



Friendship Flyer

2785 Leisure Way
Melbourne, FL 32935
(321) 255-4494

Monday-Friday: 8:30 am—4:30 pm

Saturday & Sunday: CLOSED

www.bcwpsc.org

SEPTEMBER 2023



President's Message



Diane Weinzierl

Even though it's still summer and way too HOT outside, your WPSC team has turned its attention to cooler weather and Fall planning. There are a number of Fall events that we wanted to make you aware of:

- **Flu Vaccine will be available at WPSC this year.** Courtesy of Hobbs Pharmacy, we will be offering the **Flu Vaccine at WPSC** on Friday, September 22, Tuesday, October 3 and Tuesday, October 17 from 9:00 am to 1:00 pm. Make sure to sign up ahead of time. Both the high dose for those over 65 and regular flu vaccines will be available. Make sure to sign up ahead of time. See article on page 2 for more details.

- **WPSC Annual Craft/Rummage Sale – Saturday, September 30 – 8:00 am – 1:00 pm**

Mark your calendar to attend our Craft/Rummage Sale that will be held at the Center on Saturday, September 30 from 8:00 am to 1:00 pm. This year we are combining our event with the quarterly rummage sale held at the Wickham Park Community Center (next door). It's open to the public and FREE to attend. If you would like to reserve a table for selling items at this event, please pick up a reservation form at the front desk or contact Ginny Parker. Details can be found on page 2.

- **Halloween Dinner & Dance – Friday, October 27 – 4:30 – 7:00 pm**

It's not too early to start planning your costume for our upcoming Halloween Event. Dinner will be catered by Genna's Pizza and music & dancing will be provided by Rick Brensinger. Activities will include prizes for best costumes (individual & couple), prizes for best decorated or carved pumpkins (decorate or carve at home and bring in to enter into the contest), Monster Stomp Dance contest, Guess How Many candy corn jar contest, and 50/50 raffle. We'll also have a photo backdrop for everyone to have their Halloween pictures taken. Cost will be \$12 per person. Tickets will go on sale October 2 and the event is limited to 100 people – so be sure to purchase your tickets early. See flyer on page 12 for additional details.

New Classes at WPSC starting in September

- Starting Wednesday, September 6 from 9:30 to 11:00 am, we're offering a weekly **Beginner Color Pencil Portrait Class** where you can learn how to create a beautiful drawing of your favorite photograph. See page 8 for more details.
- Starting September 5 you can now attend a Jazzercise class 6 days a week, including 2 evening classes and a Saturday morning class. See page 9 for times and details.

Lastly, don't forget **we will be closed on Monday, September 4 for Labor Day.**

Have a fun and safe holiday weekend!

Mission Statement

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"



The WPSC Board of Directors meetings are held on the 2nd Monday of each month at 9:30 am. The next meeting will be **September 11 at 9:30 am in Room 117**. All WPSC members are welcome to attend.

PLEASE NOTE: The Board of Directors Meeting for October has been changed to Monday, October 2 at 9:30 am.

Arts/Crafts & Rummage Sale at the Wickham Park Senior Center

- **Saturday, September 30**
- **8:00 am—1:00 pm**
- **Vendor Tables: \$20 Per Table**
- **Contact: Ginny Parker @ 321-698-0445**

OPEN TO THE PUBLIC! FREE TO ATTEND!

Vendor applications can be picked up at the front desk. This year our event will be held in conjunction with the Wickham Park Community Center's Rummage Sale.

Get Your Flu Vaccine at WPSC (Courtesy of Hobbs Pharmacy)

Hours: 9:00 am – 1:00 pm

Schedule: Friday, Sept 22 in Room 117
Tuesday, Oct 3 in Room 114
Tuesday, Oct 17 in Room 114

Open to all members and non-members. Must bring your insurance card! Limited spots at each event – sign-up sheets at front desk.

Both the high dose for those over 65 and regular flu vaccines will be available

Scan QR code on flyer at front desk to complete form prior to attending the clinic.

Kitchen Volunteer Needed!

Looking for a Volunteer to assist in the Kitchen during Bingo on Fridays from 9:30 am to 1:30 pm. Volunteer Application available at the Front Desk.



Kitchen Manager Needed!

- Responsible for managing kitchen and kitchen staff to provide and sell lunches during bingo sessions (Tuesday and Friday each week).
- Responsible for kitchen storage maintenance/organization (both in storage room and in kitchen)
- The kitchen manager must be able to manage people, order and make sure supplies are in place, be aware of and make sure that current laws are being met.

