



Friendship Flyer

NOVEMBER 2020

2785 Leisure Drive
Melbourne, FL 32935
(321) 255-4494

Hours: Mon-Fri: 8:30 am—4:30 pm
Sat: Closed until 2021
Website: www.bcwpsc.org

President's Message

I'm happy to report our October re-opening was a huge success. One of the things I've enjoyed the most is watching people who haven't seen each other for months get together and catch up.



Diane Weinzierl

Many of our programs restarted in October and several others will start up in November. Be sure to check out the website or pick up a new Daily Schedule in the lobby for updates on all of your favorite programs.

We also want to welcome a new program to WPSC beginning this month - Silver Sneakers. They will be here twice a week (Monday afternoon and Thursday morning). Check out the article on Page 7 for more information.

The next two months will be especially busy at the Center. We're still looking for Front Desk Receptionist volunteers and candidates for the 2021 Board of Directors; we'll be holding our Annual Meeting on December 2 at 10:30 am, where you'll get to meet the candidates; and our election will be held the week of December 7th.

You'll find lots of good information about our programs and what is happening at the Center in the newsletter – please take the time to read through it. And, if I don't get to see you in person at the Center, I want to wish you and your family a very blessed and ...



2020 Holiday Hours

To allow our volunteers to celebrate and spend time with their families, the Senior Center will be closed during the holiday times listed below:

Thanksgiving Holiday

- **CLOSING at 12:00 Noon, Wednesday, November 25** – Thanksgiving Eve
- **CLOSED Thursday, November 26** – Thanksgiving Day
- **CLOSED Friday, November 27** – Friday after Thanksgiving

Christmas Holiday

- **CLOSED Thursday, December 24** – Christmas Eve
- **CLOSED Friday, December 25** – Christmas Day

New Year's Holiday

- **CLOSED Thursday, December 31** – New Year's Eve
- **CLOSED Friday, January 1, 2021** – New Year's Day

Mission Statement

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"

Board of Directors Update

Business conducted at the October 13 Board Meeting:

- Approval granted for Shuffleboard Tournaments to be held November 5 & 6, November 19 & 20, December 3 & 4, and December 17 & 18.
- The County is requiring everyone entering the Senior Center to sign a Hold Harmless Agreement. It only needs to be signed once and forms can be found in the lobby.
- Membership update - 31 new members in September and 28 new members so far in October.
- Approval granted for the Silver Sneakers program to offer classes.
- Recommended updates to Policy 1 (Member Discipline and Revocation) and Policy 2 (Building Security) approved.
- Approval granted to correct signs outside Rooms 114 & 117 and to purchase 4 new carts for the small bridge tables.
- Recommended Holiday Closing Schedule approved. (See Page 1 of this newsletter).
- There are still 6 openings for Front Desk Receptionist shifts that need to be filled.

The next scheduled Board Meeting will be Monday, November 9 at 9:30 am. All members are welcome to attend.

Board Members Needed!



The Nominating Committee is looking for candidates to run for the 2021 Board of Directors. Openings for the upcoming election include four (4) Executive Board Members

(President, Vice-President, Secretary and Treasurer), each serving a one-year term. In addition, there are openings for four (4) Directors with three of the Directors serving 3-year terms and one Director serving a 1-year term.

If interested, please contact Vinnie Germann, Chairman of the Nominating Committee or any other member of the Nominating Committee - Gary McGuire, Angie Brown, Peggy Miles or Bev Morgan. **An application is available at the Front Desk.**

Board nominees will be posted in the December newsletter and introduced at the December 2 Annual Meeting. The election will be held the week of December 7th through December 11th.

The Senior Center is 100% Operated by Volunteers!

Our Senior Center is 100% operated by volunteers and our Front Desk Receptionist volunteers are the lifeblood of our operation. We currently are looking for Front Desk Receptionists to work the following shifts:

- Monday: 12:30—4:30 pm (2 openings)
- Tuesday: 8:30 am—12:30 pm
- Thursday: 8:30 am—12:30 pm
- Friday: 8:30 am—12:30 pm
- Friday: 12:30—4:30 pm

In addition, there are numerous other opportunities to volunteer including bingo callers, setting up and tearing down tables, kitchen helpers, and IT support. If you have a few hours to spare to volunteer and make some new friends, please pick up a Volunteer Application at the Front Desk.

