

# JANUARY 2026

2785 Leisure Way  
Melbourne, FL 32935  
(321) 255-4494

Monday-Friday: 8:30 am–4:30 pm  
Saturday: 9:30 am–12:30 pm  
Sunday: CLOSED  
[www.bcwpssc.org](http://www.bcwpssc.org)



# Friendship Flyer

## President's Message

Happy New Year to everyone! I hope your holidays were fantastic and that you're looking forward to a wonderful 2026.

I hope you had a chance to stop by our Christmas Tree in the lobby to see all the beautiful ornaments our members made and entered into our First Ornament Contest. We definitely have some very talented members at WPSC. After a record 173 votes, the **1st Place winner was Ginny Parker, the 2nd Place winner was Phyllis Anderson and the 3rd Place winner was Terry Aran.** Congratulations to our winners and thanks to everyone who participated in this year's contest. A special thanks to Lori Ebbensgard for spearheading this project.

I also want to thank all of our members who participated in our Salvation Army outreach program this year. Thanks to your generosity, we were able to provide gifts for seniors to fulfill all 50 of the Salvation Army Christmas tags we received. Thanks to Beverly Morgan for spearheading this program.

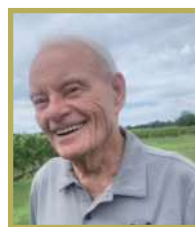
At this year's Annual Meeting we had a total of 72 members in attendance. Since there were only four (4) people running for the four (4) open positions on the Board, this year's election was held during the annual meeting. **The newly elected board members elected to a 3-year term are Janice Oppelt, Beverly Morgan, Ginny Parker and Barbara Carlson.** Congratulations to the new board members. The next board meeting will be on Monday, January 12th at 9:30 am where we will elect officers for the 2026 Board. We will post the results on the bulletin board and in next month's newsletter. You can also read more about what transpired at the Annual Meeting on page 2.

Please mark your calendar for **Friday, February 13** from 4:30 pm to 7:00 pm to attend our **"That's Amore" Valentines Dinner/Dance.** Cost is \$20 per person and we will be serving an Italian Dinner catered by Genna Pizza. Tickets will go on sale in mid-January. See page 3 for more details.

Lastly, I'm sad to report that Vinnie Germann passed away on November 30. Vinny moved to New York this past year to be with his family, but before that he was a permanent resident at WPSC – I called him the man who knew and did everything at WPSC. In addition to be one of our Lifetime Members, a few of his accomplishments at WPSC included serving on the board as Vice President for many years, founding the Friendly Poker Group and running our Friday Night Dinners. He was my "go-to-person" at WPSC when I became president and he has been, and will be, sorely missed. Rest-in-Peace Vinnie.



Diane Weinzierl



## Officers

President: Diane Weinzierl  
Vice President: Janice Oppelt  
Secretary: Lori Ebbensgard  
Treasurer: Colleen Barneman

## Directors

Celeste Garcia Ginny Parker  
Barbara Carlson Janet Smith  
Beverly Morgan Sharon Sneary  
Pam Page Rosann Testa

## Staff

IT Systems Admin: John Efird  
Webmaster: Maureen Reeder  
Sunshine: JoAnn Efird  
Newsletter: Nilda Rosario

## Directory

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Treasurer: [treasurer@bcwpssc.org](mailto:treasurer@bcwpssc.org)  
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Travel Office: [travel@bcwpssc.org](mailto:travel@bcwpssc.org)  
Front Desk: [reception@bcwpssc.org](mailto:reception@bcwpssc.org)  
Bridge Club: [bridge@bcwpssc.org](mailto:bridge@bcwpssc.org)  
Newsletter: [news@bcwpssc.org](mailto:news@bcwpssc.org)  
IT Admin: [itadmin@bcwpssc.org](mailto:itadmin@bcwpssc.org)

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## MISSION STATEMENT

Our mission is to provide a welcoming and engaging environment where seniors can stay active, learn new skills, and build lasting friendships. Through a wide variety of classes, games, arts, and social activities, we celebrate independence, creativity, and community connection.

