



Friendship Flyer

2785 Leisure Way
Melbourne, FL 32935
(321) 255-4494

Monday-Friday: 8:30 am—4:30 pm

Saturday & Sunday: CLOSED

www.bcwpsc.org

DECEMBER 2022



President's Message



Diane Weinzierl

Wow – this year has gone by so quickly, I can't believe we're decorating for Christmas again already. I know many of you look forward to picking one, or several, gift tags off our Angel Tree each year. However, this year Aging Matters decided to do things a bit differently and instead asked for gift cards they can distribute to their senior clients in our area. So, instead of asking you to provide the gift cards, the Board voted to donate \$1,000 from our entire membership to Aging Matters for this project.

Please don't forget to sign up for, and attend, our **Annual Meeting/Wine & Cheese Reception on Friday, December 2 from 4:00 to 6:00 pm. This event is FREE to all WPSC members.** In addition to reviewing the state of the Center, we'll also be conducting two very important business votes, which you will want to participate in:

- We'll be voting on a change to our By-Laws (*see page 2 for detail changes*).
- We'll also be voting for the 2023 Board of Directors. Typically, we hold our elections the week after the Annual Meeting, but because the slate is not full and there are no candidates running against each other, we made a decision to hold this year's election at the annual meeting. The current slate of candidates can be found on the last page of this newsletter. Nominations can also be made from the floor during the meeting, so if you're interested in being on the board you can still submit your name.

I promise to keep the meeting short and leave plenty of time to socialize with members while enjoying the wine and cheese.



Thank you to everyone who participated in our 2nd annual Texas Roadhouse Promotion last month. I'd like to recognize and thank **Elaine Sams** for organizing this successful fund raising effort again, which netted \$610 to the Center.

As we close out the year, I'd like to thank all our volunteers, sponsors, program managers and our members for your support this past year. I have really enjoyed getting to know many of you and I look forward to meeting many more of you in 2023.

Merry Christmas and Happy New Year!

Mission Statement

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"

IMPORTANT DATES

- **DECEMBER 2:**
Annual Meeting
Wine & Cheese
Reception
(FREE to Members)
4:00 – 6:00 PM
- **DECEMBER 11:**
2022 Volunteer
Holiday Event at
The Tangiers
12:00 – 4:00 PM
- **FEBRUARY 4, 2023:**
Friday Night Dinner



Proposed Changes to WPSC By-Laws

Below (in red) are the proposed changes to the Wickham Park Senior Center By-Laws which will be voted on at the December 2, 2022 Annual Meeting. If you'd like a complete copy of the current By-Laws, you can request a copy at the Front Desk.

ARTICLE VI – OFFICERS

1. Number and Title: There shall be four (4) Officers of the Corporation consisting of the President, Vice President, Secretary, and Treasurer.
2. Term of Office: The term of office shall be for one (1) year. Each officer shall hold office until his successor in office has been duly elected, and installed. Outgoing Officers shall provide turnover support for up to six (6) months.
3. Installation: ~~The newly elected officers shall be installed and take office~~The Officers shall be elected from among the Directors at the first Board meeting after their election of the calendar year.
4. Multiple Offices: No person shall hold more than one (1) elective office simultaneously.
5. Vacancies in Office: Should the office of the President become vacant during his/her term of office, the Vice-President shall succeed to the office for the remainder of the term. The Board of Directors shall fill vacancies in all other offices for the unexpired portion of the term.
6. Duties of the Officers
 - a. President: The President shall be the Chief Executive Officer of the corporation and preside at all meetings of the general membership, Board of Directors, and Executive Committee. He/she shall appoint the Chairmen of all Committees, subject to approval of the Board of Directors. He/she shall call all meetings of the corporation as appropriate. He/she shall sign all documents evidencing legal obligations of the corporation, after approval of the Board of Directors. He/she shall be ex-officio (non-voting) member of all committees, except the nominating committee. He/she shall perform other duties as may be directed by the Board of Directors or the general membership. The outgoing President shall conduct the election of Officers at the first Board meeting of the calendar year.

ARTICLE VII – BOARD OF DIRECTORS

1. Management: The general management of the affairs of the corporation shall be vested in the Board of Directors.
2. Number and Eligibility: There shall be ~~thirteen (13)~~ twelve (12) members of the Board of Directors, ~~(Four (4) Officers and nine (9) Directors)~~ to be elected from among the individual members of the corporation in good standing, present in person and entitled to vote at the annual meeting. In addition, with the exception of if the immediate past president is no longer a director, he/she will automatically become a member of the Board for one year (non-voting).



