

Friendship

2785 Leisure Way Melbourne, FL 32935 (321) 255-4494

Monday-Friday: 8:30 am—4:30 pm Saturday & Sunday: CLOSED

www.bcwpsc.org

DECEMBER 2023



President's Message



I can't believe we're about to close out another year at the Center. It has certainly been a fun-filled and busy year for all of us.

This year the Board voted to support the Salvation Army to provide gifts for our seniors in Brevard County. If you haven't had a chance to pick up an angel tag from the Christmas tree in the lobby to support this project, please pick one up and plan to return your gifts unwrapped, with the tag attached, to the Center no later than December 8.

Diane Weinzierl

Don't forget to join us at our Annual Meeting on Wednesday, December 6 from 4:00-6:00 pm which will include a FREE Wine & Cheese Reception for members. Come meet your 2024 Board candidates and learn what is happening at the Center. I promise to keep the business side of

the meeting short to allow plenty of time for you to socialize with members while enjoying wine and cheese.

Elections for the 2024 Board candidates will be held at the Center the week of December 11-15. We have 6 openings and 7 candidates running, so please make sure you pick up your official ballot from the front desk and VOTE. You'll find a list of the candidates, along with their qualifications, on page 15 in this newsletter.

Thanks again to everyone who attended our Halloween Event (see photos on pages 12 & 13). It made me so happy to see so many of you get into the full swing of the night – and the costumes were fantastic. You all exceeded my expectations! A special thank-you to Colleen Barnamen, Janice Oppelt and their team of volunteers who did such a wonderful job. And, as a follow-up, I'd like to announce that our next event will be a Valentine's Dinner/Dance on Friday, February 9, 2024. Please mark your calendar and save the date. More details will be available next month.

Finally - thanks again to all our wonderful volunteers who dedicate their time each week to keeping the Senior Center operating every single day. In addition, thank you to all our program managers and Sponsors – we truly appreciate all the support you provide to make this an enjoyable place to spend time.

> Happy Holidays to you and your family from all of us at Wickham Park Senior Center!

Mission Statement

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"

IMPORTANT NEWS

The WPSC Board of Directors meetings are held on the 2nd Monday of each month at 9:30 am. The next meeting will be **December 11 at 9:30 am in Room 117**. All WPSC members are welcome to attend.

Looking for a Worthy Charitable Donation Organization?

Wickham Park Senior Center is a 501(c)3 charitable organization and as such is eligible to receive charitable donations. We would like to thank the following people for their generous donations to WPCS in FY2023.



- Kathleen & Andrew Cole
- Nancy Colwell
- Lenora Kippeny
- Lawrence Nicola For the Duplicate Bridge Club in memory of Jacque Nicola

In Memory of John Cerovich:

- Barbara Cerovich
- Thomas Bonarrigo, Jr.
- Beverly & Ed Burkey
- Harriet Roderick
- Edward & Patricia Gulakowski

If you find you have extra funds in your charitable donations bucket anytime during the year, please consider donating to WPSC.



ANGEL TREE

Each year we cooperate with the Salvation Army to help others less fortunate by offering to fulfill their requests. This year we will be helping 80 seniors.

- Please pick a tag from the tree in the lobby.
- Purchase a gift mentioned on the tag.
- Return your gift in an unwrapped gift bag with the tag attached, no later than <u>Friday</u>, <u>December 8</u>.

Thanks for your generosity!



- **December 6:** WPSC Annual Meeting
- December 10: Volunteer Event
- December 11-15: Board of Director Annual Elections
- December 23-26: WPSC Closed for Christmas Holiday
- January 1, 2024: WPSC Closed for New Year's Day

Wickham Park Senior Center INC on Facebook

We have finally secured our own
Facebook page! As some of you may be
aware, we have been struggling to find
the administrators of other Facebook
pages representing WPSC and have not been
successful. Also, we have no way to have them
removed.

If you do you use Facebook, please do a search for **Wickham Park Senior Center INC** and join our page!

WPSC Offers Free Lifetime Membership to Anyone Age 95 & Above

If you are age 95 or older, you are now entitled to FREE Lifetime

Membership to Wickham Park

Senior Center. Just stop by the

Front Reception Desk, show them your ID and they will get your membership updated.

Also, if you're age 95 or older, you can receive a FREE bingo package to play bingo at WPSC. Show them your lifetime membership card and join us to play Bingo.



Need to Schedule an Appointment with SHINE?

The WPSC SHINE Group is available Tuesdays and

Thursdays from 9:00 am to Noon in Room 104. Anyone interested can call 407-514-1800 to schedule an appointment. No fee required!

