



# Friendship Flyer

2785 Leisure Way  
Melbourne, FL 32935  
(321) 255-4494

Monday-Friday: 8:30 am—4:30 pm

Saturday & Sunday: CLOSED

[www.bcwpsc.org](http://www.bcwpsc.org)

NOVEMBER 2023



## President's Message

I can't believe that this year is almost over already. Last month we had several successful fund-raising programs hosted by various board members. From our travel group, **Janice Oppelt** and **Janet Smith** escorted 46 seniors (and one 17-year old) on a fabulous trip to Pigeon Forge/Gatlinburg. **Ginny Parker** and her team spearheaded our Craft/Rummage Sale which featured 44 tables and lots of new faces. She's already planning for the next one in October 2024 which will be even bigger than this year's event. And our annual Halloween Dinner Dance, planned by **Janice Oppelt** and **Colleen Barneman**, was a sold-out, fun-filled event. Watch for the Halloween event photo's in the lobby later this month.



**Diane Weinzierl**

Please **mark your calendar for Wednesday, December 6 from 4:00 to 6:00 pm for our Annual Meeting and Wine & Cheese Reception** (see flyer on page 12). Not only is this the time that we bring you up to speed on all that has happened, and is happening, at Wickham Park Senior Center, but it's also your time to let us know how we're doing to meet your expectations. We'll also have our 2024 Board of Director nominees in attendance so you can meet them prior to the board elections which will take place the week of December 11th. **The Annual Meeting is FREE to all WPSC members.** All that we ask is that if you plan to attend, please sign up ahead of time at the front desk so we'll be sure to have enough food and beverages available for everyone.

The holiday giving spirit is in the air at WPSC. This year your Board voted to donate \$1,000 to Aging Matters to specifically help seniors in Brevard County. We're also excited to join the Salvation Army in their collection efforts to make Christmas special for our Brevard seniors and we hope you'll join us in this effort. Pick one (or more) "angel tags" off the Christmas tree in the lobby later this month, purchase one or more of the requested gifts, and return them, unwrapped, to WPSC no later than Friday, December 8. Thanks to **Bev Morgan** for spearheading this effort. I would also like to thank **Pam and Monty Page** for putting up the Christmas Tree and all of our holiday decorations at the Center each year.

Watch for several new programs starting this month - a Tango Dance Class, 2 CPR classes on November 9, and Corn Hole Tournaments two Sunday afternoons a month. Specific program details can be found in this newsletter.

Lastly, I'd like to express how thankful I am to be part of Wickham Park Senior Center. All of our volunteers, program managers, Sponsors, and members make this a fun play to be. When I think back to how far we've come since those lonely COVID days, I'm so grateful for each and every one of you.

**Have a Safe, Fun, Healthy and Happy Thanksgiving**

## IMPORTANT DATES

- **November 22-25**  
WPSC Closed for Thanksgiving Holiday
- **December 6**  
WPSC Annual Meeting
- **December 10**  
Volunteer Event
- **December 11-15**  
Board of Director Annual Elections
- **December 23-26**  
WPSC Closed for Christmas Holiday
- **January 1, 2024**  
WPSC Closed for New Year's Day

## Mission Statement

**Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.**

**"There are no strangers here, only friends you have yet to meet!"**



The WPSC Board of Directors meetings are held on the 2nd Monday of each month at 9:30 am. The next meeting will be **November 13 at 9:30 am in**

**Room 117.** All WPSC members are welcome to attend.



## Volunteer Needed—Kitchen Manager

Responsibilities Include:

- Management and organization of shared kitchen and kitchen storage area.
- Managing bingo concessions for all bingo activities (9:30 – 1:30 Tuesday and Friday each week) as well as special events from time to time.
- Purchasing specific concession items (food, special plates, gloves, etc.) and provides receipts and/or invoices to Treasurer for payment. WPSC credit card will be provided.
- Maintains a list of all such concession items and the supplier for each item.
- Management of the kitchen volunteer staff.
- Collecting all bingo concession funds and providing an accounting to the Treasurer.
- Being aware of and making sure that current food handling laws are being met.

**Volunteer Applications are available at the Front Desk.**



## Need to Schedule an Appointment with SHINE?

The WPSC SHINE Group is available Tuesdays and Thursdays from 9:00 am to Noon in Room 104. Anyone interested can call 407-514-1800 to schedule an appointment. No fee required!

## Support the Bunco Fundraiser!

DATE: **Sunday, November 5, 2023**  
 TIME: **1:00 pm—4:00 pm**  
 PLACE: **Wickham Park Senior Center**  
 DONATION: **\$20.00 to Play**

Join the fun while supporting the American Cancer Society! There will be prizes, raffles, food and more! You must sign up to play. Table space is limited. Bring a dish or finger food to share. To reserve a space, call or text **Ginny Parker** at 321-698-0445.



## Veteran & Medicare 101 Benefits Information Session

DATE: **Monday, November 6, 2023**  
 TIME: **10:00—11:00 am**  
 PLACE: **Wickham Park Community Center**

Cigna, one of the WPSC Diamond Level Sponsors, is hosting a Veteran and Medicare 101 Benefits Information Session next door at the Community Center on Monday, November 6 starting at 10:00 am. This session will be presented by **Patricia Comesanas** and **Randy Beck**. To attend, please sign-up at the Community Center. We are seeking any and all Veterans in our membership at the Wickham Park Senior Center to sign-up and attend this valuable session to learn about the updates coming in 2024.



