

Friendship Fluer

2785 Leisure Way Melbourne, FL 32935 (321) 255-4494

Monday-Friday: 8:30 am—4:30 pm Saturday & Sunday: CLOSED

www.bcwpsc.org

APRIL 2022



President's Message



Diane Weinzierl

Each month I try to keep everyone apprised of what's happening at the Center and any changes going on. Upcoming highlights you should be aware of:

- Saturday Morning Closings: Due to a shortage of volunteers, the Board made a decision to close the Front Reception Desk on Saturday mornings. Regularly scheduled Saturday programs, such shuffleboard, bridge and billiards, will continue, but the individual program managers will now be responsible for ensuring the doors are open for their members attending these programs.
- **Bingo Changes:** Last month bingo introduced updates to the existing games and added a Progressive Game, designed to pay a higher jackpot. Bingo is played every Tuesday and Friday from 11:15 am to 2:00 pm, with doors opening at 10:00 am. If you haven't tried bingo in a while, come join in the fun!
- **Blueberry Festival:** Our membership team will be hosting a table at this year's Blueberry Festival in Wickham Park, April 9-10. Our goal is to educate attendees on Wickham Park Senior Center and highlight all the programs we offer. If you attend, please stop by and say hello.
- Friday Night Dinners: Our first Friday night dinner in 2 years, held on Friday, March 4, and sponsored by CarePlus, was a huge success. We had a record crowd, good food and lots of dancing fun. Our next dinner is scheduled for Friday, April 1 and we hope you'll join us. In the meantime, the team is already busy planning the May dinner which will be held on Friday, May 6 and sponsored by Cigna. Tickets will be available at the front desk starting Monday, April 4.
- World Elder Abuse Awareness Day Information Fair coming to WPSC: For the first time ever, this
 year's event is being held at Wickham Park Senior Center on Wednesday, June 15 from 9:00 am to
 12:00 noon. Brevard County TRIAD and the Brevard Alzheimer's Foundation are hosting this event.
 Additional information can be found on page 4 or at https://worldelderabuseawareness.com/. We invite
 you to come out and support this important awareness event.
- April is Volunteer Month: Please take a few minutes to thank a volunteer the next time you visit
 the Center. They work hard to provide a safe, fun place for YOU and there would be no Center
 without them.

Lastly, all the volunteers at WPSC wish you and your families a **HAPPY EASTER!**

Mission Statement

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"

IMPORTANT NEWS

WPSC Original Telephone Number is Back On



The center's regular telephone number is up and running again. The front reception desk can be reached at: 321-255-4494.



Front Desk Volunteers Needed!

Do you have a morning or afternoon open to help man our front desk reception desk? Our front desk volunteers are the back-bone of the Center – they greet members when they arrive, show people around the center, renew memberships, sign up new members and keep things running smoothly on a day-to-day basis. Current shift openings include:

- Tuesday morning 8:30 am 12:30 pm
- Tuesday afternoon 12:30 pm 4:30 pm
- Wednesday morning 8:30 am 12:30 pm
- Friday morning 8:30 am 12:30 pm

If you're interested, please stop by the Front Desk and ask for a Volunteer Application. Volunteering is a great way to learn more about the center and meet new people, while giving back to the community.

Mark Your Calendars UPCOMING EVENTS



- April 9-10: Blueberry Festival
- April 16: Touch of Grey Rescue "Poochella 2022"

Looking for a Worthy Charitable Donation Organization?

Wickham Park
Senior Center is a 501
(c)3 charitable
organization and as
such is eligible to
receive charitable
donations. We would
like to thank the
following people for
their generous



donations to WPCS in FY2022.

- Kathleen Agee
- Peggy Brysobn
- Robert Cason, in honor of his wife's birthday (Genevieve Cason)
- Kathleen & Andrew Cole
- Sonia Echevarria
- Laura Aho Parsons
- Susan Salvetti

If you find you have extra funds in your charitable donations bucket anytime during the year, please consider donating to WPSC.

