

Friendship Flyer

Wickham Park Senior Center

"There are no strangers here, only friends you have yet to meet!"

Mission Statement

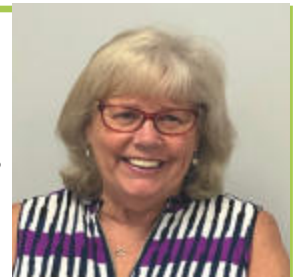
Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

President's Message

2785 Leisure Dr.
Melbourne, FL
32935



February
2020



January was a busy month at the Senior Center. We've been busy making sure all our Board Members and Volunteers are up-to-date on all our internal documents, such as our By-Laws, our Policies & Procedures and our Director's Manual. Our next step is to update our Front Desk Manual. This should ensure that everyone is working from the same playbook and that we're all communicating with you with One Voice.

We're planning lots of changes (which we hope you'll agree are improvements) over the next few months .

Here's just a short list of some of the improvements you can expect to see:

An updated newsletter format, as well as new added monthly content including a Board Member Spotlight, a Volunteer Spotlight, Board Meeting Updates and Volunteer Updates.

A new, and more frequently updated, Website.

A new professionally designed Logo which appears on the back page. Be certain to express your opinion.

Dues renewal notices automatically emailed members who have provided us with an email address at least 30 days prior to dues expiration date.

I'm looking forward to our first Friday night dinner of the new year on Friday, February 7. The theme is Valentine's Day and Janice & Rene will be providing the entertainment.

Lastly, have you noticed the Center Mission Statement & Motto on this page header?

I'm looking forward to meeting lots of new friends this year.

Quote of the Month:

"If you can't be kind, be quiet." (unknown)

FRIENDSHIP FLYER

February 2020

Website: bcscwp.com

Phone: (321) 255-4494 - X 25531

Hours:

Mon-Fri 8:30 am –4:30 pm

Sat 8:30 am—12 noon

Newcomer Tour

If you would like a tour of the Senior Center, please stop by during business hours. Our desk volunteers will be happy to show you around and answer any questions you may have.

Wickham Park Senior Center

Officers

President

1st Vice President

2nd Vice President

Secretary

Trasurer

Diane Weinzierl

Pam Page

Vincent Germann

Lynn Higginbotham

Dick Robinson

Directors

Louise Andsager

Angela Brown

Diane Butler

Barbara Holliday

Peggy Miles

Beverly Morgan

Judy Schultz

Jacqueline Williams

Joyce Vetter

IT Staff

Systems Admin.

IT Staff

IT Staff

Computer Assist.

John Efirid

David Leacock

John Turner

Mary Quirk

Joyce Vetter

Sunshine

JoAnn Efirid

Newsletter Staff

Chris Fitzgerald

Linda Graff

Deadline for copy submission to the newsletter is the 15th of each month.

E-Mail Copy to: WPSNews@cfl.rr.com

Members Joining in December



Raquel Arciniegas

Abe Baroud

Lily Baroud

Pam Caporizzo

Susan Collins

Robert Cook

Cheryl Gerber

Barbara Hasson

Robert Hofmaster

Larry King

Brian Mc Waters

Joseph McDermott

Glen Mossie

Marie Motyl

Irene Pereira

Steve Rasmussen

Rose Salupo

Adrienne Short

John Stroud

Lynne Sullivan



** Monthly Board Meeting - All Members Invited **

Held 2nd Monday of each Month in Room 120 (Next to the Kitchen)

Next Meeting: Monday February 10 at 9:30 AM

** Senior Center Holiday Hours **

The Center Will Be Closed Christmas, New Years, Memorial Day, July 4th & Labor Day.

We will also close at **Noon** on Christmas Eve

Healthy Habits to Help Prevent Flu

The **Single best way to prevent seasonal flu is to get vaccinated** each year, but good health habits like covering your cough and washing your hands often can help stop the spread of germs and prevent respiratory illnesses like the flu. There also are flu antiviral drugs that can be used to treat and prevent flu. The tips and resources below will help you learn about steps you can take to protect yourself and others from flu and help stop the spread of germs.

The seasonal flu vaccine protects against the influenza viruses that research indicates will be most common during the upcoming season. There are several flu vaccine options this season.

Avoid close contact.

Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.

Stay home when you are sick.

If possible, stay home from work, school, and errands when you are sick. This will help prevent spreading your illness to others.

