

# NEWSLETTER

POsterior LaminectomyY with FIXation for MultiLevel Degenerative Cervical Myelopathy

POLYFIX DCM

NEWSLETTER ISSUE 5, Dec 2022

Welcome to the 5th edition of the **POLYFIX DCM** newsletter

Welcome St George's Hospital and St Mary's Hospital!

Up to now, we have opened 9 sites and 20 patients have now been recruited into the POLYFIX DCM trial!

Mark Kotter and Ben Davies

## POLYFIX in numbers

### SITES OPEN

9

AAddenbrooke's Hospital (Cambridge)  
Royal Derby Hospital  
King's College Hospital  
Royal Infirmary of Edinburgh  
Royal Orthopaedic Hospital (Birmingham)  
Royal Victoria Infirmary (Newcastle)  
Queen's Medical Centre (Nottingham)  
St George's Hospital  
St Mary's Hospital

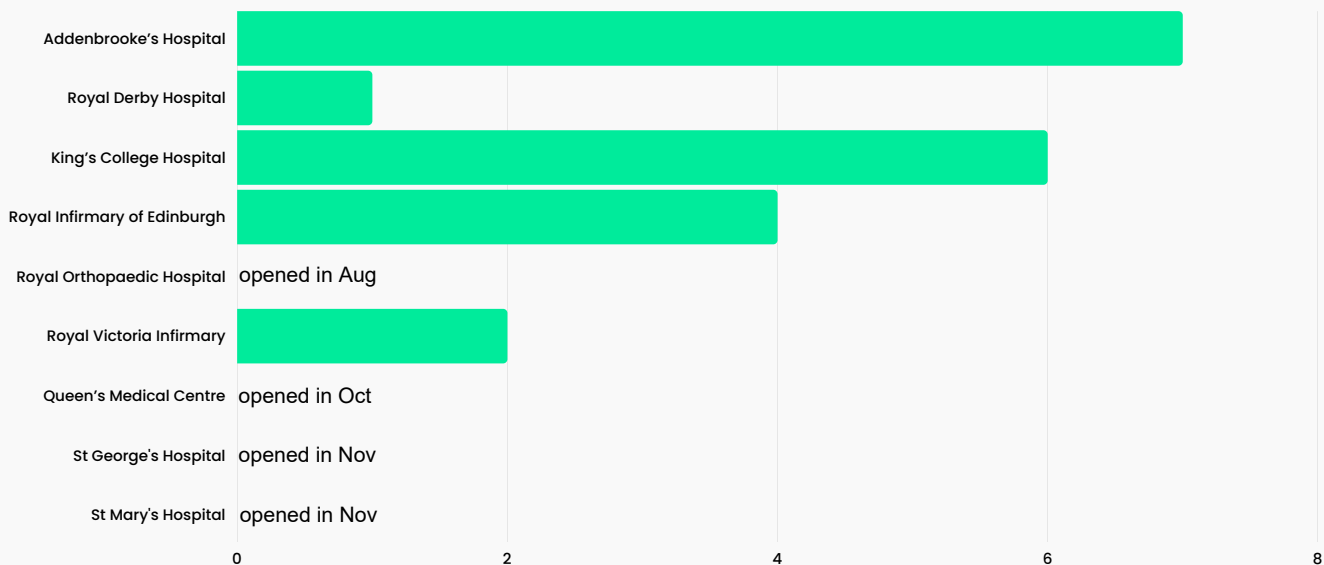
### PATIENTS RECRUITED

20

Addenbrooke's Hospital Cambridge (7)  
Royal Infirmary of Edinburgh (4)  
Royal Derby Hospital (1)  
King's College Hospital (6)  
Royal Victoria Infirmary (Newcastle) (2)

### SITES IN SET UP

18



POLYFIX DCM

Contact Info  
CI: Mark Kotter  
Co CI: Ben Davies  
Clinical fellow: Stefan Yordanov  
Trial coordinator: Xiaoyu Yang  
Official Website: <https://polyfix-dcm.com>



## The Big Ask: What can you do this month for POLYFIX?

1. **Pre-op MJOA** - Teams, please let us know when you recruit patients and their planned operative date is so that we can get in touch to complete the blinded central assessments of mJOA.

2. **MoveMed** - Teams, please let us know if participants have agreed to participate using the MoveMed app, so that our central study team can get in touch with them and set them up. You can find MoveMed info sheet attached. The information we will need from them is available on the PID form, so we can easily set them up once you confirm their agreement to participate. All the information and set up will be followed by the central team.

## Current documents version & Update info

Protocol: version 2.0  
Paper based CRFs: version 2.0  
E-CRFs: Being tested  
Trial Manual: version 1.4  
SAE form: version 1.0

## Reminder - What can you do to speed up POLYFIX

CC: xiaoyu.yang@nhs.net

Dear R&D

Where are we up to with POLYFIX-DCM? The trial is now up and running, and recruiting elsewhere – it would be great to get us on-board. I have copied the trial's manager in Xiaoyu in case there is anything you need from them.