Annual Meeting & Wine/Cheese Reception

Annual Meeting Wine & Cheese Reception to learn more about what's happening at WPSC.



- Vote on proposed By-Law Change
- 2022 Accomplishments
- How your money was spent in 2022
- Meet and vote for your nominees for the 2023 Board of Directors.

All attendees will have a chance to win one of several raffle prizes, including a \$25 Gift Card.

To ensure we have enough food and beverages on hand, as well as a quorum, please sign-up at the sheet available at the front desk no later than Wednesday, November 30.

Sponsored by CarePlus HEALTH PLANS

Looking for a Worthy Charitable Donation Organization?

Wickham Park Senior Center is a 501(c)3 charitable organization and as such is eligible to receive charitable donations. We would like to thank the following people for their generous donations to WPCS in FY2022.

- Kathleen Agee
- Peggy Brysobn
- Robert Cason, in honor of his wife's birthday (Genevieve Cason)
- Kathleen & Andrew Cole
- Sonia Echevarria
- Laura Aho Parsons
- Susan Salvetti
- Marcia Luhn



If you find you have extra funds in your charitable donations bucket anytime during the year, please consider donating to WPSC.

WPSC Sunshine Committee

Do you know a WPSC member who is sick, experienced a family member loss, or needs some cheer or support? If so, please let our Sunshine Committee know by dropping off your request in the mailbox labeled "Sunshine Committee" (located near the Billiards Room behind the front desk).



Sunshine
COMMITTEE

Please be sure to include the person's full name and any information you might have so we can find them in our

database, as well as why you think they qualify. Also, please be sure to include your name and telephone number so we can reach you if we have any questions.

Are You Receiving the WPSC Monthly Newsletter via Email?

A link to this newsletter is emailed to all members by the first of every month. If you are not receiving these emails, please stop by the Front Desk and verify that we have your correct email address.

Need Your Blood Pressure Checked?

Sea Pines will be conducting blood pressure checks at the Wickham Park Senior Center every 2nd Friday of the month (**December 9**) at 9:00-11:00 am.



Rosalie Novak and Janet Smith represented WPSC at the Senior Expo at the Wickham Park Pavilion on November 2, 2022



The Medicare Annual Enrollment Period runs from October 15th through December 7th each year. In 2022, we asked our Sponsors to provide education and training classes about what this means to the Senior Community. Several Health Insurance Providers/Sponsors put together informational classes concerning the options we might have with enrolling in additional plans giving us more or better coverage during any given year. These additional plans are labeled as 'Advantage or Supplemental Plans' with most providing us several benefits over and above Medicare/Medicaid and some at no additional costs.

The SHINE Office in the WPSC provides similar counseling about Advantage/Supplemental Plans at no cost as well and with a simple appointment with Dr. Lance Jarvis or his team of counselors can help you with making the best decisions for you and your plan.

You can schedule appointments with SHINE after the enrollment period for people turning 65 and qualifying for Medicare coverage. Please find the SHINE operating hours attached to their door.

We scheduled Five (5) classes during November and had limited participation from our membership. We are planning to host similar sessions throughout the coming years to help educate people about the changes with each enrollment period.

Thanks to the following Sponsors for providing the recent classes; United Health Care, Humana, Simply Health (Florida Blue), Ally Health, and Steward JUVO. We hope to add Care Plus Health Plans, Health First, and VITAS to the 2023 sessions. Stay tuned to our Newsletter for updates.



Serving Health Insurance Needs of Elders

Your "Go To" source for help with Medicare matters SHINE's Mission: To provide **free, unbiased** and **confidential** health insurance counseling through a dedicated network of volunteers, empowering Florida seniors to make informed health care choices.

SHINE is part of the Florida Department of Elder Affairs. All counselors go through extensive training and many have been serving clients for over 10 years.

SHINE counselors are **unbiased**. This means:

- SHINE is not affiliated with and does not endorse any insurance company or product.
- SHINE volunteer counselors receive no reimbursement or commissions. They have no "skin in the game" and genuinely enjoy assisting our clients.