WPSC Updated Mask Guidelines (Effective November 8, 2021)



IMPORTANT NEWS

2022 Wickham Park Senior Center Holiday Closures

(Updated 3/14/2022)

To enable our volunteers to spend more time with their families during the upcoming holiday season, Wickham Park Senior Center will be closed on the following dates:

- Memorial Day Holiday: Monday, May 30
- 4th of July Holiday: Monday, July 4
- Labor Day Holiday: Monday, September 5
- Thanksgiving Holiday:
 - Wednesday, November 23
 - Thursday, November 24 (Thanksgiving)
 - Friday November 25 (Friday after Thanksgiving)
 - Saturday, November 26
- Christmas Holiday:
 - Friday, December 23
 - Saturday, December 24 (Christmas Eve)
 - Monday, December 26 (Day after Christmas)
- New Year's Holiday:
 - Saturday, December 31 (New Year's Eve)

Bingo Celebrates Mardi Gras & New Games

On March 2, the bingo group celebrated Mardi Gras with a huge party. Chuck Burr and Mark Polczynski brought in beads for everyone, along with a beautiful cake, cookies, candy, moon pies and ice cream.



New bingo games were introduced,

including a Progressive Game, which will offer the opportunity for attendees to win a much larger jackpot. Bingo is held every Tuesday and Friday from 11:15 am to 2:00 pm. Doors open at 10:00 am. Come join in the fun.

Health Care Scams

Here's how they work: You see an ad on TV,



telling you about a new law that requires you to get a new health care card. Maybe you get a call offering you big discounts on health insurance. Or maybe

someone says they're from the Government, and she needs your Medicare number to issue you a new card.

Scammers follow the headlines. When it's Medicare open season, or when health care is in the news, they go to work with a new script. Their goal? To get your Social Security number, financial information, or insurance number.

So take a minute to think before you talk: Do you really have to get a new health card? Is that discounted insurance a good deal? Is that "government official" really from the Government? The answer to all three is almost always: NO.

Here's what you can do:

- STOP! Check it out. Before you share your information, call Medicare (1-800-MEDICARE), do some research, and check with someone you trust. What's the real story?
- Pass this information on to a friend. You
 probably saw through the requests. But
 chances are you know someone who could use
 a friendly reminder.

Please Report Scams: If you spot a scan, please report it to the Federal Trade Commission.

- Call the FTC at 1-877-FTC-HELP (1-877-382-4357) OR TTY 1-866-653-4261
- Go online: ftc.gov/complaint

Your report can help protect other people. By reporting fraud, you can help the FTC's investigators identify the imposters and stop them before they can get someone's hard-earned money. It really makes a difference.

HEALTH & WELLNESS

WEAR PURPLE TO SHOW YOUR SUPPORT! FREE TO THE PUBLIC



Building Strong Support for Elders















WEDNEGDAY. JUNE 15. 2022 9:00AM - 12:00PM

Wickham Park Senior Center, Melbourne, FL WorldElderAbuseAwareness.com

COMMUNITY INFO EXPO

Stop by vendor tables for resources showcasing senior community services. Refreshments provided. Fill out the event card to be entered in a door prize drawing.

WALK DOWN **MEMORY LANE**

Take a stroll to view scenes from the 40s. 50s, 60s, and 70s. Win a 65' TV in our "Memory" challenge.

EDUCATIONAL SEMINARS

Dr. Visa (9:30am) will present on the benefits of early detection and Detective Hamilton (11:00am) on elder abuse scams.

For more information, please contact Brevard Alzheimer's Foundation at 321-253-4430 or visit worldelderabuseawareness.com

TRAVEL NEWS

The WPSC Travel Office is OPEN Monday—Friday, 9:00 am—1:00 pm

The Marvelous Wonderettes

Date: April 13, 2022 Cost: \$125 per person

Cancellation Deadline April 6, 2022

LIPS—The Ultimate in Drag Queen

Dining

Date: June 12, 2022 Cost: \$119 per person

Outrageous fun every Sunday afternoon! Join the Ladies of LIPS for the Ultimate Drag Brunch as they pull out all the stops for this spectacular show! Enjoy delicious brunch entrees and unlimited Mimosas or Bloody Marys!

Isle of Capri Casino
Date: September 14, 2022

Cost: \$45 per person

St. Johns River Cruise

Date: October 19, 2022 Cost: \$135 per person

Cancellation Deadline October 10, 2022

Stetson Mansion Grand Tour &

Luncheon

Date: November 9, 2022 Cost: \$129 per person

Cancellation Deadline October 30, 2022

Courtesy of Travel Expressions

For more information and reservations, please call Wickham Park Travel at 321-425-5530.

Reflecting life, love and compassion St. Francis REFLECTIONS** Lifestage Care • Hospice • Palliative Care • Grief Support 321-269-4240 ReflectionsLSC.org

Questions about MEDICARE?