Volunteer Application for both positions available at the Front Desk.

Helping Seniors Understand New Voting Laws

Due to a change in state law, Florida voters interested in voting by mail have to apply for new ballots. Previously, a Florida voter's request for a mail-in ballot would be good for two general election cycles, meaning another request would not be needed for four years. The new law reduces that duration to once per general election cycle, or every two years.

As a result, every vote-by-mail request expired at the end of 2022. Every citizen who wants one must request a mail-in ballot for 2023/2024. To request your mail-in ballot, you can go to Brevard County Supervisor of Elections to make your request online (www.votebrevard.gov).

MAKE SURE YOUR VOTE COUNTS!

SAVE THE DATES!

- **Saturday, September 30 – Arts/Crafts & Rummage Sale**
- **Friday, October 27 – Halloween Event**
- **Wednesday, December 6 – Annual Meeting**
- **Sunday, December 10 – Volunteer Event**
- **Monday thru Friday, December 11-15 – Annual Meeting**



The Wickham Park Senior Center will be **CLOSED** on **Labor Day, Monday, September 4.**

“You’ve Won” Scams

Here’s how it works: You get a card, a call, or an email telling you that you won! Maybe it’s a trip or a prize, a lottery or a sweepstakes. The person calling is so excited and can’t wait for you to get your winnings.

But here’s what happens next: they tell you there’s a fee, some taxes, or customs duties to pay. And then they ask for your credit card number or bank account information, or they ask you to wire money.

Either way, you lose money instead of winning it! You don’t ever get that big prize. Instead, you get more requests for money, and more promises that you won big.

Here’s what you can do:

1. Keep your money and your information to yourself. Never share your financial information with someone who contacts you and claims to need it. And never wire money to anyone who asks you to.
2. Pass this on to a friend. You probably throw away these kinds of scams or hang up when you get these calls. But you probably know someone who could use a friendly reminder.

Please Report Scams: If you spot a scam, please report it to the Federal Trade Commission.

- Go online: ftc.gov/complaint
- Call the FTC at 1-877-ID-THEFT (1-877-438-4338)

Your report can help protect other people. By reporting fraud, you can help the FTC’s investigators identify the scammers and stop them before they can get someone’s hard-earned money. It really makes a difference.

Looking for a Worthy Charitable Donation Organization?

Wickham Park Senior Center is a 501(c)3 charitable organization and as such is eligible to receive charitable donations. We would like to thank the following people for their generous donations to WPCS in FY2023.



- Kathleen & Andrew Cole
- Nancy Colwell

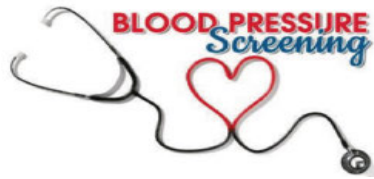
In Memory of John Cerovich:

- Barbara Cerovich
- Thomas Bonarrigo, Jr.
- Beverly & Ed Burkey
- Harriet Roderick
- Edward & Patricia Gulakowski

If you find you have extra funds in your charitable donations bucket anytime during the year, please consider donating to WPCS.

Need Your Blood Pressure Checked?

Sea Pines will be conducting blood pressure checks at the Wickham Park Senior Center every 2nd Friday of the month (**September 8**) at 9:00-11:00 am.



COMMENTS? We value your opinion!

There’s a SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPCS!



Need to Schedule an Appointment with SHINE?



The WPCS SHINE Group is available Tuesdays and

Thursdays from 9:00 am to Noon in Room 104. Anyone interested can call 407-514-1800 to schedule an appointment. No fee required!

The WPSC Travel Office is OPEN Monday—Friday, 9:00 am—1:00 pm
For more information and reservations, please call Wickham Park Travel at 321-425-5530.

Titanic First-Class Dinner Gala

Date: September 27, 2023

Cost: \$164 PP

Time: Leave WPSC at 1:30 pm / Returning at 10:45 pm

Enjoy a Gala Dinner on the Titanic! Come aboard the “Ship of Dreams” and be a guest at one of the most famous dinner parties on board Titanic. Join Captain Smith, Margaret “Molly” Brown, and additional first-class passengers for a night to remember. The Titanic First Class Dinner Gala includes a Captain’s cocktail party, a tour of Titanic: The Artifact Exhibition, a four-course dinner, and reenactments of the night of April 14, 1912.

