

MARCH 2025

2785 Leisure Way
Melbourne, FL 32935
(321) 255-4494

Monday-Friday: 8:30 am–4:30 pm
Saturday: 9:00 am–Noon
Sunday: CLOSED
www.bcwpsc.org



Friendship Flyer

President's Message



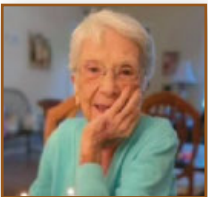
Diane Weinzierl

In February we held our first fund raiser of the year, a Craft/Rummage Sale held on February 15 in conjunction with the Community Center Rummage sale in the building next door. We appreciate the volunteers who donated items for sell. I also want to thank Ginny Parker, Larry Parker, Janet Smith and all our other volunteers who helped make this event such a huge success. Our next Craft Fair/Rummage Sale will be held on September 27. More details will be available later in the year.

I'm happy to announce that our next fundraising event will be our **Annual Kentucky Derby Dinner/Dance, scheduled for Friday, May 2 from 4:30 pm to 7:00 pm**. Tickets will be \$20 which will include dinner as well as music and dancing entertainment provided by Rick & Frank. Horse racing will be the main attraction, so start saving your dollar bills to bet on your favorite horse/jockey. If you're interested in participating in the race, please let me know. Attendance will be limited to 100 people and tickets will go on sale April 1. Watch for flyers to be posted around the center and additional details in next month's newsletter.



Looking for something fun to do on a Sunday afternoon? Consider joining us for one of our **Cornhole Tournaments** (held in the large auditorium). Tournaments are typically held the 2nd and 4th Sunday's of the month, but due to other scheduled events in March, they have been **rescheduled for March 16 and March 30**. Set-up and practice starts at 12:30 pm and the tournament begins at 1:30 pm. See page 7 for more details.



I'm sad to announce that Jackie DeGaetano passed away at the age of 93 on January 18, 2025. Jackie was a huge cheerleader and supporter of the Center since 2014, having worked as a Front Desk Volunteer, serving as a Director on the WPSC Board in addition to running our Bunco program for many years before she turned it over to Linda Peglow.



Happy St. Patrick's Day to everyone. Here's hoping the luck of the Irish smiles on all of us this year!

Officers

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Gary McGuire: Janet Smith
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Contents

President's Message 1
Important News 2-3
Calendar of Events 4-5
Activities & Games 6-11
Travel News 12-13
Our Sponsors 14
In Every Issue 15

MISSION STATEMENT

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"



IMPORTANT NEWS

MONTHLY BOARD MEETING

The WPSC Board of Directors meetings are held on the 2nd Monday of each month at 9:30 am. The next meeting will be **March 10 at 9:30 am in Room 117**. All WPSC members are welcome to attend.



NEED TO SCHEDULE AN APPOINTMENT WITH SHINE?

The WPSC SHINE Group is available Tuesdays from 9:00 am to 12:00 Noon in Room 104. Anyone interested can call 407-514-1800 to schedule an appointment. No fee required!

GFWC MELBOURNE WOMAN'S CLUB 21ST ANNUAL BUNCO PARTY



MARCH 2, 2025
1:00 pm – 4:00 pm
 2785 Leisure Way
 Melbourne
 \$25 Includes a Light Lunch

For tickets or more information, please contact:
 Alice Roper @ 321-298-7591

TRAVEL AWARENESS PRESENTATION

Wednesday, March 28 @ 9:45–11:00 am



Meet representatives from **Travel Expressions** and **Mayflower Tours**! Discover how traveling with WPSC can change your daily routine. Ask questions about the trips we have to offer and talk with our Travel Volunteers. Come to meet new friends who also love to travel, laugh, and have fun!

LOOKING FOR A WORTHY CHARITABLE DONATION ORGANIZATION

Wickham Park Senior Center (WPSC) is a 501(c)3 charitable organization and as such is eligible to receive charitable donations. We would like to thank the following people for their generous donations to WPSC in FY2025:

- Sharon Adams
- Janet & Vaughn Eastman
- Gayle Schanck
- In Memory of Tim Olsen from Friends & Family
- Travel Expressions

If you find you have extra funds in your charitable donations bucket anytime during the year, please consider donating to WPSC.