OUR SPONSORS

The Officers and Membership of Wickham Park Senior Center appreciate the continued support of our many Sponsors. As an all volunteer run organization, their continued financial support allows us to offer Activities and Social events for our members.

Diamond Level Sponsors

















Steven M. Hook DDS, PA MELBOURNE DENTURE

















Gold Level Sponsors









Meet & Greet Sponsors

Our monthly Meet & Greets with our sponsors have started back up on Tuesday and Friday mornings from 9—11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them.

- Friday, Dec. 1: VIP America
- Friday, Dec. 1: Kindred Hospitals ARU
- Tuesday, Dec. 5: Alzheimer's Foundation Joe's Place
- Friday, Dec. 8: Care Plus Health Plans
- Friday, Dec. 8: Devoted Health Plans
- Tuesday, Dec. 12: Ally Senior Living Consultants
- Tuesday, Dec. 12: Melbourne Denture Service

- Tuesday, Dec. 12: Cigna
- Friday, Dec. 15: Rosanova Eye
- Friday, Dec. 15: United Health Care
- Tuesday, Dec. 19: American Home Care Svcs.
- Tuesday, Dec. 19: WellCare
- Friday, Dec. 22: Harbor City Hearing Solutions
- Friday, Dec. 22: St. Francis Reflections

TRAVEL NEWS

The WPSC Travel Office is OPEN Monday—Friday, 9:00 am—1:00 pm For more information and reservations, please call Wickham Park Travel at 321-425-5530.

Murder Mystery Dinner Train & Sanibel Museum

Date: December 10-11, 2023

Cost: \$499 PP Double / \$569 Single Occupancy inc. Lunch at the Ford's Garage Restaurant

(NO REFUNDS)

Sign up now for the Murder Mystery Dinner Train's Classic Christmas 'killer thriller' for an evening of Fun, Food, and Murder! This unique dining experience includes a delicious five-course dinner prepared on board, served at tables of four, with an ongoing comical mystery that plays in the aisles during this fun-filled evening! Enjoy the 3-1/2 hr. train ride aboard the Seminole Gulf Railway. Costumes encouraged, but optional. After our train ride, we'll spend the night in Ft. Myers. After breakfast in the hotel, we'll travel to Sanibel Museum then lunch at the Ford's Garage Restaurant.

A Swingin' Christmas at the Winter Park Playhouse

Date: December 14, 2023

Cost: \$159 PP incl. Lunch at the Cheesecake Factory

(NO REFUNDS AFTER DEC. 1, 2023)

Time: Leave WPSC at 10:30 am / Returning at 5:30 pm

Ring in the holidays with this unforgettable evening of quintessential Tony Bennett songs! Featuring 18 classic holiday tunes plus the standards that made Bennett famous, like "I Wanna Be Around," "The Good Life," "Rags to Riches" and Tony's signature "I Left My Heart in San Francisco." Celebrate the season Tony Bennett style!

Jersey Boys at the Vero Beach **Riverside Theatre**

January 11, 2024 Date:

Cost: \$179 PP incl. Lunch at Vincent's Italian Restaurant

(NO REFUNDS / REPLACEMENTS ONLY)

Time: Show Starts at 2:00 pm

Who knew four guys from New Jersey would turn the world upside down? With a unique sound that nobody had heard, but the radio couldn't get enough of, Jersey Boys is the Tony Award®-winning true-life musical of Frankie Valli and The Four



Seasons. While their harmonies were perfect on stage, their offstage relationships were a different story.

Mission Inn, Yalaha Bakery & Mt. Dora

Date: January 24, 2024

\$129 PP (NO REFUNDS AFTER JAN. 14. 2024) Cost:

Time: 8:00 am—5:30 pm

Yalaha Baker is a lovely gem of a German bakery, famous for its yummy, unique baked goods, delicious breads, and cute location. They feature a vast array of baked goods. From Yalaha, we're off to Howey-in-the-Hills for a relaxing and luscious lunch buffet at the beautiful Mission Inn Resort and Golf Club. After our delightful and satisfying lunch, we move on to quaint Mt. Dora for free time to browse, shop, or search for antiques. A wonderful, relaxing day of fun and food!