VOLUNTEER!
every hour makes a
DIFFERENCE



IMPORTANT NEWS

COVID-19 Safety Protocols for Wickham Park Senior Center

To help ensure the safety of our members and volunteers, we are implementing the following COVID-19 protocols.

- If you feel sick or have symptoms (even mild), please stay home.
- WPSC will **open for MEMBERS ONLY** at this time. This will ensure we are able to provide accurate contact tracing information if necessary.
- **All members will be required to scan their membership card** at the front desk upon entering the building. If you forget your membership card, a front desk volunteer will check you in. Again, this is required to enable us to provide accurate contact tracing information.
- **All members will be required to wear a face mask/covering.** At your discretion, face covering may be removed during exercise activities, while bingo numbers are being called or when you can safely social distance. However, anytime a member is walking around the building or interacting with another individual and cannot socially distance, a face covering must be worn. *NOTE: Face covering must be worn at all times in the pool/billiards room between the hours of 8:30 am and 12:00 pm.*
- **All members are required to respect CDC Guidelines as well as standard social distancing guidelines.** Please maintain 6-foot of space from others and refrain from physical contact such as hugging or shaking hands.

- Program Managers will sanitize chairs and tables before each program.
- Hand Sanitizer will be available throughout the building.
- All members and activity participants are **required to sign a hold harmless statement** that will be available at the front desk. In the event there is no receptionist on duty upon your arrival, the hold harmless statements will be posted near the front door with a box to place them in.

Wickham Park Senior Center Annual Meeting

Wednesday, December 2, 2020

10:30 – 11:30 am



Don't forget to mark your calendar to join us at for our Annual Meeting on Wednesday, December 2 from 10:30–11:30 am. You'll have an opportunity to enjoy some delicious morning snacks (Doughnuts, Coffee & Juice) while we conduct a little necessary senior center business and introduce you to the slate of nominees for the 2021 Board of Directors. Voting for the Board will take place the following week, December 7–11.

To ensure we have a quorum of membership in attendance, as well as enable us to plan for space and food requirements, **please sign up on the attendance sheet at the Front Desk** or RSVP to **Pam Page** at (321) 537-0907 or email pam_page@bellsouth.net.



Need to Schedule an Appointment with SHINE?

The Wickham Park Senior Center (WPSC) SHINE Group will not reopen until after January 1, 2021. Anyone interested in making a telephone appointment can call 321-757-0660 to schedule an appointment. Office hours are Monday through Friday from 0900-1600. The SHINE Office is closed on Saturdays and Sundays as well as all Federal Holidays. The Point of Contact for this action is Lance Jarvis at SHINE. SHINE is also providing Virtual Medicare Classes. Visit <http://www.floridashine.org/> for a complete list of educational classes available to you.

WPSC PROGRAMS

WPSC Open Programs

As of October 5, the Wickham Park Senior Center will open Monday thru Friday for Members Only. COVID-19 Safety Protocols have been posted in the newsletter, on the website and at various locations around the building. These protocols must be adhered to at all times.

• MONDAY PROGRAMS

- Billiards: 8:30 am–4:30 pm
- Jazzercise Lo: 8:30–9:30 am
- Hand & Foot: 9:00 am–12:00 noon
- Travel Office: 10:00 am–2:00 pm
- Friendly Poker: 1:00–4:00 pm
- Shuffleboard: 1:00–4:00 pm
- Silver Sneakers: 4:30–5:30 pm

Starts Monday, November 2

• TUESDAY PROGRAMS

- Billiards: 8:30 am–4:30 pm
- Zumba Gold: 8:30–9:15 am
- Travel Office: 10:00 am–2:00 pm
- Bingo: 11:15 am Doors open at 10:00 am
- Dealers Choice Poker: 1:00–4:00 pm
- Line Dancing/Beginners: 4:15–5:00 pm
- Line Dancing/Intermediate: 5:30–6:30 pm

• WEDNESDAY PROGRAMS

- Billiards: 8:30 am–4:30 pm
- Jazzercise Lo: 8:30–9:30 am
- Tai Chi: 8:30–9:15 am
- Travel Office: 10:00 am–2:00 pm
- Mahjong/Chinese: 1:00–4:00 pm
- Mexican Train Domino's: 1:00–4:00 pm
- WPSC Annual Meeting (December 2):
10:30–11:30 am

