

# Friendship Fluer

2785 Leisure Drive Melbourne, FL 32935 (321) 255-4494

Monday-Friday: 8:30 am—4:30 pm Saturday: 8:30 am—12:30 pm

Sunday: CLOSED www.bcwpsc.org



**JANUARY 2022** 

#### **President's Message**



Diane Weinzierl

Happy New Year everyone! I'm so glad to have 2021 behind us and looking forward to a better and safer 2022.

We held a successful Annual Meeting on December 1 where we reviewed the list of 2021 accomplishments by the current board and introduced the nominated board officers and directors who were running for office in 2022. Our annual election was held the week of December 6-10 where we had our highest number

of ballots cast. Thanks to those who took the time to vote. You can find the results of the election on page 2 of the newsletter. A special thanks to our sponsors who donated breakfast pastries for everyone in attendance, as well as several raffle prizes. The first meeting of the new board will take place on Monday, January 10 at 9:30 am. These meetings are open to all our members.

On December 11 we held our Volunteer Brunch to thank our volunteers for all their hard work. This was the first major volunteer event held in more than 2 years. It was a huge success and judging by the photos you can see on page 12, everyone had a great time – I know I did! For me, the highlight of the event was our volunteer raffle where we raffled off 18 gifts, including beautiful gift baskets and gift cards, that we donated by our very generous sponsors. We can't thank our sponsors and our volunteers enough for all they do for the Center. We wouldn't be here without them, so please take the time to thank them when you see them.

As we move into 2022, please know that your continued health and safety is a priority at the Center. I'm looking forward to serving as your President for one last year and hoping to meet many more of you in person this year.

Please come say hello!

#### **Mission Statement**

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"

## **IMPORTANT NEWS**

# **2022 Board of Directors Election Results**

Thanks to everyone who took the time to vote during the 2022 Board of Director elections in December. The executive officers for 2022 will remain the same from 2021. In addition, 6 of your directors from 2022 will also remain, with Rosalie Novak, Sonia Echevarria and Peggy Miles retiring from the board. We appreciate their efforts during the past 3 years. The 3 new elected Directors who will be sworn in at the January 10 board meeting are Lisa Coyle, Ina Fritsch and Janet Smith.

A complete list of the Board can be found on page 16 of the newsletter.

# Looking for a Worthy Charitable Donation Organization?

Wickham Park Senior Center is a 501(c)3 charitable organization and as such is eligible to receive charitable donations. As you know, it's been a touch year financially for the Center, so if you find you have any extra funds in your charitable donations bucket, please consider donating to the Center. Checks can be made out to Wickham Park Senior Center. WPSC would like to thank the following for their generous donations:

#### **Donations Earmarked for WPSC**

- Jacqueline DeGaetano
- Sonia Echevarria
- Frank M. Page
- St. Francis Reflections
- Susan Salvetti

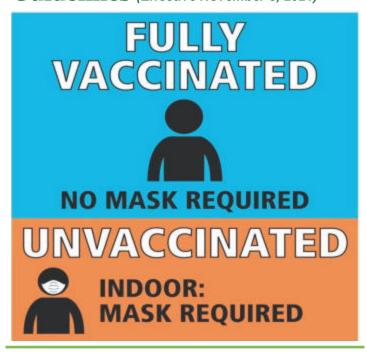
# **Donations Earmarked in Honor of Mary Ellen Reeves**

- Angela Brown
- Verna Layman
- The Germanns and The Atiyehs – Family Members of Vincent Germann

FOR YOUR DONATIONS

- Vincent & Rosalie Germann
- Daniel & Karen Hagan
- Doris Lynn
- H. T. Lyons, Inc.
- G. Ronald Reeves

# WPSC Updated Mask Guidelines (Effective November 8, 2021)



# Thank You! For Filling Christmas Wishes

This year we filled our Christmas Angel tree with requests for children (through the Salvation Army), as well as seniors (through Aging Matters). Thank you to everyone who provided gifts for these two very worthy causes. As you can see from the photos, this was another successful projects – thanks to all of YOU.