Pigeon Forge & Smokey Mountains Show Trip

Date: October 9-14, 2023

(6 Days / 5 Nights)

Cost: \$785 PP Double /

\$1,004 Single Occupancy (Less Your Deposit)

Please call the travel office for any questions.

SOLD OUT

We are taking names
for a WAITING LIST

Harrah’s Pompano Beach Casino (previously Isles One Casino)

Date: October 26, 2023

Cost: \$60 PP Includes \$15 Free Play

Time: Leave WPSC at 10:30 am / Returning at 5:00 pm

Looking to live it up in South Florida? Harrah’s Pompano Beach is calling your name and is home to over 1,200 slot machines and electronic table games, plus 40+ live action poker tables. With decadent dining options, exciting events, and simulcast, there’s something to entertain everyone.

Please provide copy of Driver’s License at sign up.

Stetson Mansion Christmas House Tour (incl. Lunch at Cooks Restaurant)

Date: November 15, 2023

Cost: \$164 PP

The 1886 Stetson Mansion is the largest and most spectacular “Gilded Age” residence ever built in Florida before 1900. The grand Victorian mansion has had all of its original rich architectural details restored. You will walk on 16 stunning original mosaic parquet floor patterns. The Stetson Mansion is Florida’s most historic home, but it is not a museum. It is a private residence that is lived in and welcomes guests this time of year with over the top elegant and reverent adult holiday decorations. The owner/designer might stop in to say hello to your group.

Murder Mystery Dinner Train & Sanibel Museum

Date: December 10-11, 2023

Cost: \$499 PP Double / \$569 Single Occupancy inc. Lunch at the Bubble Room Restaurant

Sign up now for the Murder Mystery Dinner Train’s Classic Christmas ‘killer thriller’ for an evening of Fun, Food, and Murder! This unique dining experience includes a delicious five-course dinner prepared on board, served at tables of four, with an ongoing comical mystery that plays in the aisles during this fun-filled evening! Enjoy the 3-1/2 hr. train ride aboard the Seminole Gulf Railway. Costumes encouraged, but optional. After our train ride, we’ll spend the night in Ft. Myers. Following breakfast in the hotel, we’ll travel to Sanibel Museum then lunch at the Bubble Room Restaurant.

A Swingin’ Christmas at the Winter Park Playhouse

Date: December 14, 2023

Cost: \$159 PP incl. Lunch at the Cheesecake Factory

Time: Leave WPSC at 10:30 am / Returning at 5:30 pm

Ring in the holidays with this unforgettable evening of quintessential **Tony Bennett** songs! Featuring 18 classic holiday tunes plus the standards that made Bennett famous, like “I Wanna Be Around,” “The Good Life,” “Rags to Riches” and Tony’s signature “I Left My Heart in San Francisco.” Celebrate the season Tony Bennett style!

Jersey Boys at the Vero Beach Riverside Theatre

Date: January 11, 2024

Cost: \$179 PP incl. Lunch at Vincent’s Italian Restaurant

Time: Show Starts at 2:00 PM

Who knew four guys from New Jersey would turn the world upside down? With a unique sound that nobody had heard, but the radio couldn’t get enough of, Jersey Boys is the Tony Award®-winning true-life musical of Frankie Valli and The Four Seasons. While their harmonies were perfect on stage, their offstage relationships were a different story.

Only
16 Tickets
Available!

Mission Inn, Yalaha Bakery & Mt. Dora

Date: January 24, 2024

Cost: \$129 PP

Yalaha Baker is a lovely gem of a German bakery, famous for its yummy, unique baked goods, delicious breads, and cute location. If you’re looking for a strong German

representation, this is your place. They feature a vast array of baked goods. From Yalaha, we're off to Howey-in-the-Hills for a relaxing and luscious lunch buffet at the beautiful Mission Inn Resort and Golf Club. After our delightful and satisfying lunch, we move on to quaint Mt. Dora for free time to browse, shop, or search for antiques. A wonderful, relaxing day of fun and food!

Breaking Up Is Hard To Do at the Winter Park Playhouse

Date: February 15, 2024
Cost: \$159 PP incl. Lunch at the Cheesecake Factory
Time: Leave WPSC at 10:30 am / Returning at 5:30 pm

This nostalgic musical comedy celebrates the timeless songwriting magic of the legendary **Neil Sedaka!** Set at a Catskills resort in 1960, this humorous and heartwarming musical follows two friends from Brooklyn in search of good times and romance over one wild Labor Day weekend. Featuring 20 of Sedaka's most popular songs including "Laughter in the Rain," "Where the Boys Are," "Sweet Sixteen," "Calendar Girl," "Love Will Keep Us Together," and the chart-topping title song!