Cover your mouth and nose.

Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick. Flu and other serious respiratory illnesses, like respiratory syncytial virus (RSV), whooping cough, and severe acute respiratory syndrome (SARS), are spread by cough, sneezing, or unclean hands.

Clean your hands.

Washing your hands often will help protect you from germs. If soap and water are not available, use an alcohol-based hand rub.

Avoid touching your eyes, nose or mouth.

Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.

Practice other good health habits.

Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.



Travel Opportunities

Wickham Wanderers Travel Club News

Thursday, March 12th 2020

Bok Tower Gardens-Lake Wales Nearly 50-acres of historic landscaped gardens, 20-room Pinewood Estate mansion, & the 205-foot art deco, neo-Gothic Singing Tower & 60-bell carillon organ. Davidson's Candy Factory & lunch at Blue Palmetto Café. **\$88 pp**

Wednesday, April 22nd 2020

Jungle Queen Riverboat Cruise the "Venice of America", Ft. Lauderdale's historic New River. View homes of the rich & famous, mega-yachts and explore a tropical isle. Lunch at Bubba Gump Shrimp Co. \$125 pp

August 6 – 18, 2020

Wickham Wanderers return to IRELAND! Experience the highlights of the entire island's scenery & culture. \$4,799 pp double, including airfare from Orlando. Must sign up before Feb 26, 2020. Ask about an early booking discount of \$100.00 per person at time of booking.

December 11-18, 2020

Cruise the Western Caribbean on MSC Armonia from Tampa. So many inclusions you'll want to pick up the detailed flyer! Starting from \$920 pp double occupancy

Travel Office Hours

Monday-Thursday 9:00AM - 4:00PM Friday 10:00AM - 2:00PM

Our office will be closed from March 30th until April 4th. The staff will be traveling on our Memphis/ Tunica trip

Wickham Wanderers are invited to join the Pathfinders

June 5-22, 2020 – Canada & New England Land tour & 7-night cruise, starting from \$5,899 pp double

July 7-17 2020 -The road less traveled holds many hidden treasures.

North Carolina, Ohio & Pennsylvania by motorcoach. \$2,999 pp double

Traveling solo?

We invite you to join our warm and welcoming group for fun and friendship!

Wickham Park Senior Center

Friday March 6 th 5:30 - 7:30 Dinner and Entertainment

Corned Beef Irish Encrusted Fish
Boiled Mixed Vegetables
Potatoes, Carrots, Cabbage
Salad Rye Bread
St. Patty Cake

Entertainment Featuring:



Tickets available 'til March 3

Members \$10

Non members \$12

Activities and Games



Rubber Bridge

Come on out for an afternoon of enjoyment at the bridge table. Rubber Bridge games are held on Thursdays at 1 pm.

Or Saturday at 12:30. Bring a partner.

Our groups have grown this year! Where else can you have so much fun for so little cost?

\$1.50 per member (guests pay \$2.50)?

Call Janet Walker

321-242-173

Ye O'! Pool Hall News

Open Daily 8:30 AM-4:30 PM

8 Ball Tournament Winners

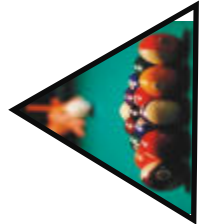
Results January 8th

1st Place - Dave Reeve

2nd Place - Bill Belg

3rd Place- Gary Keller

4th Place - Jorge Fernandez



Next Tournament February 12th

Second Wednesday @ 11:00

Results of the Tournament of Champions

1st - Joe Franco

2nd - Wally Topinko

3rd - Dale Foster

4th - Bill Belg

BUNCO

1ST & 3RD THURSDAY 12:30 PM

Call Jackie for reservations

Help needed!!

Jackie deserves to retire.

But a chairperson volunteer is needed.

If interested call

Jackie 321-242-7304



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CarePlus sales agent TODAY!



German Villa

(321) 294-7485 (TTY: 711)

GVilla2@humana.com

Yo hablo español



From October 1 - March 31, we are open 7 days a week, 8 a.m. to 8 p.m.
From April 1 - September 30, we are open Monday - Friday, 8 a.m. to 8 p.m. You may always leave a voicemail after hours, Saturdays, Sundays, and holidays and we will return your call within one business day. Every year, Medicare evaluates plans based on a 5-star rating system.
H1019_MKN269G2019_C

Meet & Greet Offerings



Stop by our table for a "snack", and speak to a representative to learn more about our Residential Living Apartment
First Tuesday of the Month

Courtenay Springs Village is a retirement community located at
1200 S Courtenay Pkwy- Merritt Island , FL 32952

Call 321-452-1233



Ally Senior Living Consultants

4th Friday of the Month

Free Services

Independent-Assisted Living-Memory Care
Considering Senior Living Options,
But don't know where to start?

