



Friendship Flyer

2785 Leisure Way
Melbourne, FL 32935
(321) 255-4494

Monday-Friday: 8:30 am—4:30 pm

Saturday & Sunday: CLOSED

www.bcwpsc.org

OCTOBER 2023



President's Message



Diane Weinzierl

October is the beginning of our new fiscal year and a time when a lot of the planning for the new year begins. There are a number of important events coming up this fall, and we hope you will be adding them on your calendar and plan to attend.

- We're preparing for our **Annual Election** for the WPSC Board of Directors which will take place in December. It's your Board of Directors who are responsible for the day-to-day operations of the Center and we're always looking to get new people involved. We have openings for 6 Board Directors this year. **If you are interested in becoming a board member, please pick up an application from the front desk and return it no later than October 31st.** See the article on page 2 for additional information.

- **Get your costumes ready and plan to join us for our Halloween Dinner/Dance on Friday, October 27 from 4:30 to 7:00 pm.** We have lots of fun events planned for the evening, including a costume contest, best decorated pumpkin contest and a monster stomp dance contest. Attendance is limited to 100 people and we expect this event to sell out, so plan to purchase your tickets early. Tickets go on sale at the front desk starting October 2. See page 12 for more information.
- **Join us for our Annual Meeting Wine & Cheese Reception on Wednesday, December 6 from 4:00 to 6:00 pm.** This is a great time to learn more about what happened at the Center in 2023 as well as what's planned for 2024 – all while enjoying some wine and cheese snacks. This event is FREE to all members.

I would especially like wish a **Happy Retirement to Marie Slaney** and thank her for her 13+ years of volunteer service at our front desk. Marie worked at the front desk on Monday mornings and we will miss her welcoming smile. She has promised to come back and help us out when needed.



Three other quick mentions this month:

- Thanks to everyone for supporting our **Carrabba's promotion** last May. With your help, we **raised \$500** for the Center. And thanks to Lisa Coyle for spearheading this promotion.
- **Flu shots will be offered on October 3 and October 17.** The shots are open to all members and non-members and should be covered by your insurance. Vaccines available will include the regular flu vaccine and the high dose for those over 65 years of age.
- After almost 4 years of trying, I am happy to announce that we have finally been able to schedule two **CPR classes at WPSC. The classes are scheduled for Thursday, November 9.** See the flyer on page 3 for additional information.

Have a Happy and Safe Halloween.

And please remember to **be kind and respectful** to others when you're at the Center.

Mission Statement

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"

2024 BOD Nominating Committee News

The time has once again come for the Nominating Committee to encourage qualified, enthusiastic, and energetic members to run for the Wickham Park Senior Center Board of Directors.

The Wickham Park Senior Center Board is a working Board. The general management of the affairs of the Wickham Park Senior Center is vested in the Board of Directors, and the Board is responsible for establishing such rules and regulations or policies and procedures as deemed advisable concerning the operations, staffing and financing of the various committees.

This year the Board has openings for 6 Directors – 4 serving a 3-year term, 1 serving a 2-year term and 1 serving a 1-year term. The Executive Committee officers (President, Vice-President, Treasurer and Secretary) will be selected from, and elected by, the 12 Board Directors at the first board meeting in January. ALL MEMBERS IN GOOD STANDING ARE ELIGIBLE TO APPLY.

Responsibilities for each Director include:

- Attending monthly Board of Director Meetings (currently held at 9:30 am the 2nd Monday of each month) and General Membership Meetings.
- Serving as the Director on Call for a four (4) hour AM or PM session once per week.
- Be willing to serve as an Executive Committee Officer or chair a Designated Committee or Fund Raising Event (such as Membership Committee, Volunteer Coordinator, Friday Night Dinner Committee, Volunteer Event Planning Committee, Rummage Sale, etc.)
- Assisting with the following activities: Front Reception Desk, Bingo, Kitchen, Travel, Fund Raisers, Set-Up and Tear-Down for WPSC Special Events, Friday Night Dinners, Volunteer Recognition Events, Membership Drive Events.

Registration for completing Nomination Ballots has now begun, and the forms are available at the Front Desk. **Registration will end on October 31, 2023.** If you have any questions, please contact the President (Diane Weinzierl).

Welcome New Volunteers



- **Jana Aicher** - Travel
- **Bill Miner** - Front Desk

Get Your Flu Vaccine at WPSC (Courtesy of Hobbs Pharmacy)

Hours: 9:00 am – 1:00 pm

Schedule: Tuesday, Oct 3 in Room 114
Tuesday, Oct 17 in Room 114

Open to all members and non-members. Must bring your insurance card! Limited spots at each event – sign-up sheets at front desk.

Both the high dose for those over 65 and regular flu vaccines will be available

Scan QR code on flyer at front desk to complete form prior to attending the clinic.



