

NEWSLETTER

APR

POLYFIX DCM

POsterior LaminectomY with FIXation for MultiLevel Degenerative Cervical Myelopathy

WELCOME TO THE 21ST EDITION OF THE POLYFIX-DCM NEWSLETTER!



TOTAL PATIENTS:

108

A big Thank You to all teams recruiting as part of POLYFIX!
We now have 23 opened sites and we need all of your support!

Images Awaited!

Please send us the pre-op XRs and MRIs for us to be able to complete our central assessments!

How to do it? -->all detailed in the trial site manual or simply get in touch!

Baseline (Pre-op) XRs Cervical Spine

--> Baseline XR assessment are important and a secondary outcome as part of the trial. Please send us the pre-op XRs! We assess them so no additional burdeon for the team, just ensure they are done and sent!



We have opened 23 sites, and now 108 patients enrolled into the POLYFIX DCM trial, thanks to the amazing work of all site teams!

We are now almost halfway through the recruitment period, and we currently need to catch up to our NIHR-given targets!

Our big ask in the next few months of the 2024 is to to have at least 2 patients per site , which will bring our recruitment figures back on track!

We have hit the base camps of Everest, and now the big climb is on!
The bigger target now is 396 total participants, 288 to go!

Mark Kotter and Ben Davies

SITES OPENED 23

SITES IN SETUP

- ADDENBROOKE'S HOSPITAL (CAMBRIDGE) (15)
- ROYAL DERBY HOSPITAL (4)
- KING'S COLLEGE HOSPITAL (40)
- ROYAL INFIRMARY OF EDINBURGH(15)
- ROYAL ORTHOPAEDIC HOSPITAL (BIRMINGHAM)(5)
- ROYAL VICTORIA INFIRMARY (NEWCASTLE) (2)
- QUEEN'S MEDICAL CENTRE (NOTTINGHAM) (8)
- ST GEORGE'S HOSPITAL(LONDON)(0)
- ST MARY'S HOSPITAL (IMPERIAL COLLEGE)(1)
- ESNEFT (IPSWICH)(4)
- ABERDEEN ROYAL INFIRMARY(1)
- JAMES COOK UNIVERSITY HOSPITAL(SOUTH THEES)(2)
- QUEEN ELIZABETH HOSPITAL (BIRMINGHAM)(4)
- THE WALTON CENTER(LIVERPOOL)(0)
- SOUTHAMPTON GENERAL HOSPITAL(SOUTHAMPTON)(0)
- NORTHERN GENERAL AND HALLIMSHIRE HOSPITALS(SHEFFIELD)(1)
- UNIVERSITY HOSPITAL NORTH MIDLANDS(STOKE)(0)
- SUNDERLAND ROYAL HOSPITAL(SUNDERLAND)(7)
- UNIVERSITY COLLEGE LONDON(LONDON)(0)
- QUEEN ELIZABETH UNIVERSITY HOSPITAL GLASGOW(GLASGOW)(5)
- CARDIFF AND VALSE UNIVERSITY HOSPITAL(CARDIFF)(0)
- SALISBURY NHS FOUNDATION TRUST(0)
- NORFOLK AND NORWICH UNIVERSITY HOSPITAL(1)

