

FREE LOCAL
DELIVERY

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SPECIALS OF THE
DAY

WEDNESDAY

AUGUST 20TH

COMPLETE LUNCH SPECIAL

(No Substitutions Please)

*TURKEY & CHEESE on a Roll (specify dressing)

*Sm Iced tea (sweetened/unsweetened) or Lemonade

*Side of potato or macaroni salad \$11.99

CUCUMBER RANCH SALAD \$3.99 ½ lb

SALAD CAROUSEL – Homemade Tuna, Chicken Salad
& Egg Salad set on crispy tortillas served over a house salad w/
choice of dressing \$12.99

NEW...NUTTY TRAIL MIX SALAD

Tossed Salad topped w/ grilled chicken, shredded mozzarella,
sunflower seeds, walnuts, almonds, raisins & raisins served w/
balsamic vinaigrette dressing \$14.99

*** CRUNCH WRAPS ***

BUFFALO CHICKEN CRUNCH WRAP stuffed w/
crispy buffalo chicken cutlet, bacon, melted cheddar, shredded
carrots, blue cheese crumbles &/ blue cheese dressing stuffed,
grilled & pressed in a crunchy wrap w/ a side of blue cheese
dressing \$15.49

CHICKEN CAESAR CRUNCH WRAP stuffed,
grilled & pressed to perfection w/ a side of creamy Caesar
dressing for dipping \$15.49

SANTA FE CRUNCH WRAP - grilled chicken,
shredded cheddar, corn, black beans & crunchy doritos tossed w/
Homemade cilantro lime dressing & stuffed, grilled & pressed in a
crunchy wrap served w/ a side of Homemade Cilantro Lime
dressing for dipping \$15.49

WRAP OF THE WEEK – CRISPY SANTA FE

Romaine & Iceberg lettuce tossed w/ chicken cutlet, corn,
black beans, shredded cheddar & tortilla strips w/ cilantro
lime dressing in a tortilla wrap \$13.99

SALAD OF THE WEEK- SPINACH BLUE

Baby spinach topped w/ grilled chicken, red onion, tomato,
fresh mushrooms, chopped egg, bacon bits & crumbled
blue cheese served w/ raspberry vinaigrette dressing \$14.99

WAIST WATCHER SPECIALS

VEGGIE BURGER w/ spinach, cucumber, tomato & cucumber
sauce on grilled pita \$12.99

CRANBERRY WALNUT CHICKEN SALAD WRAP
w/ lettuce in a tortilla wrap \$12.99

FIT FOR LIFE TUNA WRAP w/ Egg Whites, Veggies &
Hellmann's lowfat mayo w/ lettuce in a wrap \$12.99

**BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN
YOUR PARTY HAS A FOOD ALLERGY** The items in this menu can, be cooked to your
liking. Consuming raw or under cooked meat, fish, shellfish, or fresh shell eggs may increase your
risk of food-borne illness, especially if you have certain medical conditions

CUSTOMER PRICING NOTICE – The prices listed are for cash only.
There will be a 3.9% Customer Service fee applied to all credit card
transactions

SOUP OF THE DAY

CHICKEN RICE

SIGNATURE PANINIS @ foodieshackeaterie.com

SHACK CHOPPED CHEESE

grilled sirloin burger (or grilled chicken or chicken cutlet) w/ sauteed
onions, American & cheddar cheese & our homemade seasoning
chopped & grilled with shredded lettuce, tomato & our special shack
sauce on a pressed hero or wrap served w/ French fries \$15.49

BIG MAC WRAP – grilled sirloin burger w/ melted American
cheese, shredded lettuce, sliced pickles & our homemade shack sauce
in a grilled tortilla w/French fries & a small iced tea \$15.49

GRAIN BOWLS

SOUTHWEST BOWL... Warm chicken cutlet w/ bacon,
shredded cheddar, black beans, corn, pico de gallo & tortilla
strips w/ quinoa & romaine w/ cilantro lime dressing \$14.99

ULTIMATE BLT BOWL... Warm Grilled Chicken w/ bacon,
shredded cheddar, grape tomatoes, red onion, hard boiled egg,
avocado, quinoa & romaine w/ranch dressing \$14.99

MEDITERRANEAN BOWL... Warm grilled chicken & grilled
vegetables, chopped spinach, feta cheese, grape tomatoes, black
olives, cucumbers & Brown Rice w/ Greek dressing \$14.99

***NEW HEALTHY LUNCH PLATES** \$10.99

GRILLED CHICKEN, BLACKENED CHICKEN or CHICKEN
CUTLET w/ CHOICE OF QUINOA or BROWN RICE &
STEAMED VEGETABLES or ROASTED SWEET POTATOES

*** PANINI OF THE DAY ***

CHICKEN-DILLY... Crispy Chicken Fingers w/
bacon, melted pepper jack cheese & fried pickle chips
topped w/ our famous shack sauce pressed on our
Crispino Bread & served w/ a side of cucumber ranch
salad \$14.99

HOT SANDWICH OF THE DAY

THE HONEY CUP – chicken cutlet topped w/ ham, melted swiss &
honey mustard dressing served on a roll \$12.99

HOT ENTREES

BOURBON CHICKEN served w/ rice & corn \$15.49

BAKED MACARONI & CHEESE Sm \$6.50 Lg \$8.50

HOMEMADE CRISPY BBQ CHICKEN STRIPS served w/
French fries or a side of macaroni & cheese \$14.99

BUFFALO CHICKEN FINGER QUESADILLAS served
w/fries \$14.99

MEATBALL PARMIGIANA HERO \$12.99

CHICKEN PARMIGIANA on a roll \$12.99/over rice \$14.99

ROCKIN' ROAST BEEF SUPREME w/ roast beef, melted
mozzarella, bacon, caramelized onion & chipotle mayo on a toasted
garlic hero \$14.99