



# Friendship Flyer

MARCH 2023

2785 Leisure Way  
Melbourne, FL 32935  
(321) 255-4494

Monday-Friday: 8:30 am—4:30 pm

Saturday & Sunday: CLOSED

[www.bcwpsc.org](http://www.bcwpsc.org)



## President's Message



Diane Weinzierl

I've always said that WPSC has the best sponsors. I like to thank Nancy at CarePlus for bringing in and passing out roses to our bingo players and volunteers on the Friday before Valentine's Day. Please make sure you stop by our sponsors tables to speak with them when they are here for their weekly Tuesday and Friday Meet and Greet sessions.



**Did you know that we have a Lost & Found at WPSC?** The WPSC Lost and Found has been relocated to the cart just inside the back door at the Center. It is getting to be quite full, so if you've lost anything over the past few months, please take a few minutes to check to see if it might have found its way into the lost and found box. Any items not claimed from the lost and found area by March 17 will be thrown out or donated.

**We're looking for volunteers to work our table at the upcoming Blueberry Festival in Wickham Park April 15 & 16.** If you've ever thought about volunteering at the center but you weren't sure you wanted to commit yet, this is a great way to see what we're all about, meet new people, have some fun and even get into the festival for free. If you're interested, please contact Celeste Garcia at the Front Desk. Or, if you're just interested in volunteering some time at the Center, stop by the Front Desk and ask for a Volunteer Application.

**Beware of email scams.** It has come to my attention that a few people have received an email from me asking for them to purchase gift cards to be used for donations. **THIS IS A SCAM**, so please do not fall for it. My emails to you will always be to make you aware of what is happening at WPSC - never asking you for money or gift cards. If you receive such an email, please forward it to me as we have our IT team working on tracking this down. Also, during the week of March 6-10, Lisa Coyle will be handing out flyers on how to protect yourself from fraud, identity theft and scams - please be sure to pick up your copy.



As you know, we made a decision to hold our dinner events 3 times a year instead of monthly. The next scheduled event will be on **Friday, May 5 when we will be hosting an "Off to the Races" Kentucky Derby event.** We are still finalizing details, but you can think Horse Racing, prizes for the best Derby Attire (Bonnetts and Bow Ties), dancing and lots of food & fun. Watch for more details and flyers around the Center in late March. Tickets will go on sale the 1st week of April. Be sure to **save the date (Friday, May 5) and get started on your Derby attire now.**



***Lastly, have a safe and fun St. Patrick's Day.***

## Mission Statement

**Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.**

***"There are no strangers here, only friends you have yet to meet!"***



The WPSC Board of Directors meetings are held on the 2nd Monday of each month at 9:30 am. The next meeting will be **March 13 at 9:30 am in Room 117**. All WPSC members are welcome to attend.

## Mark Your Calendars UPCOMING EVENTS



- **March 11-12:** India Fest
- **March 18-19:** Melbourne Spring Art & Craft Show
- **April 1:** Poocherella
- **April 7-8:** Space Coast Spring Family Fun Fest
- **April 15-16:** Blueberry Festival
- **April 30 thru May 7:** Florida 35th All Veterans Reunion / Vietnam Wall Viewing
- **May 13:** Space Coast Burger Battle

## Wickham Park Senior Center Holiday Closures for 2023

To enable our volunteers to spend more time with their families during the upcoming holiday season, Wickham Park Senior Center will be closed on the following dates:

- **Memorial Day Holiday** – Monday, May 29, 2023
- **4th of July Holiday** – Tuesday, July 4, 2023
- **Labor Day Holiday** – Monday, Sept. 4, 2023
- **Thanksgiving Holiday:**
  - Wednesday, Nov. 22, 2023 (Day before Thanksgiving)
  - Thursday, Nov. 23, 2023 (Thanksgiving Day)
  - Friday, Nov. 24, 2023 (Friday after Thanksgiving)
  - Saturday, November 25, 2023
- **Christmas Holiday:**
  - Saturday, December 23
  - Monday, Dec. 25, 2023 (Christmas Day)
  - Tuesday, Dec. 26, 2023 (Day after Christmas)
- **New Year's Holiday:**
  - Monday, January 1, 2024 (New Year's Day)