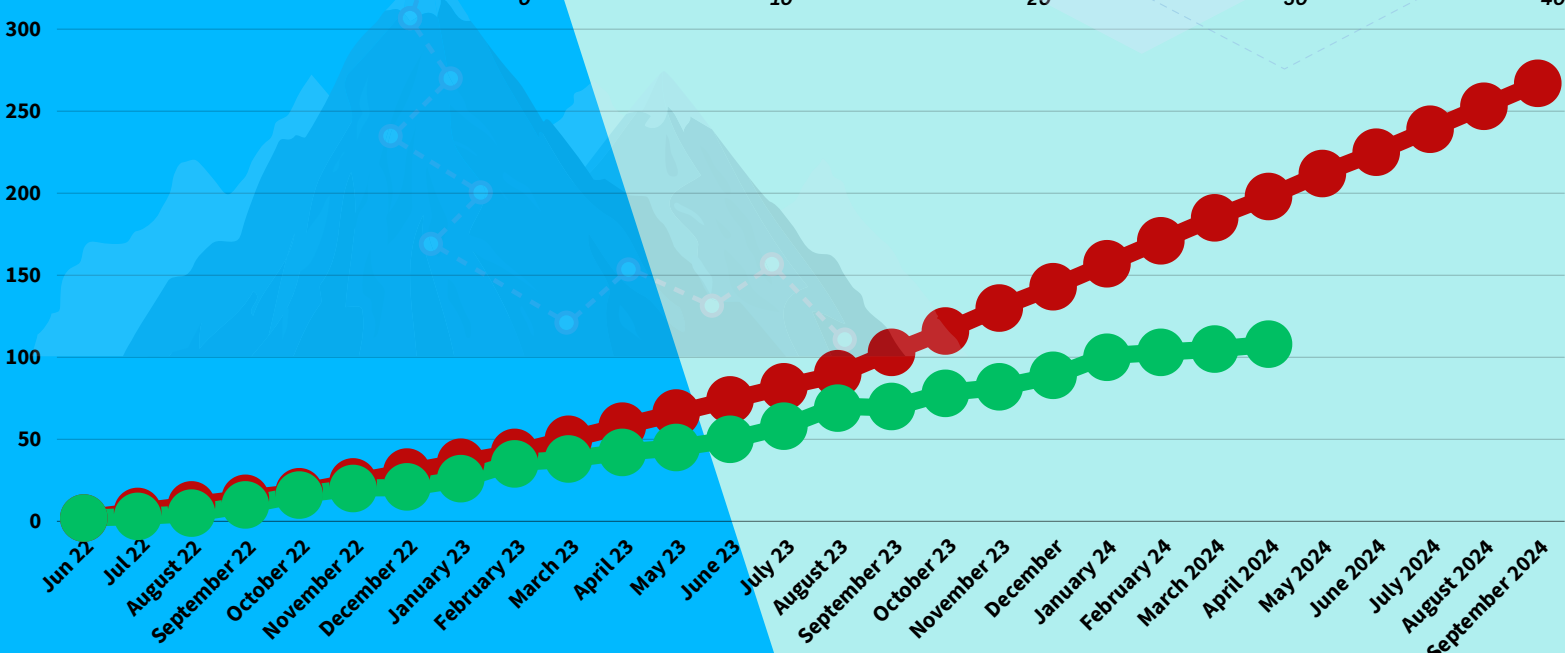
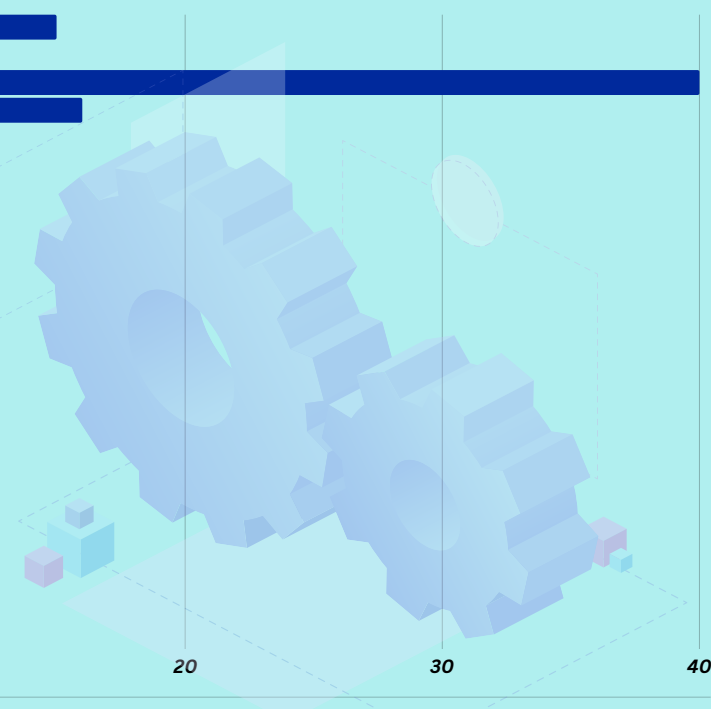


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- Addenbrookes Hospital
- Royal Darby Hospital
- King's College Hospital
- Royal Infirmary of Edinburgh
- Royal Orthopaedic Hospital
- Royal Victoria Infirmary
- Queens Medical Center
- St Georgers Hospital(Nov 22)
- St Mary's Hospital(Nov 22)
- ESNFT (Dec 22)
- Abardeen Royal Infirmary (Jan 23)
- Sunderland Royal Hospital (Feb 23)
- Queen Elizabeth - Birmingham (June 23)
- James Cook University Hospital - June 23
- The Walton Center (July 23)
- Southampton General (July 23)
- Norther General and Royal Hallamshire Hospitals (July 23)
- Royal Stoke (Aug 23)
- UCLH (Sept 23)
- Greater Glasgow and Clyde (Sept 23)
- Cardiff and Vale University Hospital(Oct 23)
- Salisbury NHS Foundation Trust(Jan 24)
- Norfolk and Norwich University Hospital(Jan 24)



THE BIG ASK!



1. PRE-OP MJOA - IT IS VITAL FOR US TO KNOW WHEN THE SURGERY FOR YOUR RECRUITS IS! PLEASE KEEP US IN THE LOOP, AS WE NEED TO CALL THEM BEFORE THEY ARE OPERATED

2. MOVEMED -PLEASE LET US KNOW IF THE PATIENT WANTS TO BE PART OF MOVEMED. WE JUST NEED THEIR EMAIL AND MOBILE NUMBER AND NO FURTHER INVOLVEMENT FROM LOCAL TEAMS!