Volunteer Needed—Kitchen Manager

Responsibilities Include:

- Management and organization of shared kitchen and kitchen storage area.
- Managing bingo concessions for all bingo activities (9:30 – 1:30 Tuesday and Friday each week) as well as special events from time to time.
- Purchasing specific concession items (food, special plates, gloves, etc.) and provides receipts and/or invoices to Treasurer for payment. WPSC credit card will be provided.
- Maintains a list of all such concession items and the supplier for each item.
- Management of the kitchen volunteer staff.
- Collecting all bingo concession funds and providing an accounting to the Treasurer.
- Being aware of and making sure that current food handling laws are being met.

Volunteer Applications are available at the Front Desk.



The WPSC Board of Directors meetings are held on the 2nd Monday of each month at 9:30 am. The next meeting will be **October 2 at 9:30 am in Room 117.**

All WPSC members are welcome to attend.

Aloha Senior Expo

The Aloha Senior Expo on August 31, 2023 at the Wickham Park Community Center provided free health screenings and information. Many thanks to **Celeste Garcia, Rosalie Novak and Janet Smith** who supported the event.



Wickham Park Senior Center “Hands Only” CPR Program (PROVIDED BY EMETS, INC.)

When: Thursday, November 9, 2023

Hours: 10:00 am – 12:00 pm OR 1:00 – 3:00 pm

Cost: \$25 Cash or Check Payable to Emets, Inc. Collected on the Day of Class.

Sign up is required prior to class at WPSC!

Class minimum of 6 people, maximum of 12 people.

What is Hands-Only CPR?

Hands-Only CPR is CPR without mouth-to-mouth breaths. It is recommended for use by people who see a teen or adult suddenly collapse in an “out-of-hospital” setting (such as at home, at work, or in a park). It consists of two easy steps:



- Call 911 (or send someone to do that).
- Push hard and fast in the center of the chest.

Melbourne Fall Art & Craft Expo

Saturday, October 7 @ 10:00 am – 5:00 pm

Sunday, October 8 @ 10:00 am – 4:00 pm

This is a high-energy retail art & craft event with a solid emphasis on entertainment. Some key points to the structure of this event:

- 250 Exhibitor Booths
- Multiple Live Music Areas
- FREE Public Admission & Parking
- FREE Kids Zone
- Yummy Foods
- Adult Beverages

Heavily Advertised as an Art & Craft Event With Entertainment for the Entire Family!

Need Your Blood Pressure Checked?

Sea Pines will be conducting blood pressure checks at the Wickham Park Senior Center every 2nd Friday of the month (**October 13**) at 9:00-11:00 am.



Need to Schedule an Appointment with SHINE?

The WPSC SHINE Group is available Tuesdays and Thursdays from 9:00 am to Noon in Room 104. Anyone interested can call 407-514-1800 to schedule an appointment. No fee required!



- Friday, October 27 – Halloween Event
- Wednesday, December 6 – Annual Meeting
- Sunday, December 10 – Volunteer Event
- Monday thru Friday, December 11-15 – Annual BOD Election

The WPSC Travel Office is OPEN Monday—Friday, 9:00 am—1:00 pm
For more information and reservations, please call Wickham Park Travel at 321-425-5530.

Harrah's Pompano Beach Casino (previously Isles One Casino)

Date: October 26, 2023

Cost: \$60 PP Includes \$15 Free
Play with copy of Driver's
License or Caesars Card

**ALMOST
SOLD OUT**

Time: Leave WPSC at 8:30 am / Returning at 5:00 pm

Looking to live it up in South Florida? Harrah's Pompano Beach is calling your name and is home to over 1,200 slot machines and electronic table games, plus 40+ live action poker tables. With decadent dining options, exciting events, and simulcast, there's something to entertain everyone.

Please provide copy of Driver's License at sign up.

Stetson Mansion Christmas House Tour (incl. Lunch at Cooks Restaurant)

Date: November 15, 2023

Cost: \$164 PP

Time: TBD

The 1886 Stetson Mansion is the largest and most spectacular "Gilded Age" residence ever built in Florida before 1900. The grand Victorian mansion has had all of its original rich architectural details restored. You will walk on 16 stunning original mosaic parquet floor patterns. The Stetson Mansion is Florida's most historic home, but it is not a museum. It is a private residence that is lived in and welcomes guests this time of year with over the top elegant and reverent adult holiday decorations. The owner/designer might stop in to say hello to your group.

Titanic First-Class Dinner Gala

Date: December 2, 2023

Cost: \$164 PP

Time: Leave WPSC at 1:30 pm / Returning at 10:45 pm

Enjoy a Gala Dinner on the Titanic! Come aboard the "Ship of Dreams" and be a guest at one of the most famous dinner parties on board Titanic. Join Captain Smith, Margaret "Molly" Brown, and additional first-class passengers for a night to remember. The Titanic First Class Dinner Gala includes a Captain's cocktail party, a tour of Titanic: The Artifact Exhibition, a four-course dinner, and reenactments of the night of April 14, 1912.

Murder Mystery Dinner Train & Sanibel Museum

Date: December 10-11, 2023

Cost: \$499 PP Double / \$569 Single Occupancy
inc. Lunch at the Ford's Garage Restaurant

Sign up now for the Murder Mystery Dinner Train's Classic Christmas 'killer thriller' for an evening of Fun, Food, and Murder! This unique dining experience includes a delicious five-course dinner prepared on board, served at tables of four, with an ongoing comical mystery that plays in the aisles during this fun-filled evening! Enjoy the 3-1/2 hr. train ride aboard the Seminole Gulf Railway. Costumes encouraged, but optional. After our train ride, we'll spend the night in Ft. Myers. Following breakfast in the hotel, we'll travel to Sanibel Museum then lunch at the Ford's Garage Restaurant.

