



Friendship Flyer

SEPTEMBER 2020

2785 Leisure Drive
Melbourne, FL 32935
(321) 255-4494

Hours: Mon-Fri: 8:30 am—4:30 pm
Sat: 8:30 am—12 Noon
Website: www.bcwpsc.org



Diane Weinzierl

President's Message

Is anyone else starting to feel like you're part of the Groundhog Day Movie? I'm pleased to announce, again, that we're planning another reopening of WPSC. At the August 10 meeting, the Board voted to reopen the Center in 2 Phases for Members-Only.

Phase 1 - Beginning September 8, the Center will offer a few after-hours programs (Ballroom Dancing and Line Dancing) and Bingo. The WPSC Building will not be open to anyone not attending one of these programs and there will be no Front Desk Volunteers on duty during this time. Shuffleboard will remain open as before and Duplicate Bridge will continue on-line.

Phase 2 – Beginning October 5, Wickham Park Senior Center will officially reopen for all programs and activities that wish to restart, pending final approval at the September 14 board meeting based on any health concerns. I know a few programs may not wish to restart just yet, so please be sure to check the WPSC website at www.bcwpsc.org for the latest information opening on all programs. We'll do our best keep it up to date on a daily basis.

Please see the article on Page 2 of this newsletter for more details about the COVID-19 protocols we are putting into place during these phased-in openings.

I'm also excited that our Diamond Sponsors are also stepping up to the plate to offer additional educational programs for you and WPSC during this shutdown.

- VIP America, Home Health Care, teamed with Space Coast Daily to record a video program to help promote Wickham Park Senior Center. I will let you know when it is scheduled to air or if we can post to our website. They are also working to put together a seminar on Elder Care Abuse in a future month.
- We're also working with Humana to provide a virtual webcast dealing with Senior Scams. Please see the article on Page 5 for more information.

I want to wish everyone a safe and Happy Labor Day. I look forward to seeing each of you at the Center soon.

Mission Statement

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"

IMPORTANT NEWS

Board of Directors Update

The WPSC Board met on Monday, August 10. Below is a synopsis of the business conducted:

- Deana Booth sworn in as a Director to fill the position vacated by Joyce Vetter.
- Renewal of the WPSC Building lease was approved at the August 6 Brevard County Commissioner meeting. The lease has been extended for an additional 5 years, through August 17, 2025.
- Board approved paying the janitorial service to clean one-day a week while we are closed.
- Board approved reopening for Members-Only in 2 Phases:
 - Phase 1, starting September 8, for Line Dancing, Ballroom Dancing (both after-hour programs) and Bingo, which will be limited to 60 people. The Front Desk will not be manned during Phase 1.
 - Phase 2, starting Monday, October 5, will be a full opening of the Center for all programs that wish to reopen, pending final approval at the September 14 board meeting. The Center will be open 8:30 am to 4:30 pm, Monday through Friday, and the Front Desk will be manned during these hours. (Saturday activities will not resume at this time).

Board approved request to hold Shuffleboard District Tournament at WPSC October 8 & 9.

COVID-19 Safety Protocols for Wickham Park Senior Center Opening

We're excited to begin welcoming our members and volunteers back to Wickham Park Senior Center. To help ensure your safety, we will have decided on a phased approach to open a few programs that can easily provide social distancing (such as Ballroom Dancing, Line Dancing, Bingo) starting up after Labor Day, September 8. *(Please note that the Center building and the Front Desk will not be open during this time.)*

The WPSC building will reopen starting October 5th for all programs that wish to

reopen. Please check the WPSC website daily at bcwpsc.org for the latest information opening on all programs.

To help ensure the safety of our members and volunteers, we are implementing the following COVID-19 protocols.

