



Friendship Flyer

MARCH 2024

2785 Leisure Way
Melbourne, FL 32935
(321) 255-4494

Monday-Friday: 8:30 am—4:30 pm

Saturday & Sunday: CLOSED

www.bcwpsc.org



Diane Weinzierl

President's Message

Happy St. Patrick's Day and Happy Easter. We continue to stay busy at the Center and everyone is looking forward to the warm (not hot) Spring weather. I, for one, hope it stays a little longer this year.

I want to, again, thank all our members who participated in the Salvation Army Angel Tree program last December. I also want to address a problem that we encountered with the program this year which resulted in some of the gifts NOT being picked up by the Salvation Army. After several attempts to resolve this issue, the board of directors made the decision to donate those gifts to two other senior facilities and inform the Salvation Army we would not be participating in the program again. We know this was a huge disappointment to many of our members who took the time, and expense, to purchase gifts for these specific seniors. Our senior center members are always so generous with their time and their donations and we want to assure you this decision was not reached lightly. To that end, we continued to reach out to the Salvation Army higher-ups to express our disappointment about how this issue was handled. As a result, the Salvation Army has issued a letter of apology to the board of directors and our members for how this was handled by their employee and assured us steps have been taken to ensure this would not happen again in the future (see the letter from the Salvation Army on page 3). They also asked the Board to continue our long-standing relationship with them again this year. The Board will be reconsidering this decision at an upcoming meeting. However, before that decision is made, I wanted to reach out to our membership and ask for feedback as to what you would like to see happen this year. Please feel free to talk to me personally, write me a note and put it in my mailbox outside my office, or send me an email (president@bcwpsc.org) about your concern and how you would like to see us move forward this year.



If you missed our Valentine's Day Dinner/Dance on February 9, you missed out on a good dinner (complete with spaghetti & meatball decorated cupcakes), Valentine Bingo, Guess How Many Kisses, our 50/50 raffle and some great dancing music by We Are Silk. Thanks to our volunteers who planned and worked hard to make this dinner such a success. I also want to thank Devoted Health Plans for sponsoring the entertainment and a portion of our dinner expense. Be sure to check out the photos on page 12 & 13).



Watch for our announcement about our next event in the April newsletter.

Lastly, I want to thank all of our sponsors who supported us this past year and those who are continuing to sponsor this year (list can be found on page 14). They participate in Meet and Greet events in the lobby on a monthly or quarterly basis – so please be sure you stop in and say hello to them and ask what new information they have on programs available to you.

Happy St. Patrick's Day and Happy Easter!

Mission Statement

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"

The WPSC Board of Directors meetings are held on the 2nd Monday of each month at 9:30 am. The next meeting will be **March 12 at 9:30 am in Room 117**. All WPSC members are welcome to attend.

Looking for a Worthy Charitable Donation Organization?

Wickham Park Senior Center is a 501(c)3 charitable organization and as such is eligible to receive charitable donations. We would like to thank the following people for their generous donations to WPCS in FY2024.



- Kathleen & Andrew Cole
- Lawrence Nicola – in memory of Jacque Nicola
- Gayle & Stephen Schanck
- Carol Patton (Kirby Family Fund)
- Mitchell Hait
- Jenny & John Potanos
- [GFWC Melbourne Woman's Club](#)

If you find you have extra funds in your charitable donations bucket anytime during the year, please consider donating to WPCS.

Need to Schedule an Appointment with SHINE?



The WPSC SHINE Group is available Tuesdays and Thursdays from 9:00 am to Noon in Room 104. Anyone interested can call 407-514-1800 to schedule an appointment. No fee required!

Blood Pressure Checks



Sea Pines will be conducting blood pressure checks at the Wickham Park Senior Center every 2nd Friday of the month (**March 8**) at 9:00-11:00 am.

Wickham Park Senior Center Holiday Closures for 2024

To enable our volunteers to spend more time with their families during the upcoming holiday season, Wickham Park Senior Center will be closed on the following dates:

- **Memorial Day Holiday** – Monday, May 27, 2024
- **4th of July Holiday** – Thursday, July 4, 2024
- **Labor Day Holiday** – Monday, Sept. 2, 2024
- **Thanksgiving Holiday:**
 - Wednesday, Nov. 27, 2024 (Day before Thanksgiving)
 - Thursday, Nov. 28, 2024 (Thanksgiving Day)
 - Friday, Nov. 29, 2024 (Friday after Thanksgiving)
- **Christmas Holiday:**
 - Tuesday, Dec. 24, 2024 (Day before Christmas)
 - Wednesday, Dec. 25, 2024 (Christmas Day)
 - Thursday, Dec. 26, 2024 (Day after Christmas)
- **New Year's Holiday:**
 - Wednesday, January 1, 2025 (New Year's Day)

2024 Senior Expo

The Wickham Park Senior Center was sure to have an exhibit at the Senior Expo on January 25. Pictured here are Bernard delBene, Janet Smith and Roseanne Testa.



