

Friendship



2785 Leisure Drive Melbourne, FL 32935 (321) 255-4494

Hours: Mon-Fri: 8:30 am—4:30 pm Sat: Closed until 2021 Website: www.bcwpsc.org



OCTOBER 2020



President's Message



Your Board of Directors is looking forward to seeing you when we reopen the Center on Monday, October 5, 2020. To help ensure your safety, you need to be aware of a few of the things we've put into place, at least for the remainder of 2020.

- The Center will be open on October 5 for MEMBERS ONLY. Everyone entering the building will be required to scan their membership card. This allows us to provide accurate contact tracing information if necessary.
- The Senior Center building will only be **open Monday through Friday**. All Saturday programs, except for Shuffleboard (which is held outside), will be suspended at least until January 2021.
- WPSC COVID-19 Safety Protocols will be enforced (see article on Page 2) for more details).

For a list of which programs will be reopening, please see the article on Page 3. You can also always find the latest information about any program on our website at <u>www.bcwpsc.org</u>. We do our best to update this site on a weekly basis at a minimum.

SAY HELLO TO YOUR VOLUNTEERS - As part of our reopening, you'll notice that all of our Volunteers and Board members are now sporting new Wickham Park Senior Center lanyards and name badges to help you identify who they are. When you see someone wearing a lanyard, please say hello, **and thank-you**, to them.

SHOW YOUR SUPPORT FOR WPSC - To show support for our Senior Center, we've also purchased Wickham Park Senior Center car magnets. I encourage everyone to stop by the front desk to pick up a magnet to attach to the back of your car. I'm looking forward to watching for them as I drive around town.

THANK YOU - As we prepare to reopen, I'd like to thank all the members of the Board of Directors for continuing to attend our monthly Board Meetings during the shutdown. And a special shout-out of thanks to a few individuals who continued to be at the Center on a weekly basis to ensure all our necessary business was handled: Dick Robinson (Treasurer), Vinnie Germann (Vice-President), Gary McGuire (Scheduling Director) Deana Booth (Travel Director) and John Efird (IT Administrator). We wouldn't be reopening the Center without their continued efforts and support.

I'm looking forward to seeing all of you soon!

Mission Statement

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"

IMPORTANT NEWS

Board of Directors Update



Your WPSC Board met on Monday, September 14. Below is a synopsis of the actions discussed and passed at that meeting.

- October 5 Reopening: The Board reviewed the Sept 8 openings, along with the current number of COVID-19 cases in the county and the current CDC guidelines. Based on that information, the Board voted to proceed with the planned October 5 reopening of the Center. The Center will open Monday thru Friday, for MEMBERS ONLY, at least until 2021.
- Policy & Procedure Updates:

Recommended changes to Policy 7 (Membership, Dues & Fees) and Policy 10 (Nominations & Voting) were reviewed. The Board voted to amend these policies as recommended. All Policies & Procedures can be reviewed at the Front Desk or in the Administration Office. Key points of the recommended changes are:

- All program manager & program contractors will now be required to be paid members of WPSC.
- Membership Dues and Program Fees were added to Policy 7.
- Effective January 1, 2021, the program fee for non-members will be increasing from \$2.00 to \$3.00. (Note: this only takes effect when the Center opens again for non-members).
- The Voting procedure for elections was defined and added to Policy 10.
- Nominating Committee: Vinnie Germann was appointed Chairman of the Nominating Committee. Other committee members are Gary McGuire, Angie Brown, Peggy Miles and Beverly Morgan. The committee is responsible for preparing an election ballot for the next Board of Directors election. The ballot will be presented to the Board at the November meeting and the general membership election will be held during the

2nd week of December. If you are interested in running for a position on the 2021 Board of Directors, please contact a member of the Nominating Committee.

Please note that WPSC Board Meetings are held the 2nd Monday of each month and are open to all members of WPSC.

COVID-19 Safety Protocols for Wickham Park Senior Center Opening



To help ensure the safety of our members and volunteers, we are implementing the following COVID-19 protocols.

