Place: John W & James J



1st Place: James & Richard

June 8
Winners



2nd Place: Don M & Amy



1st Place: Scott & Johnna

June 15
Winners



2nd Place: Richard & Kathy

Rules for Senior Center:

- Age 50 to 69: 27-ft. front edge to front edge; (Dist. of Boards)
- Age 70 to 79: 25-ft. front edge to front edge
- Age 80 to 90: 23-ft. front edge to front edge
- Age 90 Plus/Non-Ambulatory: 21-ft. front edge to front edge

For any questions, please contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com) or **Amy Longtin** at 321-205-5161 (ajglrt@yahoo.com).

Hand & Foot Card Game

Mondays & Fridays 8:45 am–Noon / Setup @ 8:30 am

Cost: \$1.00 Members / \$3.00 Non-Members

Join this group of friendly and competitive players for a time well spent. Contact **Beverly Morgan** at 303-458-8273 for more information.



Fusion Glass Workshop w/Lauren

Cost: \$70 PP (Includes All Supplies & Kiln-Firing of Project & WPSC Costs)

Join us for a hands-on workshop where you'll explore the unique and captivating art of fused glass. No prior artistic or creative skills are required—just a willingness to experiment and have fun! If you're unfamiliar with "fusible glass," don't worry—I'll guide you through the entire process. Each workshop is designed to be engaging, stress-free, and beginner-friendly. Classes are limited to **16 participants**, with a **minimum of 4 required** to run. **Registration closes one week before the workshop date**, so be sure to reserve your seat early and invite your friends to join. *Sign up sheet is in the lobby of WPSC. For more logistic details visit: <https://www.glassbylauren.com/wpwc-workshop-sign-ups>. **Closed-toe shoes required for safety.** For questions, call or text 310-483-3229. Secure your spot today and experience the magic of fused glass! **All basic supplies are included.**

Upcoming Fusion Glass Workshops:

Saturday, July 12, 2025 @ Noon–3:00P

Project: Fused Glass Wave Plaque or Table Decor

In this session, you'll create a 10"x 6" fused glass wave plaque, designed entirely by you. Whether you prefer bold, vibrant colors or a more serene, ocean-inspired look, the choice is yours. Once completed, you can hang your piece as a wall plaque or opt to purchase a driftwood stand for display.

ACTIVITIES & GAMES

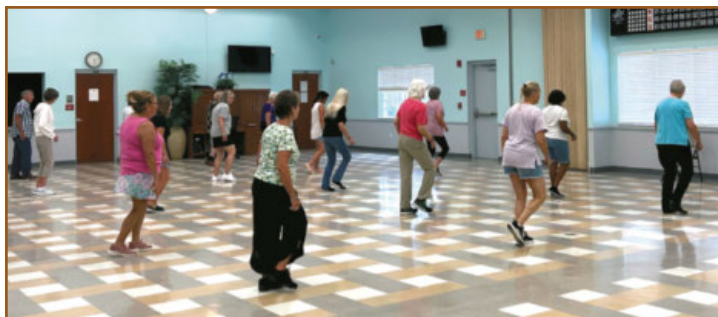
Jazzercise Lo

Mon. & Wed. @ 8:30–9:30 am and Fri. @ 8:30–9:15 am
Members: \$60.00/Month & Walk-ins \$15.00/Day

Join us for a fun and energized Jazzercise Lo class. Dance away those extra calories using Low Impact moves that yield MAXIMUM results! We use muscles, not momentum, to get a total body workout without the impact on your joints. For more information, contact **Ginny Parker** at 321-698-0445.

Line Dancing

Tuesdays @ 4:15–5:30 pm
Cost: \$6.00 Members / \$8.00 Non-Members



Happy 4th of July to all of our family here at Wickham Park Senior Center. Summer provides us such a lovely time to make new friends so come on in! If you haven't already, check out our programs! Come try my Line Dance Class on Tuesday at 4:15–5:30. Line Dancing promotes flexibility, balance and brain gym! Come join in the fun! For more information call Sue at 321-505-0846.

