

APRIL 2026

2785 Leisure Way
Melbourne, FL 32935
(321) 255-4494

Monday-Friday: 8:30 am–4:30 pm
Saturday: 9:30 am–12:30 pm
Sunday: CLOSED
www.bcwpsc.org



Friendship Flyer

President's Message



April is Volunteer month and the week of April 19-25 is Volunteer Week

WPSC is 100% operated by volunteers (67 of them) who work hard to keep things running smoothly for you. Please make sure you take a few minutes to thank them when you're here. WPSC would not exist without their hard work and dedication. Also be sure to thank your program managers for all the hard work they do as well. The majority of them also volunteer their time to ensure we have a good mix of activities for you to enjoy.



By popular request, **the Travel Office now accepts credit cards for trip purchases** (Visa, MasterCard and American Express). A 4% processing fee will automatically be added to all credit card transactions. Credit card payments must be made in person at the Travel Office with credit card present.



Don't forget our **Spring Fling Dinner/Dance on Friday, April 17**. Cost is \$20 per person. Prizes for the Best Decorated Spring Hat. Music and dancing provided by Janice & Rene. Tickets are available at the front desk – limited to 100 people. See page 3 for additional details.



Help us Remember and Honor for Memorial Day this year. Memorial Day is a time to remember and honor the brave American men and women who gave their lives while serving in the United States military to protect our country and our freedoms. For the entire month of May, we invite you to help us honor these heroes by sharing the name and photo of a

loved one who served and passed while serving. **Starting May 1**, please complete a description card (available in the lobby) and bring a wallet-size photo to be displayed on our Memorial Day bulletin board in front of the Travel office. Information for the card: Name, Branch of Service, Rank, Location Served (ex: WWII, Vietnam) Date of Birth, Date of Death and Friend or Relative of. Drop off your photo and completed description card at the Travel office.

Happy Easter Everyone!

Officers

President: Diane Weinzierl
Vice President: Janice Oppelt
Secretary: Lori Ebbensgard
Treasurer: Colleen Barneman

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Celeste Garcia: Ginny Parker
Barbara Carlson: Janet Smith
Beverly Morgan: Sharon Sneary
Pam Page: Rosann Testa

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IT Systems Admin: John Efird
Webmaster: Maureen Reeder
Sunshine: JoAnn Efird
Newsletter: Nilda Rosario

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MISSION STATEMENT

Our mission is to provide a welcoming and engaging environment where seniors can stay active, learn new skills, and build lasting friendships. Through a wide variety of classes, games, arts, and social activities, we celebrate independence, creativity, and community connection.

There are no strangers here—only friends you have yet to meet!



IMPORTANT NEWS

MONTHLY BOARD MEETING

The WPSC Board of Directors meetings are held on the 2nd Monday of each month at 9:30 am. The next meeting will be **April 13 at 9:30 am, Room 117**. All WPSC members are welcome to attend.

MEMORY TRAINING CLASS FOR SENIORS

FREE TO MEMBERS – Friday, April 3 @ 10-11:30 AM
Limited to 8 People – Sign up at Front Desk

Bring paper and a pencil and join us in a friendly, supportive environment where learning is fun and practical.

- Learn fun memory tricks and techniques to make recalling information much easier.
- Learn why teachers used these strategies when we were young and why they faded away as we got older.
- Learn how these same methods can be applied to everyday life, from remembering names and dates, to learning new subjects or skills.

Questions? Contact **John Fontana** at 916-705-8146 or email jhnfontana@yahoo.com.

BREVARD COUNTY SHERIFF'S OFFICE SHRED EVENT

The Brevard County Sheriff's Office is hosting a series of Shred Events where you can safely shred your personal documents. These events run from **9:00 AM to 10:30 AM**. The documents you choose to bring for shredding are either shredded on location, or they are collected and transported to the shredding company's facility for shredding. This service helps in the fight against identity theft while providing our community members a safe and convenient process in the disposing of sensitive documents. The next event will be on:

April 30, 2026

Community Credit Union/Martin Anderson Senior Center
1025 Florida Ave, Rockledge 32955

May 28, 2026

Palm Shores Town Office
5030 Paul Hurtt Lane, Melbourne 32940

- Limit of TWO boxes of personal shredding.
- Dates, times and locations are subject to change. For the most current details, visit BrevardSheriff.com in the weeks prior to each shredding event.