ON YOUR FEET!

The Story of Emilio & Gloria Estefan at the Vero Beach Riverside Theatre

Date: April 18, 2024
Cost: \$179 PP incl. Lunch at Vincent's Italian Restaurant
Time: Show Starts at 2:00 PM

Based on the lives and music of 26-time Grammy Award-winning husband-and-wife team, Emilio and Gloria Estefan, *On Your Feet!* is a high-energy celebration of the songs that got the world dancing to the rhythm. From humble beginnings in Cuba and exile in Miami, Emilio and Gloria's passion for music helped them overcome overwhelming odds and personal tragedies. With an estimated 100 million albums sold worldwide, Gloria Estefan is among the most successful crossover artists ever and *On Your Feet!* showcases over 20 of her biggest hits including: "Conga," "1-2-3," "Anything for You," and "Get on Your Feet." Music & Lyrics by Emilio Estefan & Gloria Estefan.



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CALENDAR OF EVENTS

WICKHAM PARK SENIOR CENTER
2785 Leisure Way
Melbourne, FL 32935

Phone: 321-255-4494
Web: www.bcwpssc.org

SEPTEMBER 2023

ACTIVITY	SCHEDULE FOR SEPTEMBER	NOTES
Ballroom Dancing	2 Classes on Mondays @ 6:30P & 7:30P for ALL Levels Different Dance Each Month	CLOSED UNTIL OCTOBER 2
Bingo	Tuesdays & Fridays @ 11:15A—2:00P DOORS OPEN AT 10:00A	
Blood Pressure Checks	2nd Friday (September 8) @ 9:00—11:00A	
Bones and Balance	Mondays @ 10:00—11:00A; Register @ 9:45A	
Bridge: Beginner Class	Saturdays @ 11:00A with Pam Page For Virtual Classes please see our website at www.bcwpssc.org and click "Bridge" icon	
Chat	Fridays @ 9:30—11:00A	MEETS VIRTUALLY
Duplicate	On-Site Classes on Mon., Wed., & Sat. @ 12:30—4:00P Virtual Classes Thursdays @ 12:15P on the BBO platform	NO CLASS ON SATURDAY, SEPT. 30
Party Bridge	Wednesdays @ 12:30-4:00P	
Rogue	Tuesdays @ 12:15—4:00P	
Rubber	Thursdays @ 1:00-4:00P & Saturdays @ 12:30-3:30P	NO CLASS ON SATURDAY, SEPT. 30
Bunco	1st & 3rd Thursdays (September 7 & 21) @ 1:00—4:00P	
Canasta	Thursdays @ 9:00A—Noon	
Chair Yoga	Tuesdays @ 3:00—4:00P	
Chefs for Seniors	Next Class September 21 @ 11:00A—12:30P Sign-up Sheet at Front Desk	
Chess	Thursdays @ 1:00—3:00P	
Color Pencil Portrait for Beginners—NEW!	Wednesdays @ 9:30—11:00A	BEGINS SEPT. 6
Euchre	Wednesdays @ 6:00—9:00P	
Hand & Foot	Mondays & Fridays @ 8:45A—Noon	
Jazzercise Lo	Mondays, Wednesdays & Saturdays @ 8:30—9:30A Tuesdays & Thursdays @ 6:00—7:00P Fridays @ 8:30—9:15A	
Line Dancing	Tuesdays @ 4:15—5:30P	
Mahjong: American	Mondays @ Noon—3:30P Thursdays @ 9:00A—Noon	
Chinese	Wednesdays @ 1:00—4:00P	
Oil Painting for Beginners	3rd Thursday (September 21) @ 1:00—5:00P Sign up Sheet at Front Desk	LIMIT 6 PEOPLE PER CLASS
Pinochle	Mondays & Fridays @ 12:15—4:00P	
Poker: Dealers Choice	Tuesdays & Fridays @ 11:30A—4:00P	
Friendly	Mondays @ 1:00—4:00P	
Pool (Billiards)	Monday thru Friday @ 8:30A—4:30P	
QiGong-TaiChi	Mondays, Wednesdays & Fridays @ 8:30—9:30A	
Rummikub	Wednesdays @ 1:00-4:00P	
Senior Law	4th Friday of the Month (September 22) @ 2:00—4:00P Sign up Sheet at Front Desk	
SHINE	Tuesdays & Thursdays @ 9:00A—Noon	
Strength / Flexibility	Thursdays @ 9:30—10:30A	
Shuffleboard: Open Play	Saturdays @ 9:00A—Noon	
Technical Training & Education Class	3rd Friday (September 15) @ 2:30-3:30pm	ON COMPUTERS & CELL PHONES
Ukulele: Beginners—NEW!	Tuesdays @ 10:30—11:30A	

Program details and times are subject to change. Please check the daily schedule at the Front Desk for the latest information.

