



Friendship Flyer

2785 Leisure Way
Melbourne, FL 32935
(321) 255-4494

Monday-Friday: 8:30 am—4:30 pm

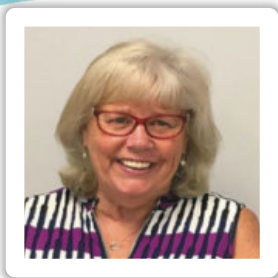
Saturday & Sunday: CLOSED

www.bcwpsc.org

FEBRUARY 2023

• HAPPY •
*Valentine's
day*

President's Message



Diane Weinzierl

Happy February! Now that the holidays are over, we're noticing more and more people coming to the Center. Last year we had our highest number of new members join in more than 5 years and our membership numbers overall are up. If you notice someone new in your program or activity, **please take the time to say hello and welcome them to the Center.** You never know when you might be meeting your new best friend!

Your new Board met on the 9th of January and is starting to plan out our calendar for the remainder of the year. We'd really like to offer some new fun activities, but we want to make sure they are activities you'd want to attend. If there are programs or activities you'd like to see us offer at the Center, please take a few moments and drop a note in the suggestion box next to the front desk. Or feel free to talk to Gary or me about any ideas or suggestions you might have.

Our Membership Committee is also making plans to attend several events this year to increase awareness about the Center. If you are planning to attend the Strawberry Festival at Wickham Park (February 18 & 19), stop by our table and say hello. We're also making plans to be at the Blueberry Festival in the Park, April 15 & 16.

Upcoming dates and non-weekly activities to keep in mind:

- **February 3 – Pre-Valentine's Day Dinner & Dance:** 5:30–7:30 pm – Tickets available at the Front Desk.
- **February 10 – Blood Pressure Check provided by Sea Pines:** 9:00–11:00 am.
- **February 2 & 16 – Bunco:** 12:30–4:00 pm – Contact Linda Peglow at 321-549-9893 to reserve your spot.
- **February 24 – Senior Law Seminar:** 2:00–4:00 pm – Sign up at the Front Desk.
- **Sunday, March 12 – Bunco Fundraiser – GFWC Melbourne Women's Club:** 1:00–4:00 pm \$25 – Contact Pat Rosenthal at 321-626-5419 to reserve your spot.
- **March 16 – Chefs for Seniors:** 11:00 am–12:30 pm – Sign up at the Front Desk.

Happy Valentine's Day!

Mission Statement

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"



The WPSC Board of Directors meetings are held on the 2nd Monday of each month at 9:30 am. The next meeting will be **Feb. 13 at 9:30 am in Room 117**. All WPSC members are welcome to attend.

WPSC Membership Card on Your Smartphone

Would you like to have your WPSC membership card on your smartphone? Keep reading and I will show one solution.

There is an adage that says if you want to do something on a smart device – “There’s an app for that!”

Turns out there is and it is called **Key Ring** (<https://keyringapp.com>). Key Ring is a solution to having anything with a bar code, like loyalty and membership cards [such as WPSC’s], on your phone. This app can be used for any loyalty cards you may have. I use it for my library card, my gym membership, my National Park Pass, Lowe’s, and other retailers, but especially for WPSC!

Key Ring can be downloaded from the Apple App Store or Google Play Store, depending on which type of device you have.

Once you have the app installed, adding the WPSC Membership card is simple.

1. Open the Key Ring app
2. Touch the menu button on the upper left corner
3. Select “Help” from the list
4. Select “How to Add a Card”
5. Follow the instructions
6. Open your entry for the card and press the STAR to make it a favorite so it will always be at the top!
7. Use the app the next time you are at the Center to sign in.

NOTE: You should always sign in with your card when visiting the Center! *Happy scanning!*

(Article courtesy of John Efird)

Do you order from Amazon? Register with Smile.Amazon.com and they will donate 0.5% of your Amazon purchase to Wickham Park Senior Center!

If you already order items from Amazon, you can now register to enable Wickham Park Senior Center to receive a donation for each order you place – **at no additional cost to you**.



How can you register for this program?

1. Visit smile.amazon.com where you’ll be prompted to select a charitable organization.
2. Please type in Wickham Park Senior Center. You should also notice the words “Supporting Wickham Park Senior Center Assoc Inc” just under the search bar and all of your regular Amazon account information will still be here for you to use.
3. When you order from amazon, please remember to start your order from smile.amazon.com in lieu of amazon.com.