*There are no strangers here—only friends you have yet to meet!*



# IMPORTANT NEWS

## MONTHLY BOARD MEETING

The WPSC Board of Directors meetings are held on the 2nd Monday of each month at 9:30 am. The next meeting will be **January 12 at 9:30 am, Room 117**. All WPSC members are welcome to attend.

## LIFEWAVE WINS BIOTECH AWARD

The 2025 BioTech Award was given to LifeWave for **“Stem Cell Innovation of the Year”!** That’s right! Stem Cell Innovation in a PATCH called X39. You put it on your skin; it uses the body’s own LIGHT (100,000 biophotons per second) to activate the p63 gene, mobilizing the body’s own dormant stem cells. By the time a person reaches 35 years of age, 50% of these cells have gone dormant. There are No drugs, No injections, nor any Chemicals in these patches. **You Are the Power Source.** Nothing external enters your body. Your own body produces the LIGHT that elevates the GHK-cu peptide, and then does what nature intended it to do.

LifeWave’s CEO and Inventor of these incredible patches, David Schmidt, says he chose Direct Sales as a way to distribute his products for the unexpected rewards that came with relationship building. All of his distributors are personally trained by him. A salesclerk at a retail store could never give his customers the personal care and attention that his distributors give to their customers. For that reason, he fell in love with the Direct Sales industry.

Karen Grey Seeley is a licensed minister that believes we were created as Beings of Light. (John 12:36) LifeWave has become her ministry.

There is so much more to learn about LifeWave, which is why Karen is a sponsor at WPSC. Her mother passed at 100, but the last 10 years of her life were spent imprisoned in her own mind. Karen is on a mission to keep that from happening to anyone else. As a minister, Karen believes there is no such thing as an “incurable” disease.

Join Karen for a presentation on Friday, March 6 from 2:00 – 3:30 pm.

## NEED TO SCHEDULE AN APPOINTMENT WITH SHINE?



The WPSC SHINE Group is available Tuesdays from 9:00 am to 12:00 Noon in Room 104. Anyone interested can call 407-514-1800 to schedule an appointment. No fee required!

## PRESIDENT’S REPORT FROM DECEMBER 3, 2025 ANNUAL MEETING

If you were unable to attend our Annual Meeting/Hot Chocolate & Cookie Reception on December 3, below is a brief overview of what was presented. Thanks to Pam Page and her team for putting together and serving the fabulous spread of cookies and hot chocolate.

### Key Accomplishments for the year:

- Membership increased by 10% with 1,450 paid members – our highest number in over 8 years.
- Free membership was lowered from age 95 to age 90.
- A new 5-year lease was signed with Brevard County.
- Paid sponsors increased to 15 this year – up from 12 last year.
- Key new purchases included a new microphone system, new bridge tables, and new chair racks.
- A new “Welcome” sign was installed on the lobby wall behind the front desk.

### Breakdown of our net income for the 2025 fiscal year:

- 29% - Bingo
- 18% - Membership Dues
- 18% - Other Program Activities
- 12% - Bridge
- 6% - Concession & Social Events
- 6% - Donations
- 5% - Interest & Miscellaneous Income
- 3% - Travel
- 3% - Sponsorships

### Breakdown of our spending for the 2025 fiscal year:

- 26% - Janitorial
- 25% - Utilities
- 14% - Office Expenses
- 10% - Rent & Building Expenses
- 10% - Member Activity Expenses
- 9% - Equipment/Depreciation
- 6% - Insurance

### 2026 Plans:

- Currently there are no plans to increase membership dues – still remaining at \$20 a year.
- Launch a new, updated, website.
- Plans to hold at least 2 Friday night dinners
- Planning one Craft/Rummage Fair – Sept. 26, 2026
- We again requested that the county budget funds to replace the main hall curtain dividers.

We hope to see everyone at our meeting next year!