BUNCO FOR BOOBIES FUNDRAISER TEAM "SAVE THE GIRLS"



Where: Wickham Park Senior Center
 2785 Leisure Way, Melbourne, FL 32935

When: Sunday, April 6, 2025

Time: 1:00–4:00 pm

\$20.00 Donation to Play

**Door Prizes - Raffles - Goodies
 Friendship - Fun!**

**Prize for Most Buncos, Most Games
 & Least Games and Last Bunco**

Please bring a dish or finger food to share. Water and coffee will be provided. Please call or text **Ginny Parker** at 321-698-0445. We need to be sure we have enough table space for all to play.

Directions to the WPSC: Turn East onto Leisure Way from Wickham Road between Parkway and Post Roads. The event is in the building next to the Community Center.

IMPORTANT NEWS

ARTS, CRAFTS & RUMMAGE SALE FEBRUARY 15



BETTER & STRONGER IN 2025!

Article by Marcia Luhn, PM for Bones & Balance

Do you have difficulty walking, climbing stairs, or getting up from a chair? Welcome to a type of training that reduces body fat, reduces frailty, increases muscle mass and decreases your risk of injury. Strength training not only makes you stronger it improves your ability to perform day to day activities. Carrying groceries, gardening, and lifting suitcases as well as grandkids becomes a bit easier.



An important benefit of weight training is preserving and improving bone density, decreasing muscle loss and preventing falls. This type of exercise has shown to be effective for treating depression and stress.

In the Bones and Balance class we incorporate functional strength which is tailored to older adults. In order to keep moving longer I incorporate movements that include : pushing, pulling, squatting, lunging, rotating, and carrying.

There is no age limit for getting stronger! Start low (resistance) and go slow. Move however your joints and muscles allow. As your strength improves you can add more resistance to continue building muscle strength. Progressive overloading your muscles is crucial for longevity and living independently.

We use exe-tubing, bands, hand weights and tennis balls in class. Every muscle group is challenged. Large muscles are worked first , then smaller muscle groups, ending with a cool down stretch. All equipment is provided; however you are welcome to bring your own. Each exercise will be explained and demonstrated.

No pain allowed! Activating our core muscles will take the focus away from stressing our joints. A few side benefits of class are an increase in your social capital, better cognitive function, and just plain fun!

Remember the saying; If you always do what you always did you always get what you always got.

See you Monday at 10:00!

CALENDAR OF EVENTS

MARCH 2025

ACTIVITIES	MON	TUES	WED	THURS	FRI	SAT	SUN
Bingo (Doors Open at 10:00a)		11:15–2:00p			11:15–2:00p		
Bob Ross Style Beginners Oil Painting with Hobo Bob (CRI) (3rd & 4th Thursdays)				3/20 & 3/27 1:00–5:00p			
Bones & Balance (Register at 9:45a)	10:00–11:00a						
Bridge: Beginner Class	For Virtual Classes please see our website at www.bcwpssc.org and click "Bridge" icon						
Chat (Virtual)					9:30–11:00a		
Duplicate On-Site	Noon–3:30p		Noon–3:30p			Noon–3:30p	
Duplicate Class			11:00–Noon				
Duplicate Virtual Class on the BBO Platform				12:15p			
Party Bridge			12:30–4:00p				
Rogue		12:15–4:00p					
Rubber				1:00–4:00p		12:30–3:30p	
Bunco (1st & 3rd Thursdays)	March 2: GFWC Melbourne Women's Club Bunco 1–4:00p			3/6 & 3/20 1:00–4:00p			
Chair Yoga		3:00–4:00p					
Chefs for Seniors Topic: Soups (Sign-up at Front Desk)				4/10 11:00–12:30p			
Color Pencil Portrait for Beginners			9:30–11:00a				
Cornhole Tournaments							3/16 & 3/30 1:30p
Euchre			6:00–9:00p				
Fusion Glass Workshop with Lauren (Must Pay in Advance)						3/8 Noon–2:00p	
Hand & Foot	8:45–Noon				8:45–Noon		
Jazzercise Lo	8:30–9:30a		8:30–9:30a		8:30–9:15a		
Line Dancing		4:15–5:30p	NO CLASS ON MARCH 25				
Mahjong: American	Noon–3:30p			9:00–Noon			
Chinese			1:00–4:00p				
Pinochle	12:30–4:30p				12:30–4:30p		
Poker: Dealer's Choice		11:30–4:00p			11:30–4:00p	NO GAME 3/4 & 3/21	
Friendly	1:00–4:00p					NO GAME 3/3	

