

OCTOBER 2025

2785 Leisure Way
Melbourne, FL 32935
(321) 255-4494

Monday-Friday: 8:30 am–4:30 pm
Saturday: 9:30 am–12:30 pm
Sunday: CLOSED
www.bcwpssc.org



Friendship Flyer

President's Message

I hope you noticed our new Welcome sign just installed behind the Front Desk in the Lobby. I'd like to thank Pam Page and Nilda Rosario for working on the concept and design and Karen Bostwick and Matthew Bostwick (her son) for painting the wall prior to installation. We hope you like it as much as we do.



Diane Weinzierl

October begins a new fiscal year for us and we're already deep into planning for the remainder of 2025. What's coming up?

- **October 17 – 4:30-7:00 pm – Our 50's/60's Themed Halloween Dinner/Dance.** Tickets are \$20 per person and available at the front desk. Janice and Renee will be providing this year's entertainment.
- **October 1 – November 7 – Looking for new Board Members.** This year we have openings for four (4) Directors on our Board of Directors. If you're interested, please pick up an application from the Front Desk and return it no later than Friday, November 7. More details, along with Board of Director responsibilities, can be found on page 2. Our election will take place the 2nd week of December.
- **November 1 – December 2 – Salvation Army Gift Tags for Seniors** will be available in the Lobby. Unwrapped gift(s), with the tag attached, will need to be returned no later than Tuesday, December 2.
- **December 1-5 – First Annual Christmas Ornament Contest.** Help decorate our tree in the lobby. Bring your handmade ornament(s) (up to 2 ornaments) to the Center. Each ornament will be given a number and placed on our tree. Members will vote on their favorite ornaments the week of December 8-12 and prizes will be awarded for 1st, 2nd & 3rd place. Winners will be announced on December 15. See page 2 for details.
- **December 3 – 4:00-5:00 pm join us for our Annual Meeting.** Meet your 2026 Board nominees and find out what happened at YOUR Center during 2025, as well as what's being planned for 2026. Coffee and cookies will be served. This event is FREE to all members.
- **December 8-11 – Voting takes place for the Annual Election and the Ornament Contest.** Ballots can be picked up at the front desk.

*I want to wish everyone a
Safe and Happy Halloween!*



Officers

President: Diane Weinzierl
Vice President: Janice Oppelt
Secretary: Lori Ebbensgard
Treasurer: Colleen Barneman

Directors

Celeste Garcia Ginny Parker
Karen Bostwick Janet Smith
Beverly Morgan Sharon Sneary
Pam Page Rosann Testa

Staff

IT Systems Admin: John Efird
Webmaster: Maureen Reeder
Sunshine: JoAnn Efird
Newsletter: Nilda Rosario

Directory

President: president@bcwpssc.org
Secretary: secretary@bcwpssc.org
Treasurer: treasurer@bcwpssc.org
Scheduling: scheduling@bcwpssc.org
Sponsorships: sponsorship@bcwpssc.org
Information: info@bcwpssc.org
Webmaster: webmaster@bcwpssc.org
Travel Office: travel@bcwpssc.org
Front Desk: reception@bcwpssc.org
Bridge Club: bridge@bcwpssc.org
Newsletter: news@bcwpssc.org
IT Admin: itadmin@bcwpssc.org

Contents

President's Message 1
Important News 2-3
Calendar of Events 4-5
Activities & Games 6-11
Travel News 12-13
Our Sponsors 14
In Every Issue 15

MISSION STATEMENT

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"



IMPORTANT NEWS

MONTHLY BOARD MEETING

The WPSC Board of Directors meetings are held on the 2nd Monday of each month at 9:30 am. The next meeting will be **October 13 at 9:30 am, Room 117**. All WPSC members are welcome to attend.

THE WICKHAM PARK SENIOR CENTER ORNAMENT CONTEST

Help decorate the WPSC's Christmas Tree!



Ornament Contest Rules:

December 1–December 5

- Bring up to two (2) **homemade** ornaments to the WPSC Front Desk. Your ornament(s) will be given a number and placed on the tree.
- Ornaments must be family-friendly and cannot exceed 5 inches in height.
- Ornaments may be made out of any material. A fillable ornament ball can be used as part of your creation.
- All ornaments must be submitted with a hook or ribbon for hanging on the tree.
- Up to two ornaments may be entered per person.

December 8–December 12

- Vote for your favorite ornament.

December 15

- Winners will be announced and contacted.
- Prizes will be awarded for 1st, 2nd, and 3rd place.

LOOKING FOR A WORTHY CHARITABLE DONATION ORGANIZATION

Wickham Park Senior Center (WPSC) is a 501(c)3 charitable organization and as such is eligible to receive charitable donations. We would like to thank the following people for their generous donations to WPSC in FY2025:

- Sharon Adams
- Janet & Vaughn Eastman
- Maria Luhn
- Carol Patton
- Gayle Schanck
- GFWC-Melbourne Woman's Club
- In Memory of Tim Olsen from Friends & Family
- Travel Expressions

Thank You
for your
donation!

Please consider donating to WPSC, if you find you have extra funds in your charitable donations bucket.