I can help!



Gabriel Quezada 321-419-7409 (TTY: 711)

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CALENDAR OF EVENTS

WICKHAM PARK SENIOR CENTER 2785 Leisure Way Melbourne, FL 32935

APRIL 2022

Phone: 321-255-4494
Web: <u>www.bcwpsc.org</u>

ACTIVITY	NOT RESUMING IN APRIL	SCHEDULE FOR APRIL
Ballroom Dancing	RESUMES APRIL 18	Mondays @ 6:30P for Advanced Ballroom Class; Mondays @ 7:30P for Beginner Class
Bingo		Tuesdays & Fridays @ 11:15A—2:00P
Blood Pressure Checks	•	
Bones and Balance		Mondays @ 10:00—11:00A
Bridge: Beginner Class	MEETS VIRTUALLY & ON-SITE	Virtual Classes on Mondays @ 10:00A—Noon On-Site Classes on Wed.& Sat. @ 11:00—Noon
Duplicate	MEETS VIRTUALLY & ON-SITE	Virtual Classes Mon. thru Fri. @ 12:30P & Sat. @ 7:00P On-Site Classes on Mon., Wed., & Sat. @ 12:30—4:00P
Chat	MEETS VIRTUALLY	Fridays @ 9:30—11:00A
Rogue		Tuesdays @ 12:15—4:00P
Rubber		Thursdays @ 1:00-4:00P & Saturdays @ 12:30-3:30P
Bunco		1st & 3rd Thursdays (April 7 & 21) @ 12:30—4:00P
Chair Yoga		Tuesdays @ 3:00—4:00P
Chefs for Seniors		Next Class is May 26 @ 11:00A—12:30P Sign-up Sheet at Front Desk
Euchre		1st & 3rd Wednesdays (April 6 & 20) @ 6:00—9:00P
Hand & Foot		Mondays & Fridays @ 9:00A—Noon
Jazzercise Lo		Mon., Wed. & Fri. @ 8:30—9:30A
Line Dancing		Tuesdays @ 4:15—5:30P
Mahjong: American		Mondays @ Noon—3:30P Thursdays @ 9:00A—Noon
Chinese		Wednesdays @ 1:00—4:00P
Mexican Train Dominoes		Wednesdays @ 1:00—4:00P
Oil Painting for Beginners		1st & 2nd Thursdays (April 7 & 14 / May 5 <mark>& 21</mark>) @ 1:00—5:00P
Pinochle		Mondays & Fridays @ 12:15—4:00P
Poker: Dealers Choice		Tuesdays & Fridays @ 1:00—4:00P
Friendly		Mondays @ 1:00—4:00P
Pool (Billiards)		Monday thru Friday @ 8:30A—4:30P Saturdays @ 8:30A—12:30P
Shuffleboard: Open Play	April 2 thru Sept. 30	Saturdays @ 9:00A & Thursdays @ 6:00P
QiGong-TaiChi		Mondays, Wednesdays & Fridays @ 8:30—9:30A
Rummikub	Replaces Games Galore	Wednesdays @ 1:00-4:00P
Senior Law		4th Friday of the Month (April 22) @ 2:00—4:00P
SHINE		Tuesdays, Thursdays & Fridays @ 9:00A—Noon
Social Scrabble		Tuesdays @ 9:30A—Noon
Strength / Flexibility		Thursdays @ 9:30—10:30A
Watercolor Instruction		Wednesdays @ 9:45A—12:30P
	subject to change Please chec	k the daily schedule at the Front Desk for the latest information.

Program details and times are subject to change. Please check the daily schedule at the Front Desk for the latest information.

Ballroom Dancing & Swing Lessons (Resumes April 18)

Mondays @ 6:30 Advanced / @ 7:30 Beginner Cost: \$8.00 per Class for Members \$10.00 per Class for Non-Members

Classes change every month.
Welcome Singles and Couples! Any questions? Please contact **Chris Marcelle** at 321-258-5916.





TUESDAY & FRIDAY—Open to the Public! 11:15 am—2:00 pm; Doors Open @ 10:00 am Early Bird @ 11:15 am

Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more information, contact **Brenda Clarson** at 321-258-8837.

Bones & Balance

Mondays @ 10:00 am—11:00 am Cost: \$5.00 Members / \$7.00 Non-Members

Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core



strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Eight (8) participants minimum. Sign-up sheet at the front desk/lobby. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.