Travel Group at Mt Dora, Mission Inn and Yahala Bakery on January 24, 2024



“BUNCO for BOOBIES” Fundraiser



DATE: **Sunday, April 7, 2024**
TIME: **1:00 pm—4:00 pm**
PLACE: **Wickham Park Senior Center**
DONATION: **\$20.00 Donation to Play**

Join the fun while supporting the American Cancer Society and **Fundraiser for Team “Save the Girls”!** There will be door prizes, raffles, food and more! Also prizes for Most Buncos, Most Games, Least Games and Last Bunco. You must sign up to play. Table space is limited. Please bring a dish or finger food to share. Water and Coffee will be provided. To reserve a space, call or text **Ginny Parker** at 321-698-0445.

Apology Letter from The Salvation Army



William Booth, *Founder*
Brian Peddle, *General*
Commissioner Kelly Igleheart, *Territorial Commander*
Lt. Colonel Kent Davis, *Divisional Commander*
Captain’s Miguel & Adieny Ramos, *Commanding Officers*

February 1, 2024

Wickham Park Senior Center
Attn: Beverly Morgan
2785 Leisure Way
Melbourne, FL 32935

Dear Beverly:


This letter is to follow up on our recent conversation about your experience with the 2023 Angel Tree program. As was expressed on the phone, you have our deepest regret that more was not done on our end to facilitate the transportation of the generous donations your Center collected for The Salvation Army.

You mentioned that your Center has a great history of collaboration with The Salvation Army. Unfortunately, this past season, you were not provided the service that accurately reflects the passion of our Mission and the Respect we have for our donors. The employee you corresponded with has been addressed and you should expect a productive relationship with us moving forward.

We hope that you and the Board of Directors will accept our apologies and know that you will receive the very best service from us moving forward. It is always our desire to build important community partnerships in Brevard County. It is generous donors, like yourselves, that drive our ability to meet the needs of the Low-Income families of our Community.

Please let us know if a visit to your Center would be appropriate. We are always ready to present the work of The Salvation Army of Melbourne to groups, and we welcome the opportunity to thank our partners in person.

In Christ’s Service,


Captain Adieny Ramos, Corps Officer
The Salvation Army of Melbourne
(321) 724-0494
adieny.ramos@uss.salvationarmy.org

cc: Captain Miguel Ramos

1080 Hickory Street Melbourne, Florida 32901

Companion Animal Care of Brevard County

Do you know any seniors who have furry family members who don’t have someone to care for them should a medical situation occur? What about you? What happens to our seniors’ pets if a hospital or rehab stay is needed, a move to assisted living, or sadly, if the owner should pass?

This happens quite frequently in our community, and often medical procedures are delayed because of a situation like this. Brevard County now has a lifeline for seniors facing medical challenges with no one to care for their pet. Companion Animal Care of Brevard County is a new nonprofit that will foster pets on a long- or short-term basis or rehome should there be an end-of-life event. Christine Evans, the founder and director of this compassionate organization, says it is her goal to ease the stress of seniors not knowing where they can turn to when they are faced with this dilemma and to keep them from delaying necessary medical treatments.



Christine Evans & Sherlock

In addition to this kind and much needed assistance, Companion Animal Care also purchases dog and cat food and distributes them to Brevard County food pantries.

If you would like to volunteer, donate, or know of someone who needs this kind of assistance, contact Christine directly at 321-750-2669 or email her at companionanimalcarebcfl@gmail.com

To learn more, be sure to visit their website at: <https://www.companionanimalcarebcfl.org/> and “Like” Companion Animal Care of Brevard County FL on Facebook to keep up with all the latest news.

The WPSC Travel Office is OPEN Monday—Friday, 9:00 am—1:00 pm

For more information and reservations, please call Wickham Park Travel at 321-425-5530.

WPSC Travel will be happy to put your name on our "WAIT LIST" for any SOLD OUT trips.

Florida Strawberry Festival

Date: March 7, 2024

Cost: \$99 PP

Time: Leave WPSC at 7 am / Returning at 5:30 pm

The Florida Strawberry Festival represents a piece of Americana, a time in American history when fairs and festivals brought communities together through celebrations of their harvests. Central to its focus, the Festival continues to preserve and enhance the agricultural and historical legacy of the Florida strawberry. The Florida Strawberry Festival is a great time to discover the charm and allure of Plant City, and it's the perfect time to enjoy eating ripe, luscious strawberries alongside the local berry farmers that have worked hard to bring them to market.