Contact Ally Senior Living Consultants-professional and dedicated advocates ready to help your family! Our services are personalized to evaluate your care needs, budget and geographical preferences. We partner with you to find your loved one a community that feels right to them.

(321-209-8686)



Second Tuesday Meet & Greet

Wickham Park Senior Center
from 10:30 am—12:00 noon.

Come join us

**FREE
BLOOD PRESSURE SCREENING**

*3rd Friday of the Month
9-11 AM*

Humana /CarePlus Health Plans, Inc.

Treasure Coast

**|3060 SW Martin Downs Blvd.
Palm City, FL 34990**

Phone: 772-463-3000

S.H.I.N.E.

Serving Health Insurance Needs of Elders
Call for an appointment: (321) 757-0660

FREE Medicare Counseling
SHINE counselors are available
9:00 am 'til Noon

Monday, Wednesday, Thursday and Friday

Please note!!

**All submissions for the
Newsletters must be sent to the
e-mail address.**

**Deadline the 15th of each month
WPSNews@cfl.rr.com**

2nd Annual Strawberry Fest – February 22 & 23 at

Wickam Park, Melbourne, Saturday & Sunday 10am-5pm.

Family Fun & Festivities, Plant City Strawberries, Art & Crafts, Delicious Food, Free Bounce Houses, Strawberry Shortcake, Live Entertainment, Free Rock Painting, Chocolate Covered Strawberries, Free Strawberry Relay, Strawberry Fudge, Pony Rides, Strawberry Wine Slush Mixes, Pie Eating Contest, Face Painting, Free Hula Hoop Contest, Strawberry Ice Cream, Free Petting Farm, Berry Cute Baby Contest, Free Sack Races, Train Rides, Free Corn Hole, Rock Climbing Wall, Yummy Treats & Much More!

Admission \$6, Kids 2 & Under Free. \$1 OFF ADMISSION! Visit our website for coupon or bring a canned good for discount. Benefits the South Brevard Sharing Center



Learn Something New

Free, fun, interesting Estate Plan....Call 321.757.5701 for appoint-

Ask the Attorney

Our Elder Law Attorneys David Slonim and his associate, G. Paul Lemieux, of the Slonim Law Firm, welcome you to come to the Center each **third** Thursday of the month at 1:00 pm for a seminar and question and answer session. Please call our Law office to confirm your registration. Seminar to be held in the Gathering Room (Library).

3rd Thursday, 1:00 pm—Library



Calendar of Events

February 13th - Broadening Your Knowledge of Investing

March 12th - Focus on Fixed Income

April 9th - Stocks: The Nuts & Bolts

Chris Fitzgerald, CFP®

Financial Advisor

(321) 255-4221

Q&A to Follow Presentation

Financial Lunch & Learn

Financial Advisor, Chris Fitzgerald from Edward Jones, invites you to the Center on the second Thursday of each month at 12:30 for lunch and a timely seminar.

Everyone is welcome. No cost to attend.

Class to be held in the Computer Room.

**Next Event: February 13th, 2020
2nd Thursday at 12:30**

Member SIPC



Bridge Lessons WPSC

Monday 10 -12 AM

February 24 for 7 weeks

Competitive Bidding

This class is the follow on to the Bridge Basics 1 and will cover the following topics:

Preemptive opening bids

Overcalls and advances

The competitive auction

Cost: \$60 plus \$15 for books

(Student/Military discount \$30)

Instructor:

Gold Life-Master,
Anna Lynn Wagner
321-783-3250



Below are several tips that will help filers avoid becoming a **scam victim**.