PATIENT - INSTRUCTIONS HOW TO DOWNLOAD THE APP.MORE INFORMATION -[HTTPS://POLYFIX-DCM.COM/MOVEMED-SUBSIDY](https://polyfix-dcm.com/movemed-subsidy)



3. MACRO CRF COMPLETION - TEAMS PLEASE COMPLETE YOUR ONLINE DATA WITHIN TWO WEEKS OF VISIT IF YOU ARE USING MACRO.

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WHAT CAN YOU DO TO SPEED UP POLYFIX?

CC: PAULA.KARECLAS1@NHS.NET & SAIMA.SIDDIQUI4@NHS.NET

DEAR R&D

WHERE ARE WE UP TO WITH POLYFIX-DCM? THE TRIAL IS NOW UP AND RUNNING, AND RECRUITING ELSEWHERE

IT WOULD BE GREAT TO GET US ON-BOARD. I HAVE COPIED THE TRIAL'S MANAGER IN PAULA IN CASE THERE IS ANYTHING YOU NEED FROM THEM.

WE NEED YOU!

We need to ensure we keep up to speed with any new evidence that arises on the topic of polyfix as part of our trial conduct procedure. Thus, please let us know if you encounter any new evidence on the topic!

A good example is a Swedish Registry paper published last year references below:

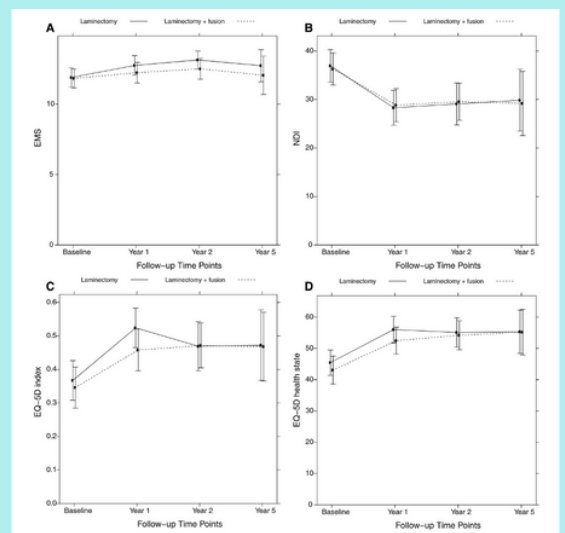
European Spine Journal
<https://doi.org/10.1007/s00586-021-07067-w>

ORIGINAL ARTICLE



Laminectomy alone versus laminectomy with fusion for degenerative cervical myelopathy: a long-term study of a national cohort

Eddie de Dios¹ · Robert F. Heary² · Lars Lindhagen³ · Anna MacDowall¹



Carer Quality of Life Subsidy

Are carers and family of our DCM patients affected?

Let them give us their opinion with a short questionnaire.

Complete their Consent and send us their PID(if separate to main one) so we can include them in the follow up.

**Want to keep paper light?
eCRF is now Live!**

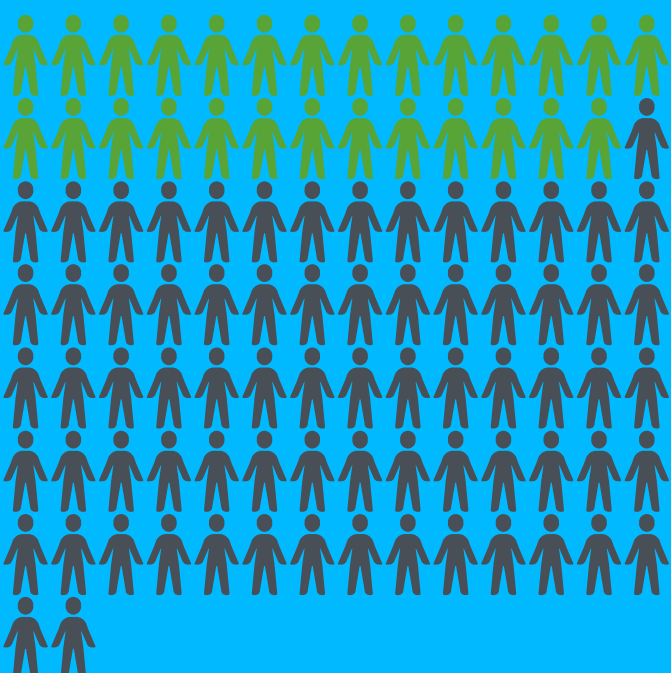
Please let us know if you are not set up!

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saima.siddiqui4@nhs.net

Please also send us all CRFs promptly if not using eCRF.

PROGRESS



PROTOCOL: VERSION 3.0
PAPER BASED CRFS: VERSION 2.0 E-CRFS
DATABASE IN MACRO IS NOW OPENED.
TRIAL MANUAL: VERSION 1.4
SAE FORM: VERSION 2.0