# IMPORTANT NEWS

**WICKHAM PARK SENIOR CENTER**

*presents*

**That's Amore!**

**DINNER & DANCE**

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**FRIDAY, FEBRUARY 13 - 4:30-7:00 PM**

**\$20 PER PERSON**

**TICKETS ON SALE MONDAY, JANUARY 12, 2026**

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**Games & Drawings:**

- 50/50
- MUSICAL HEARTS WALK
- DOOR PRIZE

**Entertainment By  
EILEEN & LOUIE**



**Italian Dinner from  
Genna's Restaurant**

**MENU:**

- BAKED ZITI
- MEATBALLS
- SAUSAGE & PEPPERS
- GARLIC KNOTS
- BREAD
- DESSERT

# CALENDAR OF EVENTS

## JANUARY 2026

ACTIVITIES	MON	TUES	WED	THURS	FRI	SAT	SUN
<b>Bingo</b> (Doors Open at 10:00a)		11:15–2:00p			11:15–2:00p		
<b>Bob Ross Style Beginners Oil Painting with Hobo Bob (CRI)</b> (3rd & 4th Thursday)				1/15 & 1/22 1:00–5:00p			
<b>Bones &amp; Balance</b> (Register at 9:45a)	10:00–11:00a						
<b>Bridge:</b> Beginner Class	For Virtual Classes please see our website at <a href="http://www.bcwpssc.org">www.bcwpssc.org</a> and click "Bridge" icon						
Chat (Virtual)					9:30–11:00a		
Duplicate On-Site:	Noon–3:30p		Noon–3:30p			Noon–3:30p	
Beginner Class			9:00–1100a	10-Week Class (\$100.00) Starting October 1			
Intermediate Class	10:00–Noon	Starting November 3 - \$5.00 Each Class					
Duplicate Virtual Class / BBO Platform				12:15p			
Party Bridge			12:30–4:00p				
Rogue		12:15–4:00p					
Rubber				1:00–4:00p		12:30–3:30p	
<b>Bunco</b>				1/15 1:00–4:00p			
<b>Chair Yoga</b>		3:00–4:00p					
<b>Chefs for Seniors</b> <b>Topic: Anti- Inflammatory Recipes</b>				1/22 11:00–12:30p			
<b>Color Pencil Portrait for Beginners</b>			9:40–Noon				
<b>Cornhole Tournaments</b> (2nd & 4th Sundays)						(12:30p Set-up & Practice)	1/11 & 1/25 1:30p
<b>Euchre</b>			6:00–9:00p	<b>Resumes January 7</b>			
<b>Fusion Glass Workshop with Lauren</b> <b>Project: Glass Plant Stakes (6)</b>						3/21 Noon–3:00p	
<b>Hand &amp; Foot</b>	8:45–Noon				8:45–Noon		
<b>Jazzercise Lo</b>	8:30–9:30a		8:30–9:30a		8:30–9:15a		
<b>Line Dancing</b>		4:15–5:30p					
<b>Mahjong: American</b>	Noon–3:30p			9:00–Noon			
Chinese			1:00–4:00p				
<b>Pinochle</b>	12:30–4:30p				12:30–4:30p		
<b>Poker: Dealer's Choice</b>		11:30–4:00p			11:30–4:00p		
Friendly	1:00–4:00p						

# CALENDAR OF EVENTS

## JANUARY 2026

ACTIVITIES	MON	TUES	WED	THURS	FRI	SAT	SUN
Pool (Billiards)	8:30–4:30p	8:30–4:30p	8:30–4:30p	8:30–4:30p	8:30–4:30p	9:30–12:30p	
	<b>Tournament: 2nd Wednesday of the Month January 14 @ 11:00 am</b>						
QiGong-TaiChi	8:30–9:30a		8:30–9:30a		8:30–9:30a		
Rummikub			1:00–4:00p				
Senior Law (4th Friday of the Month)					<b>1/23</b> 2:00–4:00p		
Senior Stitchers				10:00–Noon			
SHINE		9:00–Noon	Call for appointment first.				
Strength / Flexibility	Class is Full – Contact PM for wait list.			9:30–10:30a			
Shuffleboard	9:00–11:00a			6:00–8:30p		9:00–Noon	
	<b>District Tournament: January 15 &amp; 16</b>						

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# ACTIVITIES & GAMES

## BINGO!

**TUESDAY & FRIDAY—Open to the Public!**  
**Doors Open @ 10:00 am**  
**Cards Sold @ 10:30 am–11:15 am**  
**Early Bird Starts @ 11:15 am**



**Effective January 2025, we will no longer accept anything larger than \$20 bills.**

Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more information, contact Brenda Clarson at 321-258-8837.