Please feel free to **share this with all your family and friends**. Thanks for helping support Wickham Park Senior Center with your Amazon orders!

Welcome To Our New Volunteers

- Sally Bard – Travel
- Frank Fortney – IT
- Charles Headley – IT
- Rosann Testa – Front Desk
- Pam Young – Front Desk



Mark Your Calendars UPCOMING EVENTS



- February 18-19:
Strawberry Festival
- April 15-16:
Blueberry Festival

WPSC Now Offering Free Lifetime Membership to Anyone Age 95 & Above

If you are age 95 or older, you are now entitled to **FREE Lifetime Membership** to Wickham Park Senior Center. Just stop by the Front Reception Desk, show them your ID and they will get your membership updated.



Also, if you're age 95 or older, you can receive a **FREE** bingo package to play bingo at WPSC. Show them your lifetime membership card and join us to play bingo.

Looking for a Worthy Charitable Donation Organization?

Wickham Park Senior Center is a 501(c)3 charitable organization and as such is eligible to receive charitable donations. We would like to thank the following people for their generous donations to WPCS in FY2023.



- Kathleen & Andrew Cole

If you find you have extra funds in your charitable donations bucket anytime during the year, please consider donating to WPSC.

Need Your Blood Pressure Checked?

Sea Pines will be conducting blood pressure checks at the Wickham Park Senior Center every 2nd Friday of the month (**February 10**) at 9:00-11:00 am.



In the Spotlight

Volunteer David Leacock



David Leacock is an Information Technology (IT) volunteer at WPSC since 2018, assisting with the duties of maintaining the center's computer equipment, under the direction of Systems Administrator John Efird.

David was born on the island of Barbados, British West Indies and immigrated to the United States when he was 9 years old and raised in New York City. After attending high school and a couple of technical schools featuring electronics in 1970, David worked at New York Medical School in the audio-visual department for 10 years.

In 1983, David joined Grumman Systems Support in Calverton, NY and relocated to the new Grumman facility in Melbourne, FL to support the Joint STARS program in 1987. David maintained positions as Senior Maintenance Technician, Computer Systems Analyst Scientific, Systems Integrator I & II, Systems Integrator NG Internal Systems 3, and PC/Network Support Technician 3 and 4.

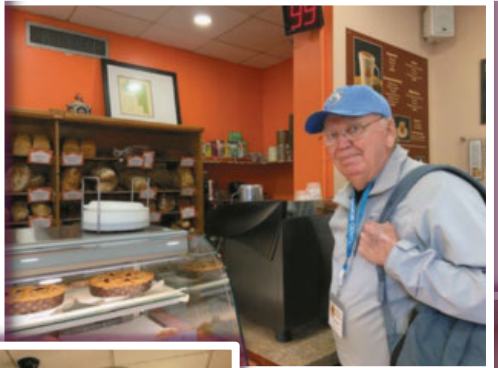
David obtained an Associate's degree in Electronic Engineering Technology at Brevard Community College and also graduated with a Bachelor of Science degree from Barry University. After 31 years of employment, David retired from Northrop Grumman in 2014.

David enjoys road cycling, swimming, pickleball and researching his family ancestry. He participated in many triathlons, including the Melbourne Beach Pineapple Man, placing 1st and 2nd places in his age group.

David is married to Nilda Rosario (also a WPSC volunteer) and has welcomed his first grandchild in 2020.

TRAVEL NEWS

Below are photos from the **Yalaha Bakery / Mission Inn / Lake Ridge Winery** excursion of January 18. This fantastic day included the famous German Yalaha Bakery, Howey-in-the-Hills for a relaxing and luscious lunch buffet and onto the Lakeridge Winery for a tour and tasting of Florida wines.



The WPSC Travel Office is OPEN Monday—Friday, 9:00 am—1:00 pm
 For more information and reservations, please call Wickham Park Travel at 321-425-5530.

Hard Rock Casino

Date: February 22, 2023

Cost: \$55 Per Person—No Refunds After January 10

Discover your rhythm at Seminole Hard Rock Hotel & Casino Tampa. This AAA Four Diamond-rated hotel features one of the largest casinos in the United States and is home to world-class entertainment and award-winning restaurants. Whether it's a show at the Hard Rock Event Center or live music at one of our bars & lounges, Seminole Hard Rock Tampa puts you in the center of the best Tampa entertainment.

