



# Friendship Flyer

AUGUST 2021

2785 Leisure Drive  
Melbourne, FL 32935  
(321) 255-4494

Hours: Mon-Fri: 8:30 am—4:30 pm  
Sat: 8:30 am—12:30 pm  
Website: [www.bcwpsc.org](http://www.bcwpsc.org)



Diane Weinzierl

## President's Message



They say a picture is worth a thousand words and this one says it all! It was so much fun meeting our new members and seeing familiar faces come into the Center during our Re-Opening Celebration week. Our sponsors really stepped up to the plate supplying us with doughnuts, cupcakes, cookies, chicken wings, orange juice, gift baskets, gift cards and so much more. All in all, in addition to the bounty of food goodies they provided, we were able to hold 24 prize drawings that totaled almost \$1,000 in prizes for our membership. Thank you again to all our sponsors for making this a very successful reopening celebration and congratulations to all the winners (see page 15 for a complete list). And a special thank you to the board members and volunteers for all the hard work in planning and executing our welcome back celebration. We hope

you had as much fun as we did. Be sure to check out the photos we took throughout the week - many included in this newsletter and displayed on the slide show screen next to the front desk.

So now that we're back in full swing, what can you expect to see in the future months? We'll be working with our sponsors and outside groups to put together more educational program offerings for you. One new program that just started is our Cooking for Seniors cooking demonstration, hosted by Chef Jillian and sponsored by Cigna. She will be here the 2nd and 4th Thursday of the month providing lots of tips for healthy cooking – and the best part is that you get to sample the food at the end of the cooking demonstration. Check out page 4 for details about what she'll be featuring in her program in August.

Travel is continuing to pick up and your travel team is adding more trips to the calendar. Stop in and talk to them (they are here 10 am to 2 pm Monday through Friday). Also, if you have a particular trip you'd like to do at some time, let them know and they may be able to add it in the future.

One question I hear a lot is "when are you going to start your Friday night dinners again?". I'm happy to tell you that we're now making plans for our first Friday Night Dinner since the beginning of the pandemic and it is scheduled for Friday, October 1. Please put that on your calendar and watch for more details next month. Tickets should be available for purchase beginning September 1.

Enjoy your summer and we look forward to hosting you at the Center!

**WELCOME BACK!**

## Mission Statement

**Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.**

***"There are no strangers here, only friends you have yet to meet!"***

## Computer Help Wanted

The Tech Support staff at the Senior Center is in need of volunteers to assist with computers and associated equipment. If you have experience in any of the following and can volunteer a few hours a week, please contact John Efirid at 321-704-0520, or email him at [wpscitadmin@cfl.rr.com](mailto:wpscitadmin@cfl.rr.com). The skills needed are:

- **Data Entry:** Ability to create and edit documents in Microsoft Word and Excel. Familiarity with Microsoft Publisher and Access database software is a plus.
- **Routine Hardware and Software Maintenance:** Periodic running of anti-virus and anti-malware software. Monitoring printer use to determine when toner, ink or other printer hardware needs replacement.



## Front Desk Volunteers Needed!

Wickham Park Senior Center is operated with 100% volunteers. To support the center we require people at the Front Desk. Do you have 4 hours per week or maybe 4 hours a month? Every little bit helps. Normally there are two people at the front desk. So you will not be by yourself. The following is what skills are required:

- Computer skills required.
- Answer the phones.
- Greet people with a friendly happy face.



Training will be provided. You have to be a WPSC member to volunteer. If you're interested, please stop by the center and complete the volunteer form. Questions? Please contact us at 321-255-4494.

## Free Medicare Workshop

If you'll be turning 65 in the next 6 months, join us on August 28th 2021 @ 11:00 am for a free Medicare workshop. Are you still working? Are you covered by Tri-Care? We will cover information on this as well as all things Medicare, such as your specific rights that apply only to your initial eligibility period, how to enroll in Medicare, understanding the differences between original Medicare and Medicare advantage plans, how to understand part D prescription plans, what a Medicare supplement covers and how to choose the one that is best for your situation and needs. Please call Jared at 321-745-0220 to reserve your seat.

## Players Needed!

### Mexican Train Dominoes Group



The Mexican Train

Dominoes Group is in need of players interested in playing as well as having a fun time in their event conducted every Wednesday afternoon from 1:00 pm until 4:00 pm. Please contact **Cora** at 321-254-5014 for additional information. Mexican Train Dominoes is conducted in Room 117 (The Gathering Room) at the Wickham Park Senior Center every week. The 2021 Member fee is \$1 while the Non-member fee is \$3.