BUNCO FOR BOOBIES FUNDRAISER



Team: "SAVE THE GIRLS"

Where: Wickham Park Senior Center
 2785 Leisure Way, Melbourne, FL 32935

When: Sunday, May 3, 2026

Time: 1:00–4:00 pm

\$20.00 Donation to Play

Door Prizes - Raffles - Goodies Friendship - Fun!

Prize for Most Buncos, Most Games & Least Games and Last Bunco

Please bring a dish or finger food to share. Water and coffee will be provided. Please call or text **Ginny Parker** at 321-698-0445. We need to be sure we have enough table space for all to play.

Directions to the WPSC: Turn East onto Leisure Way from Wickham Road between Parkway and Post Roads. The event is in the building next to the Community Center.

FIRE & HOME SAFETY PRESENTATION

Location: Wickham Park Senior Center

When: Thursday, April 2, 2026 @ 1:00–3:00 PM

Presenter: Kevin Sehlmeier

This **free** presentation will strengthen your understanding of fire safety and emphasize why every home needs a clear, practiced fire escape plan.

Topics Covered:

- Carbon Monoxide
- Escape Plans
- Technology
- Fire Behavior
- Severe Weather
- Caregivers
- Friends



This presentation is limited to 35 attendees. Reserve your **FREE** spot by signing up at the Front Desk.

About the Presenter: Kevin Sehlmeier is a dynamic and engaging speaker with more than four decades of leadership and hands-on experience in Fire and EMS Services. Throughout his career, Mr. Sehlmeier has championed fire safety and community risk reduction, using education as a powerful tool to protect communities and save lives.

*Light snacks and refreshments will be provided by **SonicAlert**.*

IMPORTANT NEWS

WICKHAM PARK SENIOR CENTER

SPRING *Fling*

FRIDAY, APRIL 17

4:30-7:00 PM

\$20 PER PERSON

TICKETS ON SALE
MARCH 16, 2026

MENU

- Jersey Mike's Subs
- Potato Salad
- Cole Slaw
- Fruit / Cheese Trays
- Dessert
- Tea, Water & Coffee

GAMES & DRAWINGS

- Best Decorated Spring Hat** – 1st, 2nd & 3rd Place Winners
- Balloon Game** – Participate in a Fun & Exciting Contest
- Door Prize Basket** – Your Ticket is Your Entry
- 50/50 Drawing** – 3 Tickets for \$5 – Win Half the Money Collected

EVENT SCHEDULE

- 4:30 – 5:30 Dinner Served
- 4:30 – 6:45 Music by Janice & Rene
- 6:15 Balloon Game & Voting Ends for Best Spring Hat
- 6:45 Last Dance
- 6:50 Winners Announced & Prize Drawings
- 7:00 Event Ends & Clean-up

ENTERTAINMENT PROVIDED BY



JANICE & RENE

CALENDAR OF EVENTS

APRIL 2026

ACTIVITIES	MON	TUES	WED	THURS	FRI	SAT	SUN
Bingo (Doors Open at 10:00a)		11:15–2:00p			11:15–2:00p		
Bob Ross Style Beginners Oil Painting with Hobo Bob (CRI) (3rd & 4th Thursday)				4/16 & 4/23 1:00–5:00p			
Bones & Balance (Register at 9:45a)	10:00–11:00a						
Bridge: Beginner Class	For Virtual Classes please see our website at www.bcwpssc.org and click "Bridge" icon						
Chat (Virtual)					9:30–11:00a		
Duplicate On-Site:	Noon–3:30p		Noon–3:30p			Noon–3:30p	
Beginner Class			9:00–11:00a	No Bridge Classes April 8 thru July 11			
Intermediate Class	10:00–Noon	No Bridge Classes April 8 thru July 11					
Duplicate Virtual Class / BBO Platform				12:15p			
Party Bridge			12:30–4:00p				
Rogue		12:15–4:00p					
Rubber				1:00–4:00p		12:30–3:30p	
Bunco (1st & 3rd Thursdays)				4/2 & 4/16 1:00–4:00p			
Chair Yoga		3:00–4:00p					
Chefs for Seniors Topic: Salads & Dressings				5/14 11:00–12:30p			
Color Pencil Portrait for Beginners			9:40–Noon				
Cornhole Tournaments (2nd & 4th Sundays)						(12:30p Set-up & Practice)	4/12 & 4/19 1:30p
Euchre			6:00–9:00p				
Fitness Class For Seniors (Intro) (2nd & 4th Tuesdays)		4/14 & 4/28 10:00–11:00a	Room 117				
Fusion Glass Workshop with Lauren			Project: Fused Glass Lighted Panel Sign-up Ends on May 8			5/16 Noon–3:00p	
Hand & Foot	8:45–Noon				8:45–Noon		
Jazzercise Lo	8:30–9:30a		8:30–9:30a		8:30–9:15a		
Line Dancing		4:15–5:30p					
Mahjong: American	Noon–3:30p			9:00–Noon			
Chinese			1:00–4:00p				
Memory Class					4/3 10:00–11:30a		