### Bones & Balance

**Mondays @ 10:00–11:00 am**  
**Cost: \$5.00 Members / \$7.00 Non-Members**



Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.

### Bob Ross Style Beginners Oil Painting with Hobo Bob (CRI)

**3rd & 4th Thursday: January 15 & 22 @ 1:00–5:00 pm**  
**Cost: \$50.00 PP (Includes All Supplies & WPSC Costs)**  
**Sign-Up Sheet at Front Desk—Limit 6 People per Class**

These classes are easy and fun!! Paint a beautiful landscape painting with us. Classes will be held on the third Thursday of each month; an overflow class will be held on the fourth Thursday of the month if there is enough interest. Please call the Center 321-425-5533 or come into the front desk and sign up.



For January we'll be painting Cabin Under Clouds. This painting is good for beginners, and you should be quite pleased with your finished painting. This painting will bring out the inner artist you may not even know you have. All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, with just six participants, so Hobo Bob (CRI) has plenty of time to work with you as you paint your masterpiece.

### Duplicate Bridge

**On-site Games: Mon., Wed. & Sat. @ 12:00–3:30P**  
**Cost: \$7.00 Members / \$9.00 Non-Members**

#### CLASSES:

- **Beginner Bridge Class: Wednesdays @ 9:00–11:00 am 10-Week Class (\$100.00) Starting October 1**
- **Intermediate Bridge Class: Mondays @ 10:00 am–Noon Starting November 3 @ \$5.00 each class**
- **Online Virtual Classes: Thursdays @ 12:15P on the BBO platform / Online classes \$5.00**



On-site Duplicate bridge games are on Mondays, Wednesdays and Saturdays. Virtual online classes are also available. For the online schedule, please check out the latest on the website under the Bridge tab. Contact **Pam Page** at 321-537-0907 or [pam.page@bellsouth.net](mailto:pam.page@bellsouth.net) for bridge-related questions.

# ACTIVITIES & GAMES

## Party Bridge

Wednesdays @ 12:30–4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Please contact **Tom Sanders** at 321-960-1894 prior to coming to this bridge for the first time.

## Rogue Bridge

Tuesdays @ 12:15–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact Patricia Rosenthal at 321-626-5419.

## Rubber Bridge

Thursdays @ 1:00–4:00 pm & Saturdays @ 12:30–3:30 pm

Cost: \$2.00 Members / \$4.00 Non-Members

Come on out for an afternoon of enjoyment at the bridge table. The Thursday point of contact is **Janet Walker** at 321-242-3173 and the Saturday point of contact is **Gayle Schanck** at 541-821-7070.



## Bunco

Thursday, **January 15** @ 1:00–4:00 pm

Cost: \$6.00 Members / \$8.00 Non-Members



Please join us every 1st and 3rd Thursday of the month for Bunco and arrive by 12:45 pm. Don't forget to bring your current membership card. Bunco ends about 3-3:30 pm. Contact **Lisa Hofmann** at 760-717-6049 for

more details and reservations (for set-up purposes). See you there for this fun activity. All you have to know is how to throw three dice.

this is  
MY YEAR TO  
Sparkle

## Chair Yoga

Tuesdays @ 3:00–4:00 pm/Sign-in @ 2:45 pm

Cost: \$1.00 Members / \$3.00 Non-Members



This class is designed to help with overall wellbeing for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.

## Chef for Seniors

Classes @ 11:00 am–12:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

- **January 22 - Anti-Inflammatory Recipes**
- **March 12 - Spring into Wellness**
- **May 14 - Salads & Dressings**
- **July 16 - Summer Treats**
- **September 10 - Fall Flavors**
- **November 12 - Healthy Holidays**

Join Chef Jillian for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting. Please sign



up at front desk to reserve your spot. All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.

Sponsored



# ACTIVITIES & GAMES

## Color Pencil Portrait Class for Beginners

Wednesdays @ 9:40 am–12:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members



Learn how to create a beautiful drawing from your favorite photograph! Bring your own portrait photograph to copy—Size: 5x8 (or other appropriate copy size).