A Swingin' Christmas at the Winter Park Playhouse

Date: December 14, 2023

Cost: \$159 PP incl. Lunch at the Cheesecake Factory

Time: Leave WPSC at 10:30 am / Returning at 5:30 pm

Ring in the holidays with this unforgettable evening of quintessential Tony Bennett songs! Featuring 18 classic holiday tunes plus the standards that made Bennett famous, like "I Wanna Be Around," "The Good Life," "Rags to Riches" and Tony's signature "I Left My Heart in San Francisco." Celebrate the season Tony Bennett style!

Jersey Boys at the Vero Beach Riverside Theatre

Date: January 11, 2024

Cost: \$179 PP incl. Lunch at Vincent's Italian Restaurant

Time: Show Starts at 2:00 pm

Who knew four guys from New Jersey would turn the world upside down? With a unique sound that nobody had heard, but the radio couldn't get enough of, Jersey Boys is the Tony Award®-winning true-life musical of Frankie Valli and The Four Seasons. While their harmonies were perfect on stage, their offstage relationships were a different story.

Only
16 Tickets
Available!

WPSC TRAVEL GIFT CERTIFICATE

Date Issued: _____ Voucher # _____

This certificate is non transferable and can only be used for trips sponsored by Wickham Park Senior Center Travel. Please present to the Travel Office when reserving one of our trips. Expires one year from issue date.

Signature: _____

VOUCHER

\$25

Travel Gift Certificates are NOW AVAILABLE
in our Travel Office in Increments of \$5 to \$100!

Great gift for birthdays, holidays, weddings and more. Membership is not required for Travel. Check out all of our upcoming trips on our website: <https://bcwpsc.org/travel>

Mission Inn, Yalaha Bakery & Mt. Dora

Date: January 24, 2024
Cost: \$129 PP
Time: 8:00 am—5:30 pm

Yalaha Baker is a lovely gem of a German bakery, famous for its yummy, unique baked goods, delicious breads, and cute location. They feature a vast array of baked goods. From Yalaha, we're off to Howey-in-the-Hills for a relaxing and luscious lunch buffet at the beautiful Mission Inn Resort and Golf Club. After our delightful and satisfying lunch, we move on to quaint Mt. Dora for free time to browse, shop, or search for antiques. A wonderful, relaxing day of fun and food!

Breaking Up Is Hard To Do at the Winter Park Playhouse

Date: February 15, 2024
Cost: \$159 PP incl. Lunch at the Cheesecake Factory
Time: Leave WPSC at 10:30 am / Returning at 5:30 pm

This nostalgic musical comedy celebrates the timeless songwriting magic of the legendary **Neil Sedaka!** Set at a Catskills resort in 1960, this humorous and heartwarming musical follows two friends from Brooklyn in search of

good times and romance over one wild Labor Day weekend. Featuring 20 of Sedaka's most popular songs including "Laughter in the Rain," "Where the Boys Are," "Sweet Sixteen," "Calendar Girl," "Love Will Keep Us Together," and the chart-topping title song!

ON YOUR FEET!

The Story of Emilio & Gloria Estefan at the Vero Beach Riverside Theatre

Date: April 18, 2024
Cost: \$179 PP incl. Lunch at Vincent's Italian Restaurant
Time: Show Starts at 2:00 PM

Based on the lives and music of 26-time Grammy Award-winning husband-and-wife team, Emilio and Gloria Estefan, *On Your Feet!* is a high-energy celebration of the songs that got the world dancing to the rhythm. From humble beginnings in Cuba and exile in Miami, Emilio and Gloria's passion for music helped them overcome overwhelming odds and personal tragedies. Gloria Estefan is among the most successful crossover artists ever and *On Your Feet!* showcases over 20 of her biggest hits including: "Conga," "1-2-3," "Anything for You," and "Get on Your Feet." Music & Lyrics by Emilio Estefan & Gloria Estefan.

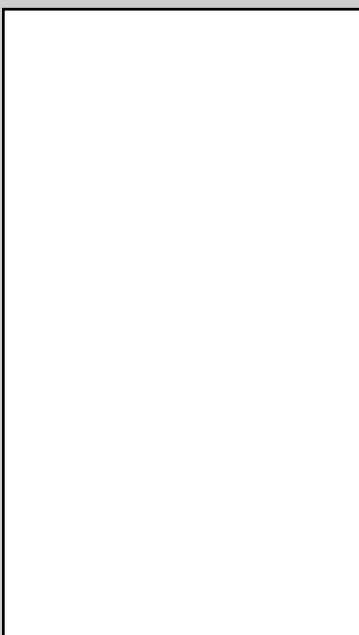


Reflecting life, love and compassion

St. Francis REFLECTIONS™ Lifestage Care

- Hospice
- Palliative Care
- Grief Support

321-269-4240
ReflectionsLSC.org



ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide

ADT Authorized Provider | SafeStreets | 833-287-3502

Place Your Ad Here and Support our Community!

