



Friendship Flyer

2785 Leisure Way
Melbourne, FL 32935
(321) 255-4494

Monday-Friday: 8:30 am—4:30 pm

Saturday & Sunday: CLOSED

www.bcwpsc.org

NOVEMBER 2022



President's Message



Diane Weinzierl

I hope you're planning to attend our **Annual Meeting** this year which is being combined with a **Wine & Cheese Reception on Friday, December 2 from 4:00 to 6:00 pm**. The event is **FREE** to all members - just be sure to sign up ahead of time so we can ensure we have enough food and beverages available. ***This year's agenda will include the approval of changes to the By-Laws. Copies of the proposed revisions will be available at the Front Desk.*** Please make yourself familiar with the changes before the meeting so a meaningful discussion can be held. You'll also have an opportunity to meet the nominees running for the 2023 Board of Directors. **Elections will be held December 5-9** this year.

This year the Board voted to participate in two programs giving back to others less fortunate. **Watch for the tags from the Salvation Army on our Angel Tree** later this month where you can provide gifts to benefit seniors in the area. We'll also have a **"Toys for Tots"** box in the lobby where you can drop off toys as well.

Our Texas Roadhouse fundraiser is off to a good start and will continue through Friday, November 4. The gift cards can be used anywhere in the country, they never expire and best of all, the Center earns 10% of all Texas Roadhouse gift card sales. A special thanks for Elaine Sams for spearheading this effort. Come in and get your Christmas shopping done early – just see Elaine or anyone in the Travel Department any day between the hours of 9 am – 1 pm.

As we prepare to celebrate Thanksgiving with our families, I would like to offer my thanks to all of our Volunteers, our Board of Directors, our Program Managers, our Sponsors, and lastly each and every one of our members for your support this past year. Everyone works hard to make sure that WPSC is a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs.

On behalf of all our volunteers, program managers and sponsors at Wickham Park Senior Center, I'd like to wish you and your family a **HAPPY and HEALTHY THANKSGIVING**.

Mission Statement

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"



UPCOMING KEY DATES

- **NOVEMBER 4:** Friday Night Dinner
- **NOVEMBER 23-26:** Closed for Thanksgiving Holiday
- **DECEMBER 2:** Annual Meeting Wine & Cheese Reception (FREE to Members) 4:00 – 6:00 PM
- **DECEMBER 5-9:** Board of Directors Annual Elections
- **DECEMBER 11:** Volunteer Lunch & Show 12:00 – 4:00 PM
- **DECEMBER 23-26:** Closed for Christmas Holiday

WPSC Fundraiser

Only a few days left to support Wickham Park Senior Center fundraiser. Please consider buying some gift cards for Texas Roadhouse.



The center will earn 10% of each gift cards value. Cards can be purchased through the travel office Monday thru Friday from 9:00 am—1:00 pm. The cards can be used at any Texas Roadhouse throughout the United States. The cards make great holidays gifts.

We accept cash or check made out to Wickham Park Senior Center. Promotion ends November 3. Cards available for pick-up at the Center after 10 am on November 14.

Wishing you a very Happy Thanksgiving!

Ally Senior Living Consultants Presentation

Thursday, November 17, 2022
1:00—3:00 PM Media Room 117



Join Senior Consultant **Denise Bilder** for a presentation on understanding Senior Living options. Learn the key facts and tips on choosing a community. Refreshments will be provided.

Need Your Blood Pressure Checked?

Sea Pines will be conducting blood pressure checks at the Wickham Park Senior Center every 2nd Friday of the month, starting on November 11.