## 2023 WPSC Board Committee Assignments

COMMITTEE	CHAIRPERSON	COMMITTEE MEMBERS
Auditing	Elaine Dinho	Colleen Barneman
Billiard/Pool Hall	Wally Topinko	
Bingo	Brenda Clarson	Pat Snyder, Diane Weinzierl
Bingo Concessions	Carol Lush	Rosalie Jones
By-Laws	Gary McGuire	John Efird, Diane Weinzierl
Duplicate Bridge	Pam Page	
Front Desk Volunteers	Ginny Parker	
IT & Technical Services	John Efird	David Leacock, JT Turner
Library	Elain Gurnsey	
Maintenance & Safety	Janice Oppelt	Gary McGuire, John Efird
Membership	Celeste Garcia	Maureen Reeder, Janet Smith, Rosalie Novak
Newsletter	Nilda Rosario	
Nominating & Annual Election	Colleen Barneman	Vinnie Germann, Janet Smith
Programs & Scheduling	Gary McGuire	Diane Weinzierl, Ginny Parker
Purchasing	Pam Page	Colleen Barneman, Carol Lush (Kitchen), Brenda Clarson (Bingo), John Efird (IT), Elijah Morse (Janitorial)
Special Events	Bev Morgan	Celeste Garcia, Rosalie Novak, Ina Fritsch, Lisa Coyle
Stars Sponsorship	Gary McGuire	Ginny Parker
Sunshine Committee	Jo-Ann Efird	
Travel	Janice Oppelt	Janet Smith, Elaine Sams
Vending Machines	Jay Koehler	Gary McGuire
Volunteers	Diane Weinzierl	Pam Page, Janice Oppelt
Webmaster	Maureen Reeder	Diane Weinzierl

## Amazon Closing AmazonSmile

Amazon recently announced that they have discontinued their **AmazonSMILE** charity program as of February 20, 2023. For those of you who listed Wickham Park Senior Center as your charity to benefit from this program, we want to **Thank You** for your support.

## Wickham Park Senior Center Celebrates National Consumer Protection Week

Looking to protect yourself from fraud, identity theft, and scams?

Wickham Park Senior Center has information for you during **National Consumer Protection Week (NCPW) — March 5 - 11, 2023** — and any time of the year. NCPW is a time when government agencies, consumer protection groups, and organizations like ours work together to share information about consumer rights and help people learn to spot, report, and avoid scams.

Lisa Coyle will be handing out flyers on how to avoid a scam during the week of March 6-10. She will also have a sign-up sheet for a class that will be held in April.



**FEDERAL TRADE COMMISSION**

## Free Tax Preparation 2023

**Cocoa Beach Library:** Tuesday, Wednesday and Thursday @ 9:30 am—1:30 pm. Call 321-252-9830 for appointments.

**Central Brevard Library, Cocoa:** Tuesday, Thursday and Saturday @ 9:00 am—1:00 pm. Call 321-633-1792 for appointments.

**St. Luke's Presbyterian Church, Titusville:** Monday and Saturday @ 9:30 am—3:30 pm. Call 321-355-2390 for appointments.

**Ascension Lutheran Church, Indian Harbor Beach:** Monday and Tuesday @ 9:00 am—1:00 pm. For appointments email: [indianharbortax@gmail.com](mailto:indianharbortax@gmail.com) or call 321-222-0444.

**Martin Luther King Library, Melbourne:** Monday and Wednesday @ 9:00 am—3:00 pm. Call 321-952-4511 for appointments.

## SHRED EVENTS for Destroying Sensitive Documents

The start of the new year usually prompts us all to clean out old documents, typically in preparation for the upcoming tax season. Some major corporations will sponsor a Shred Event, allowing anyone to be able to shred documents that are too much for a personal shredder.

Brevard County Sheriff's office hosts several shred events around the county (Reference website: <https://www.brevardsheriff.com/home/crime-prevention-programs/>).

