

Friendship Fluer

2785 Leisure Way Melbourne, FL 32935 (321) 255-4494

Monday-Friday: 8:30 am—4:30 pm Saturday & Sunday: CLOSED

www.bcwpsc.org

MAY 2022



President's Message



Diane Weinzierl

The weather is starting to heat up again, so why not join us at the Center and enjoy some fun with friends in the air conditioning. We have a full array of programs and activities to choose from – what better way to meet new friends and cool off at the same time.

Friday Night Dinners: Our Friday night dinners have been a great success. The dance floor is full and everyone seems to enjoy the evening. Our Italian dinner for May was postponed to Friday, May 13 and tickets are still on sale through Friday, May 6 — so there's still time to get your tickets. The June dinner will be a BBQ dinner on June 3,

with tickets going on sale May 2. See page 13 for details. We will be taking a summer break from Friday Night dinners after the June dinner – so make sure you get your tickets to join us. Friday night dinners will resume in October.

Help Support the WPSC Shuffleboard Club: Thomas Winkelspecht has organized a fund raising event to benefit our WPSC Shuffleboard Club. This summer he will be bicycling over 2,000 miles, from Melbourne to Bangor Maine. The plan is to reach out to the community to promote the strategic game of shuffleboard to seniors. Donations can be made at www.gofundme.com/ and searching for "Wickham Park". All donations will be used to support our local club. Watch for details of Tom's ride as he progresses up the east coast.

Congratulations to Marilyn Fogarty who won our first **Progressive Bingo** pot (over \$250++) last month. If you haven't checked out our new bingo games, please do. We play Tuesdays and Fridays from11:15 am to 2:00 pm. Packages are as little \$6.00 - see page 7 for more details.



Lastly, I want to wish everyone a Happy Mother's Day and a safe Memorial Day. The Center will be closed on Monday, May 30 in honor of Memorial Day.

Mission Statement

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"

IMPORTANT NEWS



The Wickham Park Senior Center will be closed on Memorial Day Monday, May 30

WPSC at Local Events



Boomer Expo on April 8.

Janet Rappaport, Linda Payne,
Rosalie Nowaak, and Marianne Bannon



Blueberry Festival on April 9-10 at Wickham Park. Deana Booth and Maureen Reeder

Where is Tom?

Follow **Tom Winkelspecht** as he rides his bicycle more than 2,000 miles this Summer from Melbourne, Florida to Bangor, Maine to support and raise money for the Wickham Park Shuffleboard Club.

Giving Levels:

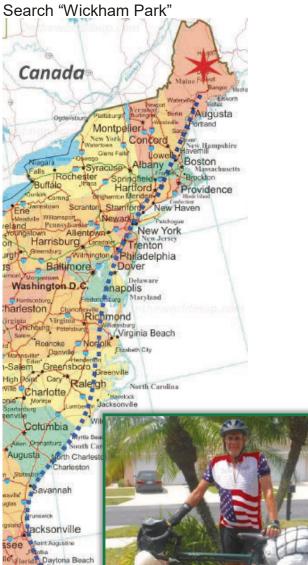
\$20 - A penny per mile

\$25 - I'm a shuffler

\$50 - I like Tom

\$100 - I'm a couch potato

For more information: www.GoFundMe.com/



The Bahamas San Salvado

oral Springs Boca Raton Historia Fort Lauderdale

IMPORTANT NEWS

Congratulations to the WPSC Shuffleboard Club!

Wickham Park Shuffleboard Club player **Jane Plumpton** has had another winning season and earned a place in the Central East Coast District Shuffleboard Hall of Fame. Jane has been playing shuffleboard here since the Senior Center first opened.

Other Wickham Park Hall of Famers are Jane's husband, **Tom Plumpton**, and **Thom Winkelspecht**. "It's an outstanding achievement that takes years to accomplish," said Club President Greg Jones. Placing in district tournaments earns players points, and when 250 points are earned a player is inducted into the District Hall of Fame.

Each season, the top eight players in their division are invited to the district Masters' Tournament. This year, Wickham Park was well represented at the event. **Karen Siler** placed first in the amateur women's division, and Joan Wivcher was second. Mona Clark also placed, and Regina Chow and Betty Snow had been eligible to play. **Belinda Jones** placed first in the pro women's division, and Jane Plumpton was second; Suzie Christian also placed; and Sheila Winkelspecht had been eligible to play. Kerry Siler represented Wickham Park in the men's amateur division. Thom Winkelspecht and Tom Plumpton won co-first place in the men's pro division, and Greg Jones also placed.