Breaking Up Is Hard To Do at the Winter Park Playhouse

Date: February 15, 2024

Cost: \$159 PP incl. Lunch at the Cheesecake Factory

(NO REFUNDS AFTER FEB. 1, 2024)

Time: Leave WPSC at 10:30 am / Returning at 5:30 pm

This nostalgic musical comedy celebrates the timeless songwriting magic of the legendary Neil Sedaka! Set at a Catskills resort in 1960, this humorous and heartwarming musical follows two friends from Brooklyn in search of good times and romance over one wild Labor Day weekend. Featuring 20 of Sedaka's most popular songs including "Laughter in the Rain," "Where the Boys Are," "Sweet Sixteen," "Calendar Girl," "Love Will Keep Us Together," and the chart-topping title song!

Royal Caribbean's Allure of the Seas

March 1-March 4, 2024

Cost: \$569 Inside; \$689 Oceanview; \$749 Balcony

Per Person, Double Occupancy

Includes: Port Charges, Taxes, Driver & Cruise

Gratuities, and a Cocktail Party

The itinerary is: Orlando (Port Canaveral), Florida; CocoCay, Bahamas; Nassau, Bahamas; Cruising; Orlando (Port Canaveral), Florida. The Insurance for this cruise is MANDATORY at \$59 per person, non-refundable. Bus Transportation is \$75 per person, roundtrip paid by cash or check only. Deposit of \$200 plus \$59 insurance is due with reservation. Final payment due December 1, 2023.

WPSC TRAVEL GIFT CERTIFICATE

This certificate is non transferable and can only be used for trips sponsored by Wickham Park Serior Center Travel. Please present to the Travel Office when reserving one of our trips. Expires one year from issue date. Signature:

Travel Gift Certificates are NOW AVAILABLE in our Travel Office in Increments of \$5 to \$100!

Great gift for birthdays, holidays, weddings and more. Membership is not required for Travel. Check out all of our upcoming trips on our website: https://bcwpsc.org/travel

TRAVEL NEWS

Seminole Hard Rock Hotel & Casino Hollywood, FL

Date: March 14, 2024

Cost: \$65 PP

Time: Leave WPSC at 8:30 am / Returning at 5:30 pm

Seminole Hard Rock Hotel & Casino Hollywood's gaming area offers guests a selection of 2,700 of the most popular Slots, nearly 200 Table Games and a new 45-table Poker Room. The High Limit Slots room offers an array of favorite titles and the newest Slots in the industry. Slot denominations range from one cent to \$5 on the general gaming floor, while the High Limit Slots room offers \$1 to \$1,000 bets. A Non-Smoking Slots area is conveniently located near the Winners Way Garage. Our Table Games selection features live dealers, and guests can choose from popular games such as blackjack, mini-baccarat, three-card poker, Ultimate Texas Hold 'em®, Spanish 21, let it ride and more.

ON YOUR FEET!

The Story of Emilio & Gloria Estefan at the Vero Beach Riverside Theatre

Date: April 18, 2024

Cost: \$179 PP incl. Lunch at Vincent's Italian Restaurant

(NO REFUNDS AFTER APR. 1, 2024)

Time: Show Starts at 2:00 PM

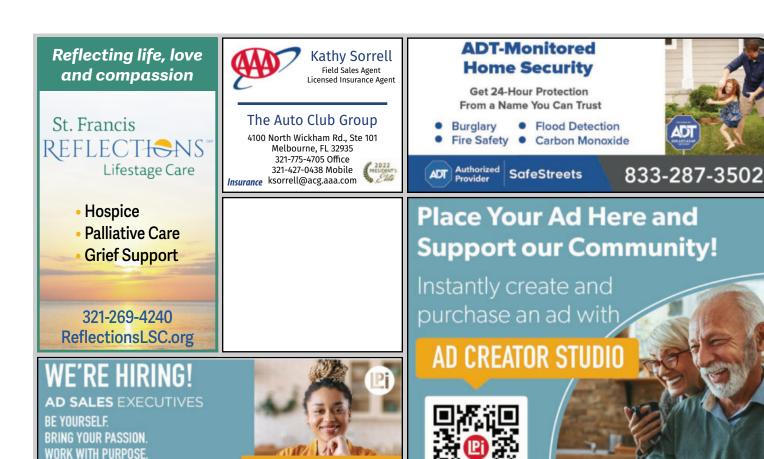
Based on the lives and music of 26-time Grammy Award-winning husband-and-wife team, Emilio and Gloria Estefan, On Your Feet! is a high-energy celebration of the songs that got the world dancing to the

Only 16 Tickets Available!

rhythm. From humble beginnings in Cuba and exile in Miami, Emilio and Gloria's passion for music helped them overcome overwhelming odds and personal tragedies. Gloria Estefan is among the most successful crossover artists ever and On Your Feet! showcases over 20 of her biggest hits including: "Conga," "1-2-3," "Anything for You," and "Get on Your Feet." Music & Lyrics by Emilio Estefan & Gloria Estefan.