Jacque Biggers Nicola, 88, passed away peacefully on August 20, 2023.

She lived a full life filled with adventure, knowledge, and a deep devotion to her husband and family. She

was a passionate bridge player who obtained an ACBL Life Master rating in duplicate bridge and served as a duplicate bridge director at the Suntree Country Club.

"Jackie" will be missed by her many bridge friends at Wickham Park Senior Center. She brought grace and elegance to our club.

## Wickham Park Senior Center “Hands Only” CPR Program

*(PROVIDED BY EMETS, INC.)*

**When:** Thursday, November 9, 2023  
**Hours:** 10:00 am – 12:00 pm OR 1:00 – 3:00 pm  
**Cost:** \$25 Cash or Check Payable to Emets, Inc. Collected on the Day of Class.

**Sign up is required prior to class at WPSC!**  
 Class minimum of 6 people, maximum of 12 people.

### What is Hands-Only CPR?

Hands-Only CPR is CPR without mouth-to-mouth breaths. It is recommended for use by people who see a teen or adult suddenly collapse in an “out-of-hospital” setting (such as at home, at work, or in a park). It consists of two easy steps:



- Call 911 (or send someone to do that).
- Push hard and fast in the center of the chest.

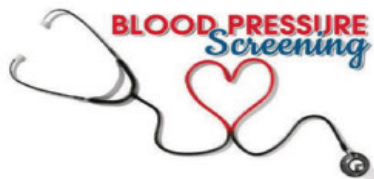


The WPSC would like to thank the staff of the Hobbs Pharmacy for providing the Flu Vaccinations here at the Senior Center in September and October. If you didn't get your Seasonal Flu Vaccination this

year, we'll try to have them return again in 2024. Don't forget to stay up to date with vaccinations.

## Need Your Blood Pressure Checked?

Sea Pines will be conducting blood pressure checks at the Wickham Park Senior Center every 2nd Friday of the month (**November 10**) at 9:00-11:00 am.



## Looking for a Worthy Charitable Donation Organization?

Wickham Park Senior Center is a 501(c)3 charitable organization and as such is eligible to receive charitable donations. We would like to thank the following people for their generous donations to WPCS in FY2023.



- Kathleen & Andrew Cole
- Nancy Colwell
- Lenora Kippeny
- Lawrence Nicola – For the Duplicate Bridge Club in memory of Jacque Nicola

### In Memory of John Cerovich:

- Barbara Cerovich
- Thomas Bonarrigo, Jr.
- Beverly & Ed Burkey
- Harriet Roderick
- Edward & Patricia Gulakowski

If you find you have extra funds in your charitable donations bucket anytime during the year, please consider donating to WPSC.

## Doris Vaughan 100th Birthday Celebration

The Pinochle Group and Wickham Park Senior Center celebrated the 100th Birthday of longtime member Doris Vaughan.

When asked how the cake tasted, Doris replied, 'it was her 4th cake for her birthday.' Doris turned 100 on October 8th 2023 and remains a significant contributor to the Center and her Pinochle groups every Monday and Friday from 1230 until 4:30pm.



The WPSC Travel Office is OPEN Monday—Friday, 9:00 am—1:00 pm  
For more information and reservations, please call Wickham Park Travel at 321-425-5530.

## Stetson Mansion Christmas House Tour (incl. Lunch at Cooks Restaurant)

**Date:** November 15, 2023

**Cost:** \$164 PP (NO REFUNDS AFTER NOV. 1, 2023)

**Time:** 10:00 am—5:00 pm

The 1886 Stetson Mansion is the largest and most spectacular “Gilded Age” residence ever built in Florida before 1900. The grand Victorian mansion has had all of its original rich architectural details restored. You will walk on 16 stunning original mosaic parquet floor patterns. The Stetson Mansion is Florida’s most historic home, but it is not a museum. It is a private residence that is lived in and welcomes guests this time of year with over the top elegant and reverent adult holiday decorations. The owner/designer might stop in to say hello to your group.

Almost  
SOLDOUT!  
Only  
4 Seats  
Left!

## Titanic First-Class Dinner Gala

**Date:** December 2, 2023

**Cost:** \$164 PP (NO REFUNDS AFTER NOV. 18, 2023)

**Time:** Leave WPSC at 1:30 pm / Returning at 10:45 pm

Enjoy a Gala Dinner on the Titanic! Come aboard the “Ship of Dreams” and be a guest at one of the most famous dinner parties on board Titanic. Join Captain Smith, Margaret “Molly” Brown, and additional first-class passengers for a night to remember. The Titanic First Class Dinner Gala includes a Captain’s cocktail party, a tour of Titanic: The Artifact Exhibition, a four-course dinner, and reenactments of the night of April 14, 1912.

## Murder Mystery Dinner Train & Sanibel Museum

**Date:** December 10-11, 2023

**Cost:** \$499 PP Double / \$569 Single Occupancy  
inc. Lunch at the Ford’s Garage Restaurant  
(NO REFUNDS AFTER NOV. 24, 2023)

Sign up now for the Murder Mystery Dinner Train’s Classic Christmas ‘killer thriller’ for an evening of Fun, Food, and Murder! This unique dining experience includes a delicious five-course dinner prepared on board, served at tables of four, with an ongoing comical mystery that plays in the aisles during this fun-filled evening! Enjoy the 3-1/2 hr. train

ride aboard the Seminole Gulf Railway. Costumes encouraged, but optional. After our train ride, we’ll spend the night in Ft. Myers. Following breakfast in the hotel, we’ll travel to Sanibel Museum then lunch at the Ford’s Garage Restaurant.