Jane Plumpton



Tom Plumpton



Thom Winkelspecht



Karen Siler



Belinda Jones

Most of Wickham Park's shufflers are newer players. They enjoy fun play year round on Saturdays at 9 am, and summer time fun time on Thursdays at 6 pm. The Club's summer league is now under way on Monday evenings to prepare members for the competitive season, October through March. Contact Greg at greg.sonesta@gmail.com if you are interested in learning or improving your game.

Front Desk Volunteers Needed!

Do you have a morning or afternoon open to help man our front desk reception desk? Our front desk volunteers are the back-bone of the Center – they greet members when they arrive, show people around the center, renew memberships, sign up new members and keep things running smoothly on a day-to-day basis. Current shift openings include:

- Tuesday morning 8:30 am 12:30 pm
- Tuesday afternoon 12:30 pm 4:30 pm
- Friday morning 8:30 am 12:30 pm

If you're interested, please stop by the Front Desk and ask for a Volunteer Application. Volunteering is a great way to learn more about the center and meet new people, while giving back to the community.

WPSC Sunshine Committee

Do you know a WPSC member who is sick, experienced a family member loss, or needs some cheer or support? If so, please let our Sunshine Committee know by dropping off your request in the mailbox labeled "Sunshine Committee" (located near the Billiards Room behind the front desk).



Please be sure to include the person's full name and any information you might have so we can find them in our database, as well as why you think they qualify. Also, please be sure to include your name and telephone number so we can reach you if we have any questions.

HEALTH & WELLNESS

WEAR PURPLE TO SHOW YOUR SUPPORT! FREE TO THE PUBLIC



Building Strong Support for Elders















WEDNEGDAY. JUNE 15. 2022 9:00AM - 12:00PM

Wickham Park Senior Center, Melbourne, FL WorldElderAbuseAwareness.com

COMMUNITY INFO EXPO

Stop by vendor tables for resources showcasing senior community services. Refreshments provided. Fill out the event card to be entered in a door prize drawing.

WALK DOWN **MEMORY LANE**

Take a stroll to view scenes from the 40s. 50s, 60s, and 70s. Win a 65' TV in our "Memory" challenge.

EDUCATIONAL SEMINARS

Dr. Visa (9:30am) will present on the benefits of early detection and Detective Hamilton (11:00am) on elder abuse scams.

For more information, please contact Brevard Alzheimer's Foundation at 321-253-4430 or visit worldelderabuseawareness.com

TRAVEL NEWS

The WPSC Travel Office is OPEN Monday—Friday, 9:00 am—1:00 pm

LIPS—The Ultimate in Drag Queen Dining

Date: June 12, 2022 Cost: \$119 per person

Outrageous fun every Sunday afternoon! Join the Ladies of LIPS for the Ultimate Drag Brunch as they pull out all the stops for this spectacular show! Enjoy delicious brunch entrees and unlimited Mimosas or Bloody Marys!

Isle of Capri Casino

Date: September 14, 2022 Cost: \$45 per person

St. Johns River Cruise

Date: October 19, 2022 Cost: \$135 per person

Cancellation Deadline October 10, 2022

Stetson Mansion Grand Tour &

Luncheon

Date: November 9, 2022 Cost: \$129 per person



Courtesy of Travel Expressions

For more information and reservations, please call Wickham Park Travel at 321-425-5530.