When we give cheerfully and accept gratefully, everyone is blessed.

- Maya Angelou

## **IMPORTANT NEWS**

#### **WPSC Chat Bridge**

Chat Bridge is a duplicate bridge training program in which four players new to the game sit at a table to bid and play pre-selected bridge hands from the ACBL Common Game under the direction of a Chat Leader who is a highly experienced bridge player. Chat Bridge can be conducted in either a face-to-face or a virtual environment. Students are encouraged to "chat" by asking questions and interacting with their table partner, opponents, and Chat Leader while they play the hand.

#### **Evolution of Chat Bridge at WPSC**

The idea for Chat Bridge was brought to the WPSC bridge club from the Rochester, MN bridge club three years ago by Dave Hoffman who currently chairs the WPSC Bridge Education Committee. Dave asked Linda James to set up and manage weekly face-to-face Chat Bridge instruction sessions at WPSC. Participation rose from 2 tables weekly to as many as 6 tables weekly under Linda's leadership. When the pandemic began to surge in March of 2020, WPSC shut down all activities where people gathered in close proximity, including bridge. However, by July, Chat was re-started, but this time virtually by connecting Chat Leaders and their students via Zoom and Bridge Base On-Line (BBO). So, Chat Bridge continues on a weekly basis today by loading pre-selected hands from the ACBL Common Game into the BBO data base, Chat Leaders connecting with their students through Zoom and assigning those students to their virtual BBO seats at the table. Leaders and their students thus have interactive video and audio—really no different than all of them being face-to-face. We now have seven Chat Bridge instructors teaching 30 students. Additionally, WPSC Chat Bridge has expanded to include several players who reside in other states and Canada. For now, WPSC Chat Bridge

is solely a virtual event and is likely to stay that way for the foreseeable future.

#### **Management of WPSC Chat Bridge**

WPSC Chat Bridge is currently managed by WPSC members, Dave Seares and Celia Phillips. All Chat Leaders are volunteers. Chat student dues are \$10 per month. Approximately \$1,000 per year from the dues collected pay an annual fee for Chat leader Zoom licenses, whereas the rest of the money collected is given to the WPSC Treasurer, \$2600 per year based on the current number of students. Celia maintains the Chat roster while Dave tracks student payments. Below are the Chat Bridge Leaders (Instructors):









Jon Green

Mike Heins

Celia Phillips

Tina Pomeroy







Dave Seares

Lee Taylor

Anna Lynn Wagner

#### **Who Should Consider Joining Chat Bridge**

Those of us who teach Chat Bridge believe that both beginning and intermediate players can benefit from joining. Dave and Celia attempt to assign players with similar abilities to the same Chat group. All of the Chat leaders are at least Gold Life Masters, with one leader a Diamond Life Master and another leader an Emerald Life Master. If you think you would like to join Chat, call **Celia Phillips** at 321-956-9208 or **Dave Seares** at 321-537-9550.

Wickham Park Senior Center is not equipped, nor intended to be a senior care facility. WPSC activities are geared toward independent adults who are able to manage their own care, decisioning making and safety. WPSC's insurance prohibits, and WPSC cannot be responsible for, the provision of physical assistance to individuals on the premises. If an adult companion is needed, the companion may participate in the activity if they desire, regardless of age, and must pay all fees associated with the activity. WPSC reserves the right to prevent persons from being on premises if the WPSC leadership believes that person would cause harm to themselves or others.