St. John's Riverboat

Date: March 15, 2023

Cost: \$139 Per Person—No Refunds After March 1

From its home port on Lake Monroe in charming downtown Sanford, the Barbara Lee cruises the St. John's River, serving up superior food, live music, and dancing. You'll also have close-up views of the area's abundant wildlife. During the cooler months, manatees are often spotted as they move in from the ocean to bask in the warmer river water and snack on water hyacinths

Morikami Japanese Garden Tour/ Bento Box

Date: April 26, 2023

Cost: \$104 Per Person Includes Lunch

There's so much to see at Morikami, in the 16 acres that surround Morikami's two museum buildings include expansive Japanese gardens with strolling paths, resting areas, their world-class bonsai collection and lakes teeming with koi and other wildlife. After the tour, enjoy a delicious Bento Box lunch.

Pigeon Forge & Smokey Mountains Show Trip

Date: October 9-14, 2023 (6 Days / 5 Nights)

Cost: \$785 Per Person / Double Occupancy
 \$1,004 Single Occupancy

**\$75 Deposit / \$72 Travel Insurance Per Person
 (Must Be Paid Before June 1 to reserve)**

For more information, please sign up at the Travel Office for the trip Q&A meeting. You will be contacted once a date for this meeting has been determined.

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CALENDAR OF EVENTS

WICKHAM PARK SENIOR CENTER
2785 Leisure Way
Melbourne, FL 32935

Phone: 321-255-4494
Web: www.bcwpssc.org

FEBRUARY 2023

| ACTIVITY | SCHEDULE FOR FEBRUARY | NOTES |
|-----------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|
| Ballroom Dancing | Mondays @ 6:30P for Advanced Ballroom Class; Mondays @ 7:30P for Beginner Class | |
| Bingo | Tuesdays & Fridays @ 11:15A—2:00P | |
| Blood Pressure Checks | 2nd Friday (February 10) @ 9:00—11:00A | |
| Bones and Balance | Mondays @ 10:00—11:00A; Register @ 9:45A | |
| Bridge: Beginner Class | Saturdays @ 11:00A with Pam Page For Virtual Classes please see our website at www.bcwpssc.org and click "Bridge" icon | |
| Duplicate | On-Site Classes on Mon., Wed., & Sat. @ 12:30—4:00P Virtual Classes Thursdays @ 12:15P on the BBO platform | |
| Chat | Fridays @ 9:30—11:00A | MEETS VIRTUALLY |
| Rogue | Tuesdays @ 12:15—4:00P | |
| Rubber | Thursdays @ 1:00-4:00P & Saturdays @ 12:30-3:30P | |
| Bunco | 1st & 3rd Thursdays (Feb. 2 & 16) @ 12:30—4:00P | |
| Chair Yoga | Tuesdays @ 3:00—4:00P | |
| Chefs for Seniors | Next Class March 16 @ 11:00A—12:30P Sign-up Sheet at Front Desk | |
| Euchre | Wednesdays @ 6:00—9:00P | NOW WEEKLY! |
| Hand & Foot | Mondays & Fridays @ 8:45A—Noon | |
| Jazzercise Lo | Mon., Wed. & Fri. @ 8:30—9:30A | |
| Line Dancing | Tuesdays @ 4:15—5:30P | |
| Mahjong: American | Mondays @ Noon—3:30P Thursdays @ 9:00A—Noon | |
| Chinese | Wednesdays @ 1:00—4:00P | |
| Lessons | Mondays @ 10:45—11:45A Sign-up Sheet at Front Desk | OPEN TO FIRST 12 PEOPLE TO SIGN UP |
| Oil Painting for Beginners | 3rd Thursday (Feb. 16) @ 1:00—5:00P Sign up Sheet at Front Desk | LIMIT 6 PEOPLE PER CLASS |
| Pinochle | Mondays & Fridays @ 12:15—4:00P | |
| Poker: Dealers Choice Friendly | Tuesdays & Fridays @ 11:30A—4:00P Mondays @ 1:00—4:00P | |
| Pool (Billiards) | Monday thru Friday @ 8:30A—4:30P Saturdays @ 8:30A—12:30P | |
| QiGong-TaiChi | Mondays, Wednesdays & Fridays @ 8:30—9:30A | |
| Rummikub | Wednesdays @ 1:00-4:00P | |
| Senior Law | 4th Friday of the Month (Feb. 24, 2023) @ 2:00—4:00P Sign up Sheet at Front Desk | |
| SHINE | Tuesdays, Thursdays & Fridays @ 9:00A—Noon | |
| Strength / Flexibility | Thursdays @ 9:30—10:30A | |
| Shuffleboard: Open Play | Saturdays @ 9:00A—Noon | |
| Shuffleboard: Tournaments | • March 9-10, 2023, 8-5pm: No Two Pros Any Doubles | |
| Watercolor Instruction | Wednesdays @ 9:45A—12:30P | |