Entertainment includes: Bill Haley & the Comets, Robinson's Racing Pigs and a Strawberry Shortcake Eating Contest.

Seminole Hard Rock Hotel & Casino Hollywood, FL

Date: March 14, 2024

Cost: \$65 PP

Time: Leave WPSC at 8:30 am / Returning at 5:30 pm

Seminole Hard Rock Hotel & Casino Hollywood's gaming area offers guests a selection of 2,700 of the most popular Slots, nearly 200 Table Games and a new 45-table Poker Room. A Non-Smoking Slots area is conveniently located near the Winners Way Garage.

ON YOUR FEET!

The Story of Emilio & Gloria Estefan at the Vero Beach Riverside Theatre

Date: April 18, 2024 (NO REFUNDS AFTER APRIL 1)

Cost: \$179 PP incl. Lunch at Vincent's Italian Restaurant

Time: 10:30 am—5:30 pm

Based on the lives and music of 26-time Grammy Award-winning husband-and-wife team, Emilio and Gloria Estefan, On Your Feet! is a high-energy celebration of the songs that got the world dancing to the rhythm. Gloria Estefan is among the most successful crossover artists ever and On Your Feet! show celebrates over 20 of her biggest hits including: "Conga," "1-2-3," "Anything for You," and "Get on Your Feet." Music & Lyrics by Emilio Estefan & Gloria Estefan.

LUAU—Fire & Hula Dinner Show

Date: April 29, 2024

Cost: \$159 PP

Time: Leave WPSC at 4:30 pm / Returning at 11 pm

Escape to Polynesia in air conditioned comfort. Polynesian fire is an amazing luau dinner show experience that you will

not forget. Enjoy the live band serenading you while you dine on the buffet dinner. After dinner enjoy the show complete with Hawaiian hula, Tahitian, Tongan and Polynesian entertainers. The show ends with the amazing Samoan Fire Dance performed by world champion practitioners, The Lavata'i Brothers. They have performed in competitions and Polynesian Productions throughout Samoa, Arizona, Los Angeles, Hawaii, Missouri, Utah, Oklahoma, Arkansas, Japan, South Carolina and now in Orlando.

Charleston, SC & Savannah, GA

Date: May 5-8, 2024

Cost: \$1,099 PP Double / \$1,499 Single

\$92 PP Insurance (Payable During Registration)

Time: Leave WPSC at 10:30 am / Returning at 6:30 pm

Package includes: 2 nights lodging at Hampton Savannah and walking distance to downtown; 1 night lodging at Hampton Charleston Historic; 3 breakfasts; 1 lunch at the Charleston Crab House; 3 dinners including a Dinner Cruise, Pirates House & The Lady & Sons; Guided tours of Charleston and Savannah; Savannah History Museum; Souvenir Gift, Luggage handling in Charleston; All taxes and meal gratuities; and Motorcoach transportation.

LIPS—The Ultimate in Drag Queen Dining

Date: June 23, 2024

Cost: \$139 PP

Time: Leave WPSC at 10:30 am / Returning at 6:30 pm

Outrageous fun every Sunday afternoon. Join the ladies of Lips for the Ultimate Drag Brunch as they pullout all the stops for this spectacular show. Enjoy delicious brunch entrees plus unlimited Mimosas, Champagne or Bloody Mary. Celebrate your special occasion with us.

Medieval Times Dinner & Tournament

Date: July 20, 2024

Cost: \$129 PP

Time: Leave WPSC at 3:30 pm / Returning at 8:00 pm

Before the start of the show, each guest is given a crown that represents where they are sitting and which color knight they will be cheering for. Once you hear the sound of trumpets, it's time for the games to begin. During the tournament, you're given a hearty meal of soup, chicken, corn, a seasoned potato, and a pastry of the castle (vegetarian meals are also available). And remember, this is the middle ages, so your utensils are your good old-fashioned hands. Located right next to the castle is a large area known as the Medieval Village.

Dali Museum & Ford's Garage Restaurant

Date: August 15, 2024

Cost: \$159 PP

Time: Leave WPSC at 7 am / Returning at 5:30 pm

The Dali Museum celebrates the life and work of Salvador Dali (1904-1989) and features works from the artist's entire career. The collection includes over 2,000 works from every moment and in every medium of his artistic activity including 96 oil paintings, many original drawings, book illustrations, prints, sculpture, photos, manuscripts and an extensive archive of documents. Founded with the works collected by Reynolds & Eleanor Morse, the Museum has made significant additions to its collection over the years.