WP Duplicate Bridge Classes

The following bridge education classes are now open for enrollment:

1. Competitive Bidding

Started on March 7, 2022 for 7 Weeks Online! Mondays @ 9:30 am—11:30 am

Cost: \$35.00

Even if you've played bridge for a number of years, this class is the perfect way to begin to play duplicate bridge or just improve your game. Learn how to play winning bridge online using zoom in the comfort of your home. Students will bid and play hands in this fun 7-week class while learning the following topics:

- Preemptive opening bids
- Overcalls and advances
- Takeout doubles and advances
- The competitive auction

Enroll/Questions, contact Anna Lynn Wagner at 325-330-0016 or email Bridgediva1225@aol.com

2. Popular Conventions

Starts on April 5, 2022 for 9 Weeks Online! Tuesdays @ 10:00 am—Noon Cost: \$40.00

The course covers all the basic conventions needed to play competitive bridge. In addition, each class will have a "think like a pro" problem to teach thought processes needed to play bridge successfully. All 9 classes are online and recorded so you never miss a class. The following conventions below will be covered in depth:

- Stayman
- Transfers (Jacoby and Texas)
- Strong 2 openers, Slam Bidding, and control bidding
- Negative doubles
- Jacoby 2 NT
- Two suited overcalls (Michaels & Unusual NT)
- New Minor Force, Jordan
- Defensive carding/signaling

Enroll/Questions, contact Dave Hoffman at 321-795-3695 or email davehoffma@gmail.com

Bridge (Duplicate)

Online: Monday thru Friday @ 12:30 pm;

Saturdays @ 7:00 pm

On-site Classes: Mon., Wed. & Sat. @ 12:30P

Cost: \$6.00

Duplicate bridge classes have resumed on-site Monday, Wednesday and Saturday. Virtual online classes are also available. For the online schedule, please check out the latest on the website under the Bridge tab or contact **Pam**

Page at 321-537-0907. If you would like to play in our game, please contact Pam Page or **Bob Ezell** at 321-474-2293.



Bridge (Rogue)

Tuesdays @ 12:15-4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members Contact Patricia Rosenthal at 321-626-5419.

Bridge (Rubber)

Thursdays @ 1:00—4:00 pm Saturdays @ 12:30—3:30 pm

Cost: \$2.00 Members / \$4.00 Non-Members

Come on out for an afternoon of enjoyment at the bridge table. Any questions? The point of contact for Thursday is **Janet Walker** at 321-242-3173 and the point of contact for Saturday is **John Dalheim** at 321-848-1794.

Bunco

1st & 3rd Thursdays @ 12:30—4:00 pm Cost: \$6.00 Members / \$8.00 Non-Members

Bunco is played on the 1st and 3rd Thursday of each month. This month's dates are April 7 & 21. Linda Peglow and Lisa Coyle are the Bunco Program co-chairs. We play four rounds. After two rounds, we have a break for refreshments. We supply coffee and water. Players may bring lunch items, snacks or desserts to share. Please contact Lisa at 321-345-9848 to reserve your Bunco space.

Chair Yoga

Tuesdays @ 3:00—4:00 pm/Sign-in @ 2:45 pm Cost: \$1.00 Members / \$3.00 Non-Members



This class is designed to help with overall wellbeing for the body and mind.
Stretches and movements that will help increase

mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.

Chef for Seniors

Cost: \$6.00 Members / \$8.00 Non-Members Classes @ 11:00 am—12:30:

May 26: Cooking Fish

July 28: Diabetic Dinners

• Sept. 22: Fall Flavors

• Nov. 10: Thanksgiving Dishes

Join Chef Jillian for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free



recipes, cooking tips and food tasting. Please sign up at front desk to reserve your spot.

All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.

Euchre

1st & 3rd Wed. (Mar. 2 & 16) @ 6:00—9:00 pm Cost: \$5.00 Members / \$7.00 Non-Members

Sign up begins at 5:30. Please be signed up and ready to play by 6:00 pm. Enter through the front door and sign in per senior center protocol. Hopefully we can get more players to come back as we strive to get back to pre-COVID numbers. For more information or any questions, please contact **Jay Koeller** at 321-794-6400.

Hand & Foot Card Game

Mondays & Fridays 9:00 am-Noon Cost: \$1.00 Members / \$3.00 Non-Members

Join this group of friendly and competitive players for a time well spent. Players are designated to a table by drawings seat assignments, if you do not have a partner. Contact **Beverly Morgan** at



303-458-8273 for more information.