Mahjong

American: Mondays @ Noon–3:00 pm & Thursdays @ 9:00 am–Noon
Cost: \$1.00 Members / \$3.00 Non-Members
Chinese: Wednesdays @ 1:00–4:00 pm
Cost: \$5.00 Members / \$7.00 Non-Members



Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! Contact **Patricia Rosenthal** at 321-626-5419 (American) or **Linda Milo** at 321-506-2672 (Chinese).

Pinochle

Mondays & Fridays @ 12:30–4:30 pm
Cost: \$1.00 Members / \$3.00 Non-Members

For more information, contact **Bill Mueller** at 321-242-4999 (Mondays & Fridays).

Poker (Dealers Choice)

Tuesdays & Fridays @ 11:30 am–4:00 pm
Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Bill Seigel** at 813-416-0428.

Poker (Friendly)

Mondays @ 1:00–4:00 pm
Cost: \$1.00 Members / \$3.00 Non-Members

Attention: Players Needed!
Pennies Only. Call ahead to attend. Contact **Beverly Morgan** at 303-458-8273.



Pool (Billiards)

Monday thru Friday @ 8:30 am–4:30 pm
Saturday 9:30 am–12:30 pm
Tournaments: 2nd Wednesday of Every Month
Cost: \$1.00 Members / \$3.00 Non-Members
Plus \$.50 per Day or \$2.00 per Week

YE OL Pool Room 8-Ball Tournament June 11 Results:

- 1st: Joe Franco
- 2nd: Jerry Bertekap
- 3rd: Sam Campese
- 4th: Bob Furlong

Next tournament is July 9. Questions? Contact **Wally Topinko** at 321-622-4977.

QiGong-TaiChi

Mon., Wed., & Fridays @ 8:30–9:30 am
Cost: \$5.00 Members / \$7.00 Non-Members

For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them. One of the most promising interventions is TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. **Laura Parsons**, Certified Instructor at 321-474-5374.

ACTIVITIES & GAMES

Rummikub

Wednesdays @ 1:00–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Contact **Peggy Miles** at 732-688-6268.

Shuffleboard

Open Play: Monday 9–11 am

Open Practice: Thursday 6–8:30 pm

Saturday 9 am–Noon

Cost: \$1.00 Members / \$3.00 Non-Members

For more information on learning how to play or participating in tournaments, call **Tom**

Winkelspecht at 321-446-3283 or email:

tawinkii@me.com

Senior Law

NO SEMINAR IN JUNE, JULY & AUGUST.

4th Friday of the Month (**September 26**) @ 2:00–4:00P

Cost: Free to All WPSC Members

The Slonim Law Firm invites you to attend a FREE seminar and question/answer session on the 4th Friday of each month at WPSC Room 117.

Topics:

- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Digital Assets
- Medicaid and Asset Protection Options
- General Dementia Issues
- Guardianships
- Probate Matters
- Living Wills

Seating is limited. Please sign up at the front desk. Any questions, call the Law office at 321-757-5701.



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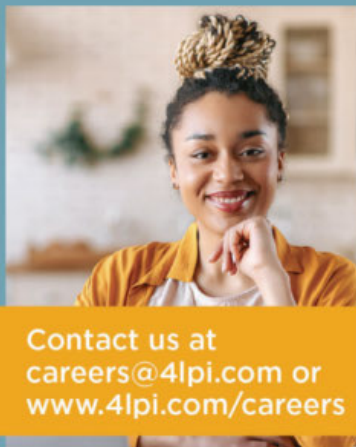
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ACTIVITIES & GAMES

Senior Stitchers

Thursdays @ 10:00 am–Noon in Room 114
Cost: \$1.00 Members / \$3.00 Non-Members



Would you like to learn to Knit or Crochet or do you already know how to Knit or Crochet? If so, please join us for a morning of friendship and pleasant conversation while learning new skills and stitches while helping each other to share and improve our skills. What to Bring: If you are already experienced, please bring a WORK IN PROGRESS that you'd like to work on. If you're a beginner, please bring some worsted yarn and some Size 8 knitting needles or a Size G crochet hook. For more information contact **Laurie Liguori** at 917-882-9898.



