

## Breakfast "Specials"

(Please Note: These are special Prices- NO Substitutions Please.....)

\*\*You may build your own using our Ala-cart menu\*\*

- \*#1. **One Egg** (Choice of Bacon, Ham or Sausage) on a Roll .....\$5.25  
\*#2. **One Egg** (Choice of Bacon, Ham or Sausage)+ Cheese on a Roll .....\$5.75  
\*#3. **Two Eggs** (Choice of Bacon, Ham or Sausage) on a Roll. ....\$6.25  
\*#4. **Two Eggs** (Choice of Bacon, Ham or Sausage)+ Cheese.....\$6.75

## Breakfast Morning Starters (AlaCarte)

- \***One Egg on a roll**.....\$4.00  
\***Two Eggs on a roll**.....\$5.00  
\***One Egg white on a Roll** .....\$3.80  
\***Two Egg whites on a roll**.....\$5.00  
\***Western Omelette on a roll** Two egg omelette .....\$8.99  
\***Double Meat on a roll (No Egg)** (Bacon, Ham or Sausage)..... \$6.75  
\***Eggs N' Home Fries** Two eggs (any style) mixed with home fries on a roll. ....\$6.75  
\***Breakfast Burrito Omelette** Peppers, onions, cheddar, homemade salsa with sour cream (add Bacon, Ham or Sausage for \$3.00) .....\$9.49  
\***Two pancakes, two eggs & bacon**.....\$12.49

### Egg Sandwich Add ons

- Turkey bacon/Turkey/Roast Beef or Pastrami .....\$3.00  
Bacon/Ham or Sausage .....\$2.50  
Avocado .....\$1.50  
Hash Browns or Homefries.....\$1.75  
English Muffin or Tortilla Wrap .....\$1.00  
Bagels .....\$0.75      Croissants .....\$2.00  
Cheese ..... Roll...\$0.50    Hero or wrap.....\$LOO

### Lighter Options

- \***Achilles** Three egg whites, feta and spinach in a tortilla wrap..... \$8.99  
\***Healthy Choice** Three egg white omelette with sauteed peppers & onions, mushrooms, Alpine lace swiss cheese and chopped tomatoes in a tortilla wrap .....\$9.99  
\***Stir Fry Omelette** Three whole eggs with zucchini, squash, broccoli, peppers and onions in a tortilla wrap .....\$10.49  
\***Low Carb** Two eggs scrambled with choice of double meat (Bacon, Ham, or Sausage) and cheese on a plate..... \$9.49

### Wraps, Heros and Platters

(All Platters include home fries and toast)

- \***The Shack Attack** Three eggs, sausage, ham, bacon, American cheese & home fries .....Hero/Wrap.....\$12.99  
\***Country Omelette** with sausage, cheddar and hash browns in a wrap..... \$10.99  
\***Farmers Omelette** with sausage, cheddar & home fries in a wrap.....\$10.99  
\***Western Omelette** with ham, peppers & onions ...Hero...\$10.99    Platter \$13.99  
\***Three Egg Omelette** With choice of Ham, bacon, or sausage & cheese ..... Hero/Wrap.....\$10.99                      Platter...\$13.99

**\*Eggs or Hamburgers can be cooked to order. \*Consuming raw or undercooked meats, fish, shellfish, or fresh eggs may increase your risk of food-borne illness, especially if you have certain medical conditions**

## Breakfast Morning Starters

### Breakfast Sides

- Home Fries.....\$3.49  
Hash Browns .....\$3.49  
Bacon.....\$3.00  
Ham or Sausage .....\$3.00  
Yogurt & Granola Parfait.....\$4.99  
Fresh Fruit Cup .....\$4.99  
Fresh fruit (Banana+Orange) \$1.25  
Hot Oatmeal  
Small ...\$4.99    Large....\$5.99  
Any three displayed Toppings- \$1.00 Additional

- Choice offhick French Toast (3) Slices OR Pancakes (3) .....\$8.49  
BLT on a roll.....\$8.49                      BLT on a hero .....\$11.49  
Grilled Cheese.....\$6.75      Grilled Cheese with tomato.....\$7.25

### Bakery

- Buttered Roll.....\$2.75  
Buttered Bagel.....\$3.25  
Roll/Bagel w/ cream cheese.....\$3.75  
Peanut butter on a bagel. ....\$3.75  
Buttered English muffin  
(Sandwich Size) .....\$3.00  
Homemade Muffins.....\$3.49  
Croissant.....\$3.25

## Waist Watcher Options

- Garden Veggie Burger** Served in a pita with spinach, cucumber, tomato and tzatziki sauce (yogurt sauce).....\$12.49  
**Fit For Life Tuna Wrap** Fit for life tuna and leaf lettuce in a wrap .....\$12.49  
**Turkey Portabella Burger** Topped with melted Alpine lace swiss, portabella mushrooms, leaf lettuce, tomato, and BBQ sauce served on a roll (whole wheat or plain) .....\$13.99