MAKING STRIDES  
Against Breast Cancer



## BUNCO Fundraiser

**Date:** Sunday, September 19, 2021  
**Time:** 1:00 pm—4:00 pm  
**Place:** Wickham Park Senior Center  
**Donation:** \$20.00 to Play

Join the fun while supporting the American Cancer Society! There will be prizes, raffles, food and more! You must sign up to play. Table space is limited and please bring your own set of 3 dice. To reserve a space, call or text **Ginny Parker** at 321-698-0445.

**FACE MASKS ONLY REQUIRED FOR UNVACCINATED PEOPLE.**



**New!**

## Online Intro to Bridge Course Reserve your seat now!

Maybe you played it in college, or perhaps you saw it on TV or at your parents' kitchen table – **BRIDGE!** It's the ultimate card game, featuring strategy, teamwork and fun. Are you ready to learn how to play? Presenting **Intro to Bridge**, a new interactive online course from the American Contract Bridge League.

Each 90-minute lesson – 10 in all – features **hands-on learning** with plenty of practice for your new skills. You can expect to begin playing shortly into the first lesson.

**10 Lessons for just \$50** and includes a free 90-day trial of the Shark Bridge app. Classes are taught via Zoom, and we strongly recommend that you use a PC or Mac rather than a tablet.

If you're familiar with other card games like spades or war, you're off to a good start. Both are "trick-taking" games, and so is bridge.

Intro to Bridge was developed with Patty Tucker, an ACBL Hall of Fame member and legendary bridge teacher. She is a leader in bridge education for all ages and specializes in guiding players who are just beginning. Course instructors include Patty Tucker, Eli Jolley and Morgan Johnstone.

**New courses starting soon! See schedule below.** (Note: the first lesson will last two hours, and the remaining lessons are 90 minutes each.)

### Courses beginning in September

- Each Tuesday beginning September 7, 1 p.m. Eastern, 10 a.m. Pacific
- Each Wednesday beginning September 8, 1 p.m. Eastern, 10 a.m. Pacific
- Each Thursday beginning September 9, 6:30 p.m. Eastern, 3:30 p.m. Pacific

**Space is limited so let's get started!**

Register at [my.acbl.org/events/learn-bridge](http://my.acbl.org/events/learn-bridge)



## CHEFS FOR SENIORS<sup>®</sup>



**Join Chef Jillian for a Cooking for Seniors Class the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of each month.**

**August 12:** Class will feature Healthy Cooking for Kidney Disease

**August 26:** Class will feature Healthy Snacking

**Time:** 11:00 am – 12:30 pm

**Cost:** \$6 Members / \$8 Non-Members

Chef Jillian takes a Midwest farm-to-table approach to food. Driven by her love of food, she attended Le Cordon Bleu and became a certified pastry chef. She worked at Disney's EPCOT Food and Wine Festival where she was recognized for her hard work, leadership skills and health and safety compliance. She also worked as a Pastry Chef at a Disney hotel where her dessert was featured in a magazine. After relocating to Melbourne she worked as a Pastry chef at the Chart House. Jillian loves serving the senior community in the Melbourne, Palm Bay, and Indian Harbour Beach areas as a **Chefs For Seniors** franchise owner.

Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting.



## Need to Schedule an Appointment with SHINE?

SHINE is happy to be back at Wickham Park Senior Center for in-person consultations. Office hours are 9:00 am – 12:00 noon, Monday, Tuesday, Thursday and Friday. Appointments preferred, but will take walk-ins if counselor is available. Call 407-514-1800 to schedule your appointment.

# OUR SPONSORS

## Our “STARS” Sponsors

The Officers and Membership of Wickham Park Senior Center appreciate the continued support of our many Sponsors. As an all volunteer run organization, their continued financial support allows us to offer Activities and Social events for our members.