Your health insurance needs are always the priority. Counseling services provided:

Medicare

- Medicare Advantage Plans
- Supplement (Medigap Plans)
- Prescription Drug Plans
- Fraud and Abuse
- Appeals and Grievances
- Billing Concerns

Medicaid

- Financial Assistance Programs

Social Security

- Financial Assistance Programs related to Medicare

SHINE has an office in the Wickham Park Senior Center. Caring, friendly, skilled counselors are available **Tuesday, Thursday, and Friday from 9 am to Noon**. There are other offices throughout the county.

Appointments are preferred. **Please call 407-514-1800 extension 6** and a counselor will contact you. We look forward to serving you.

Need to Schedule an Appointment with SHINE?

SHINE is happy to be back at Wickham Park Senior Center for in-person consultations. Office hours are 9:00 am – 12:00 noon, Monday, Tuesday, Thursday and Friday. Appointments preferred, but will take walk-ins if counselor is available. Call 407-514-1800 to schedule your appointment.

OUR SPONSORS

The Officers and Membership of Wickham Park Senior Center appreciate the continued support of our many Sponsors. As an all volunteer run organization, their continued financial support allows us to offer Activities and Social events for our members.

Diamond Level Sponsors



At Cigna, we are more than a health insurance company. We are your partner in total health and wellness. In addition, we are here for you 24/7 – caring for your body and mind.

Dry Eye Center of Florida is the first and only clinic in Central Florida dedicated to the diagnosis and treatment of dry eye disease. We combine the latest research and technology to successfully relieve our patients' dry eye symptoms and achieve the best patient outcomes. Dr. Ramsower has provided comprehensive eye care in Brevard County since 2005. She is known for her compassion and dedication to her patients' overall wellness and is happy to take care of all their eye care needs.

Health First Health Plans, a not-for-profit, Brevard County-based company with local customer service, has been serving Brevard County for more than 20 years. Our Medicare Advantage plans offer everything original Medicare offers plus additional benefits.



As an elite health insurance brokerage, JUVO's mission is to enhance the health and lives of individuals and communities. We are dedicated to deliver in high-quality affordable healthcare for all.



At Simple Health Advisors, we do exactly what our name says, we make health insurance simple. We understand that there are many companies available for you to choose from and we take pride in helping you do just that. With over 15 years of experience our goal is to educate and un-complicate the insurance shopping experience.



The Slonim Law attorneys are focused on Elder Law (Probate, Guardianship, Estate Planning & Medicaid Planning) in Brevard County (Melbourne, Viera, and Palm Bay) and Osceola County. We take pride in working closely with our clients to ensure that they obtain the best representation for the value. Helping people is our job. Preserving our client's rights and interests is our focus.



When it comes to Medicare, one size definitely does not fit all. What works well for your neighbor may not be the best fit for you. With multiple Medicare Advantage plans to choose from, United Healthcare can help you find one that fits your health care coverage needs and your budget.



Life's challenging moments call for a special brand of care guided by love and compassion. Since 1977, we have served as Brevard's only independent, not-for-profit comfort care resource, helping patients and those they love during the most delicate times in their lives. St. Francis Reflections Lifestage Care offers a diverse range of compassionate care services including palliative care, hospice and grief support for all ages.



VITAS Healthcare is here to help healthcare providers ensure the best end-of-life care for their patients.

Gold Level Sponsors



Brevard Alzheimer's Foundation provides thousands of hours of adult daycare, senior meals, transportation, and provided 13,885 hours of in-home respite. We touch many other families through case management, caregiver education, and support groups and our goal is to keep families together for as long as possible.



The Auto Group (ACG) is a part of AAA-affiliated insurance companies that are nationwide. ACG is the second largest AAA club in North America, providing insurance, travel, financial and other services to over nine million members. ACG is spread across 11 states plus Puerto Rico and U.S. The offerings will from ACG vary based on location.



Mike and Jeanne are Senior Real Estate Specialists (SRES) who have received additional training in senior real estate. They understand the real estate needs of seniors are different than just a regular real estate transaction. Whether you are looking to retire, downsize, move to an active adult community, or just need some help with your housing options, Mike and Jeanne are there to help.



The comfort of home can't be beat. Home Instead services let people flourish in the everyday life they already know and love – while getting a little help to stay independent and mobile. From personal care to Alzheimer's care to transportation, Home Instead services make life easier for seniors and their families.



There is nothing quite like the warmth and hospitality found in Greenwood Place, offering a safe, comfortable home surrounded by friends and a caring team that caters to your individual needs. Assisted Living residents enjoy restaurant-style dining, daily fitness and exercise classes, and a full calendar of educational, cultural and social events.