## Gourmet Sandwiches

- French Baguette** Smoked turkey, imported Swiss, sundried tomato, leaflettuce & honeycup mustard on a baguette .....\$13.99  
**Salsalito** Boars Head Cracked Pepper turkey, Alpine lace Swiss, honeycup mustard, leaflettuce and tomato on a flavored tortilla wrap .....\$12.99  
**The Italian Wedge** Sopressata, pepperoni, prosciutto, ham cappy, imported provolone cheese with roasted peppers, leaf lettuce & balsamic vinaigrette dressing on semolina bread .....\$13.99  
**The Cobb** Smoked turkey, fresh blue cheese, crisp bacon, lettuce, tomato & bleu cheese dressing in a flavored tortilla wrap or on foccacia bread .....\$13.99  
**Grilled Vegetable Wrap** Grilled marinated vegetables with fresh mozzarella & leaflettuce in a flavored tortilla wrap or on foccacia bread.....\$12.99  
**Grilled Chicken Caesar Wrap** Caesar salad with grilled chicken on a flavored tortilla wrap .....\$12.99  
**Gourmet Delight** Grilled chicken, Alpine lace Swiss, roasted vegetables & leaflettuce with basil pesto on a foccacia roll or tortilla wrap.....\$12.99  
**CBLT** Grilled Chicken, bacon, lettuce, tomato & ranch dressing in a flavored tortilla wrap .....\$12.99  
**Blackened Chicken Wrap** Blackened Chicken with shredded cheddar, pico de gallo,leaflettuce,avocado & ranch dressing served in a tortilla wrap.....\$13.99  
**EL Bambino** Fresh turkey with mozzarella,roasted peppers,leaflettuce, avocado & honey mustard served in a tortilla wrap .....\$13.99  
**Dakota Wrap** Chicken cutlet with bacon,cheddar cheese,leaflettuce,com salsa & BBQ ranch dressing served in a tortilla wrap .....\$13.99  
**Black Forest Special** Smoked turkey, Muenster cheese, lettuce, tomato & Russian dressing on rye bread .....\$11.49  
**Greek Wrap** Romaine lettuce, tomato, red onion, sliced olives, pepperoncini, feta cheese & grilled chicken tossed with Greek dressing in a tortilla wrap .....\$12.99  
**Bermuda Wrap** Smoked Turkey with apple slices, red onion, brie cheese, leaflettuce & honeycup mustard served in a tortilla wrap .....\$12.99

## Gourmet Sandwiches

- Crunch Wrap** Chicken cutlet with cheddar cheese,leaf lettuce,avocado,crunchy doritos & chipolte mayo served on a Tortilla wrap.....\$13.99  
**The Angus Wrap** Roast beef with cheddar cheese, crispy fried onions, leaflettuce & homemade remoulade served in a tortilla wrap .....\$12.99  
**The Apple Granny** Fresh turkey with apple slices, leaflettuce, tomato & honeycup mustard served in a tortilla wrap.....\$12.99  
**Canyon Road** Boars Head turkey with avocado, leaf lettuce, black beans, homemade salsa & chipotle mayo served in a tortilla wrap .....\$12.99  
**The Mexicana** Grilled chicken with black beans, cheddar cheese, shredded lettuce & homemade salsa topped with sour cream and served in a tortilla wrap .....\$12.99  
**The Portabella** Grilled portabella mushrooms with fresh mozzarella, roasted peppers & leaf lettuce topped with balsamic vinaigrette and served on ciabatta bread.....\$12.99  
**Turkey Logic** Fresh turkey with stuffing, leaflettuce & dried cranberries topped with cranberry mayo and served in a tortilla wrap.....\$12.99

## Signature Sandwiches

- Jersey Slop** Turkey, ham, swiss cheese, Cole slaw & Russian dressing served on three slices of rye bread (triple decker) .....\$13.99  
**The Tiller** Breaded chicken cutlet with bacon, melted Muenster, lettuce and tomato with Chipotle mayo on a roll. ....\$12.99  
**The Hatchet** Breaded chicken cutlet, Black Forest ham, melted swiss cheese, lettuce,tomato and Russian dressing on a hero.....\$13.99  
**The Pitch Fork** Hot lean roast beef with melted cheddar, bacon, lettuce, tomato and Russian dressing on a hero.....\$13.99  
**The Chainsaw** Smoked turkey, Black Forest ham, melted cheddar cheese, bacon, lettuce and tomato with Russian dressing on a hero.....\$13.99  
**The Melanzane** Breaded eggplant with grilled chicken or Ovengold turkey, sundried tomato, basil pesto, sliced tomato &fresh mozzarella served on a hero.....\$14.99

## Traditional Sandwiches

We only use the finest ingredients

Boars Head Cold Cuts, Pepperidge Farm Bread, and Hellmans Mayo etc.

(All Sandwiches served on rolls or sliced bread)  
(Specialty breads, wraps, focaccia, heros & Eagles are an additional \$1.00)  
(Add cheese for \$0.50) ( Add Cheese for Hero/Wrap..\$1.00)  
(Add fresh mozzarella or brie for \$2.00)

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|-----------------------------|---------|--------------------------|---------|
| Oven Gold Turkey .....      | \$9.00  | Smoked Turkey .....      | \$9.00  |
| Peppermill Turkey.....      | \$9.00  | Honey Maple Turkey ..... | \$9.00  |
| Home-baked Fresh Turkey ..  | \$9.50  | Boiled Ham .....         | \$9.00  |
| Home-baked Roast Beef. .... | \$9.50  | Tuna Salad.....          | \$9.00  |
| "Fit For Life"Tuna Salad    | \$10.50 | Chicken salad.....       | \$9.00  |
| Cranberry Walnut -          |         | Egg Salad .....          | \$8.50  |
| Chicken Salad .....         | \$10.50 | Bologna.....             | \$9.00  |
| Salami .....                | \$9.00  | Pepperoni .....          | \$9.00  |
| Pastrami.....               | \$9.50  | Breaded Chicken Cutlet.  | \$10.00 |
| Blackened Chicken .....     | \$10.00 | Grilled Chicken.....     | \$10.00 |

*Lettuce ,Tomato or Onion ..... Add .50*

*Bacon ...Add 2.50 IAvocado..... Add 1.50*

◆ Call to have the complete daily menu faxed or E-mailed with all daily hot entrees ◆