## A Swingin’ Christmas at the Winter Park Playhouse

**Date:** December 14, 2023

**Cost:** \$159 PP incl. Lunch at the Cheesecake Factory  
(NO REFUNDS AFTER DEC. 1, 2023)

**Time:** Leave WPSC at 10:30 am / Returning at 5:30 pm

Ring in the holidays with this unforgettable evening of quintessential Tony Bennett songs! Featuring 18 classic holiday tunes plus the standards that made Bennett famous, like “I Wanna Be Around,” “The Good Life,” “Rags to Riches” and Tony’s signature “I Left My Heart in San Francisco.” Celebrate the season Tony Bennett style!

## Jersey Boys at the Vero Beach Riverside Theatre

**Date:** January 11, 2024

**Cost:** \$179 PP incl. Lunch at Vincent’s Italian Restaurant  
(NO REFUNDS AFTER JAN. 1, 2024)

**Time:** Show Starts at 2:00 pm

Who knew four guys from New Jersey would turn the world upside down? With a unique sound that nobody had heard, but the radio couldn’t get enough of, Jersey Boys is the Tony Award®-winning true-life musical of Frankie Valli and The Four Seasons. While their harmonies were perfect on stage, their offstage relationships were a different story.

Only  
16 Tickets  
Available!

## Mission Inn, Yalaha Bakery & Mt. Dora

**Date:** January 24, 2024

**Cost:** \$129 PP (NO REFUNDS AFTER JAN. 14, 2024)

**Time:** 8:00 am—5:30 pm

Yalaha Baker is a lovely gem of a German bakery, famous for its yummy, unique baked goods, delicious breads, and cute location. They feature a vast array of baked goods. From Yalaha, we’re off to Howey-in-the-Hills for a relaxing

## WPSC TRAVEL GIFT CERTIFICATE

Date Issued: \_\_\_\_\_ Voucher # \_\_\_\_\_

This certificate is non transferable and can only be used for trips sponsored by Wickham Park Senior Center Travel. Please present to the Travel Office when reserving one of our trips. Expires one year from issue date.

Signature: \_\_\_\_\_

VOUCHER

\$25

Travel Gift Certificates are NOW AVAILABLE  
in our Travel Office in Increments of \$5 to \$100!

Great gift for birthdays, holidays, weddings and more. Membership is not required for Travel. Check out all of our upcoming trips on our website: <https://bcwpsc.org/travel>

and luscious lunch buffet at the beautiful Mission Inn Resort and Golf Club. After our delightful and satisfying lunch, we move on to quaint Mt. Dora for free time to browse, shop, or search for antiques. A wonderful, relaxing day of fun and food!

## Breaking Up Is Hard To Do at the Winter Park Playhouse

**Date:** February 15, 2024  
**Cost:** \$159 PP incl. Lunch at the Cheesecake Factory (NO REFUNDS AFTER FEB. 3, 2024)  
**Time:** Leave WPSC at 10:30 am / Returning at 5:30 pm

This nostalgic musical comedy celebrates the timeless songwriting magic of the legendary **Neil Sedaka!** Set at a Catskills resort in 1960, this humorous and heartwarming musical follows two friends from Brooklyn in search of good times and romance over one wild Labor Day weekend. Featuring 20 of Sedaka's most popular songs including "Laughter in the Rain," "Where the Boys Are," "Sweet Sixteen," "Calendar Girl," "Love Will Keep Us Together," and the chart-topping title song!

## ON YOUR FEET!

### The Story of Emilio & Gloria Estefan at the Vero Beach Riverside Theatre

**Date:** April 18, 2024  
**Cost:** \$179 PP incl. Lunch at Vincent's Italian Restaurant (NO REFUNDS AFTER APR. 6, 2024)  
**Time:** Show Starts at 2:00 PM

Based on the lives and music of 26-time Grammy Award-winning husband-and-wife team, Emilio and Gloria Estefan, *On Your Feet!* is a high-energy celebration of the songs that got the world dancing to the rhythm. From humble beginnings in Cuba and exile in Miami, Emilio and Gloria's passion for music helped them overcome overwhelming odds and personal tragedies. Gloria Estefan is among the most successful crossover artists ever and *On Your Feet!* showcases over 20 of her biggest hits including: "Conga," "1-2-3," "Anything for You," and "Get on Your Feet." Music & Lyrics by Emilio Estefan & Gloria Estefan.



**WPSC Travel will happy to put your name on our "WAIT LIST" for any SOLD OUT trips. Just call us at 321-425-5530.**

**Reflecting life, love and compassion**

**St. Francis REFLECTIONS**  
Lifestage Care

- Hospice
- Palliative Care
- Grief Support

321-269-4240  
[ReflectionsLSC.org](http://ReflectionsLSC.org)

**Kathy Sorrell**  
Field Sales Agent  
Licensed Insurance Agent

---

**The Auto Club Group**

4100 North Wickham Rd., Ste 101  
 Melbourne, FL 32935  
 321-775-4705 Office  
 321-427-0438 Mobile  
[ksorrell@acg.aaa.com](mailto:ksorrell@acg.aaa.com)

**ADT-Monitored Home Security**

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide

Authorized Provider

**SafeStreets**

**833-287-3502**

**WE'RE HIRING!**

**AD SALES EXECUTIVES**

BE YOURSELF.  
BRING YOUR PASSION.  
WORK WITH PURPOSE.