Sea Pines Rehabilitation Hospital serves the Space Coast as a leading provider of inpatient physical, occupational and speech therapies. We help patients recover from a variety of injuries and ailments including stroke, orthopedic and cardiac recovery. We provide high quality personal care to meet the individual needs of our patients.

Meet & Greet Sponsors

Our monthly Meet & Greets with our sponsors have started back up on Tuesday and Friday mornings from 9—11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them.

- Friday, December 2: JUVO Steward
- Tuesday, December 6: Ally Senior Living Consultants
- Friday, December 9: Sea Pines Rehab. Hospital
- Tuesday, December 13: Humana
- Friday, December 16: VITAS Healthcare
- Friday, December 16: United Healthcare
- Tuesday, December 27: EXP Realty

CALENDAR OF EVENTS

WICKHAM PARK SENIOR CENTER
2785 Leisure Way
Melbourne, FL 32935

Phone: 321-255-4494
Web: www.bcwpssc.org



DECEMBER 2022

ACTIVITY	SCHEDULE FOR DECEMBER	NOTES
Ballroom Dancing	Mondays @ 6:30P for Advanced Ballroom Class; Mondays @ 7:30P for Beginner Class	
Bingo	Tuesdays & Fridays @ 11:15A—2:00P	
Blood Pressure Checks	2nd Friday @ 9:00—11:00A (December 9 & January 14)	
Bones and Balance	Mondays @ 10:00—11:00A; Register @ 9:45A	
Bridge: Beginner Class	Saturdays @ 11:00A with Pam Page For Virtual Classes please see our website at www.bcwpssc.org and click "Bridge" icon	
Duplicate	On-Site Classes on Mon., Wed., & Sat. @ 12:30—4:00P Virtual Classes Thursdays @ 12:15P on the BBO platform	
Chat	Fridays @ 9:30—11:00A	MEETS VIRTUALLY
Rogue	Tuesdays @ 12:15—4:00P	
Rubber	Thursdays @ 1:00-4:00P & Saturdays @ 12:30-3:30P	
Bunco	1st & 3rd Thursdays (Dec. 1 & 15) @ 12:30—4:00P	
Chair Yoga	Tuesdays @ 3:00—4:00P	
Chefs for Seniors	Next Class TBD @ 11:00A—12:30P Sign-up Sheet at Front Desk	NO CLASS IN DECEMBER
Euchre	1st & 3rd Wednesdays (Dec. 7 & 21) @ 6:00—9:00P	
Hand & Foot	Mondays & Fridays @ 8:45A—Noon	
Jazzercise Lo	Mon., Wed. & Fri. @ 8:30—9:30A	
Line Dancing	Tuesdays @ 4:15—5:30P	NO CLASS DEC. 27
Mahjong: American	Mondays @ Noon—3:30P Thursdays @ 9:00A—Noon	
Chinese	Wednesdays @ 1:00—4:00P	
Oil Painting for Beginners	3rd Thursday (Dec. 15) @ 1:00—5:00P Sign up Sheet at Front Desk	
Pinochle	Mondays & Fridays @ 12:15—4:00P	
Poker: Dealers Choice	Tuesdays & Fridays @ 11:30A—4:00P	
Friendly	Mondays @ 1:00—4:00P	
Pool (Billiards)	Monday thru Friday @ 8:30A—4:30P Saturdays @ 8:30A—12:30P	
QiGong-TaiChi	Mondays, Wednesdays & Fridays @ 8:30—9:30A	
Rummikub	Wednesdays @ 1:00-4:00P	
Senior Law	4th Friday of the Month (Jan. 23, 2023) @ 2:00—4:00P Sign up Sheet at Front Desk	NO SEMINAR IN DECEMBER
SHINE	Tuesdays & Thursdays @ 9:00A—Noon	
Strength / Flexibility	Thursdays @ 9:30—10:30A	
Shuffleboard: Open Play	Saturdays @ 9:00A—Noon	
Shuffleboard: Tournaments	<ul style="list-style-type: none"> Jan. 19-20, 2023, 8-5 pm: Open Any Doubles Mar. 9-10, 2023, 8-5 pm: No Two Pros Any Doubles 	
Watercolor Instruction	Wednesdays @ 9:45A—12:30P	

Program details and times are subject to change. Please check the daily schedule at the Front Desk for the latest information.