Throughout the year, the Sheriff's Office offers a free service, in partnership with a local document shredding company, where you can safely shred your personal documents. The documents you choose to shred are shredded on location of the shred event provided by the shredding company. This is a great service that will help fight against Identify Theft and an opportunity for you to safely dispose of all sensitive documents at one time, in one convenient location:

- March 30, 2023: 9 To 10:30 AM  
500 Old Florida Trail, Melbourne Beach
- April 27, 2023: 9 To 10:30 AM  
Community Credit Union  
1030 US1, Rockledge \*Enter Off Hardee Lane\*
- May 25, 2023: 9 To 10:30 AM  
Palm Shores Town Office  
5030 Paul Hurtt Lane, Melbourne
- June 29, 2023: 9 To 10:30 AM  
Greater Palm Bay Chamber of Commerce  
4100 Dixie Highway NE, Palm Bay
- July 27, 2023: 9 To 10:30 AM  
Cape Canaveral Precinct  
111 Polk Avenue, Cape Canaveral  
"Behind The Precinct"
- August 31, 2023: 9 To 10:30 AM  
Melbourne Square Mall  
1700 W. New Haven Avenue  
Between Dillard's & JC Penney  
\*Enter Off Evans Road\*
- October 26, 2023: 9 To 10:30 AM  
Veteran's Memorial Center  
400 S. Sykes Creek Parkway, Merritt Island



## Need Your Blood Pressure Checked?

Sea Pines will be conducting blood pressure checks at the Wickham Park Senior Center every 2nd Friday of the month (**March 10**) at 9:00-11:00 am.

The WPSC Travel Office is OPEN Monday—Friday, 9:00 am—1:00 pm  
For more information and reservations, please call Wickham Park Travel at 321-425-5530.

## St. John's Riverboat

**Date:** March 15, 2023

**Cost:** \$139 Per Person—No Refunds After March 1

From its home port on Lake Monroe in charming downtown Sanford, the Boat-in-the-Moat cruises the St. John's River, serving delicious food, live music, and dancing. You'll get close-up views of the area's abundant wildlife. During the cooler months, manatees are often spotted as they move in from the ocean to bask in the warmer river water and snack on water hyacinths.

**SOLD OUT!**

## Morikami Japanese Garden Tour/ Bento Box

**Date:** April 26, 2023

**Cost:** \$104 Per Person Includes Lunch

There's so much to see at Morikami, in the 16 acres that surround Morikami's two museum buildings include expansive Japanese gardens with strolling paths, resting areas, their world-class bonsai collection and lakes teeming with koi and other wildlife. After the tour, enjoy a delicious Bento Box lunch.

## Solomon's Castle Tour with Lunch at the Boat-in-the-Moat

**Date:** May 10, 2023

**Cost:** \$125 Per Person—No Refunds After May 1

Hidden in the lush landscapes of Florida, is one man's dream of paradise. This may be the most unique experiences of your life. With more than 80 interpretive stained glass windows and countless metal sculptures. If you build it, they will come. This 3-mast monster is Solomon's creation and houses the finest restaurant in Ona, FL. Unique for its design and location is this Boat-in-the-Moat Restaurant where we will have our lunch.

## Coconut Creek Casino—Hallendale

**Date:** June 7, 2023

**Cost:** \$65 Per Person—No Refunds After May 26  
**Leaves WPSC at 8:00 AM and returns at 5:30 PM**

THIS WILL BE OUR LAST DAY TRIP BEFORE THE SUMMER MONTHS BEGIN. Enjoy a smoke-free casino experience with over 300 slots and eight live table games. Discover award winning dining at the casino's five restaurant options.

## Murder Mystery Dinner Train & Edison Ford Museum & Lunch

**Date:** September 24-25, 2023

**Cost:** \$485 Per Person / Double Occupancy  
\$555 Single Occupancy

Join the Murder Mystery Dinner Train for an evening of Fun, Food, and Murder! This unique dining experience includes a delicious five course dinner prepared on board, served at tables of four, with an ongoing comical mystery that plays in the aisles during this fun-filled evening! You'll love this 3½ -hour train ride aboard the Seminole Gulf Railway. Costumes encouraged, but optional.

After our train ride, we'll spend the night in Ft. Myers. Following breakfast in the hotel, we'll travel to Edison Ford Museum, featuring 15,000 square feet of air conditioned exhibits, thousands of artifacts, and a wealth of opportunities for visitors to learn about the Innovative Minds of Two American Icons! Before departing for home, we will make a stop at the Ford Garage to enjoy lunch.