Chattanooga Choo Choo, Tennessee

Date: September 4-7, 2024

Cost: \$1,099 Double / \$1,399 Single

Insurance: \$92 PP (Payable During Reservation)

If you love trains, this tour's for you! The Incline Railway scales steep Lookout Mountain and Rock City, featuring sweeping views, sandstone formations and gardens. The Blue Ridge Scenic Railway takes riders on a four-hour, 26-mile, roundtrip journey deep in the mountains

along the Toccoa River through the countryside to the quaint sister towns of McCaysville, Georgia and Copperhill, Tennessee.

Price includes: 3 Nights Lodging and Breakfasts; 3 Dinners, including the Southern Belle Dinner Cruise; 3 Train Rides: The Missionary Ridge Local, Lookout Mountain Incline Railway, Blue Ridge Scenic Railway; Rock City Gardens; Gift for All; Luggage Handling, All Taxes, Meal & Driver Gratuities, and Bus Transportation.

Nashville Show Trip

Date: September 16-24, 2024

Cost: \$988 PP Double Occupancy

Add \$209 for Single Occupancy

Price includes: 3 Nights Lodging and Breakfasts; 3 Dinners, 5 nights lodging including 3 consecutive nights in the Nashville area; 8 meals (5 breakfasts & 3 Dinners); 2 Great Shows (GRAND OLE OPRY & NASHVILLE NIGHTLIFE DINNER THEATER); Guided Tours of Nashville and Belle Meade Historic Site & Winery; Admissions to the COUNTRY MUSIC HALL OF FAME & MUSEUM, GRAND OLE OPRY BEHIND THE SCENES TOUR, MADAME TUSSAUDS WAX MUSEUM, and JOHNNY CASH MUSEUM & PATSY CLINE MUSEUM; and Motorcoach Transportation.



Kathy Sorrell
Field Sales Agent
Licensed Insurance Agent

The Auto Club Group

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CALENDAR OF EVENTS

MARCH 2024

ACTIVITY	SCHEDULE FOR MARCH	NOTES
Bingo	Tuesdays & Fridays @ 11:15A—2:00P DOORS OPEN AT 10:00A	
Blood Pressure Checks	2nd Friday (March 8) @ 9:00—11:00A	
Bob Ross Style Beginners Oil Painting with Hobo Bob	3rd & 4th Thursdays (March 21 & 28) @ 1:00—5:00P Sign up Sheet at Front Desk—Limit 6 People per Class	
Bones and Balance	Mondays @ 10:00—11:00A; Register @ 9:45A	
Bridge: Beginner Class	For Virtual Classes please see our website at www.bcwpsc.org and click “Bridge” icon	
Chat	Fridays @ 9:30—11:00A	MEETS VIRTUALLY
Duplicate	On-Site Games: Mon., Wed., & Sat. @ 12:30—4:00P On-site Class: Wednesdays @ 11:00A—Noon Virtual Classes: Thursdays @ 12:15P on the BBO platform	
Party Bridge	Wednesdays @ 12:30-4:00P	
Rogue	Tuesdays @ 12:15—4:00P	
Rubber	Thursdays @ 1:00-4:00P & Saturdays @ 12:30-3:30P	
Bunco	1st & 3rd Thursdays (March 7 & 21) @ 1:00—4:00P	
Chair Yoga	Tuesdays @ 3:00—4:00P	
Chefs for Seniors	Next Class March 14 @ 11:00A—12:30P Sign-up Sheet at Front Desk	
Color Pencil Portrait for Beginners	Wednesdays @ 9:30—11:00A	
Cornhole Tournaments	March 10 & 17 @ 2:00P—Set-up & Practice @ 1:00P	
Euchre	Wednesdays @ 6:00—9:00P	
Hand & Foot	Mondays & Fridays @ 8:45A—Noon	
Jazzercise Lo	Mondays, Wednesdays & Saturdays @ 8:30—9:30A Fridays @ 8:30—9:15A	
Line Dancing	Tuesdays @ 4:15—5:30P	
Mahjong: American	Mondays @ Noon—3:30P Thursdays @ 9:00A—Noon	
Chinese	Wednesdays @ 1:00—4:00P	
Pinochle	Mondays & Fridays @ 12:30—4:30P	
Poker: Dealers Choice	Tuesdays & Fridays @ 11:30A—4:00P	NO POKER ON MARCH 5 & 22
Friendly	Mondays @ 1:00—4:00P	NO POKER ON MARCH 4
Pool (Billiards)	Monday thru Friday @ 8:30A—4:30P	
QiGong-TaiChi	Mondays, Wednesdays & Fridays @ 8:30—9:30A	
Rummikub	Wednesdays @ 1:00-4:00P	
Senior Law	4th Friday of the Month (March 22) @ 2:00—4:00P Sign up Sheet at Front Desk	
SHINE	Tuesdays & Thursdays @ 9:00A—Noon	
Strength / Flexibility	Thursdays @ 9:30—10:30A	
Shuffleboard: Open Play	Saturdays @ 9:00A—Noon SEE PAGE 11 FOR MARCH TOURNAMENT SCHEDULE	
Tango Dance Class	Fridays @ 2:30—4:30P	
Technical Training & Education Class with Alison	3rd Friday (March 15) @ 1:15—4:00P	ON COMPUTERS & CELL PHONES