## TRAVEL NEWS

#### The WPSC Travel Office is OPEN Monday—Friday, 9:00 am—1:00 pm

**Capones Dinner & Show** 

Date: January 27, 2022 Cost: \$119.00 per person

Miami & Key West

**Date: February 8-11, 2022** 

Cost: \$495.00 per person / 4 Days & 3 Nights

**Jungle Queen Riverboats** 

Date: February 16, 2022 Cost: \$125 per person

Deadline is January 15, 2022

**Medieval Times Dinner & Tournament** 

Date: March 15, 2022 Cost: \$119 per person

No Refunds after March 5, 2022

**Biloxi At The Beau Rivage** 

Date: March 27-30, 2022

Cost: \$489.00 pp Double / Insurance \$27.00 pp

\$599.00 pp Single / Insurance \$37.00 pp

No Refunds after February 27, 2022

The Marvelous Wonderettes

Date: April 13, 2022 Cost: \$125 per person

**Courtesy of Travel Expressions & Diamond Tours.** 

For more information and reservations, please call Wickham Park Travel at 321-425-5530.

Our recent trip to the **Norton Museum & Chesterfield Hotel** on December 2 was a memorable event which was enjoyed by all. Be sure to look at all our future trips and join in on the fun!



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## **ACTIVITIES & GAMES**



# OPEN TO THE PUBLIC: Tuesdays & Fridays 11:15 am—2:00 pm; Doors Open @ 10:00 am

Early Bird @ 11:15 am / Packages start at \$6.00. Bingo payouts will be adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am.

- Six-foot tables are set up to accommodate two (2) people per table (one on each side at opposite ends). Players wishing to sit more players per table may do so at their own discretion.
- All tables will be sanitized prior to each session.

For more information, contact **Brenda Clarson** at 321-258-8837.

# **Ballroom Dancing & Swing Lessons**

Mondays @ 6:30 Advanced Ballroom Class @ 7:30 Beginner Class

Cost: \$8.00 per Class for Members \$10.00 per Class for Non-Members

Classes change every month. Welcome Singles and Couples! Any questions? Please contact Chris Marcelle, 321-258-5916.

#### **Bridge (Rubber)**

Thursdays @ 1:00—4:00 pm Saturdays @ 12:30—3:30 pm

Cost: \$2.00 Members / \$4.00 Non-Members

Come on out for an afternoon of enjoyment at the bridge table. Any questions? The point of contact for Thursday is **Janet Walker** at 321-242-3173 and the point of contact for Saturday is **John Dalheim** at 321-848-1794.



· Paid Training

Some Travel

Contact us at: careers@4lpi.com | www.4lpi.com/careers

# Questions about MEDICARE?

# I can help!



Gabriel Quezada 321-419-7409 (TTY: 711)