WPSC Travel will happy to put your name on our "WAIT LIST" for any SOLD OUT trips.

Just call us at 321-425-5530.



Contact us at

www.4lpi.com/careers



Ipicommunities.com/adcreator

CALENDAR OF EVENTS

DECEMBER 2023

ACTIVITY	SCHEDULE FOR DECEMBER	NOTES
Annual Meeting Wine & Cheese Reception	December 6 @ 4—6:00pm	
Bingo	Tuesdays & Fridays @ 11:15A—2:00P DOORS OPEN AT 10:00A	
Blood Pressure Checks	2nd Friday (December 8) @ 9:00—11:00A	
Bob Ross Style Beginners Oil Painting with Hobo Bob	3rd & 4th Thursdays (December 21 & 28) @ 1:00—5:00P Sign up Sheet at Front Desk—Limit 6 People per Class	
Bones and Balance	Mondays @ 10:00—11:00A; Register @ 9:45A	
Bridge: Beginner Class	Saturdays @ 11:00A with Pam Page For Virtual Classes please see our website at www.bcwpsc.org and click "Bridge" icon	
Chat	Fridays @ 9:30—11:00A	MEETS VIRTUALLY
Duplicate	On-Site Classes on Mon., Wed., & Sat. @ 12:30—4:00P Virtual Classes Thursdays @ 12:15P on the BBO platform	
Party Bridge	Wednesdays @ 12:30-4:00P	
Rogue	Tuesdays @ 12:15—4:00P	
Rubber	Thursdays @ 1:00-4:00P & Saturdays @ 12:30-3:30P	
Bunco	1st & 3rd Thursdays (December 7 & 21) @ 1:00—4:00P	
Chair Yoga	Tuesdays @ 3:00—4:00P	
Chefs for Seniors	Next Class TBD @ 11:00A—12:30P Sign-up Sheet at Front Desk	
Chess	Thursdays @ 1:00—3:00P	
Color Pencil Portrait for Beginners	Wednesdays @ 9:30—11:00A	
Cornhole Tournaments	December 10 @ 2:00P—Set-up & Practice @ 1:00P NO TOURNAMENT ON DECEMBER 24	
Euchre	Wednesdays @ 6:00—9:00P LAST TOURNAMENT IN DECEMBER WILL BE DEC. 6	RESUMES JANUARY 3
Hand & Foot	Mondays & Fridays @ 8:45A—Noon	
Jazzercise Lo	Mondays, Wednesdays & Saturdays @ 8:30—9:30A Fridays @ 8:30—9:15A	
Line Dancing	Tuesdays @ 4:15—5:30P	
Mahjong: American	Mondays @ Noon—3:30P Thursdays @ 9:00A—Noon	
Chinese	Wednesdays @ 1:00—4:00P	
Pinochle	Mondays & Fridays @ 12:15—4:00P	
Poker: Dealers Choice	Tuesdays & Fridays @ 11:30A—4:00P	
Friendly	Mondays @ 1:00—4:00P	
Pool (Billiards)	Monday thru Friday @ 8:30A—4:30P	
QiGong-TaiChi	Mondays, Wednesdays & Fridays @ 8:30—9:30A	
Rummikub	Wednesdays @ 1:00-4:00P	
Senior Law	4th Friday of the Month @ 2:00—4:00P Sign up Sheet at Front Desk NO SEMINAR IN DECEMBER	RESUMES IN JANUARY 26
SHINE	Tuesdays & Thursdays @ 9:00A—Noon	
Strength / Flexibility	Thursdays @ 9:30—10:30A	
Shuffleboard: Open Play	Saturdays @ 9:00A—Noon	
Tango Dance Class—NEW!	Fridays @ 2:30—4:30P	STARTING DEC. 1
Technical Training & Education Class	3rd Friday (December 15) @ 2:30-3:30pm	ON COMPUTERS & CELL PHONES
Ukulele: Beginners	Tuesdays @ 10:30—11:30A	
Program details and times as	e subject to change. Please check the daily schedule at the Front Desk fo	or the latest information.

NEW UPDATES



TUESDAY & FRIDAY—Open to the Public! Doors Open @ 10:00 am



Cards Sold @ 10:30 am - 11:30 am Early Bird Starts @ 11:15 am

Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more info, contact **Brenda Clarson** at 321-258-8837.

