

NEWSLETTER

POsterior Laminectomy with FIXation for MultiLevel Degenerative Cervical Myelopathy

POLYFIX DCM

NEWSLETTER ISSUE 4, Nov 2022

Welcome to the fourth edition of the **POLYFIX DCM** newsletter

Thank you, teams! Up to now, we have recruited 16 patients in total and they have now been randomised into the POLYFIX DCM trial!

In December, the NIHR will review our performance (the 'internal pilot') focused on our ability to deliver on this trial. To show this we do not only need to show that sites are opening, but more importantly that there is recruitment within the opened sites. A recruitment of 1-2 patients per site before the end of this year is vital in order to pass the internal pilot phase, thus we will look forward to receiving more good news with more randomised patients from the already opened sites, and keep welcoming new sites to our effort!

Mark Kotter and Ben Davies

POLYFIX in numbers

SITES OPEN

7

AAddenbrooke's Hospital (Cambridge)
Royal Derby Hospital
King's College Hospital
Royal Infirmary of Edinburgh
Royal Orthopaedic Hospital (Birmingham)
Royal Victoria Infirmary (Newcastle)
Queen's Medical Centre (Nottingham)

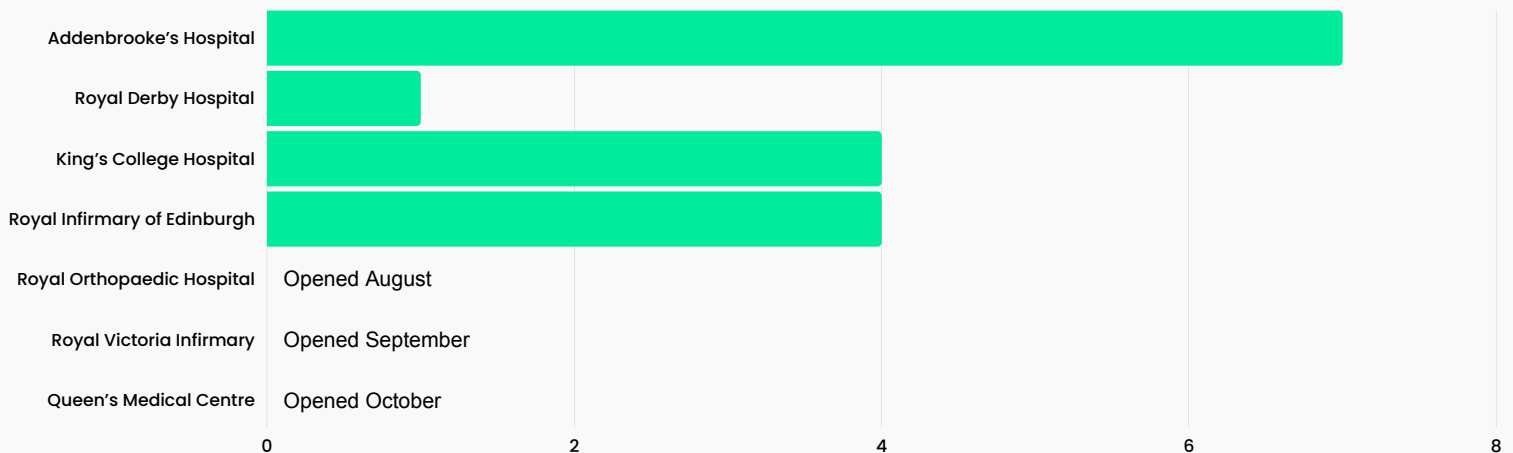
PATIENTS RECRUITED

16

Addenbrooke's Hospital Cambridge (7)
Royal Infirmary of Edinburgh (4)
Royal Derby Hospital (1)
King's College Hospital (4)

SITES IN SET UP

20



The Big Ask: What can you do this month for POLYFIX?

1. **Pre-op mJOA** – Teams, please let us know when you recruit patients and their planned operative date is so that we can get in touch to complete the blinded central assessments of mJOA.

2. **MoveMed** – Teams, please let us know if participants have agreed to participate using the MoveMed app, so that our central study team can get in touch with them and set them up. You can find MoveMed info sheet attached. The information we will need from them is available on the PID form, so we can easily set them up once you confirm their agreement to participate. All the information and set up will be followed by the central team.

POLYFIX DCM

Contact Info
CI: Mark Kotter
Co CI: Ben Davies
Clinical fellow: Stefan Yordanov
Trial coordinator: Xiaoyu Yang
Official Website: <https://polyfix-dcm.com>

Current documents version & Update info

Protocol: version 2.0
Paper based CRFs: version 2.0
E-CRFs: Being tested
Trial Manual: version 1.4
SAE form: version 1.0

Reminder - What can you do to speed up POLYFIX

CC: xiaoyu.yang@nhs.net

Dear R&D

Where are we up to with POLYFIX-DCM? The trial is now up and running, and recruiting elsewhere – it would be great to get us on-board. I have copied the trial's manager in Xiaoyu in case there is anything you need from them.