2026 BOARD OF DIRECTORS NOMINATING COMMITTEE NEWS

The time has once again come for the Nominating Committee to encourage qualified, enthusiastic, and energetic members to run for the Wickham Park Senior Center Board of Directors.

The general management of the affairs of the Wickham Park Senior Center is vested in the Board of Directors, and the Board is responsible for establishing such rules and regulations or policies and procedures as deemed advisable concerning the operations, staffing and financing of the various committees.

This year the Board has openings for 4 Directors, each serving a 3-year term. The Executive Committee officers (President, Vice-President, Treasurer and Secretary) will be selected from, and elected by, the 12 Board Directors at the first board meeting in January. You must also be willing to submit your fingerprints for a background check. **ALL MEMBERS IN GOOD STANDING ARE ELIGIBLE TO APPLY.**

Responsibilities for each Director include:

- Attending monthly Board of Director Meetings (currently held at 9:30 am the 2nd Monday of each month) and General Membership Meetings.
- Serving as the Director on Call for a four (4) hour AM or PM session once per week.
- Be willing to serve as an Executive Committee Officer or chair a Designated Committee or Fund Raising Event (such as Membership Committee, Volunteer Coordinator, Friday Night Dinner Committee, Volunteer Event Planning Committee, Rummage Sale, etc.)
- Assisting with the following activities: Front Reception Desk, Bingo, Kitchen, Travel, Fund Raisers, Set-Up and Tear-Down for WPSC Special Events, Friday Night Dinners, Volunteer Recognition Events, Membership Drive Events.

Registration for completing Nomination Ballots has now begun, and the forms are available at the Front Desk. Registration will end on November 7, 2025. If you have any questions, please contact Janet Smith, Nominating Committee Chairperson or the President (Diane Weinzierl).

IMPORTANT NEWS

WICKHAM PARK SENIOR CENTER

Halloween

Tickets on Sale at the
Front Reception Desk starting
Monday, September 15

OCT 17, 2025
4:30-7:00 PM

50's & 60's

\$20 PER PERSON

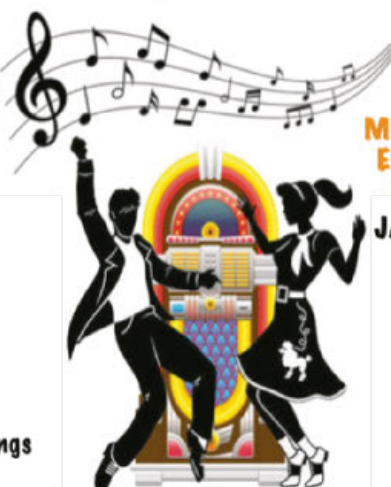
DINNER/DANCE

Pull out those old poodle skirts, hot-pants, knee-high boots and any other old clothes you have hiding in your closet from the 50's & 60's and join us for a fun-filled evening.



Dinner Menu
(Served 4:30-5:30pm)

- Chili
- Jersey Mike Subs
- Potato Salad
- Cole Slaw & Chips
- Fruit Tray
- Cookies
- Root Beer Floats
- Ice Cream Sundaes & Toppings
- Iced Tea & Coffee



Music & Dancing Entertainment Provided by
JANICE & RENE

Other Festivities

- Hula Hoop Contest
- 50/50 Raffle Drawing
- Photo Booth
- 50's Basket Drawing
- Try Your Luck at the Plinko Board



SENIOR EXPO AT THE WICKHAM PARK COMMUNITY CENTER ON AUGUST 28



WPSC OFFERS FREE LIFETIME MEMBERSHIP TO ANYONE AGE 90 & ABOVE (Effective August 1, 2025)



If you are age 90 or older, you are now entitled to FREE Lifetime Membership to Wickham Park Senior Center. Just stop by the Front Reception Desk, show them your ID and they will get your membership updated. Member activity participation fees (usually \$1, but can vary depending on the activity) must still be paid to the program manager for each activity. Also, if you're age 95 or older, you can receive a FREE Bingo Package to play Bingo at WPSC. Show them your lifetime membership card and join us to play Bingo.