Monday — Friday, 8 a.m. — 5 p.m. gquezada@careplus-hp.com

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# **CALENDAR OF EVENTS**

WICKHAM PARK SENIOR CENTER 2785 Leisure Way Melbourne, FL 32935

**JANUARY 2022** 

Phone: 321-255-4494
Web: <u>www.bcwpsc.org</u>

ACTIVITY	NOT RESUMING IN JANUARY	SCHEDULE FOR JANUARY
Ballroom Dancing		Mondays @ 6:30P for Advanced Ballroom Class; Mondays @ 7:30P for Beginner Class
Bingo		Tuesdays & Fridays @ 11:15A—2:00P
Bone Makers Plus	lacksquare	
Blood Pressure Checks	lacksquare	
Bridge: Beginner Class	MEETS VIRTUALLY & ON-SITE	Virtual Classes on Mondays @ 10:00A—Noon On-Site Classes on Wed.& Sat. @ 11:00—Noon
Duplicate	MEETS VIRTUALLY & ON-SITE	Virtual Classes Mon. thru Fri. @ 12:30P & Sat. @ 7:00P On-Site Classes on Mon., Wed., & Sat. @ 12:30—4:00P
Chat	MEETS VIRTUALLY	Fridays @ 9:30—11:00A
Rogue		Tuesdays @ 12:15—4:00P
Rubber		Thursdays @ 1:00—4:00P & Saturdays @ 1:00—3:30P
Bunco		1st & 3rd Thursdays @ 12:30—4:00P
Chair Yoga		Tuesdays @ 3:00—4:00P
Chefs for Seniors		2nd & 4th Thursday @ 11:00A—12:30P Sign-up Sheet at Front Desk
China Painting	<b>⊡</b>	Suspended Until Further Notice
Euchre		1st & 3rd Wednesdays @ 6:00—9:00P
Games: Hand & Foot		Mondays & Fridays @ 9:00A—Noon
Games Galore	Resumes Jan. 12	Wednesdays @ 2:00-4:00P
Greeting Cards		Fridays @ 10:00A—1:00P
Jazzercise Lo		Mon., Wed. & Fri. @ 8:30—9:30A
Line Dancing:		Tuesdays @ 4:15—5:30P
Mahjong: American		Mondays @ Noon—3:30P Thursdays @ 9:00A—Noon
Chinese		Wednesdays @ 1:00—4:00P
Mexican Train Dominoes		Wednesdays @ 1:00—4:00P
Oil Painting for Beginners		1st & 2nd Thursdays (Jan. 6 & 13, 2022) @ 1:00—4:00P
Pinochle		Fridays @ 12:15—4:00P
Poker: Dealers Choice		Tuesdays & Fridays @ 1:00—4:00P
Friendly		Mondays & Wednesdays @ 1:00—4:00P
Pool (Billiards)		Monday thru Friday @ 8:30A—4:30P Saturdays @ 8:30A—12:30P
Shuffleboard: Open Play		Saturdays @ 9:00A—Noon
QiGong-TaiChi		Wednesdays & Fridays @ 8:30—9:30A
Senior Law	Resumes Jan. 28	4th Friday of the Month @ 1:00—3:00P
SHINE		Tuesdays, Thursdays & Fridays @ 9:00A—Noon
Silver Sneakers		Thursdays @ 11:00A—Noon
Social Scrabble		Tuesdays @ 9:30A—Noon
Strength / Flexibility		Thursdays @ 9:30—10:30A
Watercolor Instruction		Wednesdays @ 9:30A—12:15P
Zumba Gold	Resumes Jan. 11	Tuesdays @ 8:30—9:15A

Program details and times are subject to change. Please check the daily schedule at the Front Desk for the latest information.

## 1. Beginner Bridge Class

Starting on Jan.10, 2022 for 7 Weeks Online!

Mondays @ 10:00 am—Noon Saturdays @ 11:00 am—Noon

Cost: \$60.00 for 7 Lessons

\$30.00 Student/Military Discount

**Book: Bridge Basics 1 by Audrey Grant** 

**\$12.49 at Amazon** 

Learn the ultimate card game and discover your new passion in the comfort of your home. The Wickham Park Duplicate Bridge Club is providing a 7-week online beginner bridge course. To enroll, contact **Harold Phillips** at 321-956-9208 or email: <a href="mailto:hlphill@earthlink.net">hlphill@earthlink.net</a>. Please provide the following: Name, (First/Last), email and phone no.

# 2. Declarer Play Class for Beginners/ Intermediates

Starting on Jan.11, 2022 for 8 Weeks! Tuesdays @ 10:00 am—Noon

Cost: \$40.00 for 8 Lessons

This course teaches basic bridge card play in an easy to understand manner. You will learn enough information to play 90% of all the bridge hands you encounter. This online set of courses is complete with quizzes to test what you've learned. To enroll contact **Dave Hoffman** at 321-795-3695 or email: <a href="mailto:davehoffma@gmail.com">davehoffma@gmail.com</a>.

Check written to: WPSC, Attn: Treasurer, 2785
Leisure Way, Melbourne, FL 32935. Note on check: For WPDBC Competitive Bidding Class.

#### **Bridge (Duplicate)**

Online: Monday thru Friday @ 12:30 pm;

Saturdays @ 7:00 pm

On-site Classes: Mon., Wed. & Sat. @ 12:30P

Cost: \$6.00

Duplicate bridge classes have resumed on-site Saturday, Monday and Wednesday. Virtual online classes are also available. For the online schedule, please check out the latest on the website under the Bridge tab or contact **Pam Page** at 321-537-0907. If you would like to play in our game, please contact Pam Page or **Bob Ezell** at 1-321-474-2293.