- Paid training • Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community

Contact us at  
[careers@4lpi.com](mailto:careers@4lpi.com) or  
[www.4lpi.com/careers](http://www.4lpi.com/careers)

**Place Your Ad Here and Support our Community!**

Instantly create and purchase an ad with

**AD CREATOR STUDIO**

[lpicommunities.com/adcreator](http://lpicommunities.com/adcreator)

# CALENDAR OF EVENTS

WICKHAM PARK SENIOR CENTER  
2785 Leisure Way  
Melbourne, FL 32935

Phone: 321-255-4494  
Web: [www.bcwpsc.org](http://www.bcwpsc.org)

## NOVEMBER 2023

ACTIVITY	SCHEDULE FOR NOVEMBER	NOTES
Bingo	Tuesdays & Fridays @ 11:15A—2:00P DOORS OPEN AT 10:00A	
Blood Pressure Checks	2nd Friday ( <b>November 10</b> ) @ 9:00—11:00A	
Bob Ross Style Beginners Oil Painting with Hobo Bob	3rd Thursday ( <b>December 21</b> ) @ 1:00—5:00P Sign up Sheet at Front Desk—Limit 6 People per Class	<b>NO CLASS IN NOVEMBER</b>
Bones and Balance	Mondays @ 10:00—11:00A; Register @ 9:45A	
Bridge: Beginner Class	Saturdays @ 11:00A with Pam Page For Virtual Classes please see our website at <a href="http://www.bcwpsc.org">www.bcwpsc.org</a> and click “Bridge” icon	
Chat	Fridays @ 9:30—11:00A	MEETS VIRTUALLY
Duplicate	On-Site Classes on Mon., Wed., & Sat. @ 12:30—4:00P Virtual Classes Thursdays @ 12:15P on the BBO platform	
Party Bridge	Wednesdays @ 12:30-4:00P	
Rogue	Tuesdays @ 12:15—4:00P	
Rubber	Thursdays @ 1:00-4:00P & Saturdays @ 12:30-3:30P	
Bunco	1st & 3rd Thursdays ( <b>November 2 &amp; 16</b> ) @ 1:00—4:00P	
Chair Yoga	Tuesdays @ 3:00—4:00P	
Chefs for Seniors	Next Class <b>November 16</b> @ 11:00A—12:30P Sign-up Sheet at Front Desk	
Chess	Thursdays @ 1:00—3:00P	
Color Pencil Portrait for Beginners— <b>NEW!</b>	Wednesdays @ 9:30—11:00A	
Cornhole Tournaments— <b>NEW!</b>	2nd & 4th Sundays @ 2:00P Set-up and Practice Starting @ 1:00P	STARTING NOV. 12
Euchre	Wednesdays @ 6:00—9:00P	
Hand & Foot	Mondays & Fridays @ 8:45A—Noon	
Jazzercise Lo	Mondays, Wednesdays & Saturdays @ 8:30—9:30A Tuesdays & Thursdays @ 6:00—7:00P Fridays @ 8:30—9:15A	
Line Dancing	Tuesdays @ 4:15—5:30P	
Mahjong: American	Mondays @ Noon—3:30P Thursdays @ 9:00A—Noon	
Chinese	Wednesdays @ 1:00—4:00P	
Pinochle	Mondays & Fridays @ 12:15—4:00P	
Poker: Dealers Choice	Tuesdays & Fridays @ 11:30A—4:00P	
Friendly	Mondays @ 1:00—4:00P	
Pool (Billiards)	Monday thru Friday @ 8:30A—4:30P	
QiGong-TaiChi	Mondays, Wednesdays & Fridays @ 8:30—9:30A	
Rummikub	Wednesdays @ 1:00-4:00P	
Senior Law	4th Friday of the Month @ 2:00—4:00P Sign up Sheet at Front Desk <b>NO SEMINAR IN NOVEMBER &amp; DECEMBER</b>	<b>RESUMES IN JANUARY 2024</b>
SHINE	Tuesdays & Thursdays @ 9:00A—Noon	
Strength / Flexibility	Thursdays @ 9:30—10:30A	
Shuffleboard: Open Play	Saturdays @ 9:00A—Noon	
<b>Tango Dance Class—NEW!</b>	<b>Fridays @ 2:30—4:30P</b>	<b>STARTING DEC. 1</b>
Technical Training & Education Class	3rd Friday ( <b>November 17</b> ) @ 2:30-3:30pm	<b>ON COMPUTERS &amp; CELL PHONES</b>
Ukulele: Beginners	Tuesdays @ 10:30—11:30A	

Program details and times are subject to change. Please check the daily schedule at the Front Desk for the latest information.

**NEW UPDATES**



**TUESDAY & FRIDAY—Open to the Public!**  
**Doors Open @ 10:00 am**  
**Cards Sold @ 10:30 am – 11:30 am**



**Early Bird Starts @ 11:15 am**

Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more info, contact **Brenda Clarson** at 321-258-8837.