Jazzercise Lo

Mon., Wed., & Fridays @ 8:30—9:30 am Cost: \$40.00 per Month or \$10.00 per Day

Join us for a fun and energized Jazzercise Lo class. Start off your mornings dancing away those extra calories using Low Impact moves that yield MAXIMUM results! You use muscles, not momentum, to get a total body workout without the impact on your joints. Contact Ginny Parker at 321-698-0445.

Line Dancing

Tuesdays @ 4:15-5:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

Come and meet new friends while enjoying heart healthy exercise to music! For more information, call **Sue Duncan** at 321-505-0846.



Mahjong

American: Mondays @ Noon-3:00 pm & Thursdays @ 9:00 am—Noon

Cost: \$1.00 Members / \$3.00 Non-Members Chinese: Wednesdays @ 1:00-4:00 pm Cost: \$5.00 Members / \$7.00 Non-Members

Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! Contact Patricia Rosenthal at 321-626-5419 (American) or Michael at 321-537-7094 (Chinese), if you have any questions.

Mexican Train Dominoes

Wednesdays @ 1:00-4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Mexican Train Dominoes is a simple, easy to learn dominoes game. We enjoy playing and we would love to have you come play with us too. Contact Cora DiCecilia at 321-254-5014.

Oil Painting for Beginners

1st & 2nd Thurs. Each Month @ 1:00—5:00 pm April 7 & 14 / May 5 & 21

Cost: \$40.00 per person (Incl. All Supplies)

Cancellation Policy: Class participation can be canceled up until the Wednesday prior to the class, otherwise, payment in full is expected whether you attend class or not

For the April painting class, we'll be moving our sights to the Arizona desert. As you can see in the photo we'll be painting mountains and cacti. There are still a few April seats available, call the Center 321-425-5533 or come in and sign up.

Come paint a beautiful landscape painting with us. Classes will be held on the first and second Thursdays of each month. All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes.

The class is small, just six participants, so Hobo Bob has plenty of time to work with you as you paint your masterpiece. This is the painting we'll be working on in April.



Pinochle

Mondays & Fridays @ 12:15-4:00 pm Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Bill Mueller** at 321-242-4999 (Mondays) or Cathy Decker at 321-254-9517 (Fridays).

Poker (Dealers Choice)

Tuesdays & Fridays @ 1:00-4:00 pm Cost: \$1.00 Members / \$3.00 Non-Members

Contact Kit LaLonde at 954-260-0687.

Poker (Friendly)

Mondays @ 1:00-4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Attention: Players Needed! Pennies Only. Call ahead to attend. Contact **Vinnie Germann** at 321-253-6155

Pool (Billiards)

Monday thru Friday @ 8:30 am—4:30 pm

Saturdays @ 8:30 am—12:30 pm

Tournaments: 2nd Wednesday of Every Month

Cost: \$1.00 Members / \$3.00 Non-Members Plus \$.50 per Day or \$2.00 per Week

YE OL Pool Room 8-Ball Tournament Results of 3/9/22:

1st: Jorge Fernandez 3rd: Bill Belg 2nd: Joe Franco 4th: Dave Reeve Next tournament is April 13. Questions? Please contact **Wally Topinko** at 716-830-5978.

QiGong-TaiChi

Mon., Wed., & Fridays @ 8:30—9:30 am Cost: \$5.00 Members / \$7.00 Non-Members

For over 50 years, scientists at the Institute for Aging Research, an affiliate of



Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them. According to researchers, one of the most promising interventions is TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. Contact **Laura Parsons**, Certified Instructor at 321-474-5374.







Rummikub

Wednesdays @ 1:00—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Questions? Contact **Rosalie Novak** at 321-610-8021

Shuffleboard

Summer Schedule: April 2 thru September 30

Open Play: Saturdays @ 9:00 am & Thursdays @ 6:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

For more information on learning how to play or participating in shuffleboard tournaments, please call **Greg Jones** at 606-219-3994 or email: greg.sonesta@gmail.com.

Senior Law

4th Friday of Each Month—April 22

@ 2:00—4:00 pm

Cost: Free to all WPSC Members

The Slonim Law Firm invites you to attend a FREE seminar and question and answer session on the 4th Friday of each month at WPSC Room 117. We will cover topics such as:

- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Living Wills
- Digital Assets
- Medicaid and Asset Protection Options
- Guardianships
- Probate Matters
- General Dementia Issues

Seating is limited. Please sign up at the front desk. Questions? Please call the Law office at 321-757-5701.