Program details and times are subject to change. Please check the daily schedule at the Front Desk for the latest information.

NEW UPDATES

BINGO!

TUESDAY & FRIDAY—Open to the Public!
Doors Open @ 10:00 am



Cards Sold @ 10:30 am – 11:30 am
Early Bird Starts @ 11:15 am

Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more info, contact **Brenda Clarson** at 321-258-8837.

Bones & Balance

Mondays @ 10:00—11:00 am
Cost: \$5.00 Members / \$7.00 Non-Members



Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.

Duplicate Bridge

On-site Games: Mon., Wed. & Sat. @ 12:30—4:30P
Cost: \$7.00 Members / \$9.00 Non-Members

CLASSES:

On-site Class: Wednesday @ 11:00A—12:00 Noon
Free to those playing Bridge after class—\$5.00 if not playing.

Online Virtual Classes: Thursdays @ 12:15P on the BBO platform / Online classes \$5.00



Duplicate bridge classes have resumed on-site Monday, Wednesday and Saturday. Virtual online classes are also available. For the online schedule, please check out the latest

on the website under the Bridge tab. Contact **Pam Page** at 321-537-0907 or pam.page@bellsouth.net for bridge-related questions.

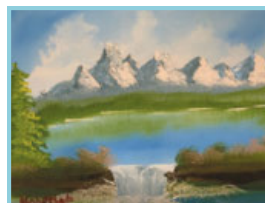
Bob Ross Style Beginners Oil Painting with Hobo Bob

3rd & 4th Thursdays: March 21 & 28 @ 1—5:00 pm
Cost: \$40.00 PP (Inc. All Supplies & WPSC Costs)

Try something new! These classes are easy and fun! Come join us for a lot of fun!! Paint a beautiful landscape painting with us.



Classes will be held on the third Thursday of each month; an overflow class will be held on the fourth Thursday of the month, if there is enough interest. Please call the Center 321-425-5533 or come into the front desk and sign up.



For March, we'll be painting a beautiful landscape that shows spring-time in the mountains—Rick's Mountains. This painting is good for beginners, and you should be quite pleased with

your finished painting. This painting will bring out the inner artist you may not even know you have. All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, just six participants, so Hobo Bob has plenty of time to work with you as you paint your masterpiece.

Party Bridge

Wednesdays @ 12:30—4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Contact Tom Sanders at 321-960-1894 for more information.

Rogue Bridge

Tuesdays @ 12:15—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members



Contact Patricia Rosenthal at 321-626-5419.

Rubber Bridge

Thurs. @ 1:00—4:00 pm & Sat. @ 12:30—3:30 pm

Cost: \$2.00 Members / \$4.00 Non-Members



Come on out for an afternoon of enjoyment at the bridge table. Questions? The Thursday point of contact is **Janet Walker** at 321-242-3173 and the Saturday point of contact is **Gayle Schanck** at 541-821-7070.

Bunco

1st & 3rd Thursday, **March 7 & 21** @ 1:00—4:00 pm

Cost: \$6.00 Members / \$8.00 Non-Members

Please join us every 1st and 3rd Thursday of the month for Bunco and arrive by 12:45 pm. Don't forget to bring your up-to-date membership card. Bunco ends about 3-3:30 pm. Please contact **Linda** at

321-549-9893 for more details and reservations (for set-up purposes). See you there for this fun activity. All you have to know is how to throw three dice. Non-members are welcome!



Chair Yoga

Tuesdays @ 3:00—4:00 pm/Sign-in @ 2:45 pm

Cost: \$1.00 Members / \$3.00 Non-Members



This class is designed to help with overall wellbeing for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce

stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.

