

# Friendship Flyer

2785 Leisure Drive Melbourne, FL 32935 (321) 255-4494

Hours: Mon-Fri: 8:30 am-4:30 pm

Website: www.bcwpsc.org



## **President's Message**



- December 1
   WPSC Annual
   Meeting
   10:00 11:30 AM
- December 6-10
   Board of Director
   Annual Elections
- December 12
   Volunteer Brunch
   12:00 3:00 PM

Also, please note that the Wickham Park Senior Center will be CLOSED Monday, September 6 for the Labor Day Holiday.



**Diane Weinzierl** 

It's beginning to feel like Ground Hog Day at WPSC. First mask requirements, then no masks for vaccinated individuals, now back to Masks again for EVERYONE. Then it was closed Saturday, open Saturday, and now we're back to closed Saturday again. I truly thought the worst of COVID was behind us last month, but I can see now that was only wishful thinking on my part.

The goal of the Board of Directors has always been to keep our center open and do the best we can to ensure the safety of our members. But we can't do it alone, we truly need your help in this fight. With that in mind,

and the growing number of new cases in the County, we're implementing several changes at the Center:

- Effective August 16, face mask/coverings are required for everyone again. The only exception will be when a person is exercising, eating or drinking.
- Last month I mentioned that we were planning our first Friday Night Dinner for October.
   Unfortunately, with the new Mask Requirement as well as what's happening around
   COVID, we felt we would not be able to get the minimum 80 people to attend, so a
   decision was made to postpone our Friday nights dinners until 2022.
- Duplicate Bridge has postponed in-person activity at the center until further notice. They will continue to hold virtual online games. Check out the website (www.bcwpsc.org) for more details.
- With little activity at the Center on Saturday, effective August 23 we made the
  decision to close the building on Saturdays and Sundays until the end of the
  year. We will revisit this decision at the beginning of 2022.

The Nominating Committee is looking for new Board candidates for the 2022 year. If you've always wanted to have some say in how the Center is run, this is the perfect opportunity for you. If you're interested or have questions, please contact a member of the Nominating Committee (Vinnie Germann, Peggy Miles, Rosalie Novak) or any current Board Member. Elections for the new Board will be held the week of December 6-10.

We have scheduled our **Annual Meeting for Wednesday, December 1** from 10:00 am to 11:30 am. Please put this on your calendar and plan to attend. More details to follow.

We have such wonderful, caring and giving members at the Center. Please check out the articles on page 14 & 15. If you know of other members we should highlight, please be sure to let us know so we can share their stories with everyone.

#### **Mission Statement**

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"

## **IMPORTANT NEWS**

#### **Board of Directors Update**

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Your Board met on Monday, August 9 and conducted the following business:

The Treasurer has resigned so the Board will be looking for a replacement Treasurer.

- Sonia Echevarria was appointed as the new Travel Director and appointed to the Board until December, 2021.
- COVID-19 Review. The Board voted to update the COVID-19 Guidelines to require face mask/coverings for anyone in the building, effective Monday, August 16. The only exception will be when someone is exercising or eating or drinking.
- With the advent of the mask requirements, a decision was made to post-pone the Friday night dinners until 2022.
- The Volunteer Dinner will be replaced with a Volunteer Brunch to be held Sunday, December 12 at the Crown Plaza. Details will be sent out to all volunteers at a later date.
- Shuffleboard proposed an annual fee of \$40/ year for unlimited play beginning October 1 (in addition to the WPSC annual membership).
   Members not wishing to pay the annual fee will continue to pay the \$1/\$3 fees each time they use the shuffleboard court. The board will review this decision in one year.
- A Nominating Committee to recommend 2022
   Board Members was named. The committee
   will be Vinnie Germann, Chairperson, and
   Peggy Miles and Roalie Novak. If you'd like to
   serve on the Board of Directors next year,
   please contact one of them.
- Several other important dates were established:
  - Annual Meeting: December 1, 2021 at 10:00 am – 11:30 am.
  - Elections for 2022 Board will be held on December 6-10.

The next Board of Directors Meeting will be held Monday, September 13 at 9:30 am. These meetings are open to all members to attend.

## **COVID-19 Safety Protocols for Wickham Park Senior Center**

(Effective Monday, August 16, 2021)

To help ensure the safety of our members and volunteers, we are implementing the following COVID-19 protocols, until further notice.