### Diamond Level

Beltone Hearing ♦ Courtney Springs Village ♦ CarePlus Health Plans  
 CIGNA ♦ Edward Jones Investments ♦ Health First Health Plans ♦ Health First Home Care  
 Home Instead Senior Care ♦ Power Realty ♦ Slonim & Lemieux Law Offices  
 St. Francis Reflections ♦ United Healthcare ♦ VITAS Healthcare

### Gold Level

Victoria Landing

### Silver Level

Buena Vida Estates • ClearCaptions

### Meet & Greet Sponsors

Ally Senior Living Consultants • CaptionCall • CarePlus Health Plans  
 CIGNA • Courtney Springs Village • Health First Health Plans • Health First Home Care  
 Home Instead Assisted Living • Humana Marketing • Power Realty  
 St. Francis Reflections • United Healthcare  
 VIP America Home Health Care • VITAS Healthcare

*Thank you*

## Come Meet Our Sponsors!

Our monthly Meet & Greets with our sponsors have started back up on Tuesday and Friday mornings from 9—11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them.

### Monthly Schedule:

- 1st Tuesday - VITAS Health Care & Power Realty
- 2nd Tuesday - Health First Home Care, CIGNA & Humana Marketing
- 3rd Tuesday - Health First Health Plans & CaptionCall
- 4th Tuesday—Home Instead Assisted Living
- 1st Friday - VIP Health Care
- 2nd Friday - United Healthcare
- 3rd Friday - CarePlus Health Plans & Home Instead Assisted Living
- 4th Friday - Ally Senior Living & St. Francis Reflections



The WPSC Travel Office is OPEN Monday thru Friday 10:00 am—2:00 pm

## The Isle of Capri Casino

Date: September 15, 2021  
 Cost: \$45 per person

## Ybor City, Columbia Restaurant & Riverwalk

Date: October 27, 2021  
 Cost: \$179.00 per person

## Miami Key West

Date: February 8-11, 2022  
 Cost: \$495.00 per person

## Holiday Luncheon & Tour of Norton Museum & Chesterfield Hotel

Date: December 2, 2021  
 Cost: \$139.00 per person

## Wicked Winter Wonderland & Sanibel Historical Museum & Village

Date: December 12 & 13, 2021  
 Cost: \$409 per Double / \$469.00 per Single

Courtesy of Travel Expressions & Diamond Tours.

For questions, please call Wickham Park Travel at 321-425-5530.

Reflecting life, love and compassion

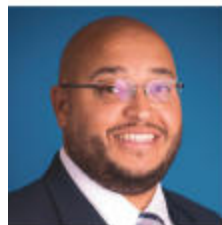
St. Francis  
**REFLECTIONS**<sup>SM</sup>  
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- Grief Support

321-269-4240  
[ReflectionsLSC.org](http://ReflectionsLSC.org)

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# CALENDAR OF EVENTS

WICKHAM PARK SENIOR CENTER  
2785 Leisure Way  
Melbourne, FL 32935

Phone: 321-255-4494  
Web: [www.bcwpsc.org](http://www.bcwpsc.org)

## AUGUST 2021

ACTIVITY	NOT RESUMING IN AUGUST	SCHEDULE FOR AUGUST
Ballroom Dancing		Mondays @ 6:30P & 7:30P
Bingo		Tuesdays & Fridays @ 11:00A—2:00P
Bone Makers Plus	<input checked="" type="checkbox"/>	
Blood Pressure Checks	<input checked="" type="checkbox"/>	
Bridge: <b>Beginner Class</b>	<b>STARTS AUGUST 2</b>	<b>Mondays @ 10:00A—Noon</b>
Duplicate	MEETS VIRTUALLY	<b>Tuesdays, Thursdays &amp; Fridays @ 12:30P &amp; Saturdays @ 7:00P</b>
Duplicate Chat		Mondays, Wednesdays & Saturdays @ 12:30P
Rogue		Tuesdays @ 1:00—3:00P Saturdays 12:30—3:30P starting July 24
Rubber		Thursdays @ 1:00—4:00P
Bunco		1st & 3rd Thursdays @ 12:30—4:00P
Chair Yoga		Tuesdays @ 3:00—4:00P
<b>Chefs for Seniors</b>		<b>2nd &amp; 4th Thursdays @ 11:00A—12:30P Sign-up Sheet at Front Desk</b>
China Painting		Mondays @ 9:30—11:30A
Euchre		1st & 3rd Wednesdays @ 6:00—9:00P
Financial Lunch-n-Learn	<input checked="" type="checkbox"/>	
Games: Hand & Foot		Mondays & Fridays @ 9:00A—Noon
Games Galore		Wednesday @ 2:00—4:00P
Greeting Cards	<input checked="" type="checkbox"/>	
Jazzercise Lo		Mon., Wed. & Fri. @ 8:30—9:30A
Line Dancing:		Tuesdays @ 4:15—5:30P
Mahjong: American		Mondays @ Noon—3:30P Thursdays @ 9:00A—Noon
Chinese		Wednesdays @ 1:00—4:00P
Mexican Train Dominoes		Wednesdays @ 1:00—4:00P
Pinochle		Fridays @ 12:30—4:00P
Poker: Dealers Choice		Tuesdays & Fridays @ 1:00—4:00P
Friendly		Mondays & Wednesdays @ 1:00—4:00P
Pool (Billiards)		Monday thru Friday @ 8:30A—4:30P Saturdays @ 8:30A—12:30P starting July 24
Senior Law	<input checked="" type="checkbox"/>	
Shuffleboard: Open Play		Mondays & Thursdays @ 6:00—8:30P Saturdays @ 9:00A—Noon
QiGong-TaiChi		Wed. & Fridays @ 8:30—9:30A
Silver Sneakers		Thursdays @ 11:00A—Noon
Social Scrabble		Tuesdays @ 9:15A—Noon
Strength / Flexibility		Thursdays @ 9:30—10:30A
Watercolor Instruction	<b>RESUMES AUGUST 18</b>	Wednesdays @ 9:30A—12:15P
Zumba Gold		Tuesdays @ 8:30—9:15A