CALENDAR OF EVENTS

MARCH 2025

ACTIVITIES	MON	TUES	WED	THURS	FRI	SAT	SUN
Pool (Billiards)	8:30–4:30p	8:30–4:30p	8:30–4:30p	8:30–4:30p	8:30–4:30p		
QiGong-TaiChi	8:30–9:30a		8:30–9:30a		8:30–9:30a		
Rummikub			1:00–4:00p				
Senior Law (4th Friday of the Month) (Sign-up at Front Desk)					3/28 2:00–4:00p		
Senior Stitchers				10:00–Noon			
SHINE (Call for appt. first)		9:00–Noon					
Strength / Flexibility				9:30–10:30a			
Shuffleboard: Open Play	3/3-5: State Tournament - Doubles M/L 8a-6p 3/19-21: District Masters Tournament 8a-6p			6:00–8:30p		9:00–Noon	
Tango Dance Class					2:30–4:30p		
Technical Training & Education Class w/ Alison (3rd Friday of the Month)					3/21 2:30–4:30p		



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ACTIVITIES & GAMES



TUESDAY & FRIDAY—Open to the Public!
Doors Open @ 10:00 am
Cards Sold @ 10:30 am–11:15 am
Early Bird Starts @ 11:15 am



Effective January 2025, we will no longer accept anything larger than \$20 bills.

Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more information, contact Brenda Clarson at 321-258-8837.

Bones & Balance

Mondays @ 10:00–11:00 am
Cost: \$5.00 Members / \$7.00 Non-Members



Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.

Bob Ross Style Beginners Oil Painting with Hobo Bob (CRI)

3rd & 4th Thursdays: March 20 & 27 @ 1:00–5:00 pm
Cost: \$40.00 PP (Inc. All Supplies & WPSC Costs)
Sign-Up Sheet at Front Desk—Limit 6 People per Class

These classes are easy and fun!! Paint a beautiful landscape painting with us. Classes will be held on the third Thursday of each month; an overflow class will be held on the fourth Thursday of the month if there is enough interest. Please call the Center at 321-425-5533 or come into the front desk and sign up. For March, we'll be going in a slightly different direction and painting a beautiful landscape scene of a beautiful meadow filled with flowers. This painting is good for beginners, and you should be quite pleased with your finished painting. This painting will bring out the inner artist you may not even know you have. All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, just six participants, so Hobo Bob (CRI) has plenty of time to work with you as you paint your masterpiece.



Duplicate Bridge

On-site Games: Mon., Wed. & Sat. @ 12:00–3:30P
Cost: \$7.00 Members / \$9.00 Non-Members
CLASSES: On-site Class: Wednesdays @ 11:00A–Noon.
Free to those playing Bridge—\$5.00 if not playing.
Online Virtual Classes: Thursdays @ 12:15P on the BBO platform / Online classes \$5.00

On-site Duplicate bridge games are on Mondays, Wednesdays and Saturdays. Virtual online classes are also available. For the online schedule, please check out the latest on the website under the Bridge tab. Contact **Pam Page** at 321-537-0907 or pam.page@bellsouth.net for bridge-related questions.



Party Bridge

Wednesdays @ 12:30–4:00 pm
Cost: \$5.00 Members / \$7.00 Non-Members

Please contact Tom Sanders at 321-960-1894 prior to coming to this bridge for the first time.

ACTIVITIES & GAMES

Rogue Bridge

Tuesdays @ 12:15–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact Patricia Rosenthal at 321-626-5419.

Rubber Bridge

Thursdays @ 1:00–4:00 pm & Saturdays @ 12:30–3:30 pm

Cost: \$2.00 Members / \$4.00 Non-Members



Come on out for an afternoon of enjoyment at the bridge table. The Thursday point of contact is **Janet Walker** at 321-242-3173 and the Saturday point of contact is **Gayle Schanck** at 541-821-7070.

Bunco

1st & 3rd Thursday, **March 6 & 20** @ 1:00–4:00 pm

Cost: \$6.00 Members / \$8.00 Non-Members

Please join us every 1st and 3rd Thursday of the month for Bunco and arrive by 12:45 pm. Don't forget to bring your current membership card. Bunco ends about 3-3:30 pm. Please contact **Linda** at 321-549-9893 for more details and reservations (for set-up purposes). See you there for this fun activity. All you have to know is how to throw three dice.



Chair Yoga

Tuesdays @ 3:00–4:00 pm/Sign-in @ 2:45 pm

Cost: \$1.00 Members / \$3.00 Non-Members



This class is designed to help with overall wellbeing for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing

helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.