- If you feel sick or have symptoms (even mild), please stay home.
- WPSC will open for MEMBERS ONLY at this time. This will ensure we are able to provide accurate contact tracing information if necessary.
- <u>All members will be required to scan their</u> <u>membership card</u> at the front desk upon entering the building. If you forget your membership card, a front desk volunteer will check you in. Again, this is required to enable us to provide accurate contact tracing information.
- <u>All members and volunteers will be</u> <u>required to wear a face mask/covering</u>. At your discretion, face coverings may be removed during exercise activities, while bingo numbers are being called or when you can safely social distance. However, anytime a member is walking around the building or interacting with another individual and cannot socially distance, a face covering must be worn.
- <u>All members are required to respect</u> <u>standard social distancing guidelines</u>. Please maintain 6-feet of space from others and refrain from physical contact such as hugging or shaking hands.
- Program Managers will sanitize chairs and tables before each program.
- Hand Sanitizer will be available throughout the building.

IMPORTANT NEWS

What Programs will be Open Beginning October 5?

Below is a list of programs that will be open beginning the week of October 5, along with any specific COVID-19 safety program requirements. Wickham Park Senior Center has posted COVID-19 Safety Protocols in the newsletter, on the website and at various locations around the building. These protocols must be adhered to at all times. In addition, to ensure proper contact tracing, all program attendees must be current members of WPSC (except for bingo because state laws require that it must be open to the public).

- **Ballroom Dancing:** Started September 14 -Monday evenings 6:30–8:30 pm *Face Mask Discretionary while dancing*
- **Billiards:** Resumes October 5 Monday thru Friday 8:30 am–4:30 pm *Face Mask Discretionary*
- **Bingo:** Started September 8 Tuesday & Fridays beginning at 11:00 am - Limited to 60 Players Face Mask Discretionary while bingo numbers are being called.
- Dealers Choice Poker: Resumes October 6

 Tuesday & Friday 1:00–4:00 pm
 Face Mask Required
- Duplicate Bridge: On-Line Only
- Friendly Poker Resumes October 5 -Monday 1:00–4:00 pm Face Mask Required – Call ahead to reserve your spot
- Hand & Foot: Resumes October 5 Monday & Friday 9:00 am–12:00 noon Temperature Check & Face Mask Required
- Jazzercise Lo: Resumes October 5 -Monday, Wednesday & Friday 8:30–9:30 am Face Mask Discretionary while exercising
- Line Dancing Beginners: Started September 8 - Tuesday 4:15–5:15 pm Face Mask Discretionary while dancing

- Line Dancing Intermediate: Started September 8 - Tuesday 5:30–6:30 pm Face Mask Discretionary while dancing
- Mexican Train Dominos: Resumes October 7 - Wednesday 1:00–4:00 pm Face Mask Required
- Pinochle: Resumes October 9 -Friday 12:30–4:00 pm Temperature Check & Face Mask Required
- Shuffleboard Practice: Started in May -Tuesday & Thursday evenings 6:30–8:30 pm & Saturday morning 9:00 am–12:00 noon Face Mask Discretionary
- Strength & Flexibility: Resumes October 8

 Thursday morning 9:30-10:30 am
 Face Mask Discretionary while exercising
- **Tai Chi:** Resumes October 7 Wednesday 8:30–9:15 am & Friday 8:30–9:30 am *Face Mask Discretionary while exercising*

Wickham Park Senior Center Annual Meeting

Wednesday, December 2, 2020 10:30 – 11:30 am



Please mark your calendar now to join us at Wickham Park Senior Center for our Annual Meeting on Wednesday, December 2 from 10:30-11:30 am. You'll have an opportunity to enjoy some

delicious morning snacks (Doughnuts, Coffee & Juice) while we conduct a little necessary senior center business and introduce you to the slate of nominees for the 2021 Board of Directors. Voting for the Board will take place the following week, December 7-11.

To ensure we have a quorum of membership in attendance, as well as enable us to plan for space and food requirements, please sign up on the attendance sheet at the Front Desk or RSVP to **Pam Page** at (321) 537-0907 or email <u>pam_page@bellsourth.net</u>.

NEW INFORMATION

Preparing for a Hurricane Amid COVID-19 Pandemic

by Lisa Conway, RN, a Certified Care Manager for One Senior Place in Viera.

This is a new Q&A feature provided by One Senior Place, a marketplace for resources and a provider of information, advice, care and on-site services for seniors and their families, located in Viera.