NEW UPDATES

Ballroom Dancing & Swing Lessons

Two Classes on Mondays @ 6:30P & 7:30P for ALL Levels. Different Dance Each Month.

Cost: \$8.00 per Class for Members
\$10.00 per Class for Non-Members

CLOSED UNTIL OCTOBER 2

Classes change every month. Welcome Singles and Couples! Any questions? Please contact **Chris Marcelle** at 321-258-5916.



TUESDAY & FRIDAY—Open to the Public!
Doors Open @ 10:00 am
Cards Sold @ 10:30 am – 11:30 am
Early Bird Starts @ 11:15 am



Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more info, contact **Brenda Clarson** at 321-258-8837.

Bones & Balance

Mondays @ 10:00—11:00 am
Cost: \$5.00 Members / \$7.00 Non-Members

Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.

Duplicate Bridge

On-site Classes: Mon., Wed. & Sat. @ 12:30P
Online Classes: Thurs. @ 12:15 pm on the BBO platform
Cost: On-site classes \$6.00 / Online classes \$5.00

NO CLASS ON SATURDAY, SEPT. 30

Duplicate bridge classes have resumed on-site Monday, Wednesday and Saturday. Virtual online classes are also available. For the online schedule, please check out the latest on the website under the Bridge tab. Contact **Pam Page** at 321-537-0907 or pam.page@bellsouth.net for bridge-related questions.



Party Bridge

Wednesdays @ 12:30—4:00 pm
Cost: \$5.00 Members / \$7.00 Non-Members

This new program began on April 12. Contact Tom Sanders at 321-960-1894 for more information.

Rogue Bridge

Tuesdays @ 12:15—4:00 pm
Cost: \$1.00 Members / \$3.00 Non-Members



Contact **Patricia Rosenthal** at 321-626-5419.

Rubber Bridge

Thursdays @ 1:00—4:00 pm
Saturdays @ 12:30—3:30 pm
Cost: \$2.00 Members / \$4.00 Non-Members
NO CLASS ON SATURDAY, SEPT. 30

Come on out for an afternoon of enjoyment at the bridge table. Any questions? The point of contact for Thursday is **Janet Walker** at 321-242-3173 and the point of contact for Saturday is **Gayle Schanck** at 541-821-7070.



Bunco

1st & 3rd Thursday (Sept. 7 & 21) @ 1:00—4:00 pm
 Cost: \$6.00 Members / \$8.00 Non-Members

Please join us every 1st and 3rd Thursday of the month for Bunco and arrive by 12:45 pm. Don't forget to bring your up-to-date membership card.



Bunco ends about 3-3:30 pm. Please contact **Linda** at 321-549-9893 for more details and reservations (for set-up purposes). See you there for this fun activity. All you have to know is how to throw three dice. Non-members are welcome!

Canasta

Cost: \$1.00 Members / \$3.00 Non-Members
 Thursdays @ 9:00 am—Noon



Come play Canasta with us in a very friendly and social environment. Whether a newbie, beginner or more advanced player –

come and enjoy! If interested in joining or if you have any questions, please contact **Dean Abramson** at 215-498-7511.

Chair Yoga

Tuesdays @ 3:00—4:00 pm/Sign-in @ 2:45 pm
 Cost: \$1.00 Members / \$3.00 Non-Members

This class is designed to help with overall wellbeing for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.



Chef for Seniors

Cost: \$6.00 Members / \$8.00 Non-Members
 Classes @ 11:00 am—12:30 pm
 Sept. 21: Fall Flavors
 Nov. 16: Holidays

Join **Chef Jillian** for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting. Please sign up at front desk to reserve your spot.



All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.

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Chess

Cost: \$1.00 Members / \$3.00 Non-Members
 Thursdays @ 1:00—3:00 pm



Come join us for some social, relaxing Chess Play weekly. Whether you are a beginner or a more tailored player, we would love to have you join us for

some social, enlightening and most of all non-stressful chess play. If interested in joining or if you have any questions, please contact **Dean Abramson** at 215-498-7511 or sign up at the table in the front lobby. We need at least 6 players to start the group!