Chef for Seniors

Classes @ 11:00 am–12:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

- February 13: Soups
- April 10: Salads
- July 10: Topic TBA
- September 11: Topic TBA
- November 13: Topic TBA



Join **Chef Jillian** for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting. Please sign up at front desk to reserve your spot. **All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.**

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Cornhole Tournaments

Sunday, **March 16 & 30** @ 1:30 pm

Setup & Practice Starting @ 12:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members
(Annual Membership for 50+ is \$20)

Cornhole is welcome to all ages! Tournaments will be held indoors at the WPSC every 2nd and 4th Sundays (excl. conflict with holidays). Don't forget to scan your membership card at the front desk. Big welcome to 2 new players, Morgan David & Jim Lamoreaux.

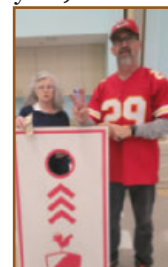
Rules for Senior Center:

- Age 50 to 69: 27-ft. front edge to front edge; (Dist. of Boards)
- Age 70 to 79: 25-ft. front edge to front edge
- Age 80 to 90: 23-ft. front edge to front edge
- Age 90 Plus/Non-Ambulatory: 21-ft. front edge to front edge

For any questions, please contact **Jay Koeller** at

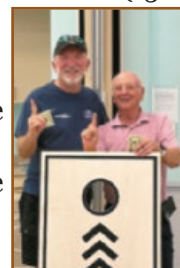
321-794-6400 (jkoeller18@gmail.com) or **Amy Longtin** at 321-205-5161 (ajgclrt@yahoo.com).

January 26 Winners
(16 Players)



1st Place: Kathy C. & Johnna
2nd Place: Judy & Daryl

February 9 Winners
(13 Players)



1st Place: Dale & Jay
2nd Place: James & Amy

ACTIVITIES & GAMES

Color Pencil Portrait Class for Beginners

Wednesdays @ 9:30–11:00 am

Cost: \$3.00 Members / \$5.00 Non-Members



Learn how to create a beautiful drawing from your favorite photograph! Bring your own portrait photograph to copy—Size: 5x8 (or other appropriate copy size). Supplies you will need to bring: Prismacolor Color Pencils, Watercolor Paper, Eraser, Pencil Sharpener (optional).

For more information contact **Ann Armerding** @ 321-541-7027.

Euchre

Wednesdays @ 6:00–9:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Members must scan their card when entering and non-members must sign in.

Euchre has been a great success and as our Euchre continues to grow, it is now common to have 5-6 tables in action. We try to promptly start by 6:00 pm which means we should be signed in no later than 5:50 pm to allow time to set up the correct 3/4 player table configuration and draw for your seats. The payout structure has been altered so more people are sharing the prize pool. That means if there are up to 30 players even eighth takes home a piece of the purse. more information, contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com).

Fusion Glass Workshop w/Lauren

Saturday, March 8, 2025 @ Noon–2:00P

Project: 2 Dichroic Fused Glass Pendant & Earring Sets

Cost: \$60 PP (Includes All Supplies & Kiln-Firing of Project & WPSC Costs)

Join us to explore an unique art medium that you might just get addicted to. No "artistic/creative" skills are required to make these projects out of fusible glass. Have no idea what "fusible glass" is? Don't worry, I will explain. Each class is designed to be fun and no stress. Call/text 310-483-3229 with questions.

Classes must be reserved/paid for in advance via the website: <https://www.glassbylauren.com/wpsc-workshop-sign-ups>

Each workshop has a 4 person minimum and 16 person maximum, so grab your seats early and invite your friends to sign up too. For safety reasons, closed-toe

shoes required. You start with a general introduction into the process of "kiln-firing" glass. We will learn how to cut basic shapes of glass. You then design and assemble a project of your own choosing - your imagination is the limit! There is a large palette of colors and types of glass to use. Your art is finished off-site. WPSC members can pick up from WPSC, all others can pick up from Lauren's Merritt Island workshop, or have it shipped for an additional fee.

For the March 8 class, we'll be creating TWO Jewelry Sets (each set includes 1 Pendant and 2 earrings). We will be using dichroic glass to create square, rectangular, circular pendants AND either post earrings or French hook earrings. All basic supplies are included.



Hand & Foot Card Game

Mondays & Fridays 8:45 am–Noon / Setup @ 8:30 am

Cost: \$1.00 Members / \$3.00 Non-Members

Join this group of friendly and competitive players for a time well spent. Please contact **Beverly Morgan** at 303-458-8273 for more information.