Program details and times are subject to change. Please check the daily schedule at the Front Desk for the latest information.

NEW UPDATES

## Ballroom Dancing

**Mondays @ 6:30 pm** Anything Goes;  
**7:30 pm** All Levels, Same Dance All Month;  
**8:30—9:30** Practice Dance **FREE** with Class  
**Cost: \$8.00 per Class for Members**  
**\$10.00 per Class for Non-Members**  
**\$5.00 Practice Without Class**

Please join us! Drop in to practice after the classes. Spread the word! Any questions? Please contact Chris Marcelle, 321-258-5916.



**OPEN TO THE PUBLIC:** Tuesdays & Fridays  
 11:15 am—2:00 pm; Doors Open @ 10:00 am

**Early Bird Starts at 11:15 am**

**Packages start at \$6.00. Bingo payouts will be adjusted based on attendance.**

**Kitchen open from 10:00 am to 11:30 am.**

- Six-foot tables are set up to accommodate two (2) people per table (one on each side at opposite ends). Players wishing to sit more players per table may do so at their own discretion.
- Attendance may be limited due table space available. Once all available seats are filled, it may be necessary to turn people away.
- All tables will be sanitized prior to each session.

For more information, contact **Brenda Clarson** at 321-258-8837.

## Bridge (Rogue)

**Tuesdays @ 1:00—3:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Contact **Patricia Rosenthal** at 321-626-5419.



## Beginner Bridge Class

**Starting on 8/02/2021!**

**Mondays @ 10:00 am—Noon**

**Cost: \$60.00 for 7 Lessons**  
**\$30.00 Student/Military Discount**

**Book: Bridge Basics 1 by Audrey Grant**  
**\$12.49 at Amazon**

**Some books available locally at \$10.00**

Whether you are looking for competition or something more relaxed, bridge is a great option for you. Learn the ultimate card game and discover your new passion in the comfort of your home. The Wickham Park Duplicate Bridge Club is providing a seven-week online beginner bridge course. Bridge is a great social activity and a way to make new friends. To register, contact Linda James at 321-848-5228 or email:

[lindalizjames@gmail.com](mailto:lindalizjames@gmail.com).

## Bridge (Duplicate)

**Online: Tuesdays, Thursdays, & Fridays @ 12:30 pm; Saturdays @ 7:00 pm**

**Face-to-Face: Mondays, Wednesdays & Saturdays @ 12:30 pm**

**Cost: \$6.00**

If you would like to play in our game, please contact **Pam Page** at 321-537-0907, **Bob Ezell** at 1-321-474-2293, or **Tom Allen** at 321-327-3378. They can help you with tutorials for playing on BBO, or help find a partner.

If you have not played at Wickham Park in the last year, they will need to add you to a database in order for you to play. We welcome more players!

## Bridge (Rubber)

**Thursdays @ 1:00—4:00 pm**

**Saturdays @ 12:30—3:30 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Come on out for an afternoon of enjoyment at the bridge table. Any questions? Please contact **Janet Walker** at 321-242-3173 for Thursday classes or **John Dalheim** at 321-848-1794 for Saturday classes.