CALENDAR OF EVENTS

OCTOBER 2025

ACTIVITIES	MON	TUES	WED	THURS	FRI	SAT	SUN
Bingo (Doors Open at 10:00a)		11:15–2:00p			11:15–2:00p		
Bob Ross Style Beginners Oil Painting with Hobo Bob (CRI) (3rd & 4th Thursdays)				10/16 & 10/23 1:00–5:00p			
Bones & Balance (Register at 9:45a)	10:00–11:00a						
Bridge: Beginner Class	For Virtual Classes please see our website at www.bcwpsc.org and click "Bridge" icon						
Chat (Virtual)					9:30–11:00a		
Duplicate On-Site:	Noon–3:30p		Noon–3:30p			Noon–3:30p	
Beginner Class			9:00–11:00a	10-Week Class (\$100.00) Starting October 1			
Intermediate Class	10:00–Noon	Starting November 3 - \$5.00 Each Class					
Duplicate Class			9:00–11:00a	Every Wednesday Beginning October 1			
Duplicate Virtual Class / BBO Platform				12:15p			
Party Bridge			12:30–4:00p				
Rogue		12:15–4:00p					
Rubber				1:00–4:00p		12:30–3:30p	
Bunco (1st & 3rd Thursdays)				10/2 & 10/16 1:00–4:00p			
Chair Yoga		3:00–4:00p					
Chefs for Seniors Topic: Healthy Holidays				11/13 11:00–12:30p			
Color Pencil Portrait for Beginners			9:40–Noon				
Cornhole Tournaments (2nd & 4th Sundays)					(12:30p Set-up & Practice)		10/12 & 26 1:30p
Euchre			6:00–9:00p				
Fusion Glass Workshop with Lauren						10/25 Noon–3:00p	
Hand & Foot	8:45–Noon				8:45–Noon		
Jazzercise Lo	8:30–9:30a		8:30–9:30a		8:30–9:15a		
Line Dancing		4:15–5:30p					
Mahjong: American	Noon–3:30p			9:00–Noon			
Chinese			1:00–4:00p				
Pinochle	12:30–4:30p				12:30–4:30p		
Poker: Dealer's Choice		11:30–4:00p	NO GAME FRIDAY, 10/24		11:30–4:00p		
Friendly	1:00–4:00p						

CALENDAR OF EVENTS

OCTOBER 2025

ACTIVITIES	MON	TUES	WED	THURS	FRI	SAT	SUN
Pool (Billiards)	8:30–4:30p	8:30–4:30p	8:30–4:30p	8:30–4:30p	8:30–4:30p	9:30–12:30p	
	Tournament: 2nd Wednesday of the Month October 8 @ 11:00 am						
QiGong-TaiChi	8:30–9:30a		8:30–9:30a		8:30–9:30a		
Rummikub			1:00–4:00p				
Senior Law (4th Friday of the Month)	No Workshops in November or December				10/24 2:00–4:00p		
Senior Stitchers				10:00–Noon			
SHINE		9:00–Noon	Call for appointment first.				
Strength / Flexibility	Class is Full – Contact PM for wait list.			9:30–10:30a			
Shuffleboard	9:00–11:00a			6:00–8:30P		9:00–Noon	
	District Tournaments: October 9-10 & October 23-24						
Technical Training Class (3rd Friday of the Month)					10/17 2:30–4:30p		
Moore Insurance Lunch & Learn				10/2 1:00–2:00p			

Brownlie & Maxwell
Funeral Service & Crematory

(321) 723-2345
www.brownliemaxwell.com
1010 Palmetto Ave.
Melbourne, FL 32901

CIPS MRP ABR REALTOR

WATERMAN
REAL ESTATE

Linda Cass
Parishioner
321-704-5203
The.Cass.house@gmail.com
lindacass.spacecoastmls.com

Helping you select the Medicare Health Plan that's right for you!



PlanAdvisors
FLORIDA

**Kathryn Burgess
& Austin Kempa**

Licensed Insurance Brokers

321-507-4710 (TTY 711)
planadvisorsbrevard@gmail.com

2555 N. Courtenay Pkwy. Unit 32

Merritt Island, FL 32953

Serving Brevard County for 20+ Years!

ADVERTISE HERE
to reach your community



Call 800-477-4574

IF YOU LIVE ALONE

MDMedAlert!™
At HOME and AWAY!

STARTING AT
\$19⁹⁵
/mo.

✓ Ambulance ✓ Police ✓ Family

"STAY SAFE in the HOME YOU LOVE!" ✓ GPS & Fall Alert



800.809.3570

md-medalert.com



ACTIVITIES & GAMES



TUESDAY & FRIDAY—Open to the Public!
Doors Open @ 10:00 am
Cards Sold @ 10:30 am–11:15 am
Early Bird Starts @ 11:15 am



Effective January 2025, we will no longer accept anything larger than \$20 bills.

Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more information, contact Brenda Clarson at 321-258-8837.

Bones & Balance

Mondays @ 10:00–11:00 am
Cost: \$5.00 Members / \$7.00 Non-Members



Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.

Bob Ross Style Beginners Oil Painting with Hobo Bob (CRI)

3rd & 4th Thursdays: October 16 & 23 @ 1:00–5:00 pm
Cost: \$50.00 PP (Includes All Supplies & WPSC Costs)
Sign-Up Sheet at Front Desk—Limit 6 People per Class



These classes are easy and fun!! Paint a beautiful landscape painting with us. Classes will be held on the third Thursday of each month; an overflow class will be held on the fourth

Thursday of the month if there is enough interest. Please call the Center 321-425-5533 or come into the front desk and sign up.

For October we'll be painting **Cloudy Palm**. This painting is good for beginners, and you should be quite pleased with your finished painting. This painting will bring out the inner artist you may not even know you have.



All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, with

just six participants, so Hobo Bob (CRI) has plenty of time to work with you as you paint your masterpiece.