## Pigeon Forge & Smokey Mountains Show Trip

**Date:** October 9-14, 2023 (6 Days / 5 Nights)

**Cost:** \$785 Per Person / Double Occupancy  
\$1,004 Single Occupancy  
\$75 Deposit / \$72 Travel Insurance Per Person  
(Must Be Paid Before June 1 to reserve)

For more information, please sign up at the Travel Office for the trip Q&A meeting. You will be contacted once a date for this meeting has been determined.

### ATTENTION!

### Travel Gift Certificates

The Travel Office now offers **GIFT CERTIFICATES!** You can purchase gift certificates for that special someone. Birthdays, Anniversaries or just for that special someone who loves to travel. Gift Certificates in denominations of \$25, \$50 or \$100. They can only be used at WPSC Travel, for any trip and will expire in one year from issue date.



## Shuffleboard Courts New Lights



The Wickham Park shuffleboard courts located at the Senior Center are getting new high intensity stadium lights thanks to the Brevard County Parks and Recreation Department. These new lights are just one of many new upgrades the Parks and Recreation Department have made over the past two years including resurfacing the shuffleboard courts,

adding new scoreboards, and replacing the picnic tables. Thank you, Jessica, John and the entire Parks and Recreation staff!

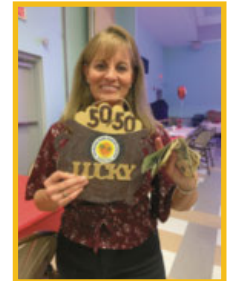
## Special Thank You



Thanks to our IT staff for fixing the Bingo machine. They have many talents and we truly appreciate them.

## Congratulations!

It was Travel Director Janice Oppelt's lucky day, as she was the winner of the 50/50 Raffle during our Pre-Valentine's Day Fright Night Dinner.



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# CALENDAR OF EVENTS

WICKHAM PARK SENIOR CENTER  
2785 Leisure Way  
Melbourne, FL 32935

Phone: 321-255-4494  
Web: [www.bcwpssc.org](http://www.bcwpssc.org)

## MARCH 2023

ACTIVITY	SCHEDULE FOR MARCH	NOTES
Ballroom Dancing	2 Classes on Mondays @ 6:30P & 7:30P for ALL Levels Different Dance Each Month	
Bingo	Tuesdays & Fridays @ 11:15A—2:00P	
Blood Pressure Checks	2nd Friday (March 10) @ 9:00—11:00A	
Bones and Balance	Mondays @ 10:00—11:00A; Register @ 9:45A	
Bridge: Beginner Class	Saturdays @ 11:00A with Pam Page For Virtual Classes please see our website at <a href="http://www.bcwpssc.org">www.bcwpssc.org</a> and click "Bridge" icon	
Duplicate	On-Site Classes on Mon., Wed., & Sat. @ 12:30—4:00P Virtual Classes Thursdays @ 12:15P on the BBO platform	
Chat	Fridays @ 9:30—11:00A	MEETS VIRTUALLY
Rogue	Tuesdays @ 12:15—4:00P	
Rubber	Thursdays @ 1:00-4:00P & Saturdays @ 12:30-3:30P	
Bunco	1st & 3rd Thursdays (March 2 & 16) @ 12:30—4:00P	
Chair Yoga	Tuesdays @ 3:00—4:00P	
Chefs for Seniors	Next Class March 16 @ 11:00A—12:30P Sign-up Sheet at Front Desk	
Euchre	Wednesdays @ 6:00—9:00P	NOW WEEKLY!
Hand & Foot	Mondays & Fridays @ 8:45A—Noon	
Jazzercise Lo	Mon., Wed. & Fri. @ 8:30—9:30A	
Line Dancing	Tuesdays @ 4:15—5:30P	
Mahjong: American	Mondays @ Noon—3:30P Thursdays @ 9:00A—Noon	
Chinese	Wednesdays @ 1:00—4:00P	
Lessons	Mondays @ 10:45—11:45A Sign-up Sheet at Front Desk	OPEN TO FIRST 12 PEOPLE TO SIGN UP
Oil Painting for Beginners	3rd Thursday (March 16) @ 1:00—5:00P Sign up Sheet at Front Desk	LIMIT 6 PEOPLE PER CLASS
Pinochle	Mondays & Fridays @ 12:15—4:00P	
Poker: Dealers Choice Friendly	Tuesdays & Fridays @ 11:30A—4:00P Mondays @ 1:00—4:00P	
Pool (Billiards)	Monday thru Friday @ 8:30A—4:30P Saturdays @ 8:30A—12:30P	
QiGong-TaiChi	Mondays, Wednesdays & Fridays @ 8:30—9:30A	
Rummikub	Wednesdays @ 1:00-4:00P	
Senior Law	4th Friday of the Month (March 24) @ 2:00—4:00P Sign up Sheet at Front Desk	
SHINE	Tuesdays, Thursdays & Fridays @ 9:00A—Noon	
Strength / Flexibility	Thursdays @ 9:30—10:30A	
Shuffleboard: Open Play	Saturdays @ 9:00A—Noon	
Shuffleboard: Tournaments	March 9-10, 2023 - 8-5pm: No Two Pros Any Doubles	
Watercolor Instruction	Wednesdays @ 9:45A—12:30P	