Program details and times are subject to change. Please check the daily schedule at the Front Desk for the latest information.

NEW UPDATES

Ballroom Dancing & Swing Lessons

Mondays @ 6:30 Advanced / @ 7:30 Beginner
Cost: \$8.00 per Class for Members
\$10.00 per Class for Non-Members

Classes change every month.
 Welcome Singles and Couples! Any questions? Please contact **Chris Marcelle** at 321-258-5916.



TUESDAY & FRIDAY—Open to the Public!
Doors Open @ 10:00 am
Cards Sold @ 10:30 am – 11:30 am
Early Bird Starts @ 11:15 am

Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more info, contact **Brenda Clarson** at 321-258-8837.

Bones & Balance

Mondays @ 10:00 am—11:00 am
Cost: \$5.00 Members / \$7.00 Non-Members



Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.

WP Duplicate Bridge Club

The WP Duplicate Bridge Club is offering the following class for aspiring bridge players. You are not required to be a member of the Bridge Club in order to take this class:

Competitive Bidding - Starts 2/06/2023, Mondays 10 am-Noon Cost: \$35

Even if you've played bridge for a number of years, this class is the perfect way to begin to play duplicate bridge or just improve your game. Learn how to play winning bridge online using zoom in the comfort of your home. Students will bid and play hands in this fun 7 week class while learning about: preemptive opening bids, overcalls and advances, takeout doubles and advances, and the competitive auction.

To enroll or learn more, contact Harold Phillips at 321-956-9208, or email hphill@earthlink.net

Bridge (Duplicate)

On-site Classes: Mon., Wed. & Sat. @ 12:30P
Online Classes: Thurs. @ 12:15 pm on the BBO platform
Cost: On-site classes \$6.00 / Online classes \$5.00

Duplicate bridge classes have resumed on-site Monday, Wednesday and Saturday. Virtual online classes are also available. For the online schedule, please check out the latest on the website under the Bridge tab. Contact **Pam Page** at 321-537-0907 or pam.page@bellsouth.net for bridge-related questions.



Bridge (Rogue)

Tuesdays @ 12:15—4:00 pm
Cost: \$1.00 Members / \$3.00 Non-Members



Contact **Patricia Rosenthal** at 321-626-5419.

Bridge (Rubber)

Thursdays @ 1:00—4:00 pm

Saturdays @ 12:30—3:30 pm

Cost: \$2.00 Members / \$4.00 Non-Members

Come on out for an afternoon of enjoyment at the bridge table. Any questions? The point of contact for Thursday is **Janet Walker** at 321-242-3173 and the point of contact for Saturday is **Gayle Schanck** at 541-821-7070.

Bunco

1st & 3rd Thurs. (February 2 & 16) @ 12:30—4:00 pm

Cost: \$6.00 Members / \$8.00 Non-Members

Bunco is played on the 1st and 3rd Thursday of each month. We play four rounds. After two rounds, we have a break for refreshments. We supply coffee and water. Players may bring lunch items, snacks or desserts to share. **Linda Peglow** is taking over as full program chairperson. **Peggy Miles** will be helping out as well. Please contact Linda at 321-549-9893 to reserve your Bunco space.



Chair Yoga

Tuesdays @ 3:00—4:00 pm/Sign-in @ 2:45 pm

Cost: \$1.00 Members / \$3.00 Non-Members



This class is designed to help with overall wellbeing for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.