Bones & Balance

Mondays @ 10:00—11:00 am
Cost: \$5.00 Members / \$7.00 Non-Members

Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.

Party Bridge

Wednesdays @ 12:30—4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

This new program began on April 12. Contact Tom Sanders at 321-960-1894 for more information.

Rogue Bridge

Tuesdays @ 12:15-4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact Patricia Rosenthal at

321-626-5419.

Bob Ross Style Beginners Oil Painting with Hobo Bob

3rd & 4th Thursdays: Dec. 21 & 28 @ 1—5:00 pm Cost: \$40.00 PP (Inc. All Supplies & WPSC Costs



TRY SOMETHING NEW.
These classes are easy and fun for BEGINNERS!!
Come join us for a lot of fun!! Paint a beautiful landscape painting with us.
Classes will be held on the

third Thursday of each month; an overflow class will be held on the fourth Thursday of the month if there is enough interest. Please call the Center 321-425-5533 or come into the front desk and sign up.

For December we'll be painting a beautiful

landscape that Bob Ross painted on his very first PBS show, Season 1 Episode 1. The original Bob Ross painting is being offered for sale at almost \$10 million; come on in and paint your own "\$10M Painting". Enjoy our easy-paced class and paint a picture right here in our own backyard. This painting is good for beginners, and you should be quite pleased with your finished painting.

All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, just six participants, so Hobo Bob has plenty of time to work with you as you paint your masterpiece.

Duplicate Bridge

On-site Classes: Mon., Wed. & Sat. @ 12:30P Online Classes: Thurs. @ 12:15 pm on the BBO platform Cost: On-site classes \$6.00 / Online classes \$5.00

Duplicate bridge classes have resumed on-site Monday, Wednesday and Saturday. Virtual online

classes are also available. For the online schedule, please check out the latest on the website under the Bridge tab. Contact Pam Page at 321-537-0907 or pam.page@bellsouth.net for bridge-related questions.



Rubber Bridge

Thursdays @ 1:00—4:00 pm Saturdays @ 12:30—3:30 pm

Cost: \$2.00 Members / \$4.00 Non-Members

Come on out for an afternoon of enjoyment at the bridge table. Questions? The point of contact for Thursday is **Janet Walker** at 321-242-3173 and the point of contact for Saturday is **Gayle Schanck** at 541-821-7070.

Bunco

1st & 3rd Thursday (Dec. 7 & 21) @ 1:00—4:00 pm Cost: \$6.00 Members / \$8.00 Non-Members



Please join us every 1st and 3rd Thursday of the month for Bunco and arrive by 12:45 pm. Don't forget to bring your up-to-date membership card. Bunco ends about 3-3:30 pm. Please contact **Linda** at

321-549-9893 for more details and reservations (for set-up purposes). See you there for this fun activity. All you have to know is how to throw three dice. Non-members are welcome!

Chair Yoga

Tuesdays @ 3:00—4:00 pm/Sign-in @ 2:45 pm Cost: \$1.00 Members / \$3.00 Non-Members

This class is designed to help with overall wellbeing for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.

Chef for Seniors

Cost: \$6.00 Members / \$8.00 Non-Members Classes @ 11:00 am—12:30 pm—NEXT CLASS TBD

Join **Chef Jillian** for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting. Please sign up at front desk to reserve your spot.



All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.

Sponsored by CarePlus

Chess

Cost: \$1.00 Members / \$3.00 Non-Members Thursdays @ 1:00—3:00 pm

Come join us for some social, relaxing Chess Play weekly. Whether you are a beginner or a more tailored player, we would love to have you join us for some social, enlightening and most of all non-stressful chess play. If interested in joining or if you have any questions, please contact **Dean Abramson** at 215-498-7511 or sign up at the table in the front lobby. We need at least 6 players to start the group!

Cornhole Tournaments

2nd & 4th Sundays @ 2:00 pm (December 10) Setup & Practice Starting @ 1:00 pm Cost: \$2.00 Members / \$4.00 Non-Members NO TOURNAMENT ON DECEMBER 24



November 12, we had our first cornhole tournament at the senior center. Below is a picture of the winners. Dale Foster (right) and Frank Beckage (left) took down the victory with zero losses in the double elimination tournament. It was the first tournament held at the senior center so there was a low turnout. In the interest of building interest in the cornhole program we have decided to change the

tournaments to \$2 for members and \$4 for non-members for the time being. We think it is in the best interest to encourage participation from seniors that are just learning the sport. Our next tournament will be on December 10. Set-up and practice begin at 1:00 pm. Tournaments start at 2:00 pm. Tournaments are scheduled for the 2nd and 4th Sundays of the month barring conflict with holidays and other programs scheduled at the center.