- If you have not been fully vaccinated for COVID-19, we strongly recommend that you not come into WPSC during this time.
- If you've been exposed to COVID-19, feel sick or have symptoms (even mild), please stay home until you have tested negative for COVID.
- Anyone entering the WPSC building will be required to wear a face mask/covering (covering nose and mouth) at all times except for noted below. At your discretion, face covering may be removed only during exercise activities, while eating or drinking, or when you can safely social distance.
- All members are required to scan their membership card at the front desk upon entering the building. If you forget your membership card, a front desk volunteer will gladly check you in. Non-members are required to sign the guest book that is located at the Front Desk.
- All members are required to respect CDC
   Guidelines as well as standard social
   distancing guidelines. Please maintain 6 feet of space from others and refrain from
   physical contact such as hugging or shaking
   hands.
- Program Managers will sanitize chairs and tables before each program.
- Hand Sanitizer will be available throughout the building.
- All members and activity participants are
   required to sign a hold harmless statement
   that will be available at the front desk. Hold
   harmless statements only need to be signed
   once and will be kept on file at the front desk.

## **IMPORTANT NEWS**

#### **Computer Help Wanted**

The Tech Support staff at the Senior Center is in need of volunteers to assist with computers and associated equipment. If you have experience in any of the following and can volunteer a few hours a week, please contact John Efird at 321-704-0520, or email him at wpscitadmin@cfl.rr.com. The skills needed are:

- Data Entry: Ability to create and edit documents in Microsoft Word and Excel. Familiarity with Microsoft Publisher and Access database software is a plus.
- **Routine Hardware and Software** Maintenance: Periodic running of antivirus and anti-malware software. Monitoring printer use to determine when toner, ink or other printer hardware needs replacement.

#### Front Desk Volunteers Needed!

Wickham Park Senior Center is operated with 100% volunteers. To support the center we require people at the Front Desk. Do you have 4

hours per week or maybe 4 hours a month? Every little bit helps. Normally there are two people at the front desk. So you will not be by yourself. The following is what skills are required:



- · Computer skills required.
- Answer the phones.
- Greet people with a friendly happy face.

Training will be provided. You have to be a WPSC member to volunteer. If you're interested, please stop by the center and complete the volunteer form. Questions? Please contact us at 321-255-4494.

#### Treasurer Needed!

WPSC is looking for someone to fill the Treasurer position. This is a volunteer position and includes a seat on the Executive Board of Directors. Strong accounting background required and knowledge of QuickBooks is helpful. If you are interested or know of someone who might be interested, please contact Diane Weinzierl, President, at 321-591-3966.

### **Bridge Education News**

Wickham Park Duplicate Bridge Club (WPDBC) is offering two online classes in September. It is not necessary to be a member of the WPDBC to attend these bridge classes. The classes are as follows:

#### 1. Two Over One Game Force (2/1)

Two over one has replaced Standard American as the most popular bidding system in duplicate bridge. This class will teach the principles and advantages of the 2/1 bidding system. The class also includes some bridge conventions as a bonus.

This 8-week class starts on Wednesday, September 8th at 10 am—Noon and costs \$40. To enroll in the class, contact Dave Hoffman at davehoffma@gmail.com or call 321-795-3695.

#### 2. Competitive Bidding

The perfect follow-on to the Bridge Basics 1 class, the Audrey Grant series on learning to play bridge. Students will bid and play hands in this fun class while learning the following topics:

- Preemptive opening bids
- Overcalls and advances
- Takeout doubles and advances
- The competitive auction

This 7-week class starts on Monday, September 20th at 10:00 am—Noon and costs \$35. To enroll in the class, contact Harold Phillips at hlphill@earthlink.net or call 321-795-3695.



## **BUNCO Fundraiser**

Date: Sunday, September 19, 2021

1:00 pm—4:00 pm Time:

Place: Wickham Park Senior Center

Donation: \$20.00 to Play

Join the fun while supporting the American Cancer Society! There will be prizes, raffles, food and more! You must sign up to play. Table space is limited and please bring your own set of 3 dice. To reserve a space, call or text Ginny

Parker at 321-698-0445.

## **OUR SPONSORS**

## **Our "STARS" Sponsors**

The Officers and Membership of Wickham Park Senior Center appreciate the continued support of our many Sponsors. As an all volunteer run organization, their continued financial support allows us to offer Activities and Social events for our members.

#### **Diamond Level**

Beltone Hearing ◆ Courtney Springs Village ◆ CarePlus Health Plans

CIGNA ◆ Edward Jones Investments ◆ Health First Health Plans ◆ Health First Home Care

Home Instead Senior Care ◆ Power Realty ◆ Slonim & Lemieux Law Offices

St. Francis Reflections ◆ United Healthcare ◆ VITAS Healthcare

Gold Level Silver Level

Victoria Landing Buena Vida Estates • ClearCaptions

#### **Meet & Greet Sponsors**

Ally Senior Living Consultants • CaptionCall • CarePlus Health Plans

CIGNA • Courtney Springs Village • Health First Health Plans • Health First Home Care
Home Instead Assisted Living • Humana Marketing • Power Realty

St. Francis Reflections • United Healthcare

VIP America Home Health Care • VITAS Healthcare

## Thank you SPONSORS

#### **Come Meet Our Sponsors!**

Our monthly Meet & Greets with our sponsors have started back up on Tuesday and Friday mornings from 9—11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them.