Supplies you will need to bring:

Prismacolor Color Pencils, Watercolor Paper, Eraser, Pencil Sharpener (optional). For more information contact **Donald Langford** at 321-298-6839.

## Cornhole Tournaments

Sunday, **January 11 & 25** @ 1:30 pm

Setup & Practice Starting @ 12:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members  
(Annual Membership for 50+ is \$20)

Cornhole is welcome to all ages! Cornhole Tournaments will be held indoors at the WPSC every 2nd and 4th Sundays (excluding conflict with holidays). Don't forget to scan your membership card at the front desk.

November 16 Winners:

1st Place: Daryl & Frank

2nd Place: Dale & John



Rules for Senior Center:

- Age 50 to 69: 27-ft. front edge to front edge
- Age 70 to 79: 25-ft. front edge to front edge
- Age 80 to 90: 23-ft. front edge to front edge
- Age 90 Plus/Non-Ambulatory: 21-ft. front edge to front edge

For any questions, please contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com) or **Amy Longtin** at 321-205-5161 (ajglrt@yahoo.com).

## Fusion Glass Workshop w/Lauren

**NEXT WORKSHOP: MARCH 21**

**PROJECT: GLASS PLANT STAKES (6)**

Cost: \$70 PP (Includes All Supplies & Kiln-Firing of Project & WPSC Costs)

Are you in search of a delightful and soothing way to express your creativity? Join us for an interactive fused glass workshop tailored for inquisitive beginners—no need for any artistic skills! If the term "fusible glass" is new to you, fear not—I'll guide you through the entire process step by step. We'll kick things off with a short introduction to kiln-fired glass and learn how to cut basic shapes. Then comes the exciting part: crafting your unique glass piece using a vibrant array of materials. Your completed project will be kiln-fired off-site and will be available for pickup at WPSC (for members) or at my studio in Merritt Island. Prefer shipping? That's available too! This Workshop is friendly for beginners, creative and stress-free. Classes are limited to 16 participants, with a minimum of 4 required to run. Registration closes one week before the workshop date, so be sure to reserve your seat early and invite your friends to join. For more logistic details visit: <https://www.glassbylauren.com/wpsc-workshop-sign-ups>.

Closed-toe shoes required for safety. For questions, call or text 310-483-3229. Reserve your spot today and discover the enchantment of fused glass! All essential supplies are included.

## Euchre

**RESUMES JANUARY 7**

Wednesdays @ 6:00–9:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

**Members must scan their card when entering and non-members must sign in.**

Euchre has been a great success and as our Euchre continues to grow, it is now common to have 5-6 tables in action. We try to promptly start by 6:00 pm which means we should be signed in no later than 5:50 pm to allow time to set up the correct 3/4 player table configuration and draw for your seats. The payout structure has been altered so more people are sharing the prize pool. That means if there are up to 30 players even eighth takes home a piece of the purse. For more information, contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com).

# ACTIVITIES & GAMES

## Hand & Foot Card Game

**Mondays & Fridays 8:45 am–Noon / Setup @ 8:30 am**  
**Cost: \$1.00 Members / \$3.00 Non-Members**

Join this group of friendly and competitive players for a time well spent. Contact **Beverly Morgan** at 303-458-8273 for more information.



## Jazzercise Lo

**Mon. & Wed. @ 8:30–9:30 am and Fri. @ 8:30–9:15 am**  
**Members: \$60.00/Month & Walk-ins \$15.00/Day**

Join us for a fun and energized Jazzercise Lo class. Dance away those extra calories using Low Impact moves that yield MAXIMUM results! We use muscles, not momentum, to get a total body workout without the impact on your joints. For more information, contact **Ginny Parker** at 321-698-0445.

## Line Dancing

**RESUMES JANUARY 6**

**Tuesdays @ 4:15–5:30 pm**  
**Cost: \$6.00 Members / \$8.00 Non-Members**



Line Dancing for Fun and Exercise resumes our regularly scheduled class on Tuesday, January 6, 2026. We can't wait to get back to our fun dances! Line Dancing is a low impact exercise that improves your cardiovascular health. It is a fun, rewarding, social activity that stimulates range of motion and mental focus. All of us need to get out and have some fun! Come join us on Tuesdays, 4:15–5:30PM. For more information, call **Sue Duncan**, Instructor and Choreographer for over 60 years at 321-505-0846.