If you have any questions, please contact: **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com) or **Amy Longtin** at 321-205-5161 (ajgclrt@yahoo.com).

Hand & Foot Card Game

Mondays & Fridays 8:45 am—Noon Setup @ 8:30 am

Cost: \$1.00 Members / \$3.00 Non-Members

Join this group of friendly and competitive players for a time well spent. Contact **Beverly Morgan** at 303-458-8273 for more information.

Color Pencil Portrait Class for Beginners

Wednesdays @ 9:30—11:00 am

Cost: \$3.00 Members / \$5.00 Non-Members

Learn how to create a beautiful drawing from your favorite photograph! Bring your own portrait photograph to copy—Size: 5x8 (or other appropriate copy size). Supplies you will need to bring:



- Prismacolor Color Pencils
- Watercolor Paper
- Eraser
- Pencil Sharpener (optional).

See Front Desk or contact **Ann Armerding** @ 321-541-7027.

Euchre

Wednesdays @ 6:00—9:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members NO EUCHRE AFTER DEC. 6 UNTIL JAN. 3

Members must scan their card when entering and non-members must sign in.

This year there was interest in playing every Wednesday night barring any conflicts with holidays etc. It has been a great success and as our Euchre family continues to grow. It is now common to have 5-6 tables in action. We try to promptly start by 6:00 pm which means we should be signed in no later than 5:50 pm to allow time to set up the correct 3/4 player table configuration and draw for your seats.

The payout structure has been altered so more people are sharing the prize pool. That means if there are up to 30 players even eighth place takes home a piece of the purse. Please remember that our Euchre Christmas party will be held the first Wednesday night in December. (December 6, 2023) Pizza will be delivered by 5:30 pm. As usual desserts have a tendency to appear and entice on festive occasions. Expect to start playing a little later meaning ending a bit later as well. We will start the evening in room 117 (computer room) and later move to the large room once it is available.

Anyone who has played through the year or intends to play is welcome. For more information or any questions, contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com).

Jazzercise Lo

Mondays, Wednesdays & Saturdays

@ 8:30-9:30 am

Fridays @ 8:30-9:15 am

Members: \$50.00/Month & Walk-ins \$10.00 Non-Members: \$79.00/Month & Walk-ins \$12.50

Join us for a fun and energized Jazzercise Lo class. Dance away those extra calories using <u>Low Impact</u> moves that yield MAXIMUM results! We use muscles, not momentum, to get a total body workout without the impact on your joints. For more information, contact **Ginny Parker** at 321-698-0445 or **Natalie Derrick** at 321-543-6765.

Line Dancing

Tuesdays @ 4:15—5:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members



Welcome to Line Dancing for Fun and Exercise. Studies have proven that Line Dance improves cardiovascular health and brain memory as well as improving coordination and balance. Come and meet some new friends and have some fun! For more info call **Sue** at 321-505-0846. With Holidays fast approaching, our dance schedule will be altered a little so that our students can enjoy their family and visitors.

There will be No Line Dance Class on Tuesday, January 2, 2024.

Mahjong

(Chinese).

American: Mondays @ Noon—3:00 pm &

Thursdays @ 9:00 am—Noon

Cost: \$1.00 Members / \$3.00 Non-Members

Chinese: Wednesdays @ 1:00-4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! Questions? Contact **Patricia Rosenthal** at 321-626-5419 (American) or **Linda Milo** at 321-506-2672



Pinochle

Mondays & Fridays @ 12:15—4:00 pm Cost: \$1.00 Members / \$3.00 Non-Members

Contact Bill Mueller at 321-242-4999 (Mondays) or Cathy Decker at 321-432-7813 (Fridays).

Poker (Dealers Choice)

Tuesdays & Fridays @ 11:30 am—4:00 pm Cost: \$1.00 Members / \$3.00 Non-Members

Contact Bill Seigel at 813-416-0428.

Poker (Friendly)

Mondays @ 1:00—4:00 pm

Cost: \$1.00 Members /\$3.00 Non-Members

Attention: Players Needed!
Pennies Only. Call ahead to attend. Contact Vinnie
Germann at 321-253-6155.



