SCUGOG-UXBRIDGE PROBUS CLUB NEWSLETTER

Issue 28 OCTOBER 2026

MANAGEMENT TEAM

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Secretary:
Cindy Agnew
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PRESIDENT'S MESSAGE



Fall has officially started and the days are getting shorter.

I enjoyed going to the Canadian International Air Show which ran over the Labour Day weekend. The weather was perfect. It was my last chance to see the Snowbirds put on a great show in the CT-144 Tutor jets. They are retiring Tutor jets at the end of this air show season.

The Municipal Elections will be held this month, and I believe it is important to take part. Both townships have indicated to check that you are in the voters list.

For club members that are residents of the Township of Uxbridge, the township announced that the 2026 Municipal Election to Be Conducted by Internet Voting only. Part of the announcement from the Township WEB site below:

> *"The Township of Uxbridge is excited to announce that the 2026 Municipal Election will be conducted by internet voting, providing residents with a convenient, accessible, and user-friendly way to cast their ballot.*
>
> *Eligible electors who are on the Voters' List can expect to receive their Voter Information Letter by mail in early October. To help ensure a smooth voting experience, residents are encouraged to confirm they are on the Voters' List."*

For Members that reside in the Township of Scugog there is current voter information on the WEB site at https://www.scugog.ca/council-and-administration/election .

Taken from the Scugog Township WEB site:

> *"NEW - Voters can use the Township's Voter Information Tool at https://scugog.voterservices.ca/voterlist/home/1820 to check whether they are on the Voters' List and confirm that their information is correct. Voters can also call the election line at 905-985-2791, email election@scugog.ca or come into the Municipal office during regular office hours at 181 Perry Street, Port Perry."*

I look forward to seeing you at the October 1st meeting. The guest speaker will be Dr. John Stewart.

Website: www.scugog-uxbridgeprobus.ca **Email**: info@scugog-uxbridgeprobus.ca

General Meetings

General Meetings are held on the first Thursday of every month
10 a.m. to 12 noon at Hope Church, 14480 Old Simcoe Street, Port Perry, Ontario

There is a 30-minute break at half time to meet people, enjoy refreshments, sign up for an Interest Group activity or a Social Event, and look into volunteering.

The next General Meeting at Hope Church will be **October 1, 2026**.

October 1 – Dr. John Stewart – Topic: Whispers from Beyond



Dr. John Stewart is very well known in Port Perry and has a very long and impressive bio including being awarded the Queen's Golden Jubilee Medal. He is a semi-retired family physician who has used analytical hypnotherapy using regression for almost forty years. From learning the science of human disease, delivering babies, repairing broken bodies, and providing emotional support, his focus has evolved to the broadest aspect of human/spiritual existence. In Whispers from Beyond, author Dr. John Stewart shares his journey from science to spirit through observations of fourteen real-life patients under hypnotic regression to past traumas in this or in previous lives.

November 5 – Joan Knighton – Topic: British Home Children



Joan Knighton will share some of the stories from the over 100,000 children who were shipped to Canada from Britain between 1869 and 1932. During that time a controversial program brought children aged six years to mid-teens from carer homes across England to homes across Canada. Thousands immigrated under the guise of giving children a new start and a second chance while at the same time sup- porting population growth in our sparsely populated country. These children were to be the new labour force for the anticipated booming economy.

UPCOMING SPEAKERS:



December 3 – Holiday Luncheon – Music by the Mike Burns Trio

January 7 – George Takash - Why Supporting Taiwan Matters for Global Democracy

February 4 – Lianne Harris - Myth & Media: Greek Mythology & Modern Consumerism

After the General Meeting, everyone is invited to join us for lunch at Castle John's in the Port Perry Plaza. A show of hands will be asked for before our break so that we can make a reservation.

Social Committee



Friday, October 2 - Applewood Farm and Winery; 2055 Saintfield Road, Seagrave. Cost: $13.00. What could be more fall-like than a trip to the pumpkin patch and corn maze? Come and enjoy all the best things about fall!