Instantly create and purchase an ad with

AD CREATOR STUDIO

lpicommunities.com/adcreator

WE'RE HIRING!

AD SALES EXECUTIVES

BE YOURSELF.
 BRING YOUR PASSION.
 WORK WITH PURPOSE.

- Paid training
- Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community

Contact us at careers@4lpi.com or www.4lpi.com/careers

CALENDAR OF EVENTS

WICKHAM PARK SENIOR CENTER
2785 Leisure Way
Melbourne, FL 32935

Phone: 321-255-4494
Web: www.bcwpsc.org

OCTOBER 2023

ACTIVITY	SCHEDULE FOR OCTOBER	NOTES
Ballroom Dancing	2 Classes on Mondays @ 6:30P & 7:30P for ALL Levels Different Dance Each Month	
Bingo	Tuesdays & Fridays @ 11:15A—2:00P DOORS OPEN AT 10:00A	
Blood Pressure Checks	2nd Friday (October 13) @ 9:00—11:00A	
Bob Ross Style Beginners Oil Painting with Hobo Bob	3rd Thursday (October 19) @ 1:00—5:00P Sign up Sheet at Front Desk	LIMIT 6 PEOPLE PER CLASS
Bones and Balance	Mondays @ 10:00—11:00A; Register @ 9:45A	
Bridge: Beginner Class	Saturdays @ 11:00A with Pam Page For Virtual Classes please see our website at www.bcwpsc.org and click "Bridge" icon	
Chat	Fridays @ 9:30—11:00A	MEETS VIRTUALLY
Duplicate	On-Site Classes on Mon., Wed., & Sat. @ 12:30—4:00P Virtual Classes Thursdays @ 12:15P on the BBO platform	
Party Bridge	Wednesdays @ 12:30-4:00P	
Rogue	Tuesdays @ 12:15—4:00P	
Rubber	Thursdays @ 1:00-4:00P & Saturdays @ 12:30-3:30P	
Bunco	1st & 3rd Thursdays (October 5 & 19) @ 1:00—4:00P	
Chair Yoga	Tuesdays @ 3:00—4:00P	
Chefs for Seniors	Next Class November 16 @ 11:00A—12:30P Sign-up Sheet at Front Desk	
Chess	Thursdays @ 1:00—3:00P	
Color Pencil Portrait for Beginners—NEW!	Wednesdays @ 9:30—11:00A	
Cornhole Tournaments—NEW!	2nd & 4th Sundays @ 2:00P Set-up and Practice Starting @ 1:00P	STARTING NOV. 12
Euchre	Wednesdays @ 6:00—9:00P	
Hand & Foot	Mondays & Fridays @ 8:45A—Noon	
Jazzercise Lo	Mondays, Wednesdays & Saturdays @ 8:30—9:30A Tuesdays & Thursdays @ 6:00—7:00P Fridays @ 8:30—9:15A	
Line Dancing	Tuesdays @ 4:15—5:30P	
Mahjong: American	Mondays @ Noon—3:30P Thursdays @ 9:00A—Noon	
Chinese	Wednesdays @ 1:00—4:00P	
Pinochle	Mondays & Fridays @ 12:15—4:00P	
Poker: Dealers Choice Friendly	Tuesdays & Fridays @ 11:30A—4:00P Mondays @ 1:00—4:00P	
Pool (Billiards)	Monday thru Friday @ 8:30A—4:30P	
QiGong-TaiChi	Mondays, Wednesdays & Fridays @ 8:30—9:30A	
Rummikub	Wednesdays @ 1:00-4:00P	
Senior Law	4th Friday of the Month (October 27) @ 2:00—4:00P Sign up Sheet at Front Desk	
SHINE	Tuesdays & Thursdays @ 9:00A—Noon	
Strength / Flexibility	Thursdays @ 9:30—10:30A	
Shuffleboard: Open Play	Saturdays @ 9:00A—Noon	
Technical Training & Education Class	3rd Friday (October 20) @ 2:30-3:30pm	ON COMPUTERS & CELL PHONES
Ukulele: Beginners	Tuesdays @ 10:30—11:30A	

Program details and times are subject to change. Please check the daily schedule at the Front Desk for the latest information.

NEW UPDATES

Ballroom Dancing & Swing Lessons

Two Classes on Mondays @ 6:30P & 7:30P for ALL Levels. Different Dance Each Month.

Cost: \$8.00 per Class for Members
\$10.00 per Class for Non-Members

Classes change every month. Welcome Singles and Couples! Any questions? Please contact **Chris Marcelle** at 321-258-5916.



TUESDAY & FRIDAY—Open to the Public!
Doors Open @ 10:00 am
Cards Sold @ 10:30 am – 11:30 am
Early Bird Starts @ 11:15 am



Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more info, contact **Brenda Clarson** at 321-258-8837.

Bones & Balance

Mondays @ 10:00—11:00 am
Cost: \$5.00 Members / \$7.00 Non-Members

Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.

