

Hazard	Who may be harmed and how	Inherent Risk Level	Actions to take to mitigate risk	Notes/ further action	Risk Level after controls applied
<p>Cleanliness of studio – potential for virus to live on surfaces.</p>	<p>Hirer and attendees by touching a surface with virus present</p>	<p>Medium - High</p>	<p>Hirer and attendees should not visit the studio if they are displaying any symptoms of Covid19 – it is every hirer’s responsibility to communicate this to potential attendees.</p> <p>Hirer to ensure cleanliness of studio, touch points, used surfaces, sink, toilet, handles cleaned after every session. Keys, stereo, lamps and anything else touched to be sanitised/cleaned.</p> <p>Hirer to sanitise/clean touch points before and after session with chlorine (bleach) or alcohol based cleaning solution.</p> <p>Floor and surfaces to be cleaned by hirer between sessions with chlorine (bleach) or alcohol based cleaning solution.</p> <p>Hirer and attendees to bring own equipment (mat, blocks, supports etc).</p> <p>Studio to be deep cleaned twice weekly – owner’s responsibility.</p> <p>Attendees and teachers to take their own rubbish home. Hirer to dispose of any rubbish after every class.</p> <p>Cleaning is to be recorded / documented on the paper record provided.</p> <p>Hirer to ensure attendees use “no-contact” hand sanitiser in kitchen area on entering and exiting.</p> <p>Attendees to use disposable paper hand towels to dry hands after using toilet.</p> <p>Owner and hirer to ensure a minimum of 30 minutes between classes to allow time for attendees to leave, cleaning to be completed, and next group of attendees to arrive.</p>	<p>Hirer to confirm by owner all actions required of them have been completed.</p>	<p>Low</p>
<p>People not observing social distancing on entering and exiting the studio</p>	<p>Hirer and attendees, customers from dog groomers by infected person coughing etc</p>	<p>Medium</p>	<p>Hirer and attendees should not visit the studio if they are displaying any symptoms of Covid19 – it is every hirer’s responsibility to communicate this to potential attendees.</p> <p>Outside door propped open to limit hand contact.</p> <p>Hirer to ask attendees before attending to maintain 2metre distance approaching, entering and exiting the studio.</p> <p>Hirer to ask attendees to arrive on time and not congregate in kitchen area, outside the studio or in car park before or after classes.</p> <p>Hirer to limit number of attendees using toilets, one at a time and only if necessary.</p> <p>After class/event people leave one at a time so only one person in the kitchen area at a time.</p>	<p>Hirer to confirm to owner all actions required of them have been completed</p>	<p>Low</p>

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Aerosol spread	Hirer and attendees by infected person's breath	Medium	<p>The hirer is to make a decision as to whether to use natural ventilation (minimum of a door and a window both open to generate flow of air) or the High Efficiency Particulate Air (HEPA) filter. The decision will be based on environmental considerations (noise, temperature, potential to be disturbed by farm visitors).</p> <p>If using natural ventilation the hirer is to open both the window next to the fire and the two main entrance doors (one at the top of the stairs and one entrance from the kitchen to the studio) before attendees arrive and not close them until the final attendee has left.</p> <p>If using the HEPA filter:</p> <ul style="list-style-type: none"> • it is to be turned on by the hirer upon arrival, before attendees arrive and turned off after the final attendee has left. It is not to be moved from its current position. • when all attendees have arrived the hirer is to close windows and doors to maximise the efficiency of the (HEPA) filter. <p>No vigorous / aerobic sequences to avoid aerosol spread of covid-19. No singing or dynamic pranayama (breathing exercises). PPE (mask) worn if 2metre distancing cannot be ensured (e.g. entering and leaving studio, visiting toilet) or if it is desired by individual.</p>		Low
People not observing social distancing in studio	Hirer and attendees by Virus passing from person to person	Medium	<p>2metre spaces are taped out on the floor. This may be reduced in the future, following government guidance</p> <p>Hirer's and Students' own mats to be placed in the centre of the allocated spaces to ensure rigorous distancing is maintained.</p> <p>Teacher/hirer to be as far away as possible from students.</p> <p>Hirer to ensure no more than teacher plus six students by holding pre-booked classes only and not allowing walk-ins. This may increase if the distance between people is reduced in line with government guidance.</p>	Review and follow government guidance	Low

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Someone who has attended falls ill with Covid-19 symptoms.	Hirer and attendees	Medium	Register and contact details are taken and kept for all in attendance. No drop ins pre booked places only to ensure contact traceable.		M/H
Spreading virus through touch	Hirer and attendees by virus passing from person to person	Medium - High	<p>Hirer to explain to attendees to avoid physical contact e.g. hugging, kissing, touching anybody else's personal effects.</p> <p>Teacher (hirer) to avoid manual adjustments and prohibit sharing equipment and props, phones etc.</p> <p>Hirer to ensure attendees' personal effects (coats, bags, shoes etc) to be kept within hirer's and attendees' marked 2metre space, away from others' spaces and not in the kitchen area.</p> <p>Hirer to ensure attendees bring their own mats, props, blankets etc. In the case someone does not bring a mat, spare ones will be available but must be cleaned after use by hirer.</p> <p>Hirer to ensure attendees bring their own water bottles and take them home; any left after a class must be disposed of. No other food or drink is to be brought to or consumed in the studio.</p> <p>Babies to be carried (in a sling or arms) to minimise the number of prams. If required, prams may be stored outside the studio under the shelter. Car seats may be kept within the 2metre marked space, next to the mat.</p> <p>Attendees should be reminded not to touch their mouth, nose or eyes while in the studio.</p> <p>Attendees and teachers to wear clean socks whilst walking on the floor in the studio, having taken off shoes in the kitchen and carrying them to their marked space.</p> <p>See all actions related to cleanliness of studio, which also address this hazard.</p>	Hirer to confirm they have completed these actions	Low

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Somebody attends with Covid19 symptoms	Hirer and attendees	High	<p>Hirer and attendees should not visit the studio if they are displaying any symptoms of Covid19 – it is every hirer’s responsibility to communicate this to potential attendees.</p> <p>Hirer to check attendees’ temperatures using the infra-red thermometer upon entry to the studio.</p> <p>Anybody using a tissue for a cough or sneeze should wash their hands, flush the tissue down the toilet or take it home.</p>		Low
Hirers and attendees not aware of hazards and risk assessment/ guidelines.	Hirer and attendees	Medium-High	<p>Teachers and hirers to be given this risk assessment and reply to owner confirming they understand it and will communicate the appropriate actions to the attendees.</p> <p>Teachers and hirers are asked to do their own risk assessments.</p> <p>Risk assessment available at studio to be seen on request.</p> <p>Hirers, teachers and attendees encouraged to read and keep up to date with government guidelines.</p>	Keep up to date and review risk assessment as new information and guidance appears.	Low