#### **Monthly Schedule:**

- 1st Tuesday VITAS Health Care & Power Realty
- 2nd Tuesday Health First Home Care, CIGNA & Humana Marketing
- 3rd Tuesday Health First Health Plans & CaptionCall
- 4th Tuesday—Home Instead Assisted Living
- 1st Friday VIP Health Care
- 2nd Friday United Healthcare
- 3rd Friday CarePlus Health Plans
   & Home Instead Assisted Living
- 4th Friday Ally Senior Living & St. Francis Reflections



## TRAVEL NEWS

#### The WPSC Travel Office is OPEN Monday thru Friday 9:00 am—1:00 pm

#### The Isle of Capri Casino

Date: September 15, 2021 Cost: \$45 per person

## Ybor City, Columbia Restaurant & Riverwalk

Date: October 27, 2021 Cost: \$179.00 per person

#### **Miami Key West**

Date: February 8-11, 2022 Cost: \$495.00 per person

#### Holiday Luncheon & Tour of Norton Museum & Chesterfield Hotel

Date: December 2, 2021 Cost: \$139.00 per person

Wicked Winter Wonderland & Sanibel Historical Museum & Village

Date: December 12 & 13, 2021

Cost: \$409 per Double / \$469.00 per Single

Courtesy of Travel Expressions & Diamond Tours. For questions, please call Wickham Park Travel at 321-425-5530.



# Questions about MEDICARE?

## I can help!



## Gabriel Quezada 321-419-7409 (TTY: 711)

Monday — Friday, 8 a.m. — 5 p.m. gquezada@careplus-hp.com

Call your licensed
CarePlus sales agent TODAY!





## **CALENDAR OF EVENTS**

WICKHAM PARK SENIOR CENTER 2785 Leisure Way Melbourne, FL 32935

**SEPTEMBER 2021** 

Phone: 321-255-4494
Web: <u>www.bcwpsc.org</u>

ACTIVITY	NOT RESUMING IN SEPTEMBER	SCHEDULE FOR SEPTEMBER
Ballroom Dancing	▼	On-site Classes Postponed Indefinitely
Bingo		Tuesdays & Fridays @ 11:00A—2:00P
Bone Makers Plus	✓	
Blood Pressure Checks	. ₩	
Bridge: Beginner Class		Mondays @ 10:00A—Noon
Duplicate	MEETS VIRTUALLY	Monday thru Friday @ 12:30P & Saturdays @ 7:00P
Duplicate	⊡f	On-site Classes Postponed Indefinitely
Chat	MEETS VIRTUALLY	Fridays @ 9:30—11:00A
Rogue		Tuesdays @ 1:00—3:00P
Rubber		Thursdays @ 1:00—4:00P
Bunco		1st & 3rd Thursdays @ 12:30—4:00P
Chair Yoga		Tuesdays @ 3:00—4:00P
Chefs for Seniors		2nd & 4th Thursdays @ 11:00A—12:30P Sign-up Sheet at Front Desk
China Painting		Mondays @ 9:30—11:30A
Euchre		1st & 3rd Wednesdays @ 6:00—9:00P
Games: Hand & Foot		Mondays & Fridays @ 9:00A—Noon
Games Galore		Wednesday @ 2:00—4:00P
Greeting Cards	<b>♂</b>	
Jazzercise Lo		Mon., Wed. & Fri. @ 8:30—9:30A
Line Dancing:		Tuesdays @ 4:15—5:30P
Mahjong: American		Mondays @ Noon—3:30P Thursdays @ 9:00A—Noon
Chinese		Wednesdays @ 1:00-4:00P
Mexican Train Dominoes		Wednesdays @ 1:00-4:00P
Pinochle		Fridays @ 12:30—4:00P
Poker: Dealers Choice		Tuesdays & Fridays @ 1:00—4:00P
Friendly		Mondays & Wednesdays @ 1:00—4:00P
Pool (Billiards)		Monday thru Friday @ 8:30A—4:30P
Shuffleboard: Open Play		Mondays & Thursdays @ 6:00—8:30P Saturdays @ 9:00A—Noon
QiGong-TaiChi		Wednesdays & Fridays @ 8:30—9:30A
Silver Sneakers		Thursdays @ 11:00A—Noon
Social Scrabble		Tuesdays @ 9:15A—Noon
Strength / Flexibility		Thursdays @ 9:30—10:30A
Watercolor Instruction		Wednesdays @ 9:30A—12:15P
Zumba Gold		Tuesdays @ 8:30—9:15A
Program details and times are subject to change. Please check the daily schedule at the Front Desk for the latest information.		