Bob Ross Style Beginners Oil Painting with Hobo Bob

3rd Thursday of Each Month
October 19 @ 1:00—5:00 pm

Cost: \$40.00 per person (Includes All Supplies & WPSC Costs)

TRY SOMETHING NEW. These classes are easy and fun for BEGINNERS!!

Come join us for a lot of fun!! Come paint a beautiful landscape painting with us. Classes will be held on the **3rd Thursday of each month**; an overflow class will be held on the 4th Thursday of the month if there is enough interest. Please call the Center 321-425-5533, or come into the front desk and sign up.

For October we'll be heading to Colorado to paint a beautiful moonlit mountain. Come enjoy our easy-paced class and paint a picture from right here in our own backyard. This painting is good for beginners, and you should be quite pleased with your finished painting.



All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, just six participants, so Hobo Bob has plenty of time to work with you as you paint your masterpiece.

Duplicate Bridge

On-site Classes: Mon., Wed. & Sat. @ 12:30P
Online Classes: Thurs. @ 12:15 pm on the BBO platform
Cost: On-site classes \$6.00 / Online classes \$5.00



Duplicate bridge classes have resumed on-site Monday, Wednesday and Saturday. Virtual online classes are also available. For

the online schedule, please check out the latest on the website under the Bridge tab. Contact **Pam Page** at 321-537-0907 or pam.page@bellsouth.net for bridge-related questions.

Party Bridge

Wednesdays @ 12:30—4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

This new program began on April 12. Contact Tom Sanders at 321-960-1894 for more information.

Rogue Bridge

Tuesdays @ 12:15—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact Patricia Rosenthal at 321-626-5419.

Rubber Bridge

Thursdays @ 1:00—4:00 pm

Saturdays @ 12:30—3:30 pm

Cost: \$2.00 Members / \$4.00 Non-Members



Come on out for an afternoon of enjoyment at the bridge table. Questions? The point of contact for Thursday is **Janet Walker** at

321-242-3173 and the point of contact for Saturday is **Gayle Schanck** at 541-821-7070.

Bunco

1st & 3rd Thursday (Oct. 5 & 19) @ 1:00—4:00 pm

Cost: \$6.00 Members / \$8.00 Non-Members

Please join us every 1st and 3rd Thursday of the month for Bunco and arrive by 12:45 pm. Don't forget to bring your up-to-date membership card. Bunco ends about 3-3:30 pm. Please contact **Linda** at 321-549-9893 for more details and reservations (for set-up purposes). See you there for this fun activity. All you have to know is how to throw three dice. Non-members are welcome!



Chair Yoga

Tuesdays @ 3:00—4:00 pm/Sign-in @ 2:45 pm

Cost: \$1.00 Members / \$3.00 Non-Members



This class is designed to help with overall wellbeing for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and

increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.

Chef for Seniors

Cost: \$6.00 Members / \$8.00 Non-Members

Classes @ 11:00 am—12:30 pm

Nov. 16: Holidays

Join **Chef Jillian** for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting. Please sign up at front desk to reserve your spot.



All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.

Sponsored by **CarePlus**
HEALTH PLANS

Chess

Cost: \$1.00 Members / \$3.00 Non-Members

Thursdays @ 1:00—3:00 pm



Come join us for some social, relaxing Chess Play weekly. Whether you are a beginner or a more tailored player, we would love to have you join us for some

social, enlightening and most of all non-stressful chess play. If interested in joining or if you have any questions, please contact **Dean Abramson** at 215-498-7511 or sign up at the table in the front lobby. We need at least 6 players to start the group!

Color Pencil Portrait Class for Beginners—NEW!

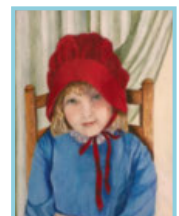
Wednesdays @ 9:30—11:00 am

Cost: \$3.00 Members / \$5.00 Non-Members

Learn how to create a beautiful drawing from your favorite photograph! Bring your own portrait photograph to copy—Size: 5x8 (or other appropriate copy size). Supplies you will need to bring:

- Prismacolor Color Pencils
- Watercolor Paper
- Eraser
- Pencil Sharpener (optional).

See Front Desk or contact **Ann Armerding** @ 321-541-7027.



Cornhole Tournaments—NEW!

2nd & 4th Sundays @ 2:00 pm
 Setup & Practice Starting @ 1:00 pm
 Cost: \$6.00 Members / \$8.00 Non-Members
STARTING NOVEMBER 12



Cornhole Tournaments will be held indoors at the Wickham Park Senior Center every 2nd and 4th Sundays (excluding conflict with holidays) starting on November 12. Games include Blind Draw, Double Elimination and Payouts up to three places dependent on number of entries. If you have any questions, contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com) or **Amy Longtin** at 321-205-5161 (ajgclrt@yahoo.com).

Hand & Foot Card Game

Mondays & Fridays 8:45 am—Noon
 Setup @ 8:30 am
 Cost: \$1.00 Members / \$3.00 Non-Members

Join this group of friendly and competitive players for a time well spent. Contact **Beverly Morgan** at 303-458-8273 for more information.