"Choose to be
optimistic, it
feels better."

—DALI LAMA

Strength/Flexibility

Thursdays @ 9:30–10:30 am
Cost: \$4.00 Members / \$6.00 Non-Members

Fitness Unlimited by Design presents a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We workcore, arm and leg strength. Questions? Please contact **Susie Salvetti** at 321-626-0282.



Technical Training & Education on Computer & Cell Phone

NO CLASSES IN JUNE & JULY

3rd Friday of the Month (**August 15**) @ 2:30–4:30 pm

Cost: \$1 Members / \$3.00 Non-Members

Phone/Tablet Beginner: 2:30–3:15 pm

Phone/Tablet Interim/Advanced: 3:15–4:00 pm

Laptop computer: 4:00–4:30 pm

(iPad/ tablet questions taken during any class)



Try one or stay for all 3! Room 117, 18-person limit. Use the sign-up sheet on the front table or text or call **Alison** at 954-376-2444 to confirm. Exercise your brain in a fun, interactive hour with a relevant and patient approach. For more personalized assistance, unsure of your level, or for desktop computers, don't hesitate to contact Alison.

TRAVEL NEWS

Winter Park Museum, Boat Ride & Lunch at the Cheesecake Factory

Date: September 11, 2025

Cost: \$189 PP

Time: Leaves WPSC at 8:00 am / Returns at 6:00 pm

The Morse Museum houses the world's most comprehensive collection of works by Louis Comfort Tiffany (1848-1933). Winter Park's Scenic Boat Tour is a natural attraction with hour-long, guided cruises through three of the seven lakes and two, narrow manmade canals on the tranquil Winter Park Chain.

The Winter Park Playhouse: Forever Plaid & the Cheesecake Factory

Date: October 9, 2025

Cost: \$189 PP

Time: TBD

This hit Off-Broadway musical comedy pays homage to the close-harmony "guy groups" of the 1950s. The Plaids, a quartet of high school chums, dreamt of becoming stars but never got the chance. They return from the afterlife for one final shot at musical glory and perform hit songs including "Three Coins in the Fountain," "Sixteen Tons," "Chain Gang," "Heart and Soul," "Rags to Riches" & "Love is a Many-Splendored Thing." Before the play enjoy a wonderful lunch at the Cheesecake Factory. Bring a small cooler for your cheesecake or eat your cheesecake and bring the cooler for your leftover food.

Charleston, SC

Date: October 20-23, 2025

Cost: \$707 PP Double / \$927 PP Single

Time: TBD

Historic Charleston guided tours including visits to Fort Sumter with boat ride and free time to explore on your own, Charleston's historic city market, and admission to the beautiful Magnolia Plantation. Package includes deluxe roundtrip motor coach transportation, 3 nights deluxe accommodations and 3 breakfasts, 3 dinners at fine local restaurants.

Mount Dora Craft Fair

Date: October 25, 2025

Cost: \$69 PP

Time: Leaves WPSC at 7:45 am / Returns at 5:30 pm

This is one of Central Florida's favorite festivals and what a perfect time of the year to host a craft fair with the cooler weather and the holidays just around the corner. Contact the WPSC Travel Office for more information.

Murder Mystery Dinner Train

Date: November 2-3, 2025

Cost: \$629 PP Double / \$779 Single Occupancy

Time: Leaves WPSC at 11:00 am /Returns Next Day at 6:30 pm

The Murder Mystery Dinner Train is a evening of fun, food, and murder! You'll love this 3-1/2 hour train ride aboard the Seminole Gulf Railway. Contact the WPSC Travel Office for more information.