#### **Bridge (Rogue)**

Tuesdays @ 12:15—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact Patricia Rosenthal at 321-626-5419.

#### Bunco

1st & 3rd Thursdays @ 12:30—4:00 pm Cost: \$6.00 Members / \$8.00 Non-Members

Bunco is played on the 1st and 3rd Thursday of each month. This month's dates are Jan. 6 & 20. **Jan Glugla** and **Lisa Coyle** are the Bunco Program co-chairs. We play four rounds. After two rounds, we have a break for refreshments. We supply coffee and water. Players may bring lunch items, snacks or desserts to share. Please contact **Lisa** at 321-345-9848 to reserve your Bunco space.

#### **Chair Yoga**

Tuesdays @ 3:00—4:00 pm/Sign-in @ 2:45 pm Cost: \$1.00 Members / \$3.00 Non-Members

This class is designed to help with overall well-being for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.

#### **Chef for Seniors**

2nd & 4th Thursday @ 11:00 am—12:30 pm

January 13: Healthy Soups
January 27: Eat More Veggies

Cost: \$6.00 Members / \$8.00 Non-Members

Join Chef Jillian for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting.



All proceeds from this event are donated to The Children's Hunger Project, Brevard County's Backpack Program.

#### **China Painting**

#### SUSPENDED UNTIL FURTHER NOTICE

Cost: \$5.00 Members / \$7.00 Non-Members

Classes are held in Room 117. Contact **Frankie Lybarger** at 321 -254-0254, if you have any questions.



#### **Euchre**

1st & 3rd Wednesdays @ 6:00—9:00 pm Cost: \$5.00 Members / \$7.00 Non-Members

Sign up begins at 5:30. Please be signed up and ready to play by 6:00 pm. Enter through the front door and sign in per senior center protocol. Hopefully we can get more players to come back as we strive to get back to pre-COVID numbers. For more information or any questions, please contact **Jay Koeller** at 321-794-6400.

#### **Games Galore**

**Reopens Jan. 12, 2022** 

Wednesdays @ 2:00—4:00 pm Cost: \$1.00 Members / \$3.00 Non-Members

Mexican Train Dominoes, and special card games, such as UNO, SKIP-BO,5 CROWNS, QUIDDLER, PHASE 10, MAHJONG card game (not tiles) and special CANASTA cards. The group decides each week what they would like to play depending on the number of people in attendance. We are a social group and will teach you any of the aforementioned games. Contact Mary Ann Kacanda at 321-752-9536.

#### **Greeting Cards Class**

Fridays @ 10:00 am—1:00 pm

Cost: \$15.00 Members / \$17.00 Non-Members



Join **Dianne DeDominici** of LoveGiftCrafts in creating up to TWELVE beautiful cards to share with old friends, new friends, and family members! Come have fun creating! If you have any questions,

please contact Dianne at 207-332-2651 or <a href="mailto:dianne@lovegiftcrafts.com">dianne@lovegiftcrafts.com</a>. All supplies and tools provided. Maximum 12 crafters per class.

#### **Hand & Foot Card Game**

Mondays & Fridays 9:00 am—Noon Cost: \$1.00 Members / \$3.00 Non-Members

Join this group of friendly and competitive players for a time well spent. Players are designated to a table by drawings seat assignments, if you do not have a partner. Contact **Beverly Morgan** at 303-458-8273 for more information.

#### **Jazzercise Lo**

Mon., Wed., & Fridays @ 8:30—9:30 am Cost: \$40.00 per Month or \$10.00 per Day

Join us for a fun and energized Jazzercise Lo class. Start off your mornings dancing away those extra calories using <u>Low Impact</u> moves that yield MAXIMUM results! You use muscles, not momentum, to get a total body workout without the impact on your joints. Contact **Ginny Parker** at 321-698-0445.