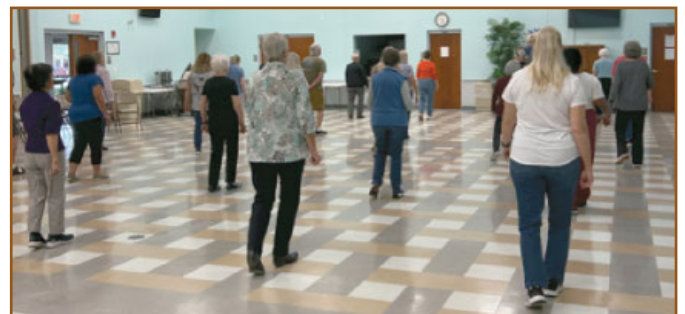
Line Dancing

NO CLASS ON MARCH 25

Tuesdays @ 4:15–5:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

Line Dancing for Fun & Exercise. If you haven't stopped by and tried this fun activity, you are missing out! off the cold weather and warm up quickly while make new friends and improving your balance. Come and build your self esteem with the rest of us while improving our cardiovascular health and reducing stress. Come in and see what we are talking about! For more information call **Sue** at (321) 505-0846.



ACTIVITIES & GAMES

Jazzercise Lo

Mon. & Wed. @ 8:30–9:30 am and Fri. @ 8:30–9:15 am

Members: \$50.00/Month & Walk-ins \$10.00

Non-Members: \$79.00/Month & Walk-ins \$12.50

Join us for a fun and energized Jazzercise Lo class. Dance away those extra calories using Low Impact moves that yield MAXIMUM results! We use muscles, not momentum, to get a total body workout without the impact on your joints. For more information, contact **Ginny Parker** at 321-698-0445.

Mahjong

American: Mondays @ Noon–3:00 pm &

Thursdays @ 9:00 am–Noon

Cost: \$1.00 Members / \$3.00 Non-Members

Chinese: Wednesdays @ 1:00–4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members



Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! Contact **Patricia Rosenthal** at 321-626-5419 (American) or **Linda Milo** at 321-506-2672 (Chinese).

Pinochle

Mondays & Fridays @ 12:30–4:30 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Bill Mueller** at 321-242-4999 (Mondays) or **Cathy Decker** at 321-432-7813 (Fridays).

Poker (Dealers Choice)

NO GAMES ON MARCH 4 & 21

Tuesdays & Fridays @ 11:30 am–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Bill Seigel** at 813-416-0428.

Poker (Friendly)

NO GAME ON MARCH 3

Mondays @ 1:00–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Attention: Players Needed! Pennies Only. Call ahead to attend. Contact **Beverly Morgan** at 303-458-8273.

Pool (Billiards)

Monday thru Friday @ 8:30 am–4:30 pm

Tournaments: 2nd Wednesday of Every Month

Cost: \$1.00 Members / \$3.00 Non-Members

Plus \$.50 per Day or \$2.00 per Week

YE OL Pool Room 8-Ball Tournament Feb. 12 Results:

1st: Bob Furlong

2nd: Boom'r McConell

3rd: Sam Campese

4th: Mike Spaette

Next tournament is March 12.

Questions? Contact **Wally**

Topinko at 321-622-4977.



QiGong-TaiChi

Mon., Wed., & Fridays @ 8:30–9:30 am

Cost: \$5.00 Members / \$7.00 Non-Members



For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them. One of the most promising interventions is TaiChi. It offers senior practitioners inner peace and improves balance,

flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. **Laura Parsons**, Certified Instructor at 321-474-5374.

Rummikub

Wednesdays @ 1:00–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Contact **Peggy Miles** at 732-688-6268.

ACTIVITIES & GAMES

Senior Law

4th Friday of the Month (March 28) @ 2:00–4:00P

Cost: Free to All WPSC Members

The Slonim Law Firm invites you to attend a FREE seminar and question/answer session on the 4th Friday of each month at WPSC Room 117.

Topics:

- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Digital Assets
- Medicaid and Asset Protection Options
- General Dementia Issues
- Guardianships
- Probate Matters
- Living Wills

Seating is limited. Please sign up at the front desk. Any questions, call the Law office at 321-757-5701.

Senior Stitchers

Thursdays @ 10:00 am–Noon in Room 114

Cost: \$1.00 Members / \$3.00 Non-Members

Would you like to learn to Knit or Crochet or do you already know how to Knit or Crochet? If so, please join us for a morning of friendship and pleasant conversation while learning new skills and stitches while helping each other to share and improve our skills. What to Bring:

If you are already experienced, please bring a WORK IN PROGRESS that you'd like to work on. If you're a beginner, please bring some worsted yarn and some Size 8 knitting needles or a Size G crochet hook.