• THURSDAY PROGRAMS

- Billiards: 8:30 am–4:30 pm
- Strength & Flexibility: 9:30–10:30 am
- Silver Sneakers: 11:00 am–12:00 noon
Starts Thursday, November 5
- Travel Office: 10:00 am–2:00 pm
- Rubber Bridge: 1:00–4:00 pm
Starts Thursday, November 5

• FRIDAY PROGRAMS

- Billiards: 8:30 am–4:30 pm
- Jazzercise Lo: 8:30–9:30 am
- Tai Chi: 8:30–9:30 am

- Hand & Foot: 9:00 am–12:00 noon
- Travel Office: 10:00 am–2:00 pm
- Bingo: 11:15 am Doors open at 10:00 am
- Pinochle: 12:30–4:00 pm
- Dealers Choice Poker: 1:00–4:00 pm

• SATURDAY PROGRAMS

- WPSC Building Closed: No Programs inside the Building
- Shuffleboard: 9:00 am–12:00 noon

Note: All Duplicate Bridge programs are currently online only. Details can be found on the website (www.bcwpsc.org).

What WPSC Programs Are Not Open Yet?

The following programs have decided not to open until a later date yet (TBA). All updates about the reopening for these programs will be posted to the WPSC website (www.bcwpsc.org) as soon as it is available.

- **Ballroom Dancing:** Will not resume before 2021
- **Bonemakers**
- **Bunco:** Will not resume before 2021
- **Chair Yoga:** Will not resume before 2021
- **China Painting**
- **Euchre:** Will not resume before 2021
- **Financial Lunch-n-Learn:** Will not resume before 2021
- **First Friday Night Dinners:** Will not resume before 2021
- **Games Galore:** Will not resume before 2021
- **Greeting Cards**
- **Mahjong/American**
- **Rogue Bridge/Chat**
- **Senior Law Class:** Will not resume before 2021
- **Social Scrabble:** Will not resume before 2021
- **SHINE:** Will not resume at WPSC before 2021. Anyone interested can call **Lance Jarvis** at 321-757-0660 to schedule a telephone appointment.
- **Sponsor Meet & Greets:** Will not resume before 2021
- **Water Color:** Will not resume before 2021

The WPSC Travel Office is open Monday thru Friday 10:00 am—2:00 pm

Howey-in-the-Hills/Holiday Tour

Date: Friday, December 11

Cost: \$110 Per Person

Tour Howey Mansion. Enjoy a buffet lunch at Mission Inn Resort. Tour, wine tasting & shop at Lakeridge Winery.

I-Drive Attractions

Date: Thursday, February 18, 2021

Cost: \$120 Per Person

Tour Titanic: Artifact Exhibition, Admission to Madame Tussauds and Lunch in Orlando.

Jungle Queen, Ft. Lauderdale

Date: Thursday, March 11, 2021

Cost: \$125 Per Person

Lunch at Bubba Gump Shrimp Co., then celebrate Spring on a cruise down the historic New River with a tropical isle visit to view lemurs, monkeys, exotic birds and alligators.

“Respect”—Winter Park Playhouse

Date: Thursday, April 8, 2021

Cost: \$125 Per Person

Enjoy this high-energy, joyful Off-Broadway musical that takes a look at the lives of women reflected in popular 20th century music. Lunch at Cheesecake Factory with dessert!

Memphis—Home of the Blues, Soul & Rock n Roll

Date: April 18-24, 2021

Cost: \$719 Per Person Double

Ireland

Date: June 17-29, 2021

Cost: \$4,799 Per Person Double, incl Airfare

Discover highlights of the entire Emerald Isle!