#### **Line Dancing**

Tuesdays @ 4:15—5:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

Line Dancing for Fun and Exercise. Come join the fun every Tuesday afternoon from 4:15-5:30 pm! Laugh and make new friends while enjoying this fun way to exercise. You are the best gift I could ever ask for. Please call **Sue Duncan** for more information at 321-505-0846. I treasure your friendship and love being your teacher and your friend. Love, Sue.



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## **ACTIVITIES & GAMES**

#### **Mahjong**

American: Mondays @ Noon—3:00 pm &

Thursdays @ 9:00 am—Noon

Cost: \$1.00 Members / \$3.00 Non-Members Chinese: Wednesdays @ 8:30—9:30 am Cost: \$5.00 Members / \$7.00 Non-Members

Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! Contact **Patricia Rosenthal** at 321-626-5419 (American) or **Michael** at 321-537-7094 (Chinese), if you have any questions.



#### **Mexican Train Dominoes**

Wednesdays @ 1:00—4:00 pm Cost: \$1.00 Members / \$3.00 Non-Members

Mexican Train Dominoes is a simple, easy to learn dominoes game. We enjoy playing and we would love to have you come play with us too. Contact **Cora DiCecilia** at 321-254-5014.

#### **Pinochle**

Fridays @ 12:30—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact Cathy Decker at 321-254-9517.

#### **Poker (Dealers Choice)**

Tuesdays & Fridays @ 1:00—4:00 pm Cost: \$1.00 Members / \$3.00 Non-Members

Contact Kit LaLonde at 954-260-0687.

#### Poker (Friendly)

Mondays & Wednesdays @ 1:00—4:00 pm Cost: \$1.00 Members / \$3.00 Non-Members

Attention: Players Needed! Pennies Only. Call ahead to attend. Contact **Vinnie Germann** at 321-253-6155.

#### **Pool (Billiards)**

Monday thru Friday @ 8:30 am—4:30 pm

Saturdays @ 8:30 am—12:30 pm

Tournaments: 2nd Wednesday of Every Month Cost: \$1.00 Members / \$3.00 Non-Members

Plus \$ .50 per Day or \$2.00 per Week

YE OL Pool Room 8-Ball Tournament Results of 12/08/21:

1st Place: Dale Foster 2nd Place: Wally Topinko 3rd Place: Dave Reeve 4th Place: Det Schwitz

Next tournament is January 12. Questions? Please contact **Wally Topinko** at 716-830-5978.

#### **Oil Painting for Beginners**

1st & 2nd Thurs. Each Month @ 1:00—5:00 pm January 6 & 13 / February 3 & 10

Cost: \$40.00 per person

Come paint a beautiful landscape painting with us. The first class offered at the WPSC did a wonderful job and had a great time. Classes will be held on the first and second Thursdays of each month. All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, just six participants, so Hobo Bob has plenty of time to work with you as you paint your masterpiece.

Look at the happy folks from our first December class. Questions? Contact **Bob Holby** at 813-789-9810.



#### QiGong-TaiChi

Wednesdays & Fridays @ 8:30—9:30 am
Cost: \$5.00 Members / \$7.00 Non-Members
Tai-Chi Reduces Risk of Falling by 58%! This
gentle form of exercise can help strengthen your

leg muscles and improve your balance. It's a low impact, slow -motion exercise that's ideal for



older adults. In a recent study, 870 subjects 70+ years old, and at a high risk for falling, performed a 60-minute tai-chi routine twice a week for 24 weeks. The study found tai-chi to be more effective than conventional exercising for preventing falls. Tai-chi reduced falls an incredible 58%. We focus more on the Healing Art of QiGong of TaiChi. Contact **Laura Parsons**, Certified Instructor at 321-474-5374.