In the Spotlight

“Queen Rosalie” Jones

At the Oct. 7 bingo break, our very own Rosalie Jones, who volunteers and co-manages the kitchen at WPSC, was recognized



and crowned “Queen Rosalie” in a surprise coronation ceremony by her “court,” which consisted of four girlfriends, (Cindy, Patti, Janet, and Robbi), for the following:

- 1) For her love and devotion to her family; 56 years of marriage; four children; seven grandchildren; as well as her love for her numerous grand dogs.
- 2) For her lifetime of leadership and participation in sports, including basketball, volleyball and softball during her youth, as well as her skillfulness and finesse in pickle ball currently.
- 3) For embracing modern technology as well as her willingness to assist others as they navigate the challenges that come along with all electronic devices.
- 4) For the many years she served as a High School Teacher of French, Spanish, and German.
- 5) And last but certainly not least, the many years she has volunteered at BINGO and served her now famous homemade egg salad sandwiches to the participants at the Wickham Senior Center.

Queen Rosalie’s sense of humor and quick wit make her stand out in the crowd. In fact, the day after she was presented with an ornate scepter, royal pearls, flowers, and of course a gorgeous, sparkling crown, the four member of her court awoke to a group text from Rosalie which simply read: “Note to self - don’t try sleeping with the crown on.”

While Queen Rosalie performs her duties with grace and ease, those of us who are beneficiaries of her generosity and love for helping others simply say... *We love you Rojo.*

LONG LIVE THE QUEEN!!!

**WICKHAM PARK
SENIOR CENTER***Annual Meeting &
Wine / Cheese Reception***December 2, 2022
4:00—6:00 PM****FREE to All WPSC Members**

Please join us for our Annual Meeting Wine & Cheese Reception to learn more about what's happening at WPSC.

- Vote on proposed By-Law Change
- 2022 Accomplishments
- How your money was spent in 2022
- Meet your nominees for the 2023 Board of Directors.

All attendees will have a chance to win one of several raffle prizes, including a **\$25 Gift Card**.

To ensure we have enough food and beverages on hand, as well as a quorum, please sign-up at the sheet available at the front desk no later than **Wednesday, November 30**.

Sponsored By: **CarePlus**
HEALTH PLANS



OCTOBER FALL DINNER



Happy 99th Birthday, Doris!

Doris Vaughn is a member of the Pinochle Group and was caught off guard when we all surprised her for her 99th Birthday. It was a very happy, emotional event for all.



Doris always brings joy to the group and is the Queen of the group. She is one of the very best players and strives to provide a warm friendly atmosphere for all. Doris knows how to spark the interest and play of all playing at her table. Yes, she has her favorite seat at the table and usually brings her bag of treats that she quickly shares with everyone.

Everyone in the group loves and respects Doris and cherishes each and every game played with her. Doris is witty, spunky, friendly, patient and loving with everyone and rarely, if ever, has a harsh word about anyone. We look forward to many years of experience given to us from Ms. Doris Vaughn.

Annual Enrollment Plan Classes

November 11, 17 & 18, 2022 / Media Room 117

Coming in November is the Annual Enrollment Plan (AEP) update classes with information sharing about Medicare Health Insurance and changes in 2023. Some of our Health Insurance Sponsors have coordinated with your Executive Board for dates and times for the classes conducted by these sponsors:

- November 11 Simple Health (Florida Blue)
- November 17 Ally Health
- November 18 United Healthcare

If interested, check out the flyers posted at the Sign-Up Table near the front desk or find flyers posted on the bulletin boards. You **MUST** sign-up to attend or participate, as the seating is limited.

The sponsors currently scheduled for classes are: Humana, Steward JUVO, Ally Health, United Health Care, and Simple Health (Florida Blue). These classes are helpful if you have questions about your current Medicare Plan or Supplemental Plans.

There is **NO COST** associated with the classes. Any questions about the time, location or which sponsor is hosting, can be directed to Gary McGuire at the Wickham Park Senior Center.