CALENDAR OF EVENTS

WICKHAM PARK SENIOR CENTER 2785 Leisure Way Melbourne, FL 32935

MAY 2022

Phone: 321-255-4494
Web: <u>www.bcwpsc.org</u>

A CTIVITY	COUEDINE FOR MAY	NOTEC
ACTIVITY	SCHEDULE FOR MAY	NOTES
Ballroom Dancing	Mondays @ 6:30P for Advanced Ballroom Class; Mondays @ 7:30P for Beginner Class	
Bingo	Tuesdays & Fridays @ 11:15A—2:00P	
Blood Pressure Checks		NOT SCHEDULED
Bones and Balance	Mondays @ 10:00—11:00A	
Bridge: Beginner Class	Virtual Classes on Mondays @ 10:00A—Noon On-Site Classes on Wed.& Sat. @ 11:00—Noon	MEETS VIRTUALLY & ON-SITE
Duplicate	Virtual Classes Mon. thru Fri. @ 12:30P & Sat. @ 7:00P On-Site Classes on Mon., Wed., & Sat. @ 12:30—4:00P	MEETS VIRTUALLY & ON-SITE
Chat	Fridays @ 9:30—11:00A	MEETS VIRTUALLY
Rogue	Tuesdays @ 12:15—4:00P	
Rubber	Thursdays @ 1:00-4:00P & Saturdays @ 12:30-3:30P	
Bunco	1st & 3rd Thursdays (May 5 & 19) @ 12:30—4:00P	
Chair Yoga	Tuesdays @ 3:00—4:00P	
Chefs for Seniors	Next Class is May 26 @ 11:00A—12:30P Sign-up Sheet at Front Desk	
Euchre	1st & 3rd Wednesdays (May 4 & 18) @ 6:00—9:00P	
Hand & Foot	Mondays & Fridays @ 9:00A—Noon	
Jazzercise Lo	Mon., Wed. & Fri. @ 8:30—9:30A	
Line Dancing	Tuesdays @ 4:15—5:30P	
Mahjong: American	Mondays @ Noon—3:30P Thursdays @ 9:00A—Noon	
Chinese	Wednesdays @ 1:00—4:00P	
Mexican Train Dominoes	Wednesdays @ 1:00—4:00P	
Oil Painting for Beginners	1st & 2nd Thursdays (May 5 & 12) @ 1:00—5:00P	
Pinochle	Mondays & Fridays @ 12:15—4:00P	
Poker: Dealers Choice	Tuesdays & Fridays @ 1:00—4:00P	
Friendly	Mondays @ 1:00—4:00P	
Pool (Billiards)	Monday thru Friday @ 8:30A—4:30P Saturdays @ 8:30A—12:30P	
Shuffleboard: Open Play	Saturdays @ 9:00A & Thursdays @ 6:00P	April 2 thru Sept. 30
QiGong-TaiChi	Mondays, Wednesdays & Fridays @ 8:30—9:30A	
Rummikub	Wednesdays @ 1:00-4:00P	
Senior Law	4th Friday of the Month (May 27) @ 2:00—4:00P	
SHINE Social Scrabble	Tuesdays, Thursdays & Fridays @ 9:00A—Noon Tuesdays @ 9:30A—Noon	
Strength / Flexibility	Thursdays @ 9:30—10:30A	
Watercolor Instruction	Wednesdays @ 9:45A—12:30P AFTER SUMMER BREAK, CLASSES RESUME AUGUST 24	LAST CLASS MAY 25 BEFORE SUMMER BREAK

Program details and times are subject to change. Please check the daily schedule at the Front Desk for the latest information.

7

ACTIVITIES & GAMES

Ballroom Dancing & Swing Lessons

Mondays @ 6:30 Advanced / @ 7:30 Beginner Cost: \$8.00 per Class for Members \$10.00 per Class for Non-Members

Classes change every month.
Welcome Singles and Couples! Any questions? Please contact **Chris Marcelle** at 321-258-5916.





TUESDAY & FRIDAY—Open to the Public! 11:15 am—2:00 pm; Doors Open @ 10:00 am Early Bird @ 11:15 am

Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more information, contact **Brenda Clarson** at 321-258-8837.

Bones & Balance

Mondays @ 10:00 am—11:00 am Cost: \$5.00 Members / \$7.00 Non-Members

Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core



strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Eight (8) participants minimum. Sign-up sheet at the front desk/lobby. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.



Online Bridge Class

Beginning Monday, May 2 for 7 weeks

Time: 10:00 am—Noon

Cost: \$60 (Student/Military Discount \$30)
Book: Bridge Basics 1: An Introduction by

Audrey Grant

Available on Amazon.com

Whether you are looking for competition or something more relaxed, bridge is a great option for you. Learn the ultimate card game and discover your new passion in the comfort of your home. The Wickham Park Duplicate Bridge Club is providing a seven-week online bridge course. Bridge is a great social activity and a way to make new friends.

Students will learn how to bid and play hands in this fun class while learning the following topics:

- Hand Evaluation; Learn how to properly evaluate your hand strength
- Notrump opening bids, responses, and rebids
- Major suit opening bids, responses, and rebids
- Minor suit opening bids, responses, and rebids
- Selecting a trump suit
- Planning the play of the hand
- Defense attitude signals

Check written to: Wickham Park Senior Center (WPSC), Attn: Treasurer, 2785 Leisure Way, Melbourne, FL 32935. Note on check: For Beginning Bridge Class

To Enroll Contact: Harold Phillips at 321-956-9208 or email hlphill@earthlink.net.