CALENDAR OF EVENTS

APRIL 2026

ACTIVITIES	MON	TUES	WED	THURS	FRI	SAT	SUN
Pinochle	12:30–4:30p				12:30–4:30p		
Poker: Dealer's Choice		11:30–4:00p			11:30–4:00p		
Friendly	1:00–4:00p						
Pool (Billiards)	8:30–4:30p	8:30–4:30p	8:30–4:30p	8:30–4:30p	8:30–4:30p	9:30–12:30p	
	Tournament: 2nd Wednesday of the Month April 8 @ 11:00 am						
QiGong-TaiChi	8:30–9:30a		8:30–9:30a		8:30–9:30a		
Rummikub			1:00–4:00p				
Senior Law (4th Friday of the Month)					4/24 2:00–4:00p		
Senior Stitchers				10:00–Noon			
SHINE		9:00–Noon	Call for appointment first.				
Strength / Flexibility	Class is Full – Contact PM for wait list.			9:30–10:30a			
Shuffleboard	9:00–11:00a			6:00–8:30p		9:00–Noon	

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ACTIVITIES & GAMES



TUESDAY & FRIDAY—Open to the Public!
Doors Open @ 10:00 am
Cards Sold @ 10:30 am–11:15 am
Early Bird Starts @ 11:15 am



Effective January 2025, we will no longer accept anything larger than \$20 bills.

Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more information, contact Brenda Clarson at 321-258-8837.

Bones & Balance

Mondays @ 10:00–11:00 am
Cost: \$5.00 Members / \$7.00 Non-Members



Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.

Bob Ross Style Beginners Oil Painting with Hobo Bob (CRI)

3rd & 4th Thursday: April 16 & 23 @ 1:00–5:00 pm
Cost: \$50.00 PP (Includes All Supplies & WPSC Costs)
Sign-Up Sheet at Front Desk—Limit 6 People per Class



Come join us for a lot of fun!! Paint a beautiful landscape painting with us. Classes will be held on the third Thursday of each month; an overflow class will be held on the fourth Thursday of the month if there is

enough interest. Please call the Center 321-425-5533 or come into the front desk and sign up.

For April we'll be painting *Majestic*, a painting with a wonderful sky, mountains and a small lake in the foreground.



This painting is good for beginners, and you should be quite pleased with your finished painting. This painting will bring out the inner artist you may not even know you have. All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, with just six participants, so Hobo Bob (CRI) has plenty of time to work with you as you paint your masterpiece.

Duplicate Bridge

On-site Games: Mon., Wed. & Sat. @ 12:00–3:30P
Cost: \$7.00 Members / \$9.00 Non-Members

CLASSES:

- **No Bridge Classes April 8 thru July 11**
- **Online Virtual Classes: Thursdays @ 12:15P on the BBO platform / Online classes \$5.00**

On-site Duplicate bridge games are on Mondays, Wednesdays and Saturdays. Virtual online classes are also available. For the online schedule, please check out the latest on the website under the Bridge tab. Contact **Pam Page** at 321-537-0907 or pam_page@bellsouth.net for bridge-related questions.

ACTIVITIES & GAMES

Party Bridge

Wednesdays @ 12:30–4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Please contact **Tom Sanders** at 321-960-1894 prior to coming to this bridge for the first time.

Rogue Bridge

Tuesdays @ 12:15–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact Patricia Rosenthal at 321-626-5419.

Rubber Bridge

Thursdays @ 1:00–4:00 pm & Saturdays @ 12:30–3:30 pm

Cost: \$2.00 Members / \$4.00 Non-Members

Come on out for an afternoon of enjoyment at the bridge table. The Thursday and Saturday point of contact is **Gayle Schanck** at 541-821-7070.