Program details and times are subject to change. Please check the daily schedule at the Front Desk for the latest information.

NEW UPDATES

## Ballroom Dancing & Swing Lessons

Two Classes on Mondays @ 6:30P & 7:30P for ALL Levels. Different Dance Each Month.

Cost: \$8.00 per Class for Members  
\$10.00 per Class for Non-Members

Classes change every month. Welcome Singles and Couples! Any questions? Please contact **Chris Marcelle** at 321-258-5916.



**TUESDAY & FRIDAY—Open to the Public!**  
Doors Open @ 10:00 am  
Cards Sold @ 10:30 am – 11:30 am  
Early Bird Starts @ 11:15 am

Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more info, contact **Brenda Clarson** at 321-258-8837.

## Bones & Balance

Mondays @ 10:00 am—11:00 am  
Cost: \$5.00 Members / \$7.00 Non-Members



Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.

## Bridge (Duplicate)

On-site Classes: Mon., Wed. & Sat. @ 12:30P  
Online Classes: Thurs. @ 12:15 pm on the BBO platform  
Cost: On-site classes \$6.00 / Online classes \$5.00

Duplicate bridge classes have resumed on-site Monday, Wednesday and Saturday. Virtual online classes are also available. For the online schedule, please check out the latest on the website under the Bridge tab. Contact **Pam Page** at 321-537-0907 or [pam.page@bellsouth.net](mailto:pam.page@bellsouth.net) for bridge-related questions.



## Bridge (Rogue)

Tuesdays @ 12:15—4:00 pm  
Cost: \$1.00 Members / \$3.00 Non-Members



Contact **Patricia Rosenthal** at 321-626-5419.

## Bridge (Rubber)

Thursdays @ 1:00—4:00 pm  
Saturdays @ 12:30—3:30 pm  
Cost: \$2.00 Members / \$4.00 Non-Members

Come on out for an afternoon of enjoyment at the bridge table. Any questions? The point of contact for Thursday is **Janet Walker** at 321-242-3173 and the point of contact for Saturday is **Gayle Schanck** at 541-821-7070.



## Bunco

**1st & 3rd Thurs. (March 2 & 16) @ 12:30—4:00 pm**  
**Cost: \$6.00 Members / \$8.00 Non-Members**

Bunco is played on the 1st and 3rd Thursday of each month. We play four rounds. After two rounds, we have a break for refreshments. We supply coffee and water. Players may bring lunch items, snacks or desserts to share. Please contact Linda at 321-549-9893 to reserve your Bunco space.

## Chair Yoga

**Tuesdays @ 3:00—4:00 pm/Sign-in @ 2:45 pm**  
**Cost: \$1.00 Members / \$3.00 Non-Members**



This class is designed to help with overall wellbeing for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.

## Chef for Seniors

**Cost: \$6.00 Members / \$8.00 Non-Members**  
**Classes @ 11:00 am—12:30 pm**

**March 16: Salad**  
**May 18: Veggies**  
**July 20: Smoothies**  
**Sept. 21: Fall Flavors**  
**Nov. 16: Holidays**



Join **Chef Jillian** for a Cooking For Seniors Class.

Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting. Please sign up at front desk to reserve your spot.