Lancaster Show Trip & The Dutch Country

Date: September 19-25, 2021

Cost: \$745 Per Person Double

JOIN FOOTPRINTS TRAVEL

Cross Canada By Rail

Date: June 7-19, 2021

Cost: \$6,999 Per Person Double

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CALENDAR OF EVENTS

WICKHAM PARK SENIOR CENTER
2785 Leisure Way
Melbourne, FL 32935

Phone: 321-255-4494
Web: www.bcwpsc.org

NOVEMBER 2020

ACTIVITY	NOT RESUMING IN NOVEMBER	SCHEDULE FOR NOVEMBER
Ballroom Dancing	<input checked="" type="checkbox"/>	
Bingo		Tuesdays & Fridays @ 11:00A
Bone Makers Plus	<input checked="" type="checkbox"/>	
Blood Pressure	<input checked="" type="checkbox"/>	
Bridge: Duplicate	Meets Virtually	Mon., Wed., and Fri. @ 12:30P Thurs. @ 12:15P and Sat. @ 7:00P
Chat	<input checked="" type="checkbox"/>	
Rogue	<input checked="" type="checkbox"/>	
Rubber	RESUMES Nov. 5	Thursdays @ 1:00—4:00P (See article on Page 9)
Bunco	<input checked="" type="checkbox"/>	
Chair Yoga	<input checked="" type="checkbox"/>	
China Painting	<input checked="" type="checkbox"/>	
Euchre	<input checked="" type="checkbox"/>	
Financial Lunch-n-Learn	<input checked="" type="checkbox"/>	
Games: Hand & Foot		Mondays & Fridays @ 9:00A—Noon
Games Galore	<input checked="" type="checkbox"/>	
Greeting Cards	<input checked="" type="checkbox"/>	
Jazzercise Lo		Mon., Wed. & Fri. @ 8:30—9:30A
Line Dancing: Beginners		Tuesdays @ 4:15—5:15P
Intermediate		Tuesdays @ 5:30—6:30P
Mahjong: American	<input checked="" type="checkbox"/>	
Chinese	RESUMES Nov. 4	Wednesdays @ 1:00—4:00P
Mexican Train Dominos		Wednesdays @ 1:00—4:00P
Pinochle		Fridays @ 12:30—4:00P
Poker: Dealers Choice		Tuesdays & Fridays @ 1:00—4:00P
Friendly		Monday @ 1:00—4:00P
Pool (Billiards)		Monday thru Friday @ 8:30A—4:30P
Senior Law	<input checked="" type="checkbox"/>	
Shuffleboard: League Play		Mondays @ 1:00P Saturdays @ 9:00A
Tournaments		Draw - No Two Pro's: Nov. 5 & 6 @ 9:00A Open - Singles: Nov. 19 & 20 @ 9:00A
Silver Sneakers	NEW! STARTS Nov. 2	Mondays @ 4:30—5:30P & Thursday @ 11:00A—Noon (See article on Page 7)
Social Scrabble	<input checked="" type="checkbox"/>	
Strength / Flexibility		Thursdays @ 9:30—10:30A
Tai Chi Class		Wednesdays @ 8:30—9:15A Fridays @ 8:30—9:30A
Watercolor Instruction	<input checked="" type="checkbox"/>	
Zumba Gold		Tuesdays @ 8:30—9:15A

ACTIVITIES & GAMES

Shuffleboard

Mondays @ 1:00P
Saturdays @ 9:00A

Are you looking for an opportunity to get outside and enjoy the fall weather, get a little exercise and make some new friends? Why not try shuffleboard? WPSC has some of the newest and nicest courts in Melbourne. Every Saturday morning at 9 am you can receive one-on-one lessons on how to play. No reservations are required and you will be provided with all the equipment you need to play. Shuffleboard is a game of skill, strategy, and a little luck!

November Shuffleboard Tournaments

The WPSC is hosting two area wide shuffleboard tournaments in November. The tournaments are open to all shuffleboard players, and you do not have to be a WPSC member to play. Registration begins at 8:30A. Play starts at 9A. **(See schedule on Page 6)**. For more information on learning how to play or participating in shuffleboard tournaments, please call **Greg Jones** at 606-219-3994 or e-mail greg.sonesta@gmail.com.

Silver Sneakers

NEW! Starting November 2
Mondays @ 4:30—5:30P and
Thursdays @ 11:00A—Noon
Cost is \$6.00 per class. Must
be a WPSC member to attend.