Chef for Seniors

Cost: \$6.00 Members / \$8.00 Non-Members

Classes @ 11:00 am—12:30 pm

March 16: Salad

May 18: Veggies

July 20: Smoothies

Sept. 21: Fall Flavors

Nov. 16: Holidays



Join **Chef Jillian** for a Cooking For Seniors Class.

Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting. Please sign up at front desk to reserve your spot.

All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.

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HEALTH PLANS

Euchre

Wednesdays @ 6:00—9:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Members must scan their card when entering and non-members must sign in.

Starting this year, we are playing euchre every Wednesday night. Sign in starts at 5:30 pm. The game is set up tournament style with a \$4 buy-in going toward the prize pool in addition to the senior center fee. Additional \$1 for members and \$3 for non-members. Depending on how many entries the usual payout is 4 places. The penalty for sets is .25 cents which covers miniscule expenses through the year and a big Christmas party where all the money is returned via food, drawings and prizes. The games are played either 4 handed or 3 handed depending on the number of entries. This format guarantees no matter the number of entries, all will be able to play. For more information or any questions, contact **Jay Koeller** at 321-794-6400.

Hand & Foot Card Game

Mondays & Fridays 8:45 am—Noon

Setup @ 8:30 am

Cost: \$1.00 Members / \$3.00 Non-Members

Join this group of friendly and competitive players for a time well spent. Contact **Beverly Morgan** at 303-458-8273 for more information.

Jazzercise Lo

Mon., Wed., & Fridays @ 8:30—9:30 am
Cost: \$40.00 per Month or \$10.00 per Day

Join us for a fun and energized Jazzercise Lo class. Start off your mornings dancing away those extra calories using Low Impact moves that yield MAXIMUM results! You use muscles, not momentum, to get a total body workout without the impact on your joints. Contact **Ginny Parker** at 321-698-0445.

Line Dancing

Tuesdays @ 4:15—5:30 pm
Cost: \$6.00 Members / \$8.00 Non-Members



Welcome to 2023 Line Dance for Fun and Exercise. Every Tuesday from 4:15-5:30p. Start the new year off by making a few new friends while enjoying a variety of music! Line Dancing has been proven to be good for balance and coordination as well as brain memory and heart health. Call Sue if you need additional information at 321-505-0846. Blessings for the New Year!!

Mahjong

American: Mondays @ Noon—3:00 pm & Thursdays @ 9:00 am—Noon
Cost: \$1.00 Members / \$3.00 Non-Members
Chinese: Wednesdays @ 1:00—4:00 pm
Cost: \$5.00 Members / \$7.00 Non-Members



Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! If you have any questions, contact **Patricia Rosenthal** at 321-626-5419 (American) or **Linda Milo** at 321-506-2672 (Chinese).

Mahjong Lessons

Mondays @ 10:45 am—11:45 am

Mahjong lessons are now available for the first 12 people to sign up. The lessons are followed by open play of American Mahjong from Noon until 3:30pm on Mondays. The Program manager for the lessons is **Judy Carr** and she can be reached at 321-253-1642. Any potential new players can contact her for additional information.

Oil Painting for Beginners

3rd Thursday of Each Month
February 16 @ 1:00—5:00 pm
Cost: \$40.00 per person (Includes All Supplies)

TRY SOMETHING NEW! These classes are easy and fun. Come paint a beautiful landscape painting with us. Classes will be held on the third Thursday of each month; an overflow class will be held on the first Thursday of the month if there is enough interest. Please call the Center 321-425-5533, or sign up at the front desk.

For February, we'll be painting scene from the swamp. There are a couple new techniques we'll be using this month. There will be beautiful evening colors and birds floating across the river!



All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, just six participants, so Hobo Bob has plenty of time to work with you as you paint your masterpiece.

Pinochle

Mondays & Fridays @ 12:15—4:00 pm
Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Bill Mueller** at 321-242-4999 (Mondays) or **Cathy Decker** at 321-432-7813 (Fridays).

Poker (Dealers Choice)

Tuesdays & Fridays @ 11:30 am—4:00 pm
Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Kit LaLonde** at 954-260-0687.

Poker (Friendly)

Mondays @ 1:00—4:00 pm
Cost: \$1.00 Members / \$3.00 Non-Members

Attention: Players Needed! Pennies Only. Call ahead to attend. Contact **Vinnie Germann** at 321-253-6155.