**Bob Ross Style Beginners Oil Painting with Hobo Bob**

**NO CLASS IN NOVEMBER**

**3rd Thursday of Each Month: Dec. 21 @ 1—5:00 pm**

**Cost: \$40.00 per person**

**(Includes All Supplies & WPSC Costs)**

TRY SOMETHING NEW. These classes are easy and fun for BEGINNERS!! Come join us for a lot of fun!! Come paint a beautiful landscape painting with us. Classes will be held on the **3rd Thursday of each month (No Class in November)**. Please call the Center 321-425-5533, or come into the front desk and sign up. The class is small, just 6 participants, so Hobo Bob has plenty of time to work with you as you paint your masterpiece. All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes.

**Bones & Balance**

**Mondays @ 10:00—11:00 am**

**Cost: \$5.00 Members / \$7.00 Non-Members**

Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.

**Duplicate Bridge**

**On-site Classes: Mon., Wed. & Sat. @ 12:30P**

**Online Classes: Thurs. @ 12:15 pm on the BBO platform**

**Cost: On-site classes \$6.00 / Online classes \$5.00**

Duplicate bridge classes have resumed on-site Monday, Wednesday and Saturday. Virtual online classes are also available. For the online schedule, please check out the latest on the website under the Bridge tab. Contact **Pam Page** at 321-537-0907 or [pam.page@bellsouth.net](mailto:pam.page@bellsouth.net) for bridge-related questions.

**Party Bridge**

**Wednesdays @ 12:30—4:00 pm**

**Cost: \$5.00 Members / \$7.00 Non-Members**

This new program began on April 12. Contact Tom Sanders at 321-960-1894 for more information.

**Rogue Bridge**

**Tuesdays @ 12:15—4:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Contact **Patricia Rosenthal** at 321-626-5419.



**Rubber Bridge**

**Thursdays @ 1:00—4:00 pm**

**Saturdays @ 12:30—3:30 pm**

**Cost: \$2.00 Members / \$4.00 Non-Members**

Come on out for an afternoon of enjoyment at the bridge table. Questions? The point of contact for Thursday is **Janet Walker** at 321-242-3173 and the point of contact for Saturday is **Gayle Schanck** at 541-821-7070.

## Bunco

**1st & 3rd Thursday (Nov. 2 & 16) @ 1:00—4:00 pm**  
**Cost: \$6.00 Members / \$8.00 Non-Members**

Please join us every 1st and 3rd Thursday of the month for Bunco and arrive by 12:45 pm. Don't forget to bring your up-to-date membership card. Bunco ends about 3-3:30 pm. Please contact **Linda** at 321-549-9893 for more details and reservations (for set-up purposes). See you there for this fun activity. All you have to know is how to throw three dice. Non-members are welcome!



## Chair Yoga

**Tuesdays @ 3:00—4:00 pm/Sign-in @ 2:45 pm**  
**Cost: \$1.00 Members / \$3.00 Non-Members**



This class is designed to help with overall wellbeing for the body and mind.

Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.

## Chef for Seniors

**Cost: \$6.00 Members / \$8.00 Non-Members**  
**Classes @ 11:00 am—12:30 pm**

**Nov. 16: Holidays**

Join **Chef Jillian** for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting. Please sign up at front desk to reserve your spot.



**All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.**

Sponsored by **CarePlus**  
HEALTH PLANS

## Chess

**Cost: \$1.00 Members / \$3.00 Non-Members**  
**Thursdays @ 1:00—3:00 pm**

Come join us for some social, relaxing Chess Play weekly. Whether you are a beginner or a more tailored player, we would love to have you join us for some social, enlightening and most of all non-stressful chess play. If interested in joining or if you have any questions, please contact **Dean Abramson** at 215-498-7511 or sign up at the table in the front lobby. We need at least 6 players to start the group!



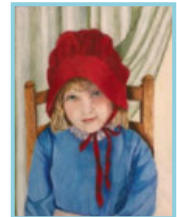
## Color Pencil Portrait Class for Beginners—NEW!

**Wednesdays @ 9:30—11:00 am**  
**Cost: \$3.00 Members / \$5.00 Non-Members**

Learn how to create a beautiful drawing from your favorite photograph! Bring your own portrait photograph to copy—Size: 5x8 (or other appropriate copy size). Supplies you will need to bring:

- Prismacolor Color Pencils
- Watercolor Paper
- Eraser
- Pencil Sharpener (optional).

See Front Desk or contact **Ann Armerding** @ 321-541-7027.



## Cornhole Tournaments—NEW!

**2nd & 4th Sundays @ 2:00 pm**  
**Setup & Practice Starting @ 1:00 pm**  
**Cost: \$6.00 Members / \$8.00 Non-Members**  
**STARTING NOVEMBER 12**



Cornhole Tournaments will be held indoors at the Wickham Park Senior Center every 2nd and 4th

Sundays (excluding conflict with holidays) starting on November 12. Games include Blind Draw, Double Elimination and Payouts up to three places dependent on number of entries. If you have any questions, contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com) or **Amy Longtin** at 321-205-5161 (ajgclrt@yahoo.com).



## Euchre

**Wednesdays @ 6:00—9:00 pm**

**Cost: \$5.00 Members / \$7.00 Non-Members**

**Members must scan their card when entering and non-members must sign in.**

Sign in starts at 5:30 pm. Depending on how many entries the usual payout is 4 places. The penalty for sets is .25 cents which covers miniscule expenses through the year and a big Christmas party where all the money is returned via food, drawings and prizes. The games are played either 4 handed or 3 handed depending on the number of entries. This format guarantees no matter the number of entries, all will be able to play. For more information or any questions, contact **Jay Koeller** at 321-794-6400.