Kim Marie Billins will be the instructor. Kim is a Melbourne native who recently returned home as a result of the pandemic. With the uncertainty of her professional career as a singer/actress, Kim has decided to turn her focus back to one of her first loves, Health & Fitness. With an extensive background in fitness, she is excited to put her passion and credentials to use right here in her home town and she is elated that the Senior Center has welcomed her to introduce Silver Sneakers to its members. She encourages anyone with even the slightest interest to try it out. ALL fitness levels are encouraged. You won't be disappointed. If you have any questions, feel free to contact **Kim** at 321-652-9105 or email info@fitsis.net.

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Y0040_GHHXDFEN_20_C *No obligation to enroll.

ACTIVITIES & GAMES



OPEN TO THE PUBLIC: Tuesdays & Fridays

11:15 am—2:00 pm

Doors Open @ 10:00 am – Early Bird Starts at 11:15 am

Play 29 games including early-bird, two 50/50 games and one Winner-Take-All game. Packages start at \$6. Bingo payouts will be adjusted based on attendance.

Kitchen open from 10:00 am to 11:30 am, with a limited menu (snacks, pizza and hotdogs).

To comply with CDC guidelines designed to ensure safety during the COVID-19 pandemic, the following plan will be in effect:

- Six-foot tables are set up to accommodate two (2) people per table (one on each side at opposite ends). Players wishing to sit more players per table may do so at their own discretion.
- Attendance may be limited due to table space available. Once all available seats are filled, it may be necessary to turn people away.
- All tables and chairs will be sanitized prior to each session.
- Everyone entering WPSC is required to wear a face mask/covering. Face covering may be removed while bingo numbers are being called, at your own discretion. However, anytime you are walking around the building or interfacing with another individual, a face covering must be worn.
- To ensure accurate contact tracing:
 - All members of the Senior Center must scan their membership cards when they enter the building and show them at the door into the bingo hall.
 - Any non-members will be required to provide a name, email address and/or telephone number information before entering the bingo hall. If you are not a member, we encourage you to join to help us with this effort. Membership is only \$20/year.

Jazzercise Lo

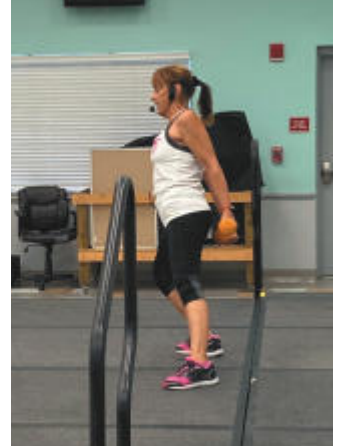
Mondays, Wednesdays & Fridays @ 8:30 am

Join us for a fun and energized Jazzercise Lo class! Start off your mornings dancing away those extra calories using Low Impact moves that yield **MAXIMUM** results! You use muscles, not momentum, to get a total body workout without the impact on your joints.

Your first class is complimentary (no cost) so come and give us a try!

Questions? Contact **Lisa Noegel**, Certified

Jazzercise instructor at 321-506-1385 or jazzitup2005@gmail.com.



Hand & Foot

Mondays & Fridays @ 9:00 am—Noon



ACTIVITIES & GAMES

Line Dancing

Tuesdays @ 4:15—5:15 pm Beginners

Tuesdays @ 5:30—6:30 pm Intermediate

Line Dancing is back in the swing! Open to all members following CDC guidelines.



Beginners getting back into the groove with fun, friendship and exercise!

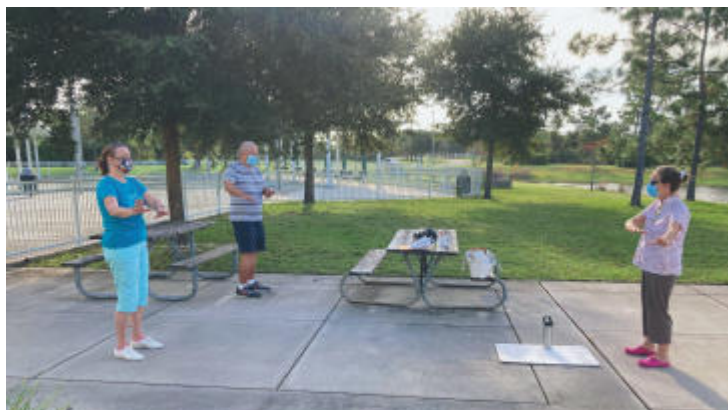


Advanced students so happy to be back together in our beautiful Senior Center. Staying distanced and following all CDC guidelines while exercising for fun and health.