NEW UPDATES



Ballroom Dancing & Swing Lessons

Mondays @ 6:30 Advanced / @ 7:30 Beginner
Cost: \$8.00 per Class for Members
\$10.00 per Class for Non-Members



Classes change every month. Welcome Singles and Couples! Any questions? Please contact **Chris Marcelle** at 321-258-5916.



TUESDAY & FRIDAY—Open to the Public!
11:15 am—2:00 pm; Doors Open @ 10:00 am
Early Bird @ 11:15 am

Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more info, contact **Brenda Clarson** at 321-258-8837.

Bones & Balance

Mondays @ 10:00 am—11:00 am
Cost: \$5.00 Members / \$7.00 Non-Members

Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.



Bridge (Duplicate)

On-site Classes: Mon., Wed. & Sat. @ 12:30P
Online Classes: Thurs. @ 12:15 pm on the BBO platform
Cost: On-site classes \$6.00 / Online classes \$5.00

Duplicate bridge classes have resumed on-site Monday, Wednesday and Saturday. Virtual online classes are also available. For the online schedule, please check out the latest on the website under the Bridge tab. Contact **Pam Page** at 321-537-0907 or pam.page@bellsouth.net for bridge-related questions.



Bridge (Rogue)

Tuesdays @ 12:15—4:00 pm
Cost: \$1.00 Members / \$3.00 Non-Members
 Contact **Patricia Rosenthal** at 321-626-5419.

Bridge (Rubber)

Thursdays @ 1:00—4:00 pm
Saturdays @ 12:30—3:30 pm
Cost: \$2.00 Members / \$4.00 Non-Members



Come on out for an afternoon of enjoyment at the bridge table. Any questions? The point of contact for Thursday is **Janet Walker** at 321-242-3173 and the point of contact for Saturday is **Gayle Schanck** at 541-821-7070.

Bunco

1st & 3rd Thurs. (Dec. 1 & 15) @ 12:30—4:00 pm
Cost: \$6.00 Members / \$8.00 Non-Members

Bunco is played on the 1st and 3rd Thursday of each month. We play four rounds. After two rounds, we have a break for refreshments. We supply coffee and water. Players may bring lunch items, snacks or desserts to share. **Linda Peglow** is taking over as full program chairperson. **Peggy Miles** will be helping out as well. Please contact Linda at 321-549-9893 to reserve your Bunco space.



WP Duplicate Bridge Club

The following bridge education classes are now open for enrollment:

Declarer Play for Newer Players/Intermediates - Starts Anytime or Day Cost: \$40

This course consists of 9 2-hour videos on the various topics of declarer play. An instructor will be available to answer any questions. Here is a list of topics that will be covered: General techniques: taking your tricks, hold up plays, finesses, safety plays, and using clues from the bidding; No-Trump Contracts: planning, and setting up suits; Suit contracts: planning, ruffing in the short hand, using trumps to set up a suit, drawing trump at the right time, and avoiding a ruff.

Enroll/Questions: Dave Hoffman at 321-795-3695 or email davehoffma@gmail.com

Popular Conventions Class - Starts Anytime or Day Cost: \$40

This course consists of 9 2-hour videos covering all the basic conventions needed to play competitive bridge. In addition, each class will have a "Think Like a Pro" problem to teach thought processes needed to play bridge successfully. The following conventions will be covered: Stayman; Transfers (Jacoby and Texas); Strong 2 openers and Slam Bidding; Negative doubles, support doubles; Jacoby 2NT; Two-suited overcalls (Michaels & Unusual NT); New Minor Force, Jordan; Slam Bidding; Defensive carding/signaling.

Enroll/Questions: Dave Hoffman at 321-795-3695 or email davehoffma@gmail.com

Chair Yoga

Tuesdays @ 3:00—4:00 pm/Sign-in @ 2:45 pm

Cost: \$1.00 Members / \$3.00 Non-Members



This class is designed to help with overall wellbeing for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.

Chef for Seniors

Cost: \$6.00 Members / \$8.00 Non-Members

Classes @ 11:00 am—12:30:

Next Class TBD

Join **Chef Jillian** for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting. Please sign up at front desk to reserve your spot.



All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.

Euchre

1st & 3rd Wed. (Dec. 7 & 21) @ 6:00—9:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Sign up begins at 5:30. Please be signed up and ready to play by 6:00 pm. Enter through the front door and sign in per senior center protocol. For more information or any questions, please contact **Jay Koeller** at 321-794-6400.