## Mahjong

**American: Mondays @ Noon–3:00 pm & Thursdays @ 9:00 am–Noon**  
**Cost: \$1.00 Members / \$3.00 Non-Members**  
**Chinese: Wednesdays @ 1:00–4:00 pm**  
**Cost: \$5.00 Members / \$7.00 Non-Members**

Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun!

Contact **Patricia**

**Rosenthal** at

321-626-5419 (American)

or **Hugh McPhee** at

321-423-7698 (Chinese).



## Pinochle

**Mondays & Fridays @ 12:30–4:30 pm**  
**Cost: \$1.00 Members / \$3.00 Non-Members**

For more information, contact **Bill Mueller** at 321-242-4999 (Mondays & Fridays).

## Poker (Dealers Choice)

**Tuesdays & Fridays @ 11:30 am–4:00 pm**  
**Cost: \$1.00 Members / \$3.00 Non-Members**

Contact **Bill Seigel** at 813-416-0428.

## Poker (Friendly)

**Mondays @ 1:00–4:00 pm**  
**Cost: \$1.00 Members / \$3.00 Non-Members**

Attention: Players Needed! Pennies Only. Call ahead to attend. Contact **Beverly Morgan** at 303-458-8273.

## Pool (Billiards)

**Monday thru Friday @ 8:30 am–4:30 pm**  
**Saturday 9:30 am–12:30p**  
**Tournaments: 2nd Wednesday of Every Month @ 11:00 am**  
**Cost: \$1.00 Members / \$3.00 Non-Members**  
**Plus \$ .50 per Day or \$2.00 per Week**

YE OL Pool Room 8-Ball Tournament Dec. 10 Results:

- 1st: Wally Topinko
- 2nd: Jorge Fernandez
- 3rd: Billie Meisel
- 4th: Mike Spaethe

Next tournament is January 14. Questions? Contact **Wally Topinko** at 321-622-4977.

# ACTIVITIES & GAMES

## QiGong-TaiChi

Mon., Wed., & Fridays @ 8:30–9:30 am  
Cost: \$5.00 Members / \$7.00 Non-Members

For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them. One of the most promising interventions is TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. **Laura Parsons**, Certified Instructor at 321-474-5374.



## Rummikub

Wednesdays @ 1:00–4:00 pm  
Cost: \$1.00 Members / \$3.00 Non-Members

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Contact **Peggy Miles** at 732-688-6268.




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# ACTIVITIES & GAMES

## Senior Law

4th Friday of the Month @ 2:00–4:00P

**NEXT WORKSHOP: JANUARY 23**

**Cost: Free to All WPSC Members**

The Slonim Law Firm invites you to attend a FREE seminar and question/answer session on the 4th Friday of each month at WPSC Room 117.

Topics:

- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Digital Assets
- Medicaid and Asset Protection Options
- General Dementia Issues
- Guardianships
- Probate Matters
- Living Wills

Seating is limited. Please sign up at the front desk. Any questions, call the Law office at 321-757-5701.

## Senior Stitchers

Thursdays @ 10:00 am–Noon in Room 114

**Cost: \$1.00 Members / \$3.00 Non-Members**



Would you like to learn to Knit or Crochet or do you already know how to Knit or Crochet? If so, please join us for a morning of friendship and pleasant conversation while learning new skills and stitches while helping each other to share and improve our skills. What to Bring: If you are already experienced, please bring a WORK IN PROGRESS that you'd like to work on. If you're a beginner, please bring some worsted yarn and some Size 8 knitting needles or a Size G crochet hook. For more information contact **Laurie Liguori** at 917-882-9898.