Duplicate Bridge

On-site Games: Mon., Wed. & Sat. @ 12:00–3:30P
Cost: \$7.00 Members / \$9.00 Non-Members

CLASSES:

- **Beginner Bridge Class: Wednesdays @ 9:00–11:00 am 10-Week Class (\$100.00) Starting October 1**
- **Intermediate Bridge Class: Mondays @ 10:00 am–Noon Starting November 3 @ \$5.00 each class**
- **Online Virtual Classes: Thursdays @ 12:15P on the BBO platform / Online classes \$5.00**

On-site Duplicate bridge games are on Mondays, Wednesdays and Saturdays. Virtual online classes are also available. For the online schedule, please check out the latest on the website under the Bridge tab. Contact **Pam Page** at 321-537-0907 or pam.page@bellsouth.net for bridge-related questions.

ACTIVITIES & GAMES

Party Bridge

Wednesdays @ 12:30–4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Please contact **Tom Sanders** at 321-960-1894 prior to coming to this bridge for the first time.

Rogue Bridge

Tuesdays @ 12:15–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact Patricia Rosenthal at 321-626-5419.

Rubber Bridge

Thursdays @ 1:00–4:00 pm & Saturdays @ 12:30–3:30 pm

Cost: \$2.00 Members / \$4.00 Non-Members

Come on out for an afternoon of enjoyment at the bridge table. The Thursday point of contact is **Janet Walker** at 321-242-3173 and the Saturday point of contact is **Gayle Schanck** at 541-821-7070.



Beginners Bridge Class

Beginning on October 1 @ 9:00–11:00 am

Every Wednesday for 10 Weeks

\$100 Fees Are Due at First Class (Includes Book & 2 Free Plays in our Club)

Bridge is the ultimate in intellectual competition. This class is designed for learners who know little or nothing about the game. As you learn more, ever-increasing vistas unfold for your experimentation and enjoyment. Once you try it, you'll never give it up. To register, email or call Pam Page at pam_page@bellsouth.net or 321-537-0907.

Bunco

1st & 3rd Thursday, **October 2 & 16** @ 1:00–4:00 pm

Cost: \$6.00 Members / \$8.00 Non-Members



Please join us every 1st and 3rd Thursday of the month for Bunco and arrive by 12:45 pm. Don't forget to bring your current membership card. Bunco ends about 3:30 pm. Please contact **Lisa Hofmann** at 760-717-6049 for more details and reservations

(for set-up purposes). See you there for this fun activity. All you have to know is how to throw three dice.

Chair Yoga

Tuesdays @ 3:00–4:00 pm/Sign-in @ 2:45 pm

Cost: \$1.00 Members / \$3.00 Non-Members



This class is designed to help with overall wellbeing for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture

and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.

Chef for Seniors

Classes @ 11:00 am–12:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

• **November 13: Healthy Holidays**

Join **Chef Jillian** for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting.



Please sign up at front desk to reserve your spot. **All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.**

Sponsored



Color Pencil Portrait Class for Beginners

Wednesdays @ 9:40 am–12:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members



Learn how to create a beautiful drawing from your favorite photograph! Bring your own portrait photograph to copy—Size: 5x8 (or other appropriate copy size). Supplies you will need to bring:

Prismacolor Color Pencils, Watercolor Paper, Eraser, Pencil Sharpener (optional). For more information contact **Ann Armerding** at 321-541-7027.

ACTIVITIES & GAMES

Euchre

Wednesdays @ 6:00–9:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Members must scan their card when entering and non-members must sign in.

Euchre has been a great success and as our Euchre continues to grow, it is now common to have 5-6 tables in action. We try to promptly start by 6:00 pm which means we should be signed in no later than 5:50 pm to allow time to set up the correct 3/4 player table configuration and draw for your seats. The payout structure has been altered so more people are sharing the prize pool. That means if there are up to 30 players even eighth takes home a piece of the purse. For more information, contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com).

Cornhole Tournaments

Sunday, **October 12 & 26** @ 1:30 pm

Setup & Practice Starting @ 12:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

(Annual Membership for 50+ is \$20)

Cornhole is welcome to all ages! Cornhole Tournaments will be held indoors at the WPSC every 2nd and 4th Sundays (excluding conflict with holidays). Don't forget to scan your membership card at the front desk.

July 27 Winners

1st Place: Donny J. & Scott

2nd Place: Skeeter & Rich F.

August 10 Winners

1st Place: Frank & Dale

2nd Place: Donny J. & July

August 31 Winners

1st Place: Dale & Bruce

2nd Place: James & Rich F.

Rules for Senior Center:

- Age 50 to 69: 27-ft. front edge to front edge; (Dist. of Boards)
- Age 70 to 79: 25-ft. front edge to front edge
- Age 80 to 90: 23-ft. front edge to front edge
- Age 90 Plus/Non-Ambulatory: 21-ft. front edge to front edge

For any questions, please contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com) or **Amy Longtin** at 321-205-5161 (ajgclrt@yahoo.com).

Fusion Glass Workshop w/Lauren

Cost: \$75 PP (Includes All Supplies & Kiln-Firing of Project & WPSC Costs)

This Workshop is friendly for beginners, creative and stress-free. Classes are limited to 16 participants, with a minimum of 4 required to run. Registration closes one week before the workshop date, so be sure to reserve your seat early and invite your friends to join. For more logistic details visit: <https://www.glassbylauren.com/wpsc-workshop-sign-ups>.