Please provide the following: Your Name (First, Last), email@, and phone number.

Bridge (Duplicate)

Online: Monday thru Friday @ 12:30 pm;

Saturdays @ 7:00 pm

On-site Classes: Mon., Wed. & Sat. @ 12:30P

Cost: \$6.00

Duplicate bridge classes have resumed on-site Monday, Wednesday and Saturday. Virtual online classes are also available. For the online schedule, please check out the latest on the

website under the Bridge tab or contact **Pam Page** at 321-537-0907. If you would like to play in our game, please contact Pam Page or **Bob Ezell** at 321-474-2293.



Bridge (Rogue)

Tuesdays @ 12:15—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact Patricia Rosenthal at 321-626-5419.

Bridge (Rubber)

Thursdays @ 1:00—4:00 pm Saturdays @ 12:30—3:30 pm

Cost: \$2.00 Members / \$4.00 Non-Members

Come on out for an afternoon of enjoyment at the bridge table. Any questions? The point of contact for Thursday is **Janet Walker** at 321-242-3173 and the point of contact for Saturday is **John Dalheim** at 321-848-1794.

Bunco

1st & 3rd Thurs. (May 5 & 19) @ 12:30—4:00 pm Cost: \$6.00 Members / \$8.00 Non-Members

Bunco is played on the 1st and 3rd Thursday of each month. This month's dates are May 5 & 19. Linda Peglow and Lisa Coyle are the Bunco Program co-chairs. We play four rounds. After two rounds, we have a break for refreshments. We supply coffee and water. Players may bring lunch items, snacks or desserts to share. Please contact Lisa at 321-345-9848 to reserve your Bunco space.

Chair Yoga

Tuesdays @ 3:00—4:00 pm/Sign-in @ 2:45 pm Cost: \$1.00 Members / \$3.00 Non-Members

This class is designed to help with overall well-being for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.

Chef for Seniors

Cost: \$6.00 Members / \$8.00 Non-Members Classes @ 11:00 am—12:30:

May 26: Cooking FishJuly 28: Diabetic Dinners

• Sept. 22: Fall Flavors

Nov. 10: Thanksgiving Dishes

Join **Chef Jillian** for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting. Please sign up at front desk to reserve your spot.

All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.

Euchre

1st & 3rd Wed. (May 4 & 18) @ 6:00—9:00 pm Cost: \$5.00 Members / \$7.00 Non-Members

Sign up begins at 5:30. Please be signed up and ready to play by 6:00 pm. Enter through the front door and sign in per senior center protocol. Hopefully we can get more players to come back as we strive to get back to pre-COVID numbers. For more information or any questions, please contact **Jay Koeller** at 321-794-6400.

Hand & Foot Card Game

Mondays & Fridays 9:00 am—Noon
Cost: \$1.00 Members / \$3.00 Non-Members

Join this group of friendly and competitive players for a time well spent. Players are designated to a table by drawings seat assignments, if you do not have a partner. Contact **Beverly Morgan** at 303-458-8273 for more information.

Jazzercise Lo

Mon., Wed., & Fridays @ 8:30—9:30 am Cost: \$40.00 per Month or \$10.00 per Day

Join us for a fun and energized Jazzercise Lo class. Start off your mornings dancing away those extra calories using Low Impact moves that yield MAXIMUM results! You use muscles, not momentum, to get a total body workout without the impact on your joints. Contact Ginny Parker at 321-698-0445.

Line Dancing

Tuesdays @ 4:15—5:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

Line Dancing for Fun and Exercise. Make new friends while learning basic steps choreographed to a variety of music! Line dancing exercises our brain as well as body. For more information, call **Sue Duncan** at 321-505-0846.



Mahjong

American: Mondays @ Noon—3:00 pm &

Thursdays @ 9:00 am—Noon

Cost: \$1.00 Members / \$3.00 Non-Members Chinese: Wednesdays @ 1:00—4:00 pm Cost: \$5.00 Members / \$7.00 Non-Members

Mahjong is an activity that fosters friendly

comradery and stirs the brain.
Come join the fun!
Contact Patricia
Rosenthal at 321-626-5419
(American) or
Michael at 321-537-7094
(Chinese), if you have any questions.