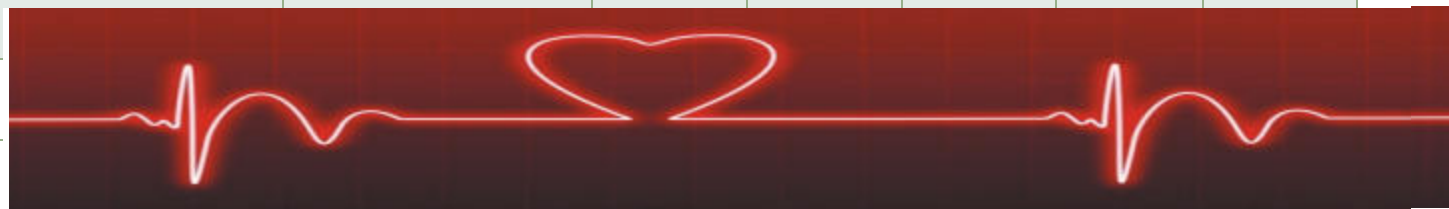
IRS employees will not:

- Call demanding an immediate payment. The IRS won't call taxpayers if they owe taxes without first sending a bill in the mail.
- Demand payment without allowing taxpayers to question or appeal the amount owed.
- Demand that taxpayers pay their taxes in a specific way, such as with a prepaid debit card.
- Ask for credit or debit card numbers over the phone.
- Threaten to contact local police or similar agencies to arrest taxpayers for non-payment of taxes.
- Threaten legal action, such as a lawsuit.

2785 Leisure Way
Melbourne, FL 32935

WICKHAM PARK
February 2020

ACTIVITY	SUN	MON	TUES	WED	THUR	FRI	SAT
Ballroom Dancing		6:30 Anything Goes 7:30 Beginners					
Bingo			11: 00 AM			11:00 AM	
Bone Makers Plus				9:30AM			
Blood Pressure			10:30 AM 2nd week				
Bridge							
Duplicate		12:30PM		12:30PM	6:00PM		12:30PM
Chat				10:30AM			
Rogue			12:15PM				
Rubber					1:00PM		12:30 PM
Bunco					1st&3rd 12:30		
Chair Yoga			3:00PM				
China Painting		9:30AM					
Euchre 1&3rd wk.				6-9 PM			
Financial Lunch & Learn					12:30 PM 2nd Thurs		
Games							
Hand and Foot		9:00 AM				9:00 AM	
Games Galore				2:00 PM			
Greeting Cards		2nd Mon 1PM					
Jazzercise Light		8:30 AM		8:30AM		8:30 AM	



SENIOR CENTER 0 SCHEDULE

Phone: 321-255-4494

WEB: www.bcscwp.com

ACTIVITY	SUN	MON	TUES	WED	THUR	FRI	SAT
Line Dancing							
Beginners			4:15 PM				
Intermediate			5:30 PM				
MahJongg							
American		12:15 noon			9:00 AM		
Chinese				1:00 PM			
Pinochle						12:30PM	
Poker							
Dealers Choice			1:00PM			1:00PM	
Friendly		1:00PM					
Pool (Billiards)		Open daily 8:30 AM					
Senior Law					1:00 PM call 321-757-5701 to register 3rd Week		
Shuffleboard							
League Play				Oct-Mar 1:00 PM			
League Practice		Oct-Mar 1:00 PM			6:15 PM		
Fun Time							Apr-Sept 9 AM
Sons of Confederate					2nd Thur 7-9PM		
Social Scrabble			9:30AM				
Strength / Flexibility					9:30AM		
TaiChi Class				8:30 AM		8:30 AM	
Watercolor Instruct.				9:30 AM			
Zumba Gold			8:30AM				



SPACE COAST HONOR FLIGHT 2020 FLIGHT SCHEDULE

FLIGHT No.	ORIENTATION	DATE	FLIGHT DATE	REUNION DATE
1	Mar 20 (Sunday - 1300hr)	28 Mar 20 (Saturday - ---- hr show)	19 Apr 20 (Sunday - 1530hr)	
15				
2	19 Apr 20 (Sunday - 1230hr)	25 Apr 20 (Saturday - ---- hr show)	31 May 20 (Sunday - 1300hr)	
3	17 May 20 (Sunday - 1300hr)	23 May 20 (Saturday - ---- hr show)	28 Jun 20 (Sunday - 1300hr)	
4	14 Jun 20 (Sunday - 1300hr)	20 Jun 20 (Saturday - ---- hr show)	30 Aug 20 (Sunday - 1530hr)	
5	30 Aug 20 (Sunday - 1230hr)	12 Sep 20 (Saturday - ---- hr show)	18 Oct 20 (Sunday - 1300hr)	
6	4 Oct 20 (Sunday - 1300hr)	10 Oct 20 (Saturday - ---- hr show)	15 Nov 20 (Sunday - 1300hr)	
7	1 Nov 20 (Sunday - 1300hr)	7 Nov 20 (Saturday - ---- hr show)	6 Dec 20 (Sunday - 1300hr)	