Q: What should I do differently to prepare for a hurricane during the COVID-19 pandemic?

A: Here we are again, in the midst of hurricane season in Florida. For those of us who call the Sunshine State home, preparing for the big summer storms is a necessity.

Officials always suggest following these three steps: Have a plan, make a kit and stay informed.

Forecasters predict the 2020 hurricane season will be busier than usual, with as many as 25 named storms and six major hurricanes. And lucky us — it's also the first time we've been tasked with preparing during a pandemic.

Have a Plan

If a hurricane comes our way, will you choose to "hunker down" at home, evacuate the area entirely, or register for a special needs shelter? Many people are expressing concern about social distancing and possible virus in public spaces.

Recognizing the possibility of viral spread at public shelters, the Centers for Disease Control and Prevention has issued new guidance for 2020, recommending Americans "shelter in place" or with family if possible.

If evacuation becomes necessary or is ordered by authorities, make sure your family or friends knows where you are headed and how they may reach you.

Make a Kit

As usual, we'll need to prepare a hurricane emergency kit. Or rather a "stay kit" for sheltering at home and a "go kit" in the event of evacuation. Both should include water, non-perishable foods for yourself and any pets, flashlights, extra batteries, hand held or battery operated radio, cash, medications, personal hygiene products and a first aid kit.

Due to virus concerns, your kits should also include masks, gloves and an alcohol-based hand sanitizer along with disinfecting wipes.

We suggest documents and important information be kept in a waterproof bag or folder. Your waterproof "survival" bag should contain any advance medical directives, insurance documents (or copies), medication and allergy list, physician information, shot records for pets and identification cards.

Stay Informed

Once you're prepared, regularly track the progress of the storm — but also rest your mind with a favorite movie or pleasant music. Watching TV meteorologists repeat the same information hour after hour can be very stressful. Making decisions with a cool head is best in any emergency situation.

After the storm, monitor broadcasts and directives from local Emergency Management authorities for further instructions. Hurricane season is stressful for Floridians of any age. And the pandemic isn't helping. Take a deep breath and remember that preparation and planning will lessen your anxiety and uncertainty.

For a complete hurricane checklist for seniors, go to <u>www.oneseniorplace.com/hurricane</u>. Inquire at One Senior Place for your free waterproof document holder, while supplies last.

One Senior Place is a marketplace for resources and a provider of information, advice, care and on-site services for seniors and their families. Questions for this column are answered by professionals in nursing, social work, care management and in-home care. To submit a question, send an email to:

<u>askOSP@OneSeniorPlace.com</u> or visit One Senior Place, The Experts in Aging at <u>www.OneSeniorPlace.com</u>.

NEW INFORMATION

The Senior Center is 100% Operated by Volunteers!



We are desperately in need of new, as well as continuing, Volunteers to help with our reopening.

Volunteers are the backbone of the WPSC operation. If you have a few hours to spare and would like to volunteer – please pick up a Volunteer Application at the Front Desk. Some of the volunteer positions currently needed:

- Front Desk Receptionists 8:30 am 12:30 pm OR 12:30–4:30 pm
- Bingo Callers (we will train) Tuesday and/ or Friday – 11:00 am–2:00 pm
- Bingo Table & Chair Set-up Tuesday and/ or Friday - 9:30-10:00 am
- Bingo Table & Chair Tear-down Tuesday and/or Friday – 2:00-2:30 pm
- Kitchen Helpers Tuesday and/or Friday 9:30 am–12:30 pm
- Handy-person to help with small jobs around the Center & set-up for Special Events
- Membership Coordinator
- Volunteer Coordinator
- Program Scheduler
- IT Technical Support

In addition, the Nominating Committee is also looking for candidates to run for the 2021 Board of Directors. If interested, please contact Vinnie Germann, Chairman of the Nominating Committee or any other member of the Nominating Committee - Gary McGuire, Angie Brown, Peggy Miles or Bev Morgan.

Spotlight

Volunteer Bernard Del Bene

Bernard was born in Bridgeport, Connecticut. He spent 5 years in the U.S. Air Force then moved to New York City where he lived for 10 years. In 1985 he moved



to Florida as a snow bird. After 5 years as a snow bird, he become a permanent resident.