Strength/Flexibility

Thursdays @ 9:30—10:30 am

Cost: \$4.00 Members / \$6.00 Non-Members

Fitness Unlimited by Design presents a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps with posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We are working on core, arm and leg strength. Go at your own pace and feel the antiaging begin. Come join us, no need to sign up, just show up. For more information, contact **Susie Salvetti** at 321-626-0282.

Social Scrabble

Tuesdays @ 9:30 am—Noon

Cost: \$1.00 Members / \$3.00 Non-Members

Hello fellow Scrabble players! Friendly Scrabble has returned as of April 20, 2021. Questions? Please contact **Anne O'Brien** at 303-458-7301.

Watercolor Instruction

Wednesdays @ 9:45 am—12:30 pm Cost: \$6.00 Members / \$7.00 Non-Members



Classes held in the computer room. Bring your own supplies, smiles and good attitudes! Relax, enjoy the process and camaraderie. All levels welcome! Contact **Judy Champion** at 321-312-9155 or email judy.champion325@gmail.com.

Wickham Park Senior Center is not equipped, nor intended to be a senior care facility. WPSC activities are geared toward independent adults who are able to manage their own care, decisioning making and safety. WPSC's insurance prohibits, and WPSC cannot be responsible for, the provision of physical assistance to individuals on the premises. If an adult companion is needed, the companion may participate in the activity if they desire, regardless of age, and must pay all fees associated with the activity. WPSC reserves the right to prevent persons from being on premises if the WPSC leadership believes that person would cause harm to themselves or others.

OUR SPONSORS

The Officers and Membership of Wickham Park Senior Center appreciate the continued support of our many Sponsors. As an all volunteer run organization, their continued financial support allows us to offer Activities and Social events for our members.

Diamond Level Sponsors



At Cigna, we are more than a health insurance company. We are your partner in total health and wellness. In addition, we are here for you 24/7 – caring for your body and mind.



The Slonim Law attorneys are focused on Elder Law (Probate, Guardianship, Estate Planning & Medicaid Planning) in Brevard county (Melbourne, Viera, and Palm Bay) and Osceola county. We take pride in working closely with our clients to ensure that they obtain the best representation for the value. Helping people is our job. Preserving our client's rights and interests is our focus.



Health First Health Plans, a not-for-profit, Brevard County-based company with local customer service, has been serving Brevard County for more than 20 years. Our Medicare Advantage plans offer everything original Medicare offers plus additional hepefits



When it comes to Medicare, one size definitely does not fit all. What works well for your neighbor may not be the best fit for you. With multiple Medicare Advantage plans to choose from, United Healthcare can help you find one that fits your health care coverage needs and your budget.



Life's challenging moments call for a special brand of care guided by love and compassion. Since 1977, we have served as Brevard's only independent, not-for-profit comfort care resource, helping patients and those they love during the most delicate times in their lives. St. Francis Reflections Lifestage Care offers a diverse range of compassionate care services including palliative care, hospice and grief support for all ages.



VITAS Healthcare is here to help healthcare providers ensure the best end-of-life care for their patients.

Gold Level Sponsors



Brevard Alzheimer's Foundation provides thousands of hours of adult daycare, senior meals, transportation, and provided 13,885 hours of in-home respite. We touch many other families through case management, caregiver education, and support groups and our goal is to keep families together for as long as possible.



The comfort of home can't be beat. Home Instead services let people flourish in the everyday life they already know and love – while getting a little help to stay independent and mobile. From personal care to Alzheimer's care to transportation, Home Instead services make life easier for seniors and their families.



The Auto Group (ACG) is a part of AAA-affiliated insurance companies that are nationwide. ACG is the second largest AAA club in North America, providing insurance, travel, financial and other services to over nine million members. ACG is spread across 11 states plus Puerto Rico and U.S. The offerings will from ACG vary based on location.



Mike and Jeanne are Senior Real Estate Specialists (SRES) who have received additional training in senior real estate. They understand the real estate needs of seniors are different than just a regular real estate transaction. Whether you are looking to retire, downsize, move to an active adult community, or just need some help with your housing options, Mike and Jeanne are there to help.