For more information contact **Laurie Liguori** at 917-882-9898.



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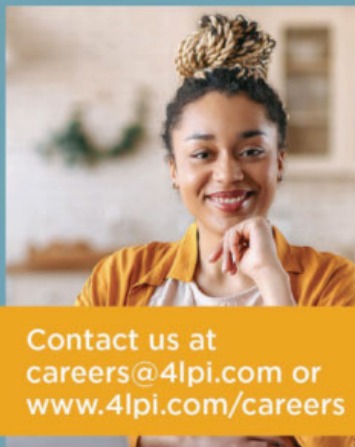
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ACTIVITIES & GAMES

Shuffleboard

Open Play: Sat. @ 9:00 am & Thurs. @ 6:00 pm
Cost: \$1.00 Members / \$3.00 Non-Members

March 3-5: Shuffleboard State Tournament-Doubles M/L
8:00 am-6:00 pm

March 19-21: Shuffleboard District Masters Tournament
8:00 am-6:00 pm

For more information on learning how to play or participating in tournaments, call Tom Winkelspecht at 321-446-3283 or email: tawinkii@me.com



Social Tango, Introduction to Argentine Tango

Fridays @ 2:30-4:30 pm
Monthly Cost: \$45 Members / \$48.00 Non-Members



Come out and enjoy the art of Argentine Tango, where students will learn to dance tango step-by-step. No partner is necessary as the basic techniques can be applied for the follower or the leader. Students will

experience in-part the health benefits of Argentine tango including overall improved well-being, walking, posture and coordination. At only \$45.00 for four weeks of Tango, (you decide which four weeks will work for you and we can accommodate flexible travel plans of students as well). Any questions, contact **Delores or Walt** at 850-212-7963.

Strength/Flexibility

Thursdays @ 9:30-10:30 am
Cost: \$4.00 Members / \$6.00 Non-Members

Fitness Unlimited by Design presents a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We work core, arm and leg strength. Contact **Susie Salvetti** at 321-626-0282 to see if this class is the right fit for you.



Technical Training & Education on Computer & Cell Phone

3rd Friday of the Month (**March 21**) @ 2:30-4:30 pm

Cost: \$1 Members / \$3.00 Non-Members

Phone/Tablet Beginner: 2:30-3:15 pm

Phone/Tablet Interim/Advanced: 3:15-4:00 pm

Laptop computer: 4:00-4:30 pm

(iPad/ tablet questions taken during any class)



Try one or stay for all 3! Room 117 end of the hall, 18-person limit. Use the sign-up sheet on the front table or text or call **Alison** at 954-376-2444 to confirm. Exercise your brain in a fun, interactive hour with a relevant and patient approach. For more personalized assistance, unsure of your level, or for desktop computers, don't hesitate to contact Alison.

WPSC Offers Free Lifetime Membership to Anyone Age 95 & Above



If you are age 95 or older, you are now entitled to FREE Lifetime Membership to Wickham Park Senior Center. Just stop by the Front Reception Desk, show them

your ID and they will get your membership updated.

Also, if you're age 95 or older, you can receive a FREE bingo package to play bingo at WPSC. Show them your lifetime membership card and join us to play Bingo.

TRAVEL NEWS

Florida Strawberry Festival

Date: March 3, 2025

Cost: \$145 PP / Includes Tickets to the 3:30p Concert to see The Drifters, The Platters & The Coasters

Time: 12:00 am–7:30 pm

The Florida Strawberry Festival represents a piece of Americana, a time in American history when fairs and festivals brought communities together through celebrations of their harvests. It has continued to grow in popularity year after year through the preservation of this heritage. Central to its focus, the Festival continues to preserve and enhance the agricultural and historical legacy of the Florida strawberry. The Florida Strawberry Festival is a great time to discover the charm and allure of Plant City, and it's the perfect time to enjoy eating ripe, luscious strawberries alongside the local berry farmers that have worked hard to bring them to market.

Sleuths Mystery Dinner Show

Date: March 16, 2025

Cost: \$169 PP

Time: Leaves WPSC at 3:30 pm / Returns at 9:30 pm

Join us for a comedy mystery show where you become the detective and solve the crime! You'll be treated to a hilarious 45-minute comedy mystery where all the clues are presented and you help solve the crime. Enjoy a delicious dinner as you formulate insightful (and not so insightful) questions for the live interrogation. It's improvisational comedy that will have you in side-splitting laughter! Fun prizes will be awarded to the successful Sleuths!