## Hand & Foot Card Game

**Mondays & Fridays 8:45 am—Noon**

**Setup @ 8:30 am**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Join this group of friendly and competitive players for a time well spent. Contact **Beverly Morgan** at 303-458-8273 for more information.



## Jazzercise Lo

**Mondays, Wednesdays & Saturdays @ 8:30-9:30 am**

**Fridays @ 8:30-9:15 am**

**Tuesdays & Thursdays @ 6:00-7:00 pm**

**Members: \$50.00/Month & Walk-ins \$10.00**

**Non-Members: \$79.00/Month & Walk-ins \$12.50**

Join us for a fun and energized Jazzercise Lo class. Dance away those extra calories using Low Impact moves that yield MAXIMUM results! We use muscles, not momentum, to get a total body workout without the impact on your joints. For more information, contact **Ginny Parker** at 321-698-0445 or **Natalie Derrick** at 321-543-6765.

## Mahjong

**American: Mondays @ Noon—3:00 pm & Thursdays @ 9:00 am—Noon**

**Cost: \$1.00 Members / \$3.00 Non-Members**

**Chinese: Wednesdays @ 1:00—4:00 pm**

**Cost: \$5.00 Members / \$7.00 Non-Members**

Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! Questions? Contact **Patricia Rosenthal** at 321-626-5419 (American) or **Linda Milo** at 321-506-2672 (Chinese).

## Line Dancing

**Tuesdays @ 4:15—5:30 pm**

**Cost: \$6.00 Members / \$8.00 Non-Members**

Welcome to Line Dancing for Fun and Exercise. Studies have proven that Line Dance improves cardiovascular health and brain memory as well as improving coordination and balance. Come and meet some new friends and have some fun! For more info call **Sue** at 321-505-0846.



With Holidays fast approaching, our dance schedule will be altered a little so that our students can enjoy their family and visitors. **There will be No Line Dance Class on Tuesday, December 26 or Tuesday, January 2.** Our holiday party will be held during class on Tuesday December 19. God Bless each and every one of you this Holiday season and every day. I am THANKFUL for ALL!

## Pinochle

**Mondays & Fridays @ 12:15—4:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**



Contact **Bill Mueller** at 321-242-4999 (Mondays) or **Cathy Decker** at 321-432-7813 (Fridays).

## Poker (Dealers Choice)

**Tuesdays & Fridays @ 11:30 am—4:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Contact **Bill Seigel** at 813-416-0428.

## Poker (Friendly)

**Mondays @ 1:00—4:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Attention: Players Needed! Pennies Only. Call ahead to attend. Contact **Vinnie Germann** at 321-253-6155.

## Pool (Billiards)

Monday thru Friday @ 8:30 am—4:30 pm

Tournaments: 2nd Wednesday of Every Month

Cost: \$1.00 Members / \$3.00 Non-Members  
Plus \$ .50 per Day or \$2.00 per Week

Pool Tournament Summary Between WPSC and Heritage Isle (HI) Results:

The last tournament was held at the HI pool room on Friday, September 22, 2023. The teams that played in that tournament for WPSC were:

Team 1: Barry Beddow & Mike Spaethe  
Team 2: Wally Topinko & Paul Monte

The teams that played in that tournament for HI were:

Team 1: Barry Spike Wilds & Tom Frerick  
Team 2: Jerry Bertekap & Ken Walter

The HI record in this tournament was 1-2 (1 Win, 2 Losses) - tournament loser: To date (27 Sept 2023) there have been 5 tournaments between WPSC and HI. The current tournament records are: WPSC 5-0 (5 Wins, 0 Losses); HI 0-5 (0 Wins, 5 Losses).

In the Doubles Tournament on October 4, 2023, there was a big upset as Ken Phillips (ranked #7) and

Dave Wyatt (ranked #7) defeated Joe Franco (ranked #10) and Jorge Fernandez (ranked #9).

YE OL Pool Room 8-Ball Tournament 10/11/23 Results:

1st: Joe Franco                      3rd: Jorge Fernandez  
2nd: Mike Spaethe                4th: Boom'r McConnell

Next tournament is November 8. Questions? Please contact **Wally Topinko** at 716-830-5978.

## QiGong-TaiChi

Mon., Wed., & Fridays @ 8:30—9:30 am

Cost: \$5.00 Members / \$7.00 Non-Members

For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them.

According to researchers, one of the most promising interventions is TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. Contact **Laura Parsons**, Certified Instructor at 321-474-5374.




**FREE**  
AD DESIGN  
with purchase  
of this space  
**CALL 800-477-4574**

**WISDOM COMES WITH BENEFITS**



**Patricia Comesanas**  
Medicare Benefits Specialist  
321-405-7638  
Fina.solutions  
ilpatfina@gmail.com




**THRIVE**  
LOCALLY

**LET'S GROW YOUR BUSINESS**  
Advertise in our Newsletter!

**CONTACT ME**  
**Rich Fernbach**

rfernbach@lpicommunities.com  
**(800) 477-4574 x3675**

## Rummikub

**Wednesdays @ 1:00—4:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Questions? Contact **Rosalie Novak** at 321-610-8021.