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CALENDAR OF EVENTS

WICKHAM PARK SENIOR CENTER
2785 Leisure Way
Melbourne, FL 32935

Phone: 321-255-4494
Web: www.bcwpssc.org

NOVEMBER 2022

ACTIVITY	SCHEDULE FOR NOVEMBER	NOTES
Ballroom Dancing	Mondays @ 6:30P for Advanced Ballroom Class; Mondays @ 7:30P for Beginner Class	
Bingo	Tuesdays & Fridays @ 11:15A—2:00P	
Bones and Balance	Mondays @ 10:00—11:00A; Register @ 9:45A	
Bridge: Beginner Class	Saturdays @ 11:00A with Pam Page For Virtual Classes please see our website at www.bcwpssc.org and click "Bridge" icon	
Duplicate	On-Site Classes on Mon., Wed., & Sat. @ 12:30—4:00P Virtual Classes Thursdays @ 12:15P on the BBO platform	
Chat	Fridays @ 9:30—11:00A	MEETS VIRTUALLY
Rogue	Tuesdays @ 12:15—4:00P	
Rubber	Thursdays @ 1:00-4:00P & Saturdays @ 12:30-3:30P	
Bunco	1st & 3rd Thursdays (Nov. 3 & 17) @ 12:30—4:00P	
Chair Yoga	Tuesdays @ 3:00—4:00P	
Chefs for Seniors	Next Class is November 10 @ 11:00A—12:30P Sign-up Sheet at Front Desk	
Euchre	1st & 3rd Wednesdays (Nov. 2 & 16) @ 6:00—9:00P	
Hand & Foot	Mondays & Fridays @ 8:45A—Noon	
Jazzercise Lo	Mon., Wed. & Fri. @ 8:30—9:30A	
Line Dancing	Tuesdays @ 4:15—5:30P	
Mahjong: American	Mondays @ Noon—3:30P Thursdays @ 9:00A—Noon	
Chinese	Wednesdays @ 1:00—4:00P	
Mexican Train Dominoes	Wednesdays @ 1:00—4:00P	
Oil Painting for Beginners	3rd Thursday (Nov. 17) @ 1:00—5:00P Sign up Sheet at Front Desk	
Pinochle	Mondays & Fridays @ 12:15—4:00P	
Poker: Dealers Choice	Tuesdays & Fridays @ 11:30A—4:00P	
Friendly	Mondays @ 1:00—4:00P	
Pool (Billiards)	Monday thru Friday @ 8:30A—4:30P Saturdays @ 8:30A—12:30P	
QiGong-TaiChi	Mondays, Wednesdays & Fridays @ 8:30—9:30A	
Rummikub	Wednesdays @ 1:00-4:00P	
Senior Law	4th Friday of the Month (Nov. 25) @ 2:00—4:00P Sign up Sheet at Front Desk	
SHINE	Tuesdays & Thursdays @ 9:00A—Noon	
Strength / Flexibility	Thursdays @ 9:30—10:30A	
Shuffleboard: Open Play	Saturdays @ 9:00A—Noon	
Shuffleboard: Tournaments	<ul style="list-style-type: none"> Jan. 19-20, 2023, 8-5 pm: Open Any Doubles Mar. 9-10, 2023, 8-5 pm: No Two Pros Any Doubles 	
Watercolor Instruction	Wednesdays @ 9:45A—12:30P	

Program details and times are subject to change. Please check the daily schedule at the Front Desk for the latest information.

NEW UPDATES

Ballroom Dancing & Swing Lessons

Mondays @ 6:30 Advanced / @ 7:30 Beginner
Cost: \$8.00 per Class for Members
\$10.00 per Class for Non-Members



Classes change every month. Welcome Singles and Couples! Any questions? Please contact **Chris Marcelle** at 321-258-5916.

BINGO

TUESDAY & FRIDAY—Open to the Public!

11:15 am—2:00 pm; Doors Open @ 10:00 am
Early Bird @ 11:15 am

Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more info, contact **Brenda Clarson** at 321-258-8837.

Bones & Balance

Mondays @ 10:00 am—11:00 am
Cost: \$5.00 Members / \$7.00 Non-Members

Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.