Bunco

1st & 3rd Thursdays, **April 2 & 16** @ 1:00–4:00 pm

Cost: \$6.00 Members / \$8.00 Non-Members



Please join us every 1st and 3rd Thursday of the month for Bunco and arrive by 12:45 pm. Don't forget to bring your current membership card. Bunco ends about 3-3:30 pm. Contact **Lisa Hofmann** at 760-717-6049 for more details and reservations (for set-up purposes). See you there for this fun activity. All you have to know is how to throw three dice.

Chair Yoga

Tuesdays @ 3:00–4:00 pm/Sign-in @ 2:45 pm

Cost: \$1.00 Members / \$3.00 Non-Members

This class is designed to help with overall wellbeing for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at

321-626-1969.



Chef for Seniors

Classes @ 11:00 am–12:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

- May 14 - Salads & Dressings
- July 16 - Summer Treats
- September 10 - Fall Flavors
- November 12 - Healthy Holidays

Join Chef Jillian for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting. Please sign up at front desk to reserve your spot. All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.



Sponsored



Color Pencil Portrait Class for Beginners

Wednesdays @ 9:40 am–12:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Learn how to create a beautiful drawing from your favorite photograph! Bring your own portrait photograph to copy—Size: 5x8 (or other appropriate copy size). Supplies you will need to bring: Prismacolor Color Pencils, Watercolor Paper, Eraser, Pencil Sharpener (optional). For more information contact **Donald Langford**



at 321-298-6839.



ACTIVITIES & GAMES

Cornhole Tournaments

Sunday, April 12 & 19 @ 1:30 pm
 Setup & Practice Starting @ 12:30 pm
 Cost: \$6.00 Members / \$8.00 Non-Members
 (Annual Membership for 50+ is \$20)

Cornhole is welcome to all ages! Tournaments will be held indoors at the WPSC every 2nd and 4th Sundays (excluding conflict with holidays). Don't forget to scan your membership card at the front desk.

February 22 Winners:

1st Place: Daryl & Rusty
 2nd Place: Kathy & Mona
 Pile On: Ronny K.



Rules for Senior Center:

- Age 50 to 69: 27-ft. front edge to front edge
- Age 70 to 79: 25-ft. front edge to front edge
- Age 80 to 90: 23-ft. front edge to front edge
- Age 90 Plus/Non-Ambulatory: 21-ft. front edge to front edge

For any questions, please contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com) or **Amy Longtin** at 321-205-5161 (ajglrt@yahoo.com).

Euchre

Wednesdays @ 6:00-9:00 pm
 Cost: \$5.00 Members / \$7.00 Non-Members
 Members must scan their card when entering and non-members must sign in.



Euchre has been a great success and as our Euchre continues to grow, it is now common to have 5-6 tables in action. We try to promptly start by 6:00 pm which means we should be signed in no later than 5:50 pm to allow time to set up the correct 3/4 player table configuration and draw for your seats. The payout structure has been altered so more people are sharing the prize pool. That means if there are up to 30 players even eighth takes home a piece of the purse. For more information, contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com).

Fusion Glass Workshop w/Lauren

NEXT WORKSHOP IS MAY 16 @ 12:00-3:00 pm
****SIGN UP ENDS ON MAY 8****

Project: FUSED GLASS LIGHTED PANEL
 Cost: \$75 PP (Includes All Materials & Kiln-Firing of Project & WPSC Costs, tkt processing fee is extra)

A Perfect Way to Unwind! Are you looking for a captivating and relaxing way to embrace your artistic side? Join us for a delightful fused glass workshop designed especially for those eager to try something new—no prior experience necessary! If you've never heard of "fusible glass," don't worry—I'll be there to guide you through every step!

What You'll Create. You'll design a charming lighted panel (approx. 10.5" x 5.5") crafted from fused glass. If you've participated in this as a previous workshop and already made one, you'll have the option to create a new panel without the base for a reduced fee. Your masterpiece will be beautifully completed after it's kiln-fired, ready for you to pick up!



What's in Store For You. We'll kick off with a brief introduction to the fascinating world of kiln-fired glass. Then, it's your turn to shine as you create a one-of-a-kind glass piece using a wonderful selection of materials. You can choose from pre-fired pieces that require no cutting or learn to use simple tile nippers for crafting basic shapes. Once your project is complete (about a week later), it will be kiln-fired and ready for pick-up at WPSC for members or at my studio in Merritt Island. Prefer it delivered to your door? That's an option too!