Pool (Billiards)

Monday thru Friday @ 8:30 am—4:30 pm

Saturdays @ 8:30 am—12:30 pm

Tournaments: 2nd Wednesday of Every Month

Cost: \$1.00 Members / \$3.00 Non-Members

Plus \$.50 per Day or \$2.00 per Week

On Monday, January 16, the Heritage Isle Pool Team challenged our top 4 players against their top 4 players to an 8-Ball Tournament Scotch Doubles Match. The teams were:

Wickham Park

Joe Franco

Barry Beddow

Wally Topinko

Jorge Fernandez

Heritage Isle

Spike Wolhs

Jerry Bertekip

Tony Gigliotte

Ken Walter

Wickham Park Pool Team won 2 out of the 3 matches to win bragging rights for this year!

Next tournament is February 8. Questions? Please contact **Wally Topinko** at 716-830-5978.

QiGong-TaiChi

Mon., Wed., & Fridays @ 8:30—9:30 am

Cost: \$5.00 Members / \$7.00 Non-Members

For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them. According to researchers, one of the most promising interventions is TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. Contact **Laura Parsons**, Certified Instructor at 321-474-5374.




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Rummikub

Wednesdays @ 1:00—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Questions? Contact **Rosalie Novak** at 321-610-8021.

Senior Law

4th Friday of Each Month

Next Class February 24, 2023 @ 2:00—4:00 pm

Cost: Free to all WPSC Members

The Slonim Law Firm invites you to attend a FREE seminar and question/answer session on the 4th Friday of each month at WPSC Room 117. We will cover topics such as:



SLONIM LAW

- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Living Wills
- Digital Assets
- Medicaid and Asset Protection Options
- Guardianships
- Probate Matters
- General Dementia Issues

Seating is limited. Please sign up at the front desk. Questions? Please call the Law office at 321-757-5701.

Shuffleboard

Open Play: Sat. @ 9:00 am & Thurs. @ 6:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Call **Tom Winkelspecht** at 321-446-3283 or email: tawinkii@me.com for more information on learning how to play or participating in tournaments.

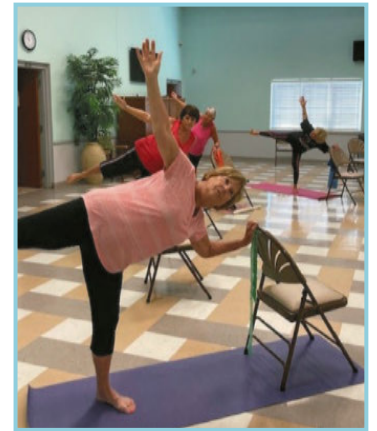
(See Tournament Schedule on page 6)

Strength/Flexibility

Thursdays @ 9:30—10:30 am

Cost: \$4.00 Members / \$6.00 Non-Members

Fitness Unlimited by Design presents a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps with posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We are working on core, arm and leg strength. Go at your own pace and feel the antiaging begin. Come join us, no need to sign up, just show up. For more information, contact **Susie Salvetti** at 321-626-0282.



Watercolor Instruction

Wednesdays @ 9:45 am—12:30 pm

Cost: \$6.00 Members / \$7.00 Non-Members



Classes held in the computer room. Bring your own supplies, smiles and good attitudes! Relax, enjoy the process and camaraderie. All levels welcome! Any questions, please contact **Judy Champion** at 321-312-9155 or judy.champion325@gmail.com.

Wickham Park Senior Center is not equipped, nor intended to be a senior care facility. WPSC activities are geared toward independent adults who are able to manage their own care, decisioning making and safety. WPSC's insurance prohibits, and WPSC cannot be responsible for, the provision of physical assistance to individuals on the premises. If an adult companion is needed, the companion may participate in the activity if they desire, regardless of age, and must pay all fees associated with the activity. WPSC reserves the right to prevent persons from being on premises if the WPSC leadership believes that person would cause harm to themselves or others.

Socialization

Article Contributed by Gary McGuire

We all go through a 'socialization process' with many of us not realizing the impact the process has on our Values, Mores, and Beliefs. When one of our 'values' collides with another member of the group or people we interact with, significant misunderstandings and opinions arise causing conflict with others.