Pool (Billiards)

Monday thru Friday @ 8:30 am—4:30 pm
Tournaments: 2nd Wednesday of Every Month
Cost: \$1.00 Members / \$3.00 Non-Members
Plus \$.50 per Day or \$2.00 per Week

YE OL Pool Room 8-Ball Tournament 11/8/23 Results:

1st: Jerry Bertekap 2nd: Jorge Fernandez

3rd: Paul Monti

4th: Boomer McConnell

Next tournament is December 13. Questions? Please contact **Wally Topinko** at 716-830-5978.







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CONTACT ME Rich Fernbach

rfernbach@lpicommunities.com

(800) 477-4574 x3675

QiGong-TaiChi

Mon., Wed., & Fridays @ 8:30—9:30 am Cost: \$5.00 Members / \$7.00 Non-Members

For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School.



have been studying what causes falls among the elderly, and how to prevent them. According to researchers, one of the most promising interventions is TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. Contact **Laura Parsons**, Certified Instructor at 321-474-5374.

Rummikub

Wednesdays @ 1:00—4:00 pm Cost: \$1.00 Members / \$3.00 Non-Members

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Questions? Contact **Rosalie Novak** at 321-610-8021.

Senior Law

4th Friday of Each Month

NEXT CLASS JANUARY 26, 2024 @ 2:00-4:00 pm

Cost: Free to all WPSC Members

The Slonim Law Firm invites you to attend a FREE seminar and question/answer session on the 4th Friday of each month at WPSC Room 117. We will cover topics such as:

- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Living Wills
- Digital Assets
- Medicaid and Asset Protection Options
- Guardianships
- Probate Matters
- General Dementia Issues

Seating is limited. Please sign up at the front desk. Questions? Please call the Law office at 321-757-5701.

Shuffleboard

Open Play: Sat. @ 9:00 am & Thurs. @ 6:00 pm Cost: \$1.00 Members / \$3.00 Non-Members

Call **Tom Winkelspecht** at 321-446-3283 or email: <u>tawinkii@me.com</u> for more information on learning how to play or participating in tournaments.

Social Tango, Introduction to Argentine Tango—NEW!

STARTING DECEMBER 1

Fridays @ 2:30-4:30 pm

Monthly Cost: \$45 Members / \$48.00 Non-Members

Come out and enjoy the art of Argentine Tango, where students will learn to dance tango step-by-step. No partner is necessary as the basic techniques can be applied for the follower or the leader. Dolores Ashland has been teaching throughout the World, from as faraway places as Buenos Aires and Paris, France, Palm Beach, Florida and presently, here in Viera. Students will experience in-part the health benefits of Argentine tango including overall improved well-being, walking, posture and coordination. At only \$45.00 for four weeks of Tango, (you decide which four weeks will work for you and we can accommodate flexible travel plans of students as well). Any questions, contact **Delores or Walt** at 850-212-7963.

Strength/Flexibility

Thursdays @ 9:30—10:30 am

Cost: \$4.00 Members / \$6.00 Non-Members

Fitness Unlimited by Design presents a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps with posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We work on core, arm and leg strength. Go at your own pace and feel the antiaging begin. Come join us, no need to sign up, just show up. For more information, contact **Susie Salvetti** at 321-626-0282.

Technical Training & Education— Computer & Cell Phone

3rd Friday of Each Month
Next Class December 15 @ 2:30—3:30 pm
Cost: \$0 Members / \$3.00 Non-Members

Enjoy a fun, easy-to-follow hour with a relevant and patient approach where YOU are LEARNING by DOING (instead of her explaining). No worries if you are a Beginner, First-Time User or at an Expert level, there is something for everyone – even SPANISH speakers. But there is a 20-person limit, so sign up ASAP! The goal is to make your life more enjoyable and less stressful. Contact **Alison** at 954-376-2444.

FRIDAY NIGHT DINNER



























CONTESTS WINNERS

Candy Corn Contest

1st Place - Marvin Weber 2nd Place - Cecelia Sanchez

Pumpkin Contest

Best Carved - Janice Oppelt
Best Painted - Ginny & Larry Parker

Monster Stomp Dance Contest

1st Place - Kathy Thompson 2nd Place - Vinnie Germann 3rd Place - Jay True

Best Individual Costume Contest

1st Place - Ginny Parker
2nd Place- Marlene Behrns

Best Couple Costume Contest

1st Place - Joe & Maria Tellado 2nd Place - Marueen Reeder & Tom Golden











IN EVERY ISSUE

Welcome

New Members in October

Beale, Gabrielle Marie Beechum, George (Bill) Blanchard, Teresa Boas, Sylvia Bowman, Jane Brock, Meg Buist, Nancy Campbell, Wilma Cobb, Betty Colbary, Doug Collins, Sarah Colon. Guillermo Cook, Dorothy Curtin, Susan Dinsmore, Vivian Fayazfar, Andy Fenocchi, Helen Fogleman, Sharon Francisco, Diane Fusari, Paula Guarino, Phyllis Hittel, Christopher Hittel, Susan Hofmann, Lisa Huffman, Deborah