#### **Ballroom Dancing**

#### **Postponed Indefinitely**

Cost: \$8.00 per Class for Members \$10.00 per Class for Non-Members \$5.00 Practice Without Class

Any questions? Please contact Chris Marcelle, 321-258-5916.



OPEN TO THE PUBLIC: Tuesdays & Fridays 11:15 am—2:00 pm; Doors Open @ 10:00 am

Early Bird Starts at 11:15 am

Packages start at \$6.00. Bingo payouts will be adjusted based on attendance.

Kitchen open from 10:00 am to 11:30 am.

- Six-foot tables are set up to accommodate two

   (2) people per table (one on each side at
   opposite ends). Players wishing to sit more
   players per table may do so at their own
   discretion.
- Attendance may be limited due table space available. Once all available seats are filled, it may be necessary to turn people away.
- All tables will be sanitized prior to each session.

For more information, contact **Brenda Clarson** at 321-258-8837.

## **Beginner Bridge Class**

Mondays @ 10:00 am—Noon Cost: \$60.00 for 7 Lessons

\$30.00 Student/Military Discount

**Book: Bridge Basics 1 by Audrey Grant** 

**\$12.49 at Amazon** 

Some books available locally at \$10.00

Whether you are looking for competition or something more relaxed, bridge is a great option for you. Learn the ultimate card game and discover your new passion in the comfort of your home. The Wickham Park Duplicate Bridge Club is providing a seven-week online beginner bridge course. Bridge is a great social activity and a way to make new friends. To register, contact **Linda James** at 321-848-5228 or email:

lindalizjames@gmail.com.

### **Bridge (Duplicate)**

Online: Monday thru Friday @ 12:30 pm;

Saturdays @ 7:00 pm

**On-site Classes: Postponed Indefinitely** 

Cost: \$6.00

The WPSC Bridge Committee has unanimously decided to put face-to-face bridge on hold, effective immediately, until it feels it is safe to resume playing in a face-to-face environment.

We will continue to offer our online games on Mon, Tues, Wed, Thurs, Friday at 12:30 pm and an evening game on Saturdays starting at 7 pm. Thursday is a mentor game starting at 12:15 pm. 0-350 game on Friday at 12:20 pm (Must be an ACBL member for Limited Game). The games are

approximately
2 hours long
except for
Tuesday
where up to
20-22 boards
are played.
Great fun!



If you would like to play in our game, please contact:

- Pam Page at 321-537-0907
- Bob Ezell at 1-321-474-2293
- Tom Allan at 321-831-8261

They can help you with tutorials for playing on BBO, or help find a partner.

- Chat Bridge: Fridays 9:30-11:00 am. Contact Dave Seares at 321-259-0798
- **Mentor Game**: Thursdays 12:15 pm. Contact Tom Allan at 321-831-8261
- Limited Game: Fridays 12:20 pm. Contact Tom Allan at 321-831-8261
- Competitive Bidding Bridge Class:
   Mondays starting 9/20/2021. This is the second class in the Audrey Grant series. For details: Competitive Bidding Flyer

#### **Bridge (Rogue)**

Tuesdays @ 1:00—3:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact Patricia Rosenthal at 321-626-5419.

#### **Bridge (Rubber)**

Thursdays @ 1:00—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Come on out for an afternoon of enjoyment at the bridge table. Any questions? Please contact **Janet Walker** at 321-242-3173 for Thursday classes or **John Dalheim** at 321-848-1794 for Saturday classes.

#### **Bunco**

1st & 3rd Thursdays @ 12:30—4:00 pm Cost: \$6.00 Members / \$8.00 Non-Members

Bunco is played on the 1st and 3rd Thursday of each month. This month's dates are September 2nd and September 16th! **Jan Glugla** and **Lisa Coyle** are the Bunco Program co-chairs. We play four rounds. After two rounds, we have a break for refreshments. We supply coffee and water. Players may bring lunch items, snacks or desserts to share. Please contact **Jan** at 321-253-3387 to reserve your Bunco space.

#### **Chair Yoga**

Tuesdays @ 3:00—4:00 pm/Sign-in @ 2:45 pm Cost: \$1.00 Members / \$3.00 Non-Members

This class is designed to help with overall wellbeing for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance.



A focus on posture

and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.