Mexican Train Dominoes

Wednesdays @ 1:00—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Mexican Train Dominoes is a simple, easy to learn dominoes game. We enjoy playing and we would love to have you come play with us too. Contact **Cora DiCecilia** at 321-254-5014.

Oil Painting for Beginners

1st & 2nd Thurs. Each Month @ 1:00—5:00 pm May 5 & 12 and June 2 & 9

Cost: \$40.00 per person (Incl. All Supplies)

<u>Cancellation Policy</u>: Class participation can be canceled up until the Wednesday prior to the class, otherwise, payment in full is expected whether you attend class or not.

For the May painting class, we'll be moving our sights to the beach. As you can see in the photo, we'll be painting the ocean, beach, and a beautiful Palm. There are still a few May



seats available. Call the Center at 321-255-4494 or come in and sign up. Come paint a beautiful landscape painting with us. Classes will be held on the first and second Thursdays of each month. All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, just six participants, so Hobo Bob has plenty of time to work with you as you paint your masterpiece.

Pinochle

Mondays & Fridays @ 12:15—4:00 pm Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Bill Mueller** at 321-242-499 (Mondays) or **Cathy Decker** at 321-254-9517 (Fridays).



Poker (Dealers Choice)

Tuesdays & Fridays @ 1:00—4:00 pm Cost: \$1.00 Members / \$3.00 Non-Members

Contact Kit LaLonde at 954-260-0687.

Poker (Friendly)

Mondays @ 1:00-4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Attention: Players Needed! Pennies Only. Call ahead to attend. Contact **Vinnie Germann** at 321-253-6155

321-233-0133.

Pool (Billiards)

Monday thru Friday @ 8:30 am—4:30 pm Saturdays @ 8:30 am—12:30 pm

Tournaments: 2nd Wednesday of Every Month

Cost: \$1.00 Members / \$3.00 Non-Members Plus \$.50 per Day or \$2.00 per Week

YE OL Pool Room 8-Ball Tournament

Results of 4/13/22: 1st: Dale Foster

3rd: Jorge Fernandez

2nd: Pete Ragusa 4th: Joe Franco Next tournament is May 11. Questions? Please contact **Wally Topinko** at 716-830-5978.

QiGong-TaiChi

Mon., Wed., & Fridays @ 8:30—9:30 am Cost: \$5.00 Members / \$7.00 Non-Members

For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them. According to researchers, one of the most promising interventions is TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. Contact **Laura Parsons**, Certified Instructor at 321-474-5374.



WITH PURCHASE OF THIS SPACE

@ CALL 800.477.4574







Rummikub

Wednesdays @ 1:00—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Questions? Contact **Rosalie Novak** at 321-610-8021

Shuffleboard

Summer Schedule: April 2 thru September 30

Open Play: Saturdays @ 9:00 am & Thursdays @ 6:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

For more information on learning how to play or participating in shuffleboard tournaments, please call **Greg Jones** at 606-219-3994 or email: greg.sonesta@gmail.com.

Senior Law

4th Friday of Each Month—May 27

@ 2:00—4:00 pm

Cost: Free to all WPSC Members

The Slonim Law Firm invites you to attend a FREE seminar and question and answer session on the 4th Friday of each month at WPSC Room 117. We will cover topics such as:

- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Living Wills
- Digital Assets
- Medicaid and Asset Protection Options
- Guardianships
- Probate Matters
- General Dementia Issues

Seating is limited. Please sign up at the front desk. Questions? Please call the Law office at 321-757-5701.

Strength/Flexibility

Thursdays @ 9:30—10:30 am

Cost: \$4.00 Members / \$6.00 Non-Members

Fitness Unlimited by Design presents a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps with posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We are working on core, arm and leg strength. Go at your own pace and feel the antiaging begin. Come join us, no need to sign up, just show up. For more information, contact **Susie Salvetti** at 321-626-0282.

Social Scrabble

Tuesdays @ 9:30 am—Noon

Cost: \$1.00 Members / \$3.00 Non-Members

Hello fellow Scrabble players! Friendly Scrabble has returned as of April 20, 2021. Questions? Please contact **Anne O'Brien** at 303-458-7301.

Watercolor Instruction

Wednesdays @ 9:45 am—12:30 pm Cost: \$6.00 Members / \$7.00 Non-Members

Watercolor will be taking a summer break.