While most of his time was taken up with caring for AIDS patients, and then caring for senior citizens with whom he had been friends with for many years. He says, "through the senior center he has learned to play Mah Jongg and has met so many people." He enjoys almost all board and card games.

Bernard's favorite things to do are going to yard sales, church rummage sales and flea markets. Cooking and baking are hobbies that he enjoys and he says, "it is to the detriment of his friends' waistlines." He is very active with the Melbourne Unity Church.

Many thanks Bernard, for your ongoing volunteering commitment to the senior center as a front desk volunteer.

and the second

2020 General Election is on November 3, 2020

Who May Vote: All registered voters **Registration Ends:** October 5, 2020

Early Voting Period: October 19 thru 31, 2020 **Polls Are Open:** November 3 from 7 am to 7 pm



Need to Schedule an Appointment with SHINE?

The Wickham Park Senior Center (WPSC) SHINE Group will not reopen until after January 1, 2021. Anyone interested in making a telephone appointment can call 321-757-0660 to schedule an appointment. Office hours are Monday through Friday from 0900-1600. The SHINE Office is closed on Saturdays and Sundays as well as

all Federal Holidays. The Point of Contact for this action is Lance Jarvis at SHINE. SHINE is also providing Virtual Medicare Classes. Visit <u>http://www.floridashine.org/</u> for a complete list of educational classes available to you.

CALENDAR OF EVENTS

WICKHAM PARK SENIOR CENTER

2785 Leisure Way Melbourne, FL 32935

OCTOBER 2020

Phone: 321-255-4494 Web: <u>www.bcwpsc.org</u>

ACTIVITY	NOT RESUMING IN OCTOBER	SCHEDULE FOR OCTOBER
Ballroom Dancing		Mondays @ 6:30P Anything Goes Mondays @ 7:30P East Coast Swing
Bingo		Tuesdays & Fridays @ 11:00A
Bone Makers Plus	র্থ ব্য	
Blood Pressure		
Bridge: Duplicate	Meets Virtually	Mon., Wed., and Fri. @ 12:30P Thurs. @ 12:15P and Sat. @ 7:00P
Chat		
Rogue		
Rubber		
Bunco		
Chair Yoga		
China Painting		
Euchre		
Financial Lunch & Learn		
Games: Hands & Foot	RESUMES Oct. 5	Mondays & Fridays @ 9:00A—Noon
Games Galore		
Greeting Cards		
Jazzercise Lo	RESUMES Oct. 5	Mon., Wed. & Fri. @ 8:30—9:30A
Line Dancing: Beginners		Tuesdays @ 4:15—5:15P
Intermediate		Tuesdays @ 5:30—6:30P
MahJongg: American		
Chinese		
Mexican Train Dominos	RESUMES Oct. 7	Wednesdays @ 1:00-4:00P
Pinochle	RESUMES Oct. 9	Fridays @ 12:30—4:00P
Poker: Dealers Choice	RESUMES Oct. 6	Tuesdays & Fridays @ 1:00-4:00P
Friendly	RESUMES Oct. 5	Monday @ 1:00—4:00P
Pool (Billiards)	RESUMES Oct. 5	Monday thru Friday @ 8:30A—4:30P
Senior Law		
Shuffleboard: League Play		Mondays & Thursdays @ 6:30P Saturdays @ 9:30A
League Practice		Tuesdays & Thursdays @ 6:30—8:30P Saturdays @ 9:00—Noon
Tournament		Thursday, October 22 @ 8:00A—5:00P; Friday, October 23 @ 8:00A—Noon
Social Scrabble	S	
Strength / Flexibility	RESUMES Oct. 8	Thursdays @ 9:30—10:30A
TaiChi Class	RESUMES Oct. 7	Wednesdays @ 8:30—9:15A Fridays @ 8:30—9:30A
Watercolor Instruction	S	
Zumba Gold	<u> </u>	
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TRAVEL NEWS

Howey-in-the-Hills/Holiday Tour

Date: Friday, December 11 Cost: \$110 Per Person

Tour Howey Mansion. Enjoy a buffet lunch at Mission Inn Resort. Tour, wine tasting and shop at Lakeridge Winery.