## Bunco

**1st & 3rd Thursdays @ 12:30—4:00 pm**  
**Cost: \$6.00 Members / \$8.00 Non-Members**



We had a festive Bunco group in July! **Jan Glugla** and **Lisa Coyle** are the Bunco Program co-chairs. Bunco is played on the 1st and 3rd Thursday of each month. August dates are August 5th and August 19th! We play four rounds. After two rounds, we have a break for refreshments. We supply coffee and water. Players may bring lunch items, snacks or desserts to share. Please contact **Jan** at 321-253-3387 to reserve your Bunco space.

## Chair Yoga

**Tuesdays @ 3:00—4:00 pm/Sign-in @ 2:45 pm**  
**Cost: \$1.00 Members / \$3.00 Non-Members**

This class is designed to help with overall well-being for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.



## China Painting

**Mondays @ 9:30—11:30 am**  
**Cost: \$5.00 Members / \$7.00 Non-Members**

Classes started on June 14 in Room 117. Contact **Frankie Lybarger** at 321-254-0254, if you have any questions.



## Euchre

**1st & 3rd Wednesdays @ 6:00—9:00 pm**  
**Cost: \$5.00 Members / \$7.00 Non-Members**

Set up time starts at 5:30 pm and games start promptly at 6:00 pm. Contact **Jay Koeller** at 321-794-6400.

## Games Galore

**Wednesdays @ 2:00—4:00 pm**  
**Cost: \$1.00 Members / \$3.00 Non-Members**

Mexican Train Dominoes, and special card games, such as UNO, SKIP-BO, 5 CROWNS, QUIDDLER, PHASE 10, MAHJONG card game (not tiles) and special CANASTA cards. The group decides each week what they would like to play depending on the number of people in attendance. We are a social group and will teach you any of the aforementioned games. Contact **Mary Ann Kacanda** at 321-752-9536.

## Hand & Foot Card Game

**Mondays & Fridays 9:00 am—Noon**  
**Cost: \$1.00 Members / \$3.00 Non-Members**

Join this group of friendly and competitive players for a time well spent. Players are designated to a table by drawings seat assignments, if you do not have a partner. Contact **Nancy Berckhemer** at 321-254-5170 for more information.

## Jazzercise Lo

**Mon., Wed., & Fridays @ 8:30—9:30 am**  
**Cost: \$40.00 per Month or \$10.00 per Day**

Join us for a fun and energized Jazzercise Lo class. Start off your mornings dancing away those extra calories using Low Impact moves that yield MAXIMUM results! You use muscles, not momentum, to get a total body workout without the impact on your joints. Contact **Ginny Parker** at 321-698-0445.



## Line Dancing

**Tuesdays @ 4:15—5:30 pm**

**Cost: \$6.00 Members / \$8.00 Non-Members**



Come join the fun and make new friends! Come improve flexibility as well as ease anxiety. Learn moves while enjoying music of the past and present and laughing with fellow students! Call **Sue Duncan** at 321-505-0846 for more information.

## Mahjong

**American: Mondays @ Noon—3:00 pm &**

**Thursdays @ 9:00 am—Noon**

**Chinese: Wednesdays @ 1:00—4:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! Contact **Patricia Rosenthal** at 321-626-5419 (American) or **Michael** at 321-537-7094 (Chinese), if you have any questions.



## Mexican Train Dominoes

**Wednesdays @ 1:00—4:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Come join us for Mexican Train Dominoes on Wednesday afternoon starting at 1:-00 pm in Room 117. It is a simple, easy to learn dominoes game. We enjoy playing and we would love to have you come play with us too. Questions? Contact **Cora DiCecilia** at 321-254-5014.

## Pinochle

**Fridays @ 12:30—4:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Contact **Cathy Decker** at 321-254-9517.

## Poker (Dealers Choice)

**Tuesdays & Fridays @ 1:00—4:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Contact **Kit LaLonde** at 954-260-0687.

## Poker (Friendly)

**Mondays & Wednesdays @ 1:00—4:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Attention: Players Needed! Pennies Only. Call ahead to attend. Contact **Vinnie Germann** at 321-253-6155.



*New member plays poker for the first time and wins big!*

## Pool (Billiards)

**Monday thru Friday @ 8:30 am—4:30 pm**

**Tournaments: 2nd Wednesday of Every Month**

**Cost: \$1.00 Members / \$3.00 Non-Members  
Plus \$ .50 per Day or \$2.00 per Week**

In addition to the \$1.00 per day that is paid to WPSC, effective May 17 the pool room cost to play pool has been raised from 25 cents per day, or (\$1 per week), to 50 cents per day, or (\$2 per week) until further notice. The extra funds paid to the pool room will be used for supplies and needed repairs, including replacing the felt on the pool tables when necessary. We will reevaluate this additional cost in 6 months to determine if we can lower the cost to play at that time.