Euchre

Wednesdays @ 6:00—9:00 pm
 Cost: \$5.00 Members / \$7.00 Non-Members
Members must scan their card when entering and non-members must sign in.

Sign in starts at 5:30 pm. Depending on how many entries the usual payout is 4 places. The penalty for sets is .25 cents which covers miniscule expenses through the year and a big Christmas party where all the money is returned via food, drawings and prizes. The games are played either 4 handed or 3 handed depending on the number of entries. This format guarantees no matter the number of entries, all will be able to play. For more information or any questions, contact **Jay Koeller** at 321-794-6400.

Jazzercise Lo

Mondays, Wednesdays & Saturdays @ 8:30-9:30 am
 Fridays @ 8:30-9:15 am
 Tuesdays & Thursdays @ 6:00-7:00 pm
 Members: \$50.00/Month & Walk-ins \$10.00
 Non-Members: \$79.00/Month & Walk-ins \$12.50

Join us for a fun and energized Jazzercise Lo class. Dance away those extra calories using Low Impact moves that yield MAXIMUM results! We use muscles, not momentum, to get a total body workout without the impact on your joints. For more information, contact **Ginny Parker** at 321-698-0445 or **Natalie Derrick** at 321-543-6765.

Line Dancing

Tuesdays @ 4:15—5:30 pm
 Cost: \$6.00 Members / \$8.00 Non-Members



Come Join the fun class with Sue and friends. Every Tuesday, 4:15 - 5:30! Line Dancing for Fun and Exercise gives you the opportunity to make new friends while improving your coordination and balance. Cardiovascular health and brain memory will be increased as well. For more information call **Sue Duncan** at 321-505-0846.

Mahjong

American: Mondays @ Noon—3:00 pm & Thursdays @ 9:00 am—Noon
 Cost: \$1.00 Members / \$3.00 Non-Members
 Chinese: Wednesdays @ 1:00—4:00 pm
 Cost: \$5.00 Members / \$7.00 Non-Members



Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! Questions? Contact **Patricia Rosenthal** at 321-626-5419

(American) or **Linda Milo** at 321-506-2672 (Chinese).

Pinochle

Mondays & Fridays @ 12:15—4:00 pm
 Cost: \$1.00 Members / \$3.00 Non-Members



Contact **Bill Mueller** at 321-242-4999 (Mondays) or **Cathy Decker** at 321-432-7813 (Fridays).

Pool (Billiards)

Monday thru Friday @ 8:30 am—4:30 pm
 Tournaments: 2nd Wednesday of Every Month
 Cost: \$1.00 Members / \$3.00 Non-Members
 Plus \$.50 per Day or \$2.00 per Week

YE OL Pool Room 8-Ball Tournament 9/13/23 Results:

- 1st: Mike Spaethe
- 2nd: Barry Beddow
- 3rd: Boom'r McConnel
- 4th: Dale Foster



Next tournament is October 11.

Questions? Please contact **Wally Topinko** at 716-830-5978.

Poker (Dealers Choice)

Tuesdays & Fridays @ 11:30 am—4:00 pm
 Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Bill Seigel** at 813-416-0428.

Poker (Friendly)

Mondays @ 1:00—4:00 pm
 Cost: \$1.00 Members / \$3.00 Non-Members

Attention: Players Needed! Pennies Only. Call ahead to attend. Contact **Vinnie Germann** at 321-253-6155.



FREE
 AD DESIGN
 with purchase
 of this space
CALL 800-477-4574

WISDOM COMES WITH BENEFITS



Patricia Comesanas
 Medicare Benefits Specialist
 321-405-7638
 Fina.solutions
 ilpatfina@gmail.com




THRIVE
 LOCALLY

LET'S GROW YOUR BUSINESS
 Advertise in our Newsletter!

CONTACT ME
Rich Fernbach

rfernbach@lpicommunities.com
 (800) 477-4574 x3675

QiGong-TaiChi

Mon., Wed., & Fridays @ 8:30—9:30 am

Cost: \$5.00 Members / \$7.00 Non-Members



For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them. According to researchers, one of the most

promising interventions is TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. Contact **Laura Parsons**, Certified Instructor at 321-474-5374.

Rummikub

Wednesdays @ 1:00—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Questions? Contact **Rosalie Novak** at 321-610-8021.

Senior Law

4th Friday of Each Month

Next Class October 27, 2023 @ 2:00—4:00 pm

Cost: Free to all WPSC Members

The Slonim Law Firm invites you to attend a FREE seminar and question/answer session on the 4th Friday of each month at WPSC Room 117. We will cover topics such as:



- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Living Wills
- Digital Assets
- Medicaid and Asset Protection Options
- Guardianships
- Probate Matters
- General Dementia Issues

Seating is limited. Please sign up at the front desk. Questions? Please call the Law office at 321-757-5701.

Shuffleboard

Open Play: Sat. @ 9:00 am & Thurs. @ 6:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Call **Tom Winkelspecht** at 321-446-3283 or email: tawinkii@me.com for more information on learning how to play or participating in tournaments.