Chef for Seniors

Cost: \$6.00 Members / \$8.00 Non-Members

Classes @ 11:00 am—12:30 pm

- March 14: Salads
- May 9: TBD
- July 11: TBD
- September 12: TBD
- November 14: TBD



Join **Chef Jillian** for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting. Please sign up at front desk to reserve your spot.

All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.

Sponsored by:  and 
MOORE INSURANCE SOLUTIONS DR. JAYA PRAKASH, MD, MPH
COACHJAYAHEALTH, LLC

Cornhole Tournaments

Sunday, **March 10 & 17** @ 2:00 pm

Setup & Practice Starting @ 1:00 pm

Cost: \$2.00 Members / \$4.00 Non-Members

Cornhole Tournaments will be held indoors at the Wickham Park Senior Center every 2nd and 4th Sundays



(excluding conflict with holidays). Games include Blind Draw, Double Elimination and Payouts up to three places dependent on number of entries. For any questions, please contact: **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com) or **Amy Longtin** at 321-205-5161 (ajgclrt@yahoo.com).

Hand & Foot Card Game

Mondays & Fridays 8:45 am—Noon

Setup @ 8:30 am

Cost: \$1.00 Members / \$3.00 Non-Members

Join this group of friendly and competitive players for a time well spent. Please contact **Beverly Morgan** at 303-458-8273 for more information.



Color Pencil Portrait Class for Beginners

Wednesdays @ 9:30—11:00 am

Cost: \$3.00 Members / \$5.00 Non-Members

Learn how to create a beautiful drawing from your favorite photograph! Bring your own portrait photograph to copy—Size: 5x8 (or other appropriate copy size). Supplies you will need to bring:



- Prismacolor Color Pencils
- Watercolor Paper
- Eraser
- Pencil Sharpener (optional).

For more information, contact **Ann Armerding @ 321-541-7027**.

Euchre

Wednesdays @ 6:00—9:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Members must scan their card when entering and non-members must sign in.

This year there was interest in playing every Wednesday night barring any conflicts with holidays etc. It has been a great success and as our Euchre family continues to grow. It is now common to have 5-6 tables in action. We try to promptly start by 6:00 pm which means we should be signed in no later than 5:50 pm to allow time to set up the correct 3/4 player table configuration and draw for your seats.

The payout structure has been altered so more people are sharing the prize pool. That means if there are up to 30 players even eighth place takes home a piece of the purse. For more information or any questions, contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com).

Jazzercise Lo

Mondays, Wednesdays & Saturdays @ 8:30-9:30 am

Fridays @ 8:30-9:15 am

Members: \$50.00/Month & Walk-ins \$10.00

Non-Members: \$79.00/Month & Walk-ins \$12.50

Join us for a fun and energized Jazzercise Lo class. Dance away those extra calories using Low Impact moves that yield MAXIMUM results! We use muscles, not momentum, to get a total body workout without the impact on your joints. For more information, contact **Ginny Parker** at 321-698-0445.

Line Dancing

Tuesdays @ 4:15—5:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members



Put some Spring in your step! Come try our fun Line Dancing for Fun and Exercise Class

every Tuesday from 4:15-5:30. This activity helps strengthen your cardiovascular health as well as giving all of us an opportunity to make new friends. Call Sue for more info. 321-505-0846.

Mahjong

American: Mondays @ Noon—3:00 pm & Thursdays @ 9:00 am—Noon

Cost: \$1.00 Members / \$3.00 Non-Members

Chinese: Wednesdays @ 1:00—4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! Questions? Please contact **Patricia Rosenthal** at 321-626-5419 (American) or **Linda Milo** at 321-506-2672 (Chinese).



Pinochle

Mondays & Fridays @ 12:30—4:30 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Bill Mueller** at 321-242-4999 (Mondays) or **Cathy Decker** at 321-432-7813 (Fridays).

Poker (Dealers Choice)

Tuesdays & Fridays @ 11:30 am—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

NO POKER ON MARCH 5 & 22Contact **Bill Seigel** at 813-416-0428.**Poker (Friendly)**

Mondays @ 1:00—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

NO POKER ON MARCH 4Attention: Players Needed! Pennies Only. Call ahead to attend. Contact **Vinnie Germann** at 321-253-6155.**Pool (Billiards)**

Monday thru Friday @ 8:30 am—4:30 pm

Tournaments: 2nd Wednesday of Every Month

Cost: \$1.00 Members / \$3.00 Non-Members

Plus \$.50 per Day or \$2.00 per Week

YE OL Pool Room 8-Ball Tournament 2/14/24 Results:

1st: Bob Furlong	3rd: Paul Monti
2nd: Dave Reeve	4th: Barry Beddow

Next tournament is March 13. Questions? Please contact **Wally Topinko** at 716-830-5978.**QiGong-TaiChi**

Mon., Wed., & Fridays @ 8:30—9:30 am

Cost: \$5.00 Members / \$7.00 Non-Members

For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them. According to researchers, one of the most promising interventions is TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. **Laura Parsons**, Certified Instructor at 321-474-5374.

