

FREE LOCAL
DELIVERY

FOLLOW US
ON
INSTAGRAM,
FACEBOOK &
TIKTOK

THE FOODIE SHACK EATERIE

631-585-6767

3010 Veterans Memorial Highway, Bohemia

Tel (631) 585-6767 Fax (631) 585-6774

Email: foodieshackeaterie@outlook.com

Visit us online

at www.foodieshackeaterie.com

SPECIALS OF THE
DAY

FRIDAY

JULY 10TH

COMPLETE LUNCH SPECIAL

(No Substitutions Please)

*TURKEY & CHEESE on a Roll (specify dressing)

*Sm Iced tea (sweetened/unsweetened) or Lemonade

*Side of potato or macaroni salad \$12.99

HEALTHY LUNCH PLATES \$11.99

GRILLED CHICKEN, BLACKENED CHICKEN or CHICKEN
CUTLET w/ CHOICE OF QUINOA or BROWN RICE &

GRILLED VEGETABLES or ROASTED SWEET POTATOES

-BREAKFAST SPECIAL

RISE & SHINE!...scrambled eggs, turkey, shredded cheddar,
avocado, crispy fried onions & chipotle mayo stuffed, grilled &
pressed in our crunch wrap \$10.99

WAKE ME UP CRUNCH WRAP!...scrambled eggs,
sausage, extra cheese & crispy hash browns, stuffed, grilled &
pressed in our crunch wrap \$10.99

GOOD MORNING CRUNCH WRAP!...scrambled
eggs, bacon, extra cheese & seasoned home fries stuffed, grilled &
pressed in our crunch wrap \$10.99

**** CRUNCH WRAPS ****

BUFFALO CHICKEN CRUNCH WRAP stuffed w/
crispy buffalo chicken cutlet, bacon, melted cheddar, shredded
carrots, blue cheese crumbles &/ blue cheese dressing stuffed,
grilled & pressed in a crunchy wrap w/ a side of blue cheese
dressing \$15.49

GRILLED CHICKEN CAESAR CRUNCH
WRAP stuffed, grilled & pressed to perfection w/ a side of
creamy Caesar dressing for dipping \$15.49

SANTA FE CRUNCH WRAP - grilled chicken,
shredded cheddar, romaine, corn, black beans & crunchy doritos
tossed w/ Homemade cilantro lime dressing & stuffed, grilled &
pressed in a crunchy wrap served w/ a side of Homemade Cilantro
Lime dressing for dipping \$15.49

HOT SANDWICH OF THE DAY

CALIFORNIA CLUB - chicken cutlet topped w/ bacon, melted
jack cheese & ranch dressing on a roll \$13.99

WRAP OF THE WEEK

GORGONBERRY WRAP

Romaine lettuce tossed w/ grilled chicken, red onion,
tomato, candied walnuts, crumbled blue cheese & raisins
w/balsamic dressing in a tortilla wrap \$13.99

SALAD OF THE WEEK- CHICKEN CUTLET

COBB SALAD

Chicken cutlet w/ cheddar cheese, chopped eggs, black olives,
chopped tomatoes, bacon tossed w/ romaine & iceberg mix &
w/ranch dressing \$14.99

CUSTOMER PRICING NOTICE - The prices listed are for cash only.

There will be a 3.9% Customer Service fee applied to all credit card
transactions**BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR
SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY** The items
in this menu can be cooked to your liking. Consuming raw or under cooked meat,
fish, shellfish, or fresh shell eggs may increase your risk of food-borne illness, especially if
you have certain medical conditions

TRY YOUR BURGER IN A BOWL

NEW...CHEESEBURGER BOWL

Grilled Sirloin Burger w/ melted American cheese on a bed of Iceberg
lettuce w/ French fries, tomato & pickles topped w/ our homemade
Shack Sauce \$15.49

SHACK CHOPPED CHEESE

grilled sirloin burger (or grilled chicken or chicken cutlet) w/ sauteed
onions, American & cheddar cheese & our homemade seasoning
chopped & grilled with shredded lettuce, tomato & our special shack
sauce on a pressed hero or wrap served w/ French fries \$15.49

BIG MAC WRAP - grilled sirloin burger w/ melted American
cheese, shredded lettuce, sliced pickles & our homemade shack sauce
in a grilled tortilla w/French fries & a small iced tea \$15.49

NEW...GRAIN BOWLS

VEGETARIAN POWER BOWL...Grilled Vegetables, Red
Peppers, Avocado, Sweet Potatoes, Black Beans, Jalapeno, Red
Onion & fresh lime wedges over a bed of Romaine & Quinoa
w/ a side of Lite Italian Dressing \$15.49

BLACKENED CHICKEN BOWL...Warm blackened chicken,
bacon, shredded cheddar, black beans, red onion, pico de gallo,
quinoa & romaine w/ ranch dressing \$15.49

ATHENA PROTEIN BOWL...Marinated Chick Peas,
sliced cucumbers, crumbled feta cheese, sliced cherry tomatoes
& fresh lemon over a bed of romaine & brown rice topped w/
tzatziki sauce served w/ pita chips & Greek dressing \$15.49

SOUTHWEST BOWL...Warm chicken cutlet w/ bacon,
shredded cheddar, black beans, corn, pico de gallo & tortilla
strips w/ quinoa & romaine w/ cilantro lime dressing \$15.49

ULTIMATE BLT BOWL...Warm Grilled Chicken w/ bacon,
shredded cheddar, grape tomatoes, red onion, avocado, quinoa
& romaine w/ranch dressing \$15.49

MEDITERRANEAN BOWL...Warm grilled chicken & grilled
vegetables, chopped spinach, feta cheese, grape tomatoes, black
olives, cucumbers & Brown Rice w/ Greek dressing \$15.49

*** PANINI OF THE DAY ***

MJG CRISPINO...Crispy Chicken Cutlet topped w/ melted
American cheese, waffle fries, sliced pickles & our homemade
shack sauce pressed on Crispino Bread & served w/ a side of
macaroni salad \$15.49

HOT ENTREES

BAKED SALMON w/string beans in a light wine sauce w/ rice \$15.49

BAKED MACARONI & CHEESE Sm \$6.50 Lg \$8.50

HOMEMADE MANGO HABANERO CHICKEN STRIPS served w/
French fries \$14.99 or a side of macaroni & cheese \$17.49

CHICKEN SCAMPI served over rice \$14.99

2 HOT DOGS w/ mustard & sauerkraut on hot dog buns served w/
French fries \$9.99

CHICKEN PARMIGIANA on a roll \$13.99/over rice \$14.99

GRILLED ITALIAN PANINI w/ salami, ham cappy, pepperoni,
melted provolone & banana peppers w/ pesto mayo pressed on
crispino bread w/a side of macaroni salad \$15.49