## Shuffleboard

**DISTRICT TOURNAMENT: JANUARY 15 & 16**

**Open Play: Monday 9–11:00 am**

**Open Practice: Thurs. 6–8:30 pm & Sat. 9:00 am–Noon**

**Cost: \$1.00 Members / \$3.00 Non-Members**

For more information on learning how to play or participating in

tournaments, call **Tom**

**Winkelspecht** at

321-446-3283 or email:

[tawinkii@me.com](mailto:tawinkii@me.com)



The Wickham Park Shuffleboard Club congratulates The 2025 Florida Shuffleboard Association Amateur State Single Champion **Tom Knoepfel**.

## Strength/Flexibility

Thursdays @ 9:30–10:30 am

**Cost: \$4.00 Members / \$6.00 Non-Members**

This is a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check.

We work core, arm and leg strength. This class gets full so call before you come! Please contact **Susie Salvetti** at 321-626-0282.



# TRAVEL NEWS

## HAIRSPRAY at the Titusville Playhouse & Lunch at Dixie Crossroads

**Date:** February 8, 2026

**Cost:** \$179 PP

Feel the excitement and dance like nobody is watching as Broadway's Tony Award-winning musical comedy HAIRSPRAY spins to the stage! The 1950s are out, and change is in the air! Meet Tracy Turnblad, a lovable plus-size teen with big hair and an even bigger ambition—she's determined to dance on the "Corny Collins Show" and fight for integration! With catchy hits like "Welcome to the 60s" and "You Can't Stop the Beat," get ready for a family-friendly show packed with laughter, love, and non-stop fun!

## Florida Strawberry Festival

**Date:** March 1, 2026

**Cost:** \$169 PP

The festival celebrates the annual strawberry harvest in Plant City, marking its 91st year in 2026. Each spring, the Florida Strawberry Festival® rolls out the red carpet to welcome visitors from throughout the Sunshine State and the world to enjoy exhibits of agriculture, commerce, industry, livestock, fine arts, horticulture, and crafts. The fabric of American life is woven into the Festival through social events, contests, youth developmental programs, and parades with glorious floats and high-stepping marching bands.

## St. John's River Cruise & Music Bingo

**Date:** March 5, 2026

**Cost:** \$179 PP

From its home port on Lake Monroe in charming downtown Sanford, the Barbara Lee cruises the St. John's River, serving up superior food, live music, and dancing. You'll also have close-up views of the area's abundant wildlife. The food aboard the Barbara Lee is cooked fresh in the ship's kitchen and you can choose from delicious entrées including prime rib, salads, and fish. Dessert and beverages are included.

## Morikami Japanese Garden Tour with Bento Box Lunch

**Date:** March 26, 2026

**Cost:** \$119 PP

Experience the essence of Japan and uncover a destination that transcends time and place nestled in Delray Beach, Florida. We will have a guided tour in this

16-acre park. This is where you can experience a window to Japan through the sprawling gardens and a world-class bonsai display. What a perfect way to experience the Japanese lifestyle with their Bento Box lunch (either Classic or Vegetarian)! This will include: white rice, teriyaki chicken, teriyaki salmon, assorted dumplings, vegetarian options and more. Please let us know which you prefer when you register for this amazing trip.

## Branson, MO

**Date:** March 30 – April 3, 2026

**Cost:** \$1,589 PP Double / \$185 Additional for Single Occupancy  
\$200 Deposit / Final Payment Due February 1, 2026

Package includes: Roundtrip Airfare from Orlando, FL to Branson, MO and transportation to the airport; Deluxe Roundtrip Motorcoach Transportation; 4 Night/5 Days Accommodations; 4 Breakfasts and 4 Dinners; 5 Star-Studded Shows; Full Days Admission to Silver Dollar City; Visit to Branson Landing; Free time for shopping at the Grand Village Shoppes; and includes all Taxes and Meal Gratuities.

## Dali Museum & Ford's Garage

**Date:** April 7, 2026

**Cost:** \$169 PP

Visit an unparalleled collection of works by renowned artist Salvador Dalí, from iconic melting clocks to imaginative visual illusions and avant-garde symbols. The Dalí Museum's Dalí Alive 360° is an immersive experience celebrating the life and creative genius of one of the most influential and inventive artists of the modern era. This multi-sensory art experience envelops visitors in 360 degrees of light and sound within a monumental new Museum space: The Dalí Dome. Before departing for home, we will make a stop at the Ford Garage to enjoy lunch.