Bridge (Duplicate)

On-site Classes: Mon., Wed. & Sat. @ 12:30P
Online Classes: Thurs. @ 12:15 pm on the BBO platform
Cost: On-site classes \$6.00 / Online classes \$5.00

Duplicate bridge classes have resumed on-site Monday, Wednesday and Saturday. Virtual online classes are also available. For the online schedule, please check out the latest on the website under the Bridge tab. Contact **Pam Page** at 321-537-0907 or pam.page@bellsouth.net for bridge-related questions.



Bridge (Rogue)

Tuesdays @ 12:15—4:00 pm
Cost: \$1.00 Members / \$3.00 Non-Members
 Contact **Patricia Rosenthal** at 321-626-5419.

Bridge (Rubber)

Thursdays @ 1:00—4:00 pm
Saturdays @ 12:30—3:30 pm
Cost: \$2.00 Members / \$4.00 Non-Members



Come on out for an afternoon of enjoyment at the bridge table. Any questions? The point of contact for Thursday is **Janet Walker** at 321-242-3173 and the point of contact for Saturday is **Gayle Schanck** at 541-821-7070.

Bunco

1st & 3rd Thurs. (Nov. 3 & 17) @ 12:30—4:00 pm
Cost: \$6.00 Members / \$8.00 Non-Members

Bunco is played on the 1st and 3rd Thursday of each month. We play four rounds. After two rounds, we have a break for refreshments. We supply coffee and water. Players may bring lunch items, snacks or desserts to share. **Linda Peglow** is taking over as full program chairperson. **Peggy Miles** will be helping out as well. Please contact Linda at 321-549-9893 to reserve your Bunco space.



WP Duplicate Bridge Club

The following bridge education classes are now open for enrollment:

Declarer Play for Newer Players/Intermediates - Starts Anytime or Day Cost: \$40

This course consists of 9 2-hour videos on the various topics of declarer play. An instructor will be available to answer any questions. Here is a list of topics that will be covered: General techniques: taking your tricks, hold up plays, finesses, safety plays, and using clues from the bidding; No-Trump Contracts: planning, and setting up suits; Suit contracts: planning, ruffing in the short hand, using trumps to set up a suit, drawing trump at the right time, and avoiding a ruff.

Enroll/Questions: Dave Hoffman at 321-795-3695 or email davehoffma@gmail.com

Popular Conventions Class - Starts Anytime or Day Cost: \$40

This course consists of 9 2-hour videos covering all the basic conventions needed to play competitive bridge. In addition, each class will have a "Think Like a Pro" problem to teach thought processes needed to play bridge successfully. The following conventions will be covered: Stayman; Transfers (Jacoby and Texas); Strong 2 openers and Slam Bidding; Negative doubles, support doubles; Jacoby 2NT; Two-suited overcalls (Michaels & Unusual NT); New Minor Force, Jordan; Slam Bidding; Defensive carding/signaling

Enroll/Questions: Dave Hoffman at 321-795-3695 or email davehoffma@gmail.com

Chair Yoga

Tuesdays @ 3:00—4:00 pm/Sign-in @ 2:45 pm
Cost: \$1.00 Members / \$3.00 Non-Members

This class is designed to help with overall wellbeing for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.



Chef for Seniors

Cost: \$6.00 Members / \$8.00 Non-Members
Classes @ 11:00 am—12:30:

- **November 10: Thanksgiving Dishes**

Join **Chef Jillian** for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting. Please sign up at front desk to reserve your spot.



All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.

Euchre

1st & 3rd Wed. (Nov. 2 & 16) @ 6:00—9:00 pm
Cost: \$5.00 Members / \$7.00 Non-Members

Sign up begins at 5:30. Please be signed up and ready to play by 6:00 pm. Enter through the front door and sign in per senior center protocol. For more information or any questions, please contact **Jay Koeller** at 321-794-6400.