**All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.**

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HEALTH PLANS

## Euchre

**Wednesdays @ 6:00—9:00 pm**

**Cost: \$5.00 Members / \$7.00 Non-Members**

**Members must scan their card when entering and non-members must sign in.**

Starting this year, we are playing euchre every Wednesday night. Sign in starts at 5:30 pm. The game is set up tournament style with a \$4 buy-in going toward the prize pool in addition to the senior center fee. Additional \$1 for members and \$3 for non-members. Depending on how many entries the usual payout is 4 places. The penalty for sets is .25 cents which covers miniscule expenses through the year and a big Christmas party where all the money is returned via food, drawings and prizes. The games are played either 4 handed or 3 handed depending on the number of entries. This format guarantees no matter the number of entries, all will be able to play. For more information or any questions, contact **Jay Koeller** at 321-794-6400.

## Hand & Foot Card Game

**Mondays & Fridays 8:45 am—Noon**

**Setup @ 8:30 am**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Join this group of friendly and competitive players for a time well spent. Contact **Beverly Morgan** at 303-458-8273 for more information.

## Jazzercise Lo

**Mon., Wed., & Fridays @ 8:30—9:30 am**

**Cost: \$40.00 per Month or \$10.00 per Day**

Join us for a fun and energized Jazzercise Lo class. Start off your mornings dancing away those extra calories using Low Impact moves that yield MAXIMUM results! You use muscles, not momentum, to get a total body workout without the impact on your joints. Contact **Ginny Parker** at 321-698-0445.

## Mahjong

**American: Mondays @ Noon—3:00 pm & Thursdays @ 9:00 am—Noon**

**Cost: \$1.00 Members / \$3.00 Non-Members**

**Chinese: Wednesdays @ 1:00—4:00 pm**

**Cost: \$5.00 Members / \$7.00 Non-Members**

Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! Questions? Please contact **Patricia Rosenthal** at 321-626-5419 (American) or **Linda Milo** at 321-506-2672 (Chinese).



## Mahjong Lessons

**Mondays @ 10:45 am—11:45 am**

Mahjong lessons are now available for the first 12 people to sign up. The lessons are followed by open play of American Mahjong from Noon until 3:30pm on Mondays. The Program manager for the lessons is **Judy Carr** and she can be reached at 321-253-1642. Any potential new players can contact her for additional information.

## Line Dancing

**Tuesdays @ 4:15—5:30 pm**

**Cost: \$6.00 Members / \$8.00 Non-Members**



Line Dancing for Fun and Exercise! Come put some Spring in your step while making new friends. Line Dancing helps our balance as well as memory function, but most of all, allows us the opportunity to laugh and have fun. Call Sue for more information at 321-505-0846.

## Oil Painting for Beginners

**3rd Thursday of Each Month**

**March 16 @ 1:00—5:00 pm**

**Cost: \$40.00 per person (Includes All Supplies)**

*TRY SOMETHING NEW!* These classes are easy and fun. Come paint a beautiful landscape painting with us. Classes will be held on the third Thursday of each month; an overflow class will be held on the first Thursday of the month if there is enough interest.

Please call the Center 321-425-5533, or sign up at the front desk. For March, we'll be painting a beautiful red barn. This painting is good for beginners, and you should be quite pleased with your finished painting.



All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, just six participants, so Hobo Bob has plenty of time to work with you as you paint your masterpiece.

## Pinochle

**Mondays & Fridays @ 12:15—4:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Contact **Bill Mueller** at 321-242-4999 (Mondays) or **Cathy Decker** at 321-432-7813 (Fridays).

## Poker (Dealers Choice)

**Tuesdays & Fridays @ 11:30 am—4:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Contact **Roslyn Angarano** at 321-338-0591.

## Poker (Friendly)

**Mondays @ 1:00—4:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Attention: Players Needed! Pennies Only. Call ahead to attend. Contact **Vinnie Germann** at 321-253-6155.

## Pool (Billiards)

**Monday thru Friday @ 8:30 am—4:30 pm**

**Saturdays @ 8:30 am—12:30 pm**

**Tournaments: 2nd Wednesday of Every Month**

**Cost: \$1.00 Members / \$3.00 Non-Members  
Plus \$ .50 per Day or \$2.00 per Week**



YE OL Pool Room 8-Ball Tournament 1/11/23 Results:

1st: Wally Topinko	3rd: Mike Spaeth
2nd: Larry Hoff	4th: Paul Monti

Tournament of Champions of 2022—YE OL Pool Room 8-Ball Tournament 1/12/23 Results:

1st: Jerry Bertekip	3rd: Dale Foster
2nd: Mike Spaethe	4th: Bill Belg

February Monthly Tournament—YE OL Pool Room 8-Ball Tournament 2/8/23 Results:

1st: Joe Franco	3rd: Dan Traynor
2nd: Mike Spaethe	4th: Det Schmidt

Next tournament is March 8. Questions? Please contact **Wally Topinko** at 716-830-5978.