First Annual Senior Center Fundraiser Cruise* Aboard the New MSC World America

Date: November 8-15, 2025

	Double Occ.	Ins.	Single Occ.	Ins.
Interior	\$1,249	\$139	\$1,942	\$169
Oceanview	\$1,449	\$169	\$2,382	\$199
Balcony	\$1,699	\$199	\$2,802	\$229

Deposit of \$400pp must be paid at time of reservation. Final payment & insurance is due by August 1, 2025. Insurance is non-refundable.

Enjoy an 8-day cruise from Miami to the beautiful destinations of Isla De Roatan, Honduras, Costa Maya and Cozumel, Mexico and Ocean Cay MSC Marine Reserve in the Bahamas.

**For every person booked Travel Expressions, Inc. will make a \$25 donation to the Senior Center. (If cancelled, money must be refunded to Travel Expressions, Inc.)*

ICE! at the Gaylord Palms, Cirque Show & Dinner at the Olive Garden

Date: November 20, 2025

Cost: \$199 PP

Time: TBD

ICE! will be back this year. The signature holiday attraction will feature your favorite scenes from a beloved story. More than two million pounds of ice will be hand-carved. Blue parkas will be provided but please bring hat, gloves and wear closed toe shoes as the temperature will be a nippy 9 degrees. We will have reserved seating for the showing of The Cirque Show which will feature dazzling acrobatics, feats of flexibility, and high-flying stunts. There are several places within the hotel to get lunch, snacks, coffee, hot chocolate & specialty beverages.

Mount Dora Christmas

Date: December 5, 2025

Cost: \$69 PP

Time: Leaves WPSC at 3:00 pm / Returns at 10:00 pm

Celebrate the 2025 holidays against a backdrop of over 2 million sparkling lights in beautiful downtown Mount Dora. Contact the WPSC Travel Office for more information.

TRAVEL NEWS

Saint Augustine Day Trip

Date: December 9, 2025

Cost: \$89 PP

Time: Leave WPSC at 12:00 pm / Returns at 8:45 pm

Sign up now for our exciting one day excursion to St. Augustine, our nation's oldest city. We will be stopping at Bucees in Daytona for lunch on your own. We should arrive at St. Augustine about 3pm. You will have from 2pm to 5:30pm to shop and eat. At 5:45pm we will meet at the Visitors Center for a 30-minute narrated Trolley Tour through the historic district. We will depart for home at approximately 7pm.

Sleuths Mystery Dinner Shows

Date: February 5, 2026

Cost: \$169 PP

Time: TBD

Join us for a comedy mystery show where you become the detective and solve the crime! Sleuths Mystery Dinner Shows over two-hour long experiences will keep

you talking for years to come! You'll be treated to a hilarious 45-minute comedy mystery where all the clues are presented and you help solve the crime. Enjoy a delicious dinner as you formulate insightful (and not so insightful) questions for the live interrogation. After dinner, each table gets to ask questions and uncover additional clues. It's improvisational comedy that will have you in side-splitting laughter! Your evening concludes with your choice of a yummy "mystery" dessert as you make your final guess as to who committed the crime. Then, watch as our detective unveils the actual criminal and then awards fun prizes to those of you who were successful Sleuths!

Please visit our website www.bcwpsc.org, for more information or call the office at 321-425-5530 Monday–Friday, 9:00 am–1:00 PM



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OUR SPONSORS

The Officers and Membership of Wickham Park Senior Center appreciates the continued support of our many Sponsors. As an all volunteer-run organization, their continued financial support allows us to offer Activities and Social events for our members.