Color Pencil Portrait Class for Beginners—NEW! Begins Sept. 6

Wednesdays @ 9:30—11:00 am
 Cost: \$3.00 Members / \$5.00 Non-Members

Learn how to create a beautiful drawing from your favorite photograph! Bring your own portrait photograph to copy—Size: 5x8 (or other appropriate copy size). Supplies you will need to bring:

- Prismacolor Color Pencils
- Watercolor Paper
- Eraser
- Pencil Sharpener (optional).

See Front Desk or contact **Ann Armerding** @ 321-541-7027.



Euchre

Wednesdays @ 6:00—9:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Members must scan their card when entering and non-members must sign in.

Sign in starts at 5:30 pm. Depending on how many entries the usual payout is 4 places. The penalty for sets is .25 cents which covers miniscule expenses through the year and a big Christmas party where all the money is returned via food, drawings and prizes. The games are played either 4 handed or 3 handed depending on the number of entries. This format guarantees no matter the number of entries, all will be able to play. For more information or any questions, contact **Jay Koeller** at 321-794-6400.

Hand & Foot Card Game

Mondays & Fridays 8:45 am—Noon

Setup @ 8:30 am

Cost: \$1.00 Members / \$3.00 Non-Members

Join this group of friendly and competitive players for a time well spent. Contact **Beverly Morgan** at 303-458-8273 for more information.

Jazzercise Lo

Mondays, Wednesdays & Saturdays @ 8:30-9:30 am

Fridays @ 8:30-9:15 am

Tuesdays & Thursdays @ 6:00-7:00 pm

Members: \$50.00/Month & Walk-ins \$10.00

Non-Members: \$79.00/Month & Walk-ins \$12.50

Join us for a fun and energized Jazzercise Lo class. Dance away those extra calories using Low Impact moves that yield MAXIMUM results! We use muscles, not momentum, to get a total body workout without the impact on your joints. For more information, contact **Ginny Parker** at 321-698-0445 or **Natalie Derrick** at 321-543-6765.

Line Dancing

Tuesdays @ 4:15—5:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

Come and join us for Line Dancing for Fun and Exercise every Tuesday 4:15-5:30. Enjoy the Holiday. Summer takes many students traveling and enjoying visitors, but our Senior Center welcomes guests and visitors as well. See you on the dance floor making new friends while strengthening muscles and brain function. Have an amazing summer. Stay safe. For more information call **Sue Duncan** at 321-505-0846.

Mahjong

American: Mondays @ Noon—3:00 pm & Thursdays @ 9:00 am—Noon

Cost: \$1.00 Members / \$3.00 Non-Members

Chinese: Wednesdays @ 1:00—4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members



Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! Questions? Contact **Patricia Rosenthal** at 321-626-5419 (American)

or **Linda Milo** at 321-506-2672 (Chinese).

Oil Painting for Beginners

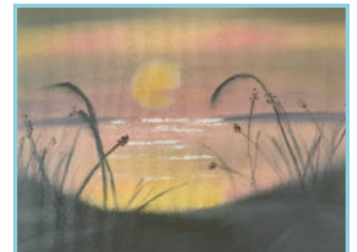
3rd Thursday of Each Month

September 21 @ 1:00—5:00 pm

Cost: \$40.00 per person (Includes All Supplies)

Come join us for a lot of fun and paint a beautiful landscape painting. Classes will be held on the **third Thursday of each month**; an overflow class will be held on the fourth Thursday of the month if there is enough interest. Please call the Center 321-425-5533, or sign up at the front desk.

For September, we'll be heading down to Key West to paint a beautiful sunset. Come enjoy our easy-paced class and paint a picture from right here in our own backyard. This painting is good for beginners, and you should be quite pleased with your finished painting.



All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, just six participants, so Hobo Bob has plenty of time to work with you as you paint your masterpiece.

Pinochle

Mondays & Fridays @ 12:15—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Bill Mueller** at 321-242-4999 (Mondays) or **Cathy Decker** at 321-432-7813 (Fridays).

Poker (Dealers Choice)

Tuesdays & Fridays @ 11:30 am—4:00 pm
 Cost: \$1.00 Members / \$3.00 Non-Members
 Contact **Bill Seigel** at 813-416-0428.

Poker (Friendly)

Mondays @ 1:00—4:00 pm
 Cost: \$1.00 Members / \$3.00 Non-Members
 Attention: Players Needed!
 Pennies Only. Call ahead to attend. Contact **Vinnie Germann** at 321-253-6155.



