

# NEWSLETTER

DEC

POLYFIX DCM

POsterior LaminectomyY with FIXation for MultiLevel Degenerative Cervical Myelopathy

## WELCOME TO THE 29TH EDITION OF THE POLYFIX-DCM NEWSLETTER!



TOTAL PATIENTS:

183

We are thrilled to welcome our newest site, Queens Romford, to our collaborative network this month! We look forward to seeing your first recruited patients soon and are excited to have you as part of our team.

Wishing everyone a joyful and peaceful holiday season!

### Images Awaited!

Please send us the pre-op XRs and MRIs for us to be able to complete our central assessments!

How to do it? -->trial site manual has all the answers or get in touch!

Baseline (Pre-op) XRs Cervical Spine

--> Baseline XR assessment are important and a secondary outcome as part of the trial. Please send us the pre-op XRs! We assess them so no additional burdeon for the team, just ensure they are done and sent!

We have opened 27 sites, and now 183 patients enrolled into the POLYFIX DCM trial, thanks to the amazing work of all site teams!

We are now halfway through the recruitment period, and we still need to catch up to our NIHR-given targets!

Our big ask in the last months of the 2024 is to have at least a couple of patients per site, which will bring our recruitment figures back on track!

We have hit the base camps of Everest, and now the big climb is on! The bigger target now is 396 total participants, 213 to go!