"Relax on our patio with a refreshing cider or a glass of wine, and take a stroll through our 2+ acre licensed pollinator meadow. Then wander through the pumpkin patch and search for that perfect pumpkin to take home. While you're here, be sure to check out our selection of unique and beautiful squash—perfect for decorating or adding a little fall flair to your home. Feeling adventurous? If you dare, enter our 30-acre corn maze! With approximately 3 km of twists, turns and dead ends, it's great fun for kids and adults alike. See if you can find your way out!"

A few tips**:** Please dress for the weather and wear proper footwear, as things can get muddy and the fields can be uneven. Come enjoy a little fresh air, fall fun, and maybe get wonderfully lost along the way.

Please note: Bridge work on Saintfield Road has blocked access to Applewood Farm from the west. Please follow detour signs and enter from Simcoe Road (east).

Wednesday October 21 - Car Rally; Uxbridge Arena**,** 291 Brock St W, Time 10:00 AM Cost $5.00.
Car Rally Adventure – Fun, Friends & A Few Wrong Turns! Get ready to hop in your cars and join us for a fun-filled Car Rally adventure around town! No need to be a race car driver—this is all about enjoying the scenery, solving a few clues, sharing some laughs, and discovering some of the interesting sights around our local area.

You'll follow a series of clues and directions that will take you on a leisurely drive through the countryside and around our charming small town. Along the way, there may be a few questions, challenges, and surprises to keep everyone entertained. And don't worry if you take a wrong turn or two—it's all part of the fun! Bring along a partner or a couple of friends, put on your thinking caps, and get ready for some friendly competition. **The winning team may even earn bragging rights!**

And where does all this fun lead? To a well-deserved lunch at **The Second Wedge Brewing Co.**, where we can relax, enjoy some good food and drinks, and share stories about our rally adventures—and perhaps discuss who really did get lost! So, polish up the car, gather your team, and come join us for a day of driving, discovering, laughing and lunching**!** No speedometers required—just a sense of adventure and a good sense of humour**!**

Wednesday November 4 - Kingston Penitentiary; 560 King St W, Kingston, Time to meet up 9:00 AM. Cost $42.13. Will be looking to carpool. Step Back in Time: A Visit to Kingston Pen! Join us for an interesting and memorable day trip to Kingston Penitentiary, where we'll step inside one of Canada's most historic—and fascinating—institutions. Our guided tour will take us behind the walls of the former penitentiary and give us a glimpse into its history, architecture, and what life was like inside. With plenty of stories and a few surprises along the way, it's sure to be a tour you won't soon forget!

After our tour, we'll head out for a well-deserved lunch at a local Kingston restaurant. It will be the perfect opportunity to relax, enjoy a delicious meal, and share our favourite moments from the day. Come along for a day of history, stories, good food and great company! Payment to be made to the Treasurer by Oct 15, 2026: treasurer.scugoguxbridgeprobus@gmail.com

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Social Committee

Wine Survivor - During the month of November - Here's how it works:
Drop a bottle of red or white wine off at one of the addresses that will be provided along with dates in the November newsletter. Your bottle should cost $20 or more. VERY IMPORTANT: Please put a tag with your name on your bottle. We need to know who brought these precious bottles of happiness and holiday cheer! Then comes the big moment—the winners will be revealed at our Christmas Lunch! Depending on how many bottles we collect, we could have 3, 4, 5, or even up to 9 lucky survivors! This year, we're hoping to have more winners to make your odds of winning a prize a little better! So, pick your wine carefully, drop it off, and then sit back and wonder…will someone else be taking your wine home?

Thursday, December 3 - Christmas Lunch; Wooden Stick Golf Club 40 Elgin Park Dr., Uxbridge - Cost $75.00-$80.00 TBD. Lunch will be served buffet-style, featuring a delicious variety to suit every taste. Enjoy a selection of fresh salads, seasonal vegetables, roast turkey, tender roast beef and pasta in a rich cream sauce. For dessert, indulge in an assortment of fresh fruit, pastries, dessert squares, and tarts — something sweet for everyone to enjoy! During lunch, we'll be drawing names for Survivor Wine — the one time you don't want to hear your name called first! We are lucky enough of have the **Mike Burns Trio** for musical entertainment. Remember to wear your dancing shoes!!!