Pool (Billiards)

Monday thru Friday @ 8:30 am—4:30 pm
 Tournaments: 2nd Wednesday of Every Month
 Cost: \$1.00 Members / \$3.00 Non-Members
 Plus \$.50 per Day or \$2.00 per Week

YE OL Pool Room 8-Ball Tournament 8/9/23 Results:
 1st: Jerry Bertekap 3rd: Jorge Fernandez
 2nd: Mike Spaethe 4th: Larry Hoff

Next tournament is September 13. Questions? Please contact **Wally Topinko** at 716-830-5978.

Rummikub

Wednesdays @ 1:00—4:00 pm
 Cost: \$1.00 Members / \$3.00 Non-Members

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Questions? Contact **Rosalie Novak** at 321-610-8021.



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QiGong-TaiChi

Mon., Wed., & Fridays @ 8:30—9:30 am

Cost: \$5.00 Members / \$7.00 Non-Members



For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent

them. According to researchers, one of the most promising interventions is TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. Contact **Laura Parsons**, Certified Instructor at 321-474-5374.

Senior Law

4th Friday of Each Month

Next Class September 22, 2023 @ 2:00—4:00 pm

Cost: Free to all WPSC Members

The Slonim Law Firm invites you to attend a FREE seminar and question/answer session on the 4th Friday of each month at WPSC Room 117. We will cover topics such as:



SLONIM LAW

- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Living Wills
- Digital Assets
- Medicaid and Asset Protection Options
- Guardianships
- Probate Matters
- General Dementia Issues

Seating is limited. Please sign up at the front desk. Questions? Please call the Law office at 321-757-5701.

Shuffleboard

Open Play: Sat. @ 9:00 am & Thurs. @ 6:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Call **Tom Winkelspecht** at 321-446-3283 or email: tawinkii@me.com for more information on learning how to play or participating in tournaments.

Strength/Flexibility

Thursdays @ 9:30—10:30 am

Cost: \$4.00 Members / \$6.00 Non-Members



Fitness Unlimited by Design presents a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps with posture and alignment of the spine, helps us stay limber, agile,

strong and keeps our balance in check. We are working on core, arm and leg strength. Go at your own pace and feel the antiaging begin. Come join us, no need to sign up, just show up. For more information, contact **Susie Salvetti** at 321-626-0282.

Technical Training & Education—Computer & Cell Phone

3rd Friday of Each Month

Next Class September 15 @ 2:30—3:30 pm

Cost: \$0 Members / \$3.00 Non-Members

Enjoy a fun, easy-to-follow hour with a relevant and patient approach where YOU are LEARNING by DOING (instead of her explaining). No worries if you are a Beginner, First-Time User or at an Expert level, there is something for everyone – even SPANISH speakers. But there is a 20-person limit, so sign up ASAP! The goal is to make your life more enjoyable and less stressful. For more information, contact **Alison** at 954-376-2444.

Ukulele for Beginners—NEW!

Tuesdays @ 10:30—11:30 am

Cost: \$6.00 Members / \$8.00 Non-Members

Come join us for some free positive endorphins! This happy little instrument has known side effects such as good moods, smiling, song humming, camaraderie, friendship, and even romance! You will play songs on the first day! Bring your ukulele and music stand if you have them. Loaner ukuleles and music stands will be available for the first class only. After the first class students should bring their own instrument so they can practice at home. Let's make music together! Contact **Linda Paul** at 321-622-6213.





Join us for our 2023 Halloween Dinner at the

WICKHAM PARK SENIOR CENTER

FRIDAY

OCT. 27

4:30—7:00 PM

\$12 Per Person

Tickets on Sale at the Front Reception Desk starting
Monday, October 2

Be sure to get your tickets early!

Event limited to 100 people and we expect it to sell out quickly.

Dinner will be Served 4:30—5:30 pm

Catered by **GENNA**
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- * Chicken Parmigiana & Ziti with Sauce
- * Salad & Garlic Knots
- * Cake & Cookies
- * Iced Tea & Coffee

Other Festivities Include:

- * Prizes for Best Costumes - *Individual Costume & Couple's Costume*
- * Prizes for Best Decorated Pumpkin Contest (*Bring in your carved, painted or decorated pumpkin to enter*)
- * Monster Stomp Dance Contest
- * Guess How Many Candy Corn Jar
- * 50/50 Raffle
- * Photo Booth



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Saturday, 28 October 2023

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The Officers and Membership of Wickham Park Senior Center appreciate the continued support of our many Sponsors. As an all volunteer run organization, their continued financial support allows us to offer Activities and Social events for our members.