Last class will be Wednesday, May 25 and they will resume starting Wednesday, August 24.

Classes are held in the computer room.



Bring your own supplies, smiles and good attitudes! Relax, enjoy the process and camaraderie. All levels welcome! Any questions, please contact **Judy Champion** at 321-312-9155 or email judy.champion325@gmail.com.

Wickham Park Senior Center is not equipped, nor intended to be a senior care facility. WPSC activities are geared toward independent adults who are able to manage their own care, decisioning making and safety. WPSC's insurance prohibits, and WPSC cannot be responsible for, the provision of physical assistance to individuals on the premises. If an adult companion is needed, the companion may participate in the activity if they desire, regardless of age, and must pay all fees associated with the activity. WPSC reserves the right to prevent persons from being on premises if the WPSC leadership believes that person would cause harm to themselves or others.

OUR SPONSORS

The Officers and Membership of Wickham Park Senior Center appreciate the continued support of our many Sponsors. As an all volunteer run organization, their continued financial support allows us to offer Activities and Social events for our members.

Diamond Level Sponsors



At Cigna, we are more than a health insurance company. We are your partner in total health and wellness. In addition, we are here for you 24/7 – caring for your body and mind.



Dry Eye Center of Florida is the first and only clinic in Central Florida dedicated to the diagnosis and treatment of dry eye disease. We combine the latest research and technology to successfully relieve our patients' dry eye symptoms and achieve the best patient outcomes. Dr. Ramsower has provided comprehensive eye care in Brevard County since 2005. She is known for her compassion and dedication to her patients' overall wellness and is happy to take care of all their eye care needs.



Health First Health Plans, a not-for-profit, Brevard County-based company with local customer service, has been serving Brevard County for more than 20 years. Our Medicare Advantage plans offer everything original Medicare offers plus additional benefits.



Life's challenging moments call for a special brand of care guided by love and compassion. Since 1977, we have served as Brevard's only independent, not-for-profit comfort care resource, helping patients and those they love during the most delicate times in their lives. St. Francis Reflections Lifestage Care offers a diverse range of compassionate care services including palliative care, hospice and grief support for all ages.



When it comes to Medicare, one size definitely does not fit all. What works well for your neighbor may not be the best fit for you. With multiple Medicare Advantage plans to choose from, United Healthcare can help you find one that fits your health care coverage needs and your budget.



The Slonim Law attorneys are focused on Elder Law (Probate, Guardianship, Estate Planning & Medicaid Planning) in Brevard county (Melbourne, Viera, and Palm Bay) and Osceola county. We take pride in working closely with our clients to ensure that they obtain the best representation for the value. Helping people is our job. Preserving our client's rights and interests is our focus.



VITAS Healthcare is here to help healthcare providers ensure the best end-of-life care for their patients.



Brevard Alzheimer's Foundation provides thousands of hours

of adult daycare, senior meals, transportation, and provided

families through case management, caregiver education, and support groups and our goal is to keep families together for

13,885 hours of in-home respite. We touch many other

as long as possible.

Gold Level Sponsors



The Auto Group (ACG) is a part of AAA-affiliated insurance companies that are nationwide. ACG is the second largest AAA club in North America, providing insurance, travel, financial and other services to over nine million members. ACG is spread across 11 states plus Puerto Rico and U.S. The offerings will from ACG vary based on location



Mike and Jeanne are Senior Real Estate Specialists (SRES) who have received additional training in senior real estate. They understand the real estate needs of seniors are different than just a regular real estate transaction. Whether you are looking to retire, downsize, move to an active adult community, or just need some help with your housing options, Mike and Jeanne are there to help.



There is nothing quite like the warmth and hospitality found in Greenwood Place, offering a safe, comfortable home surrounded by friends and a caring team that caters to your individual needs. Assisted Living residents enjoy restaurantstyle dining, daily fitness and exercise classes, and a full calendar of educational, cultural and social events.



The comfort of home can't be beat. Home Instead services let people flourish in the everyday life they already know and love – while getting a little help to stay independent and mobile. From personal care to Alzheimer's care to transportation, Home Instead services make life easier for seniors and their families.

Meet & Greet Sponsors

Our monthly Meet & Greets with our sponsors have started back up on Tuesday and Friday mornings from 9—11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them.









2nd Tuesday (May 10)

3rd Friday (May 20)

COME JOIN US!



