

FREE LOCAL
DELIVERY

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ORDER

**FREE
DELIVERY...NO
MINIMUM

THE FOODIE SHACK
EATERIE

631-585-6767

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Visit us online

at www.foodieshackeaterie.com

SPECIALS OF THE
DAY

TUESDAY

FEBRUARY 4TH

**HOMEMADE CHOCOLATE CHIP BREAD
PUDDING IS BACK...** topped w/ whipped cream
& caramel sauce \$3.99

**PEPPERIDGE FARM CINNAMON RAISIN
FRENCH TOAST** topped w/ powdered sugar &
served w/ a side of syrup \$6.99

**TRY OUR HOMEMADE VEGETABLE
CREAM CHEESE** on your favorite bagel,
English muffin or any variety toast

BIG DILL OF THE DAY

TURKEY, BACON, AMERICAN CHEESE, LETTUCE,
TOMATO & ONION W/ CHIPOTLE MAYO ON A SCOOPED
OUT DILL PICKLE (OR TRY IT Y OUR WAY!!)

ICED COFFEE

w/ Hazelnut or French Vanilla Creamer
Add whipped cream, caramel & cinnamon +\$2.00

BREAKFAST SPECIALS

SCRAMBLER – 3 eggs scrambled w/ sausage & cheddar
cheese served in a tortilla wrap \$10.49

COMPLETE LUNCH SPECIAL

(No Substitutions Please)

*HAM & CHEESE on a Roll (specify dressing)

*Sm Iced tea (sweetened/unsweetened) or Lemonade

*Side of potato or macaroni salad \$11.49

*****WRAP OF THE WEEK*****

CRUNCH WRAP

Chicken cutlet w/ cheddar cheese, leaf lettuce, crunchy
doritots & chipotle mayo served in a tortilla wrap \$13.99

*****SALAD OF THE WEEK*****

BUFFALO CHICKEN SALAD

Romaine lettuce topped w/ grilled buffalo chicken strips,
tomato, celery, carrots, bacon bits & shredded cheddar
served w/ a side of blue cheese dressing \$14.99

FRESH CHOPPED SALADS (Made to Order)

WAIST WATCHER SPECIALS

VEGGIE BURGER w/ spinach, cucumber, tomato & cucumber
sauce on grilled pita \$12.49

CRANBERRY WALNUT CHICKEN SALAD WRAP
w/ lettuce in a tortilla wrap \$12.49

FIT FOR LIFE TUNA WRAP w/ Egg Whites, Veggies &
Hellmann's lowfat mayo w/ lettuce in a wrap \$12.49

****NOW OFFERING GLUTEN FREE WRAPS**

****BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN
YOUR PARTY HAS A FOOD ALLERGY**** The items in this menu can be cooked to your
liking. Consuming raw or under cooked meat, fish, shellfish, or fresh shell eggs may increase your
risk of food-borne illness, especially if you have certain medical conditions

*****SHACK SPECIAL BURGERS*****

GRILLED RODEO PANINI BURGER w/ melted
pepper jack, crispy fried onions, jalapenos & BBQ sauce
pressed on Artisan sliced bread & served w/ French fries & a
small iced tea or lemonade \$14.99

BIG MAC WRAP – w/ melted American cheese, shredded
lettuce, sliced pickles & our homemade shack sauce in a grilled
tortilla wrap served w/ French fries & a small iced tea or
lemonade \$14.99

*****SALAD SPECIAL*****

BEET SALAD w/ red onion in a red wine vinaigrette
\$3.49 1/2 lb.

GRAIN BOWLS

SOUTHWEST BOWL... Warm chicken cutlet w/ bacon,
shredded cheddar, black beans, corn, pico de gallo & tortilla strips w/
quinoa & romaine w/ cilantro lime dressing \$14.99

ULTIMATE BLT BOWL... Warm Grilled Chicken w/ bacon,
shredded cheddar, grape tomatoes, red onion, hard boiled egg,
avocado, quinoa & romaine w/ ranch dressing \$14.99

MEDITERRANEAN BOWL... Warm grilled chicken & grilled
vegetables, chopped spinach, feta cheese, grape tomatoes & Brown
Rice served w/ Greek dressing \$14.99

SOUP OF THE DAY (Sm \$5.99 Lg \$6.99)

POTATO BACON CHEDDAR/CHICKEN NOODLE

*****PANINI OF THE DAY*****

MJG CRISPINO... Crispy Chicken Cutlet topped w/ melted
American cheese, waffle fries, sliced pickles & our homemade
shack sauce pressed on our Crispino Bread & w/a side of
macaroni salad \$14.99

*****HOT SANDWICH OF THE DAY*****

THE BENSONHURST – chicken cutlet w/ pastrami,
melted swiss & russian dressing on a roll \$12.99

*****HOT ENTREES*****

CHICKEN MARSALA w/ portobella mushrooms & rice \$14.99

BAKED ZITI w/ a side Caesar salad \$13.99

EGGPLANT TOWER – breaded eggplant layered w/ fresh
mozzarella, parmesan cheese & fresh basil topped w/ tomato
sauce on a roll \$11.49

FRENCH DIP LUNCHBOX – roast beef w/ melted mozzarella
on toasted garlic hero w/ french fries & au jus for dipping \$14.99

GARLIC PARMESAN CHICKEN WINGS w/ fries \$14.99

CHICKEN PARMIGIANA served over rice OR w/ a side
Caesar salad \$14.99 OR on a roll \$12.49