Events in planning:

- Line Dancing – October (check our website)
- Little Canadian Exhibition, Toronto – November
- Survivor Wine - November
- Still looking for a cooking class
- A Night of Murder Mystery – March or April 2027

The Social Committee has an email address that can be used if you need more information on events. Drop us a line if you have suggestions for activities that you would like us to explore. The email address is: soc.scugoguxbridgeprobus@gmail.com

The Social Online Activities Sign Up can be accessed directly from the **Social Page** of the Scugog Uxbridge Probus website or by typing the following into your browser address bar: bit.ly/ProbusSocialSignup

Event Review

A good turnout and lots of fun at the Octoberfest BBQ



Social Committee


















A beautiful day on the links!!



An afternoon of making Fidget Blankets



Thanks to the Friendly Fidgetiers on September 22nd.

31 Alzheimer's patients will enjoy a reprise from boredom with tactile stimulation and comfort from reawakening memories. The resulting lap fidget blankets are colorful and fun.



















Interest Groups

Interest Group Chairs

Darlene Humphrey and Henry Valkenburg are your Interest Group Co-Chairs.

Want to join an interest group?
If you want to join an interest group, send an email to interestgr.scugoguxbridgeprobus@gmail.com indicating which group(s) you would like to join. At the General Meetings, there is an Interest Group table in the lobby with signup sheets for each of the groups.



Special Announcements



We are looking for a volunteer to oversee the puzzles and bring them to the monthly general meetings!

NEW! Latin Line Dancing – Coordinator Marilyn Card

We have an enthusiastic Latin Line Dancing instructor offering classes for our Probus club. Classes will be held every 2nd Thursday of the month starting Thursday, October 8th from 7-8pm at Hope Church (14480 Old Simcoe St. Port Perry) in Room 8. Cost will be $5 per session. The preference is $30 for 6 sessions to secure the venue. Men & women – singles & couples – all are welcome to join in the fun! Remember to wear comfortable shoes and bring a small towel and your favorite beverage.

If interested, email interestgr.scugoguxbridgeprobus@gmail.com or sign-up at the Interest Group table.

Looking for Coordinators for the following:	Looking for Members for the following:
➢ Walking and Talking ➢ Euchre (Wednesdays twice a month) ➢ NEW! Bunco	➢ Bid Euchre (joint interest group with Port Perry Probus)

Interest Groups

Culture

Arts & Crafts – **Coordinator Maureen Wood**



In August, the group did **Needlework**. With a little bit of material, a hoop and floss our creative minds were ignited.

Upcoming **Arts and Crafts** schedule:

- **October 27** - Ceramic Painting
- **November 24** - Cookies in a Jar
- **December 15** (NOT the 22nd) - Christmas Survival Kits

Book Club – Coordinator Wendy Bond



Our group reviewed the book **"Crow Winter" by Karen McBride**. The story is about a young woman, Hazel Ellis who returns home to Spirit Bear Point First Nation. Hazel has had dreams of an old crow, Nanabush. He tells her he's here to help her, save her, from what, she doesn't know. She still greaves the lose of her father, but is that worth the time of an Algonquin demigod?

The story is twists and turns, looking into the magic and spirits of the First Nations people, it crosses the boundaries between this world and the next.
With the aid of Nanabush, Hazel must unravel a web of deceit that, if left untouched, could destroy her family and her home on both sides of the Medicine Wheel.

Our discussions touched on spirits, gods, the afterworld, and how we look at our own beliefs and others. A delightful afternoon. In October, we look forward to discussing the book, **Feather of Ma'at, by Lisa Llamrei.** Written by one of our own, Lisa Adams.

Food for Thought: "That's the thing about books. They let you travel without moving your feet" – Jhumpa Lahira (British Author)

This Book Club is full. Contact the Interests Group Chair(s) (interestgr.scugoguxbridgeprobus@gmail.com), if you would like to co-ordinate a second group.

Interest Groups

Lunch Club – Coordinator - Lunch Club Members

On Friday, September 11th, the Lunch Club had a large turnout at Piano Inn & Café in Port Perry to enjoy the historic venue and delicious food.

The next luncheon will be held on Friday, October 9th at Muko Sushi (1 Main Street South) in Uxbridge. Checkout their Menu. Even if you're not a sushi fan, they have chicken and beef dishes. Their avocado salad is to die for!



Wine Club – Coordinator Lorraine Wood



September was giving us a little time to enjoy the last days of summer! With many of our members away, **there was no get together.**

We are back together in **October**, ready to raise a glass and enjoy some wonderful **wines from Nova Scotia**.