## Mount Rushmore & the Black Hills & Badlands of South Dakota

**Date:** September 21-27, 2026

**Cost:** \$2,067 PP Double / \$2,567 Single Occupancy

\$200 Deposit / Final Payment Due August 1, 2026

**SOLD OUT!  
WAIT LIST ONLY**

Please visit our website [www.bcwpssc.org](http://www.bcwpssc.org), for more information or call the office at 321-425-5530  
Monday–Friday, 9:00 AM–1:00 PM

# 2025 VOLUNTEER HOLIDAY LUNCH



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# OUR SPONSORS

The Officers and Membership of Wickham Park Senior Center appreciates the continued support of our many Sponsors. As an all volunteer-run organization, their continued financial support allows us to offer Activities and Social events for our members.

## Diamond Level Sponsors



RVH INSURANCE NAVIGATORS  
LET US NAVIGATE YOU THROUGH MEDICARE



## Gold Level Sponsors



## Meet & Greet Schedule

Our monthly Meet & Greets with our sponsors have been scheduled for Tuesday and Friday mornings from 9–11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them:

- Tuesday - January 6  
Health First Health Plans
- Friday – January 9  
Tiny Dog Clean  
My Memory Clinic
- Tuesday - January 13  
Moore Insurance  
Physician Partners  
Senior Helpers
- Friday – January 16  
Narlock Insurance
- Tuesday - January 20  
Better Health Group  
Brookdale West Melbourne
- Friday – January 23  
RVH Insurance
- Tuesday - January 27  
Freedom Health  
LifeWave

# IN EVERY ISSUE

## WELCOME

### New Members in November

Budy, Yvonne	Letcher, Nancy
Burger, Catherine	Lindsey, Tom
Crossley, Julia	Magill, Colleen
Densberger, Dawn	Nicol, Robbin
Doughten, Paul	Phelps, Gerald
Gray, Glen	Ross, Gail
Gray, Victoria	Scheffter, Debbie
Henderson, Fred	Siegel, Kandi
Holton, John	Springer, Rose
Johnson, Phyllis M.	Stoner, Rosie
Jones, Brenda	Svatik, Anita
LaFountain, Mark	Taylor, Nancy P.
LaJeunesse, Brenda	Veyvoda, Denise
Lenett, Jack	Yaremczuk, Susan

### COMPUTER SUPPORT TECHNICIAN



Wickham Park Senior Center Tech Support is in need of volunteers to assist with Windows computers and associated equipment. Looking for someone with experience in:

- Windows Office software
- Windows desktop operating systems
- Windows Server software and hardware.

Knowledge of the following would be a Plus:

- Basic computer hardware
- Networks and network equipment

For more details, please contact **John Efir** at 321-704-0520 or email at [itadmin@bcwpsc.org](mailto:itadmin@bcwpsc.org).

### LOOKING FOR A WORTHY CHARITABLE DONATION ORGANIZATION

Wickham Park Senior Center (WPSC) is a 501(c)3 charitable organization and as such is eligible to receive charitable donations. We would like to thank the following people for their generous donations to WPSC in FY2025:

- Sharon Adams
- Janet & Vaughn Eastman
- Maria Luhn
- Carol Patton
- Gayle Schanck
- GFWC-Melbourne Woman's Club
- In Memory of Tim Olsen from Friends & Family
- Travel Expressions

*Thank You*  
for your  
donation!

Please consider donating to WPSC, if you find you have extra funds in your charitable donations bucket.

### COMMENTS?

#### We Value Your Opinion!

There's a SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPSC!



Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to: [news@bcwpsc.org](mailto:news@bcwpsc.org)

Wickham Park Senior Center is not equipped, nor intended to be a senior care facility. WPSC activities are geared toward independent adults who are able to manage their own care, decisioning making and safety. WPSC's insurance prohibits, and WPSC cannot be responsible for, the provision of physical assistance to individuals on the premises. If an adult companion is needed, the companion may participate in the activity if they desire, regardless of age, and must pay all fees associated with the activity. WPSC reserves the right to prevent persons from being on premises if the WPSC leadership believes that person would cause harm to themselves or others.



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