

905.864.0777. blueroom@theblueroom.ca

**IMPORTANT:** HOW YOU TAKE CARE OF YOUR NEW MICROBLADED BROWS OVER THE NEXT 7 DAYS WILL ULTIMATELY DETERMINE ITS HEALING, COLOUR RETENTION, FINAL APPEARANCE AND LONGEVITY.

Home Care: What to Expect and Thorough Care Instructions

**Apply** Healing Balm or Coconut Oil (with a q-tip) to the microbladed area in the morning, afternoon & evening. Make sure to apply 3-4 times a day for the full 7-10 days to avoid them becoming dry or feel tight. You may experience swelling that can be managed with soft gel ice packs. Place chilled gel packs in a plastic bag before applying to protect the microbladed area from any moisture. The following day your brows may appear darker or show some redness. This is normal. As brows enter the natural healing process the colour will fade throughout the next 7-14 days.

**Do not pick or peel at flaking or scabbing:** As the skin starts its natural healing process, experiencing some flaking and/or scabbing is normal. Picking or peeling any flakes or scabs could cause loss of implanted pigment and scarring. Refrain from touching the tattooed area except when applying healing balm. During the healing process sebum and excess pigment will be excreted, this is the superficial colour and is a natural part of the healing process.

**Avoid certain activities and public pools:** Pools, Jacuzzis, tanning, excess sweating, facials and saunas must be avoided for a period of at least 10 days or until tattooed area is fully healed. Skin creams and products containing Retin-A, AHA or any kind of skin peel must not be used directly on the tattooed area as they will fade and possibly distort the tattoo. **Stay out of the sun.** Use of SPF is recommended only after your brows have completely healed. When washing your face, refrain from using soaps and creams on the tattooed areas for the heal time specified. Before showering or bathing apply a thick layer of coconut oil and avoid putting your face directly in the shower head stream.

**Final appearance will take 6-8 weeks:** The colour immediately after tattooing will appear sharp and dark, but as the healing process concludes, will soften and fade. The final appearance of the tattooed area should not be considered for at least 6-8 weeks after the final visit.

**6-week touch up** Reshaping or touching up the area is not usually done until after 4-6 weeks after the initial procedure. Touch-up appointments are crucial with the all Microblading procedure. Less is more when it comes to the HDI Embroidery Brows. This is a custom created brow and *may take up to 3 times* to ensure pigment in the skin as well as achieving your final desired brow look.