Highlights of the Workshop. Open to participants aged 16 +, whether you have artistic talents or not. A calm and enjoyable atmosphere. An ideal chance to bond with friends over a creative adventure. Explore a new artistic medium

Class size is limited to 16 participants (with a minimum of 4 required), so be sure to reserve your spot early! Sign up online at <http://www.purplepass.com/lightedpanel26> via the sign-up sheet at the WPSC lobby. Call Lauren M-F 10am-5pm at 310-483-3229, or email info@glassbylauren.com.

Let's Spark Your Creativity Together! Reserve your spot today and enjoy the magic of fused glass art.

Closed-toe shoes required for safety.

ACTIVITIES & GAMES

Hand & Foot Card Game

Mondays & Fridays 8:45 am–Noon / Setup @ 8:30 am
Cost: \$1.00 Members / \$3.00 Non-Members



Join this group of friendly and competitive players for a time well spent. Contact **Beverly Morgan** at 303-458-8273 for more information.

Introduction to Fitness Class for Seniors

2nd & 4th Tuesdays: **April 14 & 28** @ 10:00–11:00 am
Cost: \$1.00 Members / \$3.00 Non-Members
Limited to 10 Participants / Signup sheet at Front Desk.
Equipment: All necessary equipment is provided.

Gentle Movement • Strength • Confidence • Community

Join us for a **FREE one-hour fitness class** designed specifically for older adults who want to stay active, improve mobility, and build strength in a safe and supportive environment. This class is perfect for beginners or anyone looking for a gentle way to move more and feel better. Participants should come prepared to **sit and stand if possible**, but all exercises can be **modified** to match individual comfort levels and physical capabilities. Everyone is welcome — no experience needed.

What to Expect: Each session includes:

- A light warm-up to get the body moving comfortably
- Stretching and flexibility exercises to improve range of motion
- Easy resistance and light weight exercises to support balance and strength
- Movements performed both seated and standing

What to Bring:

- Comfortable clothing
- Supportive shoes
- Water bottle
- A positive attitude!

Questions? Contact **Michael Sands** at 910-232-7543.

Jazzercise Lo

Mon. & Wed. @ 8:30–9:30 am and Fri. @ 8:30–9:15 am
Members: \$60.00/Month & Walk-ins \$15.00/Day

Join us for a fun and energized Jazzercise Lo class. Dance away those extra calories using Low Impact moves that yield MAXIMUM results! We use muscles, not momentum, to get a total body workout without the impact on your joints. For more information, contact **Ginny Parker** at 321-698-0445.

Line Dancing

Tuesdays @ 4:15–5:30 pm
Cost: \$6.00 Members / \$8.00 Non-Members



Shred off those April showers, and stop by our Line Dancing for Fun and Exercise Class every Tuesday from 4:15- 5:15. Bring a friend and make some new ones as we enjoy dancing to a variety of music. Line Dancing increases your balance and strength while relieving stress and challenging your brain. Call Sue for more information. 321-505-0846.

Mahjong

American: Mondays @ Noon–3:00 pm & Thursdays @ 9:00 am–Noon
Cost: \$1.00 Members / \$3.00 Non-Members
Chinese: Wednesdays @ 1:00–4:00 pm
Cost: \$5.00 Members / \$7.00 Non-Members



Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! Contact **Patricia Rosenthal** at 321-626-5419 (American) or **Hugh**

McPhee at 321-423-7698 (Chinese).

ACTIVITIES & GAMES

Pinochle

Mondays & Fridays @ 12:30–4:30 pm

Cost: \$1.00 Members / \$3.00 Non-Members

For more information, contact **Bill Mueller** at 321-242-4999 (Mondays & Fridays).

Poker (Dealers Choice)

Tuesdays & Fridays @ 11:30 am–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Bill Seigel** at 813-416-0428.

Poker (Friendly)

Mondays @ 1:00–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Attention: Players Needed! Pennies Only. Call ahead to attend. Contact **Beverly Morgan** at 303-458-8273.