Hand & Foot Card Game

Mondays & Fridays 8:45 am—Noon

Setup @ 8:30 am

Cost: \$1.00 Members / \$3.00 Non-Members

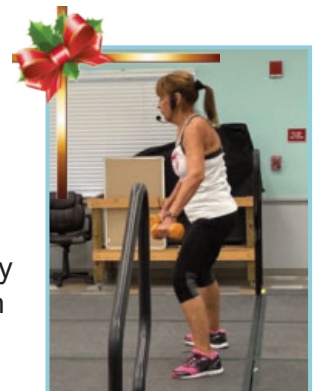
Join this group of friendly and competitive players for a time well spent. Contact **Beverly Morgan** at 303-458-8273 for more information.

Jazzercise Lo

Mon., Wed., & Fridays @ 8:30—9:30 am

Cost: \$40.00 per Month or \$10.00 per Day

Join us for a fun and energized Jazzercise Lo class. Start off your mornings dancing away those extra calories using Low Impact moves that yield MAXIMUM results! You use muscles, not momentum, to get a total body workout without the impact on your joints. Contact **Ginny Parker** at 321-698-0445.





Line Dancing

Tuesdays @ 4:15—5:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

Happy Holidays! Our Tuesday dance class is having so much fun. Please come and join us every Tuesday, 4:15-5:30 for Line Dancing. Make new friends while exercising to music of many genres. We will be taking off Tuesday, Christmas week, December 27, to spend time with family and friends as well as several students have plans to travel over the holiday. Please stay safe and enjoy the Holiday. Class resumes on Tuesday, January 3, 2023.



Blessed Holiday Season to All.

Line Dance Instructor and Choreographer with over 60 years experience, Sue Duncan (321) 505-0846.

Mahjong

American: Mondays @ Noon—3:00 pm & Thursdays @ 9:00 am—Noon

Cost: \$1.00 Members / \$3.00 Non-Members

Chinese: Wednesdays @ 1:00—4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Mahjong is an activity that fosters friendly comradery and stirs the brain.

Come join the fun! If

you have any

questions, contact

Patricia Rosenthal at

321-626-5419

(American) or **Linda**

Milo at 321-506-2672

(Chinese).



Oil Painting for Beginners

3rd Thursday of Each Month

December 15 @ 1:00—5:00 pm

Cost: \$40.00 PP (Includes All Supplies)

TRY SOMETHING NEW!

Come paint a beautiful landscape painting with us. Classes will be held on the third Thursday of each month; an overflow class will be held on the first Thursday of the month if there is enough interest. Please call the Center 321-425-5533, or come into the front desk and sign up.

For December, we'll be painting a winter scene. There will be beautiful trees, lots of snow, and a Christmas tree!

All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, just six participants, so Hobo Bob has plenty of time to work with you as you paint your masterpiece.

Pinochle

Mondays & Fridays @ 12:15—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Bill Mueller** at 321-242-4999 (Mondays) or

Cathy Decker at 321-432-7813 (Fridays).

Poker (Dealers Choice)

Tuesdays & Fridays @ 11:30 am—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Kit LaLonde** at 954-260-0687.

Poker (Friendly)

Mondays @ 1:00—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Attention: Players Needed! Pennies Only. Call ahead

to attend. Contact **Vinnie Germann** at 321-253-6155.



Pool (Billiards)

Monday thru Friday @ 8:30 am—4:30 pm
 Saturdays @ 8:30 am—12:30 pm
 Tournaments: 2nd Wednesday of Every Month
 Cost: \$1.00 Members / \$3.00 Non-Members
 Plus \$.50 per Day or \$2.00 per Week



YE OL Pool Room 8-Ball Tournament 11/16/22 Results:

1st: Jorge Fernandez	3rd: Mike Spaethe
2nd: Dave Reeve	4th: Paul Monti

Next tournament is December 14. Questions? Please contact **Wally Topinko** at 716-830-5978.

QiGong-TaiChi

Mon., Wed., & Fridays @ 8:30—9:30 am
 Cost: \$5.00 Members / \$7.00 Non-Members

For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them. According to researchers, one of the most promising interventions is TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. Contact Laura Parsons, Certified Instructor at 321-474-5374.

Rummikub

Wednesdays @ 1:00—4:00 pm
 Cost: \$1.00 Members / \$3.00 Non-Members
 Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Questions? Contact **Rosalie Novak** at 321-610-8021.