Strength/Flexibility

Thursdays @ 9:30—10:30 am

Cost: \$4.00 Members / \$6.00 Non-Members

Fitness Unlimited by Design presents a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps with posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We work on core, arm and leg strength. Go at your own pace and feel the antiaging begin. Come join us, no need to sign up, just show up. For more information, contact **Susie Salvetti** at 321-626-0282.

Technical Training & Education— Computer & Cell Phone

3rd Friday of Each Month

Next Class October 20 @ 2:30—3:30 pm

Cost: \$0 Members / \$3.00 Non-Members

Enjoy a fun, easy-to-follow hour with a relevant and patient approach where YOU are LEARNING by DOING (instead of her explaining). No worries if you are a Beginner, First-Time User or at an Expert level, there is something for everyone – even SPANISH speakers. But there is a 20-person limit, so sign up ASAP! The goal is to make your life more enjoyable and less stressful. Contact **Alison** at 954-376-2444.

Beginning Ukulele

Tuesdays, October 3—November 14, 2023

10:30—11:30 am, Setup at 10:00 am

Cost: \$6.00 Members / \$8.00 Non-Members

This class will start at the beginning. You will play songs on the first day! We will cover the parts of the ukulele, posture, tuning, strumming, beginner chords and familiar songs. Bring your ukulele and music stand if you have them. A few loaner ukuleles and music stands will be available for the first class only. After the first class, students should bring their own instrument so they can practice at home. Our main goal is to have fun! No need to read music or practicing of scales! Contact **Linda Paul** at 503-641-5175.



Join us for our 2023 Halloween Dinner at the

WICKHAM PARK SENIOR CENTER

FRIDAY

OCT. 27

4:30—7:00 PM

\$12 Per Person

Tickets on Sale at the Front Reception Desk starting
Monday, October 2

Be sure to get your tickets early!

Event limited to 100 people and we expect it to sell out quickly.

Dinner will be Served 4:30—5:30 pm

Catered by **GENNA**
PIZZA COMPANY



- * Chicken Parmigiana & Ziti with Sauce
- * Salad & Garlic Knots
- * Cake & Cookies
- * Iced Tea & Coffee

Other Festivities Include:

- * Prizes for Best Costumes - *Individual Costume & Couple's Costume*
- * Prizes for Best Decorated Pumpkin Contest (*Bring in your carved, painted or decorated pumpkin to enter*)
- * Monster Stomp Dance Contest
- * Guess How Many Candy Corn Jar
- * 50/50 Raffle
- * Photo Booth



Music & Dancing Entertainment
provided by

RICK BRENSINGER

Talk & Learn Seminar on Cataracts

There is a new technology with a bladeless procedure for cataract removal that is done with a laser. Dr. Mark Rosanova, from Rosanova Eye, has created a formula that uses 3 different types of machines to get the most accurate measurements. If you would like to learn more, Dr. Mark Rosanova is having a Talk and Learn seminar at the Wickham Park Senior Center on **October 6, 2023 from 2:00—4:00 PM.**

To reserve your spot , a sign-up sheet will be at the front desk. FREE to Members and \$3.00 for Non-Members. Refreshments will be provided. If you have any questions or want more information, Please contact the Rosanova Eye office at 321-242-2026.



Support the Bunco Fundraiser!

DATE: **Sunday, November 5, 2023**
 TIME: **1:00 pm—4:00 pm**
 PLACE: **Wickham Park Senior Center**
 DONATION: **\$20.00 to Play**

Join the fun while supporting the American Cancer Society! There will be prizes, raffles, food and more! You must sign up to play. Table space is limited. Bring a dish or finger food to share. To reserve a space, call or text **Ginny Parker** at 321-698-0445.



SUPPORT THE ADVERTISERS
 that Support our Community!

OUR SPONSORS

The Officers and Membership of Wickham Park Senior Center appreciate the continued support of our many Sponsors. As an all volunteer run organization, their continued financial support allows us to offer Activities and Social events for our members.

Diamond Level Sponsors



Gold Level Sponsors



Meet & Greet Sponsors

Our monthly Meet & Greets with our sponsors have started back up on Tuesday and Friday mornings from 9—11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them.

- Tuesday, Oct. 3: Alzheimer's Foundation Joe's Place
- Friday, Oct. 6: VIP America
- Friday, Oct. 6: Healthy Partners
- Tuesday, Oct. 10: Harbor City Hearing Solutions
- Tuesday, Oct. 10: Ally Senior Living Consultants
- Tuesday, Oct. 10: Cigna
- Friday, Oct. 13: Care Plus Health Plans
- Friday, Oct. 13: Devoted Health Plans
- Tuesday, Oct. 17: American Home Care Svcs.
- Tuesday, Oct. 17: WellCare
- Friday, Oct. 20: Rosanova Eye
- Friday, Oct. 20: United Health Care
- Tuesday, Oct. 24: VITAS
- Tuesday, Oct. 24: Sea Pines
- Friday, Oct. 27: St. Francis Reflections