So, enjoy your travels, soak up the sunshine, and perhaps discover a few new wines along the way. We look forward to reconnecting in October and sharing another great afternoon together!

Games

Euchre – Coordinator Marilyn Howe (New Coordinator Required)
Now that summer is coming to an end, we have resumed playing twice a month on Wednesdays at 1:30pm. Anyone interested in coordinating this group? Please email interestgr.scugoguxbridgeprobus@gmail.com.

Bower Power (Euchre) – Coordinator Joanne Drury
We are looking for regular players and anyone that would like to spare. This is a joint interest group between the Port Perry Probus and the Scugog-Uxbridge Probus clubs. Please email interestgr.scugoguxbridgeprobus@gmail.com to join.

Hand and Foot Canasta (Card Game) - Coordinator Amber L'Daguiar
We will resume playing on the 3rd Tuesday of the month starting in October.

Kitchen Bridge – Coordinator Mary Bristow
As some members are still enjoying the last few days of summer, we will resume playing in October. An email from the coordinator will go out to the regular players soon.

Interest Groups

Puzzle Group – **Coordinator Maureen Wood**



This month the Puzzle Ladies did two puzzles for the price of one. We are such wizzes!

The puzzles are available in the Puzzle Exchange Room.

Looking for a volunteer to oversee the puzzle swap and bring them to the monthly general meetings!

Sports

Birdies & Bogeys – Coordinator Kim Lendvay (Port Perry Probus Club)

This group plays 9 holes weekly on Thursday or Friday mornings at 9:00am rotating between Sunnybrae, Foxbridge, Crestwood, Spring Creek & Golfers Dream. We are enjoying the game, the outdoors & the camaraderie of fellow Probus members.

This is a joint Interest Group with the Port Perry Probus and the Scugog-Uxbridge Probus clubs. If you want to be added to the list for the 2026 season, please sign up at the Interest Group table or email Kim at interest.portperryprobus@gmail.com .



A large group of golfers at Foxbridge.



Vince, Peter, Marilyn & Betty golfing at Spring Creek.

Interest Groups

Nature Nomads – Coordinator Darlene Humphrey



This month we did a walk in Walker Woods. No matter how many times you walk a trail, there is always something new to discover.

What is wrapped around the tree? Is a rope or a vine?

Here's a thought: "It's impossible to walk in the woods and be in a bad mood at the same time."

Pickleball – The Picklers - Coordinators Marilyn Lee & Nancy Steele

The Picklers, officially called pickleball players, continue to meet at the Fields of Uxbridge on Tuesdays between 1:00 – 3:00pm when we can. We look to resume games group in October.



Walking and Talking – Coordinator Pam Norton (New Coordinator Required)



The walkers and talkers are back (Sept 14) on the trails! We started with a 2.5 km stroll around Quaker Commons and this picture is the talking portion of our agenda, at the Red Bulb in Uxbridge.

Member-*abilia*

October Birthdays		
Donald S.	Dianne M.	Cindy A.
Gayle R.	Linda M.	Rob M.
Caroline R.	Brian H.	Mary B.
Allison P.	Lorraine W.	

FYI

Please sign in when you arrive
Wear your PROBUS name badge
Member's guests are allowed 2 visits
Remember to "Lug a Mug"
This is YOUR club ~ ENJOY!!!

YOLO



NEED MORE INFORMATION?

Join our new **FACEBOOK** page!
Inclement weather and wondering if a meeting is still happening? We will post information here:
https://www.facebook.com/groups/1063170235479624



OR....

You can also head to our **WEBSITE!**
We will also post notices here (example cancellation message shown below):
www.scugog-uxbridgeprobus.ca



<u>Puzzle & Book Swap</u> – Coordinator Maureen Wood

Open every month at the **General Meeting** during intermission in the first break out room. Come in and browse.





Please donate the speaker's books that you have read and would like to pass on. We are collecting them to make sets to add to the Uxbridge Library Book Club. A blue donation basket can be found on the desk as you enter from the main parking lot. **PLEASE DO NOT REMOVE BOOKS FROM THE BASKET** – they are meant for a book club.

Looking back on our September General Meeting





