## Senior Law

**4th Friday of Each Month.**

**NO CLASS IN NOVEMBER & DECEMBER**

**NEXT CLASS JANUARY 26, 2024 @ 2:00—4:00 pm**

**Cost: Free to all WPSC Members**

The Slonim Law Firm invites you to attend a FREE seminar and question/answer session on the 4th Friday of each month at WPSC Room 117. We will cover topics such as:

- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Living Wills
- Digital Assets
- Medicaid and Asset Protection Options
- Guardianships
- Probate Matters
- General Dementia Issues

Seating is limited. Please sign up at the front desk. Questions? Please call the Law office at 321-757-5701.

## Shuffleboard

**Open Play: Sat. @ 9:00 am & Thurs. @ 6:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Call **Tom Winkelspecht** at 321-446-3283 or email: [tawinkii@me.com](mailto:tawinkii@me.com) for more information on learning how to play or participating in tournaments.

## Social Tango, Introduction to Argentine Tango—NEW!

**STARTING DECEMBER 1**

**Fridays @ 2:30—4:30 pm**

**Monthly Cost: \$45 Members / \$48.00 Non-Members**

Come out and enjoy the art of Argentine Tango, where students will learn to dance tango step-by-step. No partner is necessary as the basic techniques can be applied for the follower or the leader. Dolores Ashland has been teaching throughout the World, from as faraway places as Buenos Aires and Paris, France, Palm Beach, Florida and presently, here in Viera.

Students will experience in-part the health benefits of Argentine tango including overall improved well-being, walking, posture and coordination. At only \$45.00 for four weeks of Tango, (you decide which four weeks will work for you and we can accommodate flexible travel plans of students as well). Any questions, contact **Delores or Walt** at 850-212-7963.

## Strength/Flexibility

**Thursdays @ 9:30—10:30 am**

**Cost: \$4.00 Members / \$6.00 Non-Members**

Fitness Unlimited by Design presents a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps with posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We work on core, arm and leg strength. Go at your own pace and feel the antiaging begin. Come join us, no need to sign up, just show up. For more information, contact **Susie Salvetti** at 321-626-0282.

## Technical Training & Education—Computer & Cell Phone

**3rd Friday of Each Month**

**Next Class November 17 @ 2:30—3:30 pm**

**Cost: \$0 Members / \$3.00 Non-Members**

Enjoy a fun, easy-to-follow hour with a relevant and patient approach where YOU are LEARNING by DOING (instead of her explaining). No worries if you are a Beginner, First-Time User or at an Expert level, there is something for everyone – even SPANISH speakers. But there is a 20-person limit, so sign up ASAP! The goal is to make your life more enjoyable and less stressful. Contact **Alison** at 954-376-2444.

## Beginning Ukulele

**Tuesdays, October 3—November 14, 2023**

**10:30—11:30 am, Setup at 10:00 am**

**Cost: \$6.00 Members / \$8.00 Non-Members**

This class will start at the beginning. You will play songs on the first day! We will cover the parts of the ukulele, posture, tuning, strumming, beginner chords and familiar songs. Bring your ukulele and music stand if you have them. A few loaner ukuleles and music stands will be available for the first class only. After the first class, students should bring their own instrument so they can practice at home. Our main goal is to have fun! No need to read music or practicing of scales! Contact **Linda Paul** at 503-641-5175.



**WICKHAM PARK  
SENIOR CENTER**

**ANNUAL MEETING**

*Wine & Cheese Reception*

**Wednesday, December 6, 2023**

**4:00—6:00 PM**

**FREE to All WPSC Members**

Please join us for our Annual Meeting Wine & Cheese Reception to learn more about what's happening at WPSC.

- 2023 Accomplishments
- How your money was spent in 2023
- Meet your nominees for the 2024 Board of Directors

All attendees will have a chance to win one of several raffle prizes, including a \$25 Gift Card.

To ensure we have enough food and beverages on hand, as well as a quorum, please sign-up at the sheet available at the front desk no later than Wednesday, November 29.

Pigeon Forge & Smokey Mountains Show Trip on October 9-14, 2023



**SUPPORT THE ADVERTISERS**  
that Support our Community!

A background image for the advertisement showing a person's hands typing on a laptop keyboard. In the foreground, there are several cardboard boxes and a roll of tape, suggesting a shipping or business context.

# OUR SPONSORS

The Officers and Membership of Wickham Park Senior Center appreciate the continued support of our many Sponsors. As an all volunteer run organization, their continued financial support allows us to offer Activities and Social events for our members.

## *Diamond Level Sponsors*



## *Gold Level Sponsors*



## *Meet & Greet Sponsors*

Our monthly Meet & Greets with our sponsors have started back up on Tuesday and Friday mornings from 9—11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them.

- Friday, Nov. 3: VIP America
- Friday, Nov. 3: Kindred Hospitals ARU
- Tuesday, Nov. 7: Alzheimer's Foundation Joe's Place
- Friday, Nov. 10: Care Plus Health Plans
- Friday, Nov. 10: Devoted Health Plans
- Tuesday, Nov. 14: Ally Senior Living Consultants
- Tuesday, Nov. 14: Melbourne Denture Service
- Tuesday, Nov. 14: Cigna
- Friday, Nov. 17: Rosanova Eye
- Friday, Nov. 17: United Health Care
- Tuesday, Nov. 21: American Home Care Svcs.
- Tuesday, Nov. 21: WellCare
- Tuesday, Nov. 28: VITAS
- Tuesday, Nov. 28: Sea Pines