WICKHAM PARK SENIOR CENTER

Friday Night Summer BBQ Dinner

June 3 @ 5:30 - 7:30P



- Pulled BBQ Pork
- Coleslaw
- Succotash
- Hamburger Buns
- Mashed Potatoes
- Peach Cobbler



Music by Janice & Rene



Tickets are \$14.00 per person (cash or check) and may be purchased at the Wickham Park Senior Center Front Desk, Monday thru Friday 8:30am to 4:30pm. If you have any questions, call the Front Desk at 321-255-4494.

Tickets on Sale Beginning May 2 — Deadline to Purchase Tickets is Friday, May27



FRIDAY NIGHT DINNER

Our Ariday Night Dinner Celebration on April 1st!



























IN EVERY ISSUE



New Members in March

Brang, Tracy
Broome, Lenora
Buck, Kimberly
Christiansen, Christine
Church, Carol
Delp, Robert
English, Norma
Frazier, James
Frerick, Thomas
Gott, Bernie
Gounder, Pat
Green, Suzy
Knoepfel, Tom
Kuhl, Marguerite
Lally, Julie

Larmony, Karen

Middleton, Kathy

Mays, Linda

Moffett. Charles Moore, Henry Mroz, Debbie Mulligan, Elizabeth Newman, Sam Riker, Kathy Rogers, Kathleen Rogers, Linda Schurlknight, Mick Sillowey, Michelle Stecker, Sandra Taylor, Sue Vaughan, Betty Watts, Jill Watts, Mike Wingerter, Jack Wingerter, Margaret

Meet Our Staff

Officers

President: Diane Weinzierl
Vice President: Gary McGuire
Secretary: Lynn Higginbotham
Treasurer: Colleen Barneman

Directors

Lisa Coyle Pam Page
Ina Fritsch Ginny Parker
Vincent Germann Janet Smith

Beverly Morgan Rosalie Novak

Staff

Jaqueline Williams

IT Systems Admin: John Efird

Webmaster: Maureen Reeder Sunshine: JoAnn Efird

Newsletter: Nilda Rosario

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to: news@bcwpsc.org

2022 Wickham Park Senior Center Holiday Closures

(Updated 3/14/2022)

To enable our volunteers to spend more time with their families during the upcoming holiday season, Wickham Park Senior Center will be closed on the following dates:

- Memorial Day Holiday: Monday, May 30
- 4th of July Holiday: Monday, July 4
- Labor Day Holiday: Monday, September 5
- Thanksgiving Holiday:
 - Wednesday, November 23
 - Thursday, November 24 (Thanksgiving)
 - Friday November 25 (Friday after Thanksgiving)
 - Saturday, November 26
- Christmas Holiday:
 - Friday, December 23
 - Saturday, December 24 (Christmas Eve)
 - Monday, December 26 (Day after Christmas)
- New Year's Holiday:
 - Saturday, December 31 (New Year's Eve)

WPSC New Email Addresses

Please make a note of the telephone number for the front reception desk: **321-255-4494**, and email addresses for the Wickham Park Senior Center staff:

DIRECTORY	EMAIL
WPSC President	president@bcwpsc.org
WPSC Secretary	secretary@bcwpsc.org
WPSC Treasurer	treasurer@bcwpsc.org
WPSC Scheduling	scheduling@bcwpsc.org
WPSC Information	info@bcwpsc.org
WPSC Webmaster	webmaster@bcwpsc.org
Travel Office	travel@bcwpsc.org
Front Desk Reception	reception@bcwpsc.org
Bridge Club	bridge@bcwpsc.org
Newsletter Editor	news@bcwpsc.org
Systems Administrator	itadmin@bcwpsc.org

Medicale Insurance Plans





Jerry Hadlock, Jr. Call / Text 321-720-4526

Email: JLDM253@AOL.COM

601 E. Strawbridge Ave., Melbourne, FL 32901

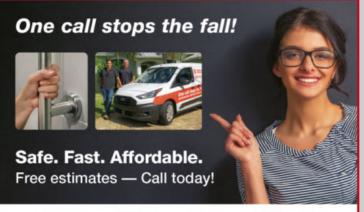
We can help you find the right Medicare plan. With some plans you can go to any Doctor or Hospital. We represent most National and Regional Medicare companies.

"Jerry is a great resource & very knowledgable about Medicare"

- Dawn Partlow, Navigating Tax Solutions, Merritt Island, (321) 412-6610

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