- **If you feel sick or have symptoms (even mild), please stay home.**
- **WPSC will open for MEMBERS ONLY** at this time. This will ensure we are able to provide accurate contact tracing information if necessary.
- **All members and volunteers will be required to scan their membership card at the front desk upon entering the building.** If you forget your membership card, you can ask one of our front desk volunteers to check you in. Again, this is required to enable us to provide accurate contact tracing information.
- **All members and volunteers will be required to wear a face mask/covering.** **At your discretion,** face coverings may be removed during exercise activities, while bingo numbers are being called or when you can safely social distance. However, anytime a member is walking around the building or interacting with another person and cannot socially distance, a face covering must be worn.
- **All members are required to respect standard social distancing guidelines.** Please maintain 6-feet of space from others and refrain from physical contact such as hugging or shaking hands.
- Onsite programs will resume with the following additional protocols:
 - In order to comply with current CDC Guidelines it may be necessary to limit the number of attendees at some activities. Any such restrictions will be noted on our website and on the Daily Schedule. Once the allotted maximum number of attendees is reached, it may be necessary to turn attendees away.
 - Chairs and tables will be sanitized before each program.
 - Hand Sanitizer will be available throughout the building.

IMPORTANT NEWS

Membership Dues

Many people have emailed questions about membership while the Center is closed. Hopefully, the information below can address some of those questions. If not, please feel free to email your question or concerns to wpsceniors@cfl.rr.com.

QUESTION: *My membership has not expired. Will the Center be extending my membership for an additional 4 months to compensate me for the time the Center was closed?*

ANSWER: No. The Board considered this, but ultimately decided not to issue credit for membership dues for the time the Center was closed. Even while the Center was closed there were still monthly expenses that had to be paid (rent, electric bill, alarm monitoring, janitorial service, etc.). With virtually little to no income coming into the Center, your dues helped us keep the Center operating during this time and ensure there was a Senior Center to return to.

QUESTION: *My membership has expired – how can I renew it when the center is closed?*

ANSWER: If your membership has expired, please renew it at the front desk the next time you visit the Center. Currently our mail is forwarded to another location, so we are not recommending you mail your dues to us. Your membership date will begin the date you pay your membership dues.

QUESTION: *I am not a member, but wish to pay the non-member rate to attend activities?*

ANSWER: To ensure compliance with the CDC Guidelines for contact tracing, the Board has decided to open the Center for MEMBERS ONLY for all activities except Bingo for the remainder of 2020. We welcome you becoming a new member.

QUESTION: *Will you be raising the membership dues to help cover your additional COVID-19 expenses the Center has had?*

ANSWER: At this time, the membership dues will remain at \$20 per year. While it may be necessary to revisit this issue at a later time, there is no plan to raise them for the remainder of 2020.

Our “STARS” Sponsors

The Officers and Membership of Wickham Park Senior Center appreciate the continued support of our many Sponsors. As an all volunteer run organization the continued financial support allows us to offer Activities and Social events for our members.



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HOSPICE OF ST. FRANCIS
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CLEAR CAPTIONS

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ALLY SENIOR LIVING CONSULTANTS
UNITED HEALTH CARE
VIPAMERICAN HOME HEALTH CARE

Support Our Sponsors!



Growing to Meet Seniors' Care VIP America Expands to Meet the Need

Article Contributed by
Sam Yates



The rising demand for at home care and services in Brevard County has prompted an expansion of VIP America's Central Florida regional office.

"Our Melbourne office literally outgrew its space," said Jill Ball, president, VIP America. "We have maintained the same physical address but nearly doubled our space to accommodate the growth that is happening in the home health care field," added Ball.

The Brevard area continues to be a growth area for Florida. Known worldwide as Florida's Space Coast, the region is rich in aviation and aerospace companies actively supporting space launch, research, and various endeavors like Elon Musk's Space Exploration Technologies (SpaceX) and Jeff Bezo's Blue Origin ventures into space.

"These companies along with the many support industries coming to the Space Coast also means more families and more senior members of those families," said Ball.

VIP America, Central Region Administrator Starr Reilley, notes that the increased demand for at home care and services is also heightened by media coverage of seniors and others who are still unable to have contact with loved ones. "The many months of isolation for many seniors who are still confined to nursing and other care facilities has focused attention on the need for seniors and other vulnerable populations to be cared for in the comfort and safety of their or a relative's home in central Florida."

As the media focuses attention on isolated seniors, there is also a focus on the cost of care.

"We are all very much aware of the media attention, in particular, that has been focused on the cost savings for at home care as compared to

institutionalized care in a facility that is not open to the public or relatives of those who are confined. Cost savings are substantial but even more important is the cost of losing personal contact with loved ones. No one should be alone and afraid when they can be at home, loved and touched by family members who can right now only see their loved ones from afar," concluded Ball.

The office expansion in central Florida comes as VIP America is also seeking additional caregivers to meet the increased demand for at home care. Anyone interested in registering for consideration as a qualified caregiver should contact Michael Asche, Manager of Operations at (321) 307-1121. You may also apply online at the VIP America website www.vipamerica.com

About VIP America

VIP America is a premier southwest, central, and southeastern Florida regional company that offers registry services to qualified caregivers and clients for home care services through the provision of innovative solutions in each community we serve. VIP America delivers on its core values and embraces the commitment of "people helping people stay independent" by compassionately and skillfully servicing clients and caregivers at their point of need.

You may contact VIP America by visiting www.vipamerica.com. Please contact our Melbourne Florida office at 100 Rialto Place, Melbourne, Florida 32901, Phone: (321) 541-1248 for a confidential conversation about your or a loved one's home health care needs.



2020 General Election is on November 3, 2020

Who May Vote: All registered voters

Registration Ends: October 5, 2020

Early Voting Period: October 19 thru 31, 2020

Polls Are Open: November 3 from 7 am to 7 pm

Watch Out For A COVID-19 Telephone Scam

There are numerous telephone scams circulating, but I thought it might be good to show you a typical telephone conversation around a COVID-19 scam. Please be prepared for it and do not fall victim to it — it is a scam designed to scare you and separate you from your money.



PHONE RINGS – YOU ANSWER

THEM: *'Good morning. According to our system, you are likely to have been in close proximity to someone who has tested positive for COVID-19. This means that you now need to self-isolate for 7 days and take a COVID-19 test.'*

YOU: - 'OK. Can you tell me who that person was?'

THEM: *'I'm not able to tell you that. That is confidential information. But you do need to be tested within the next 72 hours. So can I just get the best mailing address so that we can send a kit to you?'*

YOU: - 'Ok (gives address)'

THEM: *'Thank you - and I just need to take a payment card so that we can finalize this and send the kit to you.'*

YOU: 'Sorry - a payment card? I thought this was all free?'

THEM: *'No - I'm afraid not. There is a one-off fee of \$50 for the kit and test results. Could you read off the long card number for me, please, when you're ready.'*

YOU: 'No - that's not right. **(OR YOU SHOULD HANG UP RIGHT HERE – THIS IS A SCAM!)**

THEM: *'I'm afraid it is. Can you give me the card number please - this is very important, and there are penalties for not complying.'*

YOU NEED TO JUST HANG UP NOW IF YOU'VE GOTTEN THIS FAR INTO THE CALL!

This is how scammers work. Please don't fall victim to it.

VIRTUAL WEBCAST SEMINAR Protecting Yourself Against Scams

September 23, 2020 – 11:00 am to 12:00 noon

Coming to the WPSC Membership on September 23rd of 2020 at 11:00 am (Wednesday) is our first 1 hour Virtual (Online) Seminar titled 'Protect Yourself Against Scams.' This seminar, conducted by one of our Diamond Sponsors 'Humana', is the first in a series of planned upcoming educational seminars at WPSC.

Senior members of the U.S. Society are being *scammed* at an *alarming* rate. In fact, some of our WPSC Membership have been personally impacted by such *scams* and *scammers*. Here is a list of some of the inclusive topics in this seminar: How to detect a scam, Scams conducted to take your Money, Possessions (such as Homes and Automobiles), Financial Holdings (Banks, Stocks, and Investments), Personal Protected Information, and more.

To participate in this seminar, you'll need to Register using the Webex Link provided below. Any questions about this event should be addressed with Mr. Herman Villa at Humana, telephone 321-294-7485 or email gvilla@humana.com.

Please Register Here to Participate

<https://tinyurl.com/y2jo7qv3>

Need Updated Medicare Insurance Information?



Did you know that SHINE (Service the Health Needs of Elders) continues to find creative, socially distant solutions to provide local, in-depth, and objective insurance counseling and assistance. While their in-

person counseling sessions are closed, they are providing Virtual Medicare Classes.

Visit <http://www.floridashine.org/> for a complete list of educational classes available to you.

CALENDAR OF EVENTS

WICKHAM PARK SENIOR CENTER
2785 Leisure Way
Melbourne, FL 32935

Phone: 321-255-4494
Web: www.bcwpsc.org

SEPTEMBER 2020

ACTIVITY	NOT RESUMING IN SEPTEMBER	SCHEDULE FOR SEPTEMBER
Ballroom Dancing	RESUMES Sept 14	Mondays @ 6:30P Anything Goes Mondays @ 7:30P East Coast Swing (See article on page 8)
Bingo	RESUMES Sept 8	Tuesdays & Fridays @ 11:00A
Bone Makers Plus	<input checked="" type="checkbox"/>	
Blood Pressure	<input checked="" type="checkbox"/>	
Bridge: Duplicate		Meets Virtually Mon, Wed, and Fridays @ 12:30P (Listing of additional games on page 7)
Chat	<input checked="" type="checkbox"/>	
Rogue	<input checked="" type="checkbox"/>	
Rubber	<input checked="" type="checkbox"/>	
Bunco	<input checked="" type="checkbox"/>	
Chair Yoga	<input checked="" type="checkbox"/>	
China Painting	<input checked="" type="checkbox"/>	
Euchre	<input checked="" type="checkbox"/>	
Financial Lunch & Learn	<input checked="" type="checkbox"/>	
Games: Hands & Foot	<input checked="" type="checkbox"/>	
Games Galore	<input checked="" type="checkbox"/>	
Greeting Cards	<input checked="" type="checkbox"/>	
Jazzercise Light	<input checked="" type="checkbox"/>	
Line Dancing: Beginners	RESUMES Sept 8	Tuesdays @ 4:15—5:15P
Intermediate	RESUMES Sept 8	Tuesdays @ 5:30—6:30P (See article on page 8)
MahJongg: American	<input checked="" type="checkbox"/>	
Chinese	<input checked="" type="checkbox"/>	
Mexican Train	<input checked="" type="checkbox"/>	
Pinochle	<input checked="" type="checkbox"/>	
Poker: Dealers Choice	<input checked="" type="checkbox"/>	
Friendly	<input checked="" type="checkbox"/>	
Pool (Billiards)	<input checked="" type="checkbox"/>	
Senior Law	<input checked="" type="checkbox"/>	
Shuffleboard: League Play	<input checked="" type="checkbox"/>	
League Practice	<input checked="" type="checkbox"/>	
Open Play		Mondays @ 6:30P, Thursdays @ 6:00P & Saturdays @ 9:30A
Social Scrabble	<input checked="" type="checkbox"/>	
Strength / Flexibility	<input checked="" type="checkbox"/>	
TaiChi Class	<input checked="" type="checkbox"/>	
Watercolor Instruction	<input checked="" type="checkbox"/>	
Zumba Gold	<input checked="" type="checkbox"/>	

ACTIVITIES & GAMES

Bridge—Duplicate (VIRTUAL)

**Mondays, Wednesdays & Fridays
at 12:30 pm**

Our virtual bridge club is working hard to provide quality bridge games and educational opportunities. The pandemic has changed the way we operate and with the help of a lot of WPSC Duplicate Bridge volunteers, we have adjusted. Bridge Base Online (BBO) will host the virtual games. We are also offering:

- Competitive Bidding Class: Mondays @ 10:00 am—Noon. Beginner Lessons using Zoom and Bridgebase.com
- Popular Conventions Class: Wednesdays @ 10:45 am—11:45 am. Free beginner lessons using Zoom
- Declarer Play II Class - Zoom Meeting: Wednesdays 3:00—4:00 pm. The class also includes an instructional video that students

can watch on their own schedule. Uses Zoom and Bridgebase.com

- Chat Bridge: Fridays @ 9:30—11:00 am. Guided bridge play with experienced players available to answer questions Starting 7/17/2020. Uses Zoom and Bridgebase.com
- Zoom to Happy Hour: Fridays @ 3:00—3:30 pm. After game hand discussion and social meeting. A great way to see your bridge friends
- Bridge Basic 1: Mondays 10:00 am—Noon. Learn how to play bridge in the comfort of your living room!
- Limited Game with a Mentor: Thursdays @ 12:15—2:40 pm. Hoping to start soon, we need more bridge players to get it going.

If you love the game of bridge and want to continue playing, please contact **Pam Page** at 321-537-0907. She will gladly help you through the registration process and get you into one of the games. The games cost \$5.00 per session.

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at 1-321-294-7485 (TTY: 711)

Humana.

Y0040_GHHHXDFEN_20_C *No obligation to enroll.



Resumes on Tuesday, September 8!

Tuesdays & Fridays @ 11:00 am

We will continue our regular schedule of bingo on Tuesday and Friday of each week.

For Phase 1 (September 8 through October 8), **maximum capacity will be 60 bingo players – first come, first served** (because of limited capacity you must be present to be allowed in – you cannot reserve a spot for someone arriving later). Since there will be no Front Desk personnel on duty during this Phase, the Senior Center doors will open at 9:30 am and each person must check in with the Bingo volunteer(s) to ensure your spot. Once maximum capacity is reached, the front doors will be locked and no one else will be admitted to the building. The doors into the bingo hall will open at 10:00 am and Bingo will start at 11:15 am. Bingo payouts will also be adjusted based on attendance. The kitchen will be open from 10:00—11:30 am, with a limited menu (hot dogs, pizza and snacks).

To comply with CDC guidelines designed to ensure safety, the following plan will be in effect:

- 1) Six-foot tables will accommodate two (2) people and three-foot tables will accommodate one (1) person per table. Players wishing to sit more players per table may do so at their own discretion, but must maintain social distancing from other tables.
- 2) All tables and chairs will be sanitized prior to each session.
- 3) To comply with WPSC opening protocol guidelines (see page 1 in this newsletter), everyone entering will be required to wear a face mask/covering. Face covering may be removed at your discretion while bingo number are being called. However, anytime you are walking around the building or interfacing with another individual, a face covering must be worn.

- 4) To ensure accurate contact tracing:
 - a. All members of the Senior Center must scan their membership cards when they enter the building and show them at the door into the bingo hall. If you are not a member, we encourage you to join to help us with this effort.
 - b. All non-members will be required to provide a name, email address or telephone number information before entering the bingo hall.

We look forward to seeing you soon!

Line Dancing Returns on Tuesday, September 8!

Beginner: 4:15—5:15 pm

Intermediate: 5:30—6:30 pm



Let's Line Dance! Our new schedule to return to our loved line dance classes starts on Tuesday, September 8 following these CDC guidelines:

- Masks will be required by ALL when entering/leaving the building and talking with other students. Masks may be removed during exercise.
- Dance floor will be marked at 8 ft. sections for proper social distancing.
- Please bring individual hand sanitizer.
- Please bring individual water bottle.

All participants of classes at WPSC must be members. You will be asked to scan your membership card upon arrival. No visitors will be permitted at this time. During our first class back, you will be able to purchase a new membership (\$20 yearly) or renew your current membership, if it has expired.

If you have any questions, please contact **Sue Duncan** at (321) 505-0846 or at suereere@aol.com

Ballroom Dancing Returns on Monday, September 14!

Anything Goes: 6:30 pm
East Coast Swing: 7:30 pm

Join us for Ballroom Dancing! As part of the WPSC Phase 1 opening, Ballroom Dancing will reopen beginning Monday, September 14 at 6:30 pm. Ballroom Dancing is the best exercise and it can help prevent Alzheimer's disease! Our 6:30 pm early class is an "anything goes" class – which means you can work on any dance you prefer. We are so looking forward to coming back!



Shuffleboard

Mondays @ 6:30P, Thursdays @ 6:00P and Saturdays @ 9:30A

Welcoming new and returning members!



Gloria Handling



Jeff Handling



Pat Campbell



Kerry Siler



Karen Siler



Steve Clendenin



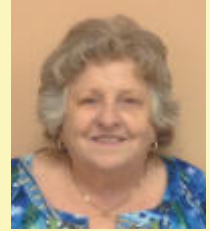
Dave Clendenin



Lee Lamb

In the Spotlight

Volunteer Diane Butler



Please congratulate Diane Butler for being voted Volunteer of the Month just before the Center closed in March.

She has been on the Board of Directors, assisted in Volunteer Coordinating, worked in Travel Office and front desk and been responsible for our Angel Christmas Tree for many years, just to name a few of Diane's endeavors and her loyal work for WPSC.

Diane is a retired HRMC emergency room nurse after 28 years. Originally from La Grange, GA, Diane has been a Melbourne resident since 1959. She has 4 children, 7 grandchildren and 7 great grandchildren. Diane is a dedicated, hard-working volunteer and friend for the past 10 years and WPSC is blessed to have her!

Remember... You can vote for your favorite volunteer. Ballots can be picked up at the reception area.

Wickham Wanderers are Invited to Join the Pathfinders:

Mt. Dora Craft Fair

Date: Saturday, October 24

Cost: \$73 Per Person

Featuring over 400 of the best crafters in the country, lunch included.

Jungle Queen, Ft. Lauderdale

Date: Wednesday, November 11

Cost: \$125 Per Person

Lunch at Bubba Gump Shrimp Co., then cruise the historic New River with a tropical isle visit to view lemurs, monkeys, exotic birds & alligators.

Cross Canada By Rail

Date: June 7-19, 2021

Cost: \$6,999 Per Person Double

Fly from Orlando to Toronto where your journey begins. Take VIA Rail's *The Canadian* to Jasper in Sleeper Plus Class. A breathtaking tour across the continent ending in Vancouver!

Ireland

Date: June 17-29, 2021

Cost: \$4,799 Per Person Double, Inc. Airfare

Discover highlights of the entire Emerald Isle!

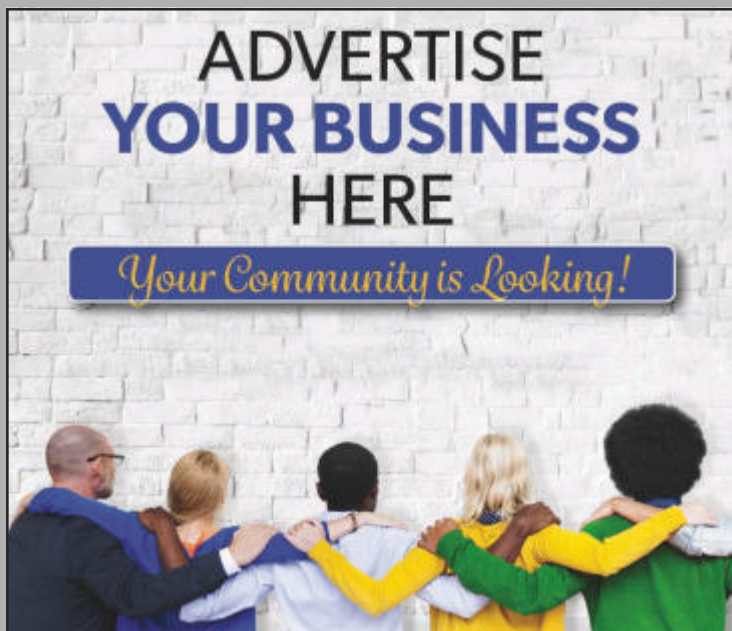
Scandinavia in Depth

Date: July 31-August 15, 2021

Cost: \$6,299 Per Person Double

Fly from Orlando to begin your discovery of Denmark, Sweden & Norway on this 16-day tour. Stunning Vistas, Cultural Treasures & Exciting Cities!

The Travel Office is Closed until WPSC reopens. Please refer questions and reservation requests to Cindy at Footprints Travel 321-514-1576.



GENERAL NEWS

Meet Our Staff

Officers

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1st Vice President: Pam Page
2nd Vice President: Vincent Germann
Secretary: Lynn Higginbotham
Treasurer: Dick Robinson

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Louise Andsager Peggy Miles
Deana Booth Beverly Morgan
Diane Butler Judy Schultz
Barbara Holliday Jaqueline Williams
Gary McGuire

Staff

Systems Admin: John Efird
IT Staff: David Leacock
John Turner
Sunshine: JoAnn Efird
Newsletter: Linda Graff
Chris Fitzgerald
Nilda Rosario

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to: **WPSCnews@cfl.rr.com**

Front Desk Volunteers Needed

For: 8:30 am—12:30 pm OR 12:30 -4:30 pm

Volunteers are the backbone of the WPSC operation. If you are interested in volunteering, applications are available at the front desk.

Senior Center Holiday Closures

The Center will be closed on:
Christmas Day, New Years Day,
Memorial Day, July 4th and Labor Day.
The center will be closed at
NOON on Christmas Eve.

IMPORTANT NOTE:

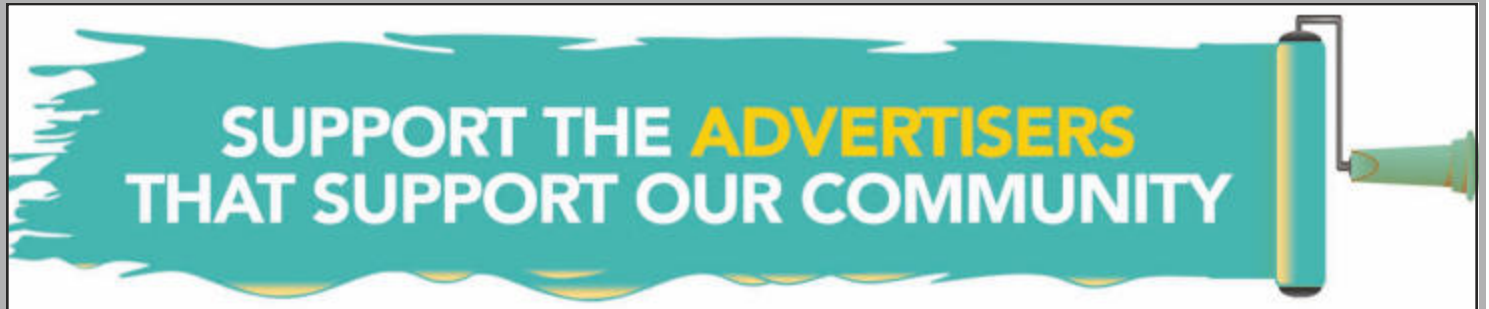
Our website address has changed to www.ourseniorcenter.com



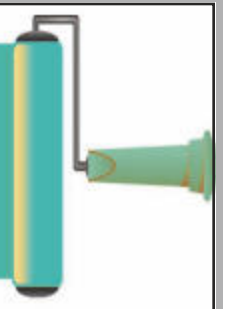
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