Hand & Foot Card Game

Mondays & Fridays 8:45 am—Noon
Setup @ 8:30 am

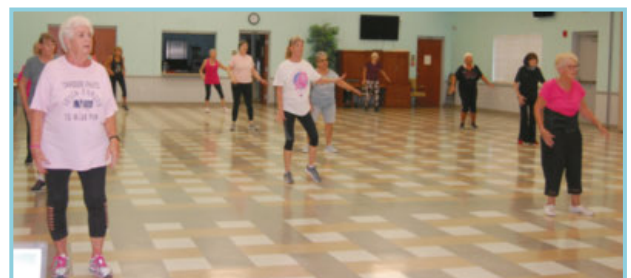
Cost: \$1.00 Members / \$3.00 Non-Members

Join this group of friendly and competitive players for a time well spent. Contact **Beverly Morgan** at 303-458-8273 for more information.

Jazzercise Lo

Mon., Wed., & Fridays @ 8:30—9:30 am
Cost: \$40.00 per Month or \$10.00 per Day

Join us for a fun and energized Jazzercise Lo class. Start off your mornings dancing away those extra calories using Low Impact moves that yield MAXIMUM results! You use muscles, not momentum, to get a total body workout without the impact on your joints. Contact **Ginny Parker** at 321-698-0445.



Line Dancing

Tuesdays @ 4:15—5:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

Come join us for some FUN FALL FANTASTIC DANCING. Line Dancing for Fun and Exercise is a great way to relax from those everyday stresses and meet some really fun new friends. No experience is necessary! We are keeping our body moving and mind motivated. Classes are for FUN, HEALTH, and EXERCISE! Call Sue for more information at 321-505-0846.



Mahjong

American: Mondays @ Noon—3:00 pm & Thursdays @ 9:00 am—Noon

Cost: \$1.00 Members / \$3.00 Non-Members

Chinese: Wednesdays @ 1:00—4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members



Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! If you have any questions, contact **Patricia Rosenthal** at 321-626-5419 (American) or **Michael** at 321-537-7094 (Chinese).

Mexican Train Dominoes

Wednesdays @ 1:00—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Mexican Train Dominoes is a simple, easy to learn dominoes game. We enjoy playing and we would love to have you come play with us too. Contact **Cora DiCecilia** at 321-254-5014.

Oil Painting for Beginners

3rd Thursday of Each Month

November 17 @ 1:00—5:00 pm

Cost: \$40.00 PP (Includes All Supplies)

Come paint a beautiful landscape painting with us. Classes will be held on the **third Thursday of each month**; an overflow class will be held on the first Thursday of the month if there is enough interest. Please call the Center 321-425-5533, or come in to the front desk and sign up.

October's wonderful **Cape Florida Lighthouse** was a lot of fun for the class.

Since November is getting cooler, and we are into the Fall season, we'll be painting this beautiful Fall scene from Northern Florida, **Autumn Meadow**.



All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, just six participants, so Hobo Bob has plenty of time to work with you as you paint your masterpiece.

Pinochle

Mondays & Fridays @ 12:15—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Bill Mueller** at 321-242-4999 (Mondays) or **Cathy Decker** at 321-432-7813 (Fridays).

Poker (Dealers Choice)

Tuesdays & Fridays @ 11:30 am—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Kit LaLonde** at 954-260-0687.



Poker (Friendly)

Mondays @ 1:00—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Attention: Players Needed! Pennies Only. Call ahead to attend. Contact **Vinnie Germann** at 321-253-6155.**Pool (Billiards)**

Monday thru Friday @ 8:30 am—4:30 pm

Saturdays @ 8:30 am—12:30 pm

Tournaments: 2nd Wednesday of Every Month

Cost: \$1.00 Members / \$3.00 Non-Members

Plus \$.50 per Day or \$2.00 per Week

YE OL Pool Room 8-Ball Tournament Results of October 12, 2022:

1st: Det Schmitz

3rd: Dale Foster

2nd: Jerry Bertekip

4th: Bill Beig

Next tournament is November 9. Questions? Please contact **Wally Topinko** at 716-830-5978.**QiGong-TaiChi**

Mon., Wed., & Fridays @ 8:30—9:30 am

Cost: \$5.00 Members / \$7.00 Non-Members

For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them. According to researchers, one of the most promising interventions is TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. Contact Laura Parsons, Certified Instructor at 321-474-5374.