Let's take a look at how our socialization impacts our growing up in the American Society. You can add a litany of other experiences based on your Ethnic Identity and upbringing thus making the socialization process more complex.

The first thing we want to address are the five (5) Influences on our socialization. You can add a sixth (6th) over the last twenty years:

1. **Family.** Everything we learn about who we are, how we talk, how we eat, how we worship (or not) is based on the family.
2. **Peers and Friends.** Our peers and friends help us determine who are our friends and what qualities we might expect from them as we grow.
3. **Media and Television.** Since the early 1950s, Media has become the largest socialization Influence in our growth process. What is seen on TV and heard through Media has become one of the most influential parts of our socialization. Current use of telecommunications (cell phones) and satellites could have us being beamed up (as Scotty once said in Star Trek) before the turn of the next century.
4. **Teachers and Schools.** Help us determine what is right or wrong, good or bad and develop our understanding about history and society from their untapped biases.
5. **Religion and Churches.** At an early age, we learn about our family faith and belief. As we grow older, we have conflict with religion when the minister preaches 'Thou Shalt Not' and when nothing happens to us for violating the 'Word' we are not punished. We tend to 'sin again' and this changes our belief system.
6. **Sports.** Professional sports today has a tremendous influence on our socialization process. When Sports Stars are making millions of dollars 'playing games' we all might have played as children, we naturally grow up and want to become a 'Professional Athlete.' Of course, some of us are really let down when we don't make the cut to turn 'Pro.'

The second factor to address are the Settings for socialization. There are three (3) settings for our socialization:

1. **Family.** What makes up a Family? Is it 'Nuclear', (having a Father, Mother, and Siblings) or Single Parent (Father or Mother), or same sex Father/Father or Mother/Mother. Rich or Poor or somewhere in between.
2. **Region.** One of the most prolific settings in the United States is 'what part of the country a person lives and grows up in.' As an example, people growing up in the Southeast are different like those growing up on the West Coast. The way we talk, walk, play, and live are all different. In the South we have a coded language many don't understand. Read this to yourself and when you see me in the area, tell me what you have read; MRDUX, MRNOTDUX, OSMR, CD2WANGS, OILB, MRDUX. If this doesn't confuse you, you might not be from the South.
3. **National.** This setting is the most complex. One of the National Settings for many international communities is 'a common language' established hundreds of years ago and remain in effect today. For example, what is the national language of Germany? German. What is the National Language of Spain? Spanish, etc. What is the National Language of the United States? Most assume English or American. As of 2022, the U.S. Congress has never established our National Language as English. Oh yes, you can go to numerous establishments where signs are posted stating 'English Spoken Here' but only to accommodate English-speaking people.

We are all different like others in society. These differences don't change from varying parts of the globe and from continent to continent. Check it out and see how similar you are with others. Most importantly, accept others for who they are even if you 'differ' with them and their socialization. We can all get along better when we look at ourselves and others as being similar versus different. I use the term 'Different Like Each Other' rather than say 'Different From Each Other.' Try it for yourself and let me know what you think.

Gary McGuire is a former member of the Dept. of Defense Equal Opportunity Management Institute at Patrick Space Force Base as well as Deputy of Education and Training and Researcher. He was on the Global Speakers Circuit until retiring in 2019. He is also a certified practitioner in the Myers Briggs Type Indicator, a Personality Type Indicator providing understanding about how Personality Type helps in Job and Life Performance.

Congratulations BELINDA JONES!

Belinda Jones from the Wickham Park Shuffleboard Club won the Women’s Non-Walking Singles Tournament at the Century Village East location in Boca Raton, Florida on January 16-17, 2023. This was the 90th Annual Florida State Sponsored Pro Singles Championship event where both Men and Ladies divisions are played in both Walking and Non-Walking Singles Tournaments. Next year in January of 2024, this 91st Pro Singles event is scheduled to take place in Melbourne, Florida at the Tropical Haven location. Each year the Florida Shuffleboard Association (FSA) Hall of Fame Banquet and Induction ceremony is held in conjunction with these tournaments.

Well done, Belinda!!

Florida Shuffleboard Association
Ladies Non-Walking Singles
2023 State Champion
Belinda Jones
Wickham Park Shuffleboard Club



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| Davi, Mary | Morrisson, Linda |
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COMMENTS? We value your opinion!

There's a SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPSC!





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