Rummikub

Wednesdays @ 1:00—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Questions? Contact **Rosalie Novak** at 321-610-8021.



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Senior Law

4th Friday of Each Month

NEXT CLASS MARCH 22 @ 2:00—4:00 pm

Cost: Free to all WPSC Members

The Slonim Law Firm invites you to attend a FREE seminar and question/answer session on the 4th Friday of each month at WPSC Room 117. Topics:



SLONIM LAW

- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Living Wills
- Digital Assets
- Medicaid and Asset Protection Options
- Guardianships
- Probate Matters
- General Dementia Issues

Seating is limited. Please sign up at the front desk. Any questions, call the Law office at 321-757-5701.

Shuffleboard

Open Play: Saturdays & Mondays @ 9:00 am & Thursdays @ 6:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

- Shuffleboard State Mixed Doubles Tournament is scheduled for March 4 & 5 (8 am—6 pm) and March 6 (8 am—Noon) in Room 120.
- Shuffleboard District Masters Tournament is scheduled for March 20 & 21 (8 am—6 pm) and March 22 (8 am—3 pm) in Room 120.

Call **Tom Winkelspecht** at 321-446-3283 or email: tawinkii@me.com for more information on learning how to play or participating in tournaments.

Social Tango, Introduction to Argentine Tango

Fridays @ 2:30—4:30 pm

Monthly Cost: \$45 Members / \$48.00 Non-Members

Come out and enjoy the art of Argentine Tango, where students will learn to dance tango step-by-step. No partner is necessary as the basic techniques can be applied for the follower or the leader. Students will experience in-part the health benefits of Argentine tango including overall improved well-being, walking, posture and coordination. At only \$45.00 for four weeks of Tango, (you decide which four weeks will work for you and we can accommodate flexible travel plans of students as well). Any questions, contact **Delores or Walt** at 850-212-7963.

Strength/Flexibility

Thursdays @ 9:30—10:30 am

Cost: \$4.00 Members / \$6.00 Non-Members

Fitness Unlimited by Design presents a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps with posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We work on core, arm and leg strength. Go at your own pace and feel the antiaging begin. Come join us, no need to sign up, just show up. For more information, contact **Susie Salvetti** at 321-626-0282.

Technical Training & Education on Computer & Cell Phone

3rd Friday of Each Month

NEXT CLASS MARCH 15 @ 1:15—4:00 pm

Cost: \$0 Members / \$3.00 Non-Members

Beginner Cell Phone: 1:15—2:15 pm

Intermediate to Advanced: 2:30—3:30 pm

Laptop computer: 3:30—4:30 pm

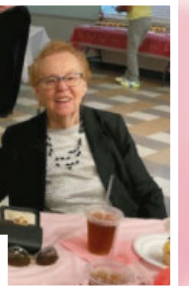
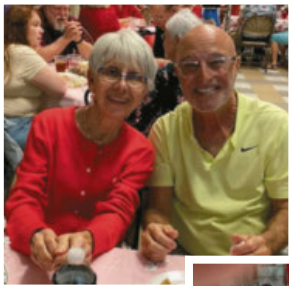
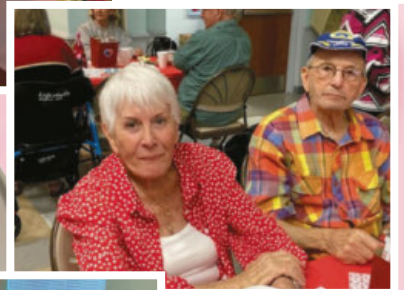
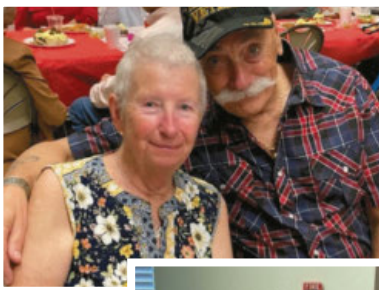
(iPad/ tablet questions taken during any class)



Try one or stay for all 3! Room 117 end of the hall, 18-person limit. Use the sign-up sheet on the front table or text /call Alison at 954-376-2444 to confirm. Exercise your brain in a fun, interactive hour with a relevant and patient approach. Bring your toughest and most burning phone and computer questions! For more personalized assistance, unsure of your level, or for desktop computers, don't hesitate to call **Alison** at 954-376-2444.