Tai Chi Class

Wednesdays @ 8:30—9:15A

Fridays @ 8:30—9:30A



Rubber Bridge

Thursdays @ 1:00—4:00 pm

Rubber Bridge is happy to be starting up beginning Thursday, November 5 from 1—4:00 pm. Initially there will be some changes as we get started playing again.

- Everyone must be a current member of WPSC.
- Everyone will be required to wear a face mask or face covering.
- We will not be changing tables between games.
- Hand sanitizer will be available at each table.
- Cost will be \$1.00 per person (\$1 bills would be appreciated).
- No prize money will be awarded at this time.
- We will not be putting out a food table.
- Feel free to bring your own cards if you like.

For more information, please call **Janet Walker** at 321-242-3173.

Pinochle

Fridays @ 12:30—4:00 pm



GENERAL NEWS

Our “STARS” Sponsors

The Officers and Membership of Wickham Park Senior Center appreciate the continued support of our many Sponsors. As an all volunteer run organization the continued financial support allows us to offer Activities and Social events for our members.



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Gold Level:

VICTORIA LANDING

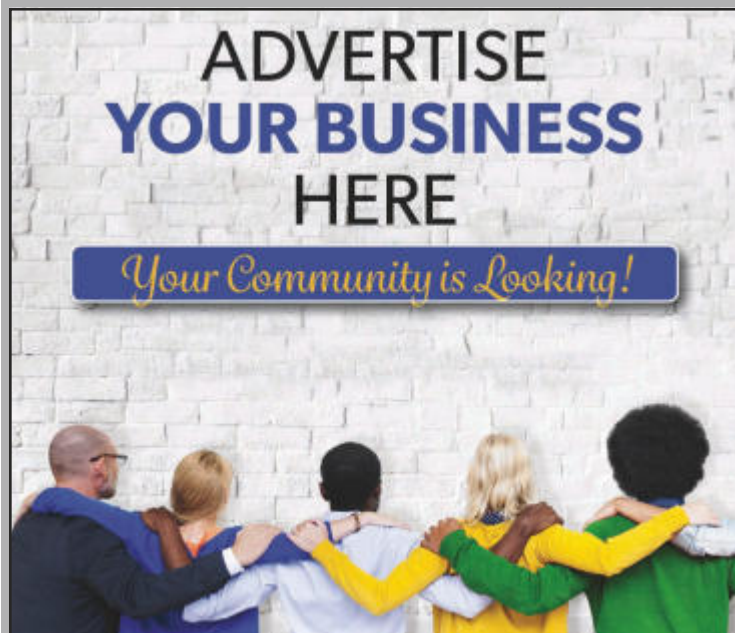
Silver Level:

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GENERAL NEWS

Meet Our Staff

Officers

President:	Diane Weinzierl
1st Vice President:	Pam Page
2nd Vice President:	Vincent Germann
Secretary:	Lynn Higginbotham
Treasurer:	Dick Robinson

Directors

Louise Andsager	Peggy Miles
Deana Booth	Beverly Morgan
Diane Butler	Judy Schultz
Barbara Holliday	Jaqueline Williams
Gary McGuire	

Staff

Systems Admin:	John Efird
IT Staff:	David Leacock John Turner
Sunshine:	JoAnn Efird
Newsletter:	Nilda Rosario

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to:
WPSCnews@cfl.rr.com

Welcome

New Members in September

Debra Breyette	Charmaine Mortimer
Patrick Campbell	Donna Mroz
Linda Corcoran	Paulette Mulholland
Donna Delaney	Lisa Noegel
Gwen Ferguson	Bryan Pender
Michelle Goldstein	Debra Pender
Gloria Handling	Victoria Ramos
Jeff Handling	Pamela Richmond
Nancy Johnson	Wendy Schieke
Leroy Lamb	Mine Scott
Linda Lancaster	Karen Siler
Catherine Lawrence	Kerry Siler
Edith Little	Kim Starrak
Kathy Matalone	Joi Swartz
Marie McCafferty	Diane Tuggle
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