Closed-toe shoes required for safety. For questions, call or text 310-483-3229. Reserve your spot today and discover the enchantment of fused glass! All essential supplies are included.

Upcoming Fusion Glass Workshops:

Saturday, October 25, 2025 @ Noon–3:00P

Project: Fused Glass Lighted Panel Display



On October 25th, we'll be making a rectangular fused glass panel featuring a design of your choice. This panel will rest in a provided wooden base that will light it up from underneath.

To book this workshop, email: info@glassbylauren.com

Sign up deadline is October 20.

Hand & Foot Card Game

Mondays & Fridays 8:45 am–Noon / Setup @ 8:30 am

Cost: \$1.00 Members / \$3.00 Non-Members

Join this group of friendly and competitive players for a time well spent. Contact **Beverly Morgan** at 303-458-8273 for more information.

ACTIVITIES & GAMES

Jazzercise Lo

Mon. & Wed. @ 8:30–9:30 am and Fri. @ 8:30–9:15 am
Members: \$60.00/Month & Walk-ins \$15.00/Day

Join us for a fun and energized Jazzercise Lo class. Dance away those extra calories using Low Impact moves that yield MAXIMUM results! We use muscles, not momentum, to get a total body workout without the impact on your joints. For more information, contact **Ginny Parker** at 321-698-0445.

Line Dancing

Tuesdays @ 4:15–5:30 pm
Cost: \$6.00 Members / \$8.00 Non-Members



We are having a lovely summer here at our beautiful Wickham Park Senior Center. Come and join us on Tuesdays for Line Dancing for Fun and Exercise. Reduce a little stress and make some new friends. It is with a sad heart that I had to say goodbye to one of my favorite dance students when he passed away early this month. All of us in class will miss sweet David A Smith Jr., husband of Marge Smith, who blessed us with so much joy as active members the past three years. Dave loved all forms of dance as well as many sports. Dave and Marge were married 63 glorious years. Our dance family would like to extend our condolences to dear Marge and her family during this difficult time. Treasure every day friends. For more information call **Sue Duncan** at 321-505-0846.

Mahjong

American: Mondays @ Noon–3:00 pm &
Thursdays @ 9:00 am–Noon
Cost: \$1.00 Members / \$3.00 Non-Members
Chinese: Wednesdays @ 1:00–4:00 pm
Cost: \$5.00 Members / \$7.00 Non-Members

Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! Contact **Patricia Rosenthal** at 321-626-5419 (American) or **Hugh McPhee** at 321-423-7698 (Chinese).

Pinochle

Mondays & Fridays @ 12:30–4:30 pm
Cost: \$1.00 Members / \$3.00 Non-Members

For more information, contact **Bill Mueller** at 321-242-4999 (Mondays & Fridays).

Poker (Dealers Choice)

Tuesdays & Fridays @ 11:30 am–4:00 pm
Cost: \$1.00 Members / \$3.00 Non-Members
NO GAME FRIDAY, 10/24

Contact **Bill Seigel** at 813-416-0428.

Poker (Friendly)

Mondays @ 1:00–4:00 pm
Cost: \$1.00 Members / \$3.00 Non-Members

Attention: Players Needed! Pennies Only. Call ahead to attend. Contact **Beverly Morgan** at 303-458-8273.

Pool (Billiards)

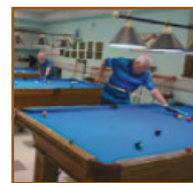
Monday thru Friday @ 8:30 am–4:30 pm
Saturday 9:30 am–12:30 pm
Tournaments: 2nd Wednesday of Every Month @ 11:00 am
Cost: \$1.00 Members / \$3.00 Non-Members
Plus \$.50 per Day or \$2.00 per Week

YE OL Pool Room 8-Ball Tournament Sept. 10 Results:

- 1st: Jerry Bertekap
- 2nd: Kerry Barfield
- 3rd: Det Schitz
- 4th: Billie Meisel

Next tournament is October 8.

Questions? Contact **Wally Topinko** at 321-622-4977.



QiGong-TaiChi

Mon., Wed., & Fridays @ 8:30–9:30 am
Cost: \$5.00 Members / \$7.00 Non-Members



For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them. One of the most promising interventions is

TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. **Laura Parsons**, Certified Instructor at 321-474-5374.

ACTIVITIES & GAMES

Senior Law

4th Friday of the Month (October 24) @ 2:00–4:00P

NO WORKSHOPS IN NOVEMBER OR DECEMBER

Cost: Free to All WPSC Members

The Slonim Law Firm invites you to attend a FREE seminar and question/answer session on the 4th Friday of each month at WPSC Room 117.

Topics:

- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Digital Assets
- Medicaid and Asset Protection Options
- General Dementia Issues
- Guardianships
- Probate Matters
- Living Wills

Seating is limited. Please sign up at the front desk. Any questions, call the Law office at 321-757-5701.