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Meet & Greet Sponsors

Our monthly Meet & Greets with our sponsors have started back up on Tuesday and Friday mornings from 9—11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them.

- Friday, March 1: Kindred Hospitals ARU
- Friday, March 1: Travel Expressions
- Tuesday, March 5: Alzheimer's Foundation Joe's Place
- Tuesday, March 12: Cigna
- Friday, March 15: United Health Care
- Friday, March 15: Rosanova Eye
- Friday, March 22: VIP America
- Friday, March 22: VITAS

Welcome

New Members in January

- | | |
|----------------------------|------------------------|
| Adkins, Debra | Lambertson, Judy |
| Asseo, Karin | Lewis, Debbie |
| Bales, Terry | Lundy, Jeffery |
| Barcellona, Mary | Lynn, Carrie |
| Barnes, Clara | Mason, Rosanne |
| Bessette, Marie | McKeon, Florence |
| Blasy, Jack | Muir, Wanda |
| Borrero, Mark | Muniz, Claudia |
| Boyer, France | Muniz, Leo |
| Bright, Nancy | Park, Mary |
| Campione, Carole | Petty, Rebecca |
| Campione, Chris | Phillips, Angela |
| Cheary, Patricia | Pohlman, Donnajean |
| Chitwood, Denise | Pomber, Laurie |
| Chitwood, Fred | Powers, Patti |
| Cook, George | Raboin, Marie |
| Cousineau, Francine (Coko) | Robichaud, Adrien |
| Cramer, Frank | Roche, James |
| Dammann, Jackie | Roche, Phyllis |
| DeVita, Ann | Rogers, Sarah |
| DeVita, Maria | Rollings, Lee |
| Dominguez, Betty | Schiber, Gaylord (Guy) |
| Duncan, Al | Schick, Debbie |
| Duncan, Kate | Schick, Gordon |
| Evans, Rosaline | Schlabach, Pam |
| Ewing, Steve | Schlabach, Paul |
| Farneti, Christine | Scott, Howard |
| Ferguson, Jean | Shuey, Sarah |
| Fico, Anthony | Silvers, Jeanette |
| Field, Susan | Skibo, Brenda |
| Frye, Ruthie | Smart, Dennis |
| Gamache, Amy | Smart, Susan |
| Gateman, Larry | Stebbins, Meg |
| Gentry, Cynthia | Stewart, Cynthia |
| Giannotti, John | Urich, Cherry |
| Goebel, Betty | Vasile, Debra |
| Hardy, Christian | Webb, Gail |
| Haring, James | Weigel, Carey |
| Heyne, Donna | Weigel, Ginny |
| Jevne, Ann D | Whittle, Robert |
| Jones, Marie | Wilson, Diane |
| Kennedy, Sandy | Wilson, Thomas C |
| Kerrigan, Jean | Yamzon, John |

WPSC Email Addresses

DIRECTORY	EMAIL
WPSC President	president@bcwpsc.org
WPSC Secretary	secretary@bcwpsc.org
WPSC Treasurer	treasurer@bcwpsc.org
WPSC Scheduling	scheduling@bcwpsc.org
WPSC Information	info@bcwpsc.org
WPSC Webmaster	webmaster@bcwpsc.org
Travel Office	travel@bcwpsc.org
Front Desk Reception	reception@bcwpsc.org
Bridge Club	bridge@bcwpsc.org
Newsletter Editor	news@bcwpsc.org
Systems Administrator	itadmin@bcwpsc.org

Meet Our Staff

Officers

- | | |
|-----------------|------------------|
| President: | Diane Weinzierl |
| Vice President: | Gary McGuire |
| Secretary: | Ina Fritsch |
| Treasurer: | Colleen Barneman |

Directors

- | | |
|----------------|--------------|
| Celeste Garcia | Ginny Parker |
| Beverly Morgan | John Potanos |
| Janice Oppelt | Janet Smith |
| Pam Page | Rosann Testa |

Staff

- | | |
|-------------------|----------------|
| IT Systems Admin: | John Efird |
| Webmaster: | Maureen Reeder |
| Sunshine: | JoAnn Efird |
| Newsletter: | Nilda Rosario |

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to:
news@bcwpsc.org

COMMENTS? We value your opinion!

There's a SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPSC!



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