## QiGong-TaiChi

Mon., Wed., & Fridays @ 8:30—9:30 am

Cost: \$5.00 Members / \$7.00 Non-Members



For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them. According to researchers, one of the most promising

interventions is TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. Contact **Laura Parsons**, Certified Instructor at 321-474-5374.

## Rummikub

Wednesdays @ 1:00—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Questions? Contact

**Rosalie Novak** at 321-610-8021.



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**Rich Fernbach**

rfernbach@lpicommunities.com

(800) 477-4574 x3675

## Senior Law

4th Friday of Each Month

Next Class March 24, 2023 @ 2:00—4:00 pm

Cost: Free to all WPSC Members

The Slonim Law Firm invites you to attend a FREE seminar and question/answer session on the 4th Friday of each month at WPSC Room 117. We will cover topics such as:



- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Living Wills
- Digital Assets
- Medicaid and Asset Protection Options
- Guardianships
- Probate Matters
- General Dementia Issues

Seating is limited. Please sign up at the front desk. Questions? Please call the Law office at 321-757-5701.

## Shuffleboard

Open Play: Sat. @ 9:00 am & Thurs. @ 6:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members



Call **Tom Winkelspecht** at 321-446-3283 or email: [tawinkii@me.com](mailto:tawinkii@me.com) for more information on learning how to play or participating in tournaments.

## Strength/Flexibility

Thursdays @ 9:30—10:30 am

Cost: \$4.00 Members / \$6.00 Non-Members

Fitness Unlimited by Design presents a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps with posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We are working on core, arm and leg strength. Go at your own pace and feel the antiaging begin. Come join us, no need to sign up, just show up. For more information, contact **Susie Salvetti** at 321-626-0282.



## Watercolor Instruction

Wednesdays @ 9:45 am—12:30 pm

Cost: \$6.00 Members / \$7.00 Non-Members



Classes held in the computer room. Bring your own supplies, smiles and good attitudes! Relax, enjoy the process and camaraderie. All levels welcome! Any questions, please contact **Judy Champion** at 321-312-9155 or [judy.champion325@gmail.com](mailto:judy.champion325@gmail.com).

Wickham Park Senior Center is not equipped, nor intended to be a senior care facility. WPSC activities are geared toward independent adults who are able to manage their own care, decisioning making and safety. WPSC's insurance prohibits, and WPSC cannot be responsible for, the provision of physical assistance to individuals on the premises. If an adult companion is needed, the companion may participate in the activity if they desire, regardless of age, and must pay all fees associated with the activity. WPSC reserves the right to prevent persons from being on premises if the WPSC leadership believes that person would cause harm to themselves or others.

# OUR SPONSORS

The Officers and Membership of Wickham Park Senior Center appreciate the continued support of our many Sponsors. As an all volunteer run organization, their continued financial support allows us to offer Activities and Social events for our members.

## *Diamond Level Sponsors*



## *Gold Level Sponsors*



## *Meet & Greet Sponsors*

Our monthly Meet & Greets with our sponsors have started back up on Tuesday and Friday mornings from 9—11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them.

- Friday, March 3: Healthy Partners
- Friday, March 3: Melbourne Medicare
- Friday, March 10: CarePlus Health Plans
- Friday, March 10: Sea Pines Rehab. Hospital
- Tuesday, March 14: Cigna
- Friday, March 17: St. Frances Reflections (SFR)
- Friday, March 17: United Health Care (UHC)
- Tuesday, March 21: Wellcare
- Tuesday, March 21: American Home Care Services

DATE: **Sunday, March 12, 2023**  
TIME: **1:00 pm—4:00 pm**  
PLACE: **Wickham Park Senior Center**  
DONATION: **\$25.00 to Play**

Enjoy Bunco games, raffles, 50/50 and door prizes! Light refreshments will be served. Tickets can be purchased from any GFWC-Melbourne Woman's Club member or on their website at:

[www.GFWC-MelbourneWomansClub.org](http://www.GFWC-MelbourneWomansClub.org)



All proceeds benefit the Community Charities supported by GFWC-Melbourne Woman's Club, a 501(c)3 non-profit philanthropic organization. Donations may be tax deductible.