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to place an ad today!

kbuck@lpi seniors.com or (800) 477-4574 x6346



For ad info. call 1-866-651-2111 • www.4LPi.com

16-0351

Activities and Games

Players needed Friendly Poker Pennies only, Dealers Choice



Vinnie Germann
321-253-615
Monday's 1:00—4:00 pm

Hand and Foot Monday & Friday 9-12



Wickham Park Senior Center

Euchre Tournaments

1st & 3rd Wednesday evenings.

Room 117 (Computer Room)

Set-up/signup 5:30pm

Start games promptly at 6:00pm

. \$5.00 members \$6.00 non-members



Dave Reeve
dlreeve@mail.com
315 729 1647

Jay Koeller
jkoeller@aol.com
321 794 6400

Pinochle at WPSC



The New Year started with a bang from the Pinochle Group as they began their weekly play. Old playing cards needed refreshing and group members needed to see the results of their weekly dues paid to play by the purchase of 22 new decks of pinochle cards. Bill Mueller, the Program Manager informed all players of the increase in weekly play dues from \$1 to \$2 to compensate for the purchase of the new cards. In another week of comings and going, it was good to see Beverly return to the group after the passing of her husband. It was good for the group to express sympathies to Beverly and help her to re-establish with the group.



Every Tuesday and Friday

Doors open at 10:00 am

Early Bird starts at 11:15 am

Play 29 games, including 50/50

Winner-Take-All games.

Packages start at \$6 with a minimum
daily payout of \$1100-plus.

*(Note: Individual game prizes may be increased or reduced
based on attendance.)*

Kitchen open for snacks & lunch during Bingo.

OPEN TO THE PUBLIC

GAMES GALORE

*Join a friendly group that plays a variety of card
and board games. You never know what's on the
docket but it will be friendly, Fun and lift your spirit.*

Wednesday 2PM

Mary Ann 321-752-9536



VOLUNTEER CORNER

Notes for all the Volunteers of Wickham Park Senior Center
Volunteer Scanner at the Front Desk Now Operative

ALL Volunteers should scan in AND scan out when you are volunteering your time at the Senior Center. The scanner is labeled "Volunteers" and can be found at the right of the Front Desk as you come into the building. If you forget your card and someone needs to log you in and out, please ensure they do so on the right computer monitor (it is also labeled "Volunteer" on the back side). If you are here just to participate in an event (without volunteering), you should scan in on the membership scanner (at the left of the Front Desk).

Please note if you forget to scan out (and yes, we know many will the first month or so), you will only be credited with one hour of volunteer time – so please remember to scan out when you're finished volunteering.

New Coordinators Named

Several new volunteer coordinators have been named. Please feel free to contact them if you have any questions about these subjects.

Volunteer Coordinator – Deana Booth
Membership Coordinator – Angie Brown
Programs & Scheduling Coordinator – Gary McGuire

Volunteer Bulletin Board

The Bulletin Board just outside of the Pool Room has been designated as the Volunteer Bulletin Board. Please check there for updates throughout the month and feel free to post anything you think other volunteers will benefit from.

Needed Once a Month Saturday Front Desk Volunteer 8:30-12:30

If you can help us out at the Front Desk at least one Saturday a month, please contact Deana Booth.

Spotlighting a New Board Member

Beverly Morgan

After retiring to Florida from Banking and the Education System in 2014 I joined the WPSC . Since joining WPSC I have made many friends and acquaintances .



BOARD MEETING UPDATE

To be as transparent as possible, we will be publishing highlights from each Board Meeting for everyone's review. In addition, the most recently approved board minutes will be posted to the Volunteers Bulletin Board (next to the Pool Room).

Angie Brown resigned her Director position. In accepting her resignation, Angie was appointed by the President to serve as Membership Coordinator for 2020.

The nominating committee recommended Gary McGuire as Angie's replacement and he was sworn in as a new Board Member, effective January 13. Gary will also serve as the new Programs & Scheduling and STARS Program Coordinator. The STARS Program is our Sponsorship Program and Gary reviewed changes to this program with the Board.

