

2026 W.C.M.A NEW SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9:00 AM						ORANGE/GREEN/BLUE 9:00 – 9:45	
10:00 AM	1. Every last Friday is board break day. (25min-30min class and kicking practice 15min board breaking time) Preparing for championship and belt test breaking practices. 2. Sparring class on Tuesday and Thursday (please bring the sparring bag) 3. Belt test day on Friday					No/white/YELLOW 9:45 – 10:30	
11:00 AM						LITTLE TIGER 10:30 – 11:00	
12:00 PM						PURPLE/RED/BROWN 11:00 – 11:45	
		SPARRING EXERCISE		SPARRING EXERCISE	WEAPON CLASS		
4:00 PM	ORANGE/GREEN 4:00 – 4:45	LITTLE TIGER 4:00-4:30	PURPLE/RED 4:00-4:45	ORANGE/GREEN/BLUE 4:00-4:45	PURPLE/RED/BROWN 4:00- 4:45		
	LITTLE TIGER 4:45-5:15	NO/WHITE/YELLOW 4:30 – 5:15	LITTLE TIGER 4:45-5:15	NO/ WHITE/YELLOW 4:45-5:30	ORANGE/GREEN/BLUE 4:45-5:30		
5:00 PM	NO/WHITE/YELLOW 5:15- 6:00	ORANGE/GREEN/BULE 5:15 – 6:00	NO/ WHITE/YELLOW 5:15-6:00	LITTLE TIGER 5:30-6:00	JR.BLACK/BLACK 5:30-6:15		
6:00 PM	BLUE/PURPLE 6:00 – 6:45	JR.BLACK/BLACK 6:00 – 6:45	ORANGE/GREEN/BLUE 6:00 – 6:45	PURPLE/RED/BROWN 6:00 – 6:45	Belt test 6:30 ~~		
7:00 PM	RED/BROWN 6:45-7:30	PURPLE/RED/BROWN 6:45 – 7:30	JR.BLACK/BLACK 6:45-7:30	JR.BLACK/BLACK 6:45-7:30			
8:00 PM	JR.BLACK/BLACK 7:30-8:15	ADULT/TEEN 7:30-8:20	Demo team 7:30-8:30	ADULT/TEEN 7:30-8:20			
9:00 PM							
	Sparring class : please bring own your sparring gear bag Contact Number: 978 509 1739 // Email : Wcma.mh@gmail.com						