Pool (Billiards)

Monday thru Friday @ 8:30 am–4:30 pm

Saturday 9:30 am–12:30p

Tournaments: 2nd Wednesday of Every Month @ 11:00 am

Cost: \$1.00 Members / \$3.00 Non-Members

Plus \$.50 per Day or \$2.00 per Week

YE OL Pool Room 8-Ball Tournament March 11

Results:

1st: Joe Franco

2nd: Det Schmitz

3rd: Sam Campese

4th: Jorge Fernandez

Next tournament is April 8. Questions? Contact **Wally Topinko** at 321-622-4977.

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ACTIVITIES & GAMES

QiGong-TaiChi

Mon., Wed., & Fridays @ 8:30–9:30 am

Cost: \$5.00 Members / \$7.00 Non-Members



For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them. One of the most promising interventions is TaiChi. It offers senior practitioners inner peace

and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. **Laura Parsons**, Certified Instructor at 321-474-5374.

Rummikub

Wednesdays @ 1:00–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Contact **Peggy Miles** at 732-688-6268.

Senior Law

4th Friday of the Month @ 2:00–4:00P

NEXT WORKSHOP: APRIL 24

Cost: Free to All WPSC Members

The Slonim Law Firm invites you to attend a FREE seminar and question/answer session on the 4th Friday of each month at WPSC Room 117.

Topics:

- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Digital Assets
- Medicaid and Asset Protection Options
- General Dementia Issues
- Guardianships
- Probate Matters
- Living Wills

Seating is limited. Please sign up at the front desk. Any questions, call the Law office at 321-757-5701.

Senior Stitchers

Thursdays @ 10:00 am–Noon in Room 114

Cost: \$1.00 Members / \$3.00 Non-Members



Would you like to learn to Knit or Crochet or do you already know how to Knit or Crochet? If so, please join us for a morning of

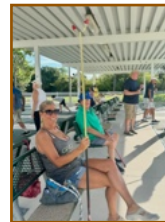
friendship and pleasant conversation while learning new skills and stitches while helping each other to share and improve our skills. What to Bring: If you are already experienced, please bring a WORK IN PROGRESS that you'd like to work on. If you're a beginner, please bring some worsted yarn and some Size 8 knitting needles or a Size G crochet hook. For more information contact **Laurie Liguori** at 917-882-9898.

Shuffleboard

Open Play: Monday 9–11:00 am

Open Practice: Thurs. 6–8:30 pm & Sat. 9:00 am–Noon

Cost: \$1.00 Members / \$3.00 Non-Members



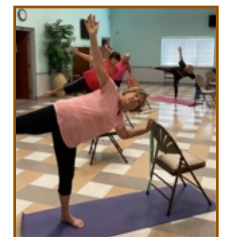
For more information on learning how to play or participating in tournaments, call **Tom Winkelspecht** at 321-446-3283 or email: tawinkii@me.com

Strength/Flexibility

Thursdays @ 9:30–10:30 am

Cost: \$4.00 Members / \$6.00 Non-Members

This is a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We work core, arm and leg strength. This class gets full so call before you come! Please contact **Susie Salvetti** at 321-626-0282.



TRAVEL NEWS

Dali Museum & Ford's Garage

Date: Tuesday, April 7, 2026

Cost: \$169 PP

Visit an unparalleled collection of works by renowned artist Salvador Dalí, from iconic melting clocks to imaginative visual illusions and avant-garde symbols. The Dalí Museum's Dalí Alive 360° is an immersive experience celebrating the life and creative genius of one of the most influential and inventive artists of the modern era. This multi-sensory art experience envelops visitors in 360 degrees of light and sound within a monumental new Museum space: The Dalí Dome. Before departing for home, we will make a stop at the Ford Garage to enjoy lunch.

Harrah's Casino Pompano Beach

Date: Thursday, April 16, 2026

Cost: \$69 PP (Includes a \$15 Free Slot Play with Valid Driver's License or Player Card)

Enjoy a fun-filled day at the Isle of Capri Casino in Pompano Beach. This trip does not include motorcoach driver gratuity. Please remember to bring a photo ID.

"The Pin-Up Girls" Musical at Winter Park Playhouse & Lunch at Cheesecake Factory

Date: Sunday, April 19, 2026

Cost: \$179 PP

Regional Premiere! From The Andrews Sisters to hip-hop and Gershwin to Beyonce, The Pin-Up Girls sing a cavalcade of hits inspired by letters home from our troops overseas! While singing at the local VFW hall, the ladies stumble upon a huge stash of letters that date back 100 years. Inspired by what they find — funny, sexy, romantic and poignant — they put on a show that celebrates the men and women who fight to defend our country.