Diamond Level Sponsors



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Meet & Greet Sponsors

Our monthly Meet & Greets with our sponsors have started back up on Tuesday and Friday mornings from 9—11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them.

- Friday, Sept. 1: 321 Senior Health
- Friday, Sept. 1: Healthy Partners
- Tuesday, Sept. 5: Alzheimer's Foundation Joe's Place
- Friday, Sept. 8: Care Plus Health Plans
- Tuesday, Sept. 12: Harbor City Hearing Solutions
- Tuesday, Sept. 12: Ally Senior Living Consultants
- Tuesday, Sept. 12: Cigna
- Friday, Sept. 15: Rosanova Eye
- Friday, Sept. 15: United Health Care
- Tuesday, Sept. 19: American Home Care Svcs.
- Tuesday, Sept. 19: WellCare
- Friday, Sept. 22: St. Francis Reflections
- Tuesday, Sept. 26: VITAS
- Tuesday, Sept. 26: Sea Pines

Welcome

New Members in July

Ball, Earl	Mey, Suzy
Bayly, Sue	Mixson, Patricia
Bragg, Betty	Mizialko, Walter
Brown, Carol A	Patton, Carol
Carson, Elizabeth (Beth)	Perl, Jeffrey
Cavalcante, Joanna	Ramirez, Juan
Chatterjee, Ranesh	Russoniello, Joe
Comeau, John	Scafidi, Nick
Coolidge, Helen	Serrano Ferrer, Ginia
Derrick, Natalie	Sierota, Judith
DiPietro, Peri	Smith, Dinah
Dwyer, Melissa	Sobers, Darlene
Engel, Edna	Susmar, Ann
Everett, Doreen Anne	Sydney, Ann
Farmer (Cook), Cathy	Tessmer, Shirley
Farotto, Richard	Toole, Karen
Grace, Danny	Toole, Raymond
Green, David	Tunnell, Jo
Herndon, Barbara	Wallace, Bettie
Hetzel, Pat	Withrow, Claire
Krane, Fran	Wyatt, Dave
Kugler, Jackie	Youness, Gail
Marks, Diane	Zarzour, Deborah
Marnelli, Marie	

Wickham Park Senior Center Holiday Closures for 2023

To enable our volunteers to spend more time with their families during the upcoming holiday season, Wickham Park Senior Center will be closed on the following dates:

- **Labor Day Holiday** – Monday, Sept. 4, 2023
- **Thanksgiving Holiday:**
 - Wednesday, Nov. 22, 2023 (Day before Thanksgiving)
 - Thursday, Nov. 23, 2023 (Thanksgiving Day)
 - Friday, Nov. 24, 2023 (Friday after Thanksgiving)
 - Saturday, November 25, 2023
- **Christmas Holiday:**
 - Saturday, December 23
 - Monday, Dec. 25, 2023 (Christmas Day)
 - Tuesday, Dec. 26, 2023 (Day after Christmas)
- **New Year’s Holiday:**
 - Monday, January 1, 2024 (New Year’s Day)

Meet Our Staff

Officers

President:	Diane Weinzierl
Vice President:	Gary McGuire
Secretary:	Lisa Coyle
Treasurer:	Colleen Barneman

Directors

Ina Fritsch	Janice Oppelt
Celeste Garcia	Pam Page
Vincent Germann	Ginny Parker
Beverly Morgan	Janet Smith
Rosalie Novak	

Staff

IT Systems Admin:	John Efird
Webmaster:	Maureen Reeder
Sunshine:	JoAnn Efird
Newsletter:	Nilda Rosario

WPSC Email Addresses

DIRECTORY	EMAIL
WPSC President	president@bcwpsc.org
WPSC Secretary	secretary@bcwpsc.org
WPSC Treasurer	treasurer@bcwpsc.org
WPSC Scheduling	scheduling@bcwpsc.org
WPSC Information	info@bcwpsc.org
WPSC Webmaster	webmaster@bcwpsc.org
Travel Office	travel@bcwpsc.org
Front Desk Reception	reception@bcwpsc.org
Bridge Club	bridge@bcwpsc.org
Newsletter Editor	news@bcwpsc.org
Systems Administrator	itadmin@bcwpsc.org

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to:

news@bcwpsc.org

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