Huffman, James

Kambourelis, Barbara Kooyenga, Jacqueline Lindstrom, Barbara Lord, Tracy Mazza. Gene McAdams, Jackie Mitchell, Thomas Naulty, Arlene Piety, Ellen Rios. Barbara Sandt. Patricia Sayers, Isabel Shaw, Dd Smith, Linda Smith, William Sprague, Sandra Strammiello, Casey Thompson, Camille Thornhill, Doris Trammell, James Turner, Larry Urquhart, John Utley, Shirley Vahle, AnnaJo Walding, Jim Wilson, Patricia

WPSC Email Addresses

DIRECTORY	EMAIL	
WPSC President	president@bcwpsc.org	
WPSC Secretary	secretary@bcwpsc.org	
WPSC Treasurer	treasurer@bcwpsc.org	
WPSC Scheduling	scheduling@bcwpsc.org	
WPSC Information	info@bcwpsc.org	
WPSC Webmaster	webmaster@bcwpsc.org	
Travel Office	travel@bcwpsc.org	
Front Desk Reception	reception@bcwpsc.org	
Bridge Club	bridge@bcwpsc.org	
Newsletter Editor	news@bcwpsc.org	
Systems Administrator	itadmin@bcwpsc.org	

Wickham Park Senior Center Holiday Closures for 2023

To enable our volunteers to spend more time with their families during the upcoming holiday season, Wickham Park Senior Center will be closed on the following dates:

• Christmas Holiday:

- Saturday, December 23
- Monday, Dec. 25, 2023 (Christmas Day)
- Tuesday, Dec. 26, 2023 (Day after Christmas)

• New Year's Holiday:

Monday, January 1, 2024 (New Year's Day)

Meet Our Staff

Officers

President: Diane Weinzierl
Vice President: Gary McGuire
Secretary: Lisa Coyle

Treasurer: Colleen Barneman

Directors

Ina FritschJanice OppeltCeleste GarciaPam PageVincent GermannGinny ParkerBeverly MorganJanet Smith

Rosalie Novak

Staff

IT Systems Admin: John Efird

Webmaster: Maureen Reeder Sunshine: JoAnn Efird

Newsletter: Nilda Rosario

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to:

news@bcwpsc.org

COMMENTS? We value your opinion!

There's a SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPSC!





REMEMBER TO VOTE!

ANNUAL ELECTION FOR 2023 BOARD OF DIRECTORS

December 11-15, 2023

There are openings for 6 Directors with 7 candidates running. Be sure to pick up your ballots at the Front Desk.

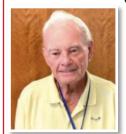
CANDIDATES FOR DIRECTOR





- WPSC Current Director & Treasurer since 2021
- 50+ years accounting experience
- Successfully ran family business for 36 years

Vinnie Germann



- WPSC Current Director, Past VP & Director for over 10 years & program manager for Friendly Poker
- Started 2 small businesses
- Worked in Healthcare industry

William "Gary" McGuire



- WPSC Current VP & past Director since 2019
- US Army Retired
- Federal Gov't Civil Servant
- MBTI Consultant

Pam Page



- WPSC Current Director, Past President, VP, & Secretary
- Bridge Liaison to the Board
- 18+ years of volunteering service

John Potanos



- Certified Solution Architect by Microsoft
- 15 years in food service industry
- 15 years in warehousing & transportation logistics industry
- 10 years volunteering on Board of Friends of the Epilepsy Foundation of Greater Chicago (fund raising organization)

Rosann Testa



- WPSC Front Desk Volunteer
- Worked for Advocates for the Aging (Senior Care)
- Event & Education Planning for NY Board of Realtors

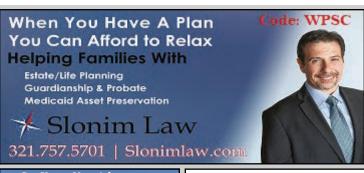




Diane Weinzierl

- WPSC Current President since 2019 & 7 years as Bingo volunteer
- Past Secretary for Pineda Crossings HOA
- 30+ years of experience in computers, marketing & event planning









(321) 723-2345 www.brownliemaxwell.com 1010 Palmetto Ave. Melbourne, FL 32901



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