I-Drive Attractions

Date: Thursday, February 18, 2021 Cost: \$120 Per Person

Tour Titanic: Artifact Exhibition, Admission to Madame Tussauds and Lunch in Orlando.

Jungle Queen, Ft. Lauderdale

Date: Thursday, March 11, 2021 Cost: \$125 Per Person

Lunch at Bubba Gump Shrimp Co., then celebrate Spring on a cruise down the historic New River with a tropical isle visit to view lemurs, monkeys, exotic birds and alligators.

Please refer questions and reservation requests to Cindy at Footprints Travel 321-514-1576.

"Respect"-Winter Park Playhouse

Date: Thursday, April 8, 2021 Cost: \$125 Per Person

Enjoy this high-energy, joyful Off-Broadway musical that takes a look at the lives of women reflected in popular 20th century music. Lunch at Cheesecake Factory with dessert!

Ireland

Date:June 17-29, 2021Cost:\$4,799 Per Person Double, incl AirfareDiscover highlights of the entire Emerald Isle!

JOIN FOOTPRINTS TRAVEL

Cross Canada By Rail

Date: June 7-19, 2021

Cost: \$6,999 Per Person Double

Fly from Orlando to Toronto where your journey begins. Take VIA Rail's *The Canadian* to Jasper in Sleeper Plus Class. A breathtaking tour across the continent ending in Vancouver!



ACTIVITIES & GAMES



OPEN TO THE PUBLIC: Tuesdays & Fridays 11:15 am—2:00 pm

Doors Open @ 10:00 am – Early Bird Starts at 11:15 am

Play 29 games including early-bird, two 50/50 games and one Winner-Take-All game. Packages start at \$6. Bingo payouts will be adjusted based on attendance.

Due to COVID-19 and CDC protocols, space may be limited, so plan to arrive early. The kitchen will be open from 10:00 am to 11:30 am, with a limited menu.

In order to comply with CDC guidelines designed to ensure safety during the COVID-19 pandemic, the following plan will be in effect:

- Six-foot tables will be set up to accommodate two (2) people per table (one on each side at opposite ends). Players wishing to sit more players per table may do so at their own discretion, but must maintain social distancing from other tables.
- Space may be limited due table space available to meet CDC social distancing guidelines. Once all available seats are filled, it may be necessary to close the bingo hall and turn people away.
- All tables and chairs will be sanitized prior to each session.
- To comply with WPSC COVID-I9 safety protocol guidelines (see page 2 in this newsletter), everyone entering WPSC will be required to wear a face mask/covering. Face covering may be removed at your discretion while bingo number are being called. However, anytime you are walking around the building or interfacing with another individual, a face covering must be worn.
- To ensure accurate contact tracing:
 - All members of the Senior Center must scan their membership cards when they enter the building and show them at the door into the bingo hall. If you are not a member, we encourage you to join to help us with this effort. Membership is only \$20/year.

 All non-members will be required to provide a name, email address and/or telephone number information before entering the bingo hall.

Shuffleboard

Mondays & Thursdays @ 6:30P and Saturdays @ 9:30A

The Wickham Park Senior Center has received grant funding from the Brevard County Parks and Recreation Department to repair and resurface its twelve shuffleboard courts.

"We are extremely grateful to Jessica Breault and John Marsino with the Parks and Recreation department for approving our grant request", said Tom Winkelspecht, president of the shuffleboard club. "When work is completed, we will have the newest, most modern shuffleboard courts in Melbourne."

Nidy Sports Construction Company was selected to perform the work. Nidy is the sole applicator of the NICO® Shuffleboard Playing surface, which is the premier playing surface for shuffleboard courts throughout the state of Florida. The NICO surface eliminates the need for the use of glass beads, powdered waxes, as well as court waxes and sealers. The NICO surface also reduces

glares on shuffleboard courts, provides excellent control of discs for improved play, and can be played when wet or dry. Resurfacing of the courts is currently underway and project will completed by September 30th.

Regularly scheduled shuffleboard practice is on Monday and Thursday nights at 6:30 pm, and Saturday mornings at 9 am. For information on joining the shuffleboard club, call **Greg Jones** at 606-219-3994 or



Workers sand damaged courts before new NIDY polymer surface is applied.

email: greg.sonesta@gmail.com."