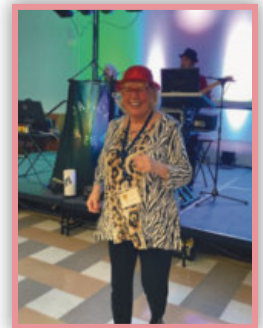
DATE: **Sunday, April 23, 2023**  
TIME: **1:00 pm—4:00 pm**  
PLACE: **Wickham Park Senior Center**  
DONATION: **\$20.00 to Play**

Join the fun while supporting the American Cancer Society! There will be prizes, raffles, food and more! You must sign up to play. Table space is limited. Bring a dish or finger food to share. To reserve a space, call or text **Ginny Parker** at 321-698-0445.



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# FEBRUARY DINNER



# Welcome

## New Members in January

Anderson, Kenneth	Golub, Colleen
Anderson, Vernon	Hamilton, Eugenia
Arcioni, Annette	Hibbs, Elizabeth
Arcioni, Louis	Hibbs, George
Bonhomme, Mary	Holse, Linda
Brown, Judy	Joseph, Me'Ka
Busone, Anthony	Lemos, Nancy
Busone, Sharon	Lemos, Val (Valentine)
Cadmus, Nancy	Leslie, Mark
Caisser, Federico	Lewy, Andrea
Caisser, Lorena	Lindsey, Jack
Callahan, S. Lynn	Martin, Donna
Campese, Sam (Saveriol)	Michelon, Brenda
Carr, Gwendolyn	Michelon, Richard
Chaves, Sandra	Mills, Brenda
Clark, Bonnie	Minichiello, Annette
Clifford, Francis	Moubray, William
Coiro, Penelope (Penny)	Murphy, Patti
Colombo, Edward	Nicholson, Peggy
Colombo, Madeline	Parker, Jay
Contino-Schlarb, Kathy	Parker, Ysabel
Cornelison, Kathy	Puleo, Patricia
Cresanta, Kathy	Regn, Ron
Crosby, Carol	Sage, Bobby
Curts, Larry	Schaeffer, Diane
Cushman, Pam	Scherfer, Arleen
DeStefan, Chris Mary	Skinner, Marian
Detsch, Margaret (Marge)	Smith, Jo Ann
DeVol, Connie	Spence, Sue
DeVol, Michael	St. John, Edward
Dubiel, Marta	Sticklus, Brenda
Dubiel, Ray	Sullivan, Gail
Dukes, Dorothy	Towers, Michael
Falk, Peggy	Wervey, Susan
Fatka, John	Whipple, Payge
Feldman, Duane	Wiggins, David
Felegie, Susan	Wyatt, Karin
Fischer, Linda J.	Wyckoff, Wayne
Frisbie, Valerie	

## WPSC Email Addresses

DIRECTORY	EMAIL
WPSC President	president@bcwpsc.org
WPSC Secretary	secretary@bcwpsc.org
WPSC Treasurer	treasurer@bcwpsc.org
WPSC Scheduling	scheduling@bcwpsc.org
WPSC Information	info@bcwpsc.org
WPSC Webmaster	webmaster@bcwpsc.org
Travel Office	travel@bcwpsc.org
Front Desk Reception	reception@bcwpsc.org
Bridge Club	bridge@bcwpsc.org
Newsletter Editor	news@bcwpsc.org
Systems Administrator	itadmin@bcwpsc.org

## Meet Our Staff

Officers	
President:	Diane Weinzierl
Vice President:	Gary McGuire
Secretary:	Lisa Coyle
Treasurer:	Colleen Barneman
Directors	
Ina Fritsch	Janice Oppelt
Celeste Garcia	Pam Page
Vincent Germann	Ginny Parker
Beverly Morgan	Janet Smith
Rosalie Novak	
Staff	
IT Systems Admin:	John Efird
Webmaster:	Maureen Reeder
Sunshine:	JoAnn Efird
Newsletter:	Nilda Rosario

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to:  
**news@bcwpsc.org**

### COMMENTS? We value your opinion!

There's a SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPSC!





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