#### **Silver Sneakers**

Thursdays @ 11:00 am—Noon

Cost: \$6.00 Members / \$8.00 Non-Members

Silver Sneakers is a low impact cardio and stretching class that's done 60% in a chair and the other 40% standing. It is a great workout for ALL levels of fitness! The cost if just \$6.00



per class, but for some of you, your health insurance may cover the cost of the class and you can come and work out FOR FREE! All you need to do is contact your health insurance company and ask them if your policy includes Silver Sneakers. If you have any questions or concerns, please contact **Kim Billins** at 469-662-4176.



#### **Senior Law**

#### Starting Friday, January 28!

4th Friday of Each Month @ 2:00—3:00 pm Cost: Free to all WPSC Members

The Slonim Law Firm Invites you to attend a FREE seminar and question and answer session on the 4th Friday of each month at WPSC Room 117. We will cover topics such as:

- Last Will & Testament & Trusts
- Durable Power of Attorney and Healthcare Directives
- Living Wills
- Digital Assets
- Medicaid and Asset Protection Options
- Guardianships
- Probate Matters
- General Dementia Issues

Seating is limited. Please sign up at the front desk. Questions? Please call the Law office at 321-757-5701.

#### **Shuffleboard**

Saturdays @ 9:00 am—Noon

Cost: \$1.00 Members / \$3.00 Non-Members

For more information on learning how to play or participating in shuffleboard tournaments, please call **Greg Jones** at 606-219-3994 or email: greg.sonesta@gmail.com.



#### Social Scrabble

Tuesdays @ 9:30 am—Noon

Cost: \$1.00 Members / \$3.00 Non-Members

Hello fellow Scrabble players! Friendly Scrabble has returned as of April 20, 2021. Questions? Please contact **Anne O'Brien** at 303-458-7301.

#### Strength/Flexibility

Thursdays @ 9:30—10:30 am

Cost: \$4.00 Members / \$6.00 Non-Members

Fitness Unlimited by Design presents a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps with posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We are working on core, arm and leg strength. Go at your own pace and feel the antiaging begin. Come join us, no need to sign up, just show up. For more information, contact **Susie Salvetti** at 321-626-0282.

#### Watercolor Instruction

Wednesdays @ 9:30 am—12:15 pm Cost: \$6.00 Members / \$7.00 Non-Members



Classes held in the computer room. Bring your own supplies, smiles and good attitudes! Relax, enjoy the process and camaraderie. All levels welcome! Contact **Judy Champion** at 321-312-9155 or email Judy at judy.champion325@gmail.com.

#### **Zumba Gold**

Tuesdays @ 8:30—9:15 am

Cost: \$5.00 Members / \$7.00 Non-Members

All Zumba Gold classes resumes on January 11, 2022. For more information, please contact **Cristina Aguerrevere** at 321-914-9401.

# **SPECIAL EVENT**













2021 Volunteer Brunch December 11, 2021





















Thank you to our sponsors for donating these volunteer raffle prizes: Ally Senior Living, CarePlus Health Plans, Home Instead Assisting Living, Selling on the Space Coast brokered by EXP Realty, Travel Expressions and United Healthcare.



## **OUR SPONSORS**

The Officers and Membership of Wickham Park Senior Center appreciate the continued support of our many Sponsors. As an all volunteer run organization, their continued financial support allows us to offer Activities and Social events for our members.

Thank You to Our Sponsors!

#### **Diamond Level**

Beltone Hearing ◆ Courtney Springs Village ◆ CarePlus Health Plans ◆ CIGNA Edward Jones Investments ◆ Greenwood Place ◆ Health First Health Plans Health First Home Care ◆ Home Instead Senior Care

Selling on the Space Coast brokered by EXP Realty ◆ Slonim & Lemieux Law Offices St. Francis Reflections ◆ United Healthcare ◆ VITAS Healthcare

#### **Gold Level**

Hibiscus Court • Victoria Landing

#### Silver Level

Buena Vida Estates • ClearCaptions

#### **Meet & Greet Sponsors**

Ally Senior Living Consultants 

CaptionCall 

CarePlus Health Plans

CIGNA • Courtney Springs Village • Health First Health Plans • Health First Home Care

Home Instead Assisted Living • Humana Marketing

Selling on the Space Coast brokered by EXP Realty • St. Francis Reflections
United Healthcare • VIP America Home Health Care • VITAS Healthcare

#### **Come Meet Our Sponsors!**

Our monthly Meet & Greets with our sponsors have started back up on Tuesday and Friday mornings from 9—11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them.