Senior Stitchers

Thursdays @ 10:00 am–Noon in Room 114

Cost: \$1.00 Members / \$3.00 Non-Members

Would you like to learn to Knit or Crochet or do you already know how to Knit or

Crochet? If so, please join us

for a morning of friendship and pleasant conversation while learning new skills and stitches while helping each other to share and improve our skills. What to Bring: If you are already experienced, please bring a WORK IN PROGRESS that you'd like to work on. If you're a beginner, please bring some worsted yarn and some Size 8 knitting needles or a Size G crochet hook.

For more information contact **Laurie Liguori** at 917-882-9898.





FREE

AD DESIGN

with purchase of this space

CALL 800-477-4574

SUPPORT OUR ADVERTISERS!

WE'RE HIRING!

AD SALES EXECUTIVES

BE YOURSELF. BRING YOUR PASSION. WORK WITH PURPOSE.

- Paid training
- Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community

Contact us at careers@4lpi.com or www.4lpi.com/careers



LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

CONTACT ME

Rich Fernbach

rfernbach@lpicommunities.com

(800) 477-4574 x3675

ACTIVITIES & GAMES

Rummikub

Wednesdays @ 1:00–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Contact **Peggy Miles** at 732-688-6268.

Shuffleboard

Open Play: Monday 9–11:00 am

Open Practice: Thursday 6–8:30 pm

Saturday 9:00 am–Noon

Cost: \$1.00 Members / \$3.00 Non-Members

District Tournaments: October 9-10 & October 23-24

For more information on learning how to play or participating in tournaments, call **Tom Winkelspecht** at 321-446-3283 or email:

tawinkii@me.com



Strength/Flexibility

Thursdays @ 9:30–10:30 am

Cost: \$4.00 Members / \$6.00 Non-Members



This is a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We work

core, arm and leg strength. This class gets full so call before you come! Please contact **Susie Salvetti** at 321-626-0282.

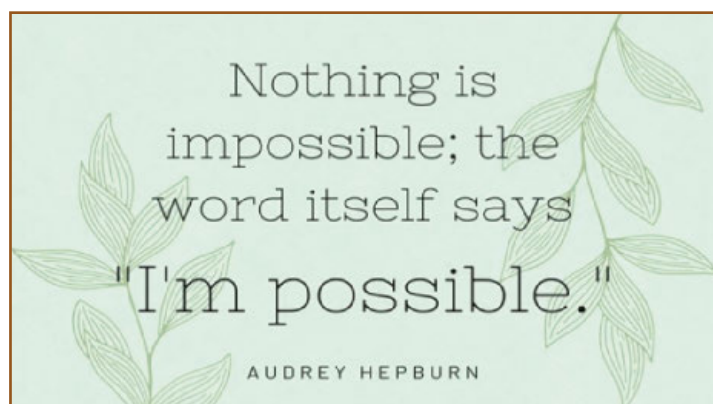


VOLUNTEERS NEEDED!

1) Computer Support Technician to assist with Windows Computers and associated equipment.

Contact **John Efird**, IT Administrator at **321-704-0520** or itadmin@bcwpsc.org.

2) Sponsorship Coordinator to promote sponsorship opportunities and coordinate activities with our Sponsors. Contact **Diane Weinzierl**, President, at **321-591-3966** or president@bcwpsc.org.



TRAVEL NEWS

The Winter Park Playhouse: Forever Plaid & the Cheesecake Factory

Date: October 9, 2025

Cost: \$189 PP

Time: Leaves WPSC at 10:30 am / Returns at 5:30 pm

This hit Off-Broadway musical comedy pays homage to the close-harmony "guy groups" of the 1950s. The Plaids, a quartet of high school chums, dreamt of becoming stars but never got the chance. They return from the afterlife for one final shot at musical glory and perform hit songs including "Three Coins in the Fountain," "Sixteen Tons," "Chain Gang," "Heart and Soul," "Rags to Riches" & "Love is a Many-Splendored Thing." Before the play enjoy a wonderful lunch at the Cheesecake Factory. Bring a small cooler for your cheesecake or eat your cheesecake and bring the cooler for your leftover food.

Charleston, SC

Date: October 20-23, 2025

Cost: \$707 PP Double / \$927 PP Single

Time: Leaves WPSC at 8:00 am

Historic Charleston guided tours including visits to Fort Sumter with boat ride and free time to explore on your own, Charleston's historic city market, and admission to the beautiful Magnolia Plantation. Package includes deluxe roundtrip motor coach transportation, 3 nights deluxe accommodations and 3 breakfasts, 3 dinners at fine local restaurants.

**SOLD OUT!
WAIT LIST ONLY**

Mount Dora Craft Fair

Date: October 25, 2025

Cost: \$69 PP

Time: Leaves WPSC at 7:45 am / Returns at 5:30 pm

This is one of Central Florida's favorite festivals and what a perfect time of the year to host a craft fair with the cooler weather and the holidays just around the corner. Contact the WPSC Travel Office for more information.