Shuffleboard

Open Play: Sat. @ 9:00 am & Thurs. @ 6:00 pm
 Cost: \$1.00 Members / \$3.00 Non-Members
 (see *Tournament Schedule on page 6*)

Call **Tom Winkelspecht** at 321-446-3283 or email: tawinkii@me.com for more information on learning how to play or participating in tournaments.

Senior Law

4th Friday of Each Month: No Seminar in December
 Next Class January 23, 2023 @ 2:00—4:00 pm

Cost: Free to all WPSC Members

The Slonim Law Firm invites you to attend a FREE seminar and question/answer session on the 4th Friday of each month at WPSC Room 117. We will cover topics such as:

- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Living Wills
- Digital Assets
- Medicaid and Asset Protection Options
- Guardianships
- Probate Matters
- General Dementia Issues

Seating is limited. Please sign up at the front desk. Questions? Please call the Law office at 321-757-5701.

Strength/Flexibility

Thursdays @ 9:30—10:30 am

Cost: \$4.00 Members / \$6.00 Non-Members

Fitness Unlimited by Design presents a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps with posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We are working on core, arm and leg strength. Go at your own pace and feel the antiaging begin. Come join us, no need to sign up, just show up. For more information, contact **Susie Salvetti** at 321-626-0282.

Watercolor Instruction

Wednesdays @ 9:45 am—12:30 pm

Cost: \$6.00 Members / \$7.00 Non-Members

Classes held in the computer room. Bring your own supplies, smiles and good attitudes! Relax, enjoy the process and camaraderie. All levels welcome! Any questions, please contact **Judy Champion** at 321-312-9155 or judy.champion325@gmail.com.



Welcome

New Members in October

- | | |
|--------------------------|------------------------|
| Carr, Judy | Hagerty, Mike |
| Lehman, Margaret (Peggy) | White, Steve |
| Bell, Eileen | Wellman, Fran |
| Rubin, Maria | Wellman, Fran |
| Woodman, Elaine | Shriver, Joyce M (Joy) |
| Brookins, Arlena | O'Dell, William (Bill) |
| Chonka, Sherry | Bottoms, Jim |
| Weber, Marie | Odahl, Thomas |
| Foxe, Veronica | Odahl, Holley |
| McDonald, Irene | Apelquist, Nancy |
| Buonincontra, Patricia | Marshall, Karen |
| Kabacinski, Judith | Qazi, Nasreen |
| Hagerty, Tania | Geist, Pamela |
| Pyritz, Diana | Caldwell, Trish |
| Headley, Gloria | |

2022 Wickham Park Senior Center Holiday Closures

To enable our volunteers to spend more time with their families during the upcoming holiday season, Wickham Park Senior Center will be closed on the following dates:

- **Christmas Holiday:**
 - Friday, December 23
 - Saturday, December 24 (Christmas Eve)
 - Monday, December 26 (Day after Christmas)
- **New Year's Holiday:**
 - Saturday, December 31 (New Year's Eve)



Meet Our Staff

Officers	
President:	Diane Weinzierl
Vice President:	Gary McGuire
Secretary:	Lynn Higginbotham
Treasurer:	Colleen Barneman
Directors	
Lisa Coyle	Pam Page
Ina Fritsch	Ginny Parker
Vincent Germann	Janet Smith
Beverly Morgan	Jaqueline Williams
Rosalie Novak	
Staff	
IT Systems Admin:	John Efird
Webmaster:	Maureen Reeder
Sunshine:	JoAnn Efird
Newsletter:	Nilda Rosario

WPSC Email Addresses

DIRECTORY	EMAIL
WPSC President	president@bcwpsc.org
WPSC Secretary	secretary@bcwpsc.org
WPSC Treasurer	treasurer@bcwpsc.org
WPSC Scheduling	scheduling@bcwpsc.org
WPSC Information	info@bcwpsc.org
WPSC Webmaster	webmaster@bcwpsc.org
Travel Office	travel@bcwpsc.org
Front Desk Reception	reception@bcwpsc.org
Bridge Club	bridge@bcwpsc.org
Newsletter Editor	news@bcwpsc.org
Systems Administrator	itadmin@bcwpsc.org

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to:

news@bcwpsc.org



COMMENTS? We value your opinion!

There's a SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPSC!