Mark Kotter and Ben Davies

### SITES OPENED 27

### SITES IN SETUP

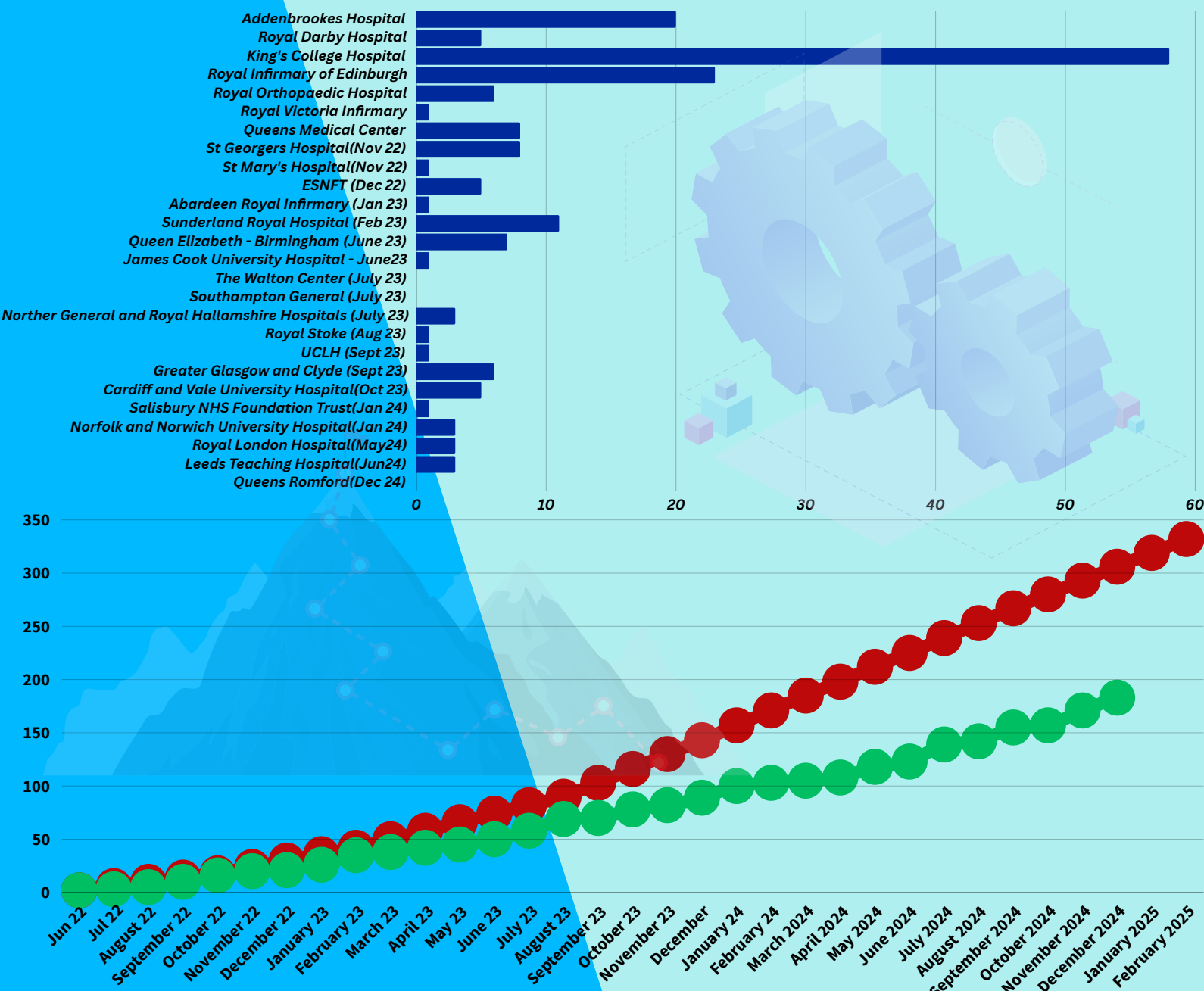
- ADDENBROOKE'S HOSPITAL (CAMBRIDGE) (20)
- ROYAL DERBY HOSPITAL (5)
- KING'S COLLEGE HOSPITAL (58)
- ROYAL INFIRMARY OF EDINBURGH(23)
- ROYAL ORTHOPAEDIC HOSPITAL (BIRMINGHAM)(6)
- ROYAL VICTORIA INFIRMARY (NEWCASTLE) (2)
- QUEEN'S MEDICAL CENTRE (NOTTINGHAM) (8)
- ST GEORGE'S HOSPITAL(LONDON)(8)
- ST MARY'S HOSPITAL (IMPERIAL COLLEGE)(1)
- ESNEFT (IPSWICH)(5)
- ABERDEEN ROYAL INFIRMARY(1)
- JAMES COOK UNIVERSITY HOSPITAL(SOUTH THEES)(2)
- QUEEN ELIZABETH HOSPITAL (BIRMINGHAM)(7)
- THE WALTON CENTER(LIVERPOOL)(0)
- SOUTHAMPTON GENERAL HOSPITAL(SOUTHAMPTON)(0)
- NORTHERN GENERAL AND HALLIMSHIRE HOSPITALS(SHEFFIELD)(5)
- UNIVERSITY HOSPITAL NORTH MIDLANDS(STOKE)(1)
- SUNDERLAND ROYAL HOSPITAL(SUNDERLAND)(11)
- UNIVERSITY COLLEGE LONDON(LONDON)(1)
- QUEEN ELIZABETH UNIVERSITY HOSPITAL GLASGOW(GLASGOW)(8)
- CARDIFF AND VALSE UNIVERSITY HOSPITAL(CARDIFF)(5)
- SALISBURY NHS FOUNDATION TRUST(1)
- NORFOLK AND NORWICH UNIVERSITY HOSPITAL(3)
- ROYAL LONDON HOSPITAL(3)
- LEEDS TEACHING HOSPITAL(3)
- QUEENS ROMFORD (0)



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## THE BIG ASK!

**1. PRE-OP MJOA** - IT IS VITAL FOR US TO KNOW WHEN THE SURGERY FOR YOUR RECRUITS IS! PLEASE KEEP US IN THE LOOP, AS WE NEED TO CALL THEM BEFORE THEY ARE OPERATED

**2. MOVEMED** -PLEASE LET US KNOW IF THE PATIENT WANTS TO BE PART OF MOVEMED. WE JUST NEED THEIR EMAIL AND MOBILE NUMBER AND NO FURTHER INVOLVEMENT FROM LOCAL TEAMS!

PATIENT - INSTRUCTIONS HOW TO DOWNLOAD THE APP.MORE INFORMATION -[HTTPS://POLYFIX-DCM.COM/MOVEMED-SUBSIDY](https://polyfix-dcm.com/movemed-subsidy)



**3. MACRO CRF COMPLETION** - TEAMS PLEASE COMPLETE YOUR ONLINE DATA WITHIN TWO WEEKS OF VISIT IF YOU ARE USING MACRO.

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## WHAT CAN YOU DO TO SPEED UP POLYFIX?