YE OL Pool Room 8 Ball Tournament

Results of 7/14/21:

- 1st Place: Joe Franco
- 2nd Place: Paul Monti
- 3rd Place: Bob Hokkanen
- 4th Place: Dave Reeve

Next tournament is August 11. Questions? Please contact **Wally Topinko** at 321-622-4977.

## QiGong-TaiChi

Wednesdays & Fridays @ 8:30—9:30A

Cost: \$5.00 Members / \$7.00 Non-Members

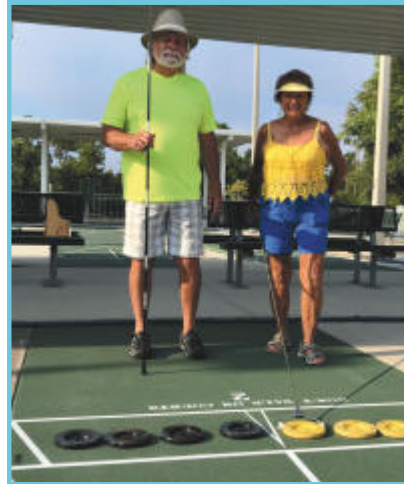
For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them. According to researchers, one of the most promising interventions is TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. Contact **Laura Parsons**, Certified Instructor at 321-474-5374.



## Shuffleboard

Mondays & Thursdays @ 6:00—8:30 pm & Saturdays @ 9:00 am—Noon

Cost: \$1.00 Members / \$3.00 Non-Members



*Dave Clendenin and Suzie Christian*

For more information on learning how to play or participating in shuffleboard tournaments, please call **Greg Jones** at 606-219-3994 or email: [greg.sonesta@gmail.com](mailto:greg.sonesta@gmail.com).

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[kfontaine@4LPi.com](mailto:kfontaine@4LPi.com) or  
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## Silver Sneakers

Thursdays @ 11:00 am—Noon  
 Cost: \$6.00 Members /  
 \$8.00 Non-Members



Silver Sneakers is a low impact cardio and stretching class that's done 60% in a chair and the other 40% standing. It is a great workout for ALL levels of fitness! The cost is just **\$6.00 per class**, but for some of you, your health insurance may cover the cost of the class and you can come and work out FOR FREE! All you need to do is contact your health insurance company and ask them if your policy includes Silver Sneakers. Contact **Kim Billins** at 469-662-4176.

## Social Scrabble

Tuesdays @ 9:15 am—Noon  
 Cost: \$1.00 Members / \$3.00 Non-Members

Hello fellow Scrabble players! Friendly Scrabble has returned as of April 20, 2021. Questions? Please contact **Anne O'Brien** at 303-453-7301.

## Strength/Flexibility

Thursdays @ 9:30—10:30 am  
 Cost: \$4.00 Members / \$6.00 Non-Members

*Get Into The Fitness Zone!* Fitness Unlimited by Design presents a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps with posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We are working on core, arm and leg strength. Go at your own pace and feel the antiaging begin. Come and join us, no need to sign up, just show up. I can't wait to meet you! ! For more information, contact **Susie Salvetti** at 321-626-0282.



## Watercolor Instruction

Wednesdays @ 9:30 am—12:15 pm  
 Cost: \$6.00 Members / \$7.00 Non-Members

**Resumes August 18!**



Classes held in the computer room. Please check with WPSC COVID mandates as they follow the County and CDC Guidelines. Bring your own supplies, smiles and good

attitudes! Relax, enjoy the process and camaraderie. All levels welcome! Contact **Judy Champion** at 321-312-9155 or [judy.champion325@gmail.com](mailto:judy.champion325@gmail.com).

## Zumba Gold

Tuesdays @ 8:30—9:15 am  
 Cost: \$5.00 Members / \$7.00 Non-Members

Active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower-intensity. The design of the class introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat, and prepare to leave empowered and feeling strong. Class focuses on all elements of fitness: cardiovascular, muscular conditioning, flexibility and balance! For more information, please contact **Cristina Aguerrevere** at 321-914-9401.