Laura encourages all students to use this video link for her Virtual Lessons:

<https://vimeo.com/725746222/32c449b5c5>



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Rummikub

Wednesdays @ 1:00—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Questions? Contact **Rosalie Novak** at 321-610-8021.

Senior Law

4th Friday of Each Month: Nov. 25 @ 2:00—4:00 pm

Cost: Free to all WPSC Members

The Slonim Law Firm invites you to attend a FREE seminar and question/answer session on the 4th Friday of each month at WPSC Room 117. We will cover topics such as:

- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Living Wills
- Digital Assets
- Medicaid and Asset Protection Options
- Guardianships
- Probate Matters
- General Dementia Issues

Seating is limited. Please sign up at the front desk. Questions? Please call the Law office at 321-757-5701.

Shuffleboard

Open Play: Sat. @ 9:00 am & Thurs. @ 6:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

(see Tournament Schedule on page 6)

For more information on learning how to play or participating in shuffleboard tournaments, please call **Greg Jones** at 606-219-3994 or email:

greg.sonesta@gmail.com



Strength/Flexibility

Thursdays @ 9:30—10:30 am

Cost: \$4.00 Members / \$6.00 Non-Members

Fitness Unlimited by Design presents a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps with posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We are working on core, arm and leg strength. Go at your own pace and feel the antiaging begin. Come join us, no need to sign up, just show up. For more information, contact **Susie Salvetti** at 321-626-0282.



Watercolor Instruction

Wednesdays @ 9:45 am—12:30 pm

Cost: \$6.00 Members / \$7.00 Non-Members

Classes held in the computer room. Bring your own supplies, smiles and good attitudes! Relax, enjoy the process and camaraderie. All levels welcome! Any questions, please contact **Judy Champion** at 321-312-9155 or email judy.champion325@gmail.com.



Wickham Park Senior Center is not equipped, nor intended to be a senior care facility. WPSC activities are geared toward independent adults who are able to manage their own care, decisioning making and safety. WPSC's insurance prohibits, and WPSC cannot be responsible for, the provision of physical assistance to individuals on the premises. If an adult companion is needed, the companion may participate in the activity if they desire, regardless of age, and must pay all fees associated with the activity. WPSC reserves the right to prevent persons from being on premises if the WPSC leadership believes that person would cause harm to themselves or others.

The WPSC Travel Office is OPEN Monday—Friday, 9:00 am—1:00 pm
 For more information and reservations, please call Wickham Park Travel at 321-425-5530.

Love to travel but don't want to be bothered with planning? Let us do the work for you. There is still time to sign up for one of our trips this year, but don't wait too long or you may miss out. We have an "I'm Interested" list at the Travel window where you can provide your information and we will call you to remind you about future trips.

Jersey Boys & Lunch—Maltz Jupiter Theatre

Date: November 13, 2022

Cost: \$169 Per Person

Follow the journey of Frankie Valli and The Four Seasons. Award winning musical! **Only 7 seats left!**

St. John's River Cruise

Date: November 16, 2022 (DATE CHANGE)

Cost: \$135 Per Person

Due to rising water levels, it was necessary to make this change. Take advantage of this new date, sign up and enjoy superior food, live music and dancing.

Hard Rock Casino Tampa

Date: December 1, 2022

Cost: \$55 Per Person

We had several requests for this trip. We need a "full" bus (40 or more). Reserve your seat early and let's make this trip happen!

St. Augustine Tour of the City & Tour of the Christmas Lights

Date: December 7, 2022

Cost: \$125 Per Person

Transportation, 1 Hr. Trolley Tour of the City, 30 min. Trolley Ride thru Christmas Lights. Just in time to put you in the Christmas Spirit! Sing along with the Carolers. A fun and exciting day! **Selling out fast, sign up TODAY!**

Our Travel Volunteers are working hard to select new and exciting trips for the 2023 year. Here's a preview of trips coming in 2023. Watch for more details in the Travel Office and in the December Newsletter.