Diamond Level Sponsors



Gold Level Sponsors



Meet & Greet Schedule

Our monthly Meet & Greets with our sponsors have been scheduled for Tuesday and Friday mornings from 9–11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them:

- Better Health Group (BHG) - 3rd Tuesday:
 - July 15, August 19, Sept. 16 @ 9:00-11:00 am
- Brookdale West Melbourne - 3rd Tuesday:
 - July 15, August 19, Sept. 16 @ 9:00-11:00 am
- Freedom Health - 4th Tuesday:
 - July 22, August 26, Sept. 23 @ 9:00-11:00 am
- Health First - 1st Tuesday:
 - July 1, August 5, Sept. 9 @ 9:00-11:00 am
- Moore Insurance - 2nd Tuesday:
 - July 8, August 12, Sept. 9 @ 9:00-11:00 am
- Narlock Insurance/United Healthcare - 3rd Friday:
 - July 18, August 15, Sept. 19 @ 9:00-11:00 am
- Physician Partners - 2nd Tuesday:
 - No July, August 12, Sept. 9 @ 9:00-11:00 am
- Pinnacle Home Care - 2nd Friday:
 - July 11 @ 9:00-11:00 am
- RVH Insurance - 4th Friday:
 - July 25, August 22, Sept. 25 @ 9:00-11:00 am
- Thrive USA Homecare - 3rd Friday:
 - July 18 @ 9:00-11:00 am
- Tiny Dog Cleaning - 2nd Friday:
 - July 11, August 8, Sept. 12 @ 9:00-11:00 am

IN EVERY ISSUE



New Members in May

Anderson, Shelly	Moran, Helen
Avilla, Frank	Nohrr, Donald
Bacsik, Jim	Orth, Lynn
Beckage, Sharon	Patwari, Arti
Blackwell, Helga Marga	Poojara, Janak (JR)
Davi, Mary	Rosenfield, Andrew
Ferraioli, Linda	Senner, Sandra
Ferraioli, Louis	Smith, Nelsie
Fowler, James R	Starr, Kymm
Genuise, Michele	Sydnor, Michael
George, Susan	Tenelly, Anthony
Homer, Karen	Tenelly, Donna
Hurley, Kathy	Thursby, Darcy
Jellie, Carol	Vanaman, Andrea
Kardach, Leslie	Vanaman, Scott
Linville, Richard	

COMMENTS? We Value Your Opinion!



There's a SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPSC!

Wickham Park Senior Center Holiday Closures for 2025

To enable our volunteers to spend more time with their families during the upcoming holiday season, Wickham Park Senior Center will be closed on the following dates:

- **4th of July Holiday:**
 - Friday, July 4, 2025
 - Saturday, July 5, 2025
- **Labor Day Holiday:**
 - Monday, September 1, 2025
- **Thanksgiving Holiday:**
 - Wednesday, November 26, 2025
(Day before Thanksgiving)
 - Thursday, November 27, 2025
(Thanksgiving Day)
 - Friday, November 28, 2025
(Friday after Thanksgiving)
 - Saturday, November 29, 2025
- **Christmas Holiday:**
 - WPSC will be closed the entire week of Christmas – Monday, December 22 through Sunday, December 28.
We will re-open Monday, December 29
- **New Year's Holiday:**
 - Wednesday, December 31 - Closing at 12:30 pm
 - Thursday, January 1, 2026 (New Year's Day)
We will re-open Friday, January 2, 2026.

Deadline for copy submission to the newsletter is the
15th of each month. Please email copy to:
news@bcwpsc.org

Wickham Park Senior Center is not equipped, nor intended to be a senior care facility. WPSC activities are geared toward independent adults who are able to manage their own care, decision making and safety. WPSC's insurance prohibits, and WPSC cannot be responsible for, the provision of physical assistance to individuals on the premises. If an adult companion is needed, the companion may participate in the activity if they desire, regardless of age, and must pay all fees associated with the activity. WPSC reserves the right to prevent persons from being on premises if the WPSC leadership believes that person would cause harm to themselves or others.



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