Norton Museum & Cheesecake Factory

Date: Thursday, May 14, 2026

Cost: \$169 PP

The Norton Museum of Art was founded in 1941 by Ralph Hubbard Norton (1875-1953) and his wife Elizabeth Calhoun Norton (1881-1947). Norton and his wife decided to fund their own museum in West Palm Beach, to give South Florida its first such institution. The Museum's permanent collection now consists of more than 8,200 works in five curatorial departments: European, American, Chinese, Contemporary and Photography.

Tarpon Springs "Sponge Capital of the World"

Date: Monday, June 8, 2026

Cost: \$139 PP

Join us as we set off to TARPON SPRINGS. The city is enriched by the Mediterranean heritage brought at the turn of the century, by Greek sponge divers and their families. You will have the day to explore on your own. Enjoy any of the bakeries and one-of-a-kind shops that give Tarpon Springs its Mediterranean mystique. Let's make the time before we leave to stop at St. Nicholas Cathedral. The tall domed tower of Saint Nicholas Greek Orthodox Cathedral is crowned by an illuminated cross and serves as a beacon to the faithful and an important landmark in Tarpon Springs.

Titanic Tour & Dinner Gala

Date: Saturday, June 20, 2026

Cost: \$169 PP

When you visit the amazing Titanic: The Artifact Exhibition, you embark on a journey back in time to April 1912, when the ship embarked on its maiden voyage! The Exhibition features more than 300 artifacts and historical items as well as full-scale room recreation. Join Captain Smith, Margaret "Molly" Brown, and additional first-class passengers for a night to remember. See the second largest piece of Titanic ever recovered, the "Little Big Piece," a 2-ton section of the original ship's hull! The Titanic First Class Dinner Gala includes a Captain's cocktail party, a tour of the Titanic: The Artifact Exhibition, a first-class dinner, and reenactments of the night of April 14, 1912.

Murder in the Speakeasy Dinner & Show

Date: Sunday, August 30, 2026

Cost: \$159 PP

Step back in time to the roaring 1920's and prepare for an unforgettable experience at The Speakeasy Murder & Other Acts of Prohibition in Orlando, FL. Soak in the lively atmosphere of a New York nightclub, complete with music, signature cocktails and delicious food. We hope you attend in costume and join the fun.

Mount Rushmore & the Black Hills & Badlands of South Dakota

Date: September 21-27, 2026

Cost: \$2,067 PP Double / \$2,567 Single Occupancy

\$200 Deposit / Final Payment Due August 1, 2026

Participants MUST be able to travel independently or bring a companion who can assist. NO refunds once the vendor has been paid.

**SOLD OUT!
WAIT LIST ONLY**

TRAVEL NEWS

Medieval Times Dinner & Tournament

Date: Saturday, September 26, 2026

Cost: \$159 PP

During the tournament, you're given a hearty meal of soup, chicken, corn, a seasoned potato, and a pastry of the castle (vegetarian meals are also available). And remember, this is the middle ages, so your utensils are your good old-fashioned hands. Wenches walk around the 1000 seat arena to sell you a drink or two as well. The knights battle in head-to-head combat on authentic Spanish Andalusian horses while the King and Princess look on. Located right next to the castle is the Medieval Village filled with artifacts and displays from over 800 years ago.

Savannah, GA

Date: October 4-6, 2026

Cost: \$569 PP Double / Singles Add \$145

Package includes: Deluxe roundtrip motorcoach transportation; 2 Nights deluxe accommodations; 2 Great hotel breakfasts; 2 Sumptuous dinners at great local restaurants; Guided tour of Savannah; Free time to explore the famed River Street with shopping & lunch on own; Guided docent tour of the Cathedral Basilica St. John the Baptists; Ice cream social at the famed Leopold's Ice Cream; Baggage handling; All taxes are included.

Please visit our website www.bcwpssc.org, for more information or call the office at 321-425-5530 Monday-Friday, 9:00 AM-1:00 PM

The Travel Office now accepts Visa, MasterCard and American Express for trip purchases. A 4% processing fee will be added to all credit card transactions. All payments must be made in person with credit card present.



SUPPORT THE ADVERTISERS that Support our Community!