Titanic Tour & Dinner Gala

Date: March 22, 2025

Cost: \$169 PP (No Refunds)

Time: Leaves WPSC at 2:30 pm / Returns at 10:30 pm

The Titanic First Class Dinner Gala includes a Captain's cocktail party, a tour of the amazing Titanic: The Artifact Exhibition, a first-class dinner, and reenactments of the night of April 14, 1912. When you visit the Exhibition, you embark on a journey back in time to April 1912, when the ship embarked on its maiden voyage! You receive a replica boarding pass, assume the role of a passenger, and follow a chronological journey through life on the Titanic. The Exhibition features more than 300 artifacts and historical items as well as full-scale room recreation.

New Orleans

Date: March 31-April 5, 2025 (6 Days / 5 Nights)

Cost: \$778 Double / \$1,008 Single Occup. (Limit 5)

\$72 PP Insurance (Optional)

\$75 Due Upon Signing

Final Payment Due 1/23/2025

Time: Leaves WPSC at 8 am, then Buc-ee's at 200 World Commerce Parkway Saint Augustine, FL

SOLD OUT

Flagler Museum & Lunch at the Cheesecake Factory

Date: April 17, 2025

Cost: \$189 PP

Time: Leaves WPSC at 7:15 am / Returns at 5:00 pm

When it was completed in 1902, the New York Herald proclaimed that Whitehall, Henry Flagler's Gilded Age estate in Palm Beach, was "more wonderful than any palace in Europe, grander and more magnificent than any other private dwelling in the world." Contact the WPSC Travel Office for more information.

Mission Inn, Yalaha Bakery & Lakeridge Winery

Date: May 18, 2025

Cost: \$169 PP

Time: Leaves WPSC at 9:00 am / Returns at 5:00 pm

Yalaha Bakery is a lovely gem of a German Bakery famous for its yummy, unique baked goods, delicious breads, and cute location. Contact the WPSC Travel Office for more information. After our Champagne Brunch at The Hacienda Restaurant, we travel to the Lakeridge Winery for a tour and tasting of Florida wines.

Pirates Dinner Adventure

Date: June 22, 2025

Cost: \$189 PP

Time: Leaves WPSC at 4:00 pm / Returns at 10:00 pm

When you set sail with the crew at Pirates Dinner Adventure, you have front-row seats to an epic, swashbuckling adventure that unfolds before your very eyes! Everyone is invited to cheer and sing along as our pirates fight and swoop through the air; accompanied by cannon blasts, pyrotechnics, and plenty of laughs. It's the world's largest interactive dinner show!

Winter Park Museum, Boat Ride & Lunch at the Cheesecake Factory

Date: September 11, 2025

Cost: \$189 PP

Time: Leaves WPSC at 8:00 am / Returns at 6:00 pm

The Morse Museum houses the world's most comprehensive collection of works by Louis Comfort Tiffany (1848-1933). Winter Park's Scenic Boat Tour is a natural attraction with hour-long, guided cruises through three of the seven lakes and two, narrow manmade canals on the tranquil Winter Park Chain. Contact the WPSC Travel Office for more info.

Mount Dora Craft Fair

Date: October 25, 2025

Cost: \$69 PP

Time: Leaves WPSC at 7:45 am / Returns at 5:30 pm

This is one of Central Florida's favorite festivals and what a perfect time of the year to host a craft fair with the cooler weather and the holidays just around the corner. Contact the WPSC Travel Office for more information.

TRAVEL NEWS

Murder Mystery Dinner Train

Date: November 2-3, 2025

Cost: \$629 PP Double / \$779 Single Occupancy

Time: Leaves WPSC at 11:00 am /Returns Next Day at 6:30 pm

The Murder Mystery Dinner Train is a evening of fun, food, and murder! You'll love this 3-1/2 hour train ride aboard the Seminole Gulf Railway. Contact the WPSC Travel Office for more information.

Mount Dora Christmas

Date: December 5, 2025

Cost: \$69 PP

Time: Leaves WPSC at 3:00 pm / Returns at 10:00 pm

Celebrate the 2025 holidays against a backdrop of over 2 million sparkling lights in beautiful downtown Mount Dora. Contact the WPSC Travel Office for more information.

Please visit our website www.bcwpsc.org, for more information or call the office at 321-425-5530 Monday-Friday 9:00 am-1:00 PM

SAVE THE DATES

Iceland - Land of Fire & Ice

Date: October 1-7, 2025

Cost: \$3,699 Per Person Twin + \$1,199 Single Room Add

FREE Roundtrip Air from MCO while promotion lasts.