January – Lake Ridge Winery/Yalaha Bakery/Mission Inn

February – Nunsense Musical & Lunch, Winter Park

March – Strawberry Festival, Plant City

March 19-26 – Cruise Mexico, Belize – MSC Meravigla



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OUR SPONSORS

The Officers and Membership of Wickham Park Senior Center appreciate the continued support of our many Sponsors. As an all volunteer run organization, their continued financial support allows us to offer Activities and Social events for our members.

Diamond Level Sponsors



At Cigna, we are more than a health insurance company. We are your partner in total health and wellness. In addition, we are here for you 24/7 – caring for your body and mind.

Dry Eye Center of Florida is the first and only clinic in Central Florida dedicated to the diagnosis and treatment of dry eye disease. We combine the latest research and technology to successfully relieve our patients' dry eye symptoms and achieve the best patient outcomes. Dr. Ramsower has provided comprehensive eye care in Brevard County since 2005. She is known for her compassion and dedication to her patients' overall wellness and is happy to take care of all their eye care needs.

Health First Health Plans, a not-for-profit, Brevard County-based company with local customer service, has been serving Brevard County for more than 20 years. Our Medicare Advantage plans offer everything original Medicare offers plus additional benefits.



As an elite health insurance brokerage, JUVO's mission is to enhance the health and lives of individuals and communities. We are dedicated to deliver in high-quality affordable healthcare for all.



At Simple Health Advisors, we do exactly what our name says, we make health insurance simple. We understand that there are many companies available for you to choose from and we take pride in helping you do just that. With over 15 years of experience our goal is to educate and un-complicate the insurance shopping experience.



The Slonim Law attorneys are focused on Elder Law (Probate, Guardianship, Estate Planning & Medicaid Planning) in Brevard County (Melbourne, Viera, and Palm Bay) and Osceola County. We take pride in working closely with our clients to ensure that they obtain the best representation for the value. Helping people is our job. Preserving our client's rights and interests is our focus.



When it comes to Medicare, one size definitely does not fit all. What works well for your neighbor may not be the best fit for you. With multiple Medicare Advantage plans to choose from, United Healthcare can help you find one that fits your health care coverage needs and your budget.

Life's challenging moments call for a special brand of care guided by love and compassion. Since 1977, we have served as Brevard's only independent, not-for-profit comfort care resource, helping patients and those they love during the most delicate times in their lives. St. Francis Reflections Lifestage Care offers a diverse range of compassionate care services including palliative care, hospice and grief support for all ages.



VITAS Healthcare is here to help healthcare providers ensure the best end-of-life care for their patients.

Gold Level Sponsors



Brevard Alzheimer's Foundation provides thousands of hours of adult daycare, senior meals, transportation, and provided 13,885 hours of in-home respite. We touch many other families through case management, caregiver education, and support groups and our goal is to keep families together for as long as possible.



The Auto Group (ACG) is a part of AAA-affiliated insurance companies that are nationwide. ACG is the second largest AAA club in North America, providing insurance, travel, financial and other services to over nine million members. ACG is spread across 11 states plus Puerto Rico and U.S. The offerings will from ACG vary based on location.



Mike and Jeanne are Senior Real Estate Specialists (SRES) who have received additional training in senior real estate. They understand the real estate needs of seniors are different than just a regular real estate transaction. Whether you are looking to retire, downsize, move to an active adult community, or just need some help with your housing options, Mike and Jeanne are there to help.



The comfort of home can't be beat. Home Instead services let people flourish in the everyday life they already know and love – while getting a little help to stay independent and mobile. From personal care to Alzheimer's care to transportation, Home Instead services make life easier for seniors and their families.



There is nothing quite like the warmth and hospitality found in Greenwood Place, offering a safe, comfortable home surrounded by friends and a caring team that caters to your individual needs. Assisted Living residents enjoy restaurant-style dining, daily fitness and exercise classes, and a full calendar of educational, cultural and social events.



