

## **SIGNATURE GRAIN BOWLS**

**BLACKENED CHICKEN BOWL...** Warm blackened chicken, bacon, shredded cheddar, black beans, red onion, pico de gallo, quinoa & romaine w/ ranch dressing \$14.99

**HARVEST BOWL...** Warm grilled chicken w/ cranraisins, sliced almonds, sunflower seeds, walnuts, romaine & brown rice served w/ a side of sliced apples & our homemade balsamic vinaigrette dressing \$14.99

**SOUTHWEST BOWL...** Warm chicken cutlet w/ bacon, shredded cheddar, black beans, corn, pico de gallo & tortilla strips w/ quinoa & romaine w/ cilantro lime dressing \$14.99

**ULTIMATE BLT BOWL...** Warm Grilled Chicken w/ bacon, shredded cheddar, grape tomatoes, red onion, hard boiled egg, avocado, quinoa & romaine w/ranch dressing \$14.99

**MEDITERRANEAN BOWL..** Warm grilled chicken & grilled vegetables, chopped spinach, feta cheese, grape tomatoes, black olives, cucumbers & Brown Rice w/ Greek dressing \$14.99

**MADE FRESH TO ORDER**

**\*\*\*FOODIE SHACK EATERIE\*\*\***