**CC: PAULA.KARECLAS1@NHS.NET & SAIMA.SIDDIQUI4@NHS.NET**

**DEAR R&D**

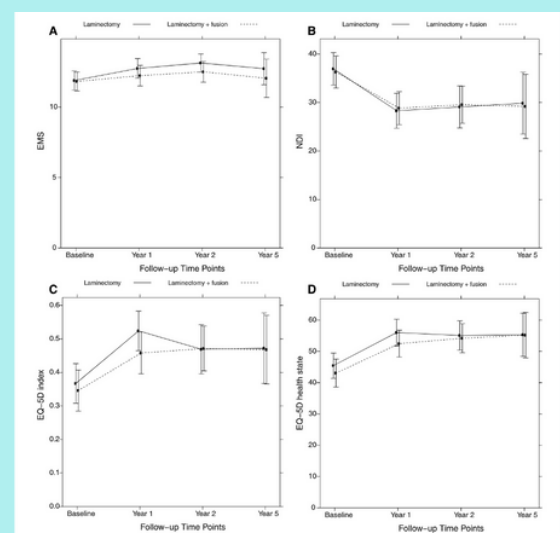
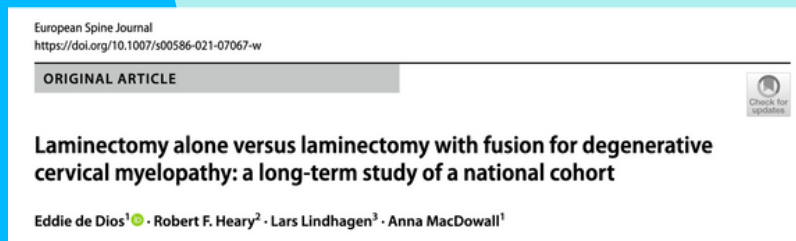
**WHERE ARE WE UP TO WITH POLYFIX-DCM? THE TRIAL IS NOW UP AND RUNNING, AND RECRUITING ELSEWHERE**

**IT WOULD BE GREAT TO GET US ON-BOARD. I HAVE COPIED THE TRIAL'S MANAGER IN PAULA IN CASE THERE IS ANYTHING YOU NEED FROM THEM.**

## WE NEED YOU!

Have you encountered new scientific evidence in connection to POLYFIX? If so please share this with us as well so we can keep track of any new evidence on the topic!

A good example is a Swedish Registry paper published last year references below:



## Carer Quality of Life Subsidy

**Are carers and family of our DCM patients affected?**

Let them give us their opinion with a short questionnaire. Complete their Consent and send us their PID(if separate to main one) so we can include them in the follow up.

**Want to keep paper light?**

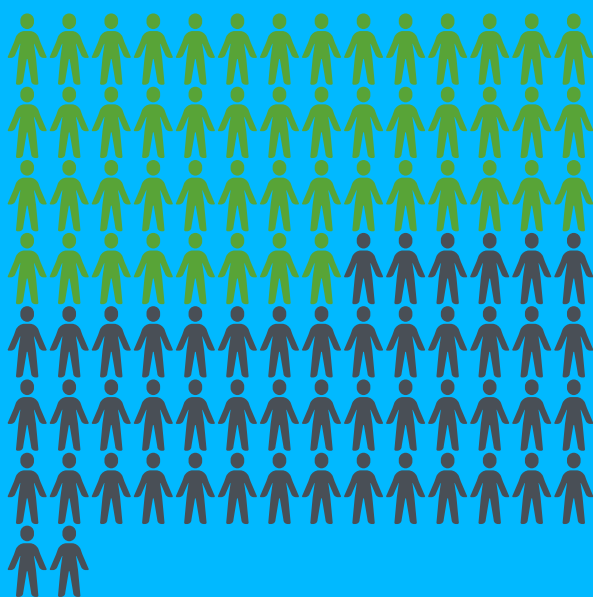
**eCRF is now Live!**

Please let us know if you are not set up!

**PAULA.KARECLAS1@NHS.NET saima.siddiqui4@nhs.net**

**Please also send us all CRFs promptly if not using eCRF.**

## PROGRESSS



PROTOCOL: VERSION 3.0  
PAPER BASED CRFS: VERSION 3.0 E-CRFS  
DATABASE IN MACRO IS NOW OPENED.  
TRIAL MANUAL: VERSION 1.4  
SAE FORM: VERSION 2.0