There is nothing quite like the warmth and hospitality found in Greenwood Place, offering a safe, comfortable home surrounded by friends and a caring team that caters to your individual needs. Assisted Living residents enjoy restaurant-style dining, daily fitness and exercise classes, and a full calendar of educational, cultural and social events.

Meet & Greet Sponsors

Our monthly Meet & Greets with our sponsors have started back up on Tuesday and Friday mornings from 9—11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them.

• 3rd Friday (April 15)



1st Tuesday (May 3)



Thank You to Our Sponsors!

Our Next Friday Night Dinner is May 6!

Our St. Patrick's Dinner was sold out. Thanks to CarePlus and all who supported and volunteered for this event.

Our Italian-inspired May dinner will be on Friday, May 6 and tickets will go on sale April 4.



- MENU Chicken Parm with Penne Pasta
 - Baked Ziti with Meat Sauce
 - Green Beans
 - Salad
 - Dinner Rolls
 - Orange Juice Cake



Entertainment provided by **Harbor City Dance Band**





We also need volunteers to help with taking down tables and chairs after all our dinners. We're looking forward to seeing you at the next dinner. Look for the new flyers around the Center after April 1.

Tickets are \$14.00 Per Person—Deadline to Purchase Tickets is Friday, April 29!





FRIDAY NIGHT DINNER

Celebrating St. Patrick's Day at our *FIRST* **2022** Friday Night Dinner on March 4!



IN EVERY ISSUE



New Members in February

Allebach, Allen

Arce, Pamela

Burgess, Lisa

Coombs, Kathy

Counts, Linda

Critchfield, Donnie

Critchfield, Laurie

DeLallo, Faith

DeSimone, Shari

Douglas, Bob

Eastman, Janet

Emison, Scott

Garcia Lugo, Hector J

Gregory, Mark

Hayes, Denise

LaRosa, Vince

Libby, David

Libby, Lisa

Lupis Reedy, Valerie

Masters, Rosalie

McNeal, RosaLea

Muhlenkort, Cynthia

Muhlenkort, Mark

Newman, Dana

Olsen, Nancy

Phipps, Patricia

Rief, Gary

Rief, Kathy

Robertson, Dana

Rodgers, Susan

Roley, Lynn

Schlarb, Miles

Schutte, Patti

Seigel, William

Seltzer, Bradley

Seltzer, Kathryn

Shaw, Carol

Shields, Margaret

Shields, Ulysses

Stern, Scott

Strunk, Jackie

Szelag, Edwina

Szelag, Richard

Thomas. Deborah

Torres, Kim

Tuscany, Pamela

Vowell, Patty

White, Connie

Young, Jane

comments? We value your opinion! There's a new SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPSC!



Meet Our Staff

Officers

President: Diane Weinzierl
Vice President: Gary McGuire
Secretary: Lynn Higginbotham
Treasurer: Colleen Barneman

Directors

Lisa Coyle Pam Page
Ina Fritsch Ginny Parker
Vincent Germann Janet Smith

Beverly Morgan Rosalie Novak Jaqueline Williams

Staff

IT Systems Admin: John Efird

Webmaster: Maureen Reeder

Sunshine: JoAnn Efird Newsletter: Nilda Rosario

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to: news@bcwpsc.org

WPSC New Email Addresses

Please make a note of the telephone number for the front reception desk: **321-255-4494**, and email addresses for the Wickham Park Senior Center staff:

DIRECTORY	EMAIL
WPSC President	president@bcwpsc.org
WPSC Secretary	secretary@bcwpsc.org
WPSC Treasurer	treasurer@bcwpsc.org
WPSC Scheduling	scheduling@bcwpsc.org
WPSC Information	info@bcwpsc.org
WPSC Webmaster	webmaster@bcwpsc.org
Travel Office	travel@bcwpsc.org
Front Desk Reception	reception@bcwpsc.org
Bridge Club	bridge@bcwpsc.org
Newsletter Editor	news@bcwpsc.org
Systems Administrator	itadmin@bcwpsc.org

Medicale Insurance Plans





Jerry Hadlock, Jr. Call / Text 321-720-4526

Email: JLDM253@AOL.COM

601 E. Strawbridge Ave., Melbourne, FL 32901

We can help you find the right Medicare plan. With some plans you can go to any Doctor or Hospital. We represent most National and Regional Medicare companies.

"Jerry is a great resource & very knowledgable about Medicare"

- Dawn Partlow, Navigating Tax Solutions, Merritt Island, (321) 412-6610

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