# Welcome

## New Members in August

Andrews, Pam	Jojola, Cynthia
Austen, Jacqueline	Jojola, Phillip
Balgach, Nancy	Kalimnios, Constantine (Dino)
Bostwick, Karen	Kalimnios, Mary
Britz, Stephanie	Ko, Ryu (Jin)
Buchanan, Renita	Kruletz, Carol
Buckley, Joann	Kruletz, Larry
Colman, Irene	LaPierre, Diana
Crane, Ronald	Leslie, Lorraine
Curren, Deborah	Macri, Kitty
Daniels, Dale	Maine, Gregory
Davidson, Donald	Maricle, Steve
Deibler, Vincent	McLaughlin, Donna
DiPerri, Michael	Munsell, Mary Jane
Doran, William	O'Rourke, Susanne
Fink, Philip	Oliver, Joanne
Fink, Sheryl	Parpart, Midge
Finkelstein, Elizabeth	Robison, Lawrence "Larry"
Fowler, Sherry	Sarino, Marie
Garnett, Ernest	Spradlin, Nora
Garnett, Ruth	Stone, Dena
Good, Marlene	Stuart, Zaida
Guyer, Phyllis	Turner, Georgeanna
Hagaman, Katherine (Kay)	Vines, Donna
Hayes, Michelle	Vonier, Dixie
Hill, Hal	Whitlock-Mercado, Lisa
Hogue, Paul	Yearty, Juliette
Ierardi, Ronnie	

## Wickham Park Senior Center Holiday Closures for 2023

To enable our volunteers to spend more time with their families during the upcoming holiday season, Wickham Park Senior Center will be closed on the following dates:

- **Thanksgiving Holiday:**
  - Wednesday, Nov. 22, 2023 (Day before Thanksgiving)
  - Thursday, Nov. 23, 2023 (Thanksgiving Day)
  - Friday, Nov. 24, 2023 (Friday after Thanksgiving)
  - Saturday, November 25, 2023
- **Christmas Holiday:**
  - Saturday, December 23
  - Monday, Dec. 25, 2023 (Christmas Day)
  - Tuesday, Dec. 26, 2023 (Day after Christmas)
- **New Year's Holiday:**
  - Monday, January 1, 2024 (New Year's Day)

## WPSC Email Addresses

DIRECTORY	EMAIL
WPSC President	president@bcwpsc.org
WPSC Secretary	secretary@bcwpsc.org
WPSC Treasurer	treasurer@bcwpsc.org
WPSC Scheduling	scheduling@bcwpsc.org
WPSC Information	info@bcwpsc.org
WPSC Webmaster	webmaster@bcwpsc.org
Travel Office	travel@bcwpsc.org
Front Desk Reception	reception@bcwpsc.org
Bridge Club	bridge@bcwpsc.org
Newsletter Editor	news@bcwpsc.org
Systems Administrator	itadmin@bcwpsc.org

## Meet Our Staff

Officers	
President:	Diane Weinzierl
Vice President:	Gary McGuire
Secretary:	Lisa Coyle
Treasurer:	Colleen Barneman
Directors	
Ina Fritsch	Janice Oppelt
Celeste Garcia	Pam Page
Vincent Germann	Ginny Parker
Beverly Morgan	Janet Smith
Rosalie Novak	
Staff	
IT Systems Admin:	John Efird
Webmaster:	Maureen Reeder
Sunshine:	JoAnn Efird
Newsletter:	Nilda Rosario

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to:  
**news@bcwpsc.org**

When You Have A Plan  
You Can Afford to Relax  
Helping Families With

Estate/Life Planning  
Guardianship & Probate  
Medicaid Asset Preservation

 **Slonim Law**

321.757.5701 | [Slonimlaw.com](http://Slonimlaw.com)

Code: WPSC



Say Yes to New Adventures

CMS Rating  
★★★★★



**Offering:** Independent Living • Skilled Nursing Care  
Individualized Rehabilitation • Therapy Services

**321-452-1233**

TTD# 800-545-1833 ext. 359  
Language Assistance Services 562-527-5255

  
COURTENAY  
SPRINGS  
VILLAGE

1200 S Courtenay Pkwy.  
Merritt Island, FL 32952  


*Brownlie &  
Maxwell*

Funeral Service & Crematory

**(321) 723-2345**

[www.brownliemaxwell.com](http://www.brownliemaxwell.com)

1010 Palmetto Ave.  
Melbourne, FL 32901



**ELITE CARE  
PHARMACY**

A MEMBER OF  
*The Medicine  
Shopper*  
FAMILY

**Prioritize your health and let us  
TAKE CARE OF YOU!**

- ✓ Over 50 medications at discounted prices - Starting at \$2.00
- ✓ Same Day Home Delivery
- ✓ Human & Pet Medication Compounding
- ✓ Compliance Packaging - Pill Pouches
- ✓ 24/7 Emergency Prescription Fill Voicemail
- ✓ Medication Flavoring
- ... and MUCH MORE!

**CALL US TODAY!**

**321-608-4949**



Dr. Zuheily Vélez - PharmD  
Pharmacy Manager | Owner

3680 N Wickham Rd Ste C Melbourne, FL 32935  
[www.EliteRxFL.com](http://www.EliteRxFL.com)

**SUPPORT OUR ADVERTISERS!**

**NEVER MISS  
OUR NEWSLETTER!**

**SUBSCRIBE**

Have our newsletter  
emailed to you.



VISIT [WWW.MYCOMMUNITYONLINE.COM](http://WWW.MYCOMMUNITYONLINE.COM)