Hard Rock Hotel & Casino, Hollywood, FL

Date: November 6, 2025

Cost: \$69 PP (with copy of Driver's License or Unity Card)

Time: Leaves WPSC at 7:30 am / Returns at 5:30 pm

Casino perks included with this trip: \$25 Slot FREE Play for each person on trip, 20% OFF Hard Rock Cafe bill OR 25% OFF Rise Restaurant OR 25% OFF Kitchen & Deli Restaurant OR 25% OFF Constant Grind plus whatever daily casino promotion is available on that day.

ICE! at the Gaylord Palms, Cirque Show & Lunch at the Olive Garden

Date: November 20, 2025

Cost: \$199 PP

ICE! will be back this year. The signature holiday attraction will feature "Rudolph the Red Nose Reindeer" in a dazzling, immersive story driven holiday showplace complete with larger-than-life ice sculptures, thrilling frozen slides, and awe-inspiring tunnels. More than two million pounds of ice will be hand-carved. Blue parkas will be provided but please bring hat, gloves and wear closed toe shoes as the temperature will be a nippy 9 degrees. We will have reserved seating for the showing of The Cirque Show which will feature dazzling acrobatics, feats of flexibility, and high-flying stunts.

Mount Dora Christmas

Date: December 5, 2025

Cost: \$69 PP

Time: Leaves WPSC at 2:00 pm / Returns at 10:00 pm

Celebrate the 2025 holidays against a backdrop of over 2 million sparkling lights in beautiful downtown Mount Dora. Contact the WPSC Travel Office for more information.

Saint Augustine Christmas Lights

Date: December 9, 2025

Cost: \$89 PP

Time: Leave WPSC at 12:00 pm / Returns at 8:45 pm

Sign up now for our exciting one day excursion to St. Augustine, our nation's oldest city. We will be stopping at Bucees in Daytona for lunch on your own. We should arrive at St. Augustine about 3:00 pm. You will have from 3:00 pm to 5:30 pm to shop and eat. At 6:00 pm we will meet at the Visitors Center for a 45-min. narrated Trolley Tour through the historic district. We will depart for home at approx. 7:15 pm.

Sleuths Mystery Dinner Shows

Date: February 5, 2026

Cost: \$169 PP

Join us for a comedy mystery show where you become the detective and solve the crime! Sleuths Mystery Dinner Shows over two-hour long experiences will keep you talking for years to come! Enjoy a delicious dinner as you formulate insightful (and not so insightful) questions for the live interrogation. It's improvisational comedy that will have you in side-splitting laughter!

TRAVEL NEWS

Silver Spurs Rodeo

Date: February 22, 2026

Cost: \$99 PP

Since 1944, the Silver Spurs Rodeo is a semi-annual event of America's original extreme sport. The Silver Spurs Arena is an indoor, climate-controlled arena with stadium seating, meaning there really isn't a bad seat in the house! It can get cold, there could be loud bangs at the beginning of the performances, and the lights do go out for a few minutes. Lunch and beverages will be on your own.

Mount Rushmore & the Black Hills & Badlands of South Dakota

Date: September 21-27, 2026

Cost: \$2,067 PP Double / \$2,567 Single Occupancy

\$200 Deposit / Final Payment Due August 1, 2026

Package includes:

- RT Airfare from Orlando Airport to Rapid City
- 6 Nights Deluxe Accommodations in Rapid City
- 10 Great Meals

- Mount Rushmore (Day & Night)
- Devil's Tower National Monument
- Crazy Horse Memorial
- Fort Hays
- Badlands National Park
- Wall Drug Store
- Custer State Park
- Buffalo Jeep Safari
- State Game Lodge Dinner
- 1880 Train & Deadwood
- The Mammoth Site
- The Journey Museum
- Black Hills Gold Factory
- K-Bar S Ranch Dinner
- Chuckwagon Supper & Cowboy Show

Participants MUST be able to travel independently or bring a companion who can assist. NO refunds once the vendor has been paid.

Please visit our website www.bcwpsc.org, for more information or call the office at 321-425-5530 Monday–Friday, 9:00 am–1:00 PM



**SUPPORT THE
ADVERTISERS**
that Support our
Community!

OUR SPONSORS

The Officers and Membership of Wickham Park Senior Center appreciates the continued support of our many Sponsors. As an all volunteer-run organization, their continued financial support allows us to offer Activities and Social events for our members.

Diamond Level Sponsors



RVH INSURANCE NAVIGATORS
LET US NAVIGATE YOU THROUGH MEDICARE



SLONIM LAW



United Healthcare



tiny dog cleaning
RESIDENTIAL - COMMERCIAL



Gold Level Sponsors



Thrive USA
Home Care Services



Meet & Greet Schedule

Our monthly Meet & Greets with our sponsors have been scheduled for Tuesday and Friday mornings from 9–11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them:

- Better Health Group (BHG) - 3rd Tuesday:
 - Oct. 21, Nov. 18, Dec. 16 @ 9-11:00 am
- Brookdale West Melbourne - 3rd Tuesday:
 - Oct. 21, Nov. 18, Dec. 16 @ 9-11:00 am
- Freedom Health - 4th Tuesday:
 - Oct. 28, Nov. 25 @ 9-11:00 am
- Health First - 1st Tuesday:
 - Oct. 7, Nov. 14, Dec. 2 @ 9-11:00 am
- LiveWave - 4th Tuesday:
 - Oct. 28, Nov. 25, Dec. 2 @ 9-11:00 am
- Moore Insurance - 2nd Tuesday:
 - Oct. 14, Nov. 11, Dec. 12 @ 9-11:00 am
- Narlock Insurance/United Healthcare - 3rd Friday:
 - Oct. 17, Nov. 21, Dec. 19 @ 9-11:00 am
- Physician Partners - 2nd Tuesday:
 - Oct. 14, Nov. 11, Dec. 9 @ 9-11:00 am
- Pinnacle Home Care - 2nd Friday:
 - Oct. 10 @ 9-11:00 am
- RVH Insurance - 4th Friday:
 - Oct. 24, Nov. 7, Dec. 5 @ 9-11:00 am
- Thrive USA Homecare - 1st Friday:
 - Oct. 3 @ 9-11:00 am
- Tiny Dog Cleaning - 2nd Friday:
 - Oct. 10, Nov. 14, Dec. 12 @ 9-11:00 am

IN EVERY ISSUE

WELCOME

New Members in August

Anderson, Rorie	Landre, Joyce
Bingnear, Barbara	McKee, Brenda
Brennan, Lila	Neuhauser, Donna
Brown, Robert	O'Loughlin, JoAnn
Burshtok, Joan	Rech, Charlotte (Char)
Chonka, Sherry	Ridley, Laura
Cunningham, Donna	Rodgers, Patricia
Davis, Dianne	Ross, Jim
Dixon, Pam	Ross, Susan
Drury, Rosemary	Smith, David
Fox, David	Tompkins, Carole
Fringo, Joseph	Treu, Melissa
Greco, Ronald	Watson, Susan
Herron, Barbara	Wells-Fox, Marilyn
Hokkanen, Robert	Whitley, Debbie
Hoskins Malo, Carla	Yuscautch, Patricia
Kazimir, Curtis	Zebri, Jillian
Kerns, Stephen	

Wickham Park Senior Center Holiday Closures for 2025

To enable our volunteers to spend more time with their families during the upcoming holiday season, Wickham Park Senior Center will be closed on the following dates:

- **Thanksgiving Holiday:**
 - Wednesday, November 26, 2025 (Day before Thanksgiving)
 - Thursday, November 27, 2025 (Thanksgiving Day)
 - Friday, November 28, 2025 (Friday after Thanksgiving)
 - Saturday, November 29, 2025
- **Christmas Holiday:**
 - WPSC will be closed the entire week of Christmas – Monday, December 22 through Sunday, December 28.
We will re-open Monday, December 29
- **New Year's Holiday:**
 - Wednesday, December 31 - Closing at 12:30 pm
 - Thursday, January 1, 2026 (New Year's Day)

NEED TO SCHEDULE AN APPOINTMENT WITH SHINE?



The WPSC SHINE Group is available Tuesdays from 9:00 am to 12:00 Noon in Room 104. Anyone interested can call 407-514-1800 to schedule an appointment. No fee required!

**"Life doesn't get
easier or more
forgiving, we get
stronger and more
resilient."**

STEVE MARABOLI

COMMENTS?

We Value Your Opinion!

There's a SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPSC!



Deadline for copy submission to the newsletter is the **15th of each month.** Please email copy to:

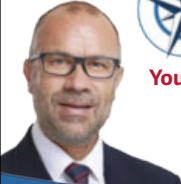
news@bcwpsc.org

Wickham Park Senior Center is not equipped, nor intended to be a senior care facility. WPSC activities are geared toward independent adults who are able to manage their own care, decision making and safety. WPSC's insurance prohibits, and WPSC cannot be responsible for, the provision of physical assistance to individuals on the premises. If an adult companion is needed, the companion may participate in the activity if they desire, regardless of age, and must pay all fees associated with the activity. WPSC reserves the right to prevent persons from being on premises if the WPSC leadership believes that person would cause harm to themselves or others.



SLONIM LAW
 Estate Planning • Probate
 Your *local* Guardianship • Medicaid **Attorneys**
 Adoption and Mediation

Code: WPSC




David Netzley *Your neighborhood law firm!* David Slonim



SHORT STAFFED?

Place an ad here to find new local talent for your business.

CALL 800-477-4574

Place Your Ad Here and Support our Community!

Instantly create and purchase an ad with

AD CREATOR STUDIO



lpicommunities.com/adcreator

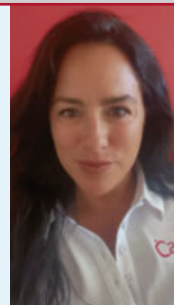
CarePlus
 HEALTH PLANS

Kristine Quattrone
Licensed Insurance Agent

Brevard & Indian River County

Kquattrone@careplus-hp.com

321-326-4033



NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our newsletter emailed to you.



VISIT **WWW.MYCOMMUNITYONLINE.COM**



For ad info. call 1-800-477-4574 • www.lpicommunities.com

16-0351