# Welcome

## New Members in June

Anderson, Charla	Morse, Hannah
Armenoff, Thomas	Needham, Marie
Attamante, Patricia	Pender, Carol
Badger, Linda	Puglisi, Louie
Bayer, Kathy	Quinn, Debbie
Bond, Jacqueline	Restivo, Brett
Booth, Norma C	Richards, Sandra
Calamaro, Katherine	Robins, Deborah
Campana, Jeri	Rowan, Marjorie
Chubb, Judi	Rowe, Rebecca
Fischer, Patricia	Rushing, Donna
Hathcock, Michael	Sanderson, Art
Hathcock, Toni	Sanderson, Joyce
Henrich, Shirley	Santa Maria, Vernell
Hicks, Debra	Sapp, Barbara
Hinshaw, Ann	Stepanian, Barbara
Horine, Sandra	Stepanian, Sr, George
Huffman, Vicki	Stewart, Diana
Lane, Linda	Tompkins, Carole
Lekarczyk, Robert	VanBennekom, Peter
Lieberman, Joyce	Waracks, Anita
Lopez, Ed	Woerner, Joan
Mann, CLARA	Young, Mary
Marino, Joanne	Youngs, Janice
Matus, Christine	Youngs, Norman
Miller, Gerard	Zebri, Jillian
Miller, Irene	

**Comments?** We value your opinion! There's a new SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPSC!



## Wickham Park Senior Center Holiday Closures

The Center will be CLOSED on:

- **Labor Day Holiday:** Monday, September 6
- **Thanksgiving Holiday:**
  - Wednesday, November 24
  - Thursday, November 25 (Thanksgiving)
  - Friday, November 26 (Friday after Thanksgiving)
  - Saturday, November 27
- **Christmas Holiday:**
  - Thursday, December 23
  - Friday, December 24 (Christmas Eve)
  - Saturday, December 25 (Christmas Day)
- **New Year's Holiday:**
  - Friday, December 31, 2021 (New Year's Eve)
  - Saturday, January 1, 2022 (New Year's Day)

## Meet Our Staff

### Officers

President:	Diane Weinzierl
Vice President:	Gary McGuire
Secretary:	Lynn Higginbotham
Treasurer:	Michelle Goldstein

### Directors

Vincent Germann	Pam Page
Peggy Miles	Ginny Parker
Beverly Morgan	Linda Payne
Rosalie Novak	Jaqueline Williams

### Staff

Systems Admin:	John Efird
IT Staff:	David Leacock
	John Turner
Sunshine:	JoAnn Efird
Newsletter:	Nilda Rosario

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to:  
**WPSCnews@cfl.rr.com**

In FY2021, we have been fortunate to receive a number of donations to the Center. We would like to thank them for their generosity:

### Donations Earmarked for WPSC

- Jacqueline DeGaetano
- Sonia Echavaria
- Frank M. Page
- St. Francis Reflections

### Donations Earmarked in Honor of Mary Ellen Reeves

- Angela Brown
- Verna Layman
- The Germanns and The Atiyehs – Family Members of Vincent Germann
- Vincent & Rosalie Germann
- Daniel & Karen Hagan
- Doris Lynn
- H. T. Lyons, Inc.
- G. Ronald Reeves

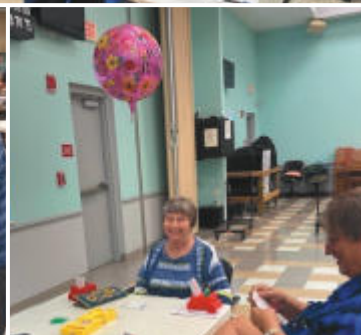
*Wickham Park Senior Center is a 501(c)3 charitable organization and as such is eligible to receive charitable donations.*



**LPI**

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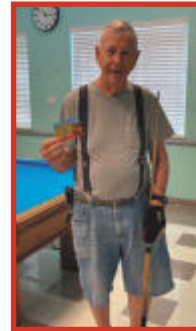


## CONGRATULATIONS RAFFLE WINNERS



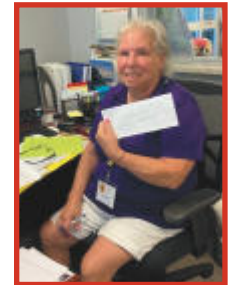
### MONDAY, JULY 19

\$25 Publix Card: Eleanore Mason  
 Portable Folding Chair: Helen Hedge  
 Hurricane Flashlight: Deana Booth  
 \$20 Bingo Certificate: Diane Weinzierl