ACTIVITIES & GAMES

Bridge–Duplicate (VIRTUAL)

Mondays, Wednesdays & Fridays @ 12:30pm Thursdays @ 12:15 pm Saturdays @ 7:00 pm

We have added two new online bridge games to our lineup and we now have 2-hour online games Monday through Saturday. The two new games, Thursday afternoons at 12:15 pm and Saturday nights at 7:00 pm do not require that you have a partner. Less experienced players will be matched up with more experienced players for a fun two hours of bridge. If you are interested in joining us, contact **Linda James** 321-848-5228 (Thursday game) or **Pam Page** 321-537-0907 (Saturday game).

Educational Opportunities

We will start up a 7-week Competitive Bidding online class Monday 10/5/2020. See details below. In addition, an 8-week online Popular Conventions class will start 10/14/2020 (10:45 am—11:45 am). For details/register, call **Dave Hoffman** at 321-795-3695.

COMPETITIVE BIDDING

Learn how to play winning bridge in the comfort of your living room. Students will bid and play hands in this fun class while learning the following topics:

- Preemptive opening bids
- Overcalls and advances
- Takeout doubles and advances
- The competitive auction

When: 10/05/2020 10:00 am—Noon for 7 weeks

- **Cost:** \$60 (Student/Military Discount \$30)
- **Book:** Bridge Basics 2: Competitive Bidding by Audrey Grant \$11.69 (Amazon)

Instructor: Gold Life-Master, Anna Lynn Wagner **Enroll/Questions:** Call (325) 330-0016,

Bridgediva1225@aol.com

List of Programs that are NOT Scheduled for Reopening in October

The following programs have decided not to open until a later date yet (TBA). All updates about the reopening for these programs will be posted to the WPSC website (<u>www.bcwpsc.org</u>) as soon as it is available:

- Bonemakers
- Bunco: Will not reopen before 2021
- Chair Yoga
- China Painting
- Elder Law Class: Will not reopen before 2021
- Financial Lunch-n-Learn: Will not reopen before 2021
- Games Galore: Will not reopen before 2021
- Mah Jongg: American
- Mah Jongg: Chinese
- Euchre: Will not reopen before 2021
- Greeting Cards
- Rogue Bridge
- Rubber Bridge
- **Social Scrabble:** Will not reopen before 2021
- **SHINE:** Will not reopen before 2021 Call 321-757-0660 to schedule a telephone appointment
- Sponsor Meet & Greets: Will not reopen before 2021
- Water Color
- Zumba Gold



Our "STARS" Sponsors

The Officers and Membership of Wickham Park Senior Center appreciate the continued support of our many Sponsors. As an all volunteer run organization the continued financial support allows us to offer Activities and Social events for our members.



Diamond Level:

BELTONE HEARING COURTNEY SPRINGS VILLAGE EDWARD JONES INVESTMENTS SLONIM & LEMIEUX LAW OFFICES HEALTH FIRST HEALTH PLANS HOSPICE OF ST. FRANCIS HUMANA PLUS, INC. UNITED HEALTH CARE <u>Silver Level:</u> BUENA VIDA ESTATES CLEAR CAPTIONS



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Gold Level:

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Meet Our Staff

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2nd Vice President:	Vincent Germann		
Secretary:	Lynn Higginbotham		
Treasurer:	Dick Robinson		
Directors			
Louise Andsager	Peggy Miles		
Deana Booth	Beverly Morgan		
Diane Butler	Judy Schultz		
Barbara Holliday	Jaqueline Williams		
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IT Staff:	David Leacock		
	John Turner		
Sunshine:	JoAnn Efird		
Newsletter:	Linda Graff		
	Chris Fitzgerald		
	Nilda Rosario		

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to: **WPSCnews@cfl.rr.com**

More Volunteers Needed!

See article on page 5.

Senior Center Holiday Closures

The Center will be closed on: Christmas Day, New Years Day, Memorial Day, July 4th and Labor Day. The center will be closed at **NOON** on Christmas Eve.

IMPORTANT NOTE: Our website address has changed to <u>www.bcwpsc.org</u>



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