Contact Travel Expressions for more detailed information.

Portugal and the Douro River Cruise

Date: September 17-27, 2025

Cost: \$TBD Per Person Twin + \$TBD Single Room Add

Cruise and Hotel Accommodations:

Days 2 and 3 - Avani Hotel or similar, Lisbon, Portugal

Days 4 through 10 - Aboard the MS Emerald Radiance.

Contact Travel Expressions for more detailed information.

Yellowstone & Jackson Hole

Date: September 5-11, 2026

Cost: \$3,849 Per Person Twin + \$1,499 Single Room Add

Pricing includes Land, Air and Group Transfer to Airport when deposited within the promotional window. Contact Travel Expressions for more detailed information.



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IN EVERY ISSUE



New Members in January

Acuna, Carmen	Linton, Lonnie
Battistelli, Beverly	Ludwick, Carl
Battistelli, Paolo	Ludwick, Jane
Blais, Sheryl-Ann	Machicote, Jeannette
Browning, Gail	McCammon, Grant
Buehler, Lynn	McCaughin, Patrice
Caballero, Lourdes	McCaughlin, Michael
Chappell, Glenda	Miller, Dale
Da Silva, Carlos	Morford, Robert
Da Silva, Regina	Muhlback, Karl
Dodd, Keith	Oberholtzer, Russ
Drake, Jeanette	Petersen, Janice
Drumm, Beth	Potter, Jeanne
Drumm, William	Pugh, Marlene
Dubey, Phyllis	Rehm, Mary
Dumas, Ronnie	Reinhard, Russell
Ennis, Laura	Reuter, James
Felber, Judy	Riddell, Spencer
Finnigan, Carol	Rollins, Elizabeth
Fontana, John	Rollins, Neal
Gonzalez, Martha	Rollins, Royal
Greaux, Marie	Roth, Jenneth
Harding, Jennie	Sayers, Mary
Hendricksen, Emily	Scheidel, Margaret
Hendricksen, Nathan	Sullivan, Garrett
Hill, Charleen	Sullivan, Richard
Hodgdon, Dolores	Taylor, Carole
Hoffman, Barbara	Topinko, Dick
Jastrzembski, Frances	Uehlinger, Peggy
Keller, Kelly	Wagner, Elise
Kenner, Anne	Walters, Nina
Kenner, Rod	White, Beth
Klenck, Karen	Williams, Stuart
Lane, Michael	Willis, Donna
Langford, Scott	Wright, Barbara

Wickham Park Senior Center Holiday Closures for 2025

To enable our volunteers to spend more time with their families during the upcoming holiday season, Wickham Park Senior Center will be closed on the following dates:

- **Memorial Day Holiday:**
 - Monday, May 26, 2025
- **4th of July Holiday:**
 - Friday, July 4, 2025
 - Saturday, July 5, 2025
- **Labor Day Holiday:**
 - Monday, September 1, 2025
- **Thanksgiving Holiday:**
 - Wednesday, November 26, 2025
(Day before Thanksgiving)
 - Thursday, November 27, 2025
(Thanksgiving Day)
 - Friday, November 28, 2025
(Friday after Thanksgiving)
 - Saturday, November 29, 2025
- **Christmas Holiday:**
 - WPSC will be closed the entire week of Christmas – Monday, December 22 through Sunday, December 28.
We will re-open Monday, December 29
- **New Year's Holiday:**
 - Wednesday, December 31 - Closing at 12:30 pm
 - Thursday, January 1, 2026 (New Year's Day)
We will re-open Friday, January 2, 2026.



COMMENTS?

We Value Your Opinion!

There's a SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPSC!

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to:
news@bcwpsc.org

Wickham Park Senior Center is not equipped, nor intended to be a senior care facility. WPSC activities are geared toward independent adults who are able to manage their own care, decisioning making and safety. WPSC's insurance prohibits, and WPSC cannot be responsible for, the provision of physical assistance to individuals on the premises. If an adult companion is needed, the companion may participate in the activity if they desire, regardless of age, and must pay all fees associated with the activity. WPSC reserves the right to prevent persons from being on premises if the WPSC leadership believes that person would cause harm to themselves or others.

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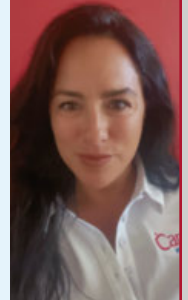
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