#### **Chef for Seniors**

2nd & 4th Thursdays @ 11:00 am—12:30 pm

September 9: Diabetic Dinner September 23: Cut the Carbs

Cost: \$6.00 Members / \$8.00 Non-Members



Chef Jillian takes a Midwest farm-to-table approach to food. Driven by her love of food, she attended Le Cordon Bleu and became a certified pastry chef. She worked at Disney's EPCOT Food and Wine Festival where she was recognized for her hard work, leadership skills and health and safety compliance. She also worked as a Pastry Chef at a Disney hotel where her dessert was featured in a magazine. After relocating to Melbourne she worked as a Pastry chef at the Chart House. Jillian loves serving the senior community in the Melbourne, Palm Bay, and Indian Harbour Beach areas as a Chefs For Seniors franchise owner. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting.

## **China Painting**

Mondays @ 9:30—11:30 am
Cost: \$5.00 Members / \$7.00 Non-Members
Classes are held in Room 117. Contact Frankie
Lybarger at 321-254-0254, if you have any questions.

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## **ACTIVITIES & GAMES**

#### **Euchre**

1st & 3rd Wednesdays @ 6:00—9:00 pm Cost: \$5.00 Members / \$7.00 Non-Members Set up time starts at 5:30 pm and games start promptly at 6:00 pm. Contact Jay Koeller at 321-794-6400.

#### **Games Galore**

Wednesdays @ 2:00—4:00 pm
Cost: \$1.00 Members / \$3.00 Non-Members
Mexican Train Dominoes, and special card
games, such as UNO, SKIP-BO,5 CROWNS,
QUIDDLER, PHASE 10, MAHJONG card game
(not tiles) and special CANASTA cards. The
group decides each week what they would like to
play depending on the number of people in
attendance. We are a social group and will teach
you any of the aforementioned games. Contact
Mary Ann Kacanda at
321-752-9536.

## Hand & Foot Card Game Mondays & Fridays 9:00 am—Noon

Cost: \$1.00 Members / \$3.00 Non-Members
Join this group of friendly and competitive players
for a time well spent. Players are designated to a
table by drawings seat assignments, if you do not
have a partner. Contact Nancy Berckhemer at
321-254-5170 for more information.

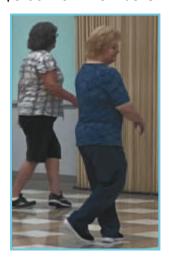
#### **Jazzercise Lo**

Mon., Wed., & Fridays @ 8:30—9:30 am
Cost: \$40.00 per Month or \$10.00 per Day
Join us for a fun and energized Jazzercise Lo
class. Start off your mornings dancing away those
extra calories using <a href="Low Impact">Low Impact</a> moves that yield
MAXIMUM results! You use muscles, not
momentum, to get a total body workout without
the impact on your joints. Contact <a href="Ginny Parker">Ginny Parker</a>
at 321-698-0445.

## **Line Dancing**

Tuesdays @ 4:15—5:30 pm Cost: \$6.00 Members / \$8.00 Non-Members





Line Dance for fun and exercise every Tuesday afternoon! Plan to come and have some fun with us and reduce these stressful times. Line Dance presents you with a perfect form of exercise which helps maintain a healthy heart. It also helps you get in a social environment which is great for mental wellness. We all need to laugh and have friends. Come join this fun group! Call **Sue Duncan** at 321-505-0846 for more information.

## **Mahjong**

American: Mondays @ Noon—3:00 pm &

Thursdays @ 9:00 am—Noon

Chinese: Wednesdays @ 1:00—4:00 pm Cost: \$1.00 Members / \$3.00 Non-Members

Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! Contact **Patricia Rosenthal** at 321-626-5419 (American) or **Michael** at 321-537-7094 (Chinese), if you have any questions.



#### **Mexican Train Dominoes**

Wednesdays @ 1:00—4:00 pm Cost: \$1.00 Members / \$3.00 Non-Members

Mexican Train Dominoes is a simple, easy to learn dominoes game. We enjoy playing and we would love to have you come play with us too. Contact **Cora DiCecilia** at 321-254-5014.

#### **Pinochle**

Fridays @ 12:30—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members Contact Cathy Decker at 321-254-9517.

## Poker (Dealers Choice)

Tuesdays & Fridays @ 1:00—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact Kit LaLonde at 954-260-0687.

#### Poker (Friendly)

Mondays & Wednesdays @ 1:00—4:00 pm Cost: \$1.00 Members / \$3.00 Non-Members

Attention: Players Needed! Pennies Only. Call ahead to attend. Contact **Vinnie Germann** at 321 -253-6155.