NOVEMBER DINNER



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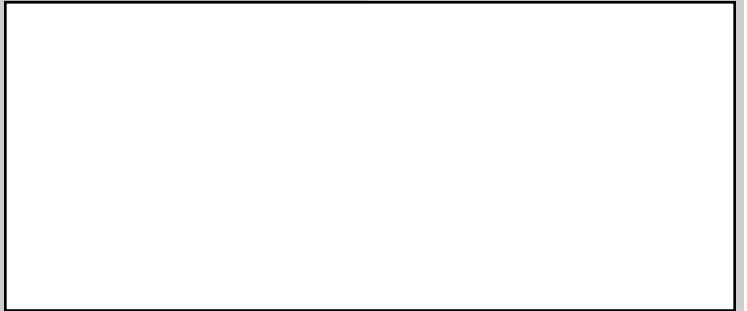
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(800) 477-4574 x3675

The WPSC Travel Office is OPEN Monday—Friday, 9:00 am—1:00 pm
 For more information and reservations, please call Wickham Park Travel at 321-425-5530.

St. Augustine Tour of the City & Tour of the Christmas Lights

Date: December 7, 2022
Cost: \$125 Per Person

Transportation, 1 Hr. Trolley Tour of the City, 30 min. Trolley Ride thru Christmas Lights. Just in time to put you in the Christmas Spirit! Sing along with the Carolers. A fun and exciting day! **Selling out fast, sign up TODAY!**

Yalaha Bakery / Mission Inn / Lake Ridge Winery

Date: January 18, 2023
Cost: \$124 Per Person Includes Lunch
Cancellation Date: January 2, 2023

Yalaha Bakery, famous German bakery. Howey-in-the-Hills for a relaxing and luscious lunch buffet and onto the Lakeridge Winery for a tour and tasting of Florida wines.

Nunsense A-Men! Musical at the Winter Park Playhouse

Date: February 16, 2023
Cost: \$150 Per Person Includes Lunch
Cancellation Date: January 20, 2023

This side-splitting musical comedy is the original Off-Broadway musical Nunsense with a twist...all of the nuns are portrayed by men!

MSC Cruise to Mexico, Belize

Date: March 19-26, 2023 - 8 Days/7 Nights
Must Be Paid by December 6, 2022

Come board the Meraviglia! Leaving from Port Canaveral enroute to Nassau, Ocean Cay, Belize, and Cozumel.

Room	Double	Single	Insurance
Interior	\$799	\$999	\$139
Oceanview	\$899	\$1,099	\$139
Balcony	\$1,099	\$1,299	\$139

Love to travel but don't want to be bothered with planning? Let us do the work for you. There is still time to sign up for one of our trips this year, but don't wait too long or you may miss out. We have an "I'm Interested" list at the Travel window where you can provide your information and we will call you to remind you about future trips.



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Jerry Hadlock, Jr.

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Email: JLDM253@AOL.COM

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2022 BOARD OF DIRECTORS ELECTION

Conducted at the Annual Meeting
December 2, 2022
4:00—6:00PM



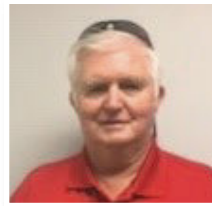
Candidate for President



Diane Weinzierl

- WPSC – Current President, Past Director and 6 years as a Bingo Volunteer
- Past Secretary for Pineda Crossings HOA
- Over 30 years of experience in computers, marketing and event planning

Candidate for Vice President



William "Gary" McGuire

- WPSC – Current Vice President and Past Director
- Federal Government Civil Servant
- US Army Retired,
- MBTI Consultant

Candidate for Treasurer



Colleen Barneman

- WPSC – Current Treasurer
- 50 years of accounting and bookkeeping experience
- Ran successful family business for 36 years

Candidate for Secretary



Lisa Coyle

- WPSC – Current Director
- Sr. Accountant experience for Florida Tech & IBM
- Volunteer Income Tax Assistant to the Elderly Owner, Accounting Aides LLC

Candidates for Director *



Beverly Morgan

- WPSC – Current Director
- DPS Teacher's Aide
- Worked at Denver Museum of Natural Science



Janice Oppelt

- WPSC – Travel Coordinator
- Recreation Advisory Board of Palm Bay
- PTO President at Port Malabar Elementary



Virginia Parker

- WPSC—Current Director
- Teacher's Assistant
- Administrative Secretary at School Board for 10 years

* There is also an opening for 1 Director to service a 2-year term.