#### **Monthly Schedule:**

- 1st Tuesday VITAS Health Care & Power Realty
- 2nd Tuesday Health First Home Care, CIGNA & Humana Marketing
- 3rd Tuesday Health First Health Plans & CaptionCall
- 4th Tuesday—Home Instead Assisted Living
- 1st Friday VIP Health Care
- 2nd Friday United Healthcare
- 3rd Friday CarePlus Health Plans
   & Home Instead Assisted Living
- 4th Friday Ally Senior Living & St. Francis Reflections



# Medicare Plans





Jerry Hadlock, Jr. Call / Text 321-720-4526

Email: JLDM253@AOL.COM

601 E. Strawbridge Ave., Melbourne, FL 32901

We can help you find the right Medicare plan. With some plans you can go to any Doctor or Hospital. We represent most National and Regional Medicare companies.

"Jerry is a great resource & very knowledgable about Medicare"

- Dawn Partlow, Navigating Tax Solutions, Merritt Island, (321) 412-6610

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## **IN EVERY ISSUE**



#### **New Members in November**

Atkinson, Susan

Lopez-Maldonado, Pedro

Bartlett-Ayer, Rochelle

McDougall, Brenda

Bedworth, Michele

McColgan, Donna

Breitlow, Richard

McKenna, Mary Jo

Carney, Ann

Mihok, Donna

Carol, Gates

O'Bryan-Wilson, Jan

Clee, Susan

O'Rourke, Frances

Cicc, Susuii

Parker, Larry

Crake, Alfred

Cooper, Margo

Pate, Georganna

Crake, Nancy

Peck, Trevada

DeAngelis, Linda D

Rivera, Julio

Drake, Candace

Robinson, Marianne

Ellis, Mary

Samson, Lolita

Franchini, Carol

Samson, Patricio

Fuller, Coreen

Sandberg, Chiffone

Grymes, Sammye

Savage, Sandra

Hernandez, Joan

Silvers, Clark

Karschnick, Diane

Staats, Edward

Keller, Gayle

Staats, Susan

......

Thon, Carolyn

Lakritz, Ronnie Lankenau, Pat

Tinsley, Biddie

Larson, Kathleen

Turner, Kalliopi

Lillibridge, Jean

Lillibridge, Lanny

Via, Carolyn A

comments? We value your opinion! There's a new SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPSC!



#### **Meet Our Staff**

#### Officers

President: Diane Weinzierl
Vice President: Gary McGuire
Secretary: Lynn Higginbotham
Treasurer: Colleen Barneman

#### **Directors**

Lisa Coyle Ginny Parker
Ina Fritsch Linda Payne
Vincent Germann Janet Smith

Beverly Morgan

Jaqueline Williams

Pam Page

#### Staff

IT Systems Admin: John Efird
Sunshine: JoAnn Efird
Newsletter: Nilda Rosario

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to: news@bcwpsc.org

#### **WPSC New Email Addresses**

Please make a note of the new email addresses for the Wickham Park Senior Center staff:

DIRECTORY	EMAIL
WPSC President	president@bcwpsc.org
WPSC Secretary	secretary@bcwpsc.org
WPSC Treasurer	treasurer@bcwpsc.org
WPSC Scheduling	scheduling@bcwpsc.org
WPSC Information	info@bcwpsc.org
WPSC Webmaster	webmaster@bcwpsc.org
Travel Office	travel@bcwpsc.org
Front Desk Reception	reception@bcwpsc.org
Bridge Club	bridge@bcwpsc.org
Newsletter Editor	news@bcwpsc.org
John Efird, IT Systems Admin	itadmin@bcwpsc.org