Sea Pines Rehabilitation Hospital serves the Space Coast as a leading provider of inpatient physical, occupational and speech therapies. We help patients recover from a variety of injuries and ailments including stroke, orthopedic and cardiac recovery. We provide high quality personal care to meet the individual needs of our patients.

Meet & Greet Sponsors

Our monthly Meet & Greets with our sponsors have started back up on Tuesday and Friday mornings from 9—11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them.

- Tuesday, November 1: Ally Senior Living Consultants
- Friday, November 4: JUVO Steward
- Tuesday, November 8: Humana
- Friday, November 11: Sea Pines Rehab. Hospital
- Friday, November 18: VITAS Healthcare
- Friday, November 18: United Healthcare
- Tuesday, November 22: EXP Realty

Welcome

New Members in September

Aicher, Jana	Keeling, Jeanne
Bagley, Linda	Kim, Bea
Batterson, Aida	Lampertz, Colleen
Batterson, Lawrence	Lampertz, Rick
Binkley, Bill	Leonard, Barbara
Bradfield, Susan	Meguid, Omar
Brindley, Lesley	Najger, Sharon
Burks, Annie	Nettles, Iluminada
Burks, Chris	Nixon, Beth
Canterbury, MaryAnn	Nolan, Maria
Carter, Terri	Pace, Susan
Chenes, Tessie T	Petrou, Sharon
Chesniak, Irene	Robards, Ellen
Connor, Nancy	Runaas, Cathy
Crawford, Laura	Sholtes, Barbara
Dreves, Betty	Skipper, Dormer Jeanne
Greene, Lana	St. John, Edward
Himes, Sheila	Wallace, Vincent
Jackson, Carl	Wamback, Wayne
Jackson, Earlene	Zermeno, Jesse
Jones, Donna	

2022 Wickham Park Senior Center Holiday Closures

(Updated 3/14/2022)

To enable our volunteers to spend more time with their families during the upcoming holiday season, Wickham Park Senior Center will be closed on the following dates:

- **Thanksgiving Holiday:**
 - Wednesday, November 23
 - Thursday, November 24 (Thanksgiving)
 - Friday November 25 (Friday after Thanksgiving)
 - Saturday, November 26
- **Christmas Holiday:**
 - Friday, December 23
 - Saturday, December 24 (Christmas Eve)
 - Monday, December 26 (Day after Christmas)
- **New Year's Holiday:**
 - Saturday, December 31 (New Year's Eve)

Meet Our Staff

Officers

President:	Diane Weinzierl
Vice President:	Gary McGuire
Secretary:	Lynn Higginbotham
Treasurer:	Colleen Barneman

Directors

Lisa Coyle	Pam Page
Ina Fritsch	Ginny Parker
Vincent Germann	Janet Smith
Beverly Morgan	Jaqueline Williams
Rosalie Novak	

Staff

IT Systems Admin:	John Efird
Webmaster:	Maureen Reeder
Sunshine:	JoAnn Efird
Newsletter:	Nilda Rosario

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to:

news@bcwpsc.org

COMMENTS? We value your opinion!

There's a SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPSC!



WPSC Email Addresses

DIRECTORY	EMAIL
WPSC President	president@bcwpsc.org
WPSC Secretary	secretary@bcwpsc.org
WPSC Treasurer	treasurer@bcwpsc.org
WPSC Scheduling	scheduling@bcwpsc.org
WPSC Information	info@bcwpsc.org
WPSC Webmaster	webmaster@bcwpsc.org
Travel Office	travel@bcwpsc.org
Front Desk Reception	reception@bcwpsc.org
Bridge Club	bridge@bcwpsc.org
Newsletter Editor	news@bcwpsc.org
Systems Administrator	itadmin@bcwpsc.org

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Jerry Hadlock, Jr.

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- Dawn Partlow, Navigating Tax Solutions, Merritt Island, (321) 412-6610

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