Welcome

New Members in August

Adams, Jeff	Mathis, Cindy
Aleman, Jackie	Meiners, Mary
Allen, Griselda	Minor, Bill
Ankersen, Fred	Moraitis, Heather
Astuto, James	Munce, Lisa
Battle, Herman	Munce, Todd
Brewer, Denise	Murphy, Lawrence
Brown, Homer	Murray, Brenda
Brown, Martha	Nigh, Susan
Clark, John H. (Jack)	Nolan, Kathy
Daniel-Bright, Chris	Olivieri, Patricia
Dix, Tracy	Panning, Kristine
D'lene, Yvonne	Parliament, Jane
Dourney, Judith	Perry Davies, Melinda
Dover, Janet	Peters, William
Dover, Suzie	Plantec, Barbara
Earl, Charles	Quinn, Beverly
Erbaugh, Carolyn	Restrepo, Nora
Fielding, Eric	Ross, Sandy
Fineman, Joan	Rovito, Kari
Fleri, Edgar	Schatz, Donna Lee
Fleri, Patricia	Sepulveda, Anna
Garrett, Lora	Sierota, Mathew
Harbett, James	Soave, Jo
Harris, Barbara	Stead, William
Hoffman, Margie	Stripinis, Denise
Hogue, Susan	VanAlstine, Elizabeth
Howiler, Juanita	Wilson, Mary Ann
Liguori, Laurie	Wilson, Toni

Wickham Park Senior Center Holiday Closures for 2023

To enable our volunteers to spend more time with their families during the upcoming holiday season, Wickham Park Senior Center will be closed on the following dates:

- **Thanksgiving Holiday:**
 - Wednesday, Nov. 22, 2023 (Day before Thanksgiving)
 - Thursday, Nov. 23, 2023 (Thanksgiving Day)
 - Friday, Nov. 24, 2023 (Friday after Thanksgiving)
 - Saturday, November 25, 2023
- **Christmas Holiday:**
 - Saturday, December 23
 - Monday, Dec. 25, 2023 (Christmas Day)
 - Tuesday, Dec. 26, 2023 (Day after Christmas)
- **New Year's Holiday:**
 - Monday, January 1, 2024 (New Year's Day)

WPSC Email Addresses

DIRECTORY	EMAIL
WPSC President	president@bcwpsc.org
WPSC Secretary	secretary@bcwpsc.org
WPSC Treasurer	treasurer@bcwpsc.org
WPSC Scheduling	scheduling@bcwpsc.org
WPSC Information	info@bcwpsc.org
WPSC Webmaster	webmaster@bcwpsc.org
Travel Office	travel@bcwpsc.org
Front Desk Reception	reception@bcwpsc.org
Bridge Club	bridge@bcwpsc.org
Newsletter Editor	news@bcwpsc.org
Systems Administrator	itadmin@bcwpsc.org

Meet Our Staff

Officers	
President:	Diane Weinzierl
Vice President:	Gary McGuire
Secretary:	Lisa Coyle
Treasurer:	Colleen Barneman
Directors	
Ina Fritsch	Janice Oppelt
Celeste Garcia	Pam Page
Vincent Germann	Ginny Parker
Beverly Morgan	Janet Smith
Rosalie Novak	
Staff	
IT Systems Admin:	John Efird
Webmaster:	Maureen Reeder
Sunshine:	JoAnn Efird
Newsletter:	Nilda Rosario

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to:
news@bcwpsc.org

When You Have A Plan
You Can Afford to Relax
Helping Families With

Estate/Life Planning
Guardianship & Probate
Medicaid Asset Preservation

 **Slonim Law**

321.757.5701 | Slonimlaw.com

Code: WPSC



Say Yes to New Adventures

CMS Rating
★★★★★

Offering: Independent Living • Skilled Nursing Care
Individualized Rehabilitation • Therapy Services

321-452-1233

TTD# 800-545-1833 ext. 359
Language Assistance Services 562-527-5255


COURTENAY
SPRINGS
VILLAGE

1200 S Courtenay Pkwy.
Merritt Island, FL 32952


*Brownlie &
Maxwell*

Funeral Service & Crematory

(321) 723-2345

www.brownliemaxwell.com

1010 Palmetto Ave.
Melbourne, FL 32901



**ELITE CARE
PHARMACY**

A MEMBER OF
*The Medicine
Shopper*
FAMILY

**Prioritize your health and let us
TAKE CARE OF YOU!**

- ✓ Over 50 medications at discounted prices - Starting at \$2.00
- ✓ Same Day Home Delivery
- ✓ Human & Pet Medication Compounding
- ✓ Compliance Packaging - Pill Pouches
- ✓ 24/7 Emergency Prescription Fill Voicemail
- ✓ Medication Flavoring
- ... and MUCH MORE!

CALL US TODAY!

321-608-4949



Dr. Zuheily Vélez - PharmD
Pharmacy Manager | Owner

3680 N Wickham Rd Ste C Melbourne, FL 32935
www.EliteRxFL.com

SUPPORT OUR ADVERTISERS!

**NEVER MISS
OUR NEWSLETTER!**

SUBSCRIBE

Have our newsletter
emailed to you.



VISIT WWW.MYCOMMUNITYONLINE.COM