

FREE LOCAL  
DELIVERY

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SPECIALS OF THE  
DAY

WEDNESDAY

MAY 13<sup>TH</sup>

### -BREAKFAST SPECIAL

**RISE & SHINE!**...scrambled eggs, turkey, shredded cheddar, avocado, crispy fried onions & chipotle mayo stuffed, grilled & pressed in our crunch wrap \$10.99

**WAKE ME UP CRUNCH WRAP!**...scrambled eggs, sausage, extra cheese & crispy hash browns, stuffed, grilled & pressed in our crunch wrap \$10.99

**GOOD MORNING CRUNCH WRAP!**...scrambled eggs, bacon, extra cheese & seasoned home fries stuffed, grilled & pressed in our crunch wrap \$10.99

### \*\*\* CRUNCH WRAPS \*\*\*

#### CRISPY CHICKEN MAC CRUNCH

**WRAP**...crispy chicken cutlet tossed w/ your choice of mango habanero, sweet chili, buffalo or BBQ sauce topped w/ bacon & creamy mac & cheese stuffed, grilled & pressed in a crunchy wrap \$15.49

**BUFFALO CHICKEN CRUNCH WRAP** stuffed w/ crispy buffalo chicken cutlet, bacon, melted cheddar, shredded carrots, blue cheese crumbles &/ blue cheese dressing stuffed, grilled & pressed in a crunchy wrap w/ a side of blue cheese dressing \$15.49

#### GRILLED CHICKEN CAESAR CRUNCH

**WRAP** stuffed, grilled & pressed to perfection w/ a side of creamy Caesar dressing for dipping \$15.49

**SANTA FE CRUNCH WRAP** - grilled chicken, shredded cheddar, romaine, corn, black beans & crunchy doritos tossed w/ Homemade cilantro lime dressing & stuffed, grilled & pressed in a crunchy wrap served w/ a side of Homemade Cilantro Lime dressing for dipping \$15.49

#### SOUP OF THE DAY CHICKEN RICE

### \*\*\*HOT SANDWICH OF THE DAY\*\*\*

**SMOKEHOUSE** - chicken cutlet w/pulled pork, melted cheddar & sweet baby ray's BBQ sauce on a roll \$13.99

### WRAP OF THE WEEK - EL BAMBINO WRAP

Fresh Turkey w/ mozzarella, roasted peppers, leaf lettuce, avocado & honey mustard served in a tortilla wrap \$13.99

### SALAD OF THE WEEK- - BUFFALO

#### CHICKEN SALAD

Romaine lettuce topped w/ crispy buffalo chicken cutlet, grape tomato, celery, carrots, bacon bits & shredded cheddar served w/ a side of blue cheese dressing \$14.99

### WAIST WATCHER SPECIALS

**VEGGIE BURGER** w/ spinach, cucumber, tomato & cucumber sauce on grilled pita \$12.99

**CRANBERRY WALNUT CHICKEN SALAD WRAP** w/ lettuce in a tortilla wrap \$12.99

**CUSTOMER PRICING NOTICE** - The prices listed are for cash only. There will be a 3.9% Customer Service fee applied to all credit card transactions\*\*BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY\*\*\* The items in this menu can be cooked to your liking. Consuming raw or under cooked meat, fish, shellfish, or fresh shell eggs may increase your risk of food-borne illness, especially if you have certain medical conditions

### SHACK CHOPPED CHEESE

grilled sirloin burger (or grilled chicken or chicken cutlet) w/ sauteed onions, American & cheddar cheese & our homemade seasoning chopped & grilled with shredded lettuce, tomato & our special shack sauce on a pressed hero or wrap served w/ French fries \$15.49

**BIG MAC WRAP** - grilled sirloin burger w/ melted American cheese, shredded lettuce, sliced pickles & our homemade shack sauce in a grilled tortilla w/French fries & a small iced tea \$15.49

### \*\*\*NEW...GRAIN BOWLS\*\*\*

**VEGETARIAN POWER BOWL**...Roasted Brussel Sprouts, Red Peppers, Avocado, Sweet Potatoes, Black Beans, Jalapeno, Red Onion & fresh lime wedges over a bed of Romaine & Quinoa w/ a side of Lite Italian Dressing \$15.49

**BLACKENED CHICKEN BOWL**...Warm blackened chicken, bacon, shredded cheddar, black beans, red onion, pico de gallo, quinoa & romaine w/ ranch dressing \$15.49

**ATHENA PROTEIN BOWL**...Marinated Chick Peas, sliced cucumbers, crumbled feta cheese, sliced cherry tomatoes & fresh lemon over a bed of romaine & brown rice topped w/ tzatziki sauce served w/ pita chips & Greek dressing \$15.49

**SOUTHWEST BOWL**...Warm chicken cutlet w/ bacon, shredded cheddar, black beans, corn, pico de gallo & tortilla strips w/ quinoa & romaine w/ cilantro lime dressing \$15.49

**ULTIMATE BLT BOWL**...Warm Grilled Chicken w/ bacon, shredded cheddar, grape tomatoes, red onion, avocado, quinoa & romaine w/ranch dressing \$15.49

**MEDITERRANEAN BOWL**...Warm grilled chicken & grilled vegetables, chopped spinach, feta cheese, grape tomatoes, black olives, cucumbers & Brown Rice w/ Greek dressing \$15.49

### \*\*\* PANINI OF THE DAY \*\*\*

**CHICKEN PARM ALA VODKA**...Chicken Cutlet w/ a pesto drizzle topped w/ melted Mozzarella & our Homemade Vodka sauce pressed on Crispino Bread served w/ a side of macaroni salad \$15.49

### \*\*\*HOT ENTREES\*\*\*

**BOURBON CHICKEN** served w/ rice & corn \$15.49

**BAKED MACARONI & CHEESE** Sm \$6.50 Lg \$8.50

**HOMEMADE BUFFALO CHICKEN STRIPS** served w/ French fries \$14.99 or a side of macaroni & cheese \$17.49

**SHEPPARD'S PIE** - ground beef w/ assorted vegetables in gravy topped w/ mashed potatoes & baked golden brown \$14.99

**CHIPOTLE CHICKEN QUESADILLAS** served w/ fries \$14.99

**THE MANHATTAN** - roast beef w/melted cheddar, bacon, caramelized onions & russian dressing on a toasted hero \$14.99

**BACON CHEESEBURGER DELUXE** topped w/ lettuce, tomato, onion & chipotle mayo served w/ French fries \$15.49

**GRILLED RODEO BURGER** w/ melted pepper jack, crispy fried onions, jalapenos & BBQ sauce served w/ fries \$15.49