The Newsletter Committee is working on several updates, including a new design, a new logo (don't forget to vote for your favorite), a Volunteer Information Corner, as well as monthly Board and Volunteer Spotlights. Tech Support reviewed a list of items they are working on over the next few months, including a new Database, Trouble Tickets, and a new Website.

The Board approved a change to Policy 11 defining our measurement for who will be considered a Volunteers (requirement will be anyone who volunteers an average of 100 hours per year). The Volunteer Committee is also working on updating the Volunteer Recognition Policies and plans to have those ready for Board approval in February.

Monthly Board Meetings are held the 2nd Monday of each month, beginning at 9:30 am in Room 120. All members are invited to attend.

Spotlighting Volunteer

Ginny Parker

Ginny has volunteered at the front desk since retiring from the School Board after 35 years of service. Ginny is married, two sons and one granddaughter.

Next time you are in on Monday afternoon stop at the front desk and meet Ginny. She always has a smile and happy greeting for all.



Star Sponsors



The Officers and Membership of Wickham Park Senior Center appreciate the continued support of our many Sponsors. As an all volunteer run organization the continued financial support allows us to offer Activities and Social events for our members.

Diamond Level

BELTONE HEARING
COURTNEY SPRINGS VILLAGE
EDWARD JONES INVESTMENTS
DAVID SLONIM ELDER CARE
HEALTH FIRST HEALTH PLANS
HUMANA PLUS INC.

Gold Level

Victoria Landing

Silver Sponsors:

Buena Vida Estates
Clear Captions

Meet and Greet Sponsors:

Courtney Springs Village
Humana Plus Inc.
Ally Senior Living Consultants

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Activities and Games

Never Dull!

Shuffleboard Enthusiast
Joan Wivchar



Joan Wivchar, aged 89, claims it is the game of shuffleboard that keeps her mentally and physically

healthy these days.

"I don't feel my age when I'm playing shuffleboard," said Joan, who has been playing at Wickham Park Senior Center courts for two years.

Originally from Ohio, Joan came to Florida 50 years ago when her husband, Steven, took a government contract job at Patrick Air Force Base. They enjoyed tennis, biking, bowling, and boating for many years, but sadly the time came when Joan was home caring for her ailing husband. When Steven passed away in 2017, Joan realized she needed to get out of the house. "I knew I couldn't just sit at home and be old. I had to be active again, get moving again."

Joan discovered shuffleboard during a month long stay in North Carolina, and when she returned to Melbourne she joined the Wickham Park Senior Center Shuffleboard Club. She played at "fun time" and liked the game so much she began playing in the seasonal district league matches in order to play more.

Joan's enthusiasm for the game led to her first invitation to partner a Wickham Park player in a district tournament. "My partner was very gracious, but I realized then I needed more practice, so practice I did." After two years, Joan is now placing in district tournaments and continues to improve her play.

"There is a lot of strategy in shuffleboard; it keeps your brain going. When your plan works, it's beautiful and a thrill. It is very rewarding when other players cheer you on, and when you hear them say 'Good shot!'"

"I wish more people would play shuffleboard; I talk it up all the time to friends and neighbors. If they gave it a chance I'm sure they'd find it is a great game."

"Shuffleboard is never dull," Joan emphasizes. "Win or lose, it's exciting."

**Players needed Friendly Poker
Pennies only, Dealers Choice**



Vinnie Germann
321-253-615
Monday's 1:00—4:00 pm

Mah Jongg an activity that fosters friendly comradery, stirs the brain!!

American

Monday—12 Noon-3PM
Thursday —9 AM-12 Noon
Lessons available
—Call Pat-321-626-5419

Chinese

Wednesday —1-4 PM
Call Michael-321-537-7094



**China Painting Classes
With Frankie Lybarger
Monday's 9:30-11:30 am**

There are 12 shuffleboard courts behind Wickham Park Senior Center that may be used by Center members (\$1) or non-members (\$2). Non-members age 21 - 49 may play when accompanied by a member or when attending a club event. To learn shuffleboard, or to get back in the game, contact Thom Winkelspecht at 321-446-3283, or Visit Saturday mornings at 8:45 for 9:00 am start.

Joan is hoping to see you on the courts!

LET US PLACE
YOUR AD HERE.

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Language Assistance Services 562-527-5255



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