#### **Pool (Billiards)**

Monday thru Friday @ 8:30 am—4:30 pm
Tournaments: 2nd Wednesday of Every Month
Cost: \$1.00 Members / \$3.00 Non-Members
Plus \$ .50 per Day or \$2.00 per Week

YE OL Pool Room 8 Ball Tournament Results of 8/11/21:

1st Place: Joe Franco
2nd Place: Dave Reeve
3rd Place: Jorge Fernandez
4th Place: Curtis Schumidt

Next tournament is September 8. Questions? Please contact **Wally Topinko** at 321-622-4977.





**ADVERTISE HERE NOW!** 

Contact Karen Fontaine to place an ad today! kfontaine@4LPi.com or (800) 477-4574 x6350



#### QiGong-TaiChi

Wednesdays & Fridays @ 8:30—9:30A Cost: \$5.00 Members / \$7.00 Non-Members

Laura Parsons, Certified Instructor received a Certificate of Appreciation from City of Satellite Beach for creating videos for Virtual QiGong-TaiChi Classes during the COVID-19 shutdown. Many folks are still using the videos at home, out of town and in Assisted Living since



COVID is still rampant here in Florida. Although the videos are not of great quality, they are free and have continued to be a help for keeping the exercise discipline alive: <a href="https://youtu.be/">https://youtu.be/</a> <a href="https://youtu.be/">VmRK85ep0IM</a>. Contact **Laura** at 321-474-5374.

#### **Shuffleboard**

Mondays & Thursdays @ 6:00—8:30 pm & Saturdays @ 9:00 am—Noon Cost: \$1.00 Members / \$3.00 Non-Members
For more information on learning how to play or participating in shuffleboard tournaments, please call Greg Jones at 606-219-3994 or email: greg.sonesta@gmail.com.

### **Silver Sneakers**

Thursdays @ 11:00 am—Noon
Cost: \$6.00 Members / \$8.00 Non-Members

Silver Sneakers is a low impact cardio and stretching class that's done 60% in a chair and the other 40% standing. It is a great workout for ALL levels of fitness! The cost if just \$6.00 per class, but for some of you, your health insurance may cover the cost of the class and you can come and work out FOR FREE! All you need to do is contact your health insurance company and ask them if your policy includes Silver Sneakers. Contact Kim Billins at 469-662-4176.

#### **Social Scrabble**

Tuesdays @ 9:15 am—Noon Cost: \$1.00 Members / \$3.00 Non-Members

Hello fellow Scrabble players! Friendly Scrabble has returned as of April 20, 2021. Questions? Please contact **Anne O'Brien** at 303-453-7301.

## Strength/Flexibility

Thursdays @ 9:30—10:30 am

Cost: \$4.00 Members / \$6.00 Non-Members

Get Into The Fitness Zone! Fitness Unlimited by Design presents a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps with posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We are working on core, arm and leg strength. Go at your own pace and feel the antiaging begin. Come and join us, no need to sign up, just show up. I can't wait to meet you!! For more information, contact **Susie Salvetti** at 321-626-0282.

#### **Watercolor Instruction**

Wednesdays @ 9:30 am—12:15 pm Cost: \$6.00 Members / \$7.00 Non-Members

Classes held in the computer room. Please check with WPSC COVID mandates as they follow the County and CDC Guidelines. Bring your own supplies, smiles and good attitudes! Relax, enjoy the process and camaraderie. All levels welcome! Contact **Judy Champion** at 321-312-9155 or email: <a href="mailto:judy.champion325@gmail.com">judy.champion325@gmail.com</a>.

#### **Zumba Gold**

Tuesdays @ 8:30—9:15 am

Cost: \$5.00 Members / \$7.00 Non-Members

Zumba Gold has numerous health benefits including mood elevation. Zumba boosts dopamine and serotonin in the brain to produce general happy feelings. Class focuses on all elements of fitness: cardiovascular, muscular conditioning, flexibility and balance! For more information, please contact **Cristina Aguerrevere** at 321-914-9401.



## **GENERAL NEWS**



Ardrey, Kathy

Beausejour, Carmen

Beers, Dennis

Beers, Phannee

Bosch, Loretta

Bryan, Gloria

Buschkuhl, Patricia

Clark, Nicole

Cole, Andrew

Cole, Kathy

Cosentino, Lisa Beth

Cox, Dorothy

Daigneau, Alice

Danner, Cathy

Dempsey, Theresa

Dimaggio, Maryann

Dodge, Maryanne

Dooley, Robert

Dowd, Jennifer

Duncan, Regina Jackie

Galbraith, Frederick

Goldstein, Gail

Gordon, Sheila

Grenevicki, Joann

Grenevicki, Larry

Grew, Charlene

Hall. Ann

Harrington, Nancy

Hollenbaugh, Gregg

Hollenbaugh, Karen

Huebner, Jeff

Hunt, Cathy

Kabaservice, Marcia

Kowalchuk, Donna

Leahy, Tad

Leeds, Nancy

Leist, Cindy

Luscher, Edith (Edie)