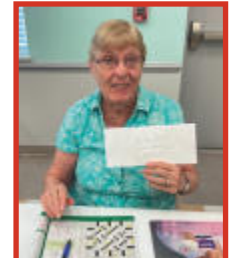
### TUESDAY, JULY 20

\$25 Long Doggers Card: Francis Blain  
 Portable Folding Chair: Cathy Hunt  
 Hurricane Flashlight: Catherine Gookolsingh  
 \$20 Bingo Certificate: Cecilia Sanchez



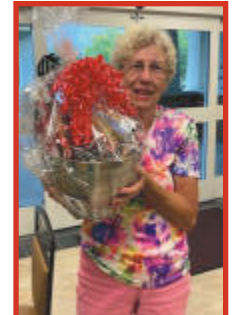
### WEDNESDAY, JULY 21

\$25 Wawa Gift Card: Kathy Yoder  
 Portable Folding Chair: Khanh Bui  
 Hurricane Flashlight: Wayne Fogarty  
 \$20 Bingo Certificate: Anne O'Brien



### THURSDAY, JULY 22

\$25 Long Doggers Card: Peggy Miles  
 Portable Folding Chair: Tracy McGovern  
 Hurricane Flashlight: Joanne Steady  
 \$20 Bingo Certificate: Janet Smith



### FRIDAY, JULY 23

\$25 Wawa Card: Rosalie Jones  
 Portable Folding Chair: Beverly Morgan  
 Hurricane Flashlight: Nancy Berckhemer  
 \$20 Bingo Certificate: Brenda Gleason

### GRAND PRIZE WINNERS



#1 Green Turtle Gift Basket, \$100 Wickham Wanders Certificate, \$50 Publix Gift Card: Nancy Harrington  
 #2 Coffee/Tea Gift Basket, \$100 Wickham Wanders Certificate, \$50 Publix Gift Card: Lupe Verdin  
 #3 Pasta Gift Basket, \$50 Long Doggers Gift Card, \$25 Cracker Barrel Gift Card: Shelby Kruse  
 #4 Wine Basket, \$25 Cracker Barrel Gift Card, \$20 Cumberland Farms Gift Card: Dave Reeve

*Thanks to all our Sponsors for their generous donations and helping make the WPSC Re-opening Celebration a huge success!*



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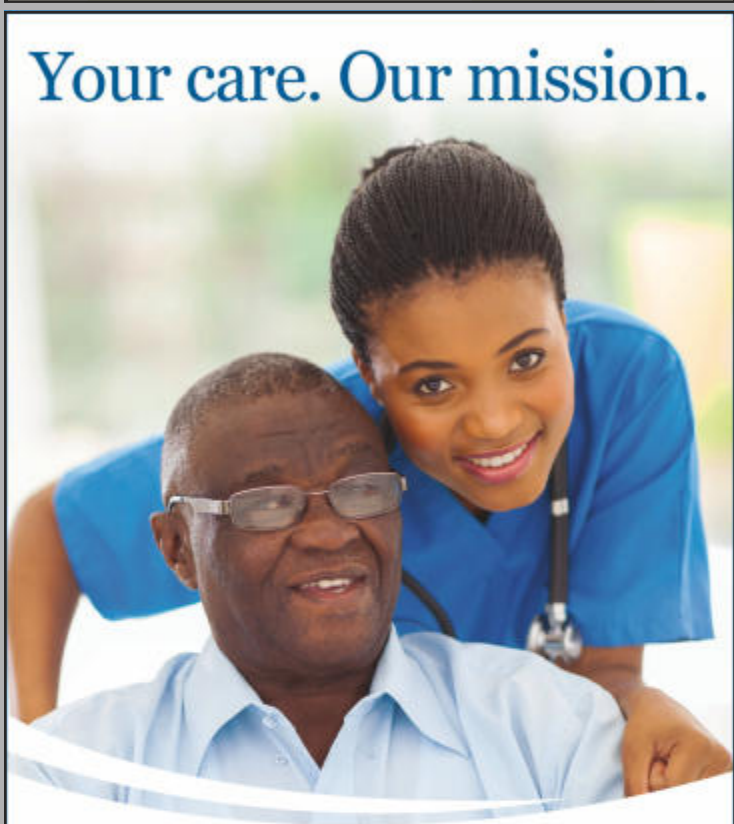
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