OUR SPONSORS

The Officers and Membership of Wickham Park Senior Center appreciates the continued support of our many Sponsors. As an all volunteer-run organization, their continued financial support allows us to offer Activities and Social events for our members.

Diamond Level Sponsors



Gold Level Sponsors



Meet & Greet Schedule

Our monthly Meet & Greets with our sponsors have been scheduled for Tuesday and Friday mornings from 9–11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them:

- Friday, April 3 – My Memory Clinic, Senior Helpers
- Tuesday, April 7 – Health First Health Plans
- Friday, April 10 – Tiny Dog Cleaning
- Tuesday, April 14 – Moore Insurance
- Friday, April 17 – Narlock Insurance
- Tuesday, April 21 – Brookdale West Melbourne
- Friday, April 24 – RVH Insurance
- Tuesday, April 28 – Freedom Health, LifeWave

IN EVERY ISSUE

WELCOME

New Members in February

Adkins, Ann	McLaughlin, Sandi
Beals, Carole	Melchi, Donna
Beals, Pat	Meyers, Billie Jean
Bennett, Betty	Middleton, Cara
Boisseau, Richard	Murray, Michael
Butcher, Barbara	Najemnik, Jennifer
Carney, Mary	Oaks, Robert
Carr, John	Ogden, Audrey
Ciachorowski, Mark	O'Neill, Julia
Clark, Garrett	Paulsworth, Judy
Egerton, William	Peters, Sarah
Epstein, Dora	Price-Gomez, Diane
Fahey, Gerard	Roberts, David
Fossett, Dorothy	Rose, Sharon L.
Fox, Heidi	Rossi, Paula
Glen, Lili	Sands, Michael
Gomez, Vernon	Schwarz, Kay
Hankin, Peggy	Smaniotto, Donna
Hazelwood, Melissa	Spencer, Carma
Herndon, Edie	Stowers, Judy
Hillebrand, Raffaella	Sutton, Sandy
Kalman, Amy	Traynor, Jane
Kaufmann, Sylvia	Vellody, Danna
Lackey, Rhonda	Walker, Elizabeth M.
Lanoue, Judy	Weaver, Gail
Leggett, Barbara Ann	White, Ronda
Mattox, Marlaine	Yates, John
Maxwell, Pattie	Yost, Patricia
McDaniel, Bobby	Yost, Thomas

SPECIAL EVENTS HELPERS NEEDED

We are looking for helpers who would like to assist with our special events during the year (such as our Friday Night Dinners and our Annual Meeting). For more information or to volunteer, please contact either **Beverly Morgan at 303-458-8273** or **Rosann Testa at 980-230-9138**.



WPSC OFFERS FREE LIFETIME MEMBERSHIP TO ANYONE AGE 90 & ABOVE
(Effective 8/1/25)

If you are age 90 or older, you are now entitled to FREE Lifetime Membership to Wickham Park Senior Center. Just stop by the Front Reception Desk, show them your ID and they will get your membership updated. Member activity participation fees (usually \$1, but can vary depending on the activity) must still be paid to the program manager for each activity. Also, if you're age 95 or older, you can receive a FREE Bingo Package to play Bingo at WPSC. Show your lifetime membership card and join us to play Bingo.

LOOKING FOR A WORTHY CHARITABLE DONATION ORGANIZATION

Wickham Park Senior Center (WPSC) is a 501(c)3 charitable organization and as such is eligible to receive charitable donations. We would like to thank the following people for their generous donations to WPSC in FY2026:

- Sharon Adams
- Janet & Vaughn Eastman
- Maria Luhn
- Gayle Schanck

Please consider donating to WPSC, if you find you have extra funds in your charitable donations bucket.

Thank You
for your
donation!

COMMENTS?

We Value Your Opinion!

There's a SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPSC!



Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to:
news@bcwpsc.org

Wickham Park Senior Center is not equipped, nor intended to be a senior care facility. WPSC activities are geared toward independent adults who are able to manage their own care, decisioning making and safety. WPSC's insurance prohibits, and WPSC cannot be responsible for, the provision of physical assistance to individuals on the premises. If an adult companion is needed, the companion may participate in the activity if they desire, regardless of age, and must pay all fees associated with the activity. WPSC reserves the right to prevent persons from being on premises if the WPSC leadership believes that person would cause harm to themselves or others.



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