Mebus, Norma

Mendez. Jolie

Miller, Rose

Murphy, Mary

Murphy, Robert

Nadeau, Katherine

O'Connor, Carol

Pankey, Sarah

Perreault, Richard

Riffee, Bobbie Roina, Ann

Rutkowski, Diana

Schultz, Ingrid

Schultz, Norma

Sevilla, Jose

Soper, Elizabeth

Stack, Stella

Stoneburne, Karen

Stout, Jo Ann

Tully, Karen

Wagner, Shoneen

Weeks. Tommie

Whitner, Robert

Wicks, Anjanette

Wilborn, Tony

Wilbolli, Tolly

Wilborn, Wendy

Zieler, Leona

## Wickham Park Senior Center Holiday Closures

The Center will be CLOSED on:

- Labor Day Holiday: Monday, September 6
- Thanksgiving Holiday:
  - Wednesday, November 24
  - Thursday, November 25 (Thanksgiving)
  - Friday, November 26 (Friday after Thanksgiving)
  - Saturday, November 27
- Christmas Holiday:
  - Thursday, December 23
  - Friday, December 24 (Christmas Eve)
  - Saturday, December 25 (Christmas Day)
- New Year's Holiday:
  - Friday, December 31, 2021

(New Year's Eve)

Saturday, January 1, 2022

(New Year's Day)

#### **Meet Our Staff**

#### Officers

President: Diane Weinzierl
Vice President: Gary McGuire
Secretary: Lynn Higginbotham

Treasurer: Michelle Goldstein

**Directors** 

Sonia Echevarria Pam Page Vincent Germann Ginny Parker Peggy Miles Linda Payne

Beverly Morgan Jaqueline Williams

Rosalie Novak

Staff

Systems Admin: John Efird IT Staff: David Lead

David Leacock John Turner

Sunshine: JoAnn Efird Newsletter: Nilda Rosario

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to: **WPSCnews@cfl.rr.com** 

#### **No Curb Parking!**



You may notice the new "NO PARKING" signs added along the curb on the main road across from our building. Parking along the curb is not legal and is an accident waiting to happen, particularly along the curb behind our handicapped parking as it makes it very difficult for people legally parked to back out when they leave the Center. Please park in a legally marked parking space only. There is additional parking available at the community center next door if necessary. We appreciate your cooperation.

## WPSC DONATIONS

In FY2021, we have been fortunate to receive a number of donations to the Center. We would like to thank them for their generosity:

#### **Donations Earmarked for WPSC**

- Jacqueline DeGaetano
- Sonia Echavaria
- Frank M. Page
- St. Francis Reflections

#### **Donations Earmarked in Honor of Mary Ellen Reeves**

- Angela Brown
- Verna Layman
- The Germanns and The Atiyehs Family Members of Vincent Germann
- Vincent & Rosalie Germann
- Daniel & Karen Hagan
- Doris Lynn
- H. T. Lyons, Inc.
- G. Ronald Reeves

Wickham Park Senior Center is a 501(c)3 charitable organization and as such is eligible to receive charitable donations.





### **SPECIAL NEWS**

## **Bridge Player Donates** \$200,000 to Local Zoo

By Pieter VanBennekom

Dave Pettit likes his human friends at the Wickham Park Senior Center Bridge Club just fine, but he admits he has a real soft spot in his heart for animals.



So when he heard

that the Brevard County Zoo just north of Melbourne was in deep financial trouble due to the COVID pandemic, he called the people at the private, nonprofit institution, and asked them how much they needed to keep the zoo afloat until things can return to some semblance of normalcy.

"About \$200,000," he was told.

So without further ado, Pettit wrote a check for that amount.

"Of course they were very grateful," Pettit said.
"They told me that my gift made the difference
between being able to survive and having to close
their doors. I'm not sure whether to believe them or
not, but in any event, I was glad to do it."

As a private, nonprofit institution, the Brevard County Zoo lost most of its normal sources of revenue during the pandemic when it had to close its doors to the paying public to prevent the spread of COVID, but its expenses for housing and feeding the exotic animals continued to be about the same. The zoo got little or no help from the various government programs to help businesses survive – its star performers, the zebras, crocodiles and rhinos, could not be classified as "essential employees" for payroll help.

One of the signature exhibits at the Brevard County Zoo is the giraffe house, where the viewing platform has been built at the height of the giraffes' heads. While the graceful animals walk around below in a deep pit, this construction allows face-to-face contact between humans and the tallest animals in the world.

"My godson from Argentina came up to visit several years ago, and when we took him to the zoo, we saw a giraffe kiss him," Pettit says. "That's a lasting memory, and it sure helped create that soft spot in my heart for the zoo. I just could not risk letting it go under. I thought I had to do whatever I could to help them keep going."

Pettit moved to the Melbourne area to retire about 30 years ago, and over that time, he had seen the fortunes of the zoo improve steadily – until the COVID pandemic. "At one time, someone had written

that the Melbourne Zoo was one of the worst in the country," Pettit recalls, "but they did a wonderful job with improvements and new attractions so that it has become a very important part of the local community."

The zoo owns a substantial amount of additional land north of its present location, and has ambitious plans for a further expansion. Pettit hopes that his gift will help the zoo achieve its goals of not only surviving, but thriving and expanding.

"I hope that they'll make it now," says Pettit, 92, who has developed mobility problems and has been confined to a wheelchair since a recent stroke. To thank him for the generous gift, the zoo organized a private tour for him and a group of friends, including many members of the Melbourne bridge club.

Because of his mobility problems, Pettit also has not been able to resume face-to-face bridge after the club partially re-opened, although he does play online, and he still plays very well. The stroke has not affected his mental sharpness.

Pettit learned to play bridge at the age of 5 from his parents and their friends when they were often in need of a fourth at the table. When he had zero MasterPoints and wasn't even a member of the American Contract Bridge League yet, some friends from his overseas Army service in Japan convinced him to enter a Nationals tournament in the early '60s and they made some waves by beating the vaunted Bear-Stearns team in a knockout (although they did get trounced by another pro team in the next round).

Pettit didn't play competitive bridge for many years as he pursued a professional career, first as a math professor after getting a Master's degree from CalTech. "But I couldn't see myself teaching basic algebra to college freshmen for the rest of my life, so I quit and became a financial adviser," says Pettit. It was a profession he did quite well at – hence his ability to make the generous gift to the Melbourne Zoo.

His friends at the bridge club hope Pettit will be able to return to play with them in-person some day, but in the meantime they cheer him on for helping to save the local zoo.

"We think it's fabulous what he's done," says club manager Pam Page.



## **SPECIAL NEWS**

## **Brenda & Pat Appreciation Day**

On August 3, the Board surprised our two volunteer bingo program managers, Brenda Carlson and Pat Snyder, with a special Appreciation Day. Board members chipped in to set-up and tear-down the bingo hall and help sell bingo cards, while Brenda's daughter, Heather, took over running bingo for the day without Brenda or Pat having to do anything. Their only job for the day was to enjoy a bagel breakfast and spend a well-deserved day playing bingo (something they don't usually get to do when volunteering), complete with balloons, flowers and a beautiful cake that everyone at bingo got to enjoy.

Brenda and Pat have been running the Wickham Park Senior Center bingo program for more than 10+ years. They are responsible for EVERYTHING Bingo, including ordering all supplies, collecting, distributing and accounting for all bingo money, recruiting and managing a larger group of bingo volunteers, as well as setting up, tearing down and sanitizing the bingo tables and chairs for each session. It's a huge responsibility that accounts for a good portion of the center's revenue and the Board wanted them both to realize how thankful and appreciative we are for the fantastic job they have done, and continue to do.

#### THANK YOU, BRENDA & PAT!



## Meet Our New Travel Director—Sonia Echevarria

I guess you might be asking me why are you here – why Wickham Park Senior Center? I would say, I was sent by my therapist to join the Senior Center, instead of being home locked up away from people – get out there and meet people



and one of the best places to do that is WPSC. And so, I did.

Volunteering is not foreign to me. I have done missionary work in Madagascar helping with health care for children, even delivering newborn babies. I have also volunteered in the Dominican Republic, as well as Puerto Rico, helping clean up after hurricane disasters.

Even though I don't know how to play any game, I liked what I saw here and thought "there must be something I can do". So when Linda said she needed a volunteer for front desk, so I said "I'll do it". I know a lot about computers, so it wasn't hard for me. I also saw they needed someone for travel and I mentioned I used to be a coordinator for a senior center in memorial hospital Pembroke, doing the same type of work. I love the Senior Center. I have met many nice people that have love and compassion for others; they help each other and these are all things that like to do.

I feel that anyone that comes to the senior center will see what I myself saw. When someone new comes into the center, I introduce myself to them and tell them about our center and what a great place it is to join.

So, if you ask me why I'm here, I say come volunteer at the Center and see for yourself what Wickham Park Senior Center can do for you, just like it did for me. I